NOTICE TO FOOD AND NUTRITION SERVICES RECIPIENTS

The Social Security Administration (SSA), Supplemental Security Income (SSI) and Veterans Affairs (VA) benefits will receive 2.8% Cost of Living Adjustment (COLA) for 2026.

This may affect your January 2026 Food and Nutrition Services (FNS) benefits.

YOU DO NOT HAVE TO REPORT THESE CHANGES TO YOUR CASEWORKER.

This may cause a change in the amount of your FNS benefits. To verify your JANUARY benefit, access your account information through one of the following methods:

- Download a free mobile application called *ebt*EDGE and view deposit history (available on the iOS App Store and Google Play)
- Log in to www.ebtedge.com and click the benefit tab
- Call the EBT Call Center at 1-888-622-7328

If you have any other questions about these changes, contact your local department of social services.

You have the right to request a fair hearing if you do not believe your benefits were determined correctly when these changes were made.

HOW TO GET A HEARING

You have the right to a fair hearing of your case if you do not agree with our decision. You can request a fair hearing by contacting your local county department of social services. You may request the hearing in person, by telephone, or in writing. The hearing may be requested by any member of your Food and Nutrition Services unit or by your representative, including an attorney obtained at your own expense. Free legal advice may be available by contacting Legal Aid of North Carolina, Inc. You can contact Legal Aid at their main helpline at 866-219-5262 or visiting their website at legalaidnc.org.

For more information, you may call the EBT Customer Service Center at 1-866-719-0141 or TTY:771.

You have 90 calendar days from the date this notice was mailed to ask for a hearing. Unless you ask for a hearing by this date, you cannot have one.