LIVABILITY DOMAINS REPORT - FACILITATED TABLE DISCUSSION

Age My Way NC Planning Committee
EIGHT DOMAINS OF LIVABILITY & OTHER AREAS

The 8 Domains of Livability

- Housing
- Outdoor Spaces and Buildings
- Transportation
- Communication and Information
- Social Participation
- Health Services and Community Supports
- Respect and Social Inclusion
- Civic Participation and Employment

Other Areas
- Emergency Preparedness
- Elder abuse
- Public safety
- Dementia-friendly

LEARN MORE
AARP.org/Livable
AARP Domains of Livability: Guiding Questions

- What does this domain mean to you?
- What are some examples of best practices?
- What are some gaps?
- What is needed now and in the future?
HOUSING
What does this domain mean?

community

stability
accessibility
sustainability
comfort
accumulation
integrated
livable
wealth
aging
security
family
history
availability
independence
place
opportunity
HOUSING

- **Best Practices**: surveying community needs, committed planners, data, infrastructure and growth preparedness, design standards, age-friendly developers, strategic leasing, locally owned land-acquisition programs, sustainable homes, retirement communities, tiny homes, & mixed/integrated communities

- **Gaps/Barriers**: public participation, strategic planning, affordability/funding, equity, mobility, zoning of communities, age-consciousness in new housing, housing types (1 level), permit requirements lacking design aspects to keep all safe, & accurate information

- **Current/Future Needs**: reassessment of affordability, simplifying process, more investments in repair and preservation, more public participation and engagement, & changes in beginning of building processes
OUTDOOR SPACES & BUILDINGS

What does this domain mean?

sidewalks
connectedness
inviting
trails
parks
bikelanes
active
built
environment
placemaking
 equitable
connectivity
accessible
OUTDOOR SPACES & BUILDINGS

• **Best Practices**: trail assets and gaps to inform a trail inventory, needs assessments, data on park usage, connecting trails to tourism, advertising trails based on user, accessible trails, placemaking, & age-friendly practices/adaptations

• **Gaps/Barriers**: information, design of parks, directions/signs, maintenance, equitable opportunities for trails, wheelchair accessible trails, handicap accessible doors, & seating *within* stores

• **Current/Future Needs**: conversations that include multiple sectors, messaging targeting older adults, integration of age-friendly features for commercial development & state investments to supplement funding in rural areas
TRANSPORTATION

What does this domain mean?

walking  delivery
independence  access
biking  engagement
driving  safety
options  technology
microtransit  location
services  routes
buses  reliability
connectedness  proximity
cars
TRANSPORTATION

• **Best Practices**: consumer direction, micro transit, & escort service for people with disabilities on transit

• **Gaps/Barriers**: policies for changing needs, drivers/workforce, availability of services, routes that extend outside city limits, reliability, education on resources, costs/funding coordination, independence with options, & supportive services for language/cultural barriers

• **Current/Future Needs**: technology usage that connects resources for transportation, more on demand in rural areas, autonomous cars, education for municipalities and HOA’s about maintenance of sidewalk, lightings, big signs, and infrastructure for mobility
COMMUNICATION AND INFORMATION

What does this domain mean?

- technology
- signers
- services
- communication
- awareness
- resources
- education
- connecting
- preparedness
- availability
- policies
- newsletters
- inclusivity
- literacy
- outreach
- understanding

- timeliness
- openness
- access
- advocacy
- support
- training
- regulations
- standards
- intergenerational
- print
- consistency
- media
- sources
- messaging
COMMUNICATION AND INFORMATION

• Best Practices: Neighborhood associations, newsletters, social media, intergenerational support, & trainings

• Gaps/Barriers: access to broadband (particularly in rural areas), language barriers, vulnerability to scams, misinformation, reluctance to use technology, & social isolation

• Current/Future Needs: accurate/timely/consistent information, computer/smart phone trainings, intergenerational connections, AARP digital literacy, signers for hearing impairments, alternative broad technologies, & continue advocacy
CIVIC PARTICIPATION AND EMPLOYMENT
RESPECT AND SOCIAL INCLUSION

What does this domain mean?

heard  valued
multi-generational  connectedness
accessible  understood
stability  participate
open  aging included
place  dignity  recognized
representation  intergenerational
inclusive  seen
RESPECT AND SOCIAL INCLUSION

- **Best Practices**: Ensuring people can see themselves as part of the Master Aging Plan, “extra efforts” to reach a representative group of older adults in the survey, “Hope NC” – inclusive and accessible housing for older adults & IDD, UNC Partnership for Aging, grandparents raising grandchildren, & improved planning and zoning practices.

- **Gaps/Barriers**: weak leadership, not reaching the right people, & affordability of accommodations.

- **Current/Future Needs**: Reach into State/Federal government retiree association for intergenerational connections, campaigns to promote multi-generational living, remove stigma, & reevaluate resources to assure equity in allocation of public resources.
HEALTH SERVICES & COMMUNITY SUPPORTS

What does this domain mean?

insurance  medicaid  medicare  communication  ageism
chronic  medicaid  medicare  training  technology
wages  coordination  silos  independence  support
deserts  responsive  care  availability  gaps
services  affordability  awareness  disparities  providers
team-based  involvement  systems  continuity  reform
referrals  competency  accessibility  reform
person-centered  collaboration  aging  lists  place
sustainability  prevention  caregivers
HEALTH SERVICES & COMMUNITY SUPPORTS

• Best Practices: dedicated funding to highest priorities, living wage for essential workers, programs to support caregivers, sensitivity training, social workers to replace law enforcement response, incentives to rural medical professionals, investments into preventative measures, & age-friendly hospitals

• Gaps/Barriers: society does not value support for this phase of life, ageism, disparities in urban vs. rural, flexibility in grant requirements, distribution of funding, locations that do not accept Medicare, navigating complex systems, waiting list, & language barriers

• Current/Future Needs: intergenerational support and considerations, education at younger ages, breaking down silos, more cross-sector collaboration, bridging gap between community-based services and clinical services, community focus, continuity of care, higher wages for healthcare workers, support for unpaid caregivers, & insurance reform, funding/sustainability within funding sources
SOCIAL PARTICIPATION

What does this domain mean?

activities, integration
family, mental
faith-based, connections
senior, transportation
outreach, visibility
collaboration, calls
caregiving, phone
homebound, centers
inclusion, health
communication, engagement
friendship, accessible
volunteering, well-being
broadband, isolation
programs, distance
SOCIAL PARTICIPATION

• **Best Practices**: Senior Centers, evidence-based programs, faith-based programs, phone calls for homebound, & transportation services

• **Gaps/Barriers**: distance in rural areas, lack of resources to provide services, waitlists, lack of broadband, & accessible transportation

• **Current/Future Needs**: transportation solutions, expand broadband, communication about opportunities for engagement, engage younger generations, volunteerism to help older adults, & caregiving workforce
EMERGENCY PREPAREDNESS

What does this domain mean?

services organization planning
information standards
preparedness emergency
volunteers support
health communication
programs regulations
utility transportation
drills access
centers
EMERGENCY PREPAREDNESS

- **Best Practices:** Emergency drills, DSS, emergency operation centers, task force, access to equipment, mutual aid, & Hurricane expo for information

- **Gaps/Barriers:** not all places have standards and regulations, volunteers to staff emergency shelters, transportation, access to shelters, communication, & broadband access

- **Current/Future Needs:** continue having programs of affordable broadband, continue communication with older adults, & new roadways and superstreet planning
ELDER ABUSE

What does this domain mean?
ELDER ABUSE

• **Best Practices**: advocacy in long-term care, ombudsman, & community education

• **Gaps/Barriers**: not enough caregivers/healthcare works, case management, comfortability in recognizing elder abuse, not reported, unspoken abuse from frustrated caregivers, & social isolation

• **Current/Future Needs**: changes to the statute & resources to both caregivers and care recipient
PUBLIC SAFETY
DEMENTIA-FRIENDLY

What does this domain mean?

resOURCES
home
caregiving
awareness
housing
training
support
communication
stigma
advocacy
education
modification
mental
brain
health
safety

AGE MY WAY NC SUMMIT
DEMENTIA-FRIENDLY

• **Best Practices**: training/sensitivity, NCCARE360, dementia care units, support groups, memory binder, informal and well-equipped advocates, training entire staff, business training programs, hands-on activities, technology-based services, & social interaction

• **Gaps/Barriers**: financial barriers, community caregiver support/respite, & accessibility of support and education

• **Current/Future Needs**: education to community, better Mental Health services, redefine dementia, leveraging different groups, dementia training modules, & prioritizing funding
TAKEAWAY/COMMON THEMES ACROSS ALL DOMAINS

- Reassess affordability and prioritizing funding
- Communication: Education/Training/Awareness
- Cross-sector collaboration and breaking down silos
- Public participation & increased engagement
  - Intergenerational and multi-generationally approaches
  - Community-focused approaches
- Equity
  - Rural vs Urban
  - Disparities: racial/Ethnic populations
  - Redefining Aging and reframe messaging
- Streamlining processes and infrastructures
  - Implementing changes earlier in the process