



## Your **key** to Long-term Services and Supports in North Carolina

### **What are Community Resource Connections for Aging and Disabilities?**

- Community Resource Connections for Aging and Disabilities (CRC) creates a coordinated system of information and access for all people seeking long-term support and services, minimizes confusion, enhances individual choices, and supports informed decision making.
- The CRC is North Carolina's implementation of Aging and Disability Resource Center (ADRC) grants from the Administration on Aging (AoA) and the Centers for Medicare & Medicaid Services (CMS).
- North Carolina CRCs take the “no wrong door” approach to services. Consumers encounter seamless access to relevant, needed information about services regardless of how or where they encounter the system.
- A CRC is one of the primary vehicles to modernize long-term care systems, particularly by supporting individuals of all disabilities and incomes to make informed, cost-effective choices regarding the services they may need. This may reduce inappropriate or premature institutionalization.
- The initiative builds on existing community infrastructure and realigns systems and processes for more efficient operations.

### **Over-Arching Goals**

1. Establish CRCs as highly visible and trusted resources where people can turn for information on the full range of long-term services and supports
2. Embrace the visions of the Americans with Disabilities Act (ADA) - serve all ages and income levels, and their caregivers
3. Create synergies between the Aging Network, disability networks and CMS to implement consumer-directed service options
4. Increase visibility of long-term services and supports within state and local governments
5. Use technology such as NCcareLINK to streamline access to information

### **Functions of a CRC**

- Awareness & Information
  - Public education
  - Information about long-term services and supports options
- Assistance
  - Options counseling
  - Benefits counseling
  - Employment options counseling
  - Crisis intervention
  - Planning for future long-term services needs
- Access
  - Assistance in gaining access to private pay services
  - Facilitation of programmatic and financial eligibility determination
  - Uniform access to all public programs

## N.C. COMMUNITY RESOURCE CONNECTIONS FOR AGING & DISABILITIES

(Federal Name: Aging and Disability Resource Centers)

Existing Programs	County
Surry County ADRC 1218 State Street, Suite 200 Mt Airy , NC 27030	Surry
Forsyth County ADRC 2895 Shorefair Drive, Winston-Salem, NC 27105	Forsyth
New Programs (Grant funded)	
Chatham County Council on Aging and Collaborators P.O. Box 715, Pittsboro, NC 27312	Chatham, Orange
Mecklenburg County Collaborators P.O. Box 35008, Charlotte, NC 28235	Mecklenburg
Cabarrus County Department of Aging and Collaborators P.O. Box 707, Concord, NC 28026-0707	Cabarrus
Piedmont Triad Collaborators P.O. Box 21993, Greensboro, NC 27420	Guilford, Montgomery, Rockingham, Caswell, Alamance, Randolph, Davidson
Mountain Projects and Collaborators 2251 Old Balsam Road, Waynesville, NC 28786	Haywood, Jackson, Macon
New Programs (Locally funded)	
Resources for Seniors, Inc. in Wake County & Collaborators 1110 Navaho Drive, Suite 400, Raleigh, NC 27609	Wake
Development Projects	
Land-of-Sky Regional Council and Collaborators 339 New Leicester Highway, Suite 140, Asheville, NC 28806	Buncombe, Henderson, Madison, Transylvania
Southwestern Commission Area Agency on Aging and Collaborators 125 Bonnie Lane, Sylva, NC 28779	Cherokee, Clay, Graham, Swain
Ashe Services for Aging and Collaborators P.O. Box 9, West Jefferson, NC 28694	Ashe
Hertford County Office of Aging and Collaborators 408 S. Camp Street, Winton, NC 27986	Hertford, Bertie
REAL Crisis Intervention, Inc. and Collaborators 600 E. 11th Street, Greenville, NC 27858	Pitt, Beaufort

### State Contact Information:

Sabrina Lea - Access Coordinator / NC CRC Project Director

Email: [sabrina.lea@ncmail.net](mailto:sabrina.lea@ncmail.net)

Phone: 919.855.4428 Fax: 919.715.8399

NC Department of Health and Human Services  
Office of Long Term Services and Supports  
2001 Mail Service Center Raleigh, NC 27699-2001

Community Resource Connections

