NORTH CAROLINA AGING PROFILES 2023

FEBRUARY 2025

TABLE OF CONTENTS

North Carolina Aging Population Profile

Entire State
Navigate to …

| County Profile | | Region Profile |

People	People 65+	65+ as % of Total
10,846,274	1,914,586	18%

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	2,344,036	2,578,122	22%	19%	10%
Age 18-44	3,852,762	4,670,553	36%	35%	21%
Age 45-59	2,044,296	2,538,441	19%	19%	24%
Age 60-64	690,594	755,451	6%	6%	9%
Age 60+	2,605,180	3,540,217	24%	27%	36%
Age 65+	1,914,586	2,784,766	18%	21%	45%
Age 85+	177,340	428,843	2%	3%	142%
Total	10,846,274	13,327,333			23%

Projected Growth in Next 20 Years

● Estimate ● Projection

Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
0.7M / 0.8M	1.1M / 1.4M	0.6M / 1.0M	0.2M / 0.4M

65+ Projected Growth by Region

Area Agency on Aging	2023 Est.	2043 Proj.
A - Southwestern Commission	55,853	69,329
B - Land of Sky Regional Council	109,414	149,293
C - Foothills Regional Commission	50,569	54,778
D - High Country COG	48,759	53,540
E - Western Piedmont COG	75,975	93,785
F - Centralina COG	351,329	595,995
G - Piedmont Triad Regional Council	325,108	419,890
J - Central Pines Regional Council	326,856	604,621
K - Kerr Tar Regional COG	47,291	64,838
L - Upper Coastal Plain COG	60,743	59,642
M - Mid-Carolina Regional Council	75,779	92,390
N -Lumber River COG	46,711	50,770
O - Cape Fear COG	132,330	237,981
P - Eastern Carolina COG	115,412	129,012
Q - Mid-East Commission	51,710	57,926
R - Albemarle Commission	40,747	50,976
Total	**1,914,586**	**2,784,766**

Age 65+ Race

Race	NC %	US %
White	77%	77%
Black or African American	17%	9%
American Indian and Alaska Native	1%	1%
Asian	2%	5%
Some Other Race	1%	3%
Two or More Races	2%	5%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	NC %	US %
0-99% Poverty	10%	10%
100-199% Poverty	19%	27%
Speaks English Less Than Very Well	3%	9%
Veterans	16%	15%
Living Alone	27%	26%
Less Than High School Education	12%	13%
High School Graduate (No College)	29%	30%
Has a Disability	33%	33%
In Labor Force	18%	19%

36,793

Age 60+ Grandparents responsible for Grandchildren

49,506

Age 60+ Moved from Other States or Abroad

Age 65+ Ethnicity

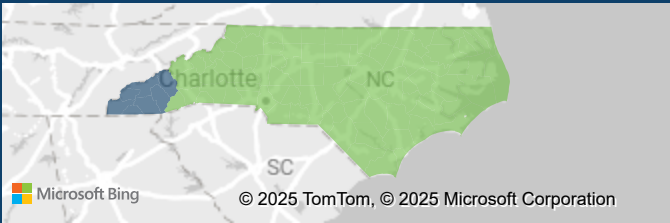|	NC %	US %
Hispanic/Latino	3%	9%
White Non-Hispanic/Latino	76%	75%

Region Aging Population Profile
Region: **A - Southwestern Commission**

Select a Region
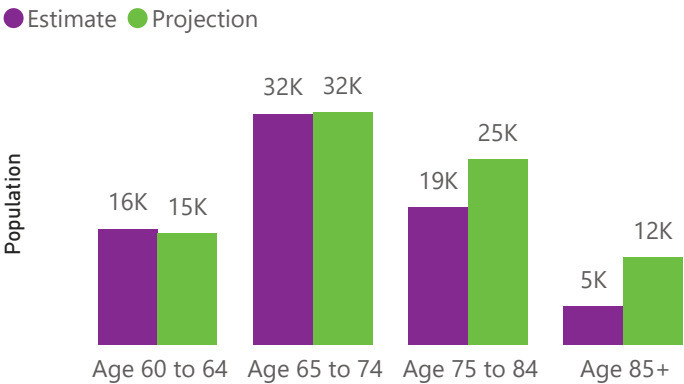Use the list and/or search box within the dropdown

A - Southwestern Commission ▼

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	36,638	38,592	17%	16%	5%
Age 18-44	63,825	73,831	30%	31%	16%
Age 45-59	37,376	43,287	18%	18%	16%
Age 60-64	15,911	15,251	8%	6%	-4%
Age 60+	71,764	84,580	34%	35%	18%
Age 65+	55,853	69,329	27%	29%	24%
Age 85+	5,307	11,960	3%	5%	125%
Total	209,603	240,290			15%

Projected Growth in Next 20 Years

● Estimate ● Projection

Population

- Age 60 to 64: 16K, 15K
- Age 65 to 74: 32K, 32K
- Age 75 to 84: 19K, 25K
- Age 85+: 5K, 12K

Aging Region Rankings

Population Rank	Population 65+ Rank	Median Age*
15	**10**	**47.5**
People	People 65+	65+ as % of Total
209,603	55,853	27%

*Median age reflects the median of all constituent county median ages

Age 65+ Race

Race	County %	NC %
White	93%	77%
American Indian and Alaska Native	3%	1%
Two or More Races	2%	2%
Black or African American	1%	17%
Some Other Race	0%	1%
Asian	0%	2%
Total	**100%**	**100%**

Social and Economic Characteristics
Population Age 65 and Older

	County %	NC %
0-99% Poverty	11%	10%
100-199% Poverty	22%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	18%	16%
Living Alone	27%	27%
Less Than High School Education	11%	12%
High School Graduate (No College)	29%	29%
Has a Disability	32%	33%
In Labor Force	15%	18%

926
Age 60+ Grandparents responsible for Grandchildren

2,385
Age 60+ Moved from Other States or Abroad

Age 65+ Ethnicity

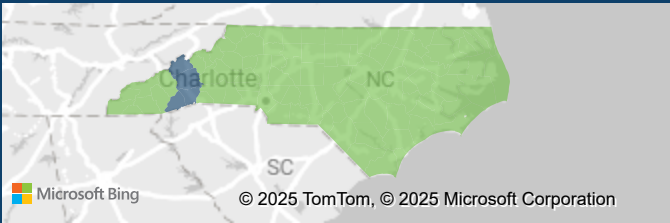|	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	93%	76%

Region Aging Population Profile
Region: **B - Land of Sky Regional Council**

Select a Region

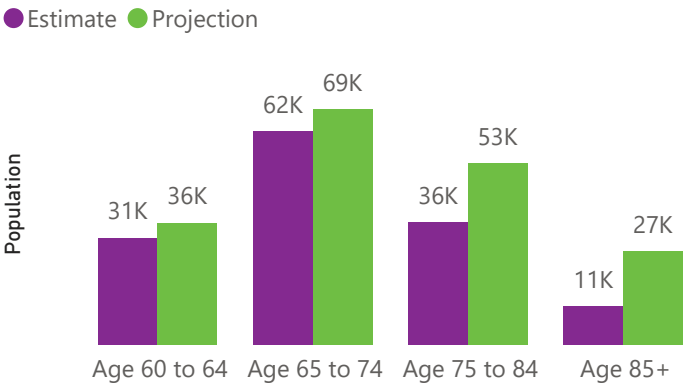Use the list and/or search box within the dropdown

B - Land of Sky Regional Council ▼

Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	80,514	80,949		18%	15%	1%
Age 18-44	146,761	164,971		32%	30%	12%
Age 45-59	84,664	112,497		19%	21%	33%
Age 60-64	31,237	35,634		7%	7%	14%
Age 60+	140,651	184,927		31%	34%	31%
Age 65+	109,414	149,293		24%	27%	36%
Age 85+	11,195	27,285		2%	5%	144%
Total	452,590	543,344				20%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	31K	62K	36K	11K
Projection	36K	69K	53K	27K

Aging Region Rankings

Population Rank	Population 65+ Rank	Median Age*
7	6	46.1
People	People 65+	65+ as % of Total
452,590	109,414	24%

*Median age reflects the median of all constituent county median ages

Age 65+ Race

Race	County %	NC %
White	93%	77%
Black or African American	3%	17%
Two or More Races	2%	2%
Some Other Race	1%	1%
Asian	1%	2%
American Indian and Alaska Native	0%	1%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	8%	10%
100-199% Poverty	16%	19%
Speaks English Less Than Very Well	2%	3%
Veterans	16%	16%
Living Alone	25%	27%
Less Than High School Education	7%	12%
High School Graduate (No College)	25%	29%
Has a Disability	30%	33%
In Labor Force	16%	18%

917 Age 60+ Grandparents responsible for Grandchildren

3,291 Age 60+ Moved from Other States or Abroad

Age 65+ Ethnicity

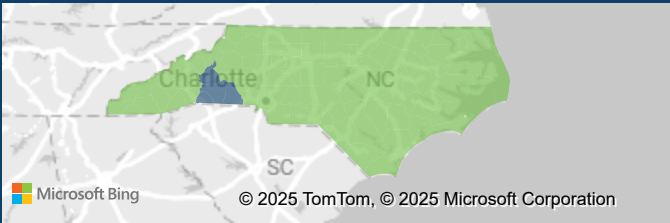|	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	92%	76%

Region Aging Population Profile
Region: **C - Foothills Regional Commission**

Select a Region

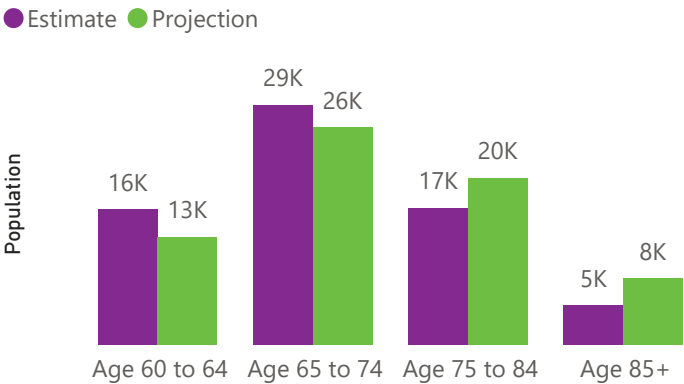Use the list and/or search box within the dropdown

C - Foothills Regional Commission	⌄

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Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	46,824	48,608		20%	20%	4%
Age 18-44	71,171	81,467		31%	33%	14%
Age 45-59	44,431	46,007		19%	19%	4%
Age 60-64	16,458	13,121		7%	5%	-20%
Age 60+	67,027	67,899		29%	28%	1%
Age 65+	50,569	54,778		22%	22%	8%
Age 85+	4,767	8,095		2%	3%	70%
Total	229,453	243,981				6%

Projected Growth in Next 20 Years

● Estimate ● Projection

- Age 60 to 64: 16K / 13K
- Age 65 to 74: 29K / 26K
- Age 75 to 84: 17K / 20K
- Age 85+: 5K / 8K

Aging Region Rankings

Population Rank	Population 65+ Rank	Median Age*
13	**12**	**44.8**
People	People 65+	65+ as % of Total
229,453	**50,569**	**22%**

*Median age reflects the median of all constituent county median ages

Age 65+ Race

Race	County %	NC %
White	88%	77%
Black or African American	9%	17%
Two or More Races	2%	2%
Some Other Race	0%	1%
Asian	0%	2%
American Indian and Alaska Native	0%	1%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	12%	10%
100-199% Poverty	25%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	16%	16%
Living Alone	27%	27%
Less Than High School Education	14%	12%
High School Graduate (No College)	34%	29%
Has a Disability	39%	33%
In Labor Force	16%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	1%	3%
White Non-Hispanic/Latino	88%	76%

1,328
Age 60+ Grandparents responsible for Grandchildren

1,369
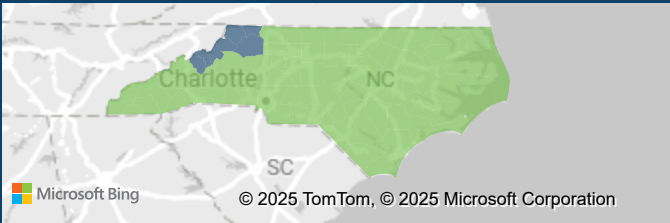Age 60+ Moved from Other States or Abroad

Region Aging Population Profile
Region: **D - High Country COG**

Select a Region
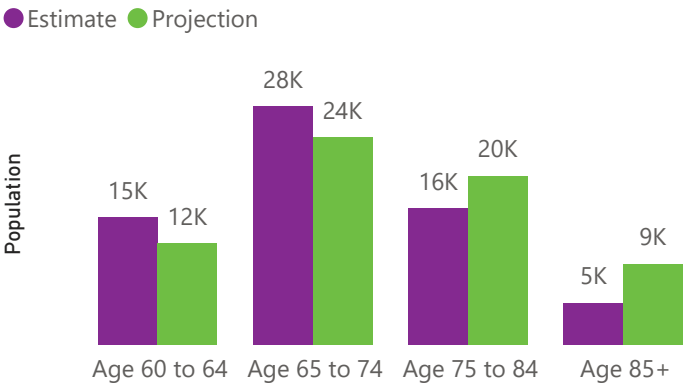
Use the list and/or search box within the dropdown

[D - High Country COG ▼]

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	34,842	35,156	17%	16%	1%
Age 18-44	72,560	73,412	35%	34%	1%
Age 45-59	38,809	39,136	18%	18%	1%
Age 60-64	14,951	11,846	7%	6%	-21%
Age 60+	63,710	65,386	30%	31%	3%
Age 65+	48,759	53,540	23%	25%	10%
Age 85+	4,890	9,475	2%	4%	94%
Total	209,921	213,090			2%

Projected Growth in Next 20 Years

● Estimate   ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	15K	28K	16K	5K
Projection	12K	24K	20K	9K

Aging Region Rankings

Population Rank	Population 65+ Rank	Median Age*
14	**13**	**46.7**
People	People 65+	65+ as % of Total
209,921	48,759	23%

*Median age reflects the median of all constituent county median ages

Age 65+ Race

Race	County %	NC %
White	95%	77%
Black or African American	2%	17%
Two or More Races	2%	2%
Some Other Race	1%	1%
Asian	0%	2%
American Indian and Alaska Native	0%	1%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	11%	10%
100-199% Poverty	23%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	15%	16%
Living Alone	27%	27%
Less Than High School Education	15%	12%
High School Graduate (No College)	31%	29%
Has a Disability	35%	33%
In Labor Force	16%	18%

913
Age 60+ Grandparents responsible for Grandchildren

893
Age 60+ Moved from Other States or Abroad

Age 65+ Ethnicity

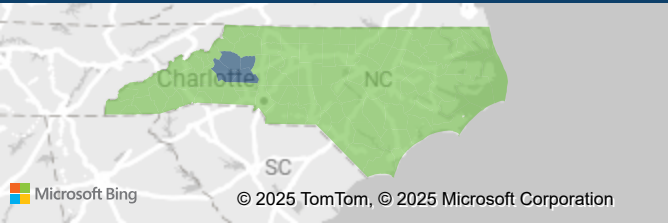|	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	94%	76%

Region Aging Population Profile
Region: **E - Western Piedmont COG**

Select a Region
Use the list and/or search box within the dropdown

E - Western Piedmont COG ▼

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	76,750	80,167	21%	19%	4%
Age 18-44	119,226	140,821	32%	34%	18%
Age 45-59	75,100	77,976	20%	19%	4%
Age 60-64	27,310	22,847	7%	5%	-16%
Age 60+	103,285	116,632	28%	28%	13%
Age 65+	75,975	93,785	20%	23%	23%
Age 85+	7,138	13,120	2%	3%	84%
Total	374,361	415,596			11%

Projected Growth in Next 20 Years
● Estimate ● Projection

Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
27K / 23K	44K / 46K	25K / 35K	7K / 13K

Aging Region Rankings

Population Rank	Population 65+ Rank	Median Age*
8	**7**	**42.9**
People	People 65+	65+ as % of Total
374,361	75,975	20%

*Median age reflects the median of all constituent county median ages

Age 65+ Race

Race	County %	NC %
White	90%	77%
Black or African American	5%	17%
Two or More Races	2%	2%
Asian	1%	2%
Some Other Race	1%	1%
American Indian and Alaska Native	0%	1%
Total	**100%**	**100%**

Social and Economic Characteristics
Population Age 65 and Older

	County %	NC %
0-99% Poverty	10%	10%
100-199% Poverty	25%	19%
Speaks English Less Than Very Well	2%	3%
Veterans	15%	16%
Living Alone	28%	27%
Less Than High School Education	17%	12%
High School Graduate (No College)	35%	29%
Has a Disability	36%	33%
In Labor Force	17%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	90%	76%

1,879
Age 60+ Grandparents responsible for Grandchildren

1,268
Age 60+ Moved from Other States or Abroad

Region Aging Population Profile
Region: **F - Centralina COG**

Select a Region
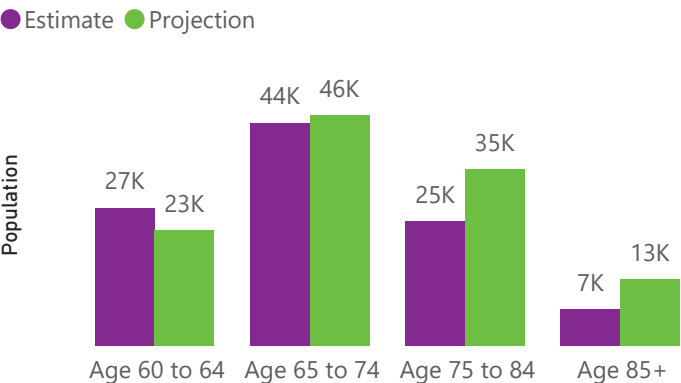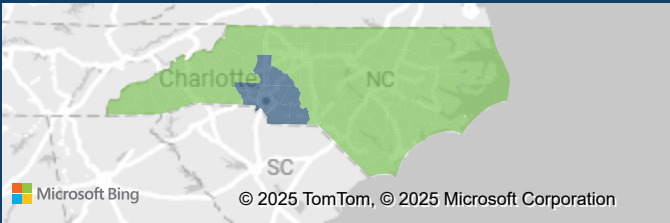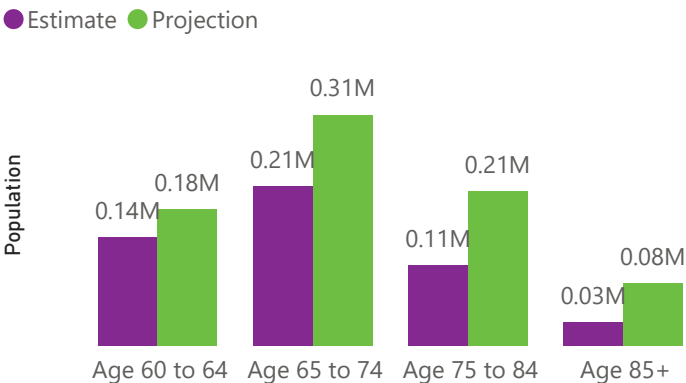Use the list and/or search box within the dropdown

`F - Centralina COG` ▾

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	558,090	642,032	23%	20%	15%
Age 18-44	900,210	1,152,214	37%	36%	28%
Age 45-59	485,874	638,945	20%	20%	32%
Age 60-64	143,972	182,153	6%	6%	27%
Age 60+	495,301	778,148	20%	24%	57%
Age 65+	351,329	595,995	14%	19%	70%
Age 85+	31,581	82,729	1%	3%	162%
Total	2,439,475	3,211,339			32%

Projected Growth in Next 20 Years

● Estimate ● Projection

Age 60 to 64: 0.14M / 0.18M
Age 65 to 74: 0.21M / 0.31M
Age 75 to 84: 0.11M / 0.21M
Age 85+: 0.03M / 0.08M

Aging Region Rankings

Population Rank	Population 65+ Rank	Median Age*
1	**1**	**40.3**
People	People 65+	65+ as % of Total
2,439,475	**351,329**	**14%**

*Median age reflects the median of all constituent county median ages

Age 65+ Race

Race	County %	NC %
White	75%	77%
Black or African American	17%	17%
Two or More Races	3%	2%
Asian	2%	2%
Some Other Race	2%	1%
American Indian and Alaska Native	0%	1%
Total	**100%**	**100%**

Social and Economic Characteristics
Population Age 65 and Older

	County %	NC %
0-99% Poverty	9%	10%
100-199% Poverty	18%	19%
Speaks English Less Than Very Well	5%	3%
Veterans	15%	16%
Living Alone	26%	27%
Less Than High School Education	12%	12%
High School Graduate (No College)	29%	29%
Has a Disability	31%	33%
In Labor Force	20%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	4%	3%
White Non-Hispanic/Latino	74%	76%

7,784
Age 60+ Grandparents responsible for Grandchildren

10,208
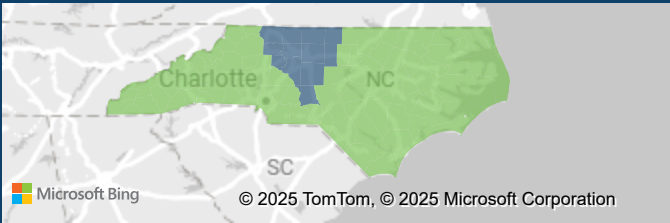Age 60+ Moved from Other States or Abroad

Region Aging Population Profile
Region: **G - Piedmont Triad Regional Council**

Select a Region

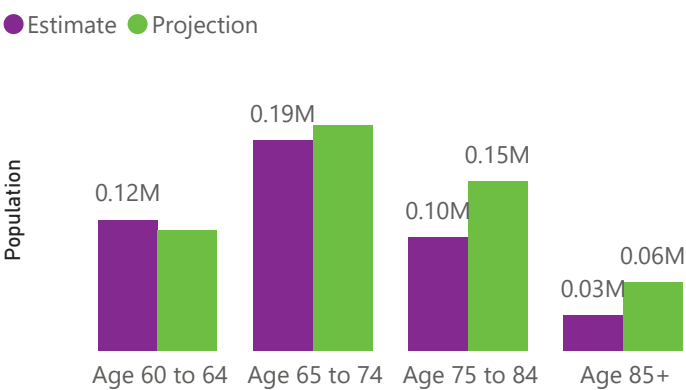Use the list and/or search box within the dropdown

> G - Piedmont Triad Regional Council ⌄

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	386,150	413,944	22%	20%	7%
Age 18-44	616,306	749,076	34%	36%	22%
Age 45-59	340,931	367,844	19%	18%	8%
Age 60-64	118,698	109,599	7%	5%	-8%
Age 60+	443,806	529,489	25%	26%	19%
Age 65+	325,108	419,890	18%	20%	29%
Age 85+	31,844	61,763	2%	3%	94%
Total	1,787,193	2,060,353			15%

Projected Growth in Next 20 Years

● Estimate ● Projection

| Age 60 to 64 | Age 65 to 74 | Age 75 to 84 | Age 85+ |
| 0.12M | 0.19M | 0.10M / 0.15M | 0.03M / 0.06M |

Aging Region Rankings

Population Rank	Population 65+ Rank	Median Age*
3	**3**	**43.0**

People	People 65+	65+ as % of Total
1,787,193	**325,108**	**18%**

*Median age reflects the median of all constituent county median ages

Age 65+ Race

Race	County %	NC %
White	79%	77%
Black or African American	16%	17%
Two or More Races	2%	2%
Asian	1%	2%
Some Other Race	1%	1%
American Indian and Alaska Native	0%	1%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	11%	10%
100-199% Poverty	20%	19%
Speaks English Less Than Very Well	2%	3%
Veterans	15%	16%
Living Alone	29%	27%
Less Than High School Education	13%	12%
High School Graduate (No College)	33%	29%
Has a Disability	34%	33%
In Labor Force	17%	18%

6,048
Age 60+ Grandparents responsible for Grandchildren

5,711
Age 60+ Moved from Other States or Abroad

Age 65+ Ethnicity

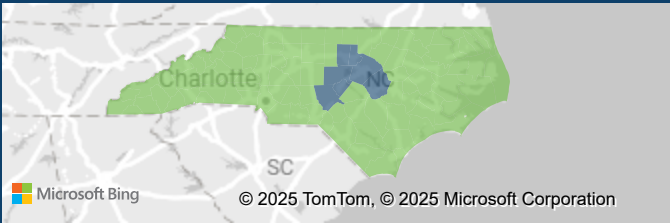|	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	78%	76%

Region Aging Population Profile
Region: **J - Central Pines Regional Council**

Select a Region
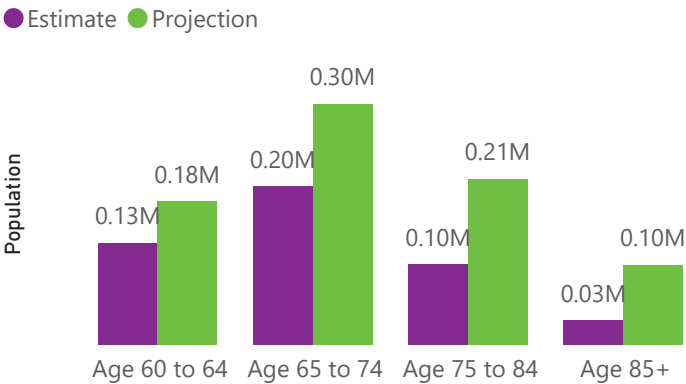Use the list and/or search box within the dropdown

J - Central Pines Regional Council	⌄

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	478,937	552,263	22%	18%	15%
Age 18-44	820,239	1,060,863	38%	35%	29%
Age 45-59	427,905	598,697	20%	20%	40%
Age 60-64	126,605	178,118	6%	6%	41%
Age 60+	453,461	782,739	21%	26%	73%
Age 65+	326,856	604,621	15%	20%	85%
Age 85+	30,404	99,122	1%	3%	226%
Total	2,180,542	2,994,562			37%

Projected Growth in Next 20 Years

● Estimate   ● Projection

- Age 60 to 64: 0.13M / 0.18M
- Age 65 to 74: 0.20M / 0.30M
- Age 75 to 84: 0.10M / 0.21M
- Age 85+: 0.03M / 0.10M

Population

Aging Region Rankings

Population Rank	Population 65+ Rank	Median Age*
2	2	38.5

People	People 65+	65+ as % of Total
2,180,542	326,856	15%

*Median age reflects the median of all constituent county median ages

Age 65+ Race

Race	County %	NC %
White	75%	77%
Black or African American	17%	17%
Asian	3%	2%
Two or More Races	2%	2%
Some Other Race	2%	1%
American Indian and Alaska Native	0%	1%
Total	**100%**	**100%**

Social and Economic Characteristics
Population Age 65 and Older

	County %	NC %
0-99% Poverty	8%	10%
100-199% Poverty	14%	19%
Speaks English Less Than Very Well	4%	3%
Veterans	14%	16%
Living Alone	25%	27%
Less Than High School Education	9%	12%
High School Graduate (No College)	22%	29%
Has a Disability	29%	33%
In Labor Force	20%	18%

4,420
Age 60+ Grandparents responsible for Grandchildren

9,400
Age 60+ Moved from Other States or Abroad

Age 65+ Ethnicity

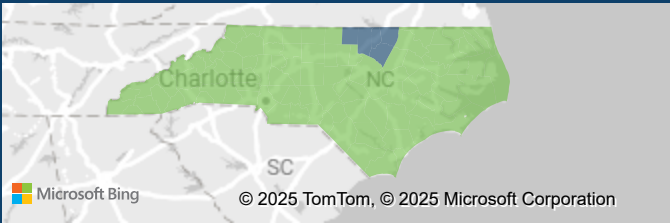|	County %	NC %
Hispanic/Latino	4%	3%
White Non-Hispanic/Latino	74%	76%

Region Aging Population Profile
Region: **K - Kerr Tar Regional COG**

Select a Region
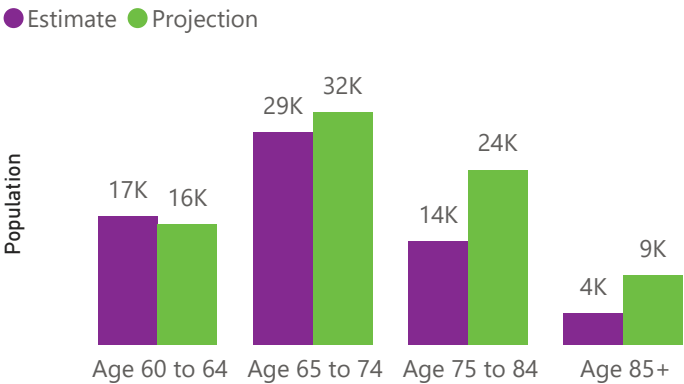
Use the list and/or search box within the dropdown

K - Kerr Tar Regional COG	▼

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	50,828	61,852	21%	21%	22%
Age 18-44	76,288	99,255	32%	33%	30%
Age 45-59	47,223	54,176	20%	18%	15%
Age 60-64	17,444	16,442	7%	6%	-6%
Age 60+	64,735	81,280	27%	27%	26%
Age 65+	47,291	64,838	20%	22%	37%
Age 85+	4,281	9,407	2%	3%	120%
Total	239,074	296,563			24%

Projected Growth in Next 20 Years

● Estimate ● Projection

Age 60 to 64: 17K / 16K
Age 65 to 74: 29K / 32K
Age 75 to 84: 14K / 24K
Age 85+: 4K / 9K

Aging Region Rankings

Population Rank	Population 65+ Rank	Median Age*
12	**14**	**42.3**
People	People 65+	65+ as % of Total
239,074	47,291	20%

*Median age reflects the median of all constituent county median ages

Age 65+ Race

Race	County % ▼	NC %
White	65%	77%
Black or African American	30%	17%
Two or More Races	3%	2%
Some Other Race	1%	1%
American Indian and Alaska Native	1%	1%
Asian	1%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	12%	10%
100-199% Poverty	24%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	14%	16%
Living Alone	28%	27%
Less Than High School Education	14%	12%
High School Graduate (No College)	36%	29%
Has a Disability	40%	33%
In Labor Force	17%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	64%	76%

955 Age 60+ Grandparents responsible for Grandchildren

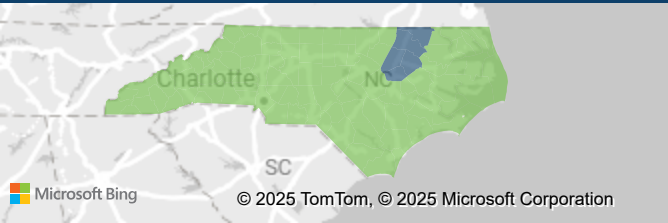**937** Age 60+ Moved from Other States or Abroad

Region Aging Population Profile
Region: **L - Upper Coastal Plain COG**

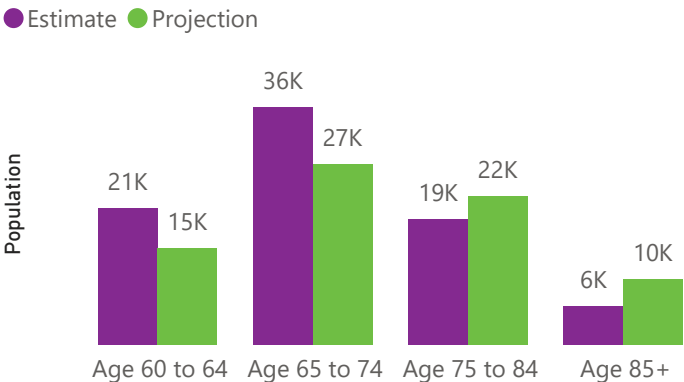**Select a Region**
Use the list and/or search box within the dropdown

L - Upper Coastal Plain COG ⌄

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Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	63,125	62,621		22%	22%	-1%
Age 18-44	91,165	96,719		32%	34%	6%
Age 45-59	52,515	52,446		18%	18%	-0%
Age 60-64	20,656	14,616		7%	5%	-29%
Age 60+	81,399	74,258		28%	26%	-9%
Age 65+	60,743	59,642		21%	21%	-2%
Age 85+	5,804	9,891		2%	3%	70%
Total	288,204	286,044				-1%

Projected Growth in Next 20 Years
● Estimate   ● Projection

	Estimate	Projection
Age 60 to 64	21K	15K
Age 65 to 74	36K	27K
Age 75 to 84	19K	22K
Age 85+	6K	10K

Aging Region Rankings

Population Rank	Population 65+ Rank	Median Age*
9	9	42.8
People	People 65+	65+ as % of Total
288,204	60,743	21%

*Median age reflects the median of all constituent county median ages

Age 65+ Race

Race	County %	NC %
White	55%	77%
Black or African American	41%	17%
Two or More Races	2%	2%
Some Other Race	1%	1%
American Indian and Alaska Native	1%	1%
Asian	0%	2%
Total	**100%**	**100%**

Social and Economic Characteristics
Population Age 65 and Older

	County %	NC %
0-99% Poverty	14%	10%
100-199% Poverty	23%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	14%	16%
Living Alone	32%	27%
Less Than High School Education	21%	12%
High School Graduate (No College)	36%	29%
Has a Disability	36%	33%
In Labor Force	17%	18%

1,230
Age 60+ Grandparents responsible for Grandchildren

605
Age 60+ Moved from Other States or Abroad

Age 65+ Ethnicity

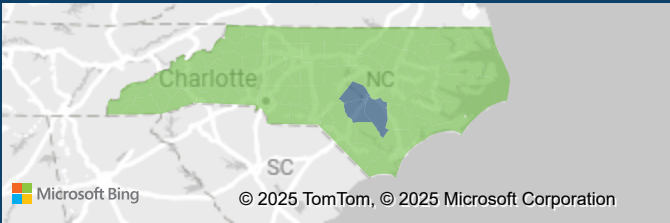|	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	55%	76%

Region Aging Population Profile
Region: **M - Mid-Carolina Regional Council**

Select a Region
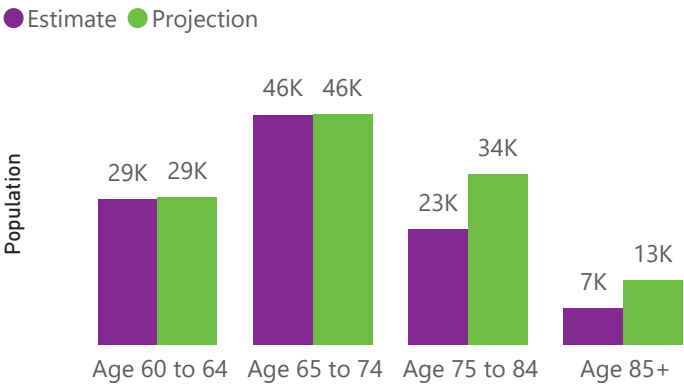Use the list and/or search box within the dropdown

M - Mid-Carolina Regional Council ▾

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	134,550	128,083	25%	22%	-5%
Age 18-44	213,456	223,791	40%	38%	5%
Age 45-59	85,877	114,746	16%	20%	34%
Age 60-64	28,806	29,305	5%	5%	2%
Age 60+	104,585	121,695	19%	21%	16%
Age 65+	75,779	92,390	14%	16%	22%
Age 85+	7,229	12,777	1%	2%	77%
Total	538,468	588,315			9%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	29K	46K	23K	7K
Projection	29K	46K	34K	13K

Aging Region Rankings

Population Rank	Population 65+ Rank	Median Age*
5	8	36.2
People	People 65+	65+ as % of Total
538,468	75,779	14%

*Median age reflects the median of all constituent county median ages

Age 65+ Race

Race	County %	NC %
White	60%	77%
Black or African American	31%	17%
Two or More Races	3%	2%
Some Other Race	2%	1%
Asian	2%	2%
American Indian and Alaska Native	1%	1%
Total	**100%**	**100%**

Social and Economic Characteristics
Population Age 65 and Older

	County %	NC %
0-99% Poverty	13%	10%
100-199% Poverty	22%	19%
Speaks English Less Than Very Well	3%	3%
Veterans	21%	16%
Living Alone	29%	27%
Less Than High School Education	14%	12%
High School Graduate (No College)	35%	29%
Has a Disability	40%	33%
In Labor Force	16%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	5%	3%
White Non-Hispanic/Latino	59%	76%

2,343
Age 60+ Grandparents responsible for Grandchildren

1,943
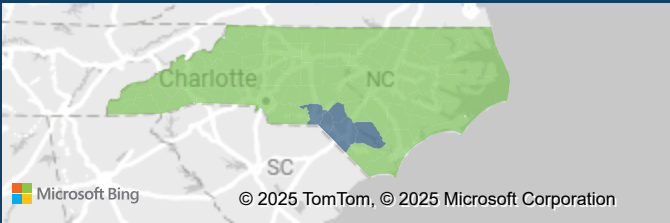Age 60+ Moved from Other States or Abroad

Region Aging Population Profile
Region: **N -Lumber River COG**

Select a Region
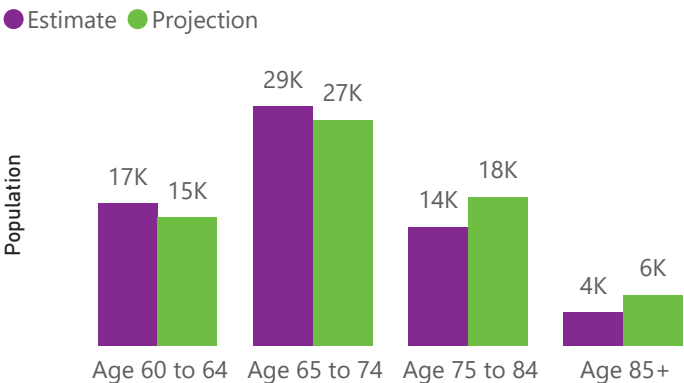Use the list and/or search box within the dropdown

N -Lumber River COG ▾

Microsoft Bing
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Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	68,554	70,588		25%	23%	3%
Age 18-44	94,870	111,437		34%	37%	17%
Age 45-59	49,210	55,053		18%	18%	12%
Age 60-64	16,935	15,289		6%	5%	-10%
Age 60+	63,646	66,059		23%	22%	4%
Age 65+	46,711	50,770		17%	17%	9%
Age 85+	4,016	6,076		1%	2%	51%
Total	276,280	303,137				10%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	17K	29K	14K	4K
Projection	15K	27K	18K	6K

Aging Region Rankings

Population Rank	Population 65+ Rank	Median Age*
10	**15**	**38.2**
People	People 65+	65+ as % of Total
276,280	**46,711**	**17%**

*Median age reflects the median of all constituent county median ages

1,682
Age 60+ Grandparents responsible for Grandchildren

661
Age 60+ Moved from Other States or Abroad

Age 65+ Race

Race	County %	NC %
White	50%	77%
Black or African American	29%	17%
American Indian and Alaska Native	18%	1%
Two or More Races	2%	2%
Some Other Race	1%	1%
Asian	1%	2%
Total	**100%**	**100%**

Social and Economic Characteristics
Population Age 65 and Older

	County %	NC %
0-99% Poverty	18%	10%
100-199% Poverty	28%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	15%	16%
Living Alone	30%	27%
Less Than High School Education	21%	12%
High School Graduate (No College)	34%	29%
Has a Disability	42%	33%
In Labor Force	14%	18%

Age 65+ Ethnicity

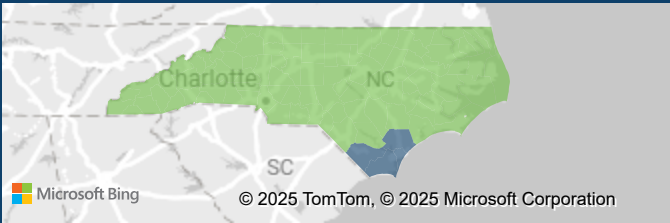|	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	49%	76%

Region Aging Population Profile
Region: **O - Cape Fear COG**

Select a Region
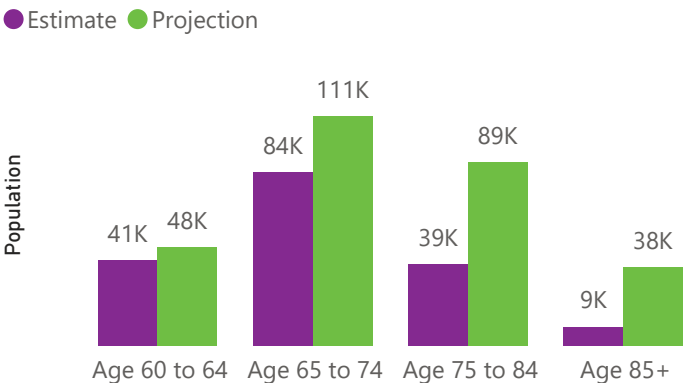Use the list and/or search box within the dropdown

O - Cape Fear COG ▾

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Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	88,487	98,132		17%	14%	11%
Age 18-44	160,897	196,435		31%	28%	22%
Age 45-59	94,672	118,706		18%	17%	25%
Age 60-64	41,421	47,719		8%	7%	15%
Age 60+	173,751	285,700		34%	41%	64%
Age 65+	132,330	237,981		26%	34%	80%
Age 85+	9,080	38,118		2%	5%	320%
Total	517,807	698,973				35%

Projected Growth in Next 20 Years

● Estimate ● Projection

- Age 60 to 64: 41K / 48K
- Age 65 to 74: 84K / 111K
- Age 75 to 84: 39K / 89K
- Age 85+: 9K / 38K

Aging Region Rankings

Population Rank	Population 65+ Rank	Median Age*
6	4	43.3
People	People 65+	65+ as % of Total
517,807	132,330	26%

*Median age reflects the median of all constituent county median ages

Age 65+ Race

Race	County %	NC %
White	86%	77%
Black or African American	10%	17%
Two or More Races	2%	2%
Some Other Race	1%	1%
Asian	1%	2%
American Indian and Alaska Native	1%	1%
Total	**100%**	**100%**

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	85%	76%

Social and Economic Characteristics
Population Age 65 and Older

	County %	NC %
0-99% Poverty	7%	10%
100-199% Poverty	15%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	17%	16%
Living Alone	25%	27%
Less Than High School Education	8%	12%
High School Graduate (No College)	26%	29%
Has a Disability	27%	33%
In Labor Force	17%	18%

1,663
Age 60+ Grandparents responsible for Grandchildren

4,574
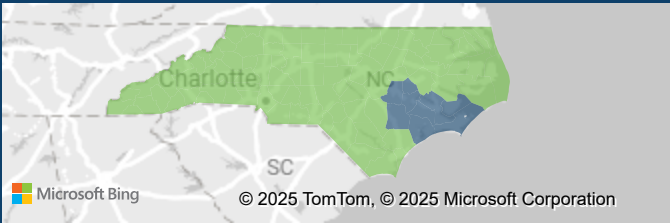Age 60+ Moved from Other States or Abroad

Region Aging Population Profile
Region: **P - Eastern Carolina COG**

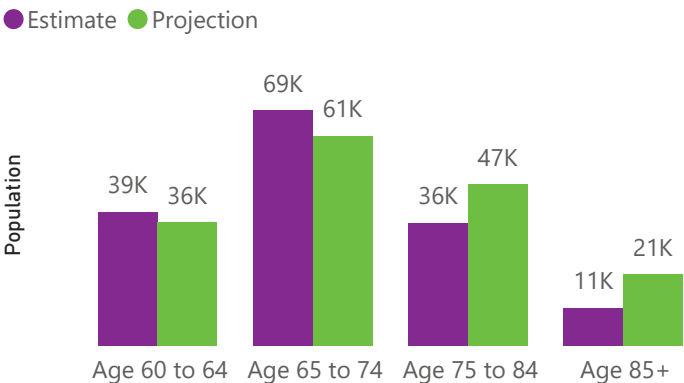**Select a Region**
Use the list and/or search box within the dropdown

P - Eastern Carolina COG ▼

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	147,805	166,058	23%	23%	12%
Age 18-44	247,431	263,564	38%	36%	7%
Age 45-59	100,399	128,888	15%	18%	28%
Age 60-64	39,047	36,003	6%	5%	-8%
Age 60+	154,459	165,015	24%	23%	7%
Age 65+	115,412	129,012	18%	18%	12%
Age 85+	11,018	20,752	2%	3%	88%
Total	650,094	723,525			11%

Projected Growth in Next 20 Years

● Estimate ● Projection

Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
39K / 36K	69K / 61K	36K / 47K	11K / 21K

Aging Region Rankings

Population Rank	Population 65+ Rank	Median Age*
4	**5**	**41.3**
People	People 65+	65+ as % of Total
650,094	**115,412**	**18%**

*Median age reflects the median of all constituent county median ages

Age 65+ Race

Race	County % ▼	NC %
White	75%	77%
Black or African American	21%	17%
Two or More Races	3%	2%
Asian	1%	2%
Some Other Race	1%	1%
American Indian and Alaska Native	0%	1%
Total	**100%**	**100%**

Social and Economic Characteristics
Population Age 65 and Older

	County %	NC %
0-99% Poverty	10%	10%
100-199% Poverty	20%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	21%	16%
Living Alone	28%	27%
Less Than High School Education	13%	12%
High School Graduate (No College)	32%	29%
Has a Disability	38%	33%
In Labor Force	16%	18%

3,000
Age 60+ Grandparents responsible for Grandchildren

2,856
Age 60+ Moved from Other States or Abroad

Age 65+ Ethnicity

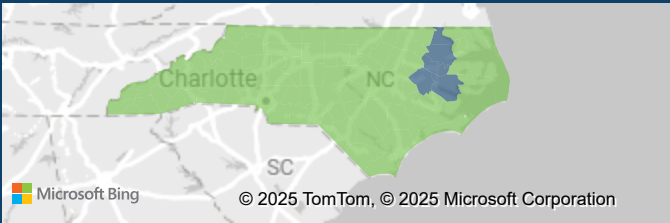|	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	74%	76%

Region Aging Population Profile
Region: **Q - Mid-East Commission**

Select a Region
Use the list and/or search box within the dropdown

Q - Mid-East Commission ▼

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Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	56,447	61,817		23%	23%	10%
Age 18-44	103,845	119,405		38%	36%	15%
Age 45-59	46,617	53,453		15%	18%	15%
Age 60-64	17,037	15,195		6%	5%	-11%
Age 60+	68,747	73,121		24%	23%	6%
Age 65+	51,710	57,926		18%	18%	12%
Age 85+	5,129	9,576		2%	3%	87%
Total	275,656	307,796				12%

Projected Growth in Next 20 Years

● Estimate ● Projection

Age 60 to 64: 17K / 15K
Age 65 to 74: 31K / 28K
Age 75 to 84: 16K / 21K
Age 85+: 5K / 10K

Aging Region Rankings

Population Rank	Population 65+ Rank	Median Age*
11	**11**	**43.8**
People	People 65+	65+ as % of Total
275,656	**51,710**	**19%**

*Median age reflects the median of all constituent county median ages

Age 65+ Race

Race	County %	NC %
White	63%	77%
Black or African American	34%	17%
Two or More Races	2%	2%
Some Other Race	1%	1%
Asian	1%	2%
American Indian and Alaska Native	0%	1%
Total	**100%**	**100%**

Social and Economic Characteristics
Population Age 65 and Older

	County %	NC %
0-99% Poverty	12%	10%
100-199% Poverty	20%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	16%	16%
Living Alone	29%	27%
Less Than High School Education	16%	12%
High School Graduate (No College)	32%	29%
Has a Disability	40%	33%
In Labor Force	16%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	62%	76%

1,101
Age 60+ Grandparents responsible for Grandchildren

1,258
Age 60+ Moved from Other States or Abroad

Region Aging Population Profile
Region: **R - Albemarle Commission**

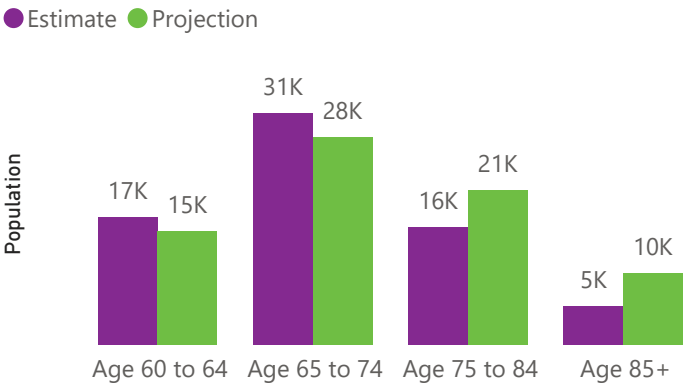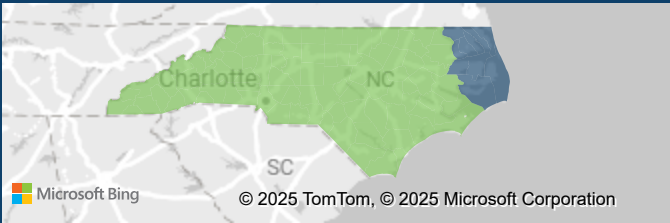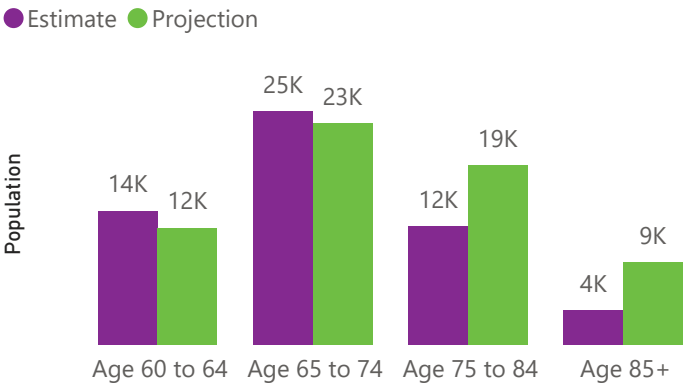### Select a Region
Use the list and/or search box within the dropdown

R - Albemarle Commission ⌄

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	35,495	37,260	20%	19%	5%
Age 18-44	54,512	63,292	31%	32%	16%
Age 45-59	32,693	36,584	18%	18%	12%
Age 60-64	14,106	12,313	8%	6%	-13%
Age 60+	54,853	63,289	31%	32%	15%
Age 65+	40,747	50,976	23%	25%	25%
Age 85+	3,657	8,697	2%	4%	138%
Total	177,553	200,425			13%

Projected Growth in Next 20 Years

● Estimate ● Projection

Age 60 to 64: 14K / 12K
Age 65 to 74: 25K / 23K
Age 75 to 84: 12K / 19K
Age 85+: 4K / 9K

Aging Region Rankings

Population Rank	Population 65+ Rank	Median Age*
16	**16**	**46.5**
People	People 65+	65+ as % of Total
177,553	40,747	23%

*Median age reflects the median of all constituent county median ages

Age 65+ Race

Race	County %	NC %
White	77%	77%
Black or African American	20%	17%
Two or More Races	2%	2%
Some Other Race	1%	1%
Asian	0%	2%
American Indian and Alaska Native	0%	1%
Total	**100%**	**100%**

Social and Economic Characteristics
Population Age 65 and Older

	County %	NC %
0-99% Poverty	8%	10%
100-199% Poverty	19%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	18%	16%
Living Alone	27%	27%
Less Than High School Education	12%	12%
High School Graduate (No College)	30%	29%
Has a Disability	34%	33%
In Labor Force	20%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	1%	3%
White Non-Hispanic/Latino	76%	76%

604 Age 60+ Grandparents responsible for Grandchildren

2,147 Age 60+ Moved from Other States or Abroad
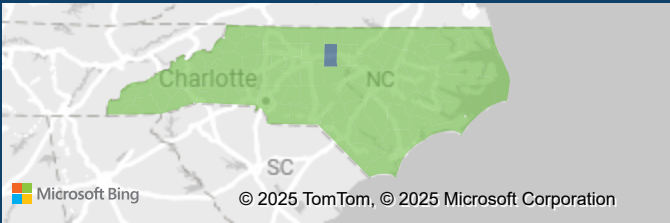
County Aging Population Profile

County: **Alamance**

Region: **G - Piedmont Triad Regional Council**

Select a County

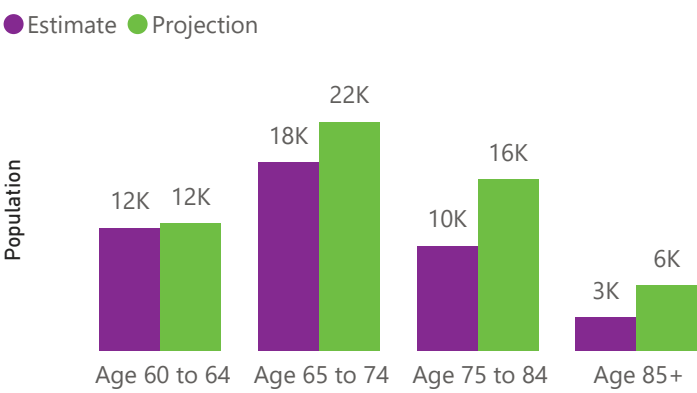Use the list and/or search box within the dropdown

Alamance County, North Carolina ▾

Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	39,638	44,038		22%	20%	11%
Age 18-44	64,090	79,991		35%	36%	25%
Age 45-59	34,150	40,678		19%	18%	19%
Age 60-64	11,821	12,243		7%	6%	4%
Age 60+	43,219	57,040		24%	26%	32%
Age 65+	31,398	44,797		17%	20%	43%
Age 85+	3,221	6,317		2%	3%	96%
Total	181,097	221,747				22%

Projected Growth in Next 20 Years

● Estimate ● Projection

Age 60 to 64: 12K / 12K
Age 65 to 74: 18K / 22K
Age 75 to 84: 10K / 16K
Age 85+: 3K / 6K

County Rankings

Population Rank	Population 65+ Rank	Median Age
15	**18**	**38.7**
People	People 65+	65+ as % of Total
181,097	31,398	17%

622
Age 60+ Grandparents responsible for Grandchildren

696
Age 60+ Moved from Other States or Abroad

$46,737
Age 65+ Median Household Income

Age 65+ Race

Race ▲	County %	NC %
White	77%	77%
Black or African American	17%	17%
American Indian and Alaska Native	0%	1%
Asian	1%	2%
Some Other Race	3%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	10%	10%
100-199% Poverty	21%	19%
Speaks English Less Than Very Well	3%	3%
Veterans	16%	16%
Living Alone	29%	27%
Less Than High School Education	12%	12%
High School Graduate (No College)	33%	29%
Has a Disability	34%	33%
In Labor Force	18%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	3%	3%
White Non-Hispanic/Latino	76%	76%

County Aging Population Profile

County: Alexander
Region: E - Western Piedmont COG

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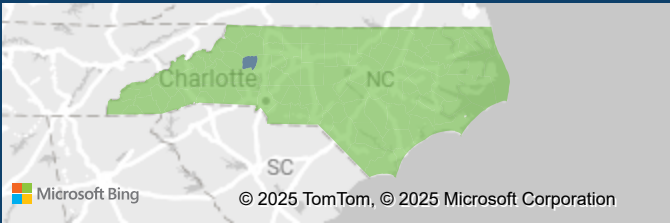
Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	7,007	6,985	19%	19%	-0%
Age 18-44	11,557	11,825	32%	32%	2%
Age 45-59	7,442	7,274	21%	20%	-2%
Age 60-64	2,607	2,175	7%	6%	-17%
Age 60+	10,225	10,817	28%	29%	6%
Age 65+	7,618	8,642	21%	23%	13%
Age 85+	714	1,200	2%	3%	68%
Total	36,231	36,901			2%

Projected Growth in Next 20 Years

● Estimate ● Projection
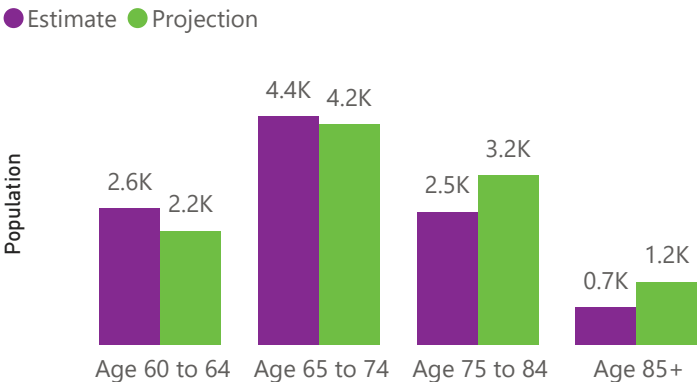
County Rankings

Population Rank	Population 65+ Rank	Median Age
67	**68**	**44.0**
People	People 65+	65+ as % of Total
36,231	**7,618**	**21%**

91
Age 60+ Grandparents responsible for Grandchildren

47
Age 60+ Moved from Other States or Abroad

$41,840
Age 65+ Median Household Income

Age 65+ Race

Race ▲	County %	NC %
White	92%	77%
Black or African American	5%	17%
American Indian and Alaska Native	0%	1%
Asian	2%	2%
Some Other Race	0%	1%
Two or More Races	1%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	10%	10%
100-199% Poverty	24%	19%
Speaks English Less Than Very Well	0%	3%
Veterans	15%	16%
Living Alone	29%	27%
Less Than High School Education	18%	12%
High School Graduate (No College)	45%	29%
Has a Disability	42%	33%
In Labor Force	17%	18%

Age 65+ Ethnicity

|	County %	NC %
Hispanic/Latino	0%	3%
White Non-Hispanic/Latino	91%	76%

County Aging Population Profile

County: **Alleghany**
Region: **D - High Country COG**

Select a County
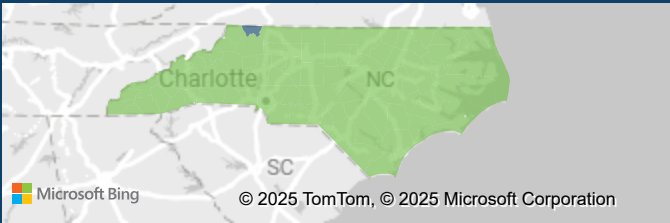
Use the list and/or search box within the dropdown

Alleghany County, North Carolina ⌄

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	1,976	2,033	17%	17%	3%
Age 18-44	3,283	3,442	29%	29%	5%
Age 45-59	2,155	2,429	19%	21%	13%
Age 60-64	905	631	8%	5%	-30%
Age 60+	4,099	3,826	36%	33%	-7%
Age 65+	3,194	3,195	28%	27%	0%
Age 85+	349	656	3%	6%	88%
Total	11,513	11,730			2%

Projected Growth in Next 20 Years

● Estimate ● Projection
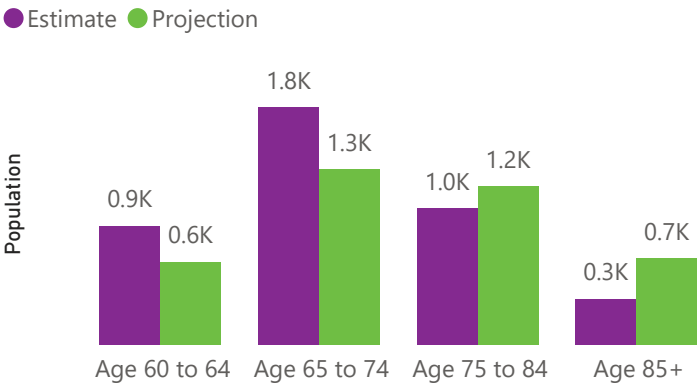
County Rankings

Population Rank	Population 65+ Rank	Median Age
93	92	48.9
People	People 65+	65+ as % of Total
11,513	3,194	28%

Age 65+ Race

Race ▲	County %	NC %
White	91%	77%
Black or African American	3%	17%
American Indian and Alaska Native	0%	1%
Asian	1%	2%
Some Other Race	0%	1%
Two or More Races	5%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	13%	10%
100-199% Poverty	29%	19%
Speaks English Less Than Very Well	2%	3%
Veterans	13%	16%
Living Alone	26%	27%
Less Than High School Education	13%	12%
High School Graduate (No College)	35%	29%
Has a Disability	28%	33%
In Labor Force	13%	18%

111
Age 60+ Grandparents responsible for Grandchildren

57
Age 60+ Moved from Other States or Abroad

$37,600
Age 65+ Median Household Income

Age 65+ Ethnicity

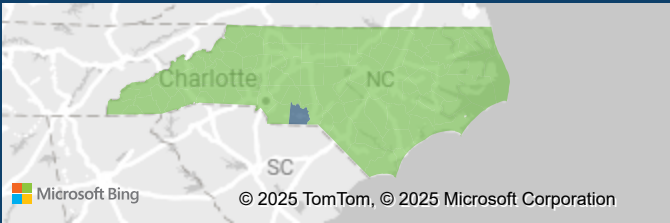|	County %	NC %
Hispanic/Latino	4%	3%
White Non-Hispanic/Latino	88%	76%

County Aging Population Profile

County: Anson
Region: F - Centralina COG

Select a County

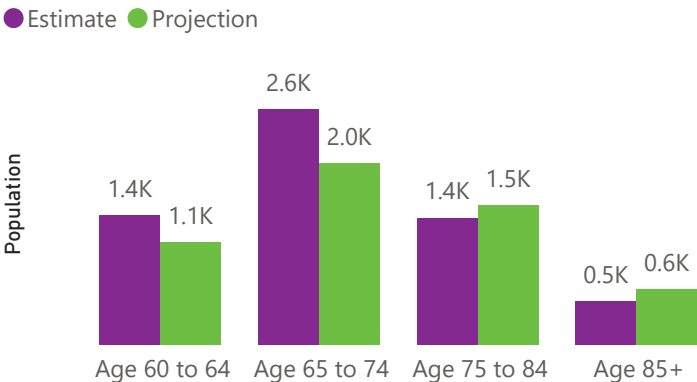Use the list and/or search box within the dropdown

Anson County, North Carolina ⌄

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Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	4,427	4,365		20%	21%	-1%
Age 18-44	7,292	7,141		34%	34%	-2%
Age 45-59	4,010	4,226		19%	20%	5%
Age 60-64	1,421	1,131		7%	5%	-20%
Age 60+	5,890	5,274		27%	25%	-10%
Age 65+	4,469	4,143		21%	20%	-7%
Age 85+	478	606		2%	3%	27%
Total	21,619	21,006				-3%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	1.4K	2.6K	1.4K	0.5K
Projection	1.1K	2.0K	1.5K	0.6K

County Rankings

Population Rank	Population 65+ Rank	Median Age
77	**82**	**41.3**
People	People 65+	65+ as % of Total
21,619	4,469	21%

Age 65+ Race

Race ▲	County %	NC %
White	57%	77%
Black or African American	41%	17%
American Indian and Alaska Native	0%	1%
Asian	1%	2%
Some Other Race	0%	1%
Two or More Races	1%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	15%	10%
100-199% Poverty	28%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	18%	16%
Living Alone	34%	27%
Less Than High School Education	22%	12%
High School Graduate (No College)	37%	29%
Has a Disability	43%	33%
In Labor Force	18%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	0%	3%
White Non-Hispanic/Latino	57%	76%

142
Age 60+ Grandparents responsible for Grandchildren

51
Age 60+ Moved from Other States or Abroad

$34,729
Age 65+ Median Household Income

County Aging Population Profile

County: **Ashe**
Region: **D - High Country COG**

Select a County

Use the list and/or search box within the dropdown

Ashe County, North Carolina ▾

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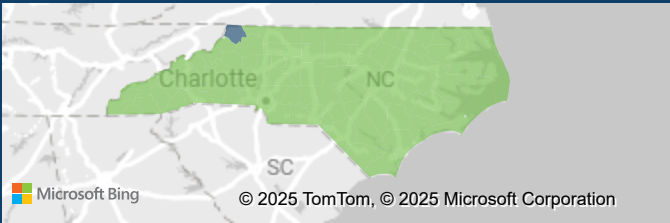
Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	4,457	4,312		17%	16%	-3%
Age 18-44	7,284	7,673		27%	29%	5%
Age 45-59	5,163	4,628		19%	17%	-10%
Age 60-64	2,207	1,679		8%	6%	-24%
Age 60+	9,790	9,965		37%	37%	2%
Age 65+	7,583	8,286		28%	31%	9%
Age 85+	777	1,493		3%	6%	92%
Total	26,694	26,578				-0%

Projected Growth in Next 20 Years

● Estimate ● Projection
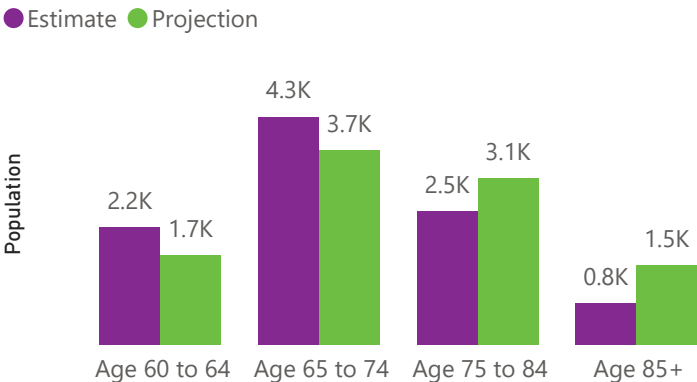
County Rankings

Population Rank	Population 65+ Rank	Median Age
73	**69**	**50.1**
People	People 65+	65+ as % of Total
26,694	7,583	28%

Age 65+ Race

Race	County %	NC %
White	97%	77%
Black or African American	1%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	0%	1%
Two or More Races	1%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	11%	10%
100-199% Poverty	24%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	15%	16%
Living Alone	26%	27%
Less Than High School Education	16%	12%
High School Graduate (No College)	29%	29%
Has a Disability	39%	33%
In Labor Force	14%	18%

217
Age 60+ Grandparents responsible for Grandchildren

150
Age 60+ Moved from Other States or Abroad

$43,444
Age 65+ Median Household Income

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	1%	3%
White Non-Hispanic/Latino	97%	76%

# County Aging Population Profile

County: **Avery**
Region: **D - High Country COG**

Select a County

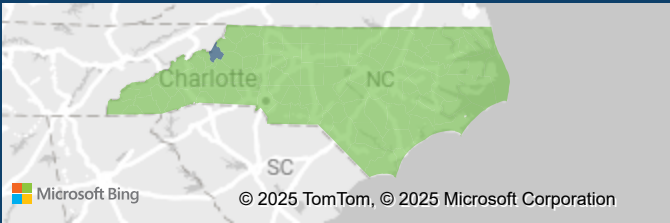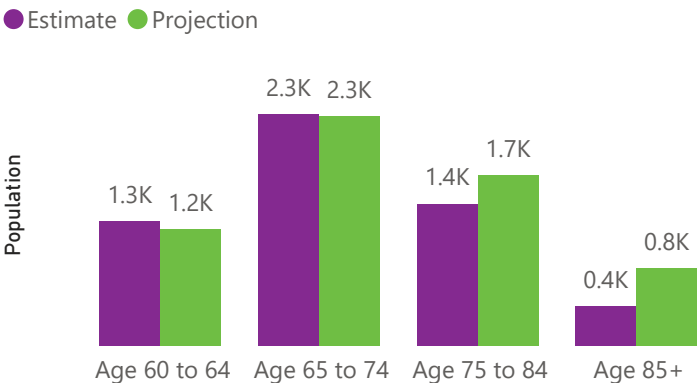Use the list and/or search box within the dropdown

Avery County, North Carolina ▼

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	2,649	2,517	15%	14%	-5%
Age 18-44	5,787	5,376	33%	31%	-7%
Age 45-59	3,646	3,665	21%	21%	1%
Age 60-64	1,258	1,177	7%	7%	-6%
Age 60+	5,428	6,000	31%	34%	11%
Age 65+	4,170	4,823	24%	27%	16%
Age 85+	396	781	2%	4%	97%
Total	17,510	17,558			0%

Projected Growth in Next 20 Years

● Estimate ● Projection

Age 60 to 64: 1.3K / 1.2K
Age 65 to 74: 2.3K / 2.3K
Age 75 to 84: 1.4K / 1.7K
Age 85+: 0.4K / 0.8K

County Rankings

Population Rank	Population 65+ Rank	Median Age
84	84	46.2
People	People 65+	65+ as % of Total
17,510	4,170	24%

Age 65+ Race

Race ▲	County %	NC %
White	97%	77%
Black or African American	1%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	1%	1%
Two or More Races	1%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	8%	10%
100-199% Poverty	24%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	14%	16%
Living Alone	24%	27%
Less Than High School Education	13%	12%
High School Graduate (No College)	28%	29%
Has a Disability	36%	33%
In Labor Force	13%	18%

59 Age 60+ Grandparents responsible for Grandchildren

135 Age 60+ Moved from Other States or Abroad

$53,804 Age 65+ Median Household Income

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	1%	3%
White Non-Hispanic/Latino	97%	76%

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County Aging Population Profile

County: **Beaufort**
Region: **Q - Mid-East Commission**

Select a County

Use the list and/or search box within the dropdown

Beaufort County, North Carolina	⌄

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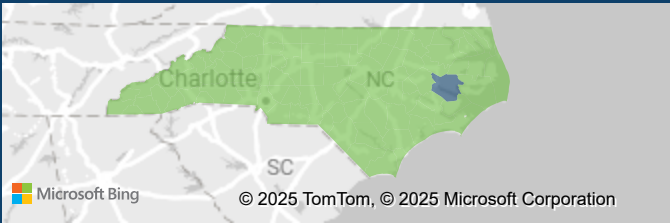
Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	8,432	8,959		19%	20%	6%
Age 18-44	12,367	14,004		28%	32%	13%
Age 45-59	8,258	7,526		19%	17%	-9%
Age 60-64	3,340	2,352		8%	5%	-30%
Age 60+	14,946	13,330		34%	30%	-11%
Age 65+	11,606	10,978		26%	25%	-5%
Age 85+	1,056	2,044		2%	5%	94%
Total	44,003	43,819				-0%

Projected Growth in Next 20 Years

● Estimate ● Projection

Age 60 to 64: 3.3K / 2.4K
Age 65 to 74: 6.7K / 5.0K
Age 75 to 84: 3.9K / 4.0K
Age 85+: 1.1K / 2.0K

County Rankings

Population Rank	Population 65+ Rank	Median Age
59	47	47.3
People	People 65+	65+ as % of Total
44,003	11,606	26%

293 Age 60+ Grandparents responsible for Grandchildren

232 Age 60+ Moved from Other States or Abroad

$48,252 Age 65+ Median Household Income

Age 65+ Race

Race ▲	County %	NC %
White	78%	77%
Black or African American	20%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	0%	1%
Two or More Races	1%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	12%	10%
100-199% Poverty	17%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	18%	16%
Living Alone	25%	27%
Less Than High School Education	12%	12%
High School Graduate (No College)	32%	29%
Has a Disability	37%	33%
In Labor Force	15%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	1%	3%
White Non-Hispanic/Latino	78%	76%

# County Aging Population Profile

County: **Bertie**
Region: **Q - Mid-East Commission**

Select a County

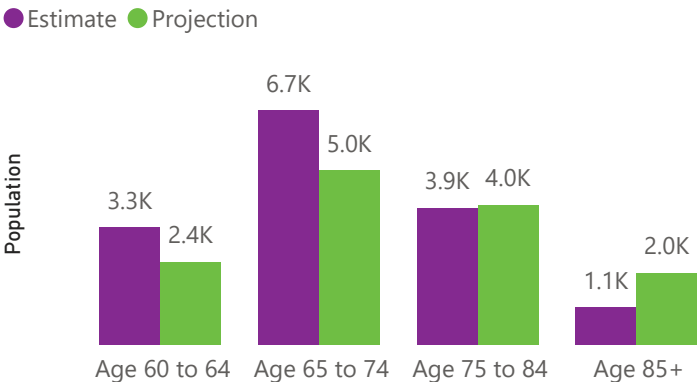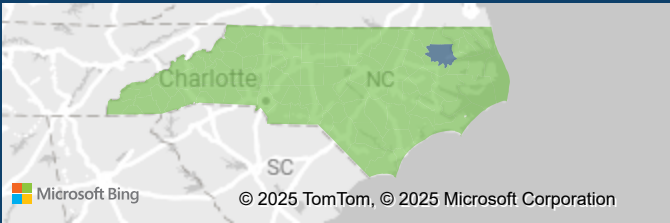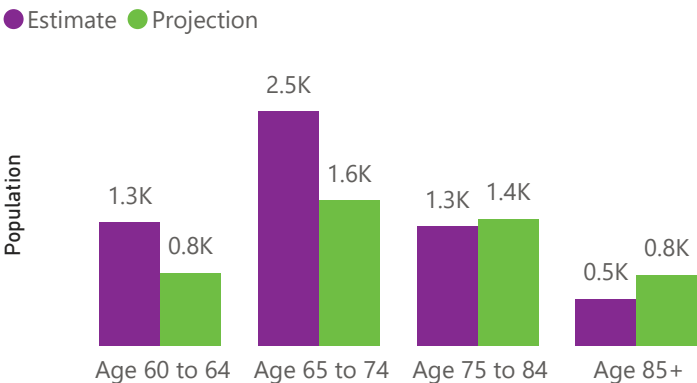Use the list and/or search box within the dropdown

Bertie County, North Carolina ▾

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	2,976	2,730	18%	17%	-8%
Age 18-44	5,354	5,035	32%	32%	-6%
Age 45-59	2,948	3,471	17%	22%	18%
Age 60-64	1,315	775	8%	5%	-41%
Age 60+	5,578	4,432	33%	28%	-21%
Age 65+	4,263	3,657	25%	23%	-14%
Age 85+	499	754	3%	5%	51%
Total	16,856	15,668			-7%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	1.3K	2.5K	1.3K	0.5K
Projection	0.8K	1.6K	1.4K	0.8K

County Rankings

Population Rank	Population 65+ Rank	Median Age
85	**83**	**46.1**
People	People 65+	65+ as % of Total
16,856	**4,263**	**25%**

Age 65+ Race

Race ▲	County %	NC %
White	42%	77%
Black or African American	56%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	0%	1%
Two or More Races	3%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	14%	10%
100-199% Poverty	37%	19%
Speaks English Less Than Very Well	0%	3%
Veterans	12%	16%
Living Alone	31%	27%
Less Than High School Education	27%	12%
High School Graduate (No College)	32%	29%
Has a Disability	42%	33%
In Labor Force	8%	18%

73
Age 60+ Grandparents responsible for Grandchildren

48
Age 60+ Moved from Other States or Abroad

$36,325
Age 65+ Median Household Income

Age 65+ Ethnicity

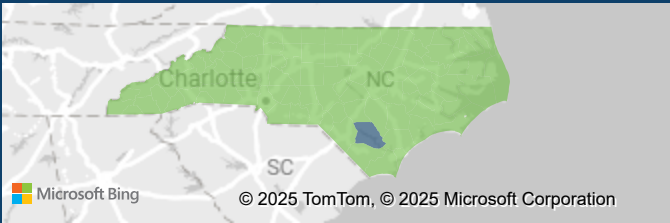|	County %	NC %
Hispanic/Latino	0%	3%
White Non-Hispanic/Latino	42%	76%

County Aging Population Profile

County: **Bladen**

Region: **N -Lumber River COG**

Select a County

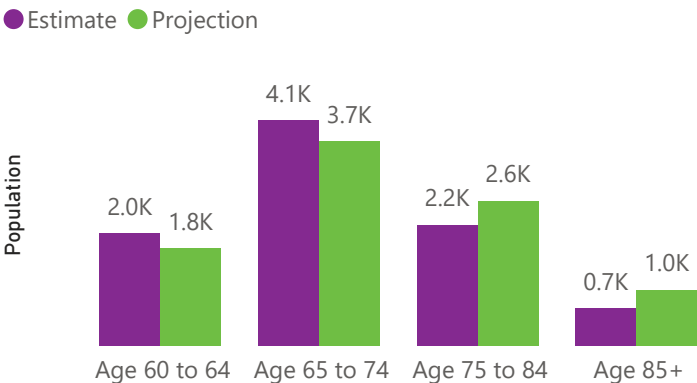Use the list and/or search box within the dropdown

Bladen County, North Carolina ▾

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Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.	Proj. Growth	
Age 0-17	6,116	8,359		21%	23%		37%
Age 18-44	8,589	12,558		29%	34%		46%
Age 45-59	5,467	6,439		19%	18%		18%
Age 60-64	2,034	1,767		7%	5%		-13%
Age 60+	8,981	9,106		31%	25%		1%
Age 65+	6,947	7,339		24%	20%		6%
Age 85+	672	1,011		2%	3%		50%
Total	29,153	36,462					25%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	2.0K	4.1K	2.2K	0.7K
Projection	1.8K	3.7K	2.6K	1.0K

County Rankings

Population Rank	Population 65+ Rank	Median Age
72	70	44.4
People	People 65+	65+ as % of Total
29,153	6,947	24%

Age 65+ Race

Race ▲	County %	NC %
White	64%	77%
Black or African American	33%	17%
American Indian and Alaska Native	2%	1%
Asian	0%	2%
Some Other Race	0%	1%
Two or More Races	1%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	16%	10%
100-199% Poverty	25%	19%
Speaks English Less Than Very Well	0%	3%
Veterans	16%	16%
Living Alone	31%	27%
Less Than High School Education	11%	12%
High School Graduate (No College)	36%	29%
Has a Disability	31%	33%
In Labor Force	15%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	63%	76%

49
Age 60+ Grandparents responsible for Grandchildren

95
Age 60+ Moved from Other States or Abroad

$36,267
Age 65+ Median Household Income
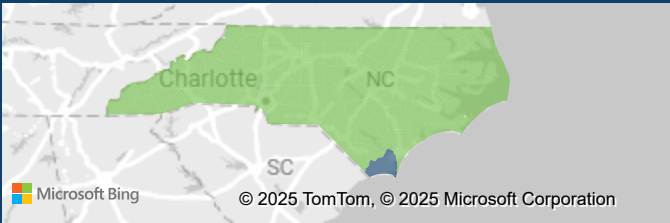
County Aging Population Profile

County: **Brunswick**

Region: **O - Cape Fear COG**

Select a County

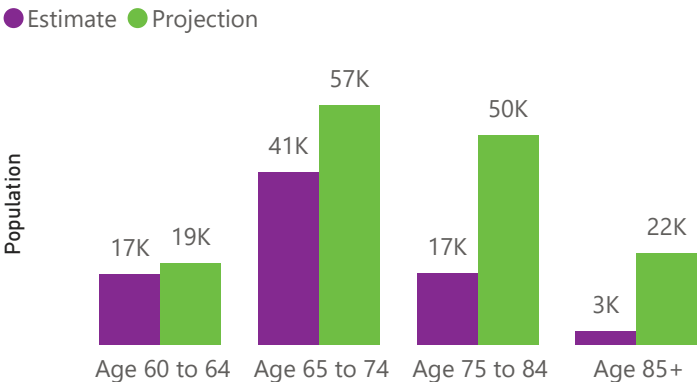Use the list and/or search box within the dropdown

Brunswick County, North Carolina ▼

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	20,770	23,511	13%	9%	13%
Age 18-44	34,618	43,624	22%	17%	26%
Age 45-59	27,122	35,439	17%	14%	31%
Age 60-64	16,754	19,289	10%	8%	15%
Age 60+	77,930	147,866	49%	59%	90%
Age 65+	61,176	128,577	38%	51%	110%
Age 85+	3,103	21,804	2%	9%	603%
Total	160,440	250,440			56%

Projected Growth in Next 20 Years

● Estimate ● Projection

Population

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	17K	41K	17K	3K
Projection	19K	57K	50K	22K

County Rankings

Population Rank	Population 65+ Rank	Median Age
19	**5**	**59.1**
People	People 65+	65+ as % of Total
160,440	61,176	38%

697
Age 60+ Grandparents responsible for Grandchildren

2,507
Age 60+ Moved from Other States or Abroad

$69,724
Age 65+ Median Household Income

Age 65+ Race

Race	County %	NC %
White	91%	77%
Black or African American	6%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	1%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	6%	10%
100-199% Poverty	12%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	18%	16%
Living Alone	18%	27%
Less Than High School Education	6%	12%
High School Graduate (No College)	25%	29%
Has a Disability	23%	33%
In Labor Force	14%	18%

Age 65+ Ethnicity

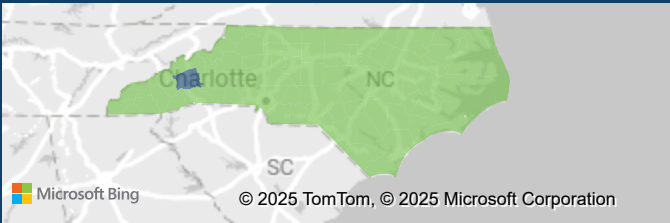|	County %	NC %
Hispanic/Latino	1%	3%
White Non-Hispanic/Latino	91%	76%

County Aging Population Profile

County: **Buncombe**
Region: **B - Land of Sky Regional Council**

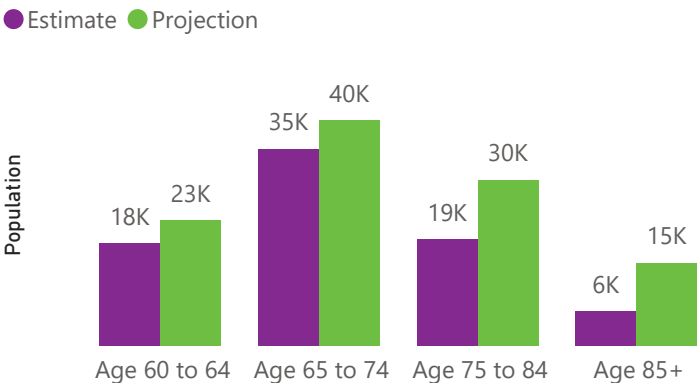## Select a County

Use the list and/or search box within the dropdown

Buncombe County, North Carolina ▼

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Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	48,978	47,112		18%	14%	-4%
Age 18-44	96,806	107,389		35%	32%	11%
Age 45-59	52,371	74,643		19%	22%	43%
Age 60-64	18,344	22,526		7%	7%	23%
Age 60+	78,892	107,628		28%	32%	36%
Age 65+	60,548	85,102		22%	25%	41%
Age 85+	6,130	14,892		2%	4%	143%
Total	277,047	336,772				22%

Projected Growth in Next 20 Years

● Estimate ● Projection

Age 60 to 64: 18K / 23K
Age 65 to 74: 35K / 40K
Age 75 to 84: 19K / 30K
Age 85+: 6K / 15K

County Rankings

Population Rank	Population 65+ Rank	Median Age
7	**6**	**43.1**
People	People 65+	65+ as % of Total
277,047	60,548	22%

Age 65+ Race

Race ▲	County %	NC %
White	92%	77%
Black or African American	4%	17%
American Indian and Alaska Native	0%	1%
Asian	1%	2%
Some Other Race	1%	1%
Two or More Races	3%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	9%	10%
100-199% Poverty	17%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	15%	16%
Living Alone	25%	27%
Less Than High School Education	7%	12%
High School Graduate (No College)	25%	29%
Has a Disability	30%	33%
In Labor Force	16%	18%

377
Age 60+ Grandparents responsible for Grandchildren

1,607
Age 60+ Moved from Other States or Abroad

$58,248
Age 65+ Median Household Income

Age 65+ Ethnicity

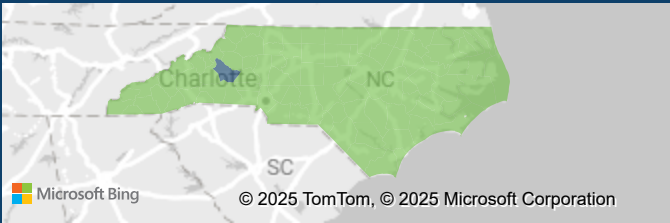|	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	91%	76%

County Aging Population Profile

County: **Burke**

Region: **E - Western Piedmont COG**

Select a County
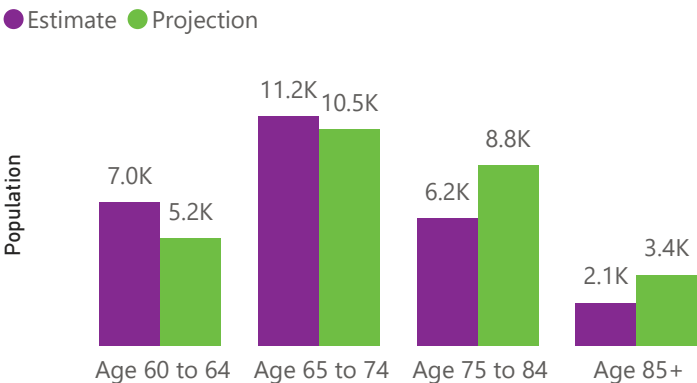
Use the list and/or search box within the dropdown

Burke County, North Carolina ▼

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	17,151	15,797	19%	17%	-8%
Age 18-44	28,272	29,853	31%	32%	6%
Age 45-59	18,114	18,428	20%	20%	2%
Age 60-64	6,986	5,235	8%	6%	-25%
Age 60+	26,437	27,955	29%	30%	6%
Age 65+	19,451	22,720	22%	25%	17%
Age 85+	2,080	3,442	2%	4%	65%
Total	89,974	92,033			2%

Projected Growth in Next 20 Years

● Estimate ● Projection

Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
7.0K / 5.2K	11.2K / 10.5K	6.2K / 8.8K	2.1K / 3.4K

County Rankings

Population Rank	Population 65+ Rank	Median Age
33	**32**	**44.5**
People	People 65+	65+ as % of Total
89,974	19,451	22%

629
Age 60+ Grandparents responsible for Grandchildren

402
Age 60+ Moved from Other States or Abroad

$45,696
Age 65+ Median Household Income

Age 65+ Race

Race ▲	County %	NC %
White	91%	77%
Black or African American	5%	17%
American Indian and Alaska Native	0%	1%
Asian	1%	2%
Some Other Race	2%	1%
Two or More Races	1%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	9%	10%
100-199% Poverty	23%	19%
Speaks English Less Than Very Well	3%	3%
Veterans	16%	16%
Living Alone	27%	27%
Less Than High School Education	15%	12%
High School Graduate (No College)	35%	29%
Has a Disability	40%	33%
In Labor Force	16%	18%

Age 65+ Ethnicity

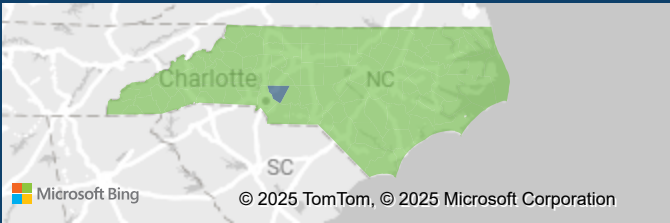|	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	90%	76%

County Aging Population Profile

County: **Cabarrus**

Region: **F - Centralina COG**

Select a County

Use the list and/or search box within the dropdown

Cabarrus County, North Carolina ▾

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Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.	Proj. Growth	
Age 0-17	59,624	72,738		25%	22%		22%
Age 18-44	86,519	118,188		36%	35%		37%
Age 45-59	49,411	66,199		20%	20%		34%
Age 60-64	13,685	19,720		6%	6%		44%
Age 60+	47,326	80,325		19%	24%		70%
Age 65+	33,641	60,605		14%	18%		80%
Age 85+	2,905	7,976		1%	2%		175%
Total	242,880	337,450					39%

Projected Growth in Next 20 Years

● Estimate ● Projection
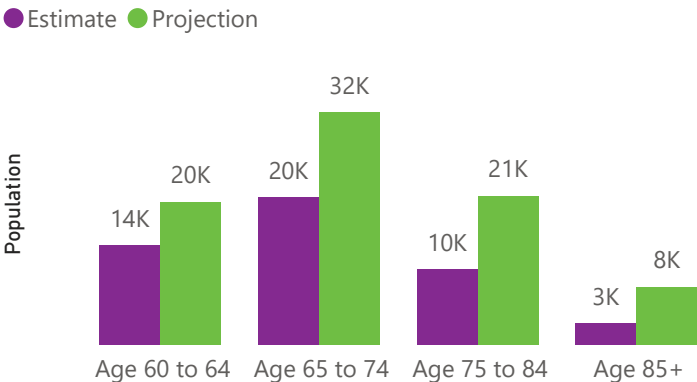
County Rankings

Population Rank	Population 65+ Rank	Median Age
9	**15**	**38.0**
People	People 65+	65+ as % of Total
242,880	33,641	14%

Age 65+ Race

Race ▲	County %	NC %
White	80%	77%
Black or African American	14%	17%
American Indian and Alaska Native	0%	1%
Asian	2%	2%
Some Other Race	1%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	9%	10%
100-199% Poverty	17%	19%
Speaks English Less Than Very Well	4%	3%
Veterans	14%	16%
Living Alone	21%	27%
Less Than High School Education	12%	12%
High School Graduate (No College)	32%	29%
Has a Disability	32%	33%
In Labor Force	16%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	4%	3%
White Non-Hispanic/Latino	79%	76%

766
Age 60+ Grandparents responsible for Grandchildren

745
Age 60+ Moved from Other States or Abroad

$55,225
Age 65+ Median Household Income
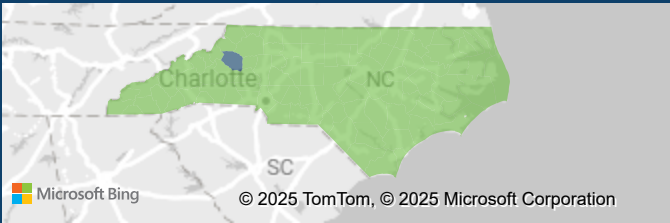
County Aging Population Profile

County: Caldwell
Region: E - Western Piedmont COG

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	15,936	15,185	19%	18%	-5%
Age 18-44	25,624	27,917	31%	34%	9%
Age 45-59	16,898	16,179	21%	19%	-4%
Age 60-64	6,078	4,550	7%	5%	-25%
Age 60+	23,502	23,976	29%	29%	2%
Age 65+	17,424	19,426	21%	23%	11%
Age 85+	1,461	2,600	2%	3%	78%
Total	81,960	83,257			2%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	6.1K	10.2K	5.7K	1.5K
Projection	4.6K	9.5K	7.3K	2.6K
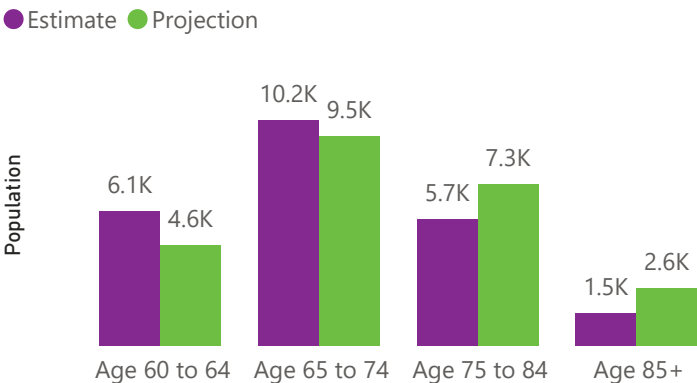
County Rankings

Population Rank	Population 65+ Rank	Median Age
34	**36**	**44.3**
People	People 65+	65+ as % of Total
81,960	17,424	21%

Age 65+ Race

Race	County %	NC %
White	92%	77%
Black or African American	3%	17%
American Indian and Alaska Native	0%	1%
Asian	1%	2%
Some Other Race	1%	1%
Two or More Races	3%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	10%	10%
100-199% Poverty	31%	19%
Speaks English Less Than Very Well	2%	3%
Veterans	15%	16%
Living Alone	29%	27%
Less Than High School Education	21%	12%
High School Graduate (No College)	34%	29%
Has a Disability	36%	33%
In Labor Force	18%	18%

284 Age 60+ Grandparents responsible for Grandchildren

147 Age 60+ Moved from Other States or Abroad

$39,474 Age 65+ Median Household Income

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	91%	76%

County Aging Population Profile

County: Camden

Region: R - Albemarle Commission

Select a County
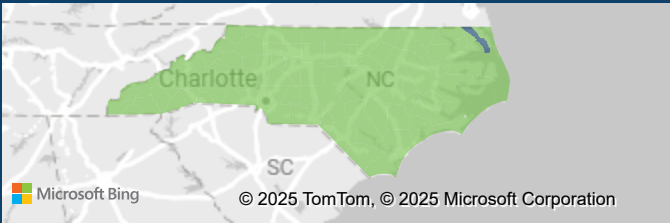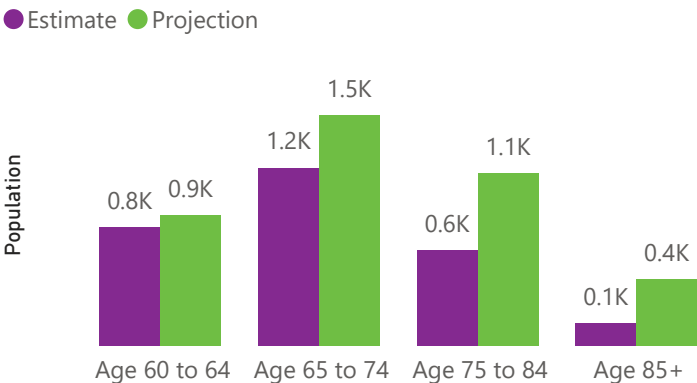
Use the list and/or search box within the dropdown

Camden County, North Carolina ▾

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County Rankings

	Population Rank	Population 65+ Rank	Median Age
	94	**98**	**42.4**
	People	People 65+	65+ as % of Total
	10,737	**1,956**	**18%**

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	2,230	2,160	21%	17%	-3%
Age 18-44	3,542	4,319	33%	34%	22%
Age 45-59	2,226	2,427	21%	19%	9%
Age 60-64	783	861	7%	7%	10%
Age 60+	2,739	3,958	26%	31%	45%
Age 65+	1,956	3,097	18%	24%	58%
Age 85+	149	437	1%	3%	193%
Total	10,737	12,864			20%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	0.8K	1.2K	0.6K	0.1K
Projection	0.9K	1.5K	1.1K	0.4K

Age 65+ Race

Race	County %	NC %
White	82%	77%
Black or African American	15%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	0%	1%
Two or More Races	3%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	6%	10%
100-199% Poverty	22%	19%
Speaks English Less Than Very Well	0%	3%
Veterans	21%	16%
Living Alone	22%	27%
Less Than High School Education	10%	12%
High School Graduate (No College)	38%	29%
Has a Disability	44%	33%
In Labor Force	11%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	0%	3%
White Non-Hispanic/Latino	82%	76%

32 Age 60+ Grandparents responsible for Grandchildren

26 Age 60+ Moved from Other States or Abroad

$51,034 Age 65+ Median Household Income
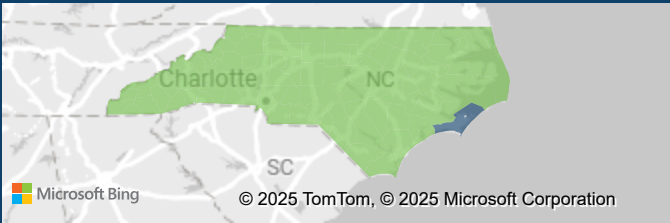
County Aging Population Profile

County: **Carteret**

Region: **P - Eastern Carolina COG**

Select a County

Use the list and/or search box within the dropdown

Carteret County, North Carolina ▼

Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	11,262	10,232		16%	13%	-9%
Age 18-44	18,843	20,464		27%	26%	9%
Age 45-59	13,842	14,099		20%	18%	2%
Age 60-64	6,312	6,250		9%	8%	-1%
Age 60+	26,321	34,914		37%	44%	33%
Age 65+	20,009	28,664		28%	36%	43%
Age 85+	1,699	4,538		2%	6%	167%
Total	70,268	79,709				13%

Projected Growth in Next 20 Years

● Estimate ● Projection
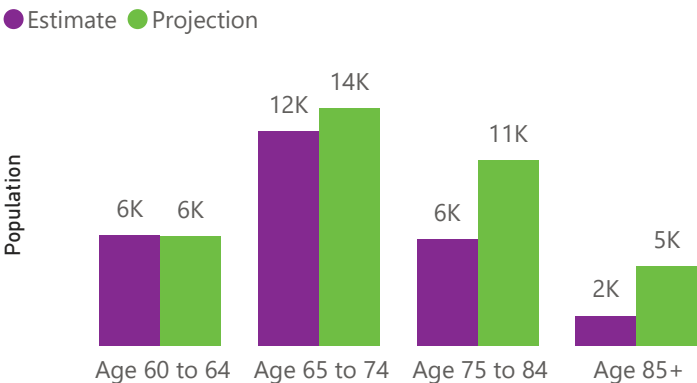
County Rankings

Population Rank	Population 65+ Rank	Median Age
39	**29**	**51.2**
People	People 65+	65+ as % of Total
70,268	20,009	28%

Age 65+ Race

Race ▲	County %	NC %
White	93%	77%
Black or African American	4%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	0%	1%
Two or More Races	3%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	7%	10%
100-199% Poverty	17%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	21%	16%
Living Alone	27%	27%
Less Than High School Education	8%	12%
High School Graduate (No College)	25%	29%
Has a Disability	34%	33%
In Labor Force	17%	18%

361 Age 60+ Grandparents responsible for Grandchildren

473 Age 60+ Moved from Other States or Abroad

$58,220 Age 65+ Median Household Income

Age 65+ Ethnicity

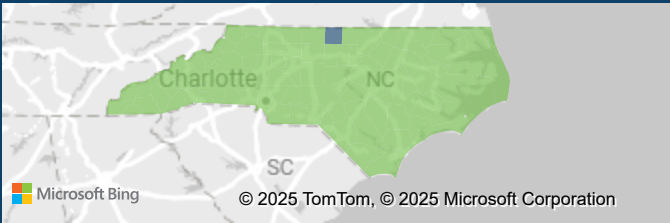|	County %	NC %
Hispanic/Latino	1%	3%
White Non-Hispanic/Latino	92%	76%

County Aging Population Profile

County: **Caswell**
Region: **G - Piedmont Triad Regional Council**

**Select a County**
Use the list and/or search box within the dropdown

Caswell County, North Carolina ▾

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Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	3,991	3,804		18%	17%	-5%
Age 18-44	6,914	7,165		31%	32%	4%
Age 45-59	4,506	4,628		20%	21%	3%
Age 60-64	1,671	1,237		7%	6%	-26%
Age 60+	7,050	6,864		31%	31%	-3%
Age 65+	5,379	5,627		24%	25%	5%
Age 85+	560	916		2%	4%	64%
Total	22,461	22,461				0%

Projected Growth in Next 20 Years

● Estimate ● Projection
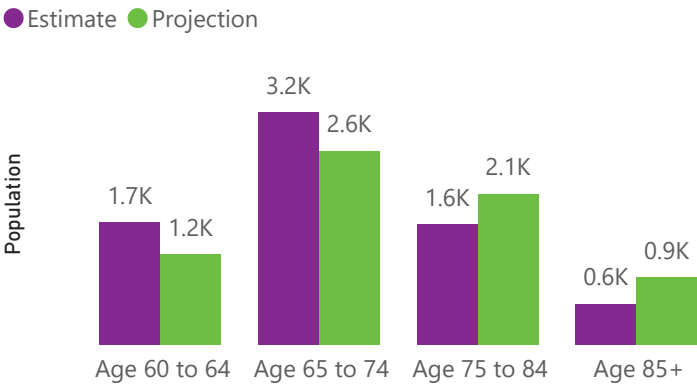
County Rankings

Population Rank	Population 65+ Rank	Median Age
75	**77**	**46.5**
People	People 65+	65+ as % of Total
22,461	5,379	24%

Age 65+ Race

Race ▲	County %	NC %
White	62%	77%
Black or African American	35%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	0%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	12%	10%
100-199% Poverty	22%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	13%	16%
Living Alone	26%	27%
Less Than High School Education	18%	12%
High School Graduate (No College)	39%	29%
Has a Disability	36%	33%
In Labor Force	12%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	0%	3%
White Non-Hispanic/Latino	62%	76%

70
Age 60+ Grandparents responsible for Grandchildren

65
Age 60+ Moved from Other States or Abroad

$45,288
Age 65+ Median Household Income
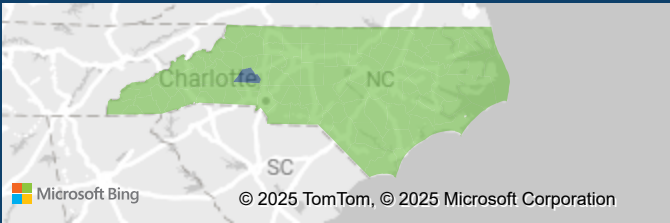
County Aging Population Profile

County: **Catawba**

Region: **E - Western Piedmont COG**

Select a County
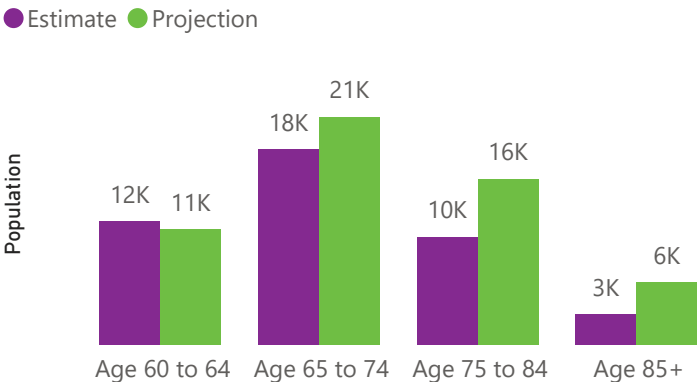
Use the list and/or search box within the dropdown

Catawba County, North Carolina ▼

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	36,656	42,200	22%	21%	15%
Age 18-44	53,773	71,226	32%	35%	32%
Age 45-59	32,646	36,095	20%	18%	11%
Age 60-64	11,639	10,887	7%	5%	-6%
Age 60+	43,121	53,884	26%	26%	25%
Age 65+	31,482	42,997	19%	21%	37%
Age 85+	2,883	5,878	2%	3%	104%
Total	166,196	203,405			22%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	12K	18K	10K	3K
Projection	11K	21K	16K	6K

County Rankings

Population Rank	Population 65+ Rank	Median Age
18	**17**	**41.0**
People	People 65+	65+ as % of Total
166,196	31,482	19%

Age 65+ Race

Race ▲	County %	NC %
White	89%	77%
Black or African American	6%	17%
American Indian and Alaska Native	0%	1%
Asian	1%	2%
Some Other Race	1%	1%
Two or More Races	3%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	9%	10%
100-199% Poverty	23%	19%
Speaks English Less Than Very Well	3%	3%
Veterans	14%	16%
Living Alone	29%	27%
Less Than High School Education	15%	12%
High School Graduate (No College)	34%	29%
Has a Disability	32%	33%
In Labor Force	17%	18%

875 Age 60+ Grandparents responsible for Grandchildren

672 Age 60+ Moved from Other States or Abroad

$46,122 Age 65+ Median Household Income

Age 65+ Ethnicity

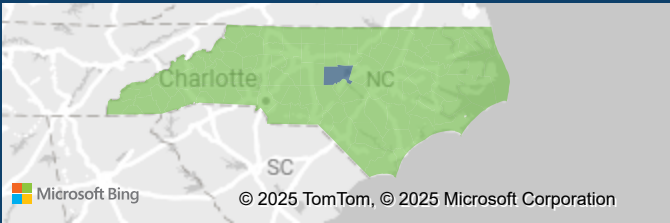|	County %	NC %
Hispanic/Latino	3%	3%
White Non-Hispanic/Latino	88%	76%

County Aging Population Profile

County: **Chatham**
Region: **J - Central Pines Regional Council**

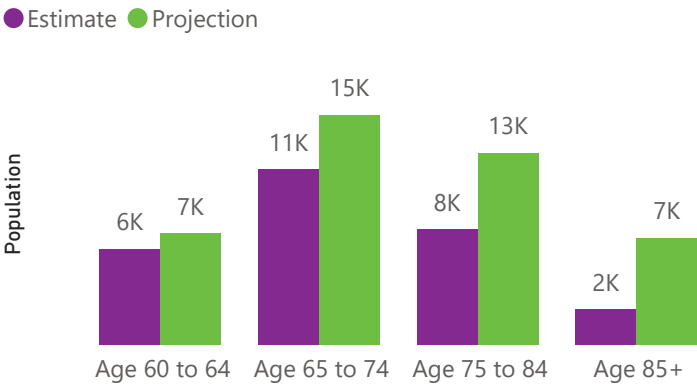### Select a County
Use the list and/or search box within the dropdown

Chatham County, North Carolina ▼

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	15,378	18,260	19%	17%	19%
Age 18-44	21,806	30,014	27%	28%	38%
Age 45-59	16,507	18,595	20%	17%	13%
Age 60-64	6,268	7,277	8%	7%	16%
Age 60+	27,557	41,820	34%	38%	52%
Age 65+	21,289	34,543	26%	32%	62%
Age 85+	2,312	6,984	3%	6%	202%
Total	81,248	108,689			34%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Estimate	Projection
Age 60 to 64	6K	7K
Age 65 to 74	11K	15K
Age 75 to 84	8K	13K
Age 85+	2K	7K

County Rankings

Population Rank	Population 65+ Rank	Median Age
35	26	48.3
People	People 65+	65+ as % of Total
81,248	21,289	26%

Age 65+ Race

Race ▲	County %	NC %
White	84%	77%
Black or African American	11%	17%
American Indian and Alaska Native	0%	1%
Asian	1%	2%
Some Other Race	1%	1%
Two or More Races	3%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	7%	10%
100-199% Poverty	12%	19%
Speaks English Less Than Very Well	2%	3%
Veterans	14%	16%
Living Alone	25%	27%
Less Than High School Education	9%	12%
High School Graduate (No College)	20%	29%
Has a Disability	26%	33%
In Labor Force	19%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	3%	3%
White Non-Hispanic/Latino	83%	76%

176 Age 60+ Grandparents responsible for Grandchildren

429 Age 60+ Moved from Other States or Abroad

$71,334 Age 65+ Median Household Income
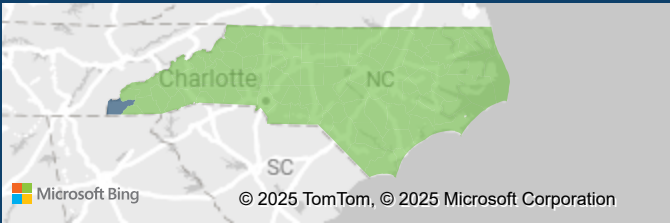
County Aging Population Profile

County: **Cherokee**

Region: **A - Southwestern Commission**

Select a County
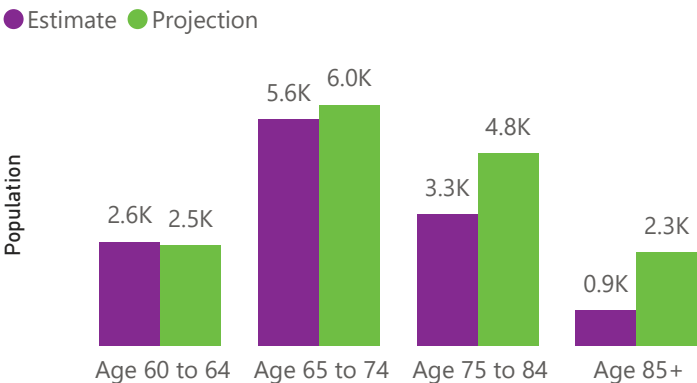
Use the list and/or search box within the dropdown

Cherokee County, North Carolina ∨

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	4,702	5,187	16%	15%	10%
Age 18-44	7,135	7,933	24%	23%	11%
Age 45-59	5,471	5,568	18%	16%	2%
Age 60-64	2,589	2,500	9%	7%	-3%
Age 60+	12,383	15,608	42%	46%	26%
Age 65+	9,794	13,108	33%	38%	34%
Age 85+	882	2,316	3%	7%	163%
Total	29,691	34,296			16%

Projected Growth in Next 20 Years

- Estimate
- Projection

Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
2.6K / 2.5K	5.6K / 6.0K	3.3K / 4.8K	0.9K / 2.3K

County Rankings

Population Rank	Population 65+ Rank	Median Age
71	59	54.1
People	People 65+	65+ as % of Total
29,691	9,794	33%

Age 65+ Race

Race	County %	NC %
White	94%	77%
Black or African American	1%	17%
American Indian and Alaska Native	1%	1%
Asian	0%	2%
Some Other Race	1%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	9%	10%
100-199% Poverty	26%	19%
Speaks English Less Than Very Well	0%	3%
Veterans	21%	16%
Living Alone	21%	27%
Less Than High School Education	9%	12%
High School Graduate (No College)	30%	29%
Has a Disability	33%	33%
In Labor Force	13%	18%

87 Age 60+ Grandparents responsible for Grandchildren

305 Age 60+ Moved from Other States or Abroad

$44,748 Age 65+ Median Household Income

Age 65+ Ethnicity

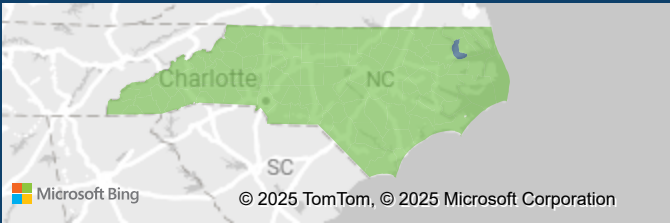|	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	93%	76%

County Aging Population Profile

County: Chowan

Region: R - Albemarle Commission

Select a County
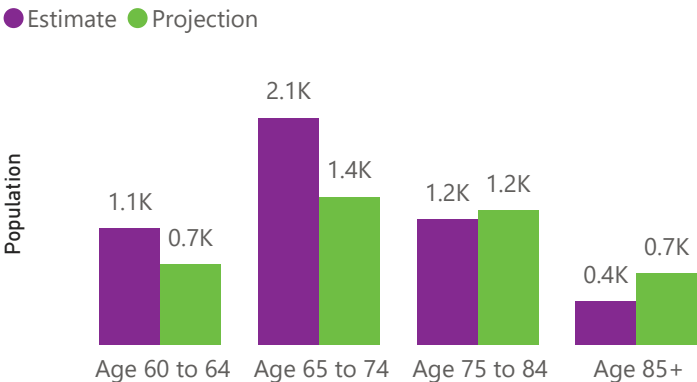
Use the list and/or search box within the dropdown

Chowan County, North Carolina ⌄

Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	2,698	2,807		20%	20%	4%
Age 18-44	3,942	4,359		29%	32%	11%
Age 45-59	2,319	2,571		17%	19%	11%
Age 60-64	1,078	743		8%	5%	-31%
Age 60+	4,751	4,020		35%	29%	-15%
Age 65+	3,673	3,277		27%	24%	-11%
Age 85+	405	664		3%	5%	64%
Total	13,710	13,757				0%

Projected Growth in Next 20 Years

● Estimate ● Projection

Bar chart (Population):
- Age 60 to 64: Estimate 1.1K, Projection 0.7K
- Age 65 to 74: Estimate 2.1K, Projection 1.4K
- Age 75 to 84: Estimate 1.2K, Projection 1.2K
- Age 85+: Estimate 0.4K, Projection 0.7K

County Rankings

Population Rank	Population 65+ Rank	Median Age
89	90	46.3
People	People 65+	65+ as % of Total
13,710	3,673	27%

71 Age 60+ Grandparents responsible for Grandchildren

159 Age 60+ Moved from Other States or Abroad

$52,007 Age 65+ Median Household Income

Age 65+ Race

Race ▲	County %	NC %
White	65%	77%
Black or African American	31%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	0%	1%
Two or More Races	3%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	10%	10%
100-199% Poverty	19%	19%
Speaks English Less Than Very Well	0%	3%
Veterans	18%	16%
Living Alone	25%	27%
Less Than High School Education	11%	12%
High School Graduate (No College)	31%	29%
Has a Disability	31%	33%
In Labor Force	22%	18%

Age 65+ Ethnicity

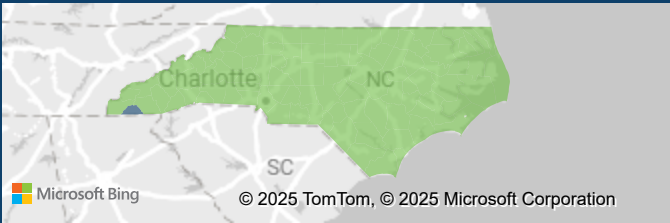|	County %	NC %
Hispanic/Latino	1%	3%
White Non-Hispanic/Latino	64%	76%

County Aging Population Profile

County: Clay

Region: A - Southwestern Commission

Select a County
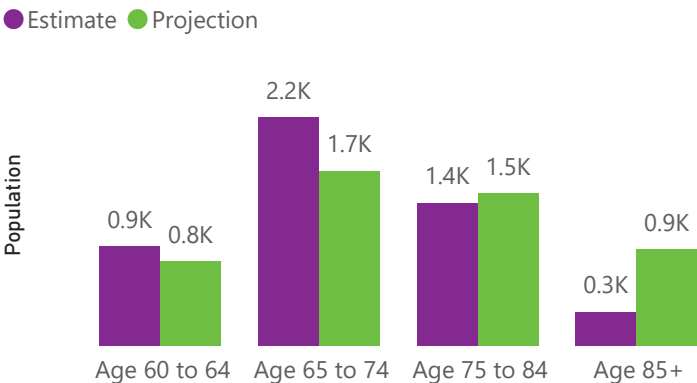
Use the list and/or search box within the dropdown

Clay County, North Carolina ▾

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	1,880	2,326	16%	16%	24%
Age 18-44	3,067	4,545	26%	31%	48%
Age 45-59	1,987	2,946	17%	20%	48%
Age 60-64	942	799	8%	5%	-15%
Age 60+	4,791	4,824	41%	33%	1%
Age 65+	3,849	4,025	33%	27%	5%
Age 85+	321	913	3%	6%	184%
Total	11,725	14,641			25%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	0.9K	2.2K	1.4K	0.3K
Projection	0.8K	1.7K	1.5K	0.9K

County Rankings

Population Rank	Population 65+ Rank	Median Age
92	**88**	**52.6**
People	People 65+	65+ as % of Total
11,725	3,849	33%

Age 65+ Race

Race ▲	County %	NC %
White	98%	77%
Black or African American	0%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	0%	1%
Two or More Races	1%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	15%	10%
100-199% Poverty	25%	19%
Speaks English Less Than Very Well	0%	3%
Veterans	15%	16%
Living Alone	29%	27%
Less Than High School Education	14%	12%
High School Graduate (No College)	23%	29%
Has a Disability	37%	33%
In Labor Force	10%	18%

79 Age 60+ Grandparents responsible for Grandchildren

128 Age 60+ Moved from Other States or Abroad

$45,179 Age 65+ Median Household Income

Age 65+ Ethnicity

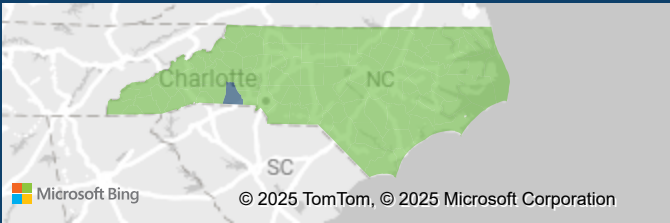|	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	97%	76%

County Aging Population Profile

County: **Cleveland**
Region: **C - Foothills Regional Commission**

Select a County

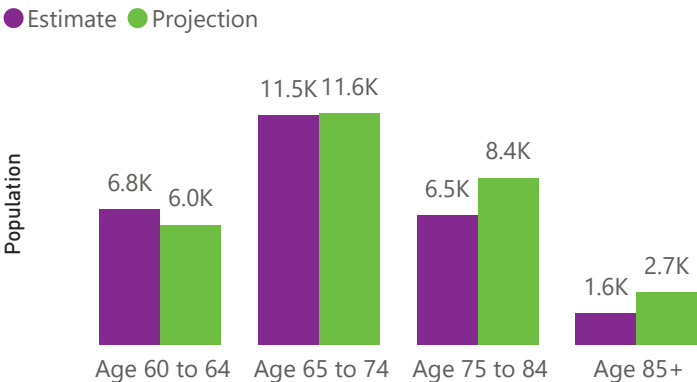Use the list and/or search box within the dropdown

Cleveland County, North Carolina	⌄

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	22,416	24,249	22%	21%	8%
Age 18-44	32,518	39,932	32%	35%	23%
Age 45-59	19,155	20,396	19%	18%	6%
Age 60-64	6,807	6,028	7%	5%	-11%
Age 60+	26,409	28,705	26%	25%	9%
Age 65+	19,602	22,677	20%	20%	16%
Age 85+	1,571	2,650	2%	2%	69%
Total	100,498	113,282			13%

Projected Growth in Next 20 Years

● Estimate ● Projection

Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
6.8K / 6.0K	11.5K / 11.6K	6.5K / 8.4K	1.6K / 2.7K

County Rankings

Population Rank	Population 65+ Rank	Median Age
29	30	40.4
People	People 65+	65+ as % of Total
100,498	19,602	20%

Age 65+ Race

Race ▲	County %	NC %
White	81%	77%
Black or African American	16%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	1%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	14%	10%
100-199% Poverty	26%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	15%	16%
Living Alone	26%	27%
Less Than High School Education	16%	12%
High School Graduate (No College)	36%	29%
Has a Disability	39%	33%
In Labor Force	18%	18%

599
Age 60+ Grandparents responsible for Grandchildren

320
Age 60+ Moved from Other States or Abroad

$44,490
Age 65+ Median Household Income

Age 65+ Ethnicity

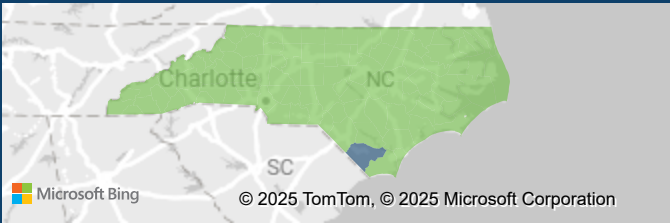|	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	80%	76%

County Aging Population Profile

County: **Columbus**
Region: **O - Cape Fear COG**

Select a County

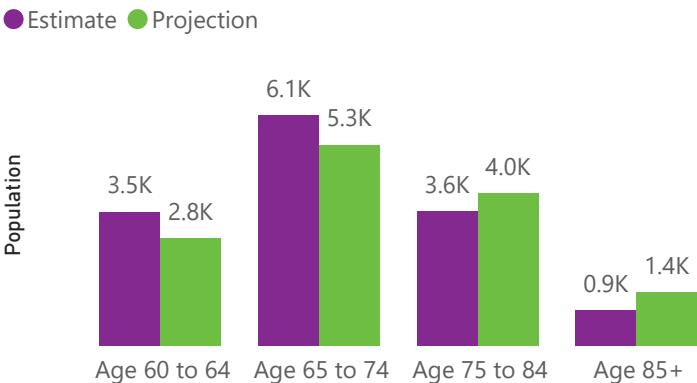Use the list and/or search box within the dropdown

Columbus County, North Carolina ▼

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County Rankings

	Population Rank	Population 65+ Rank	Median Age
	51	**52**	**42.4**
	People	People 65+	65+ as % of Total
	50,389	10,579	21%

Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.		Proj. Growth
Age 0-17	10,506	10,768		21%	20%		2%
Age 18-44	16,435	17,882		33%	34%		9%
Age 45-59	9,332	10,388		19%	20%		11%
Age 60-64	3,537	2,845		7%	5%		-20%
Age 60+	14,116	13,587		28%	26%		-4%
Age 65+	10,579	10,742		21%	20%		2%
Age 85+	933	1,404		2%	3%		50%
Total	50,389	52,625					4%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	3.5K	6.1K	3.6K	0.9K
Projection	2.8K	5.3K	4.0K	1.4K

Age 65+ Race

Race ▲	County %	NC %
White	68%	77%
Black or African American	27%	17%
American Indian and Alaska Native	3%	1%
Asian	0%	2%
Some Other Race	0%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	1%	3%
White Non-Hispanic/Latino	68%	76%

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	12%	10%
100-199% Poverty	29%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	13%	16%
Living Alone	32%	27%
Less Than High School Education	15%	12%
High School Graduate (No College)	40%	29%
Has a Disability	36%	33%
In Labor Force	16%	18%

166 Age 60+ Grandparents responsible for Grandchildren

164 Age 60+ Moved from Other States or Abroad

$35,505 Age 65+ Median Household Income
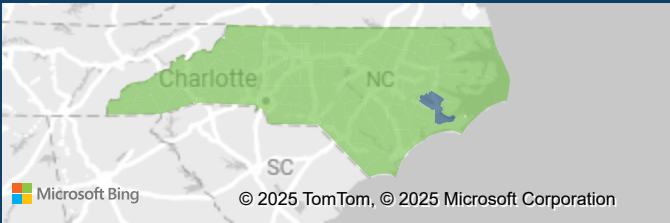
County Aging Population Profile

County: **Craven**
Region: **P - Eastern Carolina COG**

Select a County
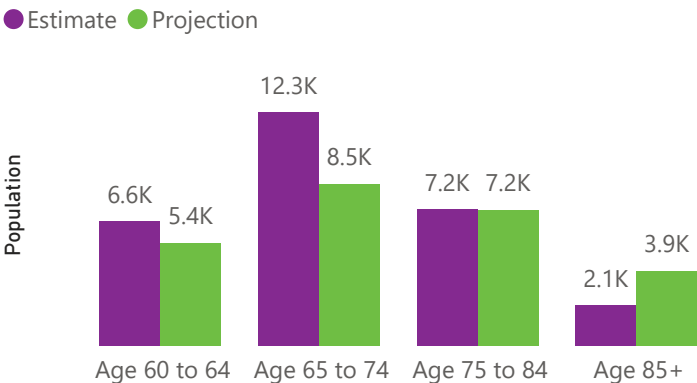
Use the list and/or search box within the dropdown

Craven County, North Carolina ▾

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	22,780	21,548	22%	21%	-5%
Age 18-44	36,833	37,750	36%	37%	2%
Age 45-59	15,824	18,991	15%	18%	20%
Age 60-64	6,565	5,417	6%	5%	-17%
Age 60+	28,168	25,046	27%	24%	-11%
Age 65+	21,603	19,629	21%	19%	-9%
Age 85+	2,132	3,944	2%	4%	85%
Total	103,605	103,335			-0%

Projected Growth in Next 20 Years

● Estimate ● Projection

- Age 60 to 64: 6.6K (Estimate), 5.4K (Projection)
- Age 65 to 74: 12.3K (Estimate), 8.5K (Projection)
- Age 75 to 84: 7.2K (Estimate), 7.2K (Projection)
- Age 85+: 2.1K (Estimate), 3.9K (Projection)

County Rankings

Population Rank	Population 65+ Rank	Median Age
28	24	38.2
People	People 65+	65+ as % of Total
103,605	21,603	21%

Age 65+ Race

Race	County %	NC %
White	80%	77%
Black or African American	17%	17%
American Indian and Alaska Native	0%	1%
Asian	1%	2%
Some Other Race	1%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	9%	10%
100-199% Poverty	17%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	22%	16%
Living Alone	27%	27%
Less Than High School Education	10%	12%
High School Graduate (No College)	27%	29%
Has a Disability	33%	33%
In Labor Force	14%	18%

409
Age 60+ Grandparents responsible for Grandchildren

806
Age 60+ Moved from Other States or Abroad

$52,285
Age 65+ Median Household Income

Age 65+ Ethnicity

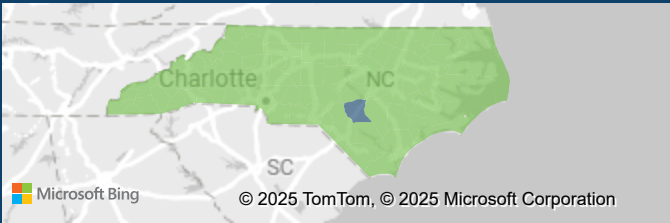|	County %	NC %
Hispanic/Latino	1%	3%
White Non-Hispanic/Latino	79%	76%

County Aging Population Profile

County: Cumberland
Region: M - Mid-Carolina Regional Council

Select a County

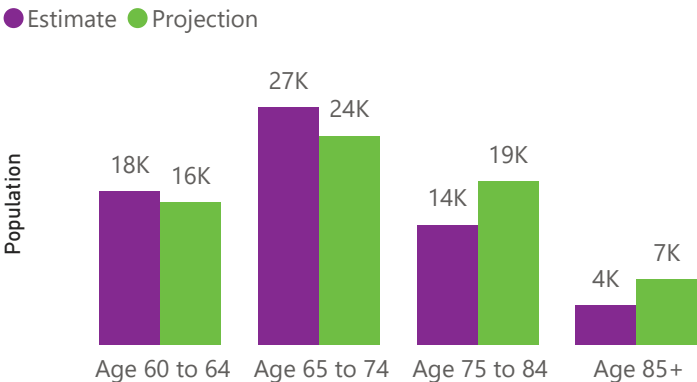Use the list and/or search box within the dropdown

Cumberland County, North Carolina ▾

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	84,575	72,291	25%	21%	-15%
Age 18-44	140,353	134,727	42%	40%	-4%
Age 45-59	50,261	64,731	15%	19%	29%
Age 60-64	17,513	16,233	5%	5%	-7%
Age 60+	62,781	66,223	19%	20%	5%
Age 65+	45,268	49,990	13%	15%	10%
Age 85+	4,458	7,481	1%	2%	68%
Total	337,970	337,972			0%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	18K	27K	14K	4K
Projection	16K	24K	19K	7K

County Rankings

Population Rank	Population 65+ Rank	Median Age
5	9	32.5
People	People 65+	65+ as % of Total
337,970	45,268	13%

1,412 Age 60+ Grandparents responsible for Grandchildren

1,251 Age 60+ Moved from Other States or Abroad

$47,478 Age 65+ Median Household Income

Age 65+ Race

Race	County %	NC %
White	52%	77%
Black or African American	38%	17%
American Indian and Alaska Native	1%	1%
Asian	3%	2%
Some Other Race	2%	1%
Two or More Races	3%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	13%	10%
100-199% Poverty	20%	19%
Speaks English Less Than Very Well	4%	3%
Veterans	25%	16%
Living Alone	31%	27%
Less Than High School Education	11%	12%
High School Graduate (No College)	32%	29%
Has a Disability	42%	33%
In Labor Force	16%	18%

Age 65+ Ethnicity

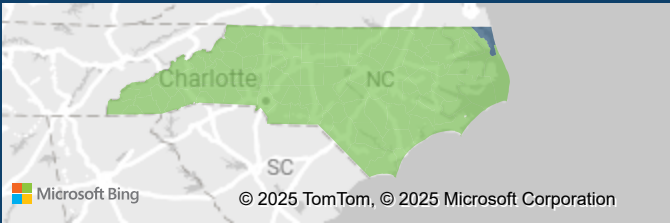|	County %	NC %
Hispanic/Latino	5%	3%
White Non-Hispanic/Latino	51%	76%

County Aging Population Profile
County: **Currituck**
Region: **R - Albemarle Commission**

Select a County
Use the list and/or search box within the dropdown

Currituck County, North Carolina ▾

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	7,091	9,412	23%	21%	33%
Age 18-44	9,902	15,454	32%	34%	56%
Age 45-59	6,066	8,562	19%	19%	41%
Age 60-64	2,590	2,639	8%	6%	2%
Age 60+	8,337	12,481	27%	27%	50%
Age 65+	5,747	9,842	18%	21%	71%
Age 85+	342	1,297	1%	3%	279%
Total	31,396	45,909			46%

Projected Growth in Next 20 Years
● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	2.6K	3.8K	1.6K	0.3K
Projection	2.6K	4.8K	3.8K	1.3K

County Rankings

Population Rank	Population 65+ Rank	Median Age
70	75	41.7
People	People 65+	65+ as % of Total
31,396	5,747	18%

Age 65+ Race

Race ▲	County %	NC %
White	89%	77%
Black or African American	7%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	2%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics
Population Age 65 and Older

	County %	NC %
0-99% Poverty	8%	10%
100-199% Poverty	13%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	23%	16%
Living Alone	25%	27%
Less Than High School Education	9%	12%
High School Graduate (No College)	36%	29%
Has a Disability	29%	33%
In Labor Force	19%	18%

232 Age 60+ Grandparents responsible for Grandchildren

398 Age 60+ Moved from Other States or Abroad

$61,301 Age 65+ Median Household Income

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	0%	3%
White Non-Hispanic/Latino	89%	76%

County Aging Population Profile

County: **Dare**

Region: **R - Albemarle Commission**

Select a County
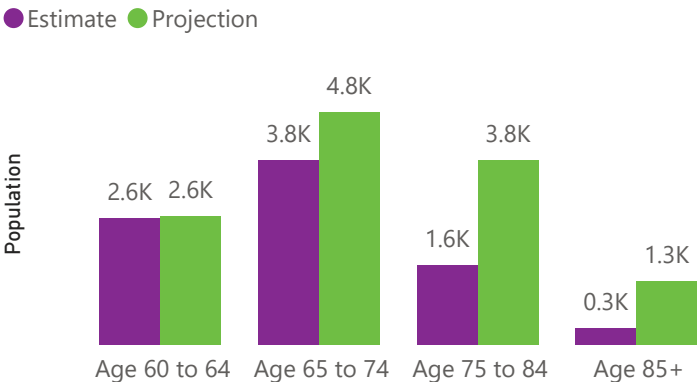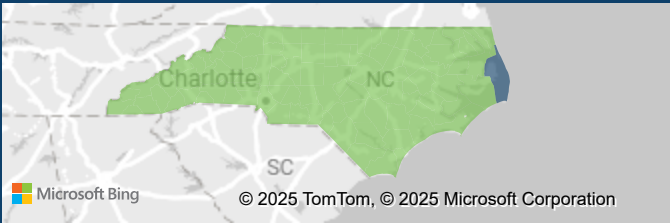
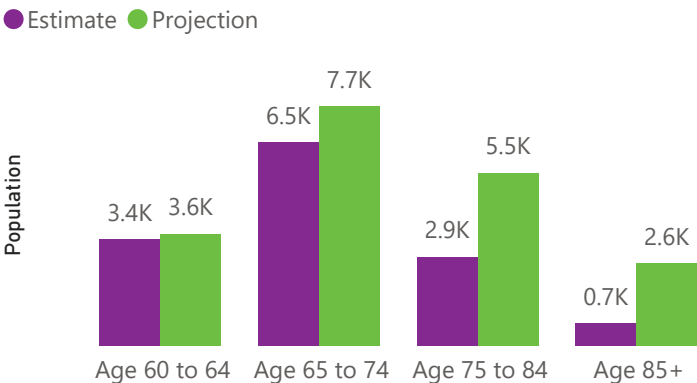Use the list and/or search box within the dropdown

Dare County, North Carolina ▾

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	6,534	7,030	17%	15%	8%
Age 18-44	10,501	12,351	28%	27%	18%
Age 45-59	7,451	7,559	20%	16%	1%
Age 60-64	3,420	3,596	9%	8%	5%
Age 60+	13,533	19,489	36%	42%	44%
Age 65+	10,113	15,893	27%	34%	57%
Age 85+	718	2,646	2%	6%	269%
Total	38,019	46,429			22%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	3.4K	6.5K	2.9K	0.7K
Projection	3.6K	7.7K	5.5K	2.6K

County Rankings

Population Rank	Population 65+ Rank	Median Age
65	**56**	**49.5**
People	People 65+	65+ as % of Total
38,019	10,113	27%

Age 65+ Race

Race ▲	County %	NC %
White	94%	77%
Black or African American	3%	17%
American Indian and Alaska Native	0%	1%
Asian	1%	2%
Some Other Race	0%	1%
Two or More Races	3%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	5%	10%
100-199% Poverty	10%	19%
Speaks English Less Than Very Well	0%	3%
Veterans	17%	16%
Living Alone	27%	27%
Less Than High School Education	5%	12%
High School Graduate (No College)	20%	29%
Has a Disability	24%	33%
In Labor Force	25%	18%

49 Age 60+ Grandparents responsible for Grandchildren

426 Age 60+ Moved from Other States or Abroad

$68,947 Age 65+ Median Household Income

Age 65+ Ethnicity

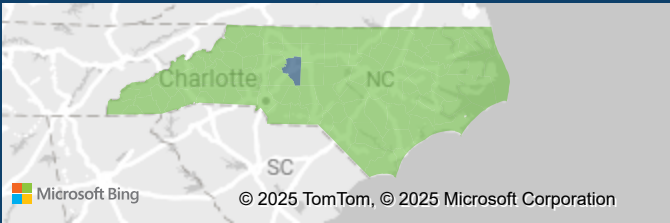|	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	93%	76%

County Aging Population Profile

County: **Davidson**

Region: **G - Piedmont Triad Regional Council**

Select a County

Use the list and/or search box within the dropdown

Davidson County, North Carolina ▾

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	39,862	44,739	23%	22%	12%
Age 18-44	54,823	70,339	31%	34%	28%
Age 45-59	35,245	36,053	20%	18%	2%
Age 60-64	12,560	11,173	7%	5%	-11%
Age 60+	46,458	54,882	26%	27%	18%
Age 65+	33,898	43,709	19%	21%	29%
Age 85+	3,253	5,690	2%	3%	75%
Total	176,388	206,013			17%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	13K	20K	11K	3K
Projection	11K	22K	16K	6K

County Rankings

Population Rank	Population 65+ Rank	Median Age
16	**14**	**41.8**
People	People 65+	65+ as % of Total
176,388	33,898	19%

Age 65+ Race

Race ▲	County %	NC %
White	89%	77%
Black or African American	8%	17%
American Indian and Alaska Native	0%	1%
Asian	1%	2%
Some Other Race	0%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	10%	10%
100-199% Poverty	22%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	15%	16%
Living Alone	28%	27%
Less Than High School Education	16%	12%
High School Graduate (No College)	37%	29%
Has a Disability	36%	33%
In Labor Force	14%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	88%	76%

680 Age 60+ Grandparents responsible for Grandchildren

403 Age 60+ Moved from Other States or Abroad

$43,842 Age 65+ Median Household Income

County Aging Population Profile

County: **Davie**
Region: **G - Piedmont Triad Regional Council**

Select a County
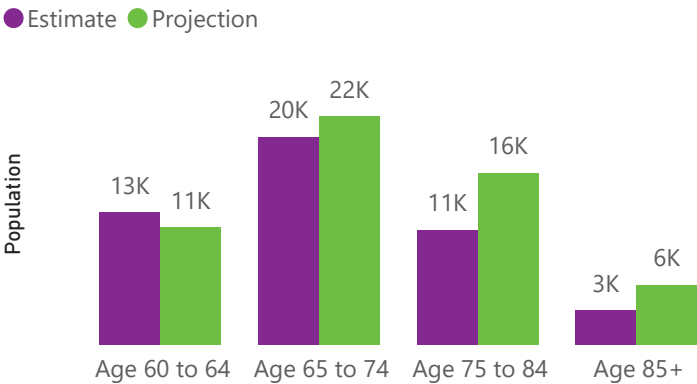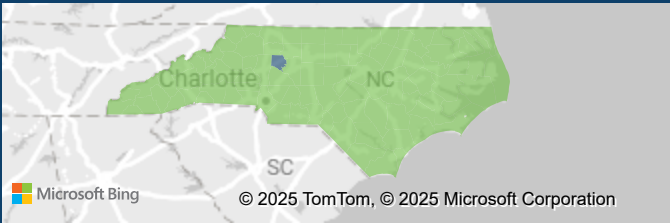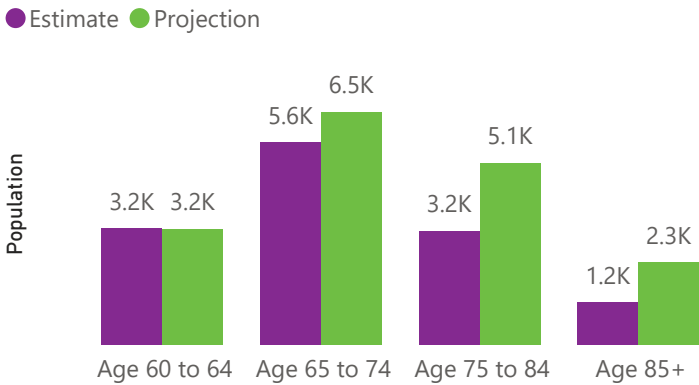
Use the list and/or search box within the dropdown

Davie County, North Carolina ▾

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County Rankings

Population Rank	Population 65+ Rank	Median Age
58	**58**	**45.2**
People	People 65+	65+ as % of Total
44,249	**9,966**	**23%**

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	9,393	11,625	21%	21%	24%
Age 18-44	12,600	17,886	28%	32%	42%
Age 45-59	9,065	8,957	20%	16%	-1%
Age 60-64	3,225	3,216	7%	6%	-0%
Age 60+	13,191	17,026	30%	31%	29%
Age 65+	9,966	13,810	23%	25%	39%
Age 85+	1,176	2,282	3%	4%	94%
Total	44,249	55,494			25%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	3.2K	5.6K	3.2K	1.2K
Projection	3.2K	6.5K	5.1K	2.3K

Age 65+ Race

Race ▲	County %	NC %
White	91%	77%
Black or African American	5%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	2%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	91%	76%

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	8%	10%
100-199% Poverty	17%	19%
Speaks English Less Than Very Well	2%	3%
Veterans	16%	16%
Living Alone	25%	27%
Less Than High School Education	11%	12%
High School Graduate (No College)	38%	29%
Has a Disability	36%	33%
In Labor Force	13%	18%

138
Age 60+ Grandparents responsible for Grandchildren

119
Age 60+ Moved from Other States or Abroad

$56,167
Age 65+ Median Household Income
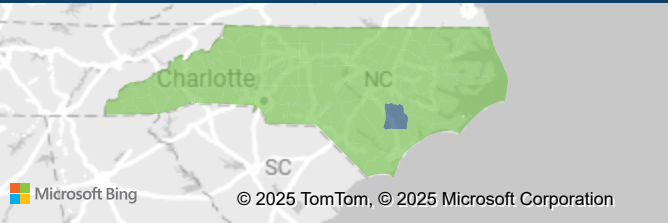
County Aging Population Profile

County: **Duplin**
Region: **P - Eastern Carolina COG**

Select a County
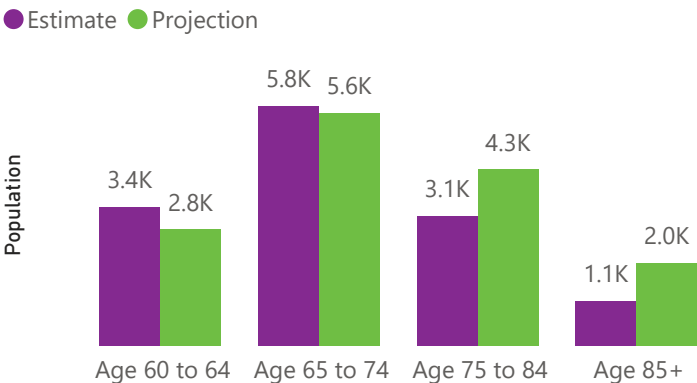Use the list and/or search box within the dropdown

Duplin County, North Carolina ▾

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	11,787	16,187	24%	27%	37%
Age 18-44	15,224	20,310	31%	33%	33%
Age 45-59	8,799	9,748	18%	16%	11%
Age 60-64	3,352	2,814	7%	5%	-16%
Age 60+	13,368	14,703	27%	24%	10%
Age 65+	10,016	11,889	20%	20%	19%
Age 85+	1,087	1,999	2%	3%	84%
Total	49,178	60,948			24%

Projected Growth in Next 20 Years

● Estimate ● Projection

Population

- Age 60 to 64: 3.4K (Estimate), 2.8K (Projection)
- Age 65 to 74: 5.8K (Estimate), 5.6K (Projection)
- Age 75 to 84: 3.1K (Estimate), 4.3K (Projection)
- Age 85+: 1.1K (Estimate), 2.0K (Projection)

County Rankings

Population Rank	Population 65+ Rank	Median Age
52	57	40.9
People	People 65+	65+ as % of Total
49,178	10,016	20%

Age 65+ Race

Race ▲	County %	NC %
White	68%	77%
Black or African American	27%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	2%	1%
Two or More Races	3%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	10%	10%
100-199% Poverty	29%	19%
Speaks English Less Than Very Well	3%	3%
Veterans	14%	16%
Living Alone	26%	27%
Less Than High School Education	20%	12%
High School Graduate (No College)	36%	29%
Has a Disability	44%	33%
In Labor Force	16%	18%

323 Age 60+ Grandparents responsible for Grandchildren

128 Age 60+ Moved from Other States or Abroad

$40,464 Age 65+ Median Household Income

Age 65+ Ethnicity

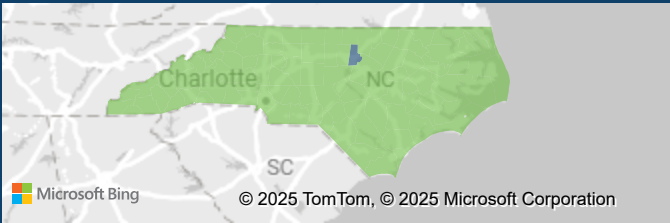|	County %	NC %
Hispanic/Latino	4%	3%
White Non-Hispanic/Latino	67%	76%

County Aging Population Profile

County: **Durham**
Region: **J - Central Pines Regional Council**

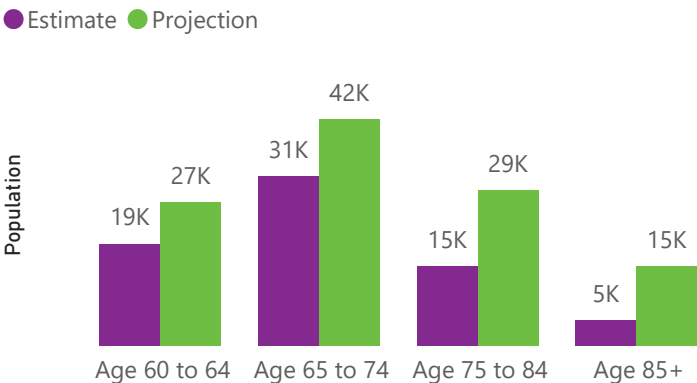**Select a County**
Use the list and/or search box within the dropdown

Durham County, North Carolina ▾

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Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	69,747	74,012		21%	17%	6%
Age 18-44	139,249	159,695		41%	38%	15%
Age 45-59	58,912	78,096		17%	18%	33%
Age 60-64	18,776	26,503		6%	6%	41%
Age 60+	69,355	111,676		21%	26%	61%
Age 65+	50,579	85,173		15%	20%	68%
Age 85+	4,719	14,680		1%	3%	211%
Total	337,263	423,479				26%

Projected Growth in Next 20 Years

● Estimate ● Projection

Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
19K / 27K	31K / 42K	15K / 29K	5K / 15K

County Rankings

Population Rank	Population 65+ Rank	Median Age
6	7	36.6
People	People 65+	65+ as % of Total
337,263	50,579	15%

Age 65+ Race

Race ▲	County %	NC %
White	61%	77%
Black or African American	31%	17%
American Indian and Alaska Native	0%	1%
Asian	4%	2%
Some Other Race	2%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	8%	10%
100-199% Poverty	15%	19%
Speaks English Less Than Very Well	5%	3%
Veterans	13%	16%
Living Alone	28%	27%
Less Than High School Education	9%	12%
High School Graduate (No College)	19%	29%
Has a Disability	28%	33%
In Labor Force	20%	18%

1,049 Age 60+ Grandparents responsible for Grandchildren

1,499 Age 60+ Moved from Other States or Abroad

$64,543 Age 65+ Median Household Income

Age 65+ Ethnicity

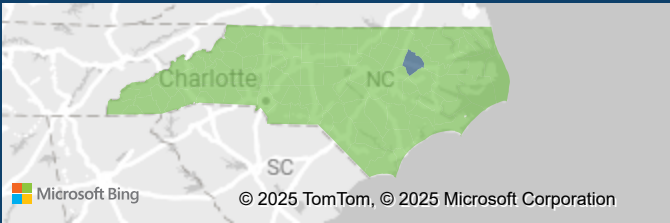|	County %	NC %
Hispanic/Latino	4%	3%
White Non-Hispanic/Latino	59%	76%

County Aging Population Profile

County: Edgecombe
Region: L - Upper Coastal Plain COG

Select a County
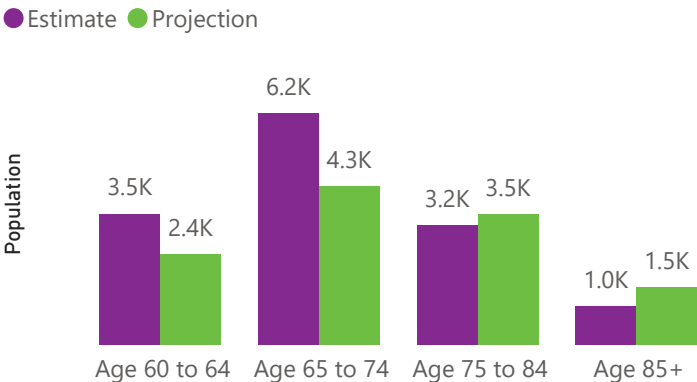
Use the list and/or search box within the dropdown

Edgecombe County, North Carolina ▾

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	11,032	11,607	23%	24%	5%
Age 18-44	15,148	16,671	31%	34%	10%
Age 45-59	8,277	8,675	17%	18%	5%
Age 60-64	3,527	2,438	7%	5%	-31%
Age 60+	14,034	11,777	29%	24%	-16%
Age 65+	10,507	9,339	22%	19%	-11%
Age 85+	1,040	1,544	2%	3%	48%
Total	48,491	48,730			0%

Projected Growth in Next 20 Years

● Estimate   ● Projection

	Estimate	Projection
Age 60 to 64	3.5K	2.4K
Age 65 to 74	6.2K	4.3K
Age 75 to 84	3.2K	3.5K
Age 85+	1.0K	1.5K

County Rankings

Population Rank	Population 65+ Rank	Median Age
53	55	41.0
People	People 65+	65+ as % of Total
48,491	10,507	22%

Age 65+ Race

Race ▲	County %	NC %
White	45%	77%
Black or African American	53%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	0%	1%
Two or More Races	1%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	11%	10%
100-199% Poverty	26%	19%
Speaks English Less Than Very Well	0%	3%
Veterans	14%	16%
Living Alone	32%	27%
Less Than High School Education	23%	12%
High School Graduate (No College)	38%	29%
Has a Disability	36%	33%
In Labor Force	18%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	1%	3%
White Non-Hispanic/Latino	45%	76%

234 Age 60+ Grandparents responsible for Grandchildren

82 Age 60+ Moved from Other States or Abroad

$42,209 Age 65+ Median Household Income
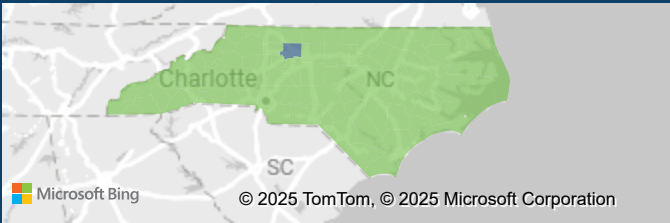
County Aging Population Profile

County: **Forsyth**
Region: **G - Piedmont Triad Regional Council**

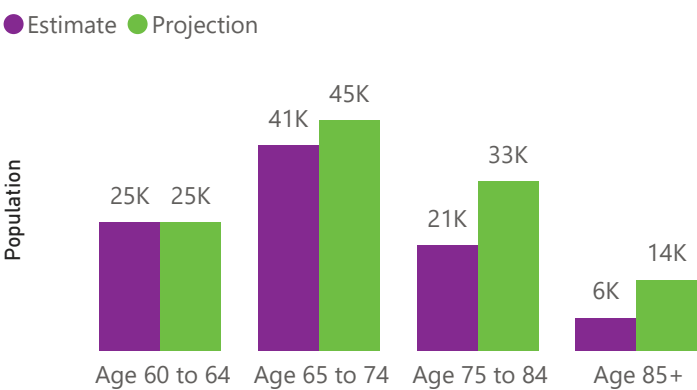**Select a County**
Use the list and/or search box within the dropdown

Forsyth County, North Carolina ▾

Microsoft Bing
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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	87,778	91,195	22%	20%	4%
Age 18-44	139,519	169,917	35%	37%	22%
Age 45-59	72,648	82,286	18%	18%	13%
Age 60-64	25,253	25,259	6%	5%	0%
Age 60+	93,117	118,076	24%	26%	27%
Age 65+	67,864	92,817	17%	20%	37%
Age 85+	6,488	13,994	2%	3%	116%
Total	393,062	461,474			17%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	25K	41K	21K	6K
Projection	25K	45K	33K	14K

County Rankings

Population Rank	Population 65+ Rank	Median Age
4	**4**	**38.4**
People	People 65+	65+ as % of Total
393,062	67,864	17%

1,472
Age 60+ Grandparents responsible for Grandchildren

1,471
Age 60+ Moved from Other States or Abroad

$51,771
Age 65+ Median Household Income

Age 65+ Race

Race ▲	County %	NC %
White	73%	77%
Black or African American	21%	17%
American Indian and Alaska Native	0%	1%
Asian	1%	2%
Some Other Race	1%	1%
Two or More Races	3%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	9%	10%
100-199% Poverty	17%	19%
Speaks English Less Than Very Well	3%	3%
Veterans	15%	16%
Living Alone	29%	27%
Less Than High School Education	10%	12%
High School Graduate (No College)	28%	29%
Has a Disability	31%	33%
In Labor Force	18%	18%

Age 65+ Ethnicity

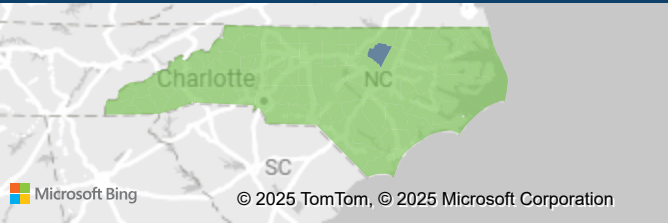|	County %	NC %
Hispanic/Latino	3%	3%
White Non-Hispanic/Latino	72%	76%

County Aging Population Profile

County: **Franklin**

Region: **K - Kerr Tar Regional COG**

Select a County
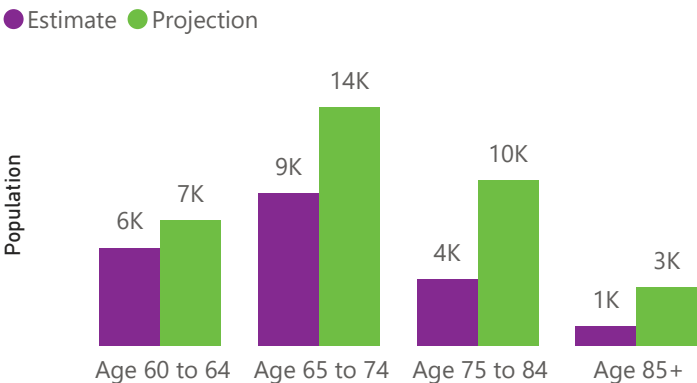
Use the list and/or search box within the dropdown

Franklin County, North Carolina ▾

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	16,774	23,500	22%	20%	40%
Age 18-44	25,132	37,477	32%	32%	49%
Age 45-59	15,939	21,900	21%	19%	37%
Age 60-64	5,745	7,350	7%	6%	28%
Age 60+	19,716	34,505	25%	29%	75%
Age 65+	13,971	27,155	18%	23%	94%
Age 85+	1,124	3,423	1%	3%	205%
Total	77,561	117,382			51%

Projected Growth in Next 20 Years

● Estimate ● Projection

Age	Estimate	Projection
Age 60 to 64	6K	7K
Age 65 to 74	9K	14K
Age 75 to 84	4K	10K
Age 85+	1K	3K

County Rankings

Population Rank	Population 65+ Rank	Median Age
37	42	41.8
People	People 65+	65+ as % of Total
77,561	13,971	18%

Age 65+ Race

Race ▲	County %	NC %
White	71%	77%
Black or African American	23%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	1%	1%
Two or More Races	4%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	9%	10%
100-199% Poverty	27%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	15%	16%
Living Alone	26%	27%
Less Than High School Education	14%	12%
High School Graduate (No College)	32%	29%
Has a Disability	39%	33%
In Labor Force	18%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	3%	3%
White Non-Hispanic/Latino	71%	76%

194 Age 60+ Grandparents responsible for Grandchildren

256 Age 60+ Moved from Other States or Abroad

$43,800 Age 65+ Median Household Income
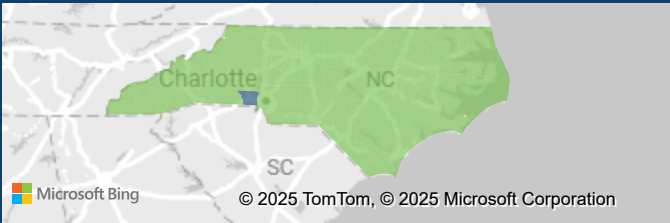
County Aging Population Profile

County: **Gaston**

Region: **F - Centralina COG**

Select a County

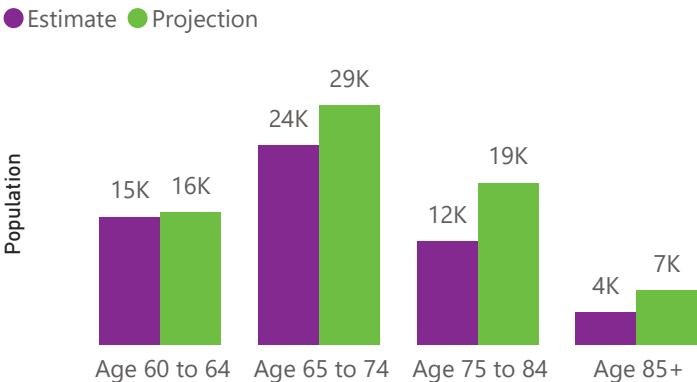Use the list and/or search box within the dropdown

Gaston County, North Carolina ▾

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	54,269	56,064	23%	20%	3%
Age 18-44	83,089	93,591	35%	34%	13%
Age 45-59	48,003	56,987	20%	21%	19%
Age 60-64	15,308	15,881	6%	6%	4%
Age 60+	55,459	70,509	23%	25%	27%
Age 65+	40,151	54,628	17%	20%	36%
Age 85+	3,844	6,554	2%	2%	70%
Total	240,820	277,151			15%

Projected Growth in Next 20 Years

- ● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	15K	24K	12K	4K
Projection	16K	29K	19K	7K

County Rankings

Population Rank	Population 65+ Rank	Median Age
11	10	39.3
People	People 65+	65+ as % of Total
240,820	40,151	17%

Age 65+ Race

Race ▲	County %	NC %
White	84%	77%
Black or African American	12%	17%
American Indian and Alaska Native	0%	1%
Asian	1%	2%
Some Other Race	0%	1%
Two or More Races	3%	2%
Total	**100%**	**100%**

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	3%	3%
White Non-Hispanic/Latino	83%	76%

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	12%	10%
100-199% Poverty	22%	19%
Speaks English Less Than Very Well	2%	3%
Veterans	16%	16%
Living Alone	30%	27%
Less Than High School Education	16%	12%
High School Graduate (No College)	32%	29%
Has a Disability	36%	33%
In Labor Force	17%	18%

1,143 Age 60+ Grandparents responsible for Grandchildren

532 Age 60+ Moved from Other States or Abroad

$42,632 Age 65+ Median Household Income
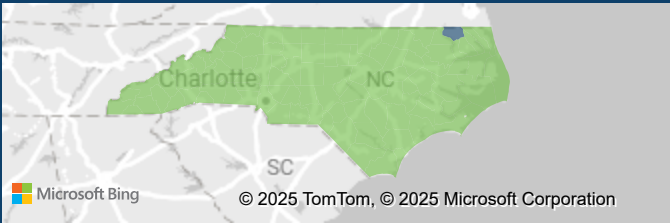
County Aging Population Profile

County: Gates

Region: R - Albemarle Commission

Select a County
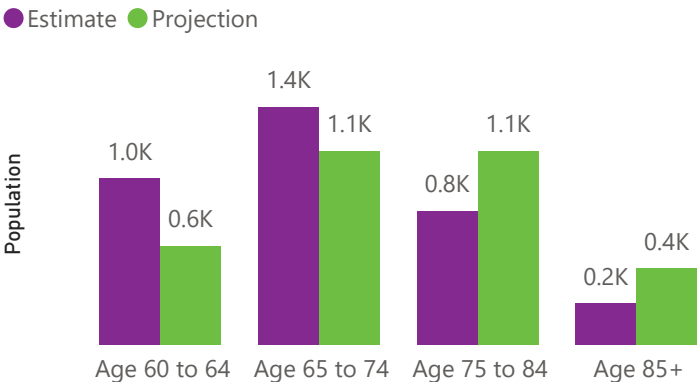
Use the list and/or search box within the dropdown

Gates County, North Carolina	⌄

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	1,987	1,752	19%	17%	-12%
Age 18-44	2,961	3,377	29%	33%	14%
Age 45-59	2,005	1,914	19%	19%	-5%
Age 60-64	959	571	9%	6%	-40%
Age 60+	3,344	3,250	32%	32%	-3%
Age 65+	2,385	2,679	23%	26%	12%
Age 85+	240	442	2%	4%	84%
Total	10,297	10,293			-0%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	1.0K	1.4K	0.8K	0.2K
Projection	0.6K	1.1K	1.1K	0.4K

County Rankings

Population Rank	Population 65+ Rank	Median Age
96	**95**	**47.2**
People	People 65+	65+ as % of Total
10,297	2,385	23%

Age 65+ Race

Race ▲	County %	NC %
White	62%	77%
Black or African American	35%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	1%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	20%	10%
100-199% Poverty	23%	19%
Speaks English Less Than Very Well	0%	3%
Veterans	18%	16%
Living Alone	36%	27%
Less Than High School Education	19%	12%
High School Graduate (No College)	44%	29%
Has a Disability	38%	33%
In Labor Force	19%	18%

22 Age 60+ Grandparents responsible for Grandchildren

173 Age 60+ Moved from Other States or Abroad

$35,000 Age 65+ Median Household Income

Age 65+ Ethnicity

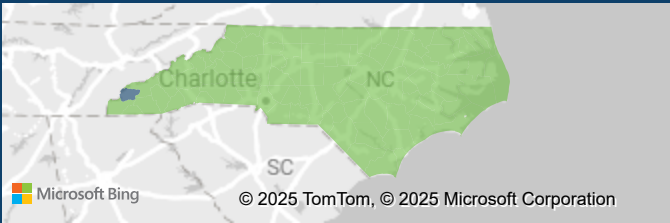|	County %	NC %
Hispanic/Latino	1%	3%
White Non-Hispanic/Latino	62%	76%

County Aging Population Profile

County: **Graham**
Region: **A - Southwestern Commission**

Select a County
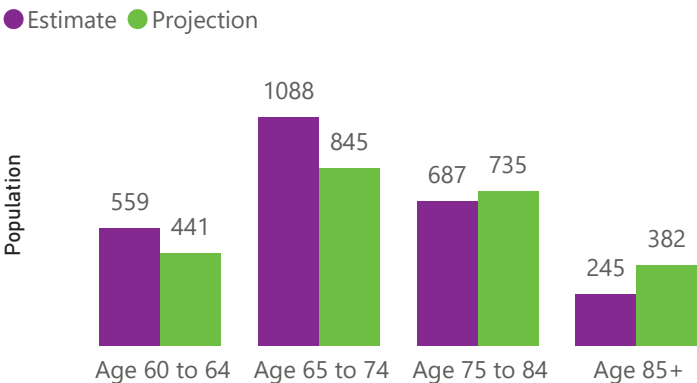Use the list and/or search box within the dropdown

Graham County, North Carolina ⌄

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County Rankings

Population Rank	Population 65+ Rank	Median Age
98	**97**	**45.9**
People	People 65+	65+ as % of Total
7,985	2,020	25%

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	1,527	1,667	19%	21%	9%
Age 18-44	2,387	2,501	30%	31%	5%
Age 45-59	1,492	1,517	19%	19%	2%
Age 60-64	559	441	7%	5%	-21%
Age 60+	2,579	2,403	32%	30%	-7%
Age 65+	2,020	1,962	25%	24%	-3%
Age 85+	245	382	3%	5%	56%
Total	7,985	8,088			1%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	559	1088	687	245
Projection	441	845	735	382

Age 65+ Race

Race ▲	County %	NC %
White	92%	77%
Black or African American	1%	17%
American Indian and Alaska Native	3%	1%
Asian	0%	2%
Some Other Race	1%	1%
Two or More Races	4%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	9%	10%
100-199% Poverty	31%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	12%	16%
Living Alone	28%	27%
Less Than High School Education	16%	12%
High School Graduate (No College)	36%	29%
Has a Disability	38%	33%
In Labor Force	14%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	0%	3%
White Non-Hispanic/Latino	92%	76%

62 Age 60+ Grandparents responsible for Grandchildren

39 Age 60+ Moved from Other States or Abroad

$43,692 Age 65+ Median Household Income
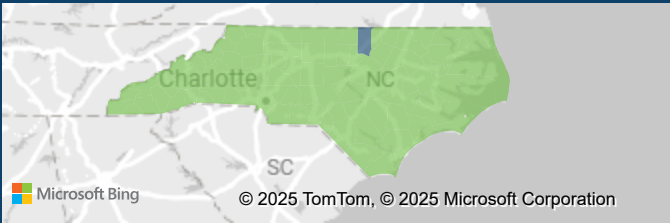
County Aging Population Profile

County: **Granville**

Region: **K - Kerr Tar Regional COG**

Select a County
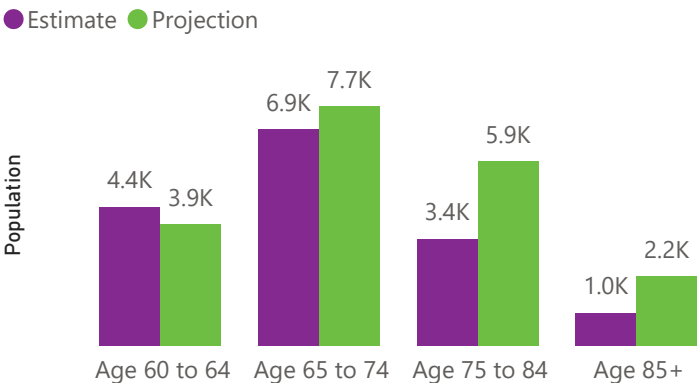
Use the list and/or search box within the dropdown

Granville County, North Carolina ▾

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Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.		Proj. Growth
Age 0-17	12,721	15,989		20%	21%		26%
Age 18-44	20,502	26,983		33%	35%		32%
Age 45-59	13,121	13,613		21%	18%		4%
Age 60-64	4,442	3,889		7%	5%		-12%
Age 60+	15,830	19,653		25%	26%		24%
Age 65+	11,388	15,764		18%	21%		38%
Age 85+	1,047	2,212		2%	3%		111%
Total	62,174	76,238					23%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	4.4K	6.9K	3.4K	1.0K
Projection	3.9K	7.7K	5.9K	2.2K

County Rankings

Population Rank	Population 65+ Rank	Median Age
46	48	42.0
People	People 65+	65+ as % of Total
62,174	11,388	18%

Age 65+ Race

Race ▲	County %	NC %
White	67%	77%
Black or African American	30%	17%
American Indian and Alaska Native	0%	1%
Asian	1%	2%
Some Other Race	1%	1%
Two or More Races	1%	2%
Total	**100%**	**100%**

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	67%	76%

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	14%	10%
100-199% Poverty	20%	19%
Speaks English Less Than Very Well	2%	3%
Veterans	13%	16%
Living Alone	24%	27%
Less Than High School Education	13%	12%
High School Graduate (No College)	40%	29%
Has a Disability	39%	33%
In Labor Force	15%	18%

60 Age 60+ Grandparents responsible for Grandchildren

283 Age 60+ Moved from Other States or Abroad

$46,823 Age 65+ Median Household Income
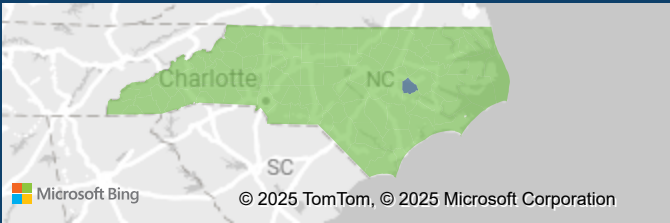
County Aging Population Profile

County: Greene
Region: P - Eastern Carolina COG

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	3,747	3,611	19%	18%	-4%
Age 18-44	7,468	6,271	37%	31%	-16%
Age 45-59	3,961	4,462	20%	22%	13%
Age 60-64	1,346	1,342	7%	7%	-0%
Age 60+	4,977	5,800	25%	29%	17%
Age 65+	3,631	4,458	18%	22%	23%
Age 85+	355	655	2%	3%	85%
Total	20,153	20,144			-0%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	1.3K	2.3K	1.0K	0.4K
Projection	1.3K	2.3K	1.5K	0.7K
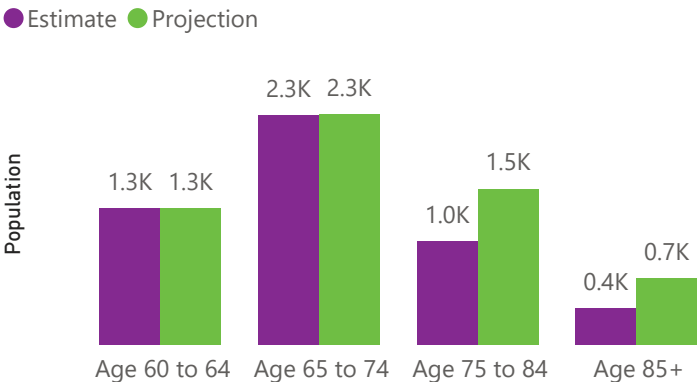
County Rankings

Population Rank	Population 65+ Rank	Median Age
79	91	41.0
People	People 65+	65+ as % of Total
20,153	3,631	18%

Age 65+ Race

Race ▲	County %	NC %
White	64%	77%
Black or African American	33%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	1%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	14%	10%
100-199% Poverty	25%	19%
Speaks English Less Than Very Well	2%	3%
Veterans	12%	16%
Living Alone	32%	27%
Less Than High School Education	24%	12%
High School Graduate (No College)	35%	29%
Has a Disability	39%	33%
In Labor Force	16%	18%

34 Age 60+ Grandparents responsible for Grandchildren

93 Age 60+ Moved from Other States or Abroad

$42,078 Age 65+ Median Household Income

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	63%	76%

County Aging Population Profile

County: **Guilford**
Region: **G - Piedmont Triad Regional Council**

Select a County
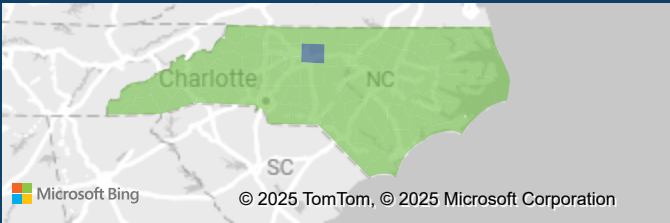
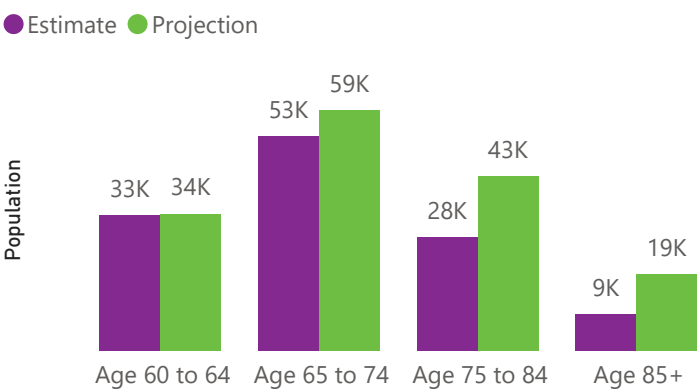Use the list and/or search box within the dropdown

Guilford County, North Carolina ▼

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	118,540	130,166	22%	20%	10%
Age 18-44	207,814	258,340	38%	39%	24%
Age 45-59	101,323	113,882	18%	17%	12%
Age 60-64	33,239	33,542	6%	5%	1%
Age 60+	122,525	153,932	22%	23%	26%
Age 65+	89,286	120,390	16%	18%	35%
Age 85+	8,847	18,657	2%	3%	111%
Total	550,202	656,320			19%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	33K	53K	28K	9K
Projection	34K	59K	43K	19K

County Rankings

Population Rank	Population 65+ Rank	Median Age
3	**3**	**37.2**
People	People 65+	65+ as % of Total
550,202	89,286	16%

Age 65+ Race

Race ▲	County %	NC %
White	69%	77%
Black or African American	25%	17%
American Indian and Alaska Native	0%	1%
Asian	3%	2%
Some Other Race	1%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	12%	10%
100-199% Poverty	17%	19%
Speaks English Less Than Very Well	3%	3%
Veterans	14%	16%
Living Alone	29%	27%
Less Than High School Education	10%	12%
High School Graduate (No College)	28%	29%
Has a Disability	31%	33%
In Labor Force	19%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	3%	3%
White Non-Hispanic/Latino	68%	76%

1,558 Age 60+ Grandparents responsible for Grandchildren

1,754 Age 60+ Moved from Other States or Abroad

$52,626 Age 65+ Median Household Income
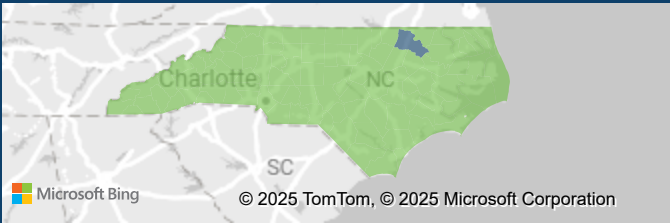
County Aging Population Profile

County: **Halifax**

Region: **L - Upper Coastal Plain COG**

Select a County
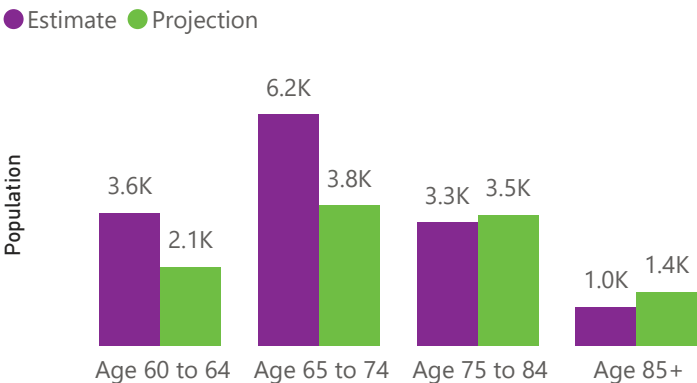
Use the list and/or search box within the dropdown

Halifax County, North Carolina ▾

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	9,943	8,575	21%	22%	-14%
Age 18-44	14,110	12,657	30%	32%	-10%
Age 45-59	8,418	7,139	18%	18%	-15%
Age 60-64	3,571	2,117	8%	5%	-41%
Age 60+	14,145	10,851	30%	28%	-23%
Age 65+	10,574	8,734	23%	22%	-17%
Age 85+	1,044	1,447	2%	4%	39%
Total	46,616	39,222			-16%

Projected Growth in Next 20 Years

● Estimate ● Projection

- Age 60 to 64: 3.6K / 2.1K
- Age 65 to 74: 6.2K / 3.8K
- Age 75 to 84: 3.3K / 3.5K
- Age 85+: 1.0K / 1.4K

County Rankings

Population Rank	Population 65+ Rank	Median Age
54	53	43.4
People	People 65+	65+ as % of Total
46,616	10,574	23%

Age 65+ Race

Race ▲	County %	NC %
White	47%	77%
Black or African American	47%	17%
American Indian and Alaska Native	3%	1%
Asian	1%	2%
Some Other Race	0%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	18%	10%
100-199% Poverty	22%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	13%	16%
Living Alone	33%	27%
Less Than High School Education	26%	12%
High School Graduate (No College)	37%	29%
Has a Disability	40%	33%
In Labor Force	15%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	1%	3%
White Non-Hispanic/Latino	47%	76%

227 Age 60+ Grandparents responsible for Grandchildren

180 Age 60+ Moved from Other States or Abroad

$39,048 Age 65+ Median Household Income
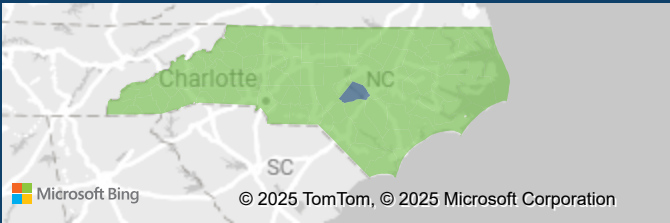
County Aging Population Profile

County: **Harnett**
Region: **M - Mid-Carolina Regional Council**

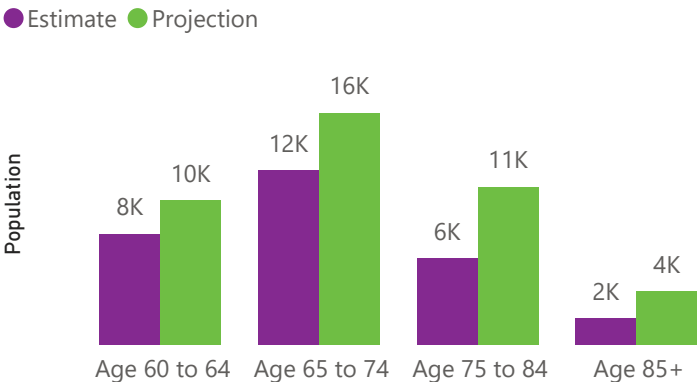**Select a County**
Use the list and/or search box within the dropdown

Harnett County, North Carolina ▾

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	35,587	40,580	25%	22%	14%
Age 18-44	53,999	67,897	38%	36%	26%
Age 45-59	24,363	39,559	17%	21%	62%
Age 60-64	7,529	9,826	5%	5%	31%
Age 60+	27,035	39,957	19%	21%	48%
Age 65+	19,506	30,131	14%	16%	54%
Age 85+	1,780	3,645	1%	2%	105%
Total	140,984	187,993			33%

Projected Growth in Next 20 Years

● Estimate ● Projection

Population

Age group	Estimate	Projection
Age 60 to 64	8K	10K
Age 65 to 74	12K	16K
Age 75 to 84	6K	11K
Age 85+	2K	4K

County Rankings

Population Rank	Population 65+ Rank	Median Age
23	**31**	**35.9**
People	People 65+	65+ as % of Total
140,984	19,506	14%

Age 65+ Race

Race	County %	NC %
White	76%	77%
Black or African American	19%	17%
American Indian and Alaska Native	1%	1%
Asian	1%	2%
Some Other Race	1%	1%
Two or More Races	3%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	12%	10%
100-199% Poverty	25%	19%
Speaks English Less Than Very Well	3%	3%
Veterans	17%	16%
Living Alone	28%	27%
Less Than High School Education	17%	12%
High School Graduate (No College)	35%	29%
Has a Disability	40%	33%
In Labor Force	15%	18%

462 Age 60+ Grandparents responsible for Grandchildren

489 Age 60+ Moved from Other States or Abroad

$40,549 Age 65+ Median Household Income

Age 65+ Ethnicity

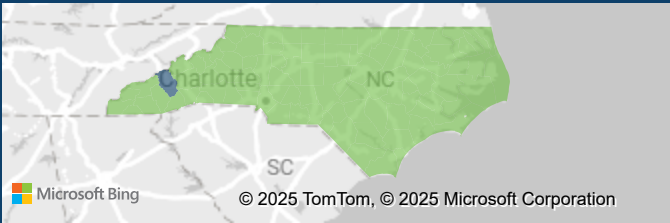|	County %	NC %
Hispanic/Latino	4%	3%
White Non-Hispanic/Latino	74%	76%

County Aging Population Profile

County: **Haywood**

Region: **A - Southwestern Commission**

Select a County
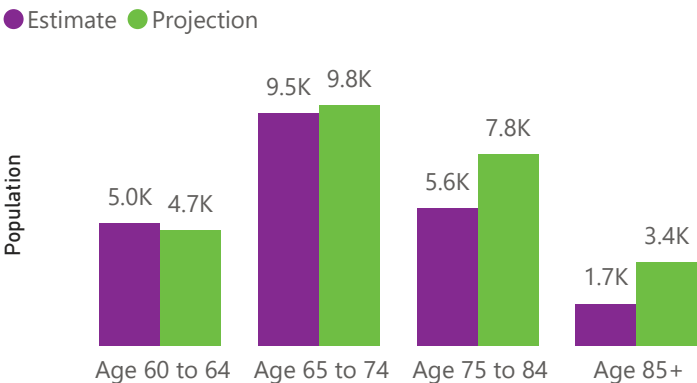
Use the list and/or search box within the dropdown

Haywood County, North Carolina	⌄

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	11,284	11,269	18%	16%	-0%
Age 18-44	18,707	21,103	29%	29%	13%
Age 45-59	12,210	14,469	19%	20%	19%
Age 60-64	4,972	4,702	8%	6%	-5%
Age 60+	21,748	25,670	34%	35%	18%
Age 65+	16,776	20,968	26%	29%	25%
Age 85+	1,704	3,384	3%	5%	99%
Total	63,949	72,511			13%

Projected Growth in Next 20 Years

● Estimate ● Projection

- Age 60 to 64: 5.0K / 4.7K
- Age 65 to 74: 9.5K / 9.8K
- Age 75 to 84: 5.6K / 7.8K
- Age 85+: 1.7K / 3.4K

County Rankings

Population Rank	Population 65+ Rank	Median Age
45	**37**	**47.7**
People	People 65+	65+ as % of Total
63,949	**16,776**	**26%**

Age 65+ Race

Race ▲	County %	NC %
White	96%	77%
Black or African American	1%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	0%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	10%	10%
100-199% Poverty	20%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	19%	16%
Living Alone	28%	27%
Less Than High School Education	10%	12%
High School Graduate (No College)	29%	29%
Has a Disability	34%	33%
In Labor Force	15%	18%

307 Age 60+ Grandparents responsible for Grandchildren

523 Age 60+ Moved from Other States or Abroad

$46,840 Age 65+ Median Household Income

Age 65+ Ethnicity

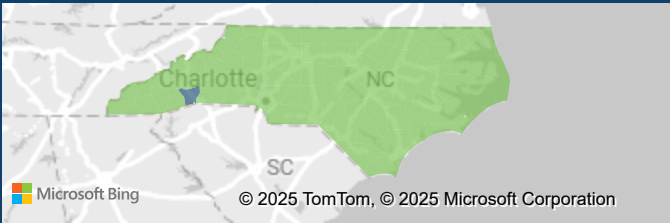|	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	95%	76%

County Aging Population Profile

County: **Henderson**
Region: **B - Land of Sky Regional Council**

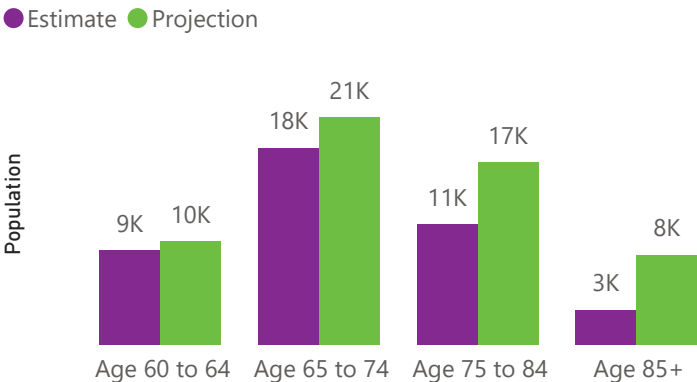**Select a County**
Use the list and/or search box within the dropdown

Henderson County, North Carolina	⌄

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	22,476	24,711	19%	17%	10%
Age 18-44	33,995	41,250	28%	28%	21%
Age 45-59	22,567	26,660	19%	18%	18%
Age 60-64	8,761	9,632	7%	6%	10%
Age 60+	41,559	56,163	34%	38%	35%
Age 65+	32,798	46,531	27%	31%	42%
Age 85+	3,244	8,382	3%	6%	158%
Total	120,597	148,784			23%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	9K	18K	11K	3K
Projection	10K	21K	17K	8K

County Rankings

Population Rank	Population 65+ Rank	Median Age
24	**16**	**47.8**
People	People 65+	65+ as % of Total
120,597	32,798	27%

Age 65+ Race

Race ▲	County %	NC %
White	93%	77%
Black or African American	2%	17%
American Indian and Alaska Native	0%	1%
Asian	1%	2%
Some Other Race	2%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	7%	10%
100-199% Poverty	16%	19%
Speaks English Less Than Very Well	2%	3%
Veterans	17%	16%
Living Alone	24%	27%
Less Than High School Education	8%	12%
High School Graduate (No College)	24%	29%
Has a Disability	30%	33%
In Labor Force	17%	18%

409 Age 60+ Grandparents responsible for Grandchildren

1,205 Age 60+ Moved from Other States or Abroad

$60,564 Age 65+ Median Household Income

Age 65+ Ethnicity

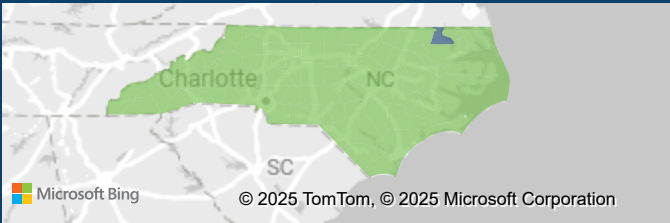|	County %	NC %
Hispanic/Latino	3%	3%
White Non-Hispanic/Latino	93%	76%

County Aging Population Profile

County: **Hertford**

Region: **Q - Mid-East Commission**

Select a County
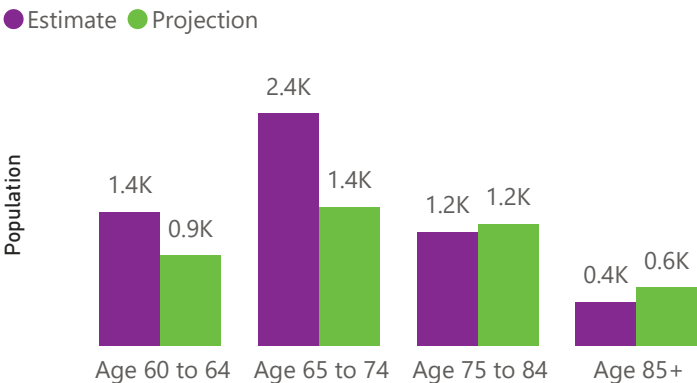
Use the list and/or search box within the dropdown

Hertford County, North Carolina ⌄

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	3,525	2,634	19%	17%	-25%
Age 18-44	6,762	5,875	36%	38%	-13%
Age 45-59	3,124	2,943	17%	19%	-6%
Age 60-64	1,371	925	7%	6%	-33%
Age 60+	5,361	4,189	29%	27%	-22%
Age 65+	3,990	3,264	21%	21%	-18%
Age 85+	449	595	2%	4%	33%
Total	18,772	15,641			-17%

Projected Growth in Next 20 Years

- Estimate
- Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	1.4K	2.4K	1.2K	0.4K
Projection	0.9K	1.4K	1.2K	0.6K

County Rankings

Population Rank	Population 65+ Rank	Median Age
81	85	41.0
People	People 65+	65+ as % of Total
18,772	3,990	21%

Age 65+ Race

Race ▲	County %	NC %
White	42%	77%
Black or African American	53%	17%
American Indian and Alaska Native	2%	1%
Asian	1%	2%
Some Other Race	1%	1%
Two or More Races	1%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	11%	10%
100-199% Poverty	26%	19%
Speaks English Less Than Very Well	2%	3%
Veterans	17%	16%
Living Alone	33%	27%
Less Than High School Education	19%	12%
High School Graduate (No College)	32%	29%
Has a Disability	43%	33%
In Labor Force	15%	18%

63 Age 60+ Grandparents responsible for Grandchildren

106 Age 60+ Moved from Other States or Abroad

$43,440 Age 65+ Median Household Income

Age 65+ Ethnicity

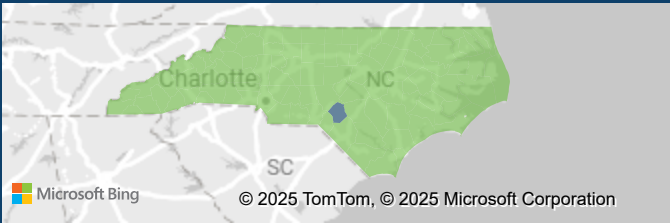|	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	41%	76%

County Aging Population Profile

County: **Hoke**

Region: **N -Lumber River COG**

Select a County

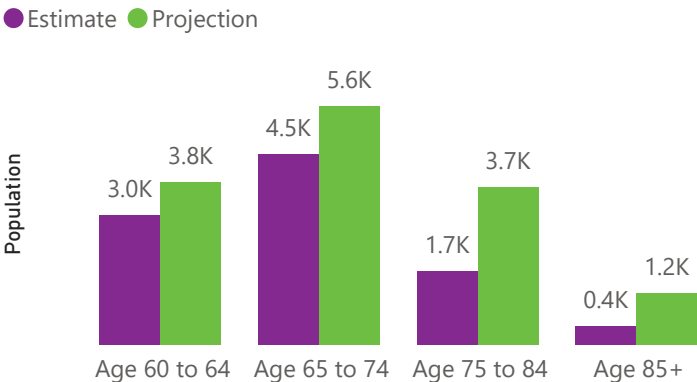Use the list and/or search box within the dropdown

Hoke County, North Carolina	⌄

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	14,884	16,278	27%	23%	9%
Age 18-44	21,365	26,453	39%	37%	24%
Age 45-59	9,136	14,356	17%	20%	57%
Age 60-64	3,032	3,810	6%	5%	26%
Age 60+	9,669	14,317	18%	20%	48%
Age 65+	6,637	10,507	12%	15%	58%
Age 85+	435	1,212	1%	2%	179%
Total	55,054	71,404			30%

Projected Growth in Next 20 Years

● Estimate ● Projection

Age 60 to 64: 3.0K / 3.8K
Age 65 to 74: 4.5K / 5.6K
Age 75 to 84: 1.7K / 3.7K
Age 85+: 0.4K / 1.2K

County Rankings

Population Rank	Population 65+ Rank	Median Age
48	**71**	**34.6**
People	People 65+	65+ as % of Total
55,054	6,637	12%

Age 65+ Race

Race ▲	County %	NC %
White	43%	77%
Black or African American	40%	17%
American Indian and Alaska Native	8%	1%
Asian	2%	2%
Some Other Race	2%	1%
Two or More Races	4%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	14%	10%
100-199% Poverty	26%	19%
Speaks English Less Than Very Well	4%	3%
Veterans	24%	16%
Living Alone	29%	27%
Less Than High School Education	14%	12%
High School Graduate (No College)	38%	29%
Has a Disability	46%	33%
In Labor Force	13%	18%

329 Age 60+ Grandparents responsible for Grandchildren

188 Age 60+ Moved from Other States or Abroad

$41,892 Age 65+ Median Household Income

Age 65+ Ethnicity

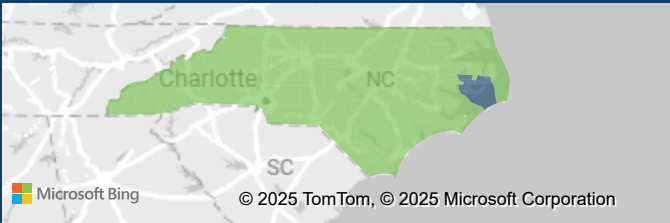|	County %	NC %
Hispanic/Latino	6%	3%
White Non-Hispanic/Latino	42%	76%

County Aging Population Profile

County: **Hyde**
Region: **R - Albemarle Commission**

Select a County
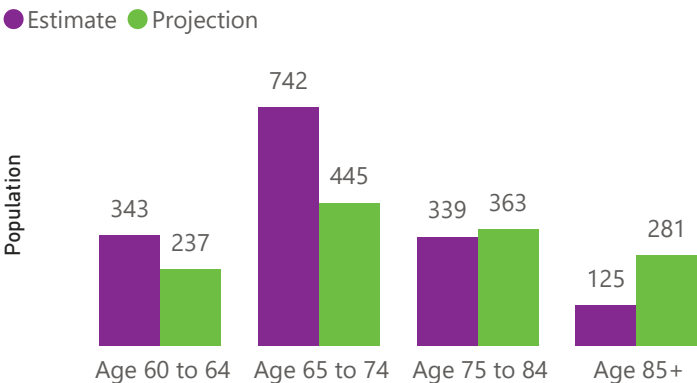Use the list and/or search box within the dropdown

Hyde County, North Carolina ▼

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	746	654	16%	18%	-12%
Age 18-44	1,466	986	31%	27%	-33%
Age 45-59	910	698	19%	19%	-23%
Age 60-64	343	237	7%	6%	-31%
Age 60+	1,549	1,326	33%	36%	-14%
Age 65+	1,206	1,089	26%	30%	-10%
Age 85+	125	281	3%	8%	125%
Total	4,671	3,664			-22%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	343	742	339	125
Projection	237	445	363	281

County Rankings

Population Rank	Population 65+ Rank	Median Age
99	**99**	**48.0**
People	People 65+	65+ as % of Total
4,671	1,206	26%

Age 65+ Race

Race	County %	NC %
White	63%	77%
Black or African American	33%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	0%	1%
Two or More Races	4%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	2%	10%
100-199% Poverty	38%	19%
Speaks English Less Than Very Well	0%	3%
Veterans	9%	16%
Living Alone	41%	27%
Less Than High School Education	16%	12%
High School Graduate (No College)	39%	29%
Has a Disability	20%	33%
In Labor Force	35%	18%

25 Age 60+ Grandparents responsible for Grandchildren

0 Age 60+ Moved from Other States or Abroad

$34,912 Age 65+ Median Household Income

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	0%	3%
White Non-Hispanic/Latino	63%	76%

County Aging Population Profile

County: **Iredell**
Region: **F - Centralina COG**

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Microsoft Bing
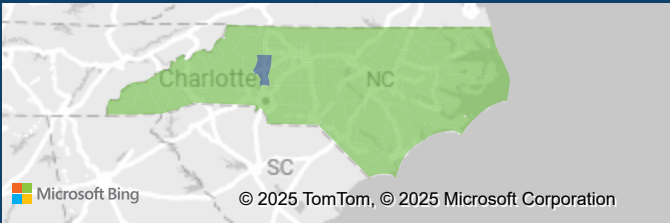
Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	44,944	54,990	22%	20%	22%
Age 18-44	65,573	88,582	32%	32%	35%
Age 45-59	42,779	54,457	21%	20%	27%
Age 60-64	13,843	17,294	7%	6%	25%
Age 60+	48,742	77,513	24%	28%	59%
Age 65+	34,899	60,219	17%	22%	73%
Age 85+	3,074	7,841	2%	3%	155%
Total	202,038	275,542			36%

Projected Growth in Next 20 Years

● Estimate ● Projection

Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
14K / 17K	21K / 31K	11K / 21K	3K / 8K
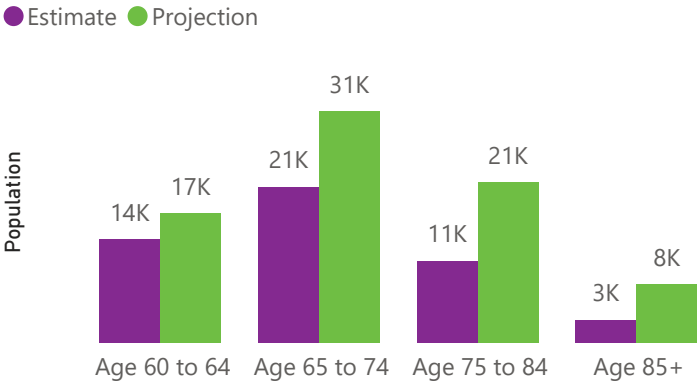
County Rankings

Population Rank	Population 65+ Rank	Median Age
14	**11**	**41.4**
People	People 65+	65+ as % of Total
202,038	34,899	17%

Age 65+ Race

Race ▲	County %	NC %
White	86%	77%
Black or African American	9%	17%
American Indian and Alaska Native	0%	1%
Asian	1%	2%
Some Other Race	1%	1%
Two or More Races	3%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	7%	10%
100-199% Poverty	17%	19%
Speaks English Less Than Very Well	3%	3%
Veterans	15%	16%
Living Alone	23%	27%
Less Than High School Education	10%	12%
High School Graduate (No College)	33%	29%
Has a Disability	32%	33%
In Labor Force	21%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	3%	3%
White Non-Hispanic/Latino	85%	76%

618 Age 60+ Grandparents responsible for Grandchildren

914 Age 60+ Moved from Other States or Abroad

$55,131 Age 65+ Median Household Income

County Aging Population Profile

County: **Jackson**
Region: **A - Southwestern Commission**

Select a County
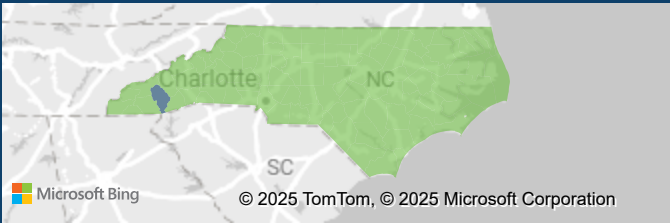Use the list and/or search box within the dropdown

Jackson County, North Carolina ⌄

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	7,151	7,661	16%	15%	7%
Age 18-44	17,924	20,920	40%	40%	17%
Age 45-59	7,045	8,140	16%	16%	16%
Age 60-64	2,830	2,951	6%	6%	4%
Age 60+	12,154	15,165	27%	29%	25%
Age 65+	9,324	12,214	21%	24%	31%
Age 85+	827	2,131	2%	4%	158%
Total	44,274	51,886			17%

Projected Growth in Next 20 Years

● Estimate ● Projection
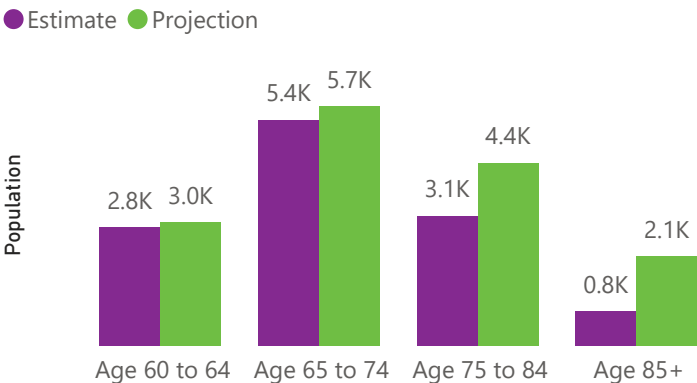
County Rankings

Population Rank	Population 65+ Rank	Median Age
57	**62**	**38.6**
People	People 65+	65+ as % of Total
44,274	9,324	21%

Age 65+ Race

Race ▲	County %	NC %
White	89%	77%
Black or African American	1%	17%
American Indian and Alaska Native	6%	1%
Asian	0%	2%
Some Other Race	1%	1%
Two or More Races	3%	2%
Total	**100%**	**100%**

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	89%	76%

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	11%	10%
100-199% Poverty	18%	19%
Speaks English Less Than Very Well	0%	3%
Veterans	18%	16%
Living Alone	25%	27%
Less Than High School Education	11%	12%
High School Graduate (No College)	28%	29%
Has a Disability	27%	33%
In Labor Force	15%	18%

273 Age 60+ Grandparents responsible for Grandchildren

533 Age 60+ Moved from Other States or Abroad

$51,454 Age 65+ Median Household Income
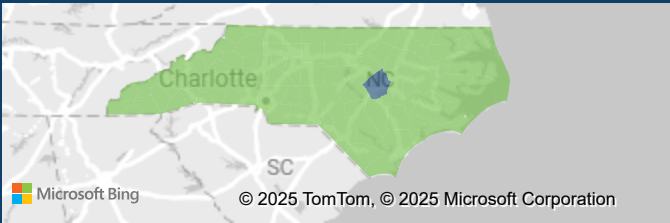
County Aging Population Profile

County: **Johnston**
Region: **J - Central Pines Regional Council**

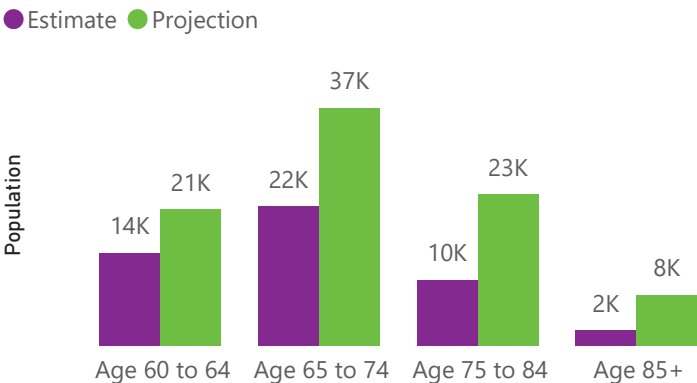**Select a County**
Use the list and/or search box within the dropdown

Johnston County, North Carolina	▼

Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	59,879	81,071		25%	22%	35%
Age 18-44	82,835	122,122		34%	34%	47%
Age 45-59	49,904	71,074		21%	20%	42%
Age 60-64	14,337	21,106		6%	6%	47%
Age 60+	48,431	89,128		20%	25%	84%
Age 65+	34,094	68,022		14%	19%	100%
Age 85+	2,370	7,845		1%	2%	231%
Total	241,049	363,395				51%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	14K	22K	10K	2K
Projection	21K	37K	23K	8K

County Rankings

Population Rank	Population 65+ Rank	Median Age
10	**13**	**38.4**
People	People 65+	65+ as % of Total
241,049	34,094	14%

Age 65+ Race

Race ▲	County %	NC %
White	80%	77%
Black or African American	15%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	3%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	10%	10%
100-199% Poverty	20%	19%
Speaks English Less Than Very Well	2%	3%
Veterans	17%	16%
Living Alone	25%	27%
Less Than High School Education	13%	12%
High School Graduate (No College)	35%	29%
Has a Disability	35%	33%
In Labor Force	18%	18%

779 Age 60+ Grandparents responsible for Grandchildren

554 Age 60+ Moved from Other States or Abroad

$50,163 Age 65+ Median Household Income

Age 65+ Ethnicity

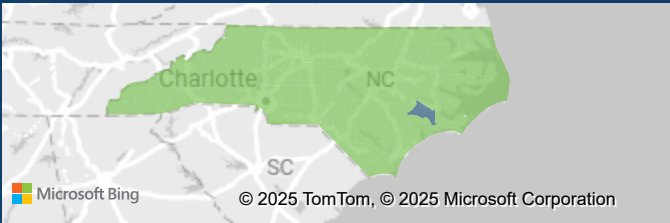|	County %	NC %
Hispanic/Latino	5%	3%
White Non-Hispanic/Latino	79%	76%

County Aging Population Profile

County: **Jones**
Region: **P - Eastern Carolina COG**

Select a County
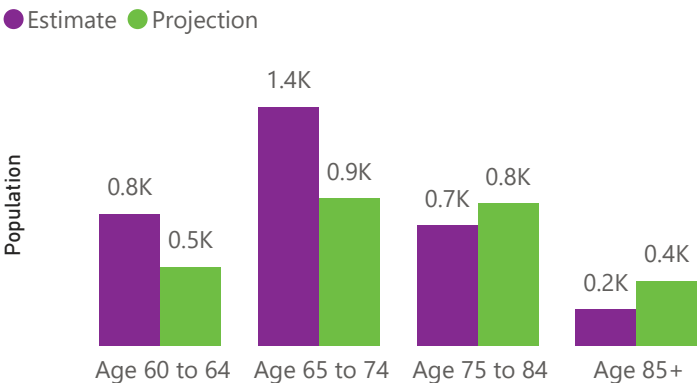Use the list and/or search box within the dropdown

Jones County, North Carolina ▾

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County Rankings

Population Rank	Population 65+ Rank	Median Age
97	96	47.3
People	People 65+	65+ as % of Total
9,208	2,330	25%

Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	1,683	1,745		18%	20%	4%
Age 18-44	2,704	2,553		29%	30%	-6%
Age 45-59	1,713	1,754		19%	20%	2%
Age 60-64	778	465		8%	5%	-40%
Age 60+	3,108	2,554		34%	30%	-18%
Age 65+	2,330	2,089		25%	24%	-10%
Age 85+	214	382		2%	4%	79%
Total	9,208	8,606				-7%

Projected Growth in Next 20 Years

● Estimate ● Projection

Age 65+ Race

Race ▲	County %	NC %
White	65%	77%
Black or African American	34%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	0%	1%
Two or More Races	1%	2%
Total	**100%**	**100%**

Social and Economic Characteristics
Population Age 65 and Older

	County %	NC %
0-99% Poverty	11%	10%
100-199% Poverty	25%	19%
Speaks English Less Than Very Well	0%	3%
Veterans	22%	16%
Living Alone	27%	27%
Less Than High School Education	16%	12%
High School Graduate (No College)	34%	29%
Has a Disability	42%	33%
In Labor Force	17%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	1%	3%
White Non-Hispanic/Latino	64%	76%

12
Age 60+ Grandparents responsible for Grandchildren

34
Age 60+ Moved from Other States or Abroad

$49,112
Age 65+ Median Household Income
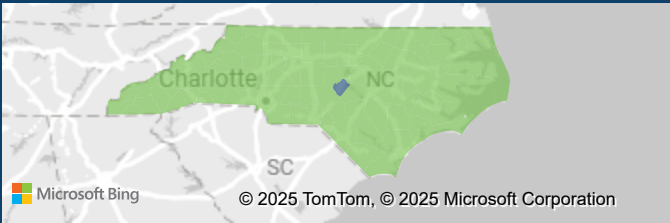
County Aging Population Profile

County: Lee
Region: J - Central Pines Regional Council

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	15,780	17,384	23%	20%	10%
Age 18-44	22,163	28,225	33%	33%	27%
Age 45-59	12,973	16,008	19%	18%	23%
Age 60-64	4,472	5,221	7%	6%	17%
Age 60+	16,392	24,949	24%	29%	52%
Age 65+	11,920	19,728	18%	23%	66%
Age 85+	1,198	2,619	2%	3%	119%
Total	67,308	86,566			29%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	4.5K	7.2K	3.5K	1.2K
Projection	5.2K	10.0K	7.1K	2.6K

County Rankings

Population Rank	Population 65+ Rank	Median Age
41	**45**	**39.5**
People	People 65+	65+ as % of Total
67,308	11,920	18%

Age 65+ Race

Race ▲	County %	NC %
White	76%	77%
Black or African American	17%	17%
American Indian and Alaska Native	0%	1%
Asian	1%	2%
Some Other Race	2%	1%
Two or More Races	3%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	11%	10%
100-199% Poverty	19%	19%
Speaks English Less Than Very Well	5%	3%
Veterans	13%	16%
Living Alone	25%	27%
Less Than High School Education	15%	12%
High School Graduate (No College)	35%	29%
Has a Disability	40%	33%
In Labor Force	16%	18%

260 Age 60+ Grandparents responsible for Grandchildren

243 Age 60+ Moved from Other States or Abroad

$50,785 Age 65+ Median Household Income

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	5%	3%
White Non-Hispanic/Latino	76%	76%

County Aging Population Profile

County: Lenoir
Region: P - Eastern Carolina COG

Select a County
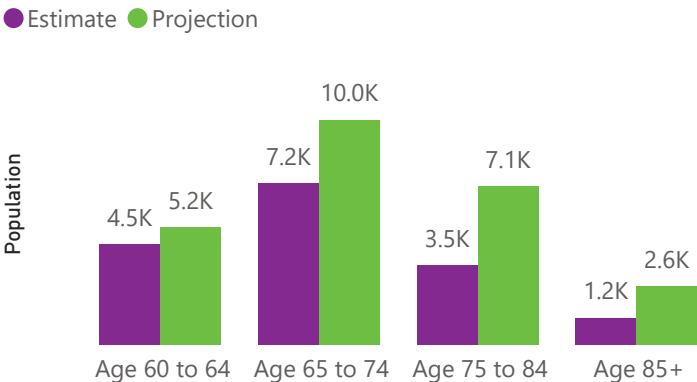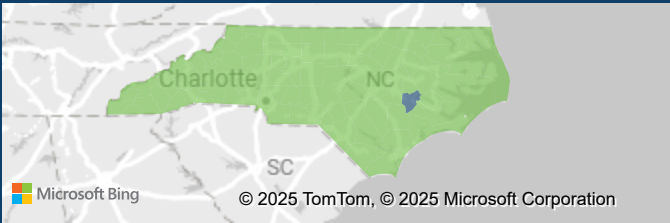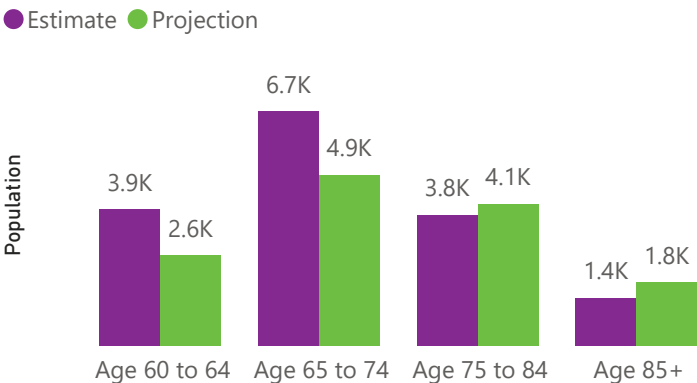
Use the list and/or search box within the dropdown

Lenoir County, North Carolina ▾

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	12,165	13,153	23%	24%	8%
Age 18-44	16,425	18,013	30%	33%	10%
Age 45-59	9,573	9,467	18%	18%	-1%
Age 60-64	3,923	2,594	7%	5%	-34%
Age 60+	15,803	13,400	29%	25%	-15%
Age 65+	11,880	10,806	22%	20%	-9%
Age 85+	1,372	1,817	3%	3%	32%
Total	53,966	54,033			0%

Projected Growth in Next 20 Years

● Estimate ● Projection

Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
3.9K / 2.6K	6.7K / 4.9K	3.8K / 4.1K	1.4K / 1.8K

County Rankings

Population Rank	Population 65+ Rank	Median Age
50	46	41.9
People	People 65+	65+ as % of Total
53,966	11,880	22%

Age 65+ Race

Race	County %	NC %
White	58%	77%
Black or African American	39%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	1%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	15%	10%
100-199% Poverty	26%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	16%	16%
Living Alone	33%	27%
Less Than High School Education	20%	12%
High School Graduate (No College)	34%	29%
Has a Disability	48%	33%
In Labor Force	15%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	58%	76%

255 Age 60+ Grandparents responsible for Grandchildren

127 Age 60+ Moved from Other States or Abroad

$39,657 Age 65+ Median Household Income
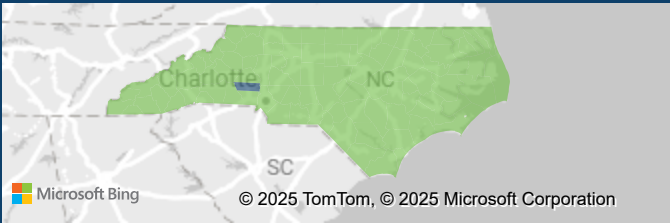
County Aging Population Profile

County: **Lincoln**

Region: **F - Centralina COG**

Select a County

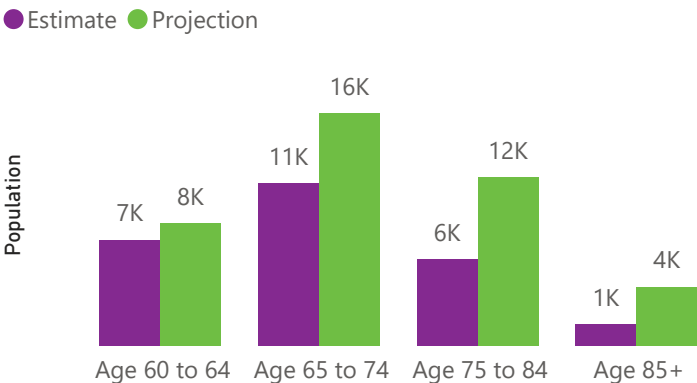Use the list and/or search box within the dropdown

Lincoln County, North Carolina ▾

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	19,775	24,145	21%	19%	22%
Age 18-44	28,317	38,981	30%	30%	38%
Age 45-59	20,802	24,759	22%	19%	19%
Age 60-64	7,311	8,438	8%	7%	15%
Age 60+	25,925	40,154	27%	31%	55%
Age 65+	18,614	31,716	20%	25%	70%
Age 85+	1,469	4,062	2%	3%	177%
Total	94,819	128,039			35%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	7K	11K	6K	1K
Projection	8K	16K	12K	4K

County Rankings

Population Rank	Population 65+ Rank	Median Age
31	35	44.4
People	People 65+	65+ as % of Total
94,819	18,614	20%

Age 65+ Race

Race ▲	County %	NC %
White	91%	77%
Black or African American	5%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	1%	1%
Two or More Races	3%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	10%	10%
100-199% Poverty	19%	19%
Speaks English Less Than Very Well	2%	3%
Veterans	16%	16%
Living Alone	22%	27%
Less Than High School Education	14%	12%
High School Graduate (No College)	33%	29%
Has a Disability	35%	33%
In Labor Force	16%	18%

237 Age 60+ Grandparents responsible for Grandchildren

480 Age 60+ Moved from Other States or Abroad

$54,529 Age 65+ Median Household Income

Age 65+ Ethnicity

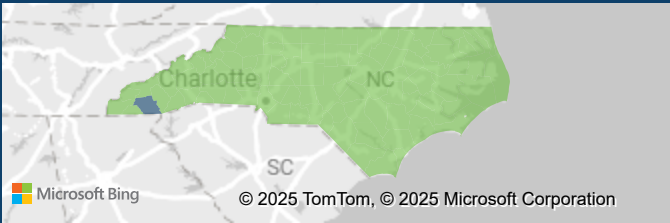|	County %	NC %
Hispanic/Latino	4%	3%
White Non-Hispanic/Latino	90%	76%

County Aging Population Profile

County: **Macon**
Region: **A - Southwestern Commission**

Select a County
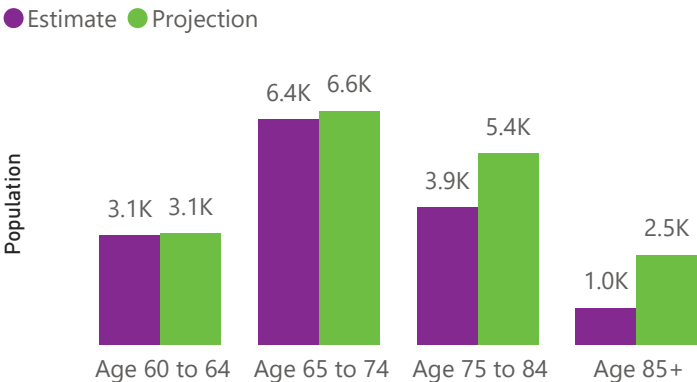
Use the list and/or search box within the dropdown

Macon County, North Carolina ▾

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Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	7,149	7,467		19%	16%	4%
Age 18-44	9,976	12,345		26%	27%	24%
Age 45-59	6,641	7,878		17%	17%	19%
Age 60-64	3,086	3,139		8%	7%	2%
Age 60+	14,386	17,706		38%	39%	23%
Age 65+	11,300	14,567		30%	32%	29%
Age 85+	1,043	2,538		3%	6%	143%
Total	38,152	45,396				19%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	3.1K	6.4K	3.9K	1.0K
Projection	3.1K	6.6K	5.4K	2.5K

County Rankings

Population Rank	Population 65+ Rank	Median Age
64	**49**	**50.0**
People	People 65+	65+ as % of Total
38,152	11,300	30%

Age 65+ Race

Race ▲	County %	NC %
White	95%	77%
Black or African American	1%	17%
American Indian and Alaska Native	1%	1%
Asian	1%	2%
Some Other Race	0%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	12%	10%
100-199% Poverty	21%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	20%	16%
Living Alone	29%	27%
Less Than High School Education	9%	12%
High School Graduate (No College)	30%	29%
Has a Disability	31%	33%
In Labor Force	18%	18%

52 Age 60+ Grandparents responsible for Grandchildren

771 Age 60+ Moved from Other States or Abroad
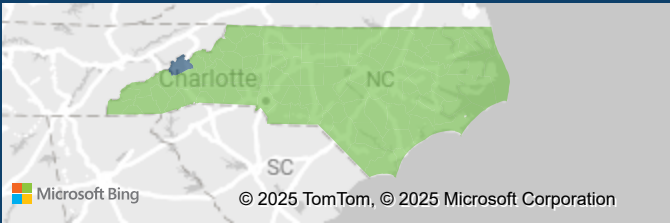
$45,833 Age 65+ Median Household Income

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	94%	76%

County Aging Population Profile

County: Madison

Region: B - Land of Sky Regional Council

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Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	3,818	4,076		18%	17%	7%
Age 18-44	7,041	7,555		32%	32%	7%
Age 45-59	4,129	4,656		19%	20%	13%
Age 60-64	1,558	1,410		7%	6%	-9%
Age 60+	6,765	7,201		31%	31%	6%
Age 65+	5,207	5,791		24%	25%	11%
Age 85+	480	1,024		2%	4%	113%
Total	21,753	23,488				8%

Projected Growth in Next 20 Years

● Estimate ● Projection

- Age 60 to 64: 1.6K / 1.4K
- Age 65 to 74: 3.1K / 2.7K
- Age 75 to 84: 1.7K / 2.1K
- Age 85+: 0.5K / 1.0K

County Rankings

Population Rank	Population 65+ Rank	Median Age
76	**78**	**45.0**
People	People 65+	65+ as % of Total
21,753	**5,207**	**24%**

Age 65+ Race

Race ▲	County %	NC %
White	95%	77%
Black or African American	1%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	1%	1%
Two or More Races	3%	2%
Total	**100%**	**100%**

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	95%	76%

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	13%	10%
100-199% Poverty	21%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	15%	16%
Living Alone	30%	27%
Less Than High School Education	12%	12%
High School Graduate (No College)	27%	29%
Has a Disability	36%	33%
In Labor Force	19%	18%

68 Age 60+ Grandparents responsible for Grandchildren

155 Age 60+ Moved from Other States or Abroad

$41,915 Age 65+ Median Household Income

County Aging Population Profile

County: **Martin**
Region: **Q - Mid-East Commission**

Select a County
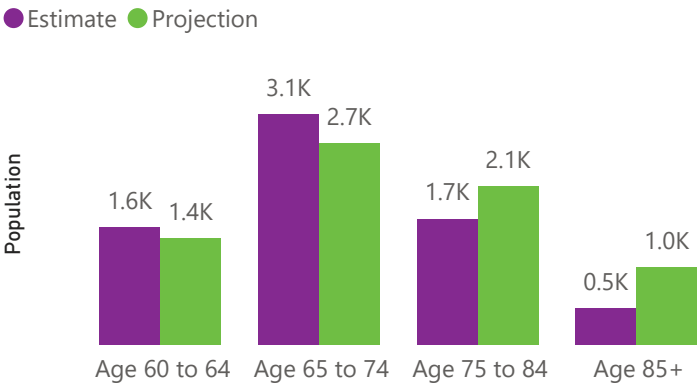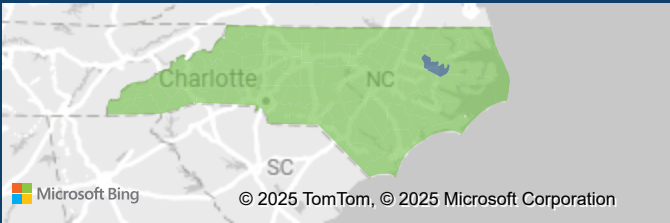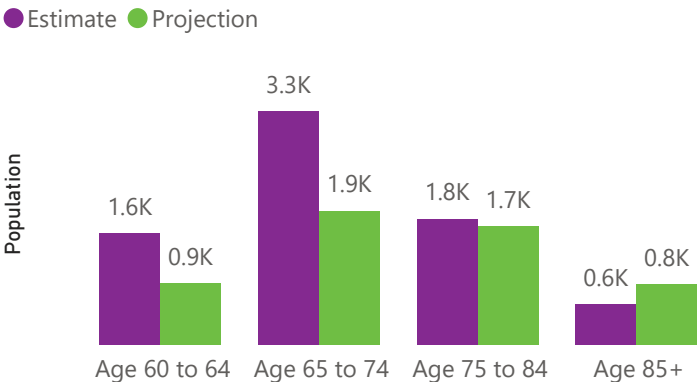
Use the list and/or search box within the dropdown

Martin County, North Carolina ▾

County Rankings

	Population Rank	Population 65+ Rank	Median Age
	78	**76**	**46.8**
	People	People 65+	65+ as % of Total
	21,183	5,584	26%

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	4,331	3,734	20%	21%	-14%
Age 18-44	5,828	5,365	28%	31%	-8%
Age 45-59	3,886	3,138	18%	18%	-19%
Age 60-64	1,554	860	7%	5%	-45%
Age 60+	7,138	5,227	34%	30%	-27%
Age 65+	5,584	4,367	26%	25%	-22%
Age 85+	568	846	3%	5%	49%
Total	21,183	17,464			-18%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	1.6K	3.3K	1.8K	0.6K
Projection	0.9K	1.9K	1.7K	0.8K

Age 65+ Race

Race	County %	NC %
White	56%	77%
Black or African American	41%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	0%	1%
Two or More Races	4%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	16%	10%
100-199% Poverty	21%	19%
Speaks English Less Than Very Well	0%	3%
Veterans	11%	16%
Living Alone	34%	27%
Less Than High School Education	24%	12%
High School Graduate (No College)	36%	29%
Has a Disability	42%	33%
In Labor Force	16%	18%

96 Age 60+ Grandparents responsible for Grandchildren

40 Age 60+ Moved from Other States or Abroad

$38,248 Age 65+ Median Household Income

Age 65+ Ethnicity

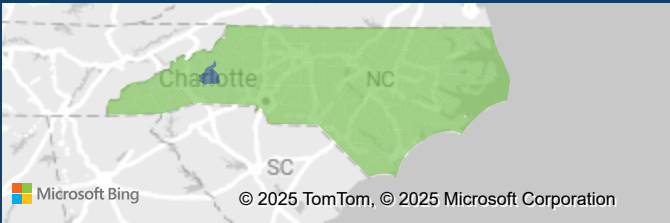|	County %	NC %
Hispanic/Latino	1%	3%
White Non-Hispanic/Latino	54%	76%

County Aging Population Profile
County: **McDowell**
Region: **C - Foothills Regional Commission**

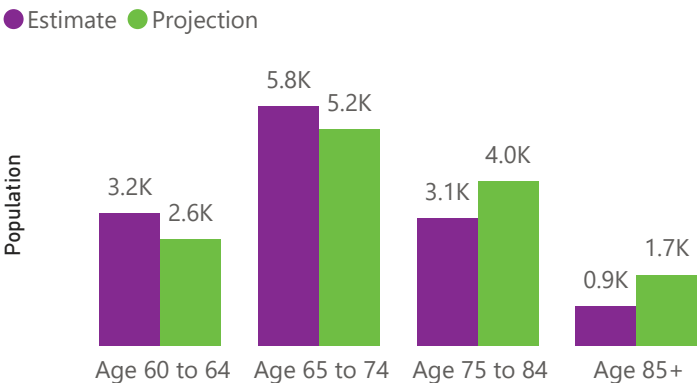## Select a County
Use the list and/or search box within the dropdown

> McDowell County, North Carolina ▼

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	8,606	7,892	19%	18%	-8%
Age 18-44	13,978	14,682	31%	33%	5%
Age 45-59	8,945	8,795	20%	20%	-2%
Age 60-64	3,198	2,558	7%	6%	-20%
Age 60+	12,992	13,449	29%	30%	4%
Age 65+	9,794	10,891	22%	24%	11%
Age 85+	942	1,707	2%	4%	81%
Total	44,521	44,818			1%

Projected Growth in Next 20 Years
● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	3.2K	5.8K	3.1K	0.9K
Projection	2.6K	5.2K	4.0K	1.7K

County Rankings

Population Rank	Population 65+ Rank	Median Age
56	**59**	**44.4**
People	People 65+	65+ as % of Total
44,521	**9,794**	**22%**

Age 65+ Race

Race ▲	County %	NC %
White	97%	77%
Black or African American	2%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	0%	1%
Two or More Races	1%	2%
Total	**100%**	**100%**

Social and Economic Characteristics
Population Age 65 and Older

	County %	NC %
0-99% Poverty	10%	10%
100-199% Poverty	24%	19%
Speaks English Less Than Very Well	0%	3%
Veterans	17%	16%
Living Alone	23%	27%
Less Than High School Education	14%	12%
High School Graduate (No College)	38%	29%
Has a Disability	39%	33%
In Labor Force	12%	18%

363
Age 60+ Grandparents responsible for Grandchildren

136
Age 60+ Moved from Other States or Abroad

$44,693
Age 65+ Median Household Income

Age 65+ Ethnicity

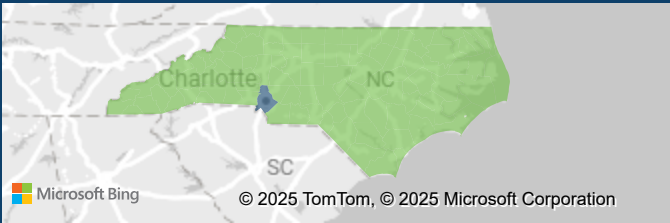|	County %	NC %
Hispanic/Latino	1%	3%
White Non-Hispanic/Latino	96%	76%

County Aging Population Profile

County: Mecklenburg
Region: F - Centralina COG

Select a County

Use the list and/or search box within the dropdown

> Mecklenburg County, North Carolina ⌄

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	262,138	294,633	23%	19%	12%
Age 18-44	472,910	586,021	41%	38%	24%
Age 45-59	220,336	318,151	19%	21%	44%
Age 60-64	62,318	82,494	5%	5%	32%
Age 60+	206,784	346,015	18%	22%	67%
Age 65+	144,466	263,521	12%	17%	82%
Age 85+	13,381	40,120	1%	3%	200%
Total	1,162,168	1,544,820			33%

Projected Growth in Next 20 Years

● Estimate ● Projection
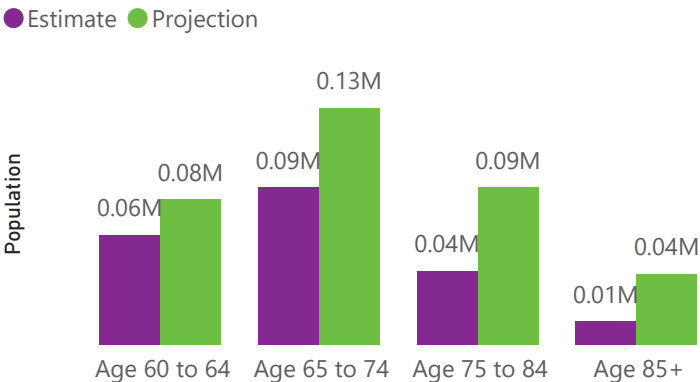
County Rankings

Population Rank	Population 65+ Rank	Median Age
2	**2**	**36.2**
People	People 65+	65+ as % of Total
1,162,168	144,466	12%

Age 65+ Race

Race ▲	County %	NC %
White	63%	77%
Black or African American	26%	17%
American Indian and Alaska Native	0%	1%
Asian	4%	2%
Some Other Race	3%	1%
Two or More Races	4%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	9%	10%
100-199% Poverty	16%	19%
Speaks English Less Than Very Well	7%	3%
Veterans	14%	16%
Living Alone	27%	27%
Less Than High School Education	10%	12%
High School Graduate (No College)	22%	29%
Has a Disability	28%	33%
In Labor Force	23%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	6%	3%
White Non-Hispanic/Latino	62%	76%

 2,594 Age 60+ Grandparents responsible for Grandchildren

 5,716 Age 60+ Moved from Other States or Abroad

 $58,508 Age 65+ Median Household Income
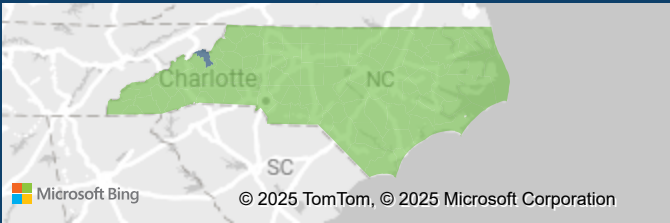
County Aging Population Profile

County: **Mitchell**

Region: **D - High Country COG**

Select a County

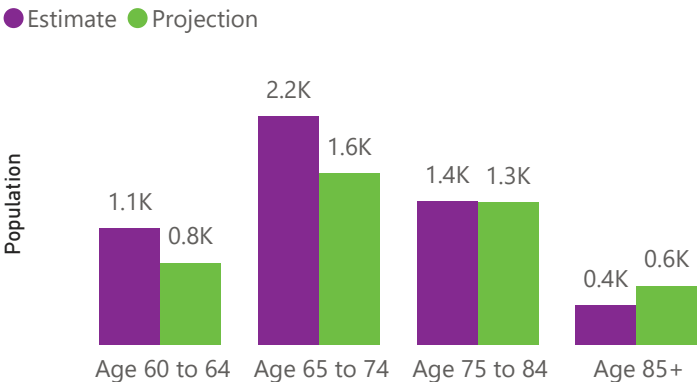Use the list and/or search box within the dropdown

Mitchell County, North Carolina ⌄

Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	2,630	2,313		18%	17%	-12%
Age 18-44	4,234	4,608		29%	33%	9%
Age 45-59	2,867	2,694		19%	19%	-6%
Age 60-64	1,101	774		7%	6%	-30%
Age 60+	4,990	4,296		34%	31%	-14%
Age 65+	3,889	3,522		26%	25%	-9%
Age 85+	374	556		3%	4%	49%
Total	14,721	13,911				-6%

Projected Growth in Next 20 Years

● Estimate ● Projection

- Age 60 to 64: 1.1K / 0.8K
- Age 65 to 74: 2.2K / 1.6K
- Age 75 to 84: 1.4K / 1.3K
- Age 85+: 0.4K / 0.6K

Population

County Rankings

Population Rank	Population 65+ Rank	Median Age
87	87	47.9
People	People 65+	65+ as % of Total
14,721	3,889	26%

Age 65+ Race

Race ▲	County %	NC %
White	96%	77%
Black or African American	1%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	1%	1%
Two or More Races	1%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	15%	10%
100-199% Poverty	20%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	16%	16%
Living Alone	33%	27%
Less Than High School Education	19%	12%
High School Graduate (No College)	33%	29%
Has a Disability	42%	33%
In Labor Force	18%	18%

29 Age 60+ Grandparents responsible for Grandchildren

164 Age 60+ Moved from Other States or Abroad

$38,657 Age 65+ Median Household Income

Age 65+ Ethnicity

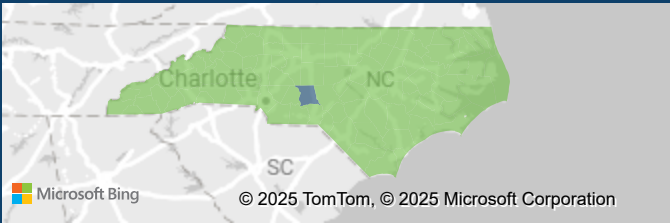|	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	96%	76%

County Aging Population Profile

County: **Montgomery**
Region: **G - Piedmont Triad Regional Council**

Select a County

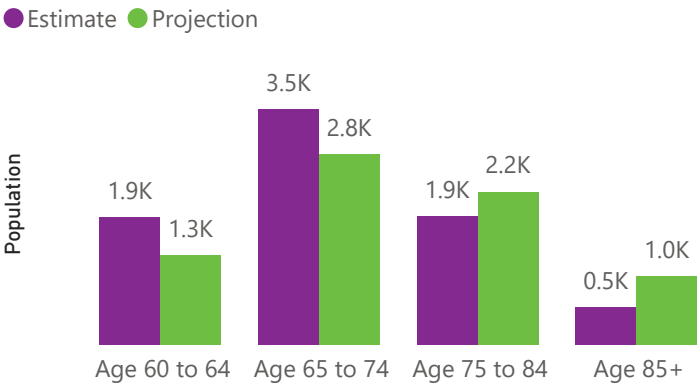Use the list and/or search box within the dropdown

Montgomery County, North Carolina ▼

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	5,415	5,321	21%	20%	-2%
Age 18-44	7,873	8,906	30%	34%	13%
Age 45-59	4,795	4,618	19%	18%	-4%
Age 60-64	1,869	1,315	7%	5%	-30%
Age 60+	7,750	7,352	30%	28%	-5%
Age 65+	5,881	6,037	23%	23%	3%
Age 85+	543	1,004	2%	4%	85%
Total	25,833	26,197			1%

Projected Growth in Next 20 Years

● Estimate ● Projection

Population

- Age 60 to 64: 1.9K / 1.3K
- Age 65 to 74: 3.5K / 2.8K
- Age 75 to 84: 1.9K / 2.2K
- Age 85+: 0.5K / 1.0K

County Rankings

Population Rank	Population 65+ Rank	Median Age
74	74	43.4
People	People 65+	65+ as % of Total
25,833	5,881	23%

Age 65+ Race

Race ▲	County %	NC %
White	81%	77%
Black or African American	15%	17%
American Indian and Alaska Native	1%	1%
Asian	1%	2%
Some Other Race	0%	1%
Two or More Races	3%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	11%	10%
100-199% Poverty	22%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	15%	16%
Living Alone	24%	27%
Less Than High School Education	16%	12%
High School Graduate (No College)	34%	29%
Has a Disability	36%	33%
In Labor Force	15%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	80%	76%

188
Age 60+ Grandparents responsible for Grandchildren

46
Age 60+ Moved from Other States or Abroad

$48,322
Age 65+ Median Household Income
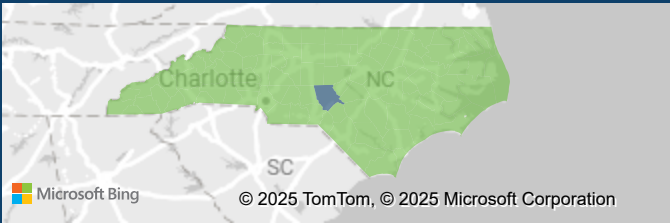
County Aging Population Profile

County: **Moore**
Region: **J - Central Pines Regional Council**

Select a County
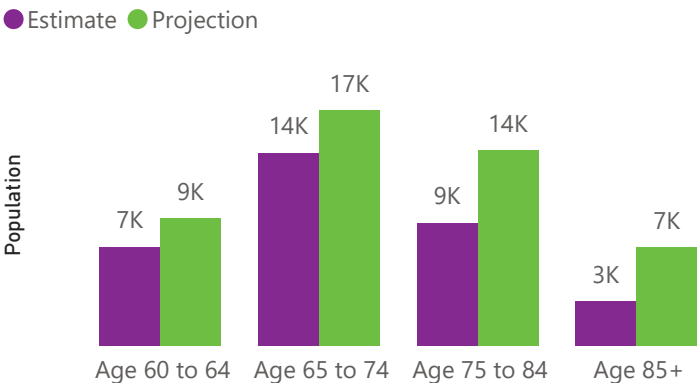Use the list and/or search box within the dropdown

Moore County, North Carolina ▼

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	23,440	30,892	22%	20%	32%
Age 18-44	33,096	46,711	31%	30%	41%
Age 45-59	17,880	29,997	17%	19%	68%
Age 60-64	7,206	9,299	7%	6%	29%
Age 60+	33,445	47,850	31%	31%	43%
Age 65+	26,239	38,551	24%	25%	47%
Age 85+	3,234	7,161	3%	5%	121%
Total	107,861	155,450			44%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	7K	14K	9K	3K
Projection	9K	17K	14K	7K

County Rankings

Population Rank	Population 65+ Rank	Median Age
27	22	43.0
People	People 65+	65+ as % of Total
107,861	26,239	24%

Age 65+ Race

Race ▲	County %	NC %
White	87%	77%
Black or African American	9%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	1%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	7%	10%
100-199% Poverty	15%	19%
Speaks English Less Than Very Well	2%	3%
Veterans	16%	16%
Living Alone	25%	27%
Less Than High School Education	8%	12%
High School Graduate (No College)	23%	29%
Has a Disability	28%	33%
In Labor Force	17%	18%

427 Age 60+ Grandparents responsible for Grandchildren

783 Age 60+ Moved from Other States or Abroad

$62,860 Age 65+ Median Household Income

Age 65+ Ethnicity

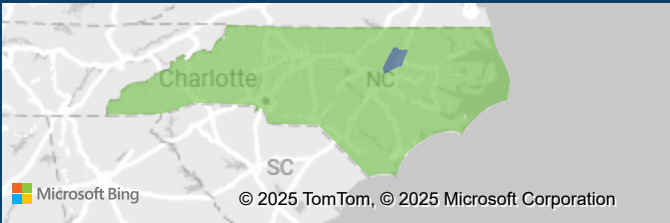|	County %	NC %
Hispanic/Latino	3%	3%
White Non-Hispanic/Latino	86%	76%

County Aging Population Profile

County: **Nash**
Region: **L - Upper Coastal Plain COG**

Select a County
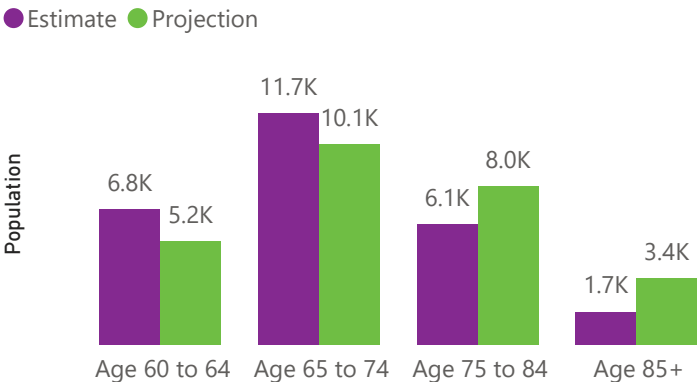
Use the list and/or search box within the dropdown

Nash County, North Carolina ▾

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	21,223	22,353	22%	22%	5%
Age 18-44	31,836	34,865	33%	34%	10%
Age 45-59	18,530	19,219	19%	19%	4%
Age 60-64	6,815	5,197	7%	5%	-24%
Age 60+	26,213	26,641	27%	26%	2%
Age 65+	19,398	21,444	20%	21%	11%
Age 85+	1,663	3,350	2%	3%	101%
Total	97,802	103,078			5%

Projected Growth in Next 20 Years

● Estimate ● Projection

Population

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	6.8K	11.7K	6.1K	1.7K
Projection	5.2K	10.1K	8.0K	3.4K

County Rankings

Population Rank	Population 65+ Rank	Median Age
30	**33**	**41.1**
People	People 65+	65+ as % of Total
97,802	19,398	20%

Age 65+ Race

Race ▲	County %	NC %
White	63%	77%
Black or African American	34%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	1%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	12%	10%
100-199% Poverty	19%	19%
Speaks English Less Than Very Well	0%	3%
Veterans	17%	16%
Living Alone	31%	27%
Less Than High School Education	15%	12%
High School Graduate (No College)	33%	29%
Has a Disability	32%	33%
In Labor Force	17%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	1%	3%
White Non-Hispanic/Latino	63%	76%

364
Age 60+ Grandparents responsible for Grandchildren

286
Age 60+ Moved from Other States or Abroad

$48,460
Age 65+ Median Household Income
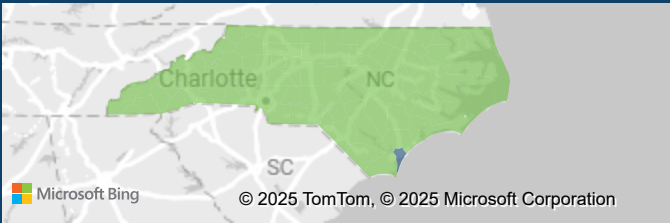
County Aging Population Profile
County: **New Hanover**
Region: **O - Cape Fear COG**

Select a County
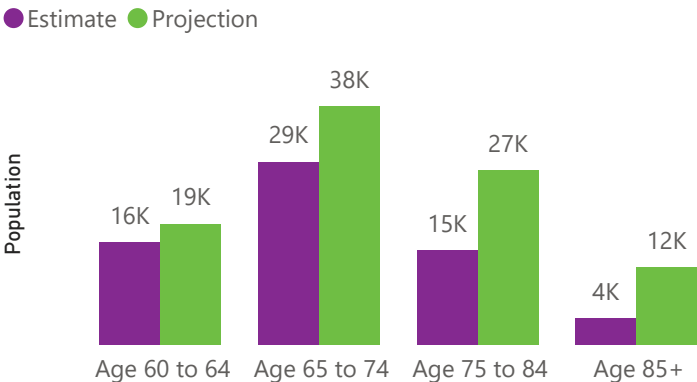Use the list and/or search box within the dropdown

New Hanover County, North Carolina ▾

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	42,320	46,516	18%	15%	10%
Age 18-44	89,336	106,862	37%	35%	20%
Age 45-59	44,029	56,095	18%	18%	27%
Age 60-64	16,093	19,019	7%	6%	18%
Age 60+	63,829	96,033	27%	31%	50%
Age 65+	47,736	77,014	20%	25%	61%
Age 85+	4,138	12,115	2%	4%	193%
Total	239,514	305,506			28%

Projected Growth in Next 20 Years

● Estimate ● Projection

Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
16K / 19K	29K / 38K	15K / 27K	4K / 12K

County Rankings

Population Rank	Population 65+ Rank	Median Age
12	**8**	**41.0**
People	People 65+	65+ as % of Total
239,514	47,736	20%

Age 65+ Race

Race ▲	County %	NC %
White	86%	77%
Black or African American	10%	17%
American Indian and Alaska Native	0%	1%
Asian	1%	2%
Some Other Race	1%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics
Population Age 65 and Older

	County %	NC %
0-99% Poverty	8%	10%
100-199% Poverty	15%	19%
Speaks English Less Than Very Well	2%	3%
Veterans	15%	16%
Living Alone	31%	27%
Less Than High School Education	7%	12%
High School Graduate (No College)	22%	29%
Has a Disability	28%	33%
In Labor Force	21%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	85%	76%

479 Age 60+ Grandparents responsible for Grandchildren

1,604 Age 60+ Moved from Other States or Abroad

$62,090 Age 65+ Median Household Income
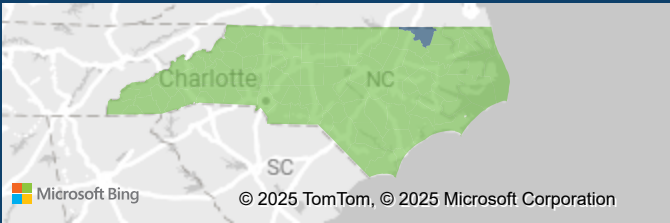
County Aging Population Profile
County: **Northampton**
Region: **L - Upper Coastal Plain COG**

Select a County
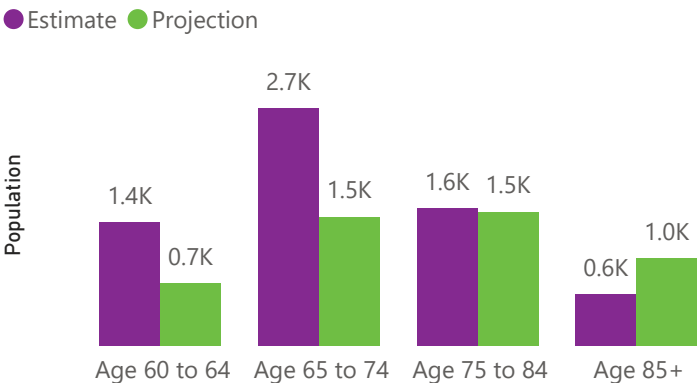Use the list and/or search box within the dropdown

Northampton County, North Carolina ▾

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	2,983	3,066	18%	20%	3%
Age 18-44	4,368	5,093	26%	33%	17%
Age 45-59	2,815	2,747	17%	18%	-2%
Age 60-64	1,422	720	9%	5%	-49%
Age 60+	6,337	4,753	38%	30%	-25%
Age 65+	4,915	4,033	30%	26%	-18%
Age 85+	591	1,004	4%	6%	70%
Total	16,503	15,659			-5%

Projected Growth in Next 20 Years

● Estimate ● Projection

Age 65+ Race

Race ▲	County %	NC %
White	47%	77%
Black or African American	50%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	0%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics
Population Age 65 and Older

	County %	NC %
0-99% Poverty	14%	10%
100-199% Poverty	26%	19%
Speaks English Less Than Very Well	0%	3%
Veterans	12%	16%
Living Alone	33%	27%
Less Than High School Education	26%	12%
High School Graduate (No College)	35%	29%
Has a Disability	44%	33%
In Labor Force	19%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	1%	3%
White Non-Hispanic/Latino	47%	76%

County Rankings

Population Rank	Population 65+ Rank	Median Age
86	**81**	**51.1**
People	People 65+	65+ as % of Total
16,503	**4,915**	**30%**

129
Age 60+ Grandparents responsible for Grandchildren

26
Age 60+ Moved from Other States or Abroad

$40,225
Age 65+ Median Household Income
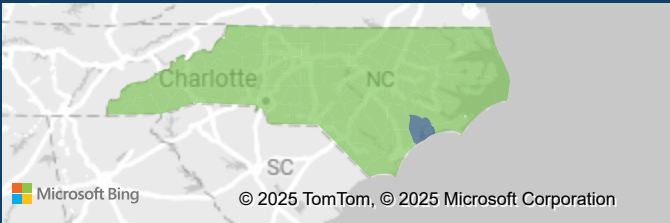
County Aging Population Profile

County: **Onslow**
Region: **P - Eastern Carolina COG**

Select a County

Use the list and/or search box within the dropdown

Onslow County, North Carolina ▼

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	54,364	69,215	25%	26%	27%
Age 18-44	105,163	111,197	49%	42%	6%
Age 45-59	24,104	45,955	11%	17%	91%
Age 60-64	8,310	10,390	4%	4%	25%
Age 60+	29,816	36,935	14%	14%	24%
Age 65+	21,506	26,545	10%	10%	23%
Age 85+	1,803	3,561	1%	1%	98%
Total	213,447	263,302			23%

Projected Growth in Next 20 Years

● Estimate ● Projection
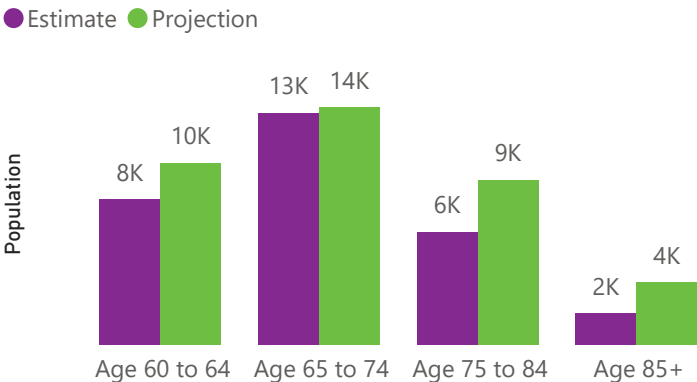
County Rankings

Population Rank	Population 65+ Rank	Median Age
13	**25**	**27.9**
People	People 65+	65+ as % of Total
213,447	21,506	10%

Age 65+ Race

Race ▲	County %	NC %
White	77%	77%
Black or African American	15%	17%
American Indian and Alaska Native	0%	1%
Asian	3%	2%
Some Other Race	0%	1%
Two or More Races	5%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	11%	10%
100-199% Poverty	19%	19%
Speaks English Less Than Very Well	3%	3%
Veterans	28%	16%
Living Alone	27%	27%
Less Than High School Education	13%	12%
High School Graduate (No College)	35%	29%
Has a Disability	37%	33%
In Labor Force	19%	18%

829 Age 60+ Grandparents responsible for Grandchildren

772 Age 60+ Moved from Other States or Abroad

$49,865 Age 65+ Median Household Income

Age 65+ Ethnicity

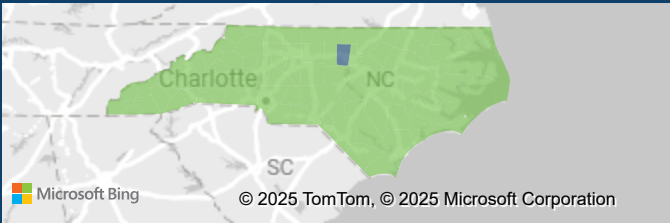|	County %	NC %
Hispanic/Latino	4%	3%
White Non-Hispanic/Latino	76%	76%

County Aging Population Profile

County: Orange
Region: J - Central Pines Regional Council

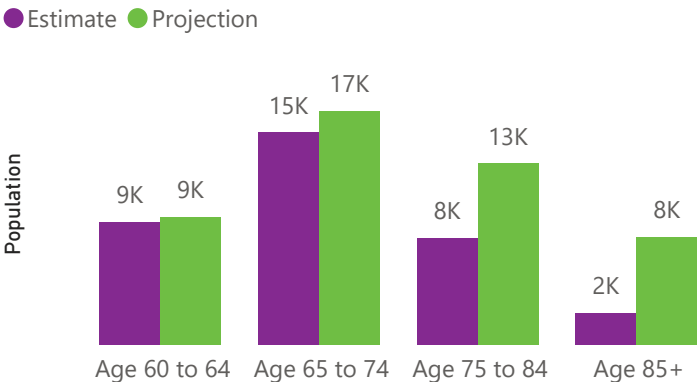## Select a County

Use the list and/or search box within the dropdown

Orange County, North Carolina ▾

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	27,116	28,724	18%	16%	6%
Age 18-44	63,229	76,520	42%	42%	21%
Age 45-59	27,053	29,030	18%	16%	7%
Age 60-64	8,681	9,049	6%	5%	4%
Age 60+	33,515	46,030	22%	26%	37%
Age 65+	24,834	36,981	16%	21%	49%
Age 85+	2,254	7,624	1%	4%	238%
Total	150,913	180,304			19%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	9K	15K	8K	2K
Projection	9K	17K	13K	8K

County Rankings

Population Rank	Population 65+ Rank	Median Age
21	**23**	**35.9**
People	People 65+	65+ as % of Total
150,913	24,834	16%

Age 65+ Race

Race	County %	NC %
White	81%	77%
Black or African American	10%	17%
American Indian and Alaska Native	0%	1%
Asian	4%	2%
Some Other Race	1%	1%
Two or More Races	3%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	6%	10%
100-199% Poverty	12%	19%
Speaks English Less Than Very Well	3%	3%
Veterans	13%	16%
Living Alone	26%	27%
Less Than High School Education	7%	12%
High School Graduate (No College)	18%	29%
Has a Disability	25%	33%
In Labor Force	24%	18%

313 Age 60+ Grandparents responsible for Grandchildren

741 Age 60+ Moved from Other States or Abroad

$79,547 Age 65+ Median Household Income

Age 65+ Ethnicity

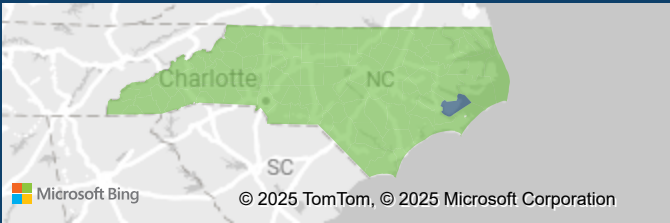|	County %	NC %
Hispanic/Latino	3%	3%
White Non-Hispanic/Latino	81%	76%

County Aging Population Profile

County: Pamlico
Region: P - Eastern Carolina COG

Select a County
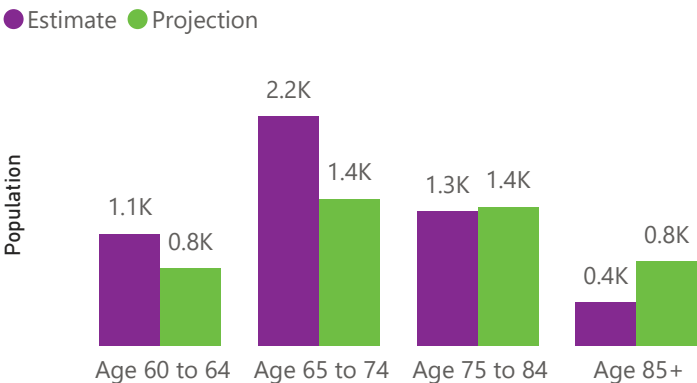
Use the list and/or search box within the dropdown

Pamlico County, North Carolina ▼

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	1,871	1,935	15%	15%	3%
Age 18-44	3,465	3,814	28%	30%	10%
Age 45-59	2,121	2,804	17%	22%	32%
Age 60-64	1,090	753	9%	6%	-31%
Age 60+	5,064	4,363	40%	34%	-14%
Age 65+	3,974	3,610	32%	28%	-9%
Age 85+	424	824	3%	6%	94%
Total	12,521	12,916			3%

Projected Growth in Next 20 Years

● Estimate ● Projection

- Age 60 to 64: 1.1K / 0.8K
- Age 65 to 74: 2.2K / 1.4K
- Age 75 to 84: 1.3K / 1.4K
- Age 85+: 0.4K / 0.8K

County Rankings

Population Rank	Population 65+ Rank	Median Age
91	86	52.5
People	People 65+	65+ as % of Total
12,521	3,974	32%

155
Age 60+ Grandparents responsible for Grandchildren

103
Age 60+ Moved from Other States or Abroad

$49,298
Age 65+ Median Household Income

Age 65+ Race

Race ▲	County %	NC %
White	83%	77%
Black or African American	15%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	1%	1%
Two or More Races	1%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	11%	10%
100-199% Poverty	21%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	21%	16%
Living Alone	27%	27%
Less Than High School Education	13%	12%
High School Graduate (No College)	30%	29%
Has a Disability	34%	33%
In Labor Force	11%	18%

Age 65+ Ethnicity

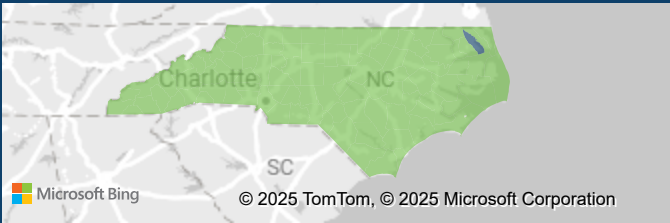|	County %	NC %
Hispanic/Latino	1%	3%
White Non-Hispanic/Latino	83%	76%

County Aging Population Profile

County: **Pasquotank**

Region: **R - Albemarle Commission**

Select a County

Use the list and/or search box within the dropdown

Pasquotank County, North Carolina ⌄

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Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.	Proj. Growth	
Age 0-17	8,951	8,102		22%	20%		-9%
Age 18-44	14,735	14,492		36%	35%		-2%
Age 45-59	7,024	8,005		17%	19%		14%
Age 60-64	2,785	2,366		7%	6%		-15%
Age 60+	10,707	10,739		26%	26%		0%
Age 65+	7,922	8,373		19%	20%		6%
Age 85+	831	1,382		2%	3%		66%
Total	41,417	41,338					-0%

Projected Growth in Next 20 Years

● Estimate ● Projection
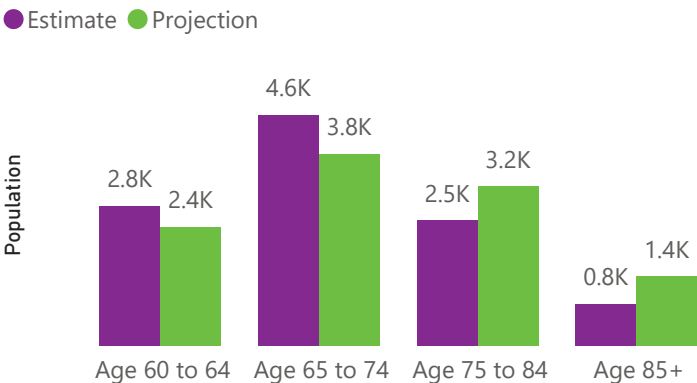
County Rankings

Population Rank	Population 65+ Rank	Median Age
61	**66**	**39.4**
People	People 65+	65+ as % of Total
41,417	**7,922**	**19%**

Age 65+ Race

Race ▲	County %	NC %
White	67%	77%
Black or African American	29%	17%
American Indian and Alaska Native	1%	1%
Asian	0%	2%
Some Other Race	0%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	9%	10%
100-199% Poverty	18%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	20%	16%
Living Alone	25%	27%
Less Than High School Education	14%	12%
High School Graduate (No College)	26%	29%
Has a Disability	36%	33%
In Labor Force	17%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	66%	76%

59 Age 60+ Grandparents responsible for Grandchildren

403 Age 60+ Moved from Other States or Abroad

$51,889 Age 65+ Median Household Income
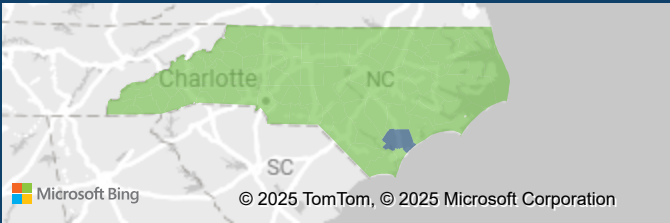
County Aging Population Profile

County: **Pender**
Region: **O - Cape Fear COG**

Select a County

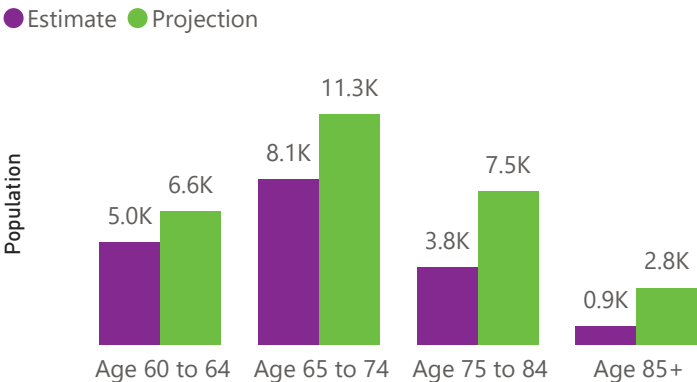Use the list and/or search box within the dropdown

Pender County, North Carolina ▾

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	14,891	17,337	22%	19%	16%
Age 18-44	20,508	28,067	30%	31%	37%
Age 45-59	14,189	16,784	21%	19%	18%
Age 60-64	5,037	6,566	7%	7%	30%
Age 60+	17,876	28,214	26%	31%	58%
Age 65+	12,839	21,648	19%	24%	69%
Age 85+	906	2,795	1%	3%	208%
Total	67,464	90,402			34%

Projected Growth in Next 20 Years

● Estimate ● Projection

Age Group	Estimate	Projection
Age 60 to 64	5.0K	6.6K
Age 65 to 74	8.1K	11.3K
Age 75 to 84	3.8K	7.5K
Age 85+	0.9K	2.8K

County Rankings

Population Rank	Population 65+ Rank	Median Age
40	43	43.3
People	People 65+	65+ as % of Total
67,464	12,839	19%

Age 65+ Race

Race	County %	NC %
White	81%	77%
Black or African American	14%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	1%	1%
Two or More Races	3%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	8%	10%
100-199% Poverty	18%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	19%	16%
Living Alone	28%	27%
Less Than High School Education	11%	12%
High School Graduate (No College)	31%	29%
Has a Disability	33%	33%
In Labor Force	17%	18%

321
Age 60+ Grandparents responsible for Grandchildren

299
Age 60+ Moved from Other States or Abroad

$59,595
Age 65+ Median Household Income

Age 65+ Ethnicity

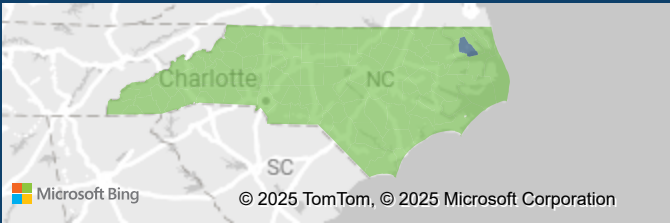|	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	81%	76%

County Aging Population Profile

County: **Perquimans**

Region: **R - Albemarle Commission**

Select a County
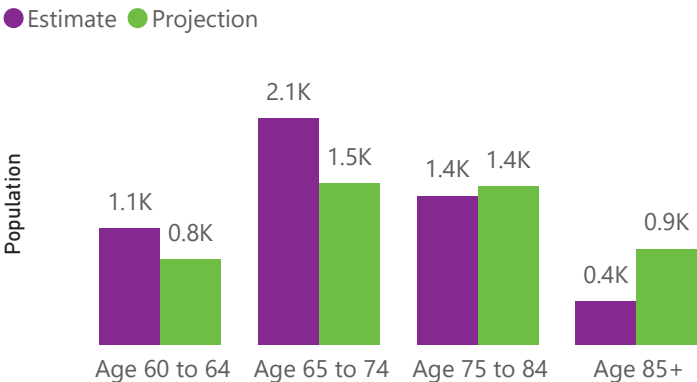
Use the list and/or search box within the dropdown

Perquimans County, North Carolina ▼

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	2,432	2,371	18%	17%	-3%
Age 18-44	3,666	4,432	28%	31%	21%
Age 45-59	2,282	2,725	17%	19%	19%
Age 60-64	1,064	784	8%	6%	-26%
Age 60+	4,898	4,589	37%	33%	-6%
Age 65+	3,834	3,805	29%	27%	-1%
Age 85+	396	879	3%	6%	122%
Total	13,278	14,117			6%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	1.1K	2.1K	1.4K	0.4K
Projection	0.8K	1.5K	1.4K	0.9K

County Rankings

Population Rank	Population 65+ Rank	Median Age
90	**89**	**49.3**
People	People 65+	65+ as % of Total
13,278	3,834	29%

Age 65+ Race

Race ▲	County %	NC %
White	78%	77%
Black or African American	16%	17%
American Indian and Alaska Native	0%	1%
Asian	2%	2%
Some Other Race	2%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	7%	10%
100-199% Poverty	22%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	19%	16%
Living Alone	25%	27%
Less Than High School Education	17%	12%
High School Graduate (No College)	30%	29%
Has a Disability	37%	33%
In Labor Force	12%	18%

91
Age 60+ Grandparents responsible for Grandchildren

535
Age 60+ Moved from Other States or Abroad

$55,581
Age 65+ Median Household Income

Age 65+ Ethnicity

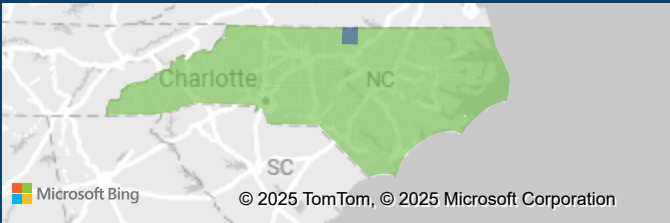|	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	78%	76%

County Aging Population Profile

County: **Person**
Region: **K - Kerr Tar Regional COG**

Select a County
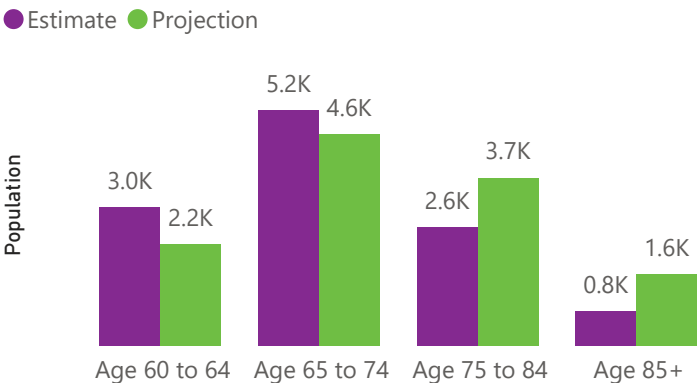Use the list and/or search box within the dropdown

Person County, North Carolina ⌄

Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	8,014	8,611		20%	20%	7%
Age 18-44	12,195	14,015		31%	33%	15%
Age 45-59	7,704	8,204		20%	19%	6%
Age 60-64	3,037	2,223		8%	5%	-27%
Age 60+	11,548	12,087		29%	28%	5%
Age 65+	8,511	9,864		22%	23%	16%
Age 85+	757	1,568		2%	4%	107%
Total	39,461	42,917				9%

Projected Growth in Next 20 Years

● Estimate ● Projection

- Age 60 to 64: 3.0K / 2.2K
- Age 65 to 74: 5.2K / 4.6K
- Age 75 to 84: 2.6K / 3.7K
- Age 85+: 0.8K / 1.6K

County Rankings

Population Rank	Population 65+ Rank	Median Age
63	**63**	**43.9**
People	People 65+	65+ as % of Total
39,461	8,511	22%

Age 65+ Race

Race ▲	County %	NC %
White	72%	77%
Black or African American	23%	17%
American Indian and Alaska Native	0%	1%
Asian	1%	2%
Some Other Race	1%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	13%	10%
100-199% Poverty	24%	19%
Speaks English Less Than Very Well	4%	3%
Veterans	14%	16%
Living Alone	31%	27%
Less Than High School Education	13%	12%
High School Graduate (No College)	38%	29%
Has a Disability	39%	33%
In Labor Force	22%	18%

184 Age 60+ Grandparents responsible for Grandchildren

112 Age 60+ Moved from Other States or Abroad

$39,737 Age 65+ Median Household Income

Age 65+ Ethnicity

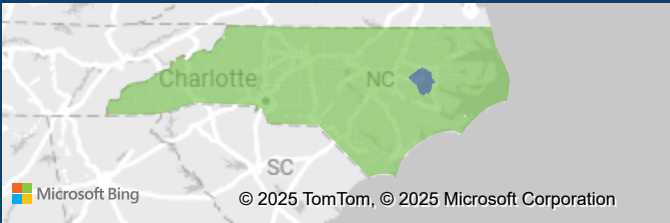|	County %	NC %
Hispanic/Latino	3%	3%
White Non-Hispanic/Latino	70%	76%

County Aging Population Profile

County: **Pitt**
Region: **Q - Mid-East Commission**

Select a County

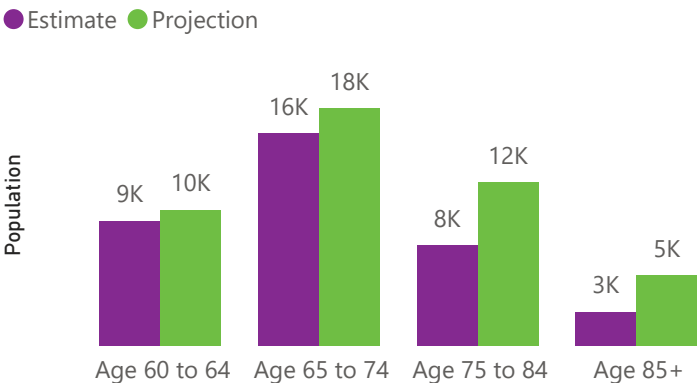Use the list and/or search box within the dropdown

Pitt County, North Carolina ▾

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	37,183	43,760	21%	20%	18%
Age 18-44	73,534	89,126	42%	41%	21%
Age 45-59	28,401	36,375	16%	17%	28%
Age 60-64	9,457	10,283	5%	5%	9%
Age 60+	35,724	45,943	20%	21%	29%
Age 65+	26,267	35,660	15%	17%	36%
Age 85+	2,557	5,337	1%	2%	109%
Total	174,842	215,204			23%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	9K	16K	8K	3K
Projection	10K	18K	12K	5K

County Rankings

Population Rank	Population 65+ Rank	Median Age
17	21	34.0
People	People 65+	65+ as % of Total
174,842	26,267	15%

Age 65+ Race

Race ▲	County %	NC %
White	64%	77%
Black or African American	32%	17%
American Indian and Alaska Native	0%	1%
Asian	1%	2%
Some Other Race	2%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	12%	10%
100-199% Poverty	18%	19%
Speaks English Less Than Very Well	2%	3%
Veterans	17%	16%
Living Alone	29%	27%
Less Than High School Education	14%	12%
High School Graduate (No College)	32%	29%
Has a Disability	40%	33%
In Labor Force	18%	18%

576 Age 60+ Grandparents responsible for Grandchildren

832 Age 60+ Moved from Other States or Abroad

$49,150 Age 65+ Median Household Income

Age 65+ Ethnicity

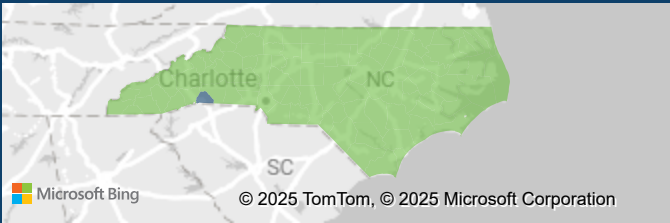|	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	64%	76%

County Aging Population Profile
County: **Polk**
Region: **C - Foothills Regional Commission**

Select a County
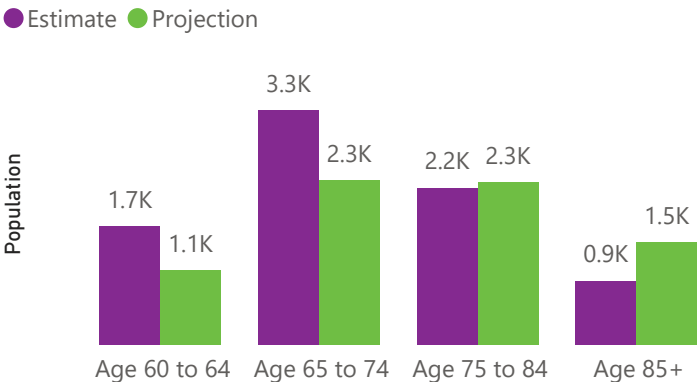Use the list and/or search box within the dropdown

Polk County, North Carolina ▼

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	2,941	2,995	15%	15%	2%
Age 18-44	5,071	5,933	26%	30%	17%
Age 45-59	3,579	3,731	18%	19%	4%
Age 60-64	1,686	1,059	9%	5%	-37%
Age 60+	8,151	7,157	41%	36%	-12%
Age 65+	6,465	6,098	33%	31%	-6%
Age 85+	907	1,454	5%	7%	60%
Total	19,742	19,816			0%

Projected Growth in Next 20 Years

● Estimate ● Projection

- Age 60 to 64: 1.7K / 1.1K
- Age 65 to 74: 3.3K / 2.3K
- Age 75 to 84: 2.2K / 2.3K
- Age 85+: 0.9K / 1.5K

County Rankings

Population Rank	Population 65+ Rank	Median Age
80	72	53.5
People	People 65+	65+ as % of Total
19,742	6,465	33%

Age 65+ Race

Race ▲	County %	NC %
White	95%	77%
Black or African American	4%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	0%	1%
Two or More Races	1%	2%
Total	**100%**	**100%**

Social and Economic Characteristics
Population Age 65 and Older

	County %	NC %
0-99% Poverty	10%	10%
100-199% Poverty	19%	19%
Speaks English Less Than Very Well	0%	3%
Veterans	15%	16%
Living Alone	27%	27%
Less Than High School Education	6%	12%
High School Graduate (No College)	24%	29%
Has a Disability	28%	33%
In Labor Force	16%	18%

66 — Age 60+ Grandparents responsible for Grandchildren

390 — Age 60+ Moved from Other States or Abroad

$51,967 — Age 65+ Median Household Income

Age 65+ Ethnicity

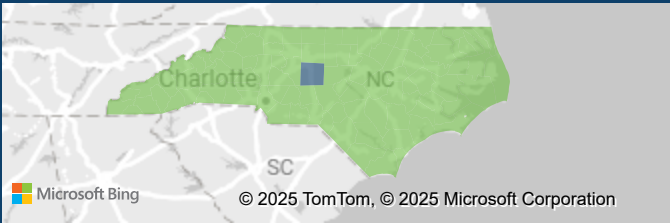|	County %	NC %
Hispanic/Latino	0%	3%
White Non-Hispanic/Latino	95%	76%

County Aging Population Profile

County: **Randolph**

Region: **G - Piedmont Triad Regional Council**

Select a County

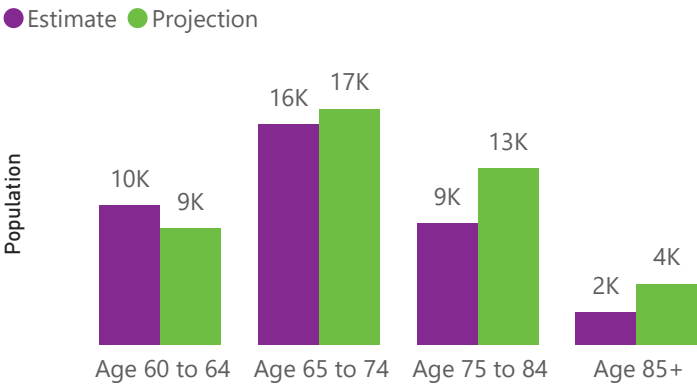Use the list and/or search box within the dropdown

Randolph County, North Carolina	▼

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	32,136	33,632	22%	21%	5%
Age 18-44	47,152	56,090	32%	35%	19%
Age 45-59	29,436	29,160	20%	18%	-1%
Age 60-64	10,245	8,592	7%	5%	-16%
Age 60+	37,772	43,419	26%	27%	15%
Age 65+	27,527	34,827	19%	21%	27%
Age 85+	2,364	4,486	2%	3%	90%
Total	146,496	162,301			11%

Projected Growth in Next 20 Years

- ● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	10K	16K	9K	2K
Projection	9K	17K	13K	4K

County Rankings

Population Rank	Population 65+ Rank	Median Age
22	20	41.2
People	People 65+	65+ as % of Total
146,496	27,527	19%

Age 65+ Race

Race ▲	County %	NC %
White	90%	77%
Black or African American	5%	17%
American Indian and Alaska Native	0%	1%
Asian	1%	2%
Some Other Race	1%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	10%	10%
100-199% Poverty	23%	19%
Speaks English Less Than Very Well	2%	3%
Veterans	16%	16%
Living Alone	28%	27%
Less Than High School Education	16%	12%
High School Graduate (No College)	38%	29%
Has a Disability	37%	33%
In Labor Force	18%	18%

501 Age 60+ Grandparents responsible for Grandchildren

505 Age 60+ Moved from Other States or Abroad

$42,963 Age 65+ Median Household Income

Age 65+ Ethnicity

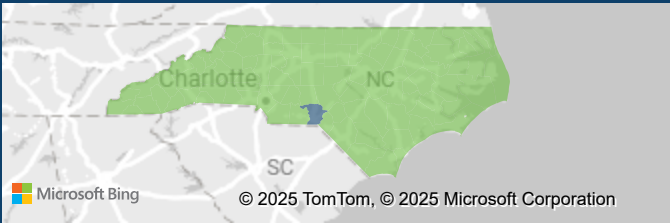|	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	90%	76%

County Aging Population Profile

County: **Richmond**

Region: **N -Lumber River COG**

Select a County

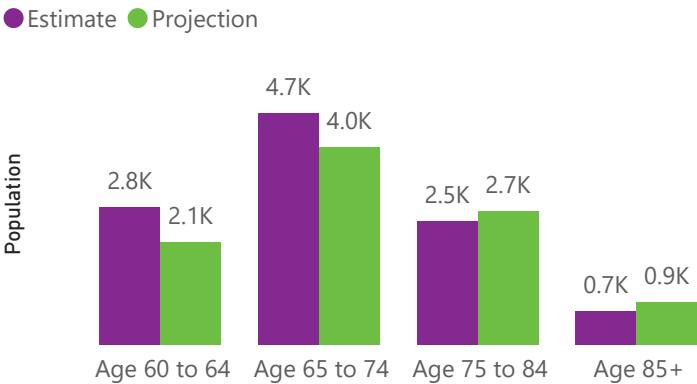Use the list and/or search box within the dropdown

Richmond County, North Carolina ⌄

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County Rankings

	Population Rank	Population 65+ Rank	Median Age
	60	**67**	**39.5**
	People	People 65+	65+ as % of Total
	42,068	**7,814**	**19%**

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	9,961	8,877	24%	22%	-11%
Age 18-44	13,656	14,180	32%	36%	4%
Age 45-59	7,872	7,152	19%	18%	-9%
Age 60-64	2,765	2,055	7%	5%	-26%
Age 60+	10,579	9,565	25%	24%	-10%
Age 65+	7,814	7,510	19%	19%	-4%
Age 85+	675	855	2%	2%	27%
Total	42,068	39,774			-5%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	2.8K	4.7K	2.5K	0.7K
Projection	2.1K	4.0K	2.7K	0.9K

Age 65+ Race

Race ▲	County %	NC %
White	70%	77%
Black or African American	26%	17%
American Indian and Alaska Native	1%	1%
Asian	1%	2%
Some Other Race	1%	1%
Two or More Races	1%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	19%	10%
100-199% Poverty	24%	19%
Speaks English Less Than Very Well	2%	3%
Veterans	12%	16%
Living Alone	33%	27%
Less Than High School Education	20%	12%
High School Graduate (No College)	28%	29%
Has a Disability	38%	33%
In Labor Force	20%	18%

205 Age 60+ Grandparents responsible for Grandchildren

118 Age 60+ Moved from Other States or Abroad

$35,567 Age 65+ Median Household Income

Age 65+ Ethnicity

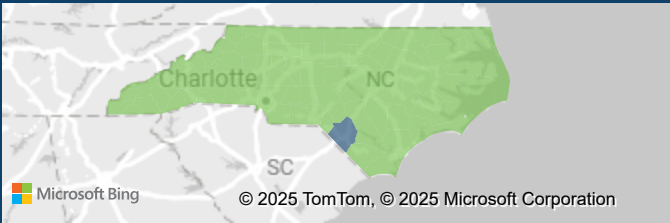|	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	70%	76%

County Aging Population Profile

County: Robeson

Region: N -Lumber River COG

Select a County

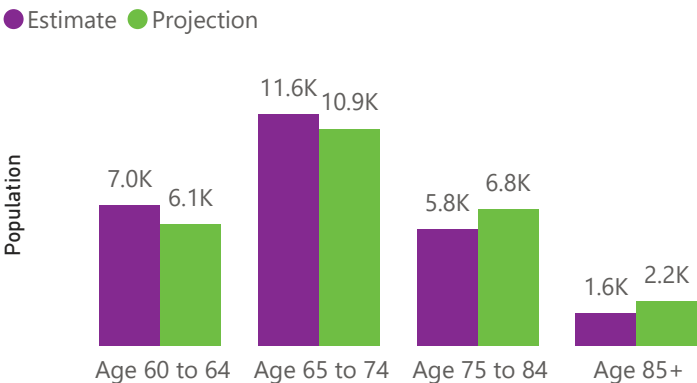Use the list and/or search box within the dropdown

Robeson County, North Carolina ▾

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	29,891	30,965	26%	25%	4%
Age 18-44	39,812	47,979	34%	38%	21%
Age 45-59	20,661	21,098	18%	17%	2%
Age 60-64	7,043	6,086	6%	5%	-14%
Age 60+	26,074	26,007	22%	21%	-0%
Age 65+	19,031	19,921	16%	16%	5%
Age 85+	1,619	2,210	1%	2%	37%
Total	116,438	126,049			8%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	7.0K	11.6K	5.8K	1.6K
Projection	6.1K	10.9K	6.8K	2.2K

County Rankings

Population Rank	Population 65+ Rank	Median Age
26	**34**	**35.7**
People	People 65+	65+ as % of Total
116,438	19,031	16%

Age 65+ Race

Race ▲	County %	NC %
White	37%	77%
Black or African American	23%	17%
American Indian and Alaska Native	37%	1%
Asian	1%	2%
Some Other Race	2%	1%
Two or More Races	1%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	22%	10%
100-199% Poverty	31%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	12%	16%
Living Alone	28%	27%
Less Than High School Education	26%	12%
High School Graduate (No College)	35%	29%
Has a Disability	47%	33%
In Labor Force	12%	18%

858 Age 60+ Grandparents responsible for Grandchildren

203 Age 60+ Moved from Other States or Abroad

$30,870 Age 65+ Median Household Income

Age 65+ Ethnicity

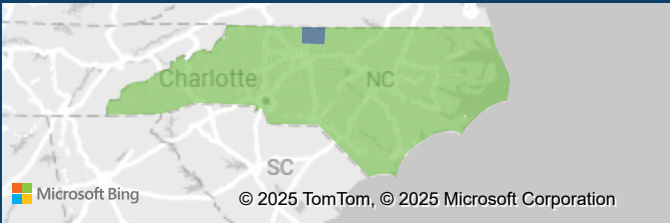|	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	36%	76%

County Aging Population Profile

County: Rockingham

Region: G - Piedmont Triad Regional Council

Select a County

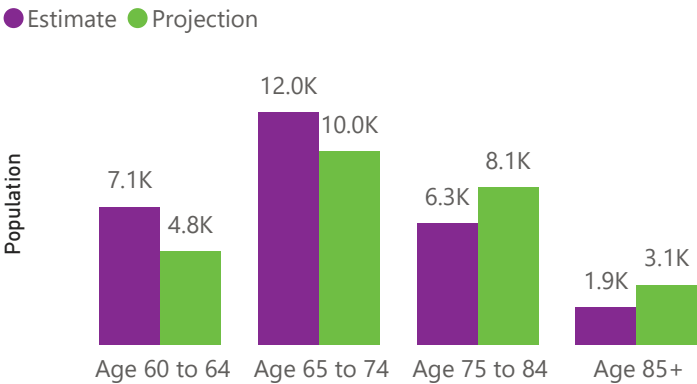Use the list and/or search box within the dropdown

Rockingham County, North Carolina ▾

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	18,592	18,088	20%	20%	-3%
Age 18-44	28,202	30,320	31%	33%	8%
Age 45-59	18,307	17,975	20%	19%	-2%
Age 60-64	7,113	4,830	8%	5%	-32%
Age 60+	27,315	26,033	30%	28%	-5%
Age 65+	20,202	21,203	22%	23%	5%
Age 85+	1,928	3,086	2%	3%	60%
Total	92,416	92,416			0%

Projected Growth in Next 20 Years

● Estimate ● Projection

Age	Estimate	Projection
Age 60 to 64	7.1K	4.8K
Age 65 to 74	12.0K	10.0K
Age 75 to 84	6.3K	8.1K
Age 85+	1.9K	3.1K

County Rankings

Population Rank	Population 65+ Rank	Median Age
32	28	44.3
People	People 65+	65+ as % of Total
92,416	20,202	22%

Age 65+ Race

Race ▲	County %	NC %
White	80%	77%
Black or African American	17%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	1%	1%
Two or More Races	1%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	10%	10%
100-199% Poverty	28%	19%
Speaks English Less Than Very Well	0%	3%
Veterans	16%	16%
Living Alone	29%	27%
Less Than High School Education	20%	12%
High School Graduate (No College)	38%	29%
Has a Disability	37%	33%
In Labor Force	16%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	0%	3%
White Non-Hispanic/Latino	80%	76%

269 Age 60+ Grandparents responsible for Grandchildren

311 Age 60+ Moved from Other States or Abroad

$40,339 Age 65+ Median Household Income
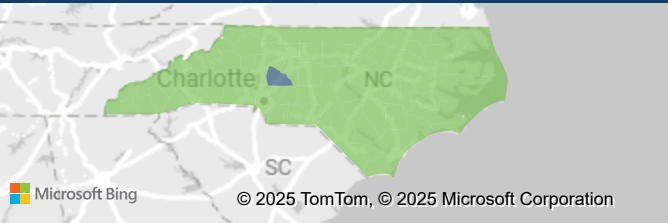
County Aging Population Profile

County: **Rowan**
Region: **F - Centralina COG**

Charlotte NC
SC

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County Rankings

	Population Rank	Population 65+ Rank	Median Age
	20	**19**	**40.7**
	People	People 65+	65+ as % of Total
	152,450	**27,860**	**18%**

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	33,789	34,468	22%	20%	2%
Age 18-44	50,167	57,932	33%	34%	15%
Age 45-59	29,898	31,156	20%	18%	4%
Age 60-64	10,736	10,241	7%	6%	-5%
Age 60+	38,596	47,639	25%	28%	23%
Age 65+	27,860	37,398	18%	22%	34%
Age 85+	2,414	4,772	2%	3%	98%
Total	152,450	171,195			12%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	11K	17K	9K	2K
Projection	10K	19K	14K	5K

Age 65+ Race

Race ▲	County %	NC %
White	83%	77%
Black or African American	13%	17%
American Indian and Alaska Native	1%	1%
Asian	0%	2%
Some Other Race	1%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	10%	10%
100-199% Poverty	23%	19%
Speaks English Less Than Very Well	2%	3%
Veterans	17%	16%
Living Alone	29%	27%
Less Than High School Education	13%	12%
High School Graduate (No College)	38%	29%
Has a Disability	36%	33%
In Labor Force	17%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	3%	3%
White Non-Hispanic/Latino	83%	76%

1,212 Age 60+ Grandparents responsible for Grandchildren

511 Age 60+ Moved from Other States or Abroad

$44,170 Age 65+ Median Household Income
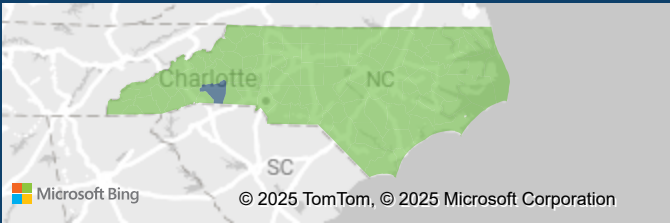
County Aging Population Profile

County: **Rutherford**
Region: **C - Foothills Regional Commission**

Select a County

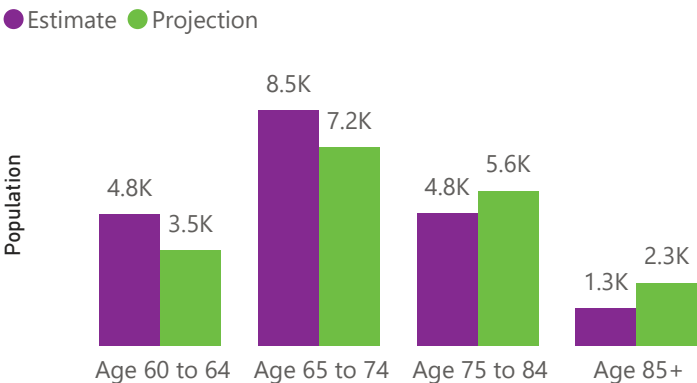Use the list and/or search box within the dropdown

Rutherford County, North Carolina ▼

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	12,861	13,472	20%	20%	5%
Age 18-44	19,604	20,920	30%	32%	7%
Age 45-59	12,752	13,085	20%	20%	3%
Age 60-64	4,767	3,476	7%	5%	-27%
Age 60+	19,475	18,588	30%	28%	-5%
Age 65+	14,708	15,112	23%	23%	3%
Age 85+	1,347	2,284	2%	3%	70%
Total	64,692	66,065			2%

Projected Growth in Next 20 Years

● Estimate ● Projection

Age Group	Estimate	Projection
Age 60 to 64	4.8K	3.5K
Age 65 to 74	8.5K	7.2K
Age 75 to 84	4.8K	5.6K
Age 85+	1.3K	2.3K

County Rankings

Population Rank	Population 65+ Rank	Median Age
44	**41**	**44.8**
People	People 65+	65+ as % of Total
64,692	14,708	23%

Age 65+ Race

Race ▲	County %	NC %
White	90%	77%
Black or African American	7%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	0%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	12%	10%
100-199% Poverty	28%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	16%	16%
Living Alone	31%	27%
Less Than High School Education	14%	12%
High School Graduate (No College)	32%	29%
Has a Disability	44%	33%
In Labor Force	15%	18%

300
Age 60+ Grandparents responsible for Grandchildren

523
Age 60+ Moved from Other States or Abroad

$41,582
Age 65+ Median Household Income

Age 65+ Ethnicity

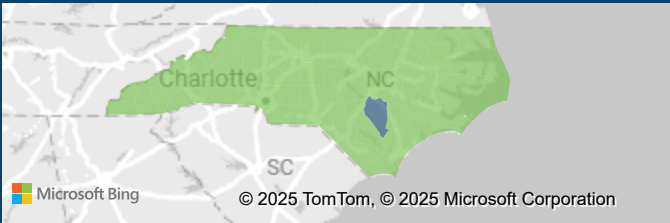|	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	89%	76%

County Aging Population Profile

County: **Sampson**
Region: **M - Mid-Carolina Regional Council**

**Select a County**

Use the list and/or search box within the dropdown

Sampson County, North Carolina	⌄

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Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	14,388	15,212		24%	24%	6%
Age 18-44	19,104	21,167		32%	34%	11%
Age 45-59	11,253	10,456		19%	17%	-7%
Age 60-64	3,764	3,246		6%	5%	-14%
Age 60+	14,769	15,515		25%	25%	5%
Age 65+	11,005	12,269		18%	20%	11%
Age 85+	991	1,651		2%	3%	67%
Total	59,514	62,350				5%

Projected Growth in Next 20 Years

● Estimate ● Projection
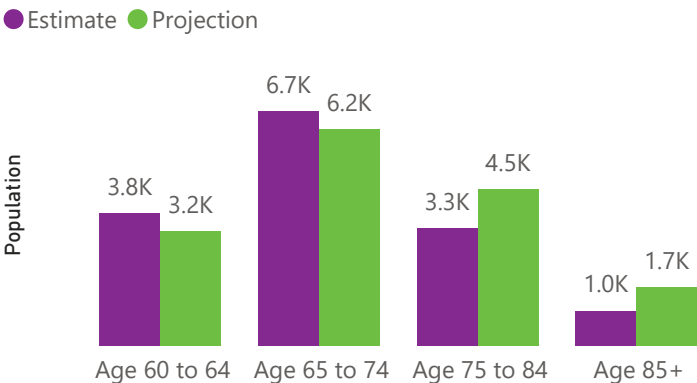
County Rankings

Population Rank	Population 65+ Rank	Median Age
47	**50**	**39.6**
People	People 65+	65+ as % of Total
59,514	**11,005**	**18%**

Age 65+ Race

Race ▲	County %	NC %
White	63%	77%
Black or African American	28%	17%
American Indian and Alaska Native	2%	1%
Asian	0%	2%
Some Other Race	4%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	13%	10%
100-199% Poverty	27%	19%
Speaks English Less Than Very Well	3%	3%
Veterans	13%	16%
Living Alone	27%	27%
Less Than High School Education	17%	12%
High School Graduate (No College)	42%	29%
Has a Disability	33%	33%
In Labor Force	15%	18%

469
Age 60+ Grandparents responsible for Grandchildren

203
Age 60+ Moved from Other States or Abroad

$38,390
Age 65+ Median Household Income

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	5%	3%
White Non-Hispanic/Latino	63%	76%

County Aging Population Profile

County: Scotland
Region: N -Lumber River COG

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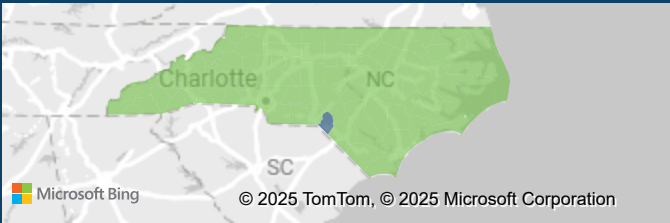
Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	7,702	6,109		23%	21%	-21%
Age 18-44	11,448	10,267		34%	35%	-10%
Age 45-59	6,074	6,008		18%	20%	-1%
Age 60-64	2,061	1,571		6%	5%	-24%
Age 60+	8,343	7,064		25%	24%	-15%
Age 65+	6,282	5,493		19%	19%	-13%
Age 85+	615	788		2%	3%	28%
Total	33,567	29,448				-12%

Projected Growth in Next 20 Years

● Estimate ● Projection

- Age 60 to 64: 2.1K / 1.6K
- Age 65 to 74: 3.7K / 2.8K
- Age 75 to 84: 1.9K / 1.9K
- Age 85+: 0.6K / 0.8K

County Rankings

Population Rank	Population 65+ Rank	Median Age
68	73	39.0
People	People 65+	65+ as % of Total
33,567	6,282	19%

Age 65+ Race

Race ▲	County %	NC %
White	56%	77%
Black or African American	34%	17%
American Indian and Alaska Native	7%	1%
Asian	0%	2%
Some Other Race	0%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	15%	10%
100-199% Poverty	31%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	16%	16%
Living Alone	30%	27%
Less Than High School Education	20%	12%
High School Graduate (No College)	36%	29%
Has a Disability	40%	33%
In Labor Force	13%	18%

241 Age 60+ Grandparents responsible for Grandchildren

57 Age 60+ Moved from Other States or Abroad

$34,661 Age 65+ Median Household Income

Age 65+ Ethnicity

|	County %	NC %
Hispanic/Latino	0%	3%
White Non-Hispanic/Latino	56%	76%

County Aging Population Profile

County: **Stanly**
Region: **F - Centralina COG**

Select a County
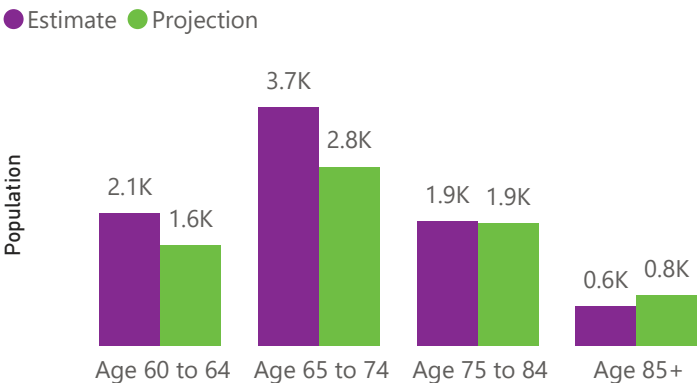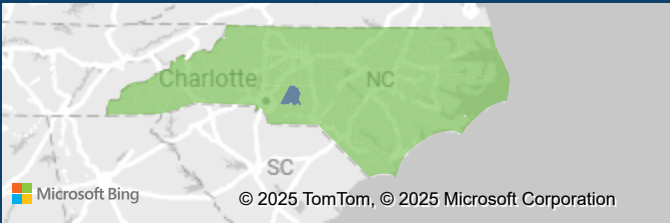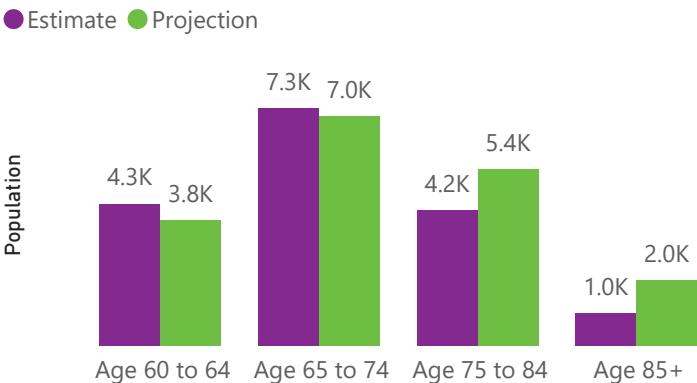Use the list and/or search box within the dropdown

Stanly County, North Carolina ▾

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	14,358	14,188	22%	20%	-1%
Age 18-44	21,473	24,604	33%	35%	15%
Age 45-59	12,388	13,844	19%	20%	12%
Age 60-64	4,348	3,834	7%	5%	-12%
Age 60+	16,780	18,256	26%	26%	9%
Age 65+	12,432	14,422	19%	20%	16%
Age 85+	1,001	1,993	2%	3%	99%
Total	64,999	70,892			9%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	4.3K	7.3K	4.2K	1.0K
Projection	3.8K	7.0K	5.4K	2.0K

County Rankings

Population Rank	Population 65+ Rank	Median Age
43	**44**	**40.6**
People	People 65+	65+ as % of Total
64,999	12,432	19%

Age 65+ Race

Race ▲	County %	NC %
White	88%	77%
Black or African American	8%	17%
American Indian and Alaska Native	0%	1%
Asian	2%	2%
Some Other Race	1%	1%
Two or More Races	1%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	10%	10%
100-199% Poverty	23%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	15%	16%
Living Alone	28%	27%
Less Than High School Education	16%	12%
High School Graduate (No College)	37%	29%
Has a Disability	40%	33%
In Labor Force	13%	18%

360
Age 60+ Grandparents responsible for Grandchildren

91
Age 60+ Moved from Other States or Abroad

$41,216
Age 65+ Median Household Income

Age 65+ Ethnicity

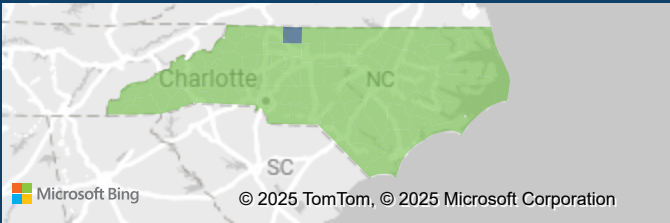|	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	88%	76%

County Aging Population Profile

County: Stokes

Region: G - Piedmont Triad Regional Council

Select a County

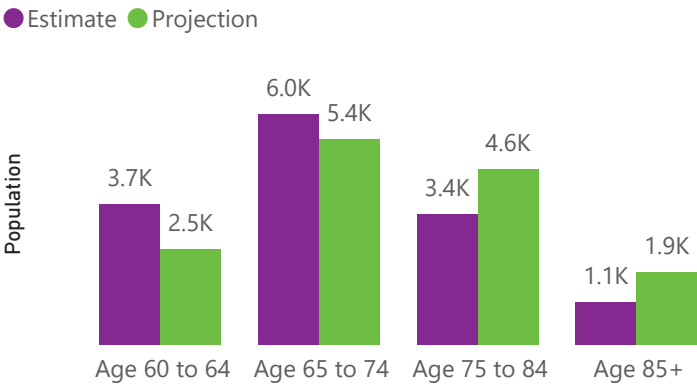Use the list and/or search box within the dropdown

`Stokes County, North Carolina ▼`

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	8,210	8,320	18%	18%	1%
Age 18-44	13,650	13,953	30%	30%	2%
Age 45-59	9,374	9,761	21%	21%	4%
Age 60-64	3,685	2,501	8%	5%	-32%
Age 60+	14,259	14,402	31%	31%	1%
Age 65+	10,574	11,901	23%	26%	13%
Age 85+	1,116	1,898	2%	4%	70%
Total	45,493	46,436			2%

Projected Growth in Next 20 Years

● Estimate ● Projection

Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
3.7K / 2.5K	6.0K / 5.4K	3.4K / 4.6K	1.1K / 1.9K

County Rankings

Population Rank	Population 65+ Rank	Median Age
55	**53**	**46.7**
People	People 65+	65+ as % of Total
45,493	**10,574**	**23%**

Age 65+ Race

Race ▲	County %	NC %
White	94%	77%
Black or African American	3%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	0%	1%
Two or More Races	3%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	12%	10%
100-199% Poverty	23%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	17%	16%
Living Alone	29%	27%
Less Than High School Education	15%	12%
High School Graduate (No College)	42%	29%
Has a Disability	35%	33%
In Labor Force	12%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	1%	3%
White Non-Hispanic/Latino	93%	76%

169 Age 60+ Grandparents responsible for Grandchildren

67 Age 60+ Moved from Other States or Abroad

$42,876 Age 65+ Median Household Income
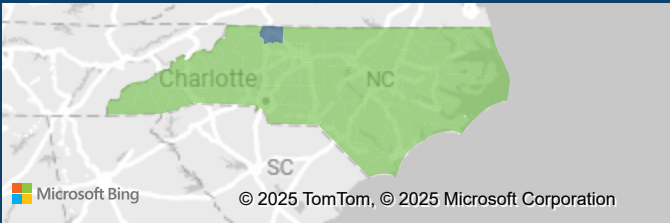
County Aging Population Profile

County: **Surry**
Region: **G - Piedmont Triad Regional Council**

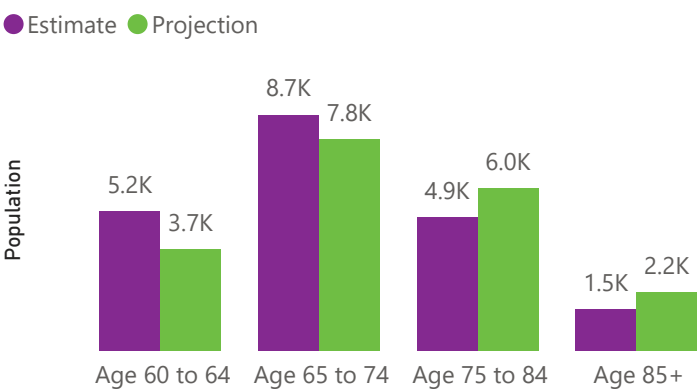**Select a County**
Use the list and/or search box within the dropdown

Surry County, North Carolina ▾

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	14,945	15,350	21%	21%	3%
Age 18-44	22,075	24,004	31%	33%	9%
Age 45-59	14,438	12,726	20%	18%	-12%
Age 60-64	5,152	3,745	7%	5%	-27%
Age 60+	20,316	19,693	28%	27%	-3%
Age 65+	15,164	15,948	21%	22%	5%
Age 85+	1,517	2,163	2%	3%	43%
Total	71,774	71,773			-0%

Projected Growth in Next 20 Years

● Estimate ● Projection

Age 60 to 64: 5.2K / 3.7K
Age 65 to 74: 8.7K / 7.8K
Age 75 to 84: 4.9K / 6.0K
Age 85+: 1.5K / 2.2K

County Rankings

Population Rank	Population 65+ Rank	Median Age
38	40	43.5
People	People 65+	65+ as % of Total
71,774	15,164	21%

Age 65+ Race

Race ▲	County %	NC %
White	95%	77%
Black or African American	4%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	0%	1%
Two or More Races	1%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	15%	10%
100-199% Poverty	26%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	15%	16%
Living Alone	31%	27%
Less Than High School Education	24%	12%
High School Graduate (No College)	32%	29%
Has a Disability	40%	33%
In Labor Force	16%	18%

279 Age 60+ Grandparents responsible for Grandchildren

127 Age 60+ Moved from Other States or Abroad

$37,508 Age 65+ Median Household Income

Age 65+ Ethnicity

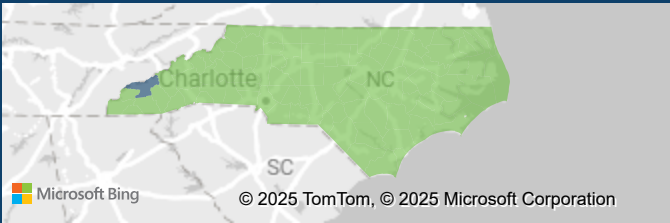|	County %	NC %
Hispanic/Latino	1%	3%
White Non-Hispanic/Latino	93%	76%

County Aging Population Profile
County: **Swain**
Region: **A - Southwestern Commission**

Select a County
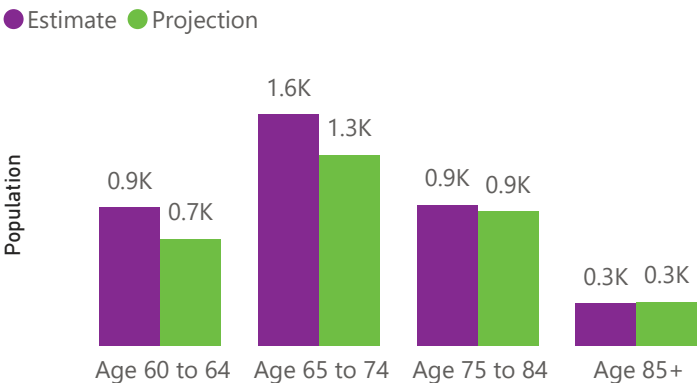Use the list and/or search box within the dropdown

Swain County, North Carolina ▼

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	2,945	3,015	21%	22%	2%
Age 18-44	4,629	4,484	33%	33%	-3%
Age 45-59	2,530	2,769	18%	21%	9%
Age 60-64	933	719	7%	5%	-23%
Age 60+	3,723	3,204	27%	24%	-14%
Age 65+	2,790	2,485	20%	18%	-11%
Age 85+	285	296	2%	2%	4%
Total	13,827	13,472			-3%

Projected Growth in Next 20 Years
● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	0.9K	1.6K	0.9K	0.3K
Projection	0.7K	1.3K	0.9K	0.3K

County Rankings

Population Rank	Population 65+ Rank	Median Age
88	**94**	**40.7**
People	People 65+	65+ as % of Total
13,827	**2,790**	**20%**

Age 65+ Race

Race ▲	County %	NC %
White	78%	77%
Black or African American	0%	17%
American Indian and Alaska Native	20%	1%
Asian	0%	2%
Some Other Race	0%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics
Population Age 65 and Older

	County %	NC %
0-99% Poverty	11%	10%
100-199% Poverty	27%	19%
Speaks English Less Than Very Well	0%	3%
Veterans	12%	16%
Living Alone	25%	27%
Less Than High School Education	17%	12%
High School Graduate (No College)	28%	29%
Has a Disability	39%	33%
In Labor Force	15%	18%

66 Age 60+ Grandparents responsible for Grandchildren

86 Age 60+ Moved from Other States or Abroad

$41,731 Age 65+ Median Household Income

Age 65+ Ethnicity

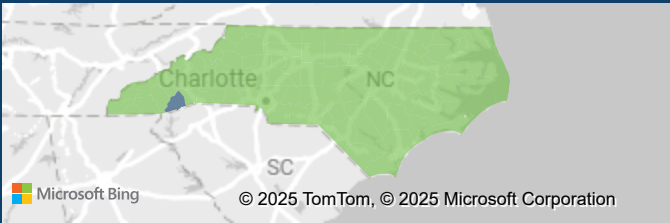|	County %	NC %
Hispanic/Latino	1%	3%
White Non-Hispanic/Latino	78%	76%

County Aging Population Profile

County: **Transylvania**

Region: **B - Land of Sky Regional Council**

Select a County

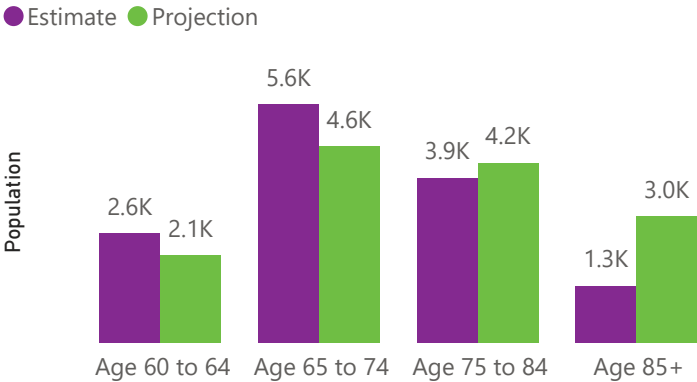Use the list and/or search box within the dropdown

Transylvania County, North Carolina	⌄

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	5,242	5,050	16%	15%	-4%
Age 18-44	8,919	8,777	27%	26%	-2%
Age 45-59	5,597	6,538	17%	19%	17%
Age 60-64	2,574	2,066	8%	6%	-20%
Age 60+	13,435	13,935	40%	41%	4%
Age 65+	10,861	11,869	33%	35%	9%
Age 85+	1,341	2,987	4%	9%	123%
Total	33,193	34,300			3%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	2.6K	5.6K	3.9K	1.3K
Projection	2.1K	4.6K	4.2K	3.0K

County Rankings

Population Rank	Population 65+ Rank	Median Age
69	**51**	**51.6**
People	People 65+	65+ as % of Total
33,193	10,861	33%

Age 65+ Race

Race ▲	County %	NC %
White	96%	77%
Black or African American	3%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	0%	1%
Two or More Races	1%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	10%	10%
100-199% Poverty	14%	19%
Speaks English Less Than Very Well	0%	3%
Veterans	21%	16%
Living Alone	25%	27%
Less Than High School Education	6%	12%
High School Graduate (No College)	21%	29%
Has a Disability	29%	33%
In Labor Force	15%	18%

63 Age 60+ Grandparents responsible for Grandchildren

324 Age 60+ Moved from Other States or Abroad

$60,253 Age 65+ Median Household Income

Age 65+ Ethnicity

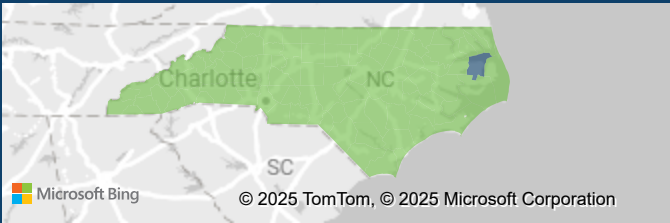|	County %	NC %
Hispanic/Latino	1%	3%
White Non-Hispanic/Latino	96%	76%

County Aging Population Profile

County: **Tyrrell**
Region: **R - Albemarle Commission**

Select a County
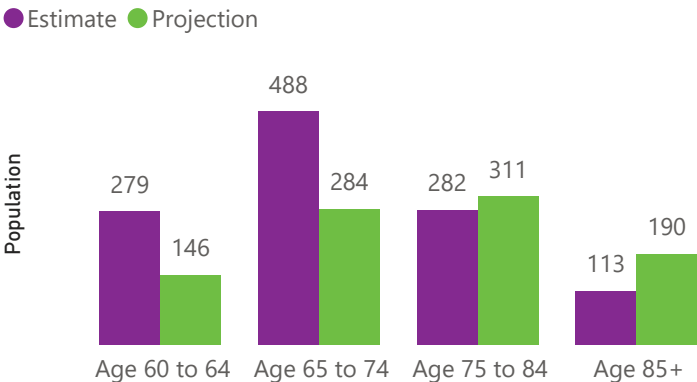Use the list and/or search box within the dropdown

Tyrrell County, North Carolina ⌄

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	778	1,022	22%	29%	31%
Age 18-44	965	1,055	28%	30%	9%
Age 45-59	575	472	17%	14%	-18%
Age 60-64	279	146	8%	4%	-48%
Age 60+	1,162	931	33%	27%	-20%
Age 65+	883	785	25%	23%	-11%
Age 85+	113	190	3%	5%	68%
Total	3,480	3,480			0%

Projected Growth in Next 20 Years

● Estimate ● Projection

Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
279 / 146	488 / 284	282 / 311	113 / 190

County Rankings

Population Rank	Population 65+ Rank	Median Age
100	**100**	**46.1**
People	People 65+	65+ as % of Total
3,480	883	25%

Age 65+ Race

Race ▲	County %	NC %
White	65%	77%
Black or African American	34%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	0%	1%
Two or More Races	0%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	4%	10%
100-199% Poverty	42%	19%
Speaks English Less Than Very Well	0%	3%
Veterans	14%	16%
Living Alone	27%	27%
Less Than High School Education	18%	12%
High School Graduate (No College)	37%	29%
Has a Disability	49%	33%
In Labor Force	24%	18%

10
Age 60+ Grandparents responsible for Grandchildren

5
Age 60+ Moved from Other States or Abroad

$34,235
Age 65+ Median Household Income

Age 65+ Ethnicity

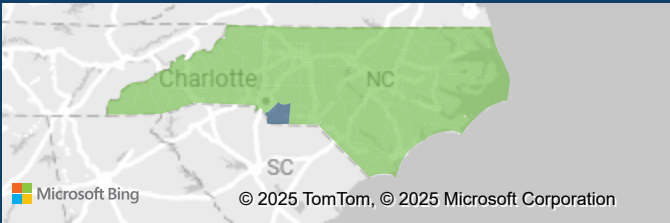|	County %	NC %
Hispanic/Latino	0%	3%
White Non-Hispanic/Latino	65%	76%

County Aging Population Profile

County: **Union**
Region: **F - Centralina COG**

Select a County
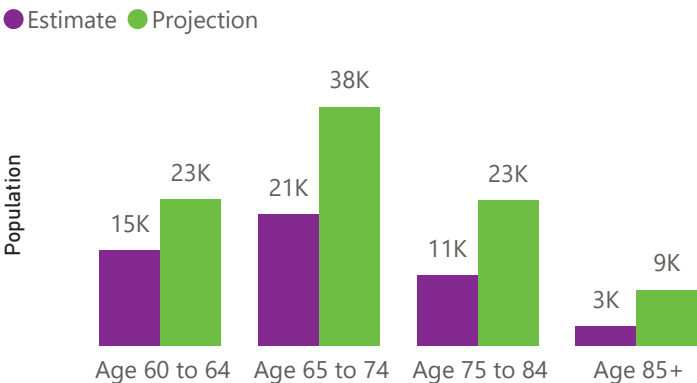
Use the list and/or search box within the dropdown

Union County, North Carolina	▾

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County Rankings

Population Rank	Population 65+ Rank	Median Age
8	**12**	**39.0**
People	People 65+	65+ as % of Total
257,682	**34,797**	**14%**

Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	64,766	86,441		25%	22%	33%
Age 18-44	84,870	137,174		33%	36%	62%
Age 45-59	58,247	69,166		23%	18%	19%
Age 60-64	15,002	23,120		6%	6%	54%
Age 60+	49,799	92,463		19%	24%	86%
Age 65+	34,797	69,343		14%	18%	99%
Age 85+	3,015	8,805		1%	2%	192%
Total	257,682	385,244				50%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	15K	21K	11K	3K
Projection	23K	38K	23K	9K

Age 65+ Race

Race ▲	County %	NC %
White	82%	77%
Black or African American	10%	17%
American Indian and Alaska Native	0%	1%
Asian	2%	2%
Some Other Race	3%	1%
Two or More Races	3%	2%
Total	**100%**	**100%**

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	5%	3%
White Non-Hispanic/Latino	81%	76%

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	7%	10%
100-199% Poverty	15%	19%
Speaks English Less Than Very Well	5%	3%
Veterans	15%	16%
Living Alone	18%	27%
Less Than High School Education	13%	12%
High School Graduate (No College)	31%	29%
Has a Disability	30%	33%
In Labor Force	19%	18%

712 Age 60+ Grandparents responsible for Grandchildren

1,168 Age 60+ Moved from Other States or Abroad

$62,262 Age 65+ Median Household Income
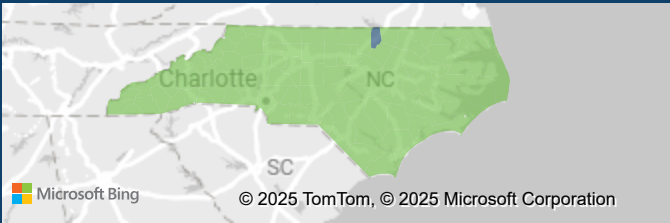
County Aging Population Profile

County: Vance
Region: K - Kerr Tar Regional COG

Select a County
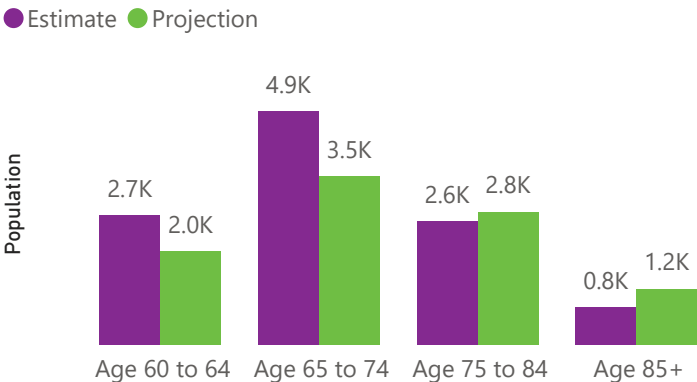
Use the list and/or search box within the dropdown

Vance County, North Carolina ▼

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	9,960	10,220	24%	25%	3%
Age 18-44	12,999	14,621	32%	35%	12%
Age 45-59	7,310	6,925	18%	17%	-5%
Age 60-64	2,713	1,960	7%	5%	-28%
Age 60+	10,994	9,455	27%	23%	-14%
Age 65+	8,281	7,495	20%	18%	-9%
Age 85+	791	1,171	2%	3%	48%
Total	41,263	41,221			-0%

Projected Growth in Next 20 Years

● Estimate ● Projection

Age 60 to 64: 2.7K / 2.0K
Age 65 to 74: 4.9K / 3.5K
Age 75 to 84: 2.6K / 2.8K
Age 85+: 0.8K / 1.2K

County Rankings

Population Rank	Population 65+ Rank	Median Age
62	64	39.6
People	People 65+	65+ as % of Total
41,263	8,281	20%

Age 65+ Race

Race ▲	County %	NC %
White	55%	77%
Black or African American	42%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	0%	1%
Two or More Races	3%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	12%	10%
100-199% Poverty	25%	19%
Speaks English Less Than Very Well	0%	3%
Veterans	14%	16%
Living Alone	32%	27%
Less Than High School Education	18%	12%
High School Graduate (No College)	36%	29%
Has a Disability	43%	33%
In Labor Force	16%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	1%	3%
White Non-Hispanic/Latino	55%	76%

383 Age 60+ Grandparents responsible for Grandchildren

110 Age 60+ Moved from Other States or Abroad

$40,227 Age 65+ Median Household Income
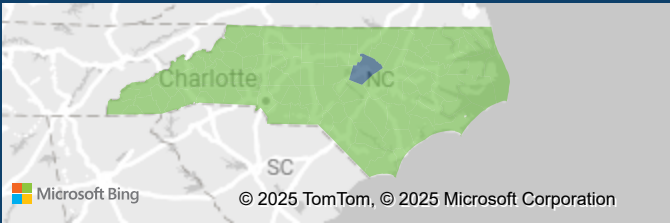
County Aging Population Profile

County: **Wake**

Region: **J - Central Pines Regional Council**

Select a County
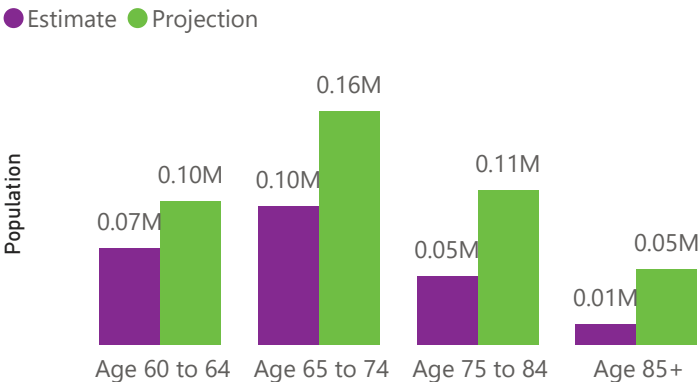
Use the list and/or search box within the dropdown

Wake County, North Carolina ▾

Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.	Proj. Growth	
Age 0-17	267,597	301,920		22%	18%		13%
Age 18-44	457,861	597,576		38%	36%		31%
Age 45-59	244,676	355,897		20%	21%		45%
Age 60-64	66,865	99,663		6%	6%		49%
Age 60+	224,766	421,286		19%	25%		87%
Age 65+	157,901	321,623		13%	19%		104%
Age 85+	14,317	52,209		1%	3%		265%
Total	1,194,900	1,676,679					40%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	0.07M	0.10M	0.05M	0.01M
Projection	0.10M	0.16M	0.11M	0.05M

County Rankings

Population Rank	Population 65+ Rank	Median Age
1	1	37.9
People	People 65+	65+ as % of Total
1,194,900	157,901	13%

Age 65+ Race

Race ▲	County %	NC %
White	74%	77%
Black or African American	16%	17%
American Indian and Alaska Native	0%	1%
Asian	5%	2%
Some Other Race	2%	1%
Two or More Races	3%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	7%	10%
100-199% Poverty	12%	19%
Speaks English Less Than Very Well	5%	3%
Veterans	14%	16%
Living Alone	25%	27%
Less Than High School Education	8%	12%
High School Graduate (No College)	20%	29%
Has a Disability	28%	33%
In Labor Force	21%	18%

1,416 Age 60+ Grandparents responsible for Grandchildren

5,151 Age 60+ Moved from Other States or Abroad

$69,553 Age 65+ Median Household Income

Age 65+ Ethnicity

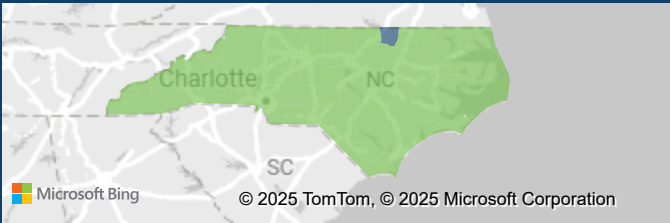|	County %	NC %
Hispanic/Latino	4%	3%
White Non-Hispanic/Latino	73%	76%

County Aging Population Profile

County: Warren

Region: K - Kerr Tar Regional COG

Select a County
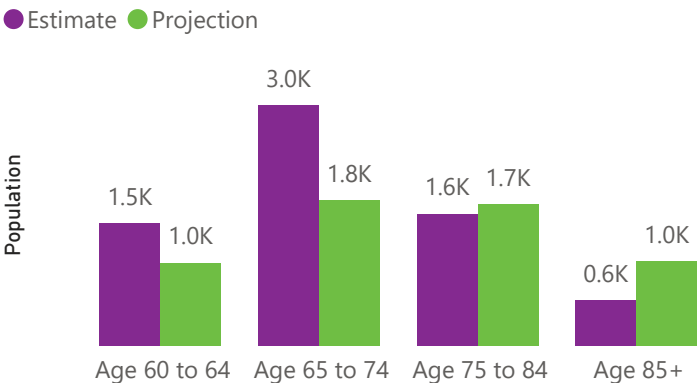
Use the list and/or search box within the dropdown

Warren County, North Carolina ▾

Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	3,359	3,532		18%	19%	5%
Age 18-44	5,460	6,159		29%	33%	13%
Age 45-59	3,149	3,534		17%	19%	12%
Age 60-64	1,507	1,020		8%	5%	-32%
Age 60+	6,647	5,580		36%	30%	-16%
Age 65+	5,140	4,560		28%	24%	-11%
Age 85+	562	1,033		3%	5%	84%
Total	18,615	18,805				1%

Projected Growth in Next 20 Years

● Estimate ● Projection

Population

- Age 60 to 64: 1.5K / 1.0K
- Age 65 to 74: 3.0K / 1.8K
- Age 75 to 84: 1.6K / 1.7K
- Age 85+: 0.6K / 1.0K

County Rankings

Population Rank	Population 65+ Rank	Median Age
82	79	47.7
People	People 65+	65+ as % of Total
18,615	5,140	28%

Age 65+ Race

Race ▲	County %	NC %
White	48%	77%
Black or African American	42%	17%
American Indian and Alaska Native	4%	1%
Asian	0%	2%
Some Other Race	2%	1%
Two or More Races	4%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	13%	10%
100-199% Poverty	24%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	15%	16%
Living Alone	30%	27%
Less Than High School Education	15%	12%
High School Graduate (No College)	36%	29%
Has a Disability	38%	33%
In Labor Force	15%	18%

134 Age 60+ Grandparents responsible for Grandchildren

176 Age 60+ Moved from Other States or Abroad

$42,757 Age 65+ Median Household Income

Age 65+ Ethnicity

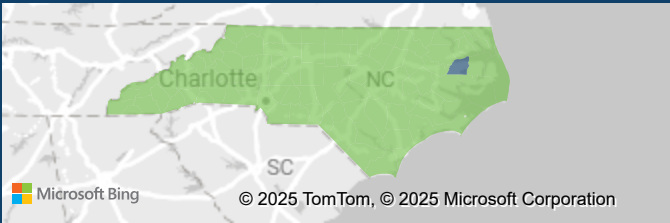|	County %	NC %
Hispanic/Latino	3%	3%
White Non-Hispanic/Latino	48%	76%

County Aging Population Profile

County: **Washington**

Region: **R - Albemarle Commission**

Select a County
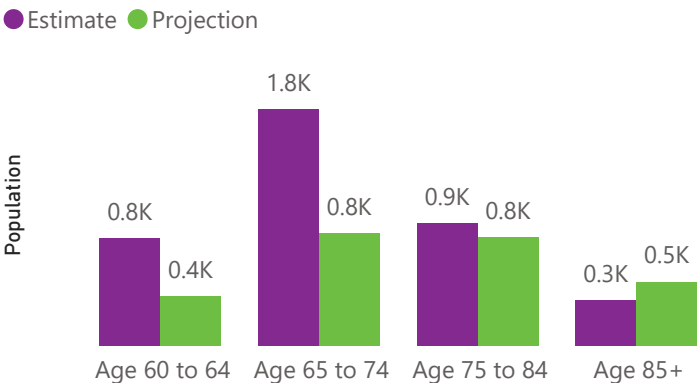
Use the list and/or search box within the dropdown

Washington County, North Carolina ▼

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	2,048	1,950	19%	23%	-5%
Age 18-44	2,832	2,467	27%	29%	-13%
Age 45-59	1,835	1,651	17%	19%	-10%
Age 60-64	805	370	8%	4%	-54%
Age 60+	3,833	2,506	36%	29%	-35%
Age 65+	3,028	2,136	29%	25%	-29%
Age 85+	338	479	3%	6%	42%
Total	10,548	8,574			-19%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	0.8K	1.8K	0.9K	0.3K
Projection	0.4K	0.8K	0.8K	0.5K

County Rankings

Population Rank	Population 65+ Rank	Median Age
95	93	48.9
People	People 65+	65+ as % of Total
10,548	3,028	29%

Age 65+ Race

Race ▲	County %	NC %
White	57%	77%
Black or African American	42%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	0%	1%
Two or More Races	1%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	12%	10%
100-199% Poverty	32%	19%
Speaks English Less Than Very Well	0%	3%
Veterans	12%	16%
Living Alone	35%	27%
Less Than High School Education	25%	12%
High School Graduate (No College)	33%	29%
Has a Disability	55%	33%
In Labor Force	19%	18%

13
Age 60+ Grandparents responsible for Grandchildren

22
Age 60+ Moved from Other States or Abroad

$38,644
Age 65+ Median Household Income

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	1%	3%
White Non-Hispanic/Latino	57%	76%

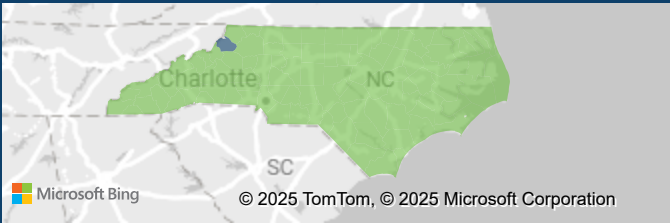# County Aging Population Profile

County: **Watauga**

Region: **D - High Country COG**

Select a County

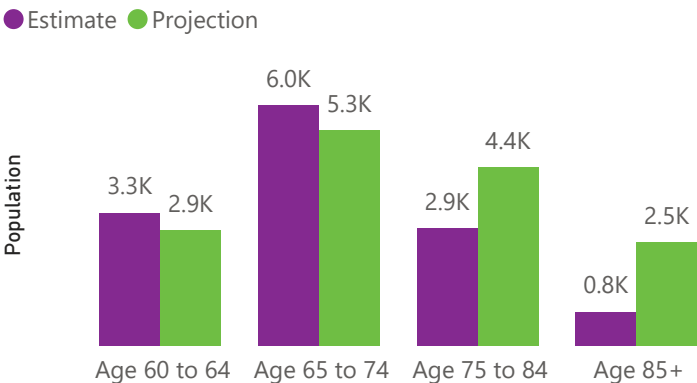Use the list and/or search box within the dropdown

Watauga County, North Carolina ⌄

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	6,650	6,309	19%	23%	-5%
Age 18-44	26,816	24,449	27%	29%	-9%
Age 45-59	8,532	9,267	17%	19%	9%
Age 60-64	3,283	2,852	8%	4%	-13%
Age 60+	12,974	15,133	36%	29%	17%
Age 65+	9,691	12,281	29%	25%	27%
Age 85+	839	2,548	3%	6%	204%
Total	54,972	55,158			0%

Projected Growth in Next 20 Years

● Estimate ● Projection

Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
3.3K / 2.9K	6.0K / 5.3K	2.9K / 4.4K	0.8K / 2.5K

County Rankings

Population Rank	Population 65+ Rank	Median Age
49	**61**	**33.7**
People	People 65+	65+ as % of Total
54,972	**9,691**	**29%**

Age 65+ Race

Race ▲	County %	NC %
White	95%	77%
Black or African American	1%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	1%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	8%	10%
100-199% Poverty	16%	19%
Speaks English Less Than Very Well	0%	3%
Veterans	16%	16%
Living Alone	29%	27%
Less Than High School Education	8%	12%
High School Graduate (No College)	19%	29%
Has a Disability	30%	33%
In Labor Force	23%	18%

84
Age 60+ Grandparents responsible for Grandchildren

127
Age 60+ Moved from Other States or Abroad

$38,644
Age 65+ Median Household Income

Age 65+ Ethnicity

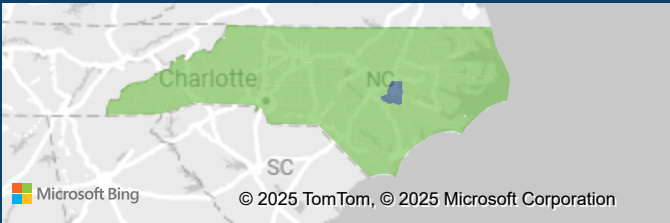|	County %	NC %
Hispanic/Latino	3%	3%
White Non-Hispanic/Latino	95%	76%

County Aging Population Profile

County: **Wayne**
Region: **P - Eastern Carolina COG**

Select a County

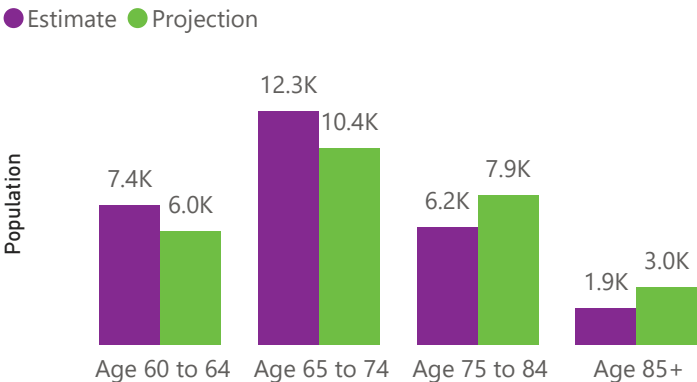Use the list and/or search box within the dropdown

Wayne County, North Carolina ⌄

Population Growth

	2023 Est.	2043 Proj.		2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	28,146	28,432		24%	24%	1%
Age 18-44	41,306	43,192		35%	36%	5%
Age 45-59	20,462	21,608		17%	18%	6%
Age 60-64	7,371	5,978		6%	5%	-19%
Age 60+	27,834	27,300		24%	23%	-2%
Age 65+	20,463	21,322		17%	18%	4%
Age 85+	1,932	3,032		2%	3%	57%
Total	117,748	120,532				2%

Projected Growth in Next 20 Years

- ● Estimate   ● Projection

Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
7.4K / 6.0K	12.3K / 10.4K	6.2K / 7.9K	1.9K / 3.0K

County Rankings

Population Rank	Population 65+ Rank	Median Age
25	**27**	**37.3**
People	People 65+	65+ as % of Total
117,748	20,463	17%

Age 65+ Race

Race ▲	County %	NC %
White	65%	77%
Black or African American	31%	17%
American Indian and Alaska Native	0%	1%
Asian	1%	2%
Some Other Race	0%	1%
Two or More Races	3%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	10%	10%
100-199% Poverty	18%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	21%	16%
Living Alone	31%	27%
Less Than High School Education	13%	12%
High School Graduate (No College)	35%	29%
Has a Disability	39%	33%
In Labor Force	17%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	64%	76%

622
Age 60+ Grandparents responsible for Grandchildren

320
Age 60+ Moved from Other States or Abroad

$55,969
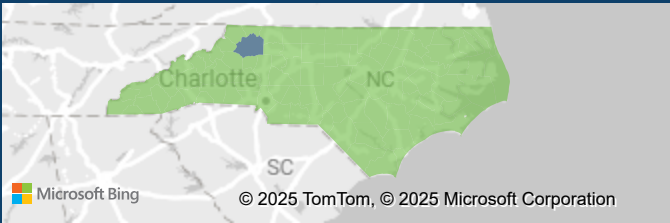Age 65+ Median Household Income

County Aging Population Profile

County: **Wilkes**
Region: **D - High Country COG**

Select a County
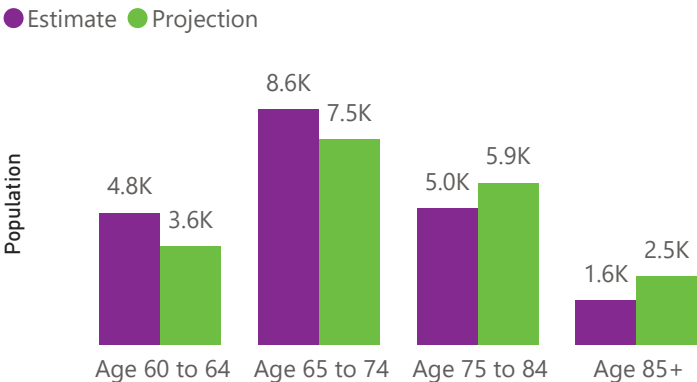Use the list and/or search box within the dropdown

Wilkes County, North Carolina ▾

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County Rankings

	Population Rank	Population 65+ Rank	Median Age
	42	**39**	**45.0**
	People	People 65+	65+ as % of Total
	65,987	**15,250**	**23%**

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	13,125	14,311	20%	21%	9%
Age 18-44	19,873	22,216	30%	32%	12%
Age 45-59	12,904	12,903	20%	19%	-0%
Age 60-64	4,835	3,600	7%	5%	-26%
Age 60+	20,085	19,580	30%	28%	-3%
Age 65+	15,250	15,980	23%	23%	5%
Age 85+	1,619	2,519	2%	4%	56%
Total	65,987	69,010			5%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	4.8K	8.6K	5.0K	1.6K
Projection	3.6K	7.5K	5.9K	2.5K

Age 65+ Race

Race ▲	County %	NC %
White	94%	77%
Black or African American	4%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	1%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics
Population Age 65 and Older

	County %	NC %
0-99% Poverty	13%	10%
100-199% Poverty	23%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	14%	16%
Living Alone	25%	27%
Less Than High School Education	19%	12%
High School Graduate (No College)	37%	29%
Has a Disability	37%	33%
In Labor Force	13%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	93%	76%

298 Age 60+ Grandparents responsible for Grandchildren

119 Age 60+ Moved from Other States or Abroad

$41,296 Age 65+ Median Household Income
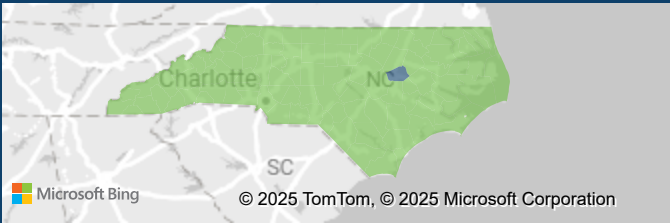
County Aging Population Profile

County: Wilson
Region: L - Upper Coastal Plain COG

Select a County
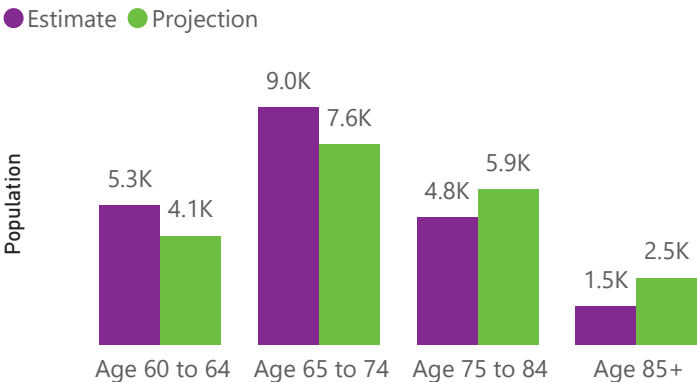Use the list and/or search box within the dropdown

Wilson County, North Carolina ▾

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Microsoft Bing

County Rankings

	Population Rank	Population 65+ Rank	Median Age
	36	**38**	**40.3**
	People	People 65+	65+ as % of Total
	78,792	**15,349**	**19%**

Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	17,944	17,020	23%	21%	-5%
Age 18-44	25,703	27,433	33%	35%	7%
Age 45-59	14,475	14,666	18%	18%	1%
Age 60-64	5,321	4,144	7%	5%	-22%
Age 60+	20,670	20,236	26%	26%	-2%
Age 65+	15,349	16,092	19%	20%	5%
Age 85+	1,466	2,546	2%	3%	74%
Total	78,792	79,355			1%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	5.3K	9.0K	4.8K	1.5K
Projection	4.1K	7.6K	5.9K	2.5K

Age 65+ Race

Race ▲	County %	NC %
White	60%	77%
Black or African American	35%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	2%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics
Population Age 65 and Older

	County %	NC %
0-99% Poverty	16%	10%
100-199% Poverty	25%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	12%	16%
Living Alone	31%	27%
Less Than High School Education	21%	12%
High School Graduate (No College)	37%	29%
Has a Disability	37%	33%
In Labor Force	15%	18%

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	3%	3%
White Non-Hispanic/Latino	60%	76%

276 Age 60+ Grandparents responsible for Grandchildren

31 Age 60+ Moved from Other States or Abroad

$36,482 Age 65+ Median Household Income

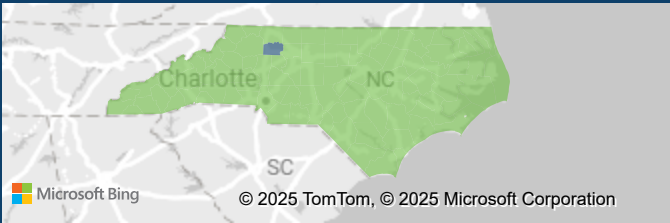# County Aging Population Profile

County: Yadkin

Region: G - Piedmont Triad Regional Council

Select a County

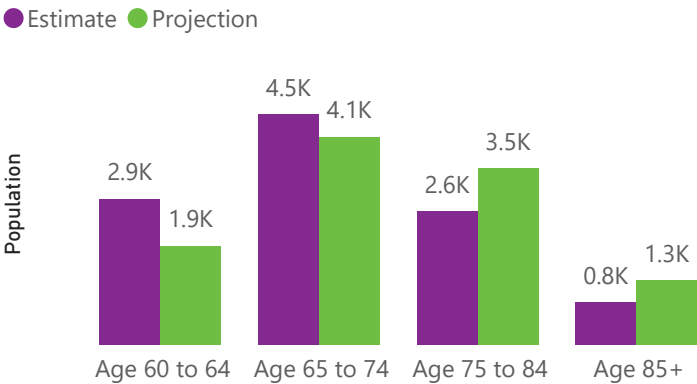Use the list and/or search box within the dropdown

Yadkin County, North Carolina ▾

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	7,650	7,666	20%	20%	0%
Age 18-44	11,594	12,165	31%	32%	5%
Age 45-59	7,644	7,120	20%	19%	-7%
Age 60-64	2,865	1,946	8%	5%	-32%
Age 60+	10,834	10,770	29%	29%	-1%
Age 65+	7,969	8,824	21%	23%	11%
Age 85+	831	1,270	2%	3%	53%
Total	37,722	37,721			-0%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Estimate	Projection
Age 60 to 64	2.9K	1.9K
Age 65 to 74	4.5K	4.1K
Age 75 to 84	2.6K	3.5K
Age 85+	0.8K	1.3K

County Rankings

Population Rank	Population 65+ Rank	Median Age
66	65	44.1
People	People 65+	65+ as % of Total
37,722	7,969	21%

Age 65+ Race

Race ▲	County %	NC %
White	93%	77%
Black or African American	3%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	1%	1%
Two or More Races	2%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	9%	10%
100-199% Poverty	26%	19%
Speaks English Less Than Very Well	2%	3%
Veterans	15%	16%
Living Alone	30%	27%
Less Than High School Education	18%	12%
High School Graduate (No College)	43%	29%
Has a Disability	35%	33%
In Labor Force	13%	18%

102 Age 60+ Grandparents responsible for Grandchildren

147 Age 60+ Moved from Other States or Abroad

$44,672 Age 65+ Median Household Income

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	93%	76%

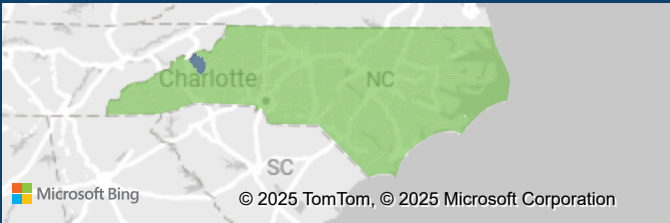# County Aging Population Profile

County: **Yancey**
Region: **D - High Country COG**

Select a County

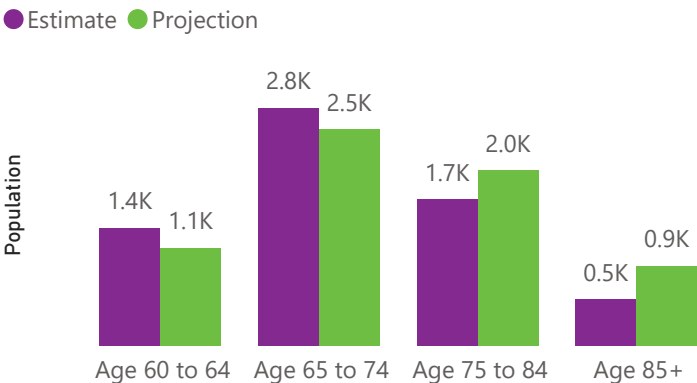Use the list and/or search box within the dropdown

Yancey County, North Carolina ⌄

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Population Growth

	2023 Est.	2043 Proj.	2023 Est.	2043 Proj.	Proj. Growth
Age 0-17	3,355	3,361	18%	18%	0%
Age 18-44	5,283	5,648	29%	30%	7%
Age 45-59	3,542	3,550	19%	19%	0%
Age 60-64	1,362	1,133	7%	6%	-17%
Age 60+	6,344	6,586	34%	34%	4%
Age 65+	4,982	5,453	27%	28%	9%
Age 85+	536	922	3%	5%	72%
Total	18,524	19,145			3%

Projected Growth in Next 20 Years

● Estimate ● Projection

	Age 60 to 64	Age 65 to 74	Age 75 to 84	Age 85+
Estimate	1.4K	2.8K	1.7K	0.5K
Projection	1.1K	2.5K	2.0K	0.9K

County Rankings

Population Rank	Population 65+ Rank	Median Age
83	**80**	**48.0**
People	People 65+	65+ as % of Total
18,524	4,982	27%

Age 65+ Race

Race ▲	County %	NC %
White	97%	77%
Black or African American	2%	17%
American Indian and Alaska Native	0%	1%
Asian	0%	2%
Some Other Race	0%	1%
Two or More Races	1%	2%
Total	**100%**	**100%**

Social and Economic Characteristics

Population Age 65 and Older

	County %	NC %
0-99% Poverty	12%	10%
100-199% Poverty	27%	19%
Speaks English Less Than Very Well	1%	3%
Veterans	17%	16%
Living Alone	28%	27%
Less Than High School Education	16%	12%
High School Graduate (No College)	37%	29%
Has a Disability	35%	33%
In Labor Force	15%	18%

115 Age 60+ Grandparents responsible for Grandchildren

141 Age 60+ Moved from Other States or Abroad

$41,415 Age 65+ Median Household Income

Age 65+ Ethnicity

	County %	NC %
Hispanic/Latino	2%	3%
White Non-Hispanic/Latino	96%	76%

Sources

Estimates/projections:
• NC Office of State Budget and Management, Standard Population Estimates, Vintage 2023;Population Projections, Vintage 2024 www.osbm.nc.gov/facts-figures/population-demographics.

Race/Ethnicity:
• US Census Bureau (2024) 2019-2023 American Community Survey 5-year estimates Table B01001A Sex by Age White alone https://data census gov/
• US Census Bureau (2024) 2019-2023 American Community Survey 5-year estimates Table B01001B Sex by Age People who are Black or African American alone
• US Census Bureau (2024) 2019-2023 American Community Survey 5-year estimates Table B01001D Sex by Age People who are Asian alone
• US Census Bureau (2024) 2019-2023 American Community Survey 5-year estimates Table B01001C Sex by Age People who are American Indian or Alaska Native alone
• US Census Bureau (2024) 2019-2023 American Community Survey 5-year estimates Table B01001F Sex by Age People who are Some Other Race alone
• US Census Bureau (2024) 2019-2023 American Community Survey 5-year estimates Table B01001G Sex by Age People who are two or more races
• US Census Bureau (2024) 2019-2023 American Community Survey 5-year estimates Table B01001H. Sex by Age. White, not Hispanic or Latino.
• US Census Bureau (2024) 2019-2023 American Community Survey 5-year estimates Table B01001I Sex by Age People who Hispanic or Latino

Socio-economic characteristics:
•US Census Bureau (2024) 2019-2023 American Community Survey 5-year estimates Table B17024 Age by ratio of income to poverty level in the past 12 months
•US Census Bureau (2024) 2019-2023 American Community Survey 5-year estimates Table B16004 Age by language spoken at home by ability to speak English for the population 5 years and over
•US Census Bureau (2024) 2019-2023 American Community Survey 5-year estimates Table B21001 Sex by age by Veteran status for the civilian population 18 years and over
•US Census Bureau (2024) 2019-2023 American Community Survey 5-year estimates Table B09020 Relationship by household type (Including living alone) for the population 65 years and over
•US Census Bureau (2024) 2019-2023 American Community Survey 5-year estimates Table B15001 Sex by age by educational attainment for the population 18 years and over
•US Census Bureau (2024) 2019-2023 American Community Survey 5-year estimates Table C18108 Age by number of disabilities
•US Census Bureau (2024) 2019-2023 American Community Survey 5-year estimates Table B23001 Sex by age by employment status for the population 16 years and over
•US Census Bureau (2024) 2019-2023 American Community Survey 5-year estimates Table B07001 Geographical mobility in the past year by age for current residence in the United States
•US Census Bureau (2024) 2019-2023 American Community Survey 5-year estimates Table B10051 Grandparents living with own grandchildren by responsibility for own grandchildren by presence of parent of grandchildren and age of grandparent
•US Census Bureau (2024) 2019-2023 American Community Survey 5-year estimates Table S1903 Median Income by Household Age

County-Level Rurality Classifications:
• Health Resources & Services Administration (2022-2023) Area Health Research Files (AHRFs)