

## **STATE CONSUMER AND FAMILY ADVISORY COMMITTEE MEETING MINUTES**

**Date**: Wednesday, August 11, 2021 **Time**: 9:00 am **Location**: Virtual Meeting Replay the Meeting: <a href="https://tinyurl.com/SCFAC-AugustReplay">https://tinyurl.com/SCFAC-AugustReplay</a> Password: Uv9mJWp2

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MEETING CALLED BY	April DeSelms, Chair
TYPE OF MEETING	Public Meeting

#### **ATTENDEES**

### **COMMITTEE MEMBERS**

IN ATTENDANCE		ABSENT	
NAME	AFFILIATION/CATCHMENT	NAME	AFFILIATION/CATCHMENT AREA
	AREA		
Jessica Aguilar	Cardinal Innovations	Lorrine Washington	Eastpointe
Jean Andersen	Cardinal Innovations	Patty Schaefer	Partners
Janet Breeding	Cardinal Innovations (call-in)	Lori Richardson	Sandhills
Bob Crayton	Cardinal Innovations	Heather Johnson	Cardinal Innovations
April DeSelms	Eastpointe	Robin Jordan	Cardinal Innovations
Crystal Foster	Trillium	Johnnie Thomas	Alliance
Mark Fuhrmann	Partners	Kenneth Brown	Alliance
Ricky Johnson	Trillium (Call-in)		
Pat McGinnis	Vaya		
Susan Monroe	Vaya		
Brandon Wilson	Vaya		
Dreama Wilson	Vaya (Call-in)		
DHHS TBI Seat			
DHHS TBI Seat			

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NAME	AFFILIATION/CATCHMENT	NAME	AFFILIATION/CATCHMENT AREA	
	AREA			
Stacy Sorrells	Vaya	Ray Hemachandra	Vaya	
Doug Wright	Alliance	John Weeks		
Samantha Page		Lara Kehle	KidScope	
Shirley Moore	Partners	L Currence	Did not identify themselves	
Annette Smith	Alliance	Member	Did not identify themselves	
		Engagement		
Carole Slocum		Sharon Welling	Partners	
Deborah Hendren		Dr. Angela Moss	NC Families United	
Erica Asbury	Alliance	Allison Crotty		
Elizabeth Field	LAND	Pam Perry		
Frank Messina	Trillium	Pat Solomon	State Collaborative	
Janet Sowers	Cardinal	JCarley	Did not identify themselves	
Sarah Potter	Cardinal	Tamara		
Tammy Moeller	The Arc of North Carolina	Karen Gross	Vaya	
Vanessa Vargas		Benita Purcell	Cardinal	
Stephanie Reyniers		Bibba Dobyns	UNC-G Contractor	



Rachael Landau	UNC-G	Becca Friedman	Charlotte Center for Legal Advocacy
Ashley Mitchell	State Collaborative	Ron Rau	Sandhills
Teka Dempson	State Collaborative	Jeannie Irby	
	9	STAFF	
NAME	AFFILIATION	NAME	AFFILIATION
Chief Deputy Secretary	NCDHHS	Kate Barrow	DMHDDSAS- CE&E
Kinsley			
Director Armstrong	DMHDDSAS	April Baur	DMHDDSAS- CSCR
DS Richard	DHB- NC Medicaid	Kenya Cabell	DMHDDSAS- CE&E
Cassandra McFadden	DHB- Deputy Director SP	Stacey Harward	DMHDDSAS- CE&E
Dr. Michelle Laws	DMHDDSAS- CE&E	Badia Henderson	DMHDDSAS- CE&E
Debra Farrington	DHB- NC Medicaid	ShaValia Ingram	DMHDDSAS- CE&E
Suzanne Thompson	DMHDDSAS- CE&E	Scott Pokorney	DMHDDSAS- IDD/TBI
		Tara Ward	DMHDDSAS- CMH
		Angelia Lightfoot	DMHDDSAS- IDD/TBI

# 1. Consent Agenda & Approval of July Minutes

Discussion  Conclusions	carried. April asked for a motion to approve the minutes. Mark Fuhrmann motioned. Pat McGinnis seconded. Motion carried.		
Action Items			
Distribute and post minutes to the website		Kate Barrow	August 13, 2021

### 2. Public Comment

Discussion	Susan Monroe discussed the option of changing the December meeting as it coincides with the Pinehurst Conference. The Committee members planning to attend include: Bob Crayton, Jean Andersen, Susan Monroe, Pat McGinnis, Ricky Johnson, Janet Breeding, and possibly Dreama Wilson and Lori Richardson. April DeSelms asked if DMHDDSAS staff could conduct a survey to determine the date change for either the week prior or the week after the currently scheduled meeting date.		
Conclusions	Conclusions		
Action Items		Person(s) Responsible	Deadline
Send survey for December date change.		Kate Barrow	August 13, 2021

# **3.** High Fidelity Wraparound & Tiered Care Coordination

Tara Ward

Bibba Dobyns

Program Consultant III: Implementation & Contracts Child Behavioral Health Team, DMHDDSAS, NC DHHS

Discussion	Where are the 4 Pilot Projects? 1) Durham/Alliance 2) Gaston, Cleveland, Lincoln/Partners 3)		
	Cumberland/Alliance 4) Pitt/Trillium -Trillium is currently the only active site		
	2. Are the youth support partners youth peer support specialists? <b>No, they are not.</b> What training		
	do they receive? High Fidelity Wraparound Foundations, Shadowing and Rehearsal training,		



- **Weekly Group Coaching, Credentialing Preparation and Skill Building activities.** Is there a youth peer support service definition? **No, not at this time.**
- 3. What specific steps are taken for youths who fully or mostly lack family and/or supports or who lack stable home environments? Crisis plans are developed to stabilize living situation which will also include other service providers crisis plans. We work on transition readiness using the Transition Assets Tool with older adolescents. We also explore strengths, needs and potential natural supports through the Strengths/Needs Cultural Discovery process. Wraparound CFTMs also target these needs.
- 4. You described this as "evidence-based": what are the evidenced outcomes; how strict are the evidence-based criteria and are how well are we following that criteria; are the pilot-program outcomes thus far in alignment with expectations? Thus far evidenced-based outcomes focus on youth returning to the home from out of home placements. They can also find additional information from www.nwi.pdx.edu
- 5. Is the language "High Fidelity Wraparound" actually used with the youth? Is that an accessible and understood language? Or is it just called "the team"? We spend a lot of time in training and coaching on using family friendly language and capturing their words in documentation. Yes, we may say that we are a HFW team but we define what this means and allow the family to utilize their own language.
- 6. Program only for 21 and younger? Yes, the age goes up to 21 in each of the in lieu of service definitions.
- 7. Can you have to Medicaid programs used at same time i.e. INNOVATIONS and hi fidelity? What specific populations ie SBS and BHT NOT IDD/MRDD? Yes. There are some exceptions within each in lieu of but for the most part, this service can be used with other services.
- 8. I learned that all of the LME/MCOs have different Service Definitions for HFW. Is there something we can do to advocate for one Service Definition or should this remain as 'in lieu of' service? The in lieu ofs are very similar we are working on a statewide definition but it has been put on hold for a little while as Medicaid Transformation ramps up.
- 9. Where can we find the data that demonstrates the effectiveness of the service? Has the data demonstrated effectiveness overall? Some data can be found from <a href="www.nwi.pdx.edu">www.nwi.pdx.edu</a> The training program also recently begin tracking data in youth chart forms that we will be monitoring closely and identifying trends to guide training and fidelity monitoring. There is also an evaluation team that is looking at youth and family outcomes, system outcomes and return on investment within TCC sites
- 10. What are the barriers to being able to provide this service in every county? The goal is for HFW to be offered in all 100 NC Counties. Agencies can apply to establish teams in any county. We recently received applications to expand in several counties that were not reflected on the map presented today.
- 11. Is a part of plan when parents are no longer living and does not have a close nuclear support network. HFW teams work closely with DSS and youth who are in DSS custody. The Strengths/Needs and Cultural Discovery supports in identifying options.

#### Conclusions

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Action Items	Person(s) Responsible	Deadline
Send questions to speakers for response.	Kate Barrow	August 11, 2021
Send materials to SCFAC members and listservs.	Kate Barrow	August 13, 2021

**4.** Standard Plan Roll-Out: Q & A Cassandra McFadden



## **Deputy Director of Standard Plans**

NC Medicaid, Division of Health Benefits NC DHHS

Discussion	Cassandra McFadden provided presentation distributed to participants following the machine Comments:  From a family perspective there still remains of the entire process. Has there or can the Coordinators to support families and LME, Questions  What if there are CFAC members now on Swant to see MAC Charter?	eeting.  ns concerns over language, end re be some consideration parto /MCO's to support families	rollment and clear understanding nering with Family Partner
Conclusions	iciusions		
Action Items Person(s) Responsible Deadline			Deadline
Send slide de	ck to listservs.	Kate Barrow	August 13, 2021

5. Tailored Plan Announcements: Q & A

Debra Farrington, MSW, LCSW

Chief of Staff

NC Medicaid, Division of Health Benefits NC DHHS

Discussion	Debra Farrington and Deputy Secretary Dave Richard provided an update on the Tailored Plan			
	Announcements, and fielded questions from State CFAC members.			
	DS Richard discussed the disengagement and consolidation for Cardinal Innovations.			
Conclusions	Will CPSS be available to people in the tailored plan? This question came from Karen Gross, a member of a			
	Local CFAC in the Vaya catchment area and will be moved to the State to Local Collaboration call.			
Action Items		Person(s) Responsible	Deadline	

6. DHHS Updates
Chief Deputy Secretary Kody Kinsley
NC DHHS
Division Updates
Victor Armstrong, Director, DMHDDSAS
NC DHHS

#### **Discussion**

Chief Deputy Secretary Kinsley provided an update from DHHS. He thanked Deputy Secretary Richard for all his work with DHB and Medicaid Transformation. CDS Kinsley provided a COVID-19 update including an update on the Delta variant, and population concerns (rates among young adults who have been hospitalized). CDS Kinsley reiterated the availability of the vaccine, which reduces the symptoms and adds a layer of protection. He also provided updates on other issues facing the community. He encouraged SCFAC and CFAC members to send ideas/evidenced-based best practices from other states that is working. Director Armstrong added that more opportunity to build Peer Services into systems of care, peer space is as a place to build in equity and inclusion. As we prepare for 9-8-8, we look at our crisis services, and how we can address that from the front end by including a person with lived experience. Challenge:

	<u> </u>	
Conclusions		
Action Items	Person(s) Responsible	Deadline
Meeting Adjourned:	Next Meeting:	
The meeting adjourned at 2:07. Pat McGinnis motioned. Brandon Wilson seconded. Meeting adjourned.	September 8, 2021	

