

|                                  | STATE CONSUMER A<br>MFF        | TING MINUT  |                                |  |
|----------------------------------|--------------------------------|-------------|--------------------------------|--|
| Date: Wednesday, Feb             | oruary 8, 2023, Time: 9:00     |             | Location: 306 N.<br>Bath Bu    | Wilmington Street<br>iilding Conf. Room 107<br>, NC 27699-3001 |
| MEETING CALLED BY                | April DeSelms, C               | hair        |                                | ,  |
| TYPE OF MEETING                  | Public Meeting –               |             |                                |  |
|                                  |                                | ATTENDEES   |                                |  |
| СОМ                              | MITTEE MEMBERS                 |             | G                              | UESTS  |
| NAME                             | AFFILIATION/<br>CATCHMENT AREA | PRESENT     | NAME                           | AFFILIATION/<br>CATCHMENT AREA                                 |
| Jessica Aguilar                  | Partners – virtual             | $\boxtimes$ | Ramona Branch                  | Alliance   |
| Jean Anderson                    | Partners – virtual             | $\boxtimes$ | Aquilla Brockington            |  |
| Janet Breeding                   | Sandhills –                    |             | Brad Blackwell                 |  |
| Kenneth Brown                    | Alliance – virtual             | X           | Marci Cochran                  |  |
| Bob Crayton                      | Vaya – virtual                 |             | Carol Conway                   | Alliance, PACID  |
| April DeSelms                    | Eastpointe – in person         |             | Dotty Foley                    | HOPE NC  |
| Crystal Foster                   | Trillium – virtual             |             | John Gibbons                   |  |
| Heather Johnson                  | Vaya – in person               |             | Sandhya Gopal                  |  |
| Ricky Johnson                    | Trillium – virtual             | X           | Deborah Hendren                | Vaya   |
| Susan Monroe                     | Vaya – in person               | X           | Michelle Hile                  | , vuju   |
| Patty Schaeffer                  | Partners – virtual             |             | Mamie Hutnik                   | Trillium, TBI  |
| Johnnie Thomas                   |                                | $\boxtimes$ | Cynthia Jackson                |  |
| Brandon Wilson                   | Alliance – in-person           |             | Ericka Johnson                 |  |
|                                  | Vaya – in person               | X           |                                |  |
| Lorrine Washington               | Eastpointe – in person         |             | Tenille Lewis                  |  |
|                                  |                                |             | Lynn Martin                    | Partners, EOR  |
|                                  |                                |             | Douglas McDowell               | Alliance   |
|                                  | STAFF                          |             | Sarah Potter                   | Partners   |
| NAME                             |                                | Ν           | Oria Raia                      | HOPE NC  |
| Stacey Harward<br>Ann Marie Webb | DMH/DD/SAS                     |             | Ron Rau<br>Rose Randall        | Sandhills  |
|                                  | DMH/DD/SAS                     |             |                                | BIANC  |
| Badia Henderson<br>Wes Rider     | DMH/DD/SAS<br>DMH/DD/SAS       |             | Kathy Reiter<br>Shanice Roache |  |
| Brandon Rollings                 | DMH/DD/SAS                     |             | Kimberly Schlegel              |  |
| Suzanne Thompson                 | DMH/DD/SAS                     |             | Nick Schoeppner                |  |
| Jennifer Meade                   | DMH/DD/SAS                     |             | Gillian Schultz                |  |
| Deb Goda                         | DMH/DD/SAS                     |             | Leah Singleton                 | Cumberland Co. Health Dep                                      |
| Regina Manly                     | DMH/DD/SAS                     |             | Annette Smith                  | Alliance   |
| Director Kelly Crosbie           | DMH/DD/SAS                     |             | Eva Stevens                    |  |
| Glenda Stokes                    | DMH/DD/SAS                     |             | Cindy Trobaugh                 | Partners   |
| Lateshia Bastien                 | DMH/DD/SAS                     |             | Cotina Thorne                  | Eastpointe SOC   |
| Yvonne French                    | DMH/DD/SAS                     |             | Janet Tucker                   | Partners, TBI  |
| Latwanna Floyd                   | DMH/DD/SAS                     |             | Debby T                        |  |
| Rachel Porter                    | DMH/DD/SAS                     |             | Libby Wilhelmson               | BIANC  |
| Yvonne Copeland                  | DCFW<br>DCFW                   |             |                                |  |



# 1. Consent Agenda & Approval of MONTH Minutes

| Discussion                           | Minutes and Agenda approved<br>1 <sup>st</sup> - Brandon, 2 <sup>nd</sup> motion- Jean (Agenda) 1 <sup>st</sup> Lorrine, 2 <sup>nd</sup> motion Susan- Minutes |                |  |
|--------------------------------------|--|----------------|--|
| Conclusions                          | Sent for posting to website  |                |  |
| Action Items                         | es Person(s) Responsible Deadline  |                |  |
| Finalize draft min and sent to Badia |  | Ann Marie Webb |  |

### 2. Public Comment

| Discussion   | <ul> <li>Public Comment Link: <u>https://forms.office.com/g/NLzm1qckte</u></li> <li>Several Forms were submitted.</li> <li>They were read and discussed by SCFAC members.</li> <li>Follow-up or prior communication had been done with SCFAC members.</li> </ul> |  |  |
|--------------|--|--|--|
| Conclusions  | N/A  |  |  |
| Action Items | ems Person(s) Responsible Deadline   |  |  |
| None         |  |  |  |

# 3. PCP Guidance/ Implementation Saarah Waleed, MS, NCC, LCMHC

Community Health Section Chief

| Discussion   | Úpdated PCP Guidance:   |                       |          |  |  |
|--------------|---|-----------------------|----------|--|--|
| Discussion   | <ul> <li>New guidelines for Person-Centered Planning (PCP) process</li> <li>Values and Principles Underlying Person-Centered Planning:</li> <li>Right to live, love, work, learn, play, in community</li> <li>Self-determination</li> <li>Free PCP Training: <ul> <li>4 hr. Experiential on-line live training sessions</li> <li>Meets the requirements for service providers responsible for developing a PCP</li> </ul> </li> <li>Questions/comments: <ul> <li>Patty Schaeffer – This PCP training could be beneficial to every Peer Support Specialist Trainer of any of the 14 approved curriculums. I am registered and attending this. Are</li> </ul> </li> </ul> |                       |          |  |  |
|              | <ul> <li>Patty – Any training that would benefit delivery of services to all disciplines of Behavioral Health will be beneficial. But the PSS does not create the PCP, they help with implement and ensure the delivery of objectives to meet the goal on these PCPs. Will this PCP training be "free" of charge for PSS to recertify their credential or qualify for the additional 20 hours needed to become credentialed</li> </ul>  |                       |          |  |  |
| Conclusions  |   |                       |          |  |  |
| Action Items |   | Person(s) Responsible | Deadline |  |  |
| None         |   |                       |          |  |  |



#### 4. Update on the Division

| Kelly Cr     | osby, Director   |
|--------------|--|
| Discussion   | <ul> <li>Kelly thanked all for the public comments and asked them to be sent to her and Jennifer Meade.</li> <li>Advised they will have a formal response to the communication letter that SCFAC sent to the department about making communication for Tailored Plan easier to understand. They want to do the plain language campaign and are in talks with different providers who can help with this project. They have also been asked to expand this to other areas such as the innovations waiver.</li> </ul>  |
|              | <ul> <li>Comments:</li> <li>Brandon- SCFAC would be interested to in providing feeding back about the plain language. Asking to have it sent in draft format and letting them look at it and give back recommendations prior to the finalized process. This would allow it to be consumer driven. – Wants them to meet the vendor and provide feedback and ideas prior to the draft even being done. Potentially could be done by in-state vendor as they are trying to push this out quickly. Staff will try leverage an existing contract to ensure it is done quickly. But in the future wants to ensure that they use the right vendor to ensure that it is done right and by the right person. SCFAC could potentially help with the choosing of the vendor as well.</li> </ul> |
| Conclusions  |  |
| Action Items | Person(s) Responsible Deadline   |
| None         |  |

#### 5. DHB Update

Deb Goda, Associate Director, Behavioral Health, and IDD NC Medicaid, Division of Health Benefits

| Discussion | Provided a COVID-19 Federal Public Health Emergency (PHE) and 2023 Consolidated<br>Appropriations Act (Omnibus Bill) Update   |
|------------|---|
|            | NC Medicaid will begin the renewal (recertification) process for Medicaid beneficiaries     April 1, 2023.  |
|            | • Redeterminations will be completed over the next 12 months, as beneficiaries are up for renewal   |
|            | <ul> <li>What Beneficiaries Can Do to Get Ready for Redetermination? Update their contact<br/>information, check their mail, and complete the renewal form (if they get one)</li> </ul> |
|            | NC Health Choice move to NC Medicaid  |
|            | <ul> <li>Approximately 55,000 NC Health Choice beneficiaries will move to NC Medicaid on April<br/>1, 2023.</li> </ul>  |
|            | Member Resources:   |
|            | NC Medicaid Enrollment Broker   |
|            | Website ncmedicaidplans.gov   |
|            | • Call Center 833–870–5500  |
|            | NC Medicaid Ombudsman   |
|            | Website ncmedicaidombudsman.org   |
|            | • Phone 877-201-3750 (Monday–Friday, 8 a.m. to 5 p.m.)  |
|            | Questions/comments:   |
|            | Crystal – We still don't have any providers to choose from in Carteret County   |



|              | <ul> <li>Suzanne shared the following links:<br/><u>https://medicaid.ncdhhs.gov/providers/provider-playbook-nc-medicaid-managed-care</u></li> <li>Managed Care County Playbook:<br/><u>https://medicaid.ncdhhs.gov/Medicaid%20Managed%20Care%20County%20Playbook</u><br/><u>https://medicaid.ncdhhs.gov/Medicaid</u></li> </ul> |                          |          |
|--------------|---|--------------------------|----------|
| Conclusions  |   |                          |          |
| Action Items |   | Person(s)<br>Responsible | Deadline |
| None         |   |                          |          |

### 6. SCFAC Work

| Discussion                     | <ul> <li>members.</li> <li>Olmstead Plan was given to<br/>everyone review it and come u</li> <li>Updating contact information f<br/>members please send their up<br/>contact to Ann Marie's email. F</li> <li>Reviewing questions to Local<br/>members. They will be sent ou<br/>to Local call.</li> <li>Questions/comments:</li> <li>How do LCFACs Give Feedbar<br/>Point out areas that are not w</li> <li>Point out areas that are work</li> </ul> | ve Office Building, 300 N. Sa<br>s will also be attending. Othe<br>letter by Director Kelly Cro<br>the SCFAC members. Day<br>p with any concerns that the<br>for all SCFAC members. It<br>pdated address, email, pho<br>Please make sure to do this<br>CFACs – questions were<br>at to the local CFAC chairs to<br>ck to SCFAC:<br>working as well and need im<br>king and getting good outcor<br>ed to ask the question "why"<br>nance Improvement initiative | alisbury St, Raleigh, NC 27603<br>er Legislators invited.<br>osbie was read to the SCFAC<br>we Richard had requested that<br>ey wanted to discuss in it.<br>was discussed that all SCFAC<br>ne number, and an emergency<br>as soon as possible.<br>reviewed and approved by all<br>o be received by the April State |
|--------------------------------|---|--|---|
| Conclusions                    |   |  |   |
| Action Items                   |   | Person(s) Responsible  | Deadline  |
| Send questions to LCFAC chairs |   |  |   |

# 7. Introduction to BIAC

# Rose Randall

| Discussion | <ul> <li>Rose discussed the purpose of the BIAC council and who services on the council.</li> </ul> |
|------------|---|
|            | <ul> <li>33 total members, 23 voting members, 10 non-voting members</li> </ul>                      |
|            | <ul> <li>Seats are via appointment through Governing Bodies (mainly 4):</li> </ul>                  |
|            | President Pro Tempore of Senate, Speaker of the House of Representatives,                           |
|            | Governor, Superintendent of Public Instruction  |
|            | <ul> <li>Appointments typically last for 4 years</li> </ul>   |
|            | Attendance at Quarterly BIAC meetings is expected for seat retention                                |



| s once a Quarter for updates   |  |  |  |
|--|--|--|--|
| • There are currently four active standing committees: Children and Youth Committee,             |  |  |  |
| e, Public Policy Committee, and Service Delivery System Committee                                |  |  |  |
| Questions/comments:  |  |  |  |
| Crystal – Who do people contact at the Council if they need assistance for their child or youth? |  |  |  |
| Jessica – Have the trainings in Spanish?   |  |  |  |
| Have trainings in Spanish and would you consider having interpretation for Hispanic community?   |  |  |  |
| Have representation on your council?   |  |  |  |
| BIAC be able to present an update on the TBI State Action Plan?                                  |  |  |  |
| Rose will be returning to speak on TBI State Action Plan at the April SCFAC Meeting              |  |  |  |
| Person(s) Responsible Deadline   |  |  |  |
|  |  |  |  |
|  |  |  |  |

8. Update on CBH Initiatives Yvonne Copeland, MBA Division Director, Division of Child, and Family Well-being

| Discussion | <ul> <li>The Division is trying to bring together programs and data to support children's behavioral</li> </ul> |
|------------|---|
|            | health needs in their communities   |
|            | <ul> <li>They want to strengthen the services and supports available across NC for our most</li> </ul>          |
|            | vulnerable children and families  |
|            | <ul> <li>Increase access to heathy, nutritious food through innovative strategies</li> </ul>                    |
|            | Equitably improve women's health and birth outcomes   |
|            | • NC's vision for children and families: Children are healthy and thrive in safe, stable, and                   |
|            | nurturing, families, schools, and communities. They offer the programs below to assist:                         |
|            | Food and Nutrition Services: North Carolina's Supplemental Nutrition Assistance                                 |
|            | Program (SNAP)  |
|            | <b>Community Nutrition Services:</b> North Carolina's Special Supplemental Nutrition Program                    |
|            | for Women, Infants, and Children (WIC) and the Child & Adult Care Food Program (CACFP)                          |
|            | Early Intervention: Early Intervention/North Carolina Infant-Toddler Program (ITP)                              |
|            | provides supports and services to children birth to 3 with developmental delays or                              |
|            | established conditions  |
|            | Whole Child Health:   |
|            | Child Behavioral Health programs support school & community mental health services for                          |
|            | children and youth, such as system of care and coordination with schools on mental health                       |
|            | services  |
|            | Children and Youth health and prevention services, such as school health promotion,                             |
|            | home visiting programs, nurse consultation, supports for children and youth with special                        |
|            | health care needs, genetics and newborn screening, care management for at-risk children                         |
|            | <ul> <li>There is a national and state child behavioral health and youth suicide crisis</li> </ul>              |
|            | <ul> <li>1 in 4 of youth experience a behavioral health need while in grade school</li> </ul>                   |
|            | <ul> <li>The number of NC youth with 1+ major depressive episode increased 46% during</li> </ul>                |
|            | COVID (2019-21)   |
|            | <ul> <li>We can meet kids where they are by going to schools</li> </ul>   |
|            | <ul> <li>Much evidence-based behavioral health programs can be delivered in schools</li> </ul>                  |
|            | <ul> <li>Optimizing behavioral health resources/services in school settings increases health</li> </ul>         |
|            | equity  |
|            | <ul> <li>Behavioral health support in schools reduces access barriers (e.g., transportation,</li> </ul>         |
|            | stigma, and limited networks in rural and saturated areas).   |

|                             |  | nhs<br>th   |   |
|-----------------------------|--|---|---|
|                             | and physically   | nent services that prevent ch<br>multiple placements<br>ed care placement options m<br>Family Well-Being Togethe  |   |
|                             | on May 1, 2022, to create a<br>service delivery system. But<br>Improvement Initiative, the<br>network of child treatment p   | ed the NC Child and Family I<br>statewide solution to the cur<br>ilding on the early successe<br>LME/MCOs are moving for<br>providers to ensure that chil       | mprovement Initiative (NCCFII)<br>rrent pressing challenges of the<br>es of the NC Child and Family<br>ward to formalize a statewide<br>dren in the foster care system<br>en moving from one area of NC |
|                             | • Bob shared the following link<br>https://www.vayahealth.com/get-to-k<br>initiative-formalize-a-statewide-netw<br>https://www.partnersbhm.org/nc-chil<br>Bob – Yvonne: Can you share an up<br>School Mental Health Policy (SMHI)<br>Stacie Forrest is coming to SCFAC | know-us/current-news/n-c-cl<br>vork-for-child-treatment-provide<br>Id-and-family-improvement-i<br>odate on the Annual reports<br>implementation? – would record | iders/<br>nitiative/<br>on Healthy Schools and  |
| Conclusions<br>Action Items |  | Person(s) Responsible   | Deadline  |
| None                        |  |   |   |
|                             |  |   |   |

**9. Adjournment** April DeSelms 1<sup>st</sup> motion – Heather, 2<sup>nd</sup> motion- Brandon

| Meeting Adjourned: 2:25 pm | Next Meeting: 2-8-2023 |
|----------------------------|------------------------|