

FY25 Agreement Addenda Section III: WIC Deliverable #2-B: Promote Healthy Weights

Percentage of **All NC prenatal women* with live, term singleton births** who gain within the 2009 Institute of Medicine (IOM) Recommended Weight Gain Ranges (*weight gain ranges by prepregnancy weight categories are 28-40 lbs. for underweight women (BMI<18.5); 25-35 lbs. for normal weight women (BMI 18.5 to 24.9); 15-25 lbs. for overweight women (BMI 25 to 29.9); and 11-20 lbs. for obese women (BMI >= 30)*).

County	Inadequate Weight Gain		Adequate or Recommended Weight Gain		Excessive Weight Gain		Unknown Weight Gain		Number of Prenatal Women Giving Births during CY2022
	Number	Percent	Number	Percent	Number	Percent	Number	Percent	
Statewide Total	22,211	21.09%	29,010	27.55%	51,904	49.29%	2,175	2.07%	105,300
Alamance	348	20.71%	432	25.71%	812	48.33%	88	5.24%	1,680
Alexander	59	20.07%	77	26.19%	157	53.40%	1	0.34%	294
Alleghany	22	23.91%	25	27.17%	45	48.91%	0	0.00%	92
Anson	61	27.73%	72	32.73%	87	39.55%	0	0.00%	220
Ashe	37	21.64%	53	30.99%	81	47.37%	0	0.00%	171
Avery	28	23.33%	40	33.33%	52	43.33%	0	0.00%	120
Beaufort	97	25.66%	100	26.46%	172	45.50%	9	2.38%	378
Bertie	33	28.45%	28	24.14%	53	45.69%	2	1.72%	116
Bladen	97	32.23%	72	23.92%	117	38.87%	15	4.98%	301
Brunswick	180	17.96%	252	25.15%	568	56.69%	2	0.20%	1,002
Buncombe	362	17.43%	636	30.62%	1,077	51.85%	2	0.10%	2,077
Burke	189	25.40%	237	31.85%	316	42.47%	2	0.27%	744
Cabarrus	575	24.02%	695	29.03%	1,110	46.37%	14	0.58%	2,394
Caldwell	184	26.98%	174	25.51%	323	47.36%	1	0.15%	682
Camden	15	19.23%	17	21.79%	45	57.69%	1	1.28%	78
Carteret	75	17.05%	112	25.45%	252	57.27%	1	0.23%	440
Caswell	44	25.29%	40	22.99%	82	47.13%	8	4.60%	174
Catawba	327	22.79%	407	28.36%	698	48.64%	3	0.21%	1,435
Chatham	111	17.82%	180	28.89%	306	49.12%	26	4.17%	623
Cherokee	36	18.85%	54	28.27%	95	49.74%	6	3.14%	191
Chowan	33	28.21%	34	29.06%	49	41.88%	1	0.85%	117
Clay	13	18.84%	21	30.43%	29	42.03%	6	8.70%	69

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County	Inadequate Weight Gain		Adequate or Recommended Weight Gain		Excessive Weight Gain		Unknown Weight Gain		Number of Prenatal Women Giving Births during CY2022
	Number	Percent	Number	Percent	Number	Percent	Number	Percent	
Statewide Total	22,211	21.09%	29,010	27.55%	51,904	49.29%	2,175	2.07%	105,300
Cleveland	235	24.97%	260	27.63%	438	46.55%	8	0.85%	941
Columbus	132	25.68%	129	25.10%	247	48.05%	6	1.17%	514
Craven	247	21.86%	299	26.46%	579	51.24%	5	0.44%	1,130
Cumberland	1,001	22.27%	1,093	24.32%	2,377	52.88%	24	0.53%	4,495
Currituck	54	17.76%	85	27.96%	164	53.95%	1	0.33%	304
Dare	54	22.59%	62	25.94%	119	49.79%	4	1.67%	239
Davidson	323	21.55%	398	26.55%	769	51.30%	9	0.60%	1,499
Davie	82	22.40%	96	26.23%	186	50.82%	2	0.55%	366
Duplin	146	24.25%	163	27.08%	290	48.17%	3	0.50%	602
Durham	742	20.81%	1,002	28.11%	1,661	46.59%	160	4.49%	3,565
Edgecombe	129	26.88%	141	29.38%	208	43.33%	2	0.42%	480
Forsyth	815	20.80%	1,107	28.25%	1,966	50.18%	30	0.77%	3,918
Franklin	146	18.50%	214	27.12%	395	50.06%	34	4.31%	789
Gaston	475	19.98%	638	26.84%	1,215	51.11%	49	2.06%	2,377
Gates	13	16.25%	30	37.50%	31	38.75%	6	7.50%	80
Graham	13	17.11%	17	22.37%	45	59.21%	1	1.32%	76
Granville	131	23.99%	134	24.54%	252	46.15%	29	5.31%	546
Greene	44	25.29%	45	25.86%	83	47.70%	2	1.15%	174
Guilford	1,063	21.07%	1,372	27.20%	2,442	48.41%	167	3.31%	5,044
Halifax	119	28.33%	97	23.10%	203	48.33%	1	0.24%	420
Harnett	329	20.50%	411	25.61%	842	52.46%	23	1.43%	1,605
Haywood	75	16.70%	118	26.28%	256	57.02%	0	0.00%	449

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Statewide Total	22,211	21.09%	29,010	27.55%	51,904	49.29%	2,175	2.07%	105,300
Henderson	174	19.35%	256	28.48%	464	51.61%	5	0.56%	899
Hertford	40	25.97%	45	29.22%	64	41.56%	5	3.25%	154
Hoke	177	23.35%	197	25.99%	377	49.74%	7	0.92%	758
Hyde	6	26.09%	4	17.39%	13	56.52%	0	0.00%	23
Iredell	391	21.41%	473	25.90%	954	52.25%	8	0.44%	1,826
Jackson	64	21.48%	81	27.18%	151	50.67%	2	0.67%	298
Johnston	462	18.17%	700	27.53%	1,317	51.79%	64	2.52%	2,543
Jones	20	23.53%	14	16.47%	51	60.00%	0	0.00%	85
Lee	160	23.19%	172	24.93%	335	48.55%	23	3.33%	690
Lenoir	148	26.76%	143	25.86%	253	45.75%	9	1.63%	553
Lincoln	145	17.53%	224	27.09%	453	54.78%	5	0.60%	827
McDowell	81	23.96%	101	29.88%	155	45.86%	1	0.30%	338
Macon	64	22.61%	83	29.33%	136	48.06%	0	0.00%	283
Madison	28	17.72%	53	33.54%	76	48.10%	1	0.63%	158
Martin	40	21.74%	51	27.72%	91	49.46%	2	1.09%	184
Mecklenburg	2,571	19.72%	3,770	28.92%	6,457	49.52%	240	1.84%	13,038
Mitchell	18	20.22%	23	25.84%	48	53.93%	0	0.00%	89
Montgomery	51	22.27%	67	29.26%	111	48.47%	0	0.00%	229
Moore	188	18.13%	283	27.29%	551	53.13%	15	1.45%	1,037
Nash	248	26.38%	221	23.51%	459	48.83%	12	1.28%	940
New Hanover	333	16.70%	615	30.84%	1,035	51.91%	11	0.55%	1,994
Northampton	37	25.52%	41	28.28%	63	43.45%	4	2.76%	145

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Statewide Total	22,211	21.09%	29,010	27.55%	51,904	49.29%	2,175	2.07%	105,300
Onslow	724	20.78%	960	27.55%	1,791	51.41%	9	0.26%	3,484
Orange	159	14.96%	315	29.63%	523	49.20%	66	6.21%	1,063
Pamlico	14	17.50%	23	28.75%	42	52.50%	1	1.25%	80
Pasquotank	89	22.47%	100	25.25%	206	52.02%	1	0.25%	396
Pender	119	20.27%	165	28.11%	301	51.28%	2	0.34%	587
Perquimans	22	23.40%	29	30.85%	43	45.74%	0	0.00%	94
Person	89	27.81%	60	18.75%	159	49.69%	12	3.75%	320
Pitt	388	22.65%	450	26.27%	848	49.50%	27	1.58%	1,713
Polk	24	21.82%	43	39.09%	42	38.18%	1	0.91%	110
Randolph	283	20.69%	350	25.58%	704	51.46%	31	2.27%	1,368
Richmond	113	25.45%	112	25.23%	213	47.97%	6	1.35%	444
Robeson	509	31.32%	401	24.68%	537	33.05%	178	10.95%	1,625
Rockingham	196	23.22%	210	24.88%	430	50.95%	8	0.95%	844
Rowan	299	21.10%	413	29.15%	700	49.40%	5	0.35%	1,417
Rutherford	133	24.81%	118	22.01%	283	52.80%	2	0.37%	536
Sampson	160	22.63%	191	27.02%	349	49.36%	7	0.99%	707
Scotland	89	27.05%	87	26.44%	149	45.29%	4	1.22%	329
Stanly	154	24.44%	175	27.78%	298	47.30%	3	0.48%	630
Stokes	68	19.26%	92	26.06%	191	54.11%	2	0.57%	353
Surry	148	23.13%	179	27.97%	311	48.59%	2	0.31%	640
Swain	27	20.77%	32	24.62%	71	54.62%	0	0.00%	130
Transylvania	36	18.56%	60	30.93%	97	50.00%	1	0.52%	194

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Statewide Total	22,211	21.09%	29,010	27.55%	51,904	49.29%	2,175	2.07%	105,300
Tyrrell	8	20.00%	18	45.00%	14	35.00%	0	0.00%	40
Union	451	19.72%	654	28.60%	1,168	51.07%	14	0.61%	2,287
Vance	127	29.95%	106	25.00%	172	40.57%	19	4.48%	424
Wake	2,153	18.49%	3,354	28.80%	5,560	47.75%	577	4.96%	11,644
Warren	43	27.22%	35	22.15%	77	48.73%	3	1.90%	158
Washington	37	39.78%	19	20.43%	37	39.78%	0	0.00%	93
Watauga	59	22.35%	103	39.02%	102	38.64%	0	0.00%	264
Wayne	327	23.47%	395	28.36%	659	47.31%	12	0.86%	1,393
Wilkes	122	21.00%	134	23.06%	319	54.91%	6	1.03%	581
Wilson	197	26.16%	196	26.03%	354	47.01%	6	0.80%	753
Yadkin	85	24.36%	92	26.36%	170	48.71%	2	0.57%	349
Yancey	19	12.84%	53	35.81%	76	51.35%	0	0.00%	148

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