



NC-TOPPS SNAPSHOT

Adult Mental Health Hispanic Consumers



According to U.S. Census data, within the next 50 years, Hispanics will comprise the second largest percentage group living in America. An increasing number of these individuals are choosing North Carolina as their home. "North Carolina has the fastest growing Latino population in the country (The North Carolina Institute of Medicine (NCIOM), 2003)". Approximately 9.2 million individuals reside in the state. Of this number 645,569 or seven percent of North Carolinians are of Hispanic or Latino origin. This snapshot examines characteristics of Adult Hispanic and non-Hispanic NC-TOPPS consumers diagnosed with a mental health condition. In the following table, Hispanic figures are displayed on the left side of each column and non-Hispanic figures are displayed on the right side of each column.

Table 1. Demographic and Dispositional Characteristics of Hispanic and non-Hispanic Consumers at Initial Interview

72% 28%	Diagnosis MH Only MH & SA	70% 30%	79% 7%	Housing Private Residence Temporary	74% 6%	18% 16%	Barriers To Treatment MH Symptoms Transportation	14% 15%
53% 38% 8%	Health Insurance Medicaid Uninsured Medicare	59% 34% 10%	16% 19% 64%	Employment Full Time Part Time Unemployed	10% 16% 74%	30% 21% 12%	Service Utilization Past 3 Months Emergency Room Telephone crisis Hospitalization	28% 19% 11%
18% 11% 6%	Criminal Justice Involvement Arrests Past Year Under Supervision Jailed or Detention Past 3 Months	21% 11% 8%	39% 17% 12%	Behavioral Problems Suicidal attempts Hurt Self Hurt Another	35% 12% 13%	26% 21% 19%	Substance Use Past 12 Months Heroin/opiate, cocaine, or marijuana Marijuana Heavy Alcohol	31% 22% 18%
10% 33% 25% 18% 9%	Age Group 18 to 20 21 to 30 31 to 40 41 to 50 51 to 60	8% 24% 23% 25% 15%	45% 25% 21% 18% 17%	DSM_IV Diagnosis Major Depression Bipolar Disorder Schizophrenia PTSD Drug Dependence	42% 24% 21% 12% 20%	61% 55% 51% 51% 51%	Important Service Needs Medical Job Housing Transportation Educational	60% 54% 52% 51% 42%

Rounding error or multiple item responses may yield totals more than 100%.

Overall, Adult Mental Health Hispanics (N=468) appear very similar to non-Hispanics (N=21,320) in demographic and dispositional characteristics. Differences are observed, however, in terms of housing, health insurance, employment, substance use, behavioral problems, and age.

- **Housing.** A greater percentage of Latinos reside in private housing compared to non-Hispanics.
- **Employment & Health Insurance.** Although Hispanics have higher percentages of employment, non-Hispanics have higher percentages of those insured and lower percentages of uninsured.
- **Behavioral Problems.** Lower percentages of Hispanics abuse substances; yet, a higher percentage of these individuals suffer from behavioral problems.
- **Age.** Those age 21 to 30 account for the largest age group of Hispanic consumers; while individuals age 41 to 50 comprise the largest group for non-Hispanics.

TIME PERIOD: INITIAL ASSESSMENTS CONDUCTED JULY 1, 2008— APRIL 30, 2009

SOURCE: NC-TOPPS ADULT MENTAL HEALTH CONSUMERS: HISPANIC — STATEWIDE

* This report excludes methadone consumers.

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