

## Assistance with Care to Help You Continue Living at Home

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# The State/County/ Special Assistance In-Home Program for Adults



- Do you need adult care home or assisted living care but want to continue living in your own home?
- Do you now live in an adult care home, such as an assisted living, rest home or a supervised living group home and want to return to your own home but need help paying for care?

**Read further to see if you may be eligible for the Special Assistance In-Home Program.**

### Can I get help paying my expenses at home?

For eligible older adults or adults with disabilities, the State/County Special Assistance In-Home Program (SAIH) can help with living expenses such as food, shelter, clothing, and other daily necessities. Assistance payments are provided monthly to eligible individuals living at home.

### Am I eligible?

Individuals with low income are potentially eligible if they are age 65 or older, or if they are younger than age 65 and at least age 18, and are disabled according to Social Security disability standards.

### In addition, applicants must:

- Need adult care home level of care as verified by a doctor but desire to continue living in their own home;
- Be a U.S. citizen or qualified alien;
- Meet income and asset eligibility requirements;
- Be a resident of NC; and
- Meet all other Special Assistance eligibility requirements.

A services assessment is completed with an Adult Services case manager to determine whether an applicant or beneficiary can remain safely at home, and what services would be needed to ensure that the individual's needs are met.

