

C. INSTRUCTOR TRAINING FOR RESTRAINT, SECLUSION, ISOLATION TIMEOUT COMPETENCIES CROSSWALK

In order to help the Curriculum Review Committee evaluate your training program, please use this form to show where in your curriculum to find training content as outlined in published competencies for training for Restraint, Seclusion and Timeout. Each competency is listed on the left side below. On the right side of the form please indicate the name of your curriculum, and section(s) and page number(s) where content that addresses each competency can be found. Look to the end of this document for the contents of the application package and information on where to send it. You will receive notification that your curriculum is in the review and approval process.

Competencies Instructor Training	Curriculum _____ (Please indicate section(s) and page number(s) where content can be found.	Approval
C.1a Describe key assumptions about the characteristics and instructional needs of adult learners.		
C.1b Describe techniques for linking new ideas with information the learner already knows and is compatible to his/her interests.		
C.1c Describe the importance of presenting information to the learner that is relevant to the learner, complete and accurate.		
C.1d Describe teaching methods that give adults a chance to share their relevant life knowledge and experience.		
C.1e Describe special considerations and teaching techniques for learners with learning difficulties and/or physical limitations.		

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Prevention and Alternatives to restrictive interventions		
C.2a Use examples to exemplify content.		
C.2b Use discussion and/or role play to exemplify content.		
C.2c Respond to differing learning styles and levels of knowledge.		
Seclusion, Restraint, and Isolation Time Out		
C.2d Demonstrate each technique with a discussion of the importance of looking for opportunities to safely de-escalate the situation and special considerations for each technique.		
C.2e Give a step-by-step demonstration with learners and instructors performing technique simultaneously.		
C.2f Provide structured practice of each technique that emphasizes safe		

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execution without speed.		
C.2g Provide additional practice that supports the learner in combining safe execution with speed of performance		
C.2h Integrate prevention and/or limitation of physical interventions.		
C.2i Vary teaching techniques to address learning styles (e.g. visual, auditory, experiential) and content.		
C.3a Describe methods for teaching learners to maintain expected documentation		

With your permission, we will post the outcome of your application on the Division web page. Yes, you may publish the outcome of this application. No, you may not publish the outcome of this application.

Mail application package containing cover letter, completed crosswalk, and curriculum to:
 Communication and Training Section, DMH/DD/SAS, 3022 Mail Service Center, Raleigh, N.C. 27699-3022
 For information, contact dmh.training@ncmail.net or 919-715-2780