

FEDERAL RETURN ON INVESTMENT 2024

NORTH CAROLINA AREA AGENCIES ON AGING

OLDER AMERICANS ACT

LONG-TERM CARE OMBUDSMAN PROGRAM



Technical Assistance

5,917



Information & Assistance

2,143



Long-term Facility Visits

4,285



Outreach Events

488



Complaints Closed

3,168

EVIDENCE-BASED HEALTH PROMOTION & DISEASE PREVENTION

Persons served

9,355



STATE HEALTH INSURANCE ASSISTANCE PROGRAM

Savings to beneficiaries

\$53M

Medicare beneficiary counseling sessions

69,000



FAMILY CAREGIVER SUPPORT

PROJECT CARE

Caregivers served through care consultations

502



428 Caregivers served through respite

FAMILY CAREGIVER SUPPORT PROGRAM

Served through respite program



1,141

LIFESPAN

Respite vouchers awarded

265



HOME & COMMUNITY SERVICES

NUMBER OF PERSONS SERVED

Adult Day Care/Health

1,081

In-Home Assistance

6,751

Nutrition Services

56,000

Medical/General Transportation

8,374

Information & Options Counseling

75



Demographic Snapshot of NC



- » **88 counties** have more people above the age of 60 than under the age of 18.
- » **NC ranks 9th** in total population nationally, **NC also ranks 9th** in the population of those age 65 and older
- » An estimated **47,600 people** 60 and older migrated to North Carolina from another state.
- » **By 2031**, the number of individuals aged 65 and older is **expected to surpass** the population under 18 years old.
- » Adults aged 85 and older are **projected to experience the fastest growth in the state** over the next 20 years.

Caregiving in NC



of Family Caregivers
1,280,000



Total Hours of Unpaid Care
1.2 Million



Total Value of Unpaid Care
\$16.5 Billion

Alzheimer's Disease in NC



with Alzheimer's, constituting **12%** of the population within that age group.

In 2024, according to NC Alzheimer's statistics, **210,500** adults 65 and older were diagnosed with Alzheimer's, constituting **12%** of the population within that age group.

Food Insecurity & Malnutrition



In 2020, North Carolina had the **14th-highest rate** of older adult food insecurity in the United States; nearly **7.7%** of adults aged 60 and older were food insecure.

The annual costs of disease-associated malnutrition for adults aged 65 and older in North Carolina is **\$140,348,592**.



Older Americans Act Services: caring for seniors and caregivers in a sustainable, cost-effective way.