

FY 2026-27 Agreement Addenda Section III: WIC Deliverable #2-B: Promote Healthy Weights

Percentage of **pregnatal women on WIC*** with live, term singleton births who gain within the 2009 Institute of Medicine (IOM) Recommended Weight Gain Ranges (*weight gain ranges by prepregnancy weight categories are 28-40 lbs. for underweight women (BMI<18.5); 25-35 lbs. for normal weight women (BMI 18.5 to 24.9); 15-25 lbs. for overweight women (BMI 25 to 29.9); and 11-20 lbs. for obese women (BMI >= 30)*).

County	Inadequate Weight Gain		Adequate or Recommended Weight Gain		Excessive Weight Gain		Unknown Weight Gain		Number of Women on WIC Giving Births during CY2024
	Number	Percent	Number	Percent	Number	Percent	Number	Percent	
Statewide Total	9,187	23.60%	10,156	26.09%	18,996	48.80%	586	1.51%	38,925
Alamance	170	23.32%	196	26.89%	348	47.74%	15	2.06%	729
Alexander	29	24.17%	38	31.67%	53	44.17%	0	0.00%	120
Alleghany	21	42.00%	10	20.00%	19	38.00%	0	0.00%	50
Anson	42	32.81%	38	29.69%	48	37.50%	0	0.00%	128
Ashe	15	20.00%	18	24.00%	42	56.00%	0	0.00%	75
Avery	10	21.74%	14	30.43%	22	47.83%	0	0.00%	46
Beaufort	44	21.15%	52	25.00%	111	53.37%	1	0.48%	208
Bertie	25	30.12%	18	21.69%	40	48.19%	0	0.00%	83
Bladen	32	22.70%	47	33.33%	59	41.84%	3	2.13%	141
Brunswick	102	21.52%	106	22.36%	264	55.70%	2	0.42%	474
Buncombe	124	17.84%	219	31.51%	349	50.22%	3	0.43%	695
Burke	90	25.71%	123	35.14%	135	38.57%	2	0.57%	350
Cabarrus	148	24.30%	169	27.75%	284	46.63%	8	1.31%	609
Caldwell	84	25.93%	91	28.09%	149	45.99%	0	0.00%	324
Camden	3	20.00%	2	13.33%	10	66.67%	0	0.00%	15
Carteret	27	19.15%	37	26.24%	77	54.61%	0	0.00%	141
Caswell	19	22.62%	20	23.81%	45	53.57%	0	0.00%	84
Catawba	155	23.77%	151	23.16%	342	52.45%	4	0.61%	652
Chatham	41	22.16%	47	25.41%	97	52.43%	0	0.00%	185
Cherokee	16	15.84%	33	32.67%	49	48.51%	3	2.97%	101

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Statewide Total	9,187	23.60%	10,156	26.09%	18,996	48.80%	586	1.51%	38,925
Chowan	19	31.67%	18	30.00%	23	38.33%	0	0.00%	60
Clay	5	16.13%	7	22.58%	19	61.29%	0	0.00%	31
Cleveland	112	24.56%	147	32.24%	196	42.98%	1	0.22%	456
Columbus	73	27.24%	51	19.03%	92	34.33%	52	19.40%	268
Craven	95	21.74%	111	25.40%	230	52.63%	1	0.23%	437
Cumberland	363	19.73%	423	22.99%	1,047	56.90%	7	0.38%	1,840
Currituck	15	25.42%	20	33.90%	24	40.68%	0	0.00%	59
Dare	20	25.32%	25	31.65%	34	43.04%	0	0.00%	79
Davidson	146	20.56%	181	25.49%	381	53.66%	2	0.28%	710
Davie	28	19.86%	38	26.95%	75	53.19%	0	0.00%	141
Duplin	119	32.43%	102	27.79%	143	38.96%	3	0.82%	367
Durham	284	25.63%	246	22.20%	469	42.33%	109	9.84%	1,108
Edgecombe	73	24.75%	68	23.05%	153	51.86%	1	0.34%	295
Forsyth	427	25.68%	415	24.95%	809	48.65%	12	0.72%	1,663
Franklin	47	22.07%	50	23.47%	108	50.70%	8	3.76%	213
Gaston	186	22.44%	219	26.42%	409	49.34%	15	1.81%	829
Gates	5	23.81%	2	9.52%	14	66.67%	0	0.00%	21
Graham	3	8.33%	15	41.67%	17	47.22%	1	2.78%	36
Granville	46	24.34%	47	24.87%	88	46.56%	8	4.23%	189
Greene	17	18.28%	33	35.48%	42	45.16%	1	1.08%	93

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Statewide Total	9,187	23.60%	10,156	26.09%	18,996	48.80%	586	1.51%	38,925
Guilford	540	24.61%	547	24.93%	1,050	47.86%	57	2.60%	2,194
Halifax	64	23.97%	67	25.09%	135	50.56%	1	0.37%	267
Harnett	133	22.77%	146	25.00%	299	51.20%	6	1.03%	584
Haywood	39	20.97%	48	25.81%	99	53.23%	0	0.00%	186
Henderson	59	19.41%	104	34.21%	141	46.38%	0	0.00%	304
Hertford	13	15.12%	29	33.72%	44	51.16%	0	0.00%	86
Hoke	53	19.56%	72	26.57%	146	53.87%	0	0.00%	271
Hyde	5	62.50%	0	0.00%	3	37.50%	0	0.00%	8
Iredell	134	25.09%	140	26.22%	259	48.50%	1	0.19%	534
Jackson	34	20.73%	43	26.22%	87	53.05%	0	0.00%	164
Johnston	162	19.80%	222	27.14%	428	52.32%	6	0.73%	818
Jones	7	23.33%	7	23.33%	15	50.00%	1	3.33%	30
Lee	66	20.63%	84	26.25%	167	52.19%	3	0.94%	320
Lenoir	64	19.81%	76	23.53%	175	54.18%	8	2.48%	323
Lincoln	57	24.89%	50	21.83%	122	53.28%	0	0.00%	229
McDowell	41	23.70%	50	28.90%	81	46.82%	1	0.58%	173
Macon	33	23.24%	33	23.24%	76	53.52%	0	0.00%	142
Madison	10	16.67%	16	26.67%	34	56.67%	0	0.00%	60
Martin	30	22.73%	39	29.55%	62	46.97%	1	0.76%	132
Mecklenburg	878	23.73%	1,098	29.68%	1,694	45.78%	30	0.81%	3,700

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Mitchell	8	20.00%	14	35.00%	18	45.00%	0	0.00%	40
Montgomery	43	26.88%	35	21.88%	80	50.00%	2	1.25%	160
Moore	62	24.41%	58	22.83%	134	52.76%	0	0.00%	254
Nash	90	22.90%	103	26.21%	198	50.38%	2	0.51%	393
New Hanover	154	26.24%	137	23.34%	295	50.26%	1	0.17%	587
Northampton	15	18.75%	23	28.75%	42	52.50%	0	0.00%	80
Onslow	219	19.52%	321	28.61%	580	51.69%	2	0.18%	1,122
Orange	61	22.93%	86	32.33%	113	42.48%	6	2.26%	266
Pamlico	17	29.82%	11	19.30%	29	50.88%	0	0.00%	57
Pasquotank	55	33.33%	34	20.61%	74	44.85%	2	1.21%	165
Pender	52	23.32%	53	23.77%	116	52.02%	2	0.90%	223
Perquimans	13	27.08%	13	27.08%	22	45.83%	0	0.00%	48
Person	38	24.52%	38	24.52%	75	48.39%	4	2.58%	155
Pitt	204	24.58%	209	25.18%	414	49.88%	3	0.36%	830
Polk	5	13.51%	14	37.84%	18	48.65%	0	0.00%	37
Randolph	151	23.59%	136	21.25%	346	54.06%	7	1.09%	640
Richmond	82	24.33%	69	20.47%	182	54.01%	4	1.19%	337
Robeson	246	28.57%	229	26.60%	363	42.16%	23	2.67%	861
Rockingham	93	26.35%	72	20.40%	184	52.12%	4	1.13%	353
Rowan	107	22.29%	136	28.33%	235	48.96%	2	0.42%	480

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Statewide Total	9,187	23.60%	10,156	26.09%	18,996	48.80%	586	1.51%	38,925
Rutherford	56	21.29%	75	28.52%	132	50.19%	0	0.00%	263
Sampson	116	29.15%	82	20.60%	187	46.98%	13	3.27%	398
Scotland	65	28.51%	58	25.44%	105	46.05%	0	0.00%	228
Stanly	66	24.91%	67	25.28%	132	49.81%	0	0.00%	265
Stokes	25	17.73%	29	20.57%	86	60.99%	1	0.71%	141
Surry	63	21.50%	77	26.28%	153	52.22%	0	0.00%	293
Swain	17	24.29%	9	12.86%	43	61.43%	1	1.43%	70
Transylvania	10	13.33%	23	30.67%	42	56.00%	0	0.00%	75
Tyrrell	5	25.00%	9	45.00%	6	30.00%	0	0.00%	20
Union	133	24.40%	149	27.34%	262	48.07%	1	0.18%	545
Vance	86	29.45%	70	23.97%	127	43.49%	9	3.08%	292
Wake	627	22.90%	702	25.64%	1,296	47.33%	113	4.13%	2,738
Warren	22	25.29%	14	16.09%	50	57.47%	1	1.15%	87
Washington	23	38.98%	13	22.03%	23	38.98%	0	0.00%	59
Watauga	13	16.88%	21	27.27%	43	55.84%	0	0.00%	77
Wayne	235	29.38%	247	30.88%	316	39.50%	2	0.25%	800
Wilkes	55	22.54%	54	22.13%	135	55.33%	0	0.00%	244
Wilson	102	25.82%	100	25.32%	191	48.35%	2	0.51%	395
Yadkin	41	24.70%	33	19.88%	90	54.22%	2	1.20%	166
Yancey	10	19.61%	15	29.41%	26	50.98%	0	0.00%	51

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