

FY25 Agreement Addenda Section III: WIC Deliverable #2-B: Promote Healthy Weights

Percentage of **pregnata women on WIC* with live, term singleton births** who gain within the 2009 Institute of Medicine (IOM) Recommended Weight Gain Ranges (*weight gain ranges by prepregnancy weight categories are 28-40 lbs. for underweight women (BMI<18.5); 25-35 lbs. for normal weight women (BMI 18.5 to 24.9); 15-25 lbs. for overweight women (BMI 25 to 29.9); and 11-20 lbs. for obese women (BMI >= 30)*).

County	Inadequate Weight Gain		Adequate or Recommended Weight Gain		Excessive Weight Gain		Unknown Weight Gain		Number of Prenatal Women on WIC Giving Births during CY2022
	Number	Percent	Number	Percent	Number	Percent	Number	Percent	
Statewide Total	9,382	24.76%	9,714	25.64%	17,997	47.50%	793	2.09%	37,886
Alamance	159	21.81%	192	26.34%	324	44.44%	54	7.41%	729
Alexander	25	24.04%	21	20.19%	57	54.81%	1	0.96%	104
Alleghany	15	31.25%	10	20.83%	23	47.92%	0	0.00%	48
Anson	33	26.40%	43	34.40%	49	39.20%	0	0.00%	125
Ashe	15	24.19%	23	37.10%	24	38.71%	0	0.00%	62
Avery	17	31.48%	15	27.78%	22	40.74%	0	0.00%	54
Beaufort	60	29.27%	47	22.93%	94	45.85%	4	1.95%	205
Bertie	18	27.69%	18	27.69%	28	43.08%	1	1.54%	65
Bladen	69	34.50%	44	22.00%	75	37.50%	12	6.00%	200
Brunswick	87	20.00%	105	24.14%	241	55.40%	2	0.46%	435
Buncombe	133	19.53%	184	27.02%	362	53.16%	2	0.29%	681
Burke	108	29.03%	119	31.99%	144	38.71%	1	0.27%	372
Cabarrus	171	27.80%	173	28.13%	264	42.93%	7	1.14%	615
Caldwell	111	31.01%	96	26.82%	150	41.90%	1	0.28%	358
Camden	5	31.25%	2	12.50%	9	56.25%	0	0.00%	16
Carteret	29	19.73%	30	20.41%	88	59.86%	0	0.00%	147
Caswell	26	34.67%	17	22.67%	31	41.33%	1	1.33%	75
Catawba	149	25.43%	159	27.13%	277	47.27%	1	0.17%	586
Chatham	52	24.88%	51	24.40%	93	44.50%	13	6.22%	209
Cherokee	14	17.50%	22	27.50%	41	51.25%	3	3.75%	80
Chowan	15	28.30%	10	18.87%	28	52.83%	0	0.00%	53
Clay	7	21.21%	10	30.30%	13	39.39%	3	9.09%	33

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County	Inadequate Weight Gain		Adequate or Recommended Weight Gain		Excessive Weight Gain		Unknown Weight Gain		Number of Prenatal Women on WIC Giving Births during CY2022
	Number	Percent	Number	Percent	Number	Percent	Number	Percent	
Statewide Total	9,382	24.76%	9,714	25.64%	17,997	47.50%	793	2.09%	37,886
Cleveland	135	27.38%	130	26.37%	222	45.03%	6	1.22%	493
Columbus	79	27.15%	71	24.40%	138	47.42%	3	1.03%	291
Craven	142	30.02%	120	25.37%	208	43.97%	3	0.63%	473
Cumberland	424	25.04%	372	21.97%	890	52.57%	7	0.41%	1,693
Currituck	11	17.46%	19	30.16%	33	52.38%	0	0.00%	63
Dare	19	30.16%	16	25.40%	27	42.86%	1	1.59%	63
Davidson	166	24.96%	169	25.41%	329	49.47%	1	0.15%	665
Davie	26	21.85%	27	22.69%	64	53.78%	2	1.68%	119
Duplin	105	29.09%	94	26.04%	161	44.60%	1	0.28%	361
Durham	302	28.38%	248	23.31%	443	41.64%	71	6.67%	1,064
Edgecombe	72	26.97%	77	28.84%	117	43.82%	1	0.37%	267
Forsyth	344	22.12%	413	26.56%	786	50.55%	12	0.77%	1,555
Franklin	44	25.00%	40	22.73%	84	47.73%	8	4.55%	176
Gaston	163	21.76%	186	24.83%	380	50.73%	20	2.67%	749
Gates	5	20.00%	11	44.00%	8	32.00%	1	4.00%	25
Graham	8	17.02%	12	25.53%	27	57.45%	0	0.00%	47
Granville	51	25.89%	46	23.35%	86	43.65%	14	7.11%	197
Greene	28	28.57%	28	28.57%	41	41.84%	1	1.02%	98
Guilford	527	24.01%	556	25.33%	1,016	46.29%	96	4.37%	2,195
Halifax	80	31.01%	60	23.26%	117	45.35%	1	0.39%	258
Harnett	140	23.37%	159	26.54%	290	48.41%	10	1.67%	599
Haywood	28	15.30%	38	20.77%	117	63.93%	0	0.00%	183

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Statewide Total	9,382	24.76%	9,714	25.64%	17,997	47.50%	793	2.09%	37,886
Henderson	67	23.43%	75	26.22%	142	49.65%	2	0.70%	286
Hertford	23	26.14%	24	27.27%	38	43.18%	3	3.41%	88
Hoke	82	29.39%	67	24.01%	126	45.16%	4	1.43%	279
Hyde	4	28.57%	3	21.43%	7	50.00%	0	0.00%	14
Iredell	132	27.33%	108	22.36%	242	50.10%	1	0.21%	483
Jackson	32	21.92%	40	27.40%	72	49.32%	2	1.37%	146
Johnston	167	20.00%	236	28.26%	424	50.78%	8	0.96%	835
Jones	11	29.73%	4	10.81%	22	59.46%	0	0.00%	37
Lee	87	27.44%	69	21.77%	145	45.74%	16	5.05%	317
Lenoir	89	28.62%	77	24.76%	140	45.02%	5	1.61%	311
Lincoln	45	19.82%	57	25.11%	124	54.63%	1	0.44%	227
McDowell	34	22.52%	44	29.14%	72	47.68%	1	0.66%	151
Macon	40	30.30%	32	24.24%	60	45.45%	0	0.00%	132
Madison	8	12.12%	24	36.36%	34	51.52%	0	0.00%	66
Martin	28	27.72%	29	28.71%	43	42.57%	1	0.99%	101
Mecklenburg	772	22.26%	931	26.85%	1,728	49.83%	37	1.07%	3,468
Mitchell	8	22.86%	12	34.29%	15	42.86%	0	0.00%	35
Montgomery	38	25.85%	45	30.61%	64	43.54%	0	0.00%	147
Moore	60	23.90%	65	25.90%	118	47.01%	8	3.19%	251
Nash	132	30.34%	91	20.92%	209	48.05%	3	0.69%	435
New Hanover	122	18.89%	167	25.85%	350	54.18%	7	1.08%	646
Northampton	24	31.17%	18	23.38%	35	45.45%	0	0.00%	77

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Statewide Total	9,382	24.76%	9,714	25.64%	17,997	47.50%	793	2.09%	37,886
Onslow	289	24.12%	315	26.29%	591	49.33%	3	0.25%	1,198
Orange	57	19.45%	72	24.57%	130	44.37%	34	11.60%	293
Pamlico	10	23.81%	11	26.19%	20	47.62%	1	2.38%	42
Pasquotank	43	25.75%	41	24.55%	83	49.70%	0	0.00%	167
Pender	54	29.35%	49	26.63%	81	44.02%	0	0.00%	184
Perquimans	8	20.00%	15	37.50%	17	42.50%	0	0.00%	40
Person	36	27.48%	24	18.32%	66	50.38%	5	3.82%	131
Pitt	209	26.22%	188	23.59%	388	48.68%	12	1.51%	797
Polk	8	30.77%	7	26.92%	11	42.31%	0	0.00%	26
Randolph	140	22.12%	159	25.12%	323	51.03%	11	1.74%	633
Richmond	94	28.31%	86	25.90%	146	43.98%	6	1.81%	332
Robeson	257	31.15%	193	23.39%	275	33.33%	100	12.12%	825
Rockingham	105	26.92%	94	24.10%	186	47.69%	5	1.28%	390
Rowan	115	21.06%	147	26.92%	283	51.83%	1	0.18%	546
Rutherford	67	28.27%	48	20.25%	121	51.05%	1	0.42%	237
Sampson	90	24.19%	99	26.61%	180	48.39%	3	0.81%	372
Scotland	62	28.97%	62	28.97%	86	40.19%	4	1.87%	214
Stanly	68	26.88%	80	31.62%	105	41.50%	0	0.00%	253
Stokes	29	21.80%	34	25.56%	70	52.63%	0	0.00%	133
Surry	58	23.48%	67	27.13%	120	48.58%	2	0.81%	247
Swain	16	21.62%	15	20.27%	43	58.11%	0	0.00%	74
Transylvania	12	19.05%	26	41.27%	25	39.68%	0	0.00%	63

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Statewide Total	9,382	24.76%	9,714	25.64%	17,997	47.50%	793	2.09%	37,886
Tyrrell	3	15.79%	9	47.37%	7	36.84%	0	0.00%	19
Union	122	22.98%	163	30.70%	246	46.33%	0	0.00%	531
Vance	97	36.06%	54	20.07%	105	39.03%	13	4.83%	269
Wake	605	23.14%	662	25.33%	1,228	46.98%	119	4.55%	2,614
Warren	28	29.79%	20	21.28%	45	47.87%	1	1.06%	94
Washington	28	41.18%	17	25.00%	23	33.82%	0	0.00%	68
Watauga	23	35.38%	17	26.15%	25	38.46%	0	0.00%	65
Wayne	212	27.86%	220	28.91%	325	42.71%	4	0.53%	761
Wilkes	61	24.60%	54	21.77%	131	52.82%	2	0.81%	248
Wilson	113	28.61%	100	25.32%	181	45.82%	1	0.25%	395
Yadkin	33	22.00%	42	28.00%	74	49.33%	1	0.67%	150
Yancey	8	14.04%	23	40.35%	26	45.61%	0	0.00%	57

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