

CERTIFIED ADULT DAY CARE AND ADULT DAY HEALTH PROGRAMS
4/21/2026

REC NUM	COUNTY	CENTER	DIRECTOR	ADDRESS	CITY	ST	ZIP	CAPACITY	PHONE	EMAIL ADDRESS/WEBSITE	TYPE
1	Alamance	Friendship Adult Day Services, Inc.	Linda Vaughn	424 Rudd Street, Suite 101	Burlington	NC	27217	48	(336) 222-7797	lindavaughn@friendshipadulday.org http://friendshipadulday.com	ADC
2	Alamance	Piedmont Health SeniorCare	Carolyn Vincent	1214 Vaughn Road	Burlington	NC	27217	110	(336) 532-0000	johnsonc@piedmonthealth.org	ADH
3	Alamance	The Harbor at Twin Lakes Community	Katie Gantos	3810 Heritage Drive	Burlington	NC	27215	12	(336) 585-2393	kgantos@twinlakescomm.org	ADC/ALZ
4	Ashe	Ashe Service for Aging, Inc. dba Generations Ashe	Jordan Myers	180 ChattyRob Lane	West Jefferson	NC	28694	41	(336) 246-2461	JordanMyers@GenerationsAshe.org CynthiaBoyd@GenerationsAshe.org www.asheaging.org	ADC/ADH
5	Brunswick	Woodard's Adult Day Health Center	Sharon Crawford	115 Holden Beach Road	Shallotte	NC	28459	49	(910) 754-9409	its9409@gmail.com	ADC/ADH
6	Buncombe	Irene Wortham Adult Day Care	Monica Dodd	916 W. Chapel Rd.	Asheville	NC	28803-2844	75	(828) 274-7518	www.iwcnc.org mdodd@iwcnc.org	ADC, DD
7	Buncombe	Mountain Aging Partners, Inc.	Laura Allison	Street 5 Oak	Asheville	NC	28801	85	(828) 277-3399	laurama@mtncare.org	ADC/ADH
8	Buncombe	CarePartners Rehabilitation Hospital LLLP DBA CarePartners PACE	Lisa Capps	286 Overlook Road	Asheville	NC	28803	104	(828) 213-8442	Lisa.Capps@HCAHealthcare.com	ADH
9	Burke	Quaker Meadows Generations Adult Day Services	Lisa Lail	800 North Green St.	Morganton	NC	28655	32	(828) 438-6255	www.brcainc.org llail@brcainc.org	ADC/ADH

ADC: Day Care Programs
ADH: Day Health Programs
DD: Developmental Disability Special Designation
ALZ: Alzheimer's Disease Special Designation

ADC/ADH: Combination Adult Day Care and Adult Day health Care Programs

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10	Cabarrus	Care A Lot Adult Day Care	Bridget Smith	1753 Old Earnhardt Road	Kannapolis	NC	28083	16	(980) 428-5120	careALotadultday.com bridget155f@gmail.com	ADC/ ADH
11	Cabarrus	Coltrane L.I.F.E. Center, Inc.	Susan Caudle	321 Corban Ave. SE	Concord	NC	28025	74	(704) 788-1215	www.coltranelifecenter.org scaudle@coltranelifecenter.org info@coltranelifecenter.org	ADC/ADH, ALZ
12	Catawba	Adult Life Programs, Inc. - Conover Center	Peggy Smith	211 2nd Ave. Pl., N.E.	Conover	NC	28613	29	(828) 464-0078	www.adultlifeprograms.com info@adultlifeprograms.com	ADC
13	Catawba	Adult Life Programs, Inc. - Hickory Center	Cassandra Hall	1265-A 21st Street NE	Hickory	NC	28601	63	(828) 324-1313	www.adultlifeprograms.com info@adultlifeprograms.com	ADC/ADH
14	Catawba	PACE@Home	Emily Jones	1915 Fairgrove Church Road	Newton	NC	28658	125	(828) 468-3980	mroseman@pchcv.org	ADH
15	Chatham	Piedmont Health SeniorCare at Pittsboro	Bobbi Wicker	163 Chatham Business Drive	Pittsboro	NC	27312	120	(919) 545-7337	wickerb@piedmonthealth.org	ADH
16	Cleveland	Life Enrichment Center of Cleveland County, Inc. Shelby Site	Toni Camp	110 Life Enrichment Blvd.	Shelby	NC	28150	170	(704) 484-0405	www.lifeenrichmentcenter.org toni@lifeenrichmentcenter.org	ADC/ADH
17	Cleveland	Life Enrichment Center of Cleveland County, Inc. Kings Mtn. Site	Toni Camp	222 Kings Mtn. Blvd.	Kings Mountain	NC	28086	100	(704) 739-4858	toni@lifeenrichmentcenter.org	ADC/ADH
18	Cleveland	Senior Total Life Care West	Sarah Meyers	103 T.R. Harris Drive	Shelby	NC	28150	119	(704)874-0600	smyers@seniortlc.org	ADH
19	Craven	Carolina SeniorCare-NewBern	Justine Cabrera	3681 Neuse Blvd	New Bern	NC	28560	115	(252)670-9950	https://carolinaseniorcare.org/ jcabrera@EveryAge.org	ADH

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20	Cumberland	Cape Fear Adult Day Health Care Center	Marion Wall	920 Stamper Road	Fayetteville	NC	28303	29	(910) 323-4424	capefearadult@aol.com	ADC/ADH
21	Cumberland	LIFE St. Joseph of the Pines, Inc.	Joyce Alexander-Hines	4900 Raeford Road	Fayetteville	NC	28304	195	910-483-4911	joyce.alexander-hines@trinity-health.org	ADH
22	Cumberland	RDL Therapeutic Adult Day Center, Inc.	Kevin Walker	PO Box 25682 (mailing) 6007 Morganton Road (physical)	Fayetteville	NC	28314 (mailing) 28314 (physical)	20	910-676-8676	kevinwalker@rdltherapeutic.com https://rdltherapeutic.com/	ADC/ADH
23	Davidson	The Life Center of Davidson County, Inc.	Elizabeth Rummage	601 West Center Street	Lexington	NC	27292	65	(336) 249-2155	www.lifecenterdavidson.com brummage@lifecenterdavidson.com	ADC/ADH
24	Davidson	Carolina SeniorCare	La'shawn Singleton	802 East Center Street	Lexington	NC	27292	215	336-746-3500	lsingleton@everyage.org	ADH
25	Durham	Aging Care Matters, LLC dba Aging Care Adult Day Center	Carla Payne	249 NC Highway 54 Suite 100 B	Durham	NC	27713	20	(919) 525-6464	www.AgingCareMatters.com carla@agingcarematters.com	ADC
26	Durham	Durham Center for Senior Life	Sharon Conyers	406 Rigsbee Ave.	Durham	NC	27701	60	(919) 682-0215	sconyers@dcsinc.org	ADC/ADH
27	Durham	Durham Chapel Hill Jewish Federation dba The Gindes Center	Meg Rayder	1937 W. Cornwallis Road	Durham	NC	27705	16	(984) 253-4648	adultday@jewishforgood.org mrayder@jewishforgood.org https://www.jewishforgood.org/gindes-center	ADC
28	Durham	Golden Horizons, LLC	Carla Payne	1106 Hillandale Road	Durham	NC	27705	28	(919) 286-4489	carla@agingcarematters.com www.goldenhorizons.net	ADC
29	Durham	VOANS Senior CommUnity Care of North Carolina	Charnece Mercer	5400 S. Miami Blvd. Suite 150	Durham	NC	27703	75	(919) 425-3000	cmercerc@voa.org	ADH

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30	Edgecombe	Adult Day Health Activity Center, Inc.	Mary Barnhill	1107 Fairview Road (physical) PO Box 909 (mailing)	Rocky Mount	NC	27801 (physical) 27801 (mailing)	52	(252) 972-4080	marybee64@yahoo.com	ADC/ADH, ALZ, DD
31	Forsyth	Elizabeth and Tab Williams Adult Day Center of Senior Services, Inc.	Penny Hale	114 West 30th Street -Suite 400	Winston-Salem	NC	27105	138	(336) 724-2155	phale@seniorservicesinc.org	ADC/ADH
32	Forsyth	Mount Zion Senior Life Enrichment Center	John Rhinehardt	950 File St.	Winston-Salem	NC	27101	40	(336) 721-1842	rhinehardt14@gmail.com	ADC
33	Forsyth	PACE of the Guilford and Rockingham Counties dba PACE of the Triad-West	Lucillia Marrow	1741 Motor Road	Winston-Salem	NC	28560	189		Lucillia.Marrow@pacetriad.org	ADH
34	Franklin	Franklin County Adult Day Program	Wendy Hunter	279 S. Bickett Blvd.	Louisburg	NC	27549	30	(919) 496-1131	whunter@franklincountync.us	ADC/ADH
35	Gaston	The Day Care Services for Adults	Karen Creech	900 Roberts Drive (street) 330 Dr. Martin Luther King Jr. Way (mailing)	Gastonia	NC	28120/28052	33	(704) 862-7667	Karen.Creech@gastongov.com	ADC
36	Gaston	Senior Total Life Care	Cathy Kenzig	1875 Remount Road	Gastonia	NC	28054	192	(704) 874-0600	seniortlc.org rrichards@seniortlc.org	ADH
37	Granville	Harold Sherman Adult Day Center	Gail Barnes-Hall	1038 College Street (physical) PO Box 1006 (mailing)	Oxford	NC	27565	26	(919) 690-3273	ghall@granvillemedical.com	ADC/ADH
38	Guilford	Well-Spring Solutions	Anita Brock-Carter	4100 Well Spring Drive (mailing) 2701 Henry Street (physical)	Greensboro	NC	27410 (mailing) 27405 (physical)	99	(336) 274-3559 (336) 373-4301 (center)	www.well-springsolutions.org acarter@well-spring.org	ADC/ADH, ALZ
39	Guilford	Emmanuel Senior Enrichment Center	Kimberly Miller-McDowell	1401 Heathcliff Road	High Point	NC	27262	40	(336) 882-6613	www.adultdaycarehighpoint.org adultdaycare@northstate.net	ADC/ADH

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40	Guilford	After Gateway, Inc.	Jane Maydian	501 South Mendenhall Street	Greensboro	NC	27403	48	(336) 379-7670	jmaydian@aftergateway.org aftergateway.org aftergateway@gmail.com	ADH, DD
41	Guilford	Journey Adult Day Center	Fanta Dorley	Center Addr: 3102 Yanceyville Street	Greensboro	NC	27405	52	(336)279-6175	fanta@myjourneyinc.com	ADC/ADH
42	Guilford	Maryfield Incorporated dba The Melvin and Ruth Witcher Adult Day Center at Pennybyrn	Maribel Perez	1315 Greensboro Road	High Point	NC	27620	18	(336) 321-4085	mperez@pennybyrn.org https://www.pennybyrnliving.org/adult-day/	ADC
43	Guilford	PACE of Guilford and Rockingham Counties, Inc.	Lucillia Marrow	1471 E. Cone Blvd.	Greensboro	NC	27405	140	(336) 550-4040	ursula.robinson@pacetriad.org	ADH
44	Halifax	Roanoke Valley Adult Day Care Center	Roger Edwards	108 E. First Street PO Box 127	Weldon	NC	27890	58	(252) 536-2070	rogerrvad@yahoo.com	ADC/ADH
45	Harnett	Walk By Faith Adult Health and Day Care	Marilyn Jackson	1107 Erwin Road	Dunn	NC	28334	24	(910) 891-2770	walkbyfaithhd@gmail.com	ADC/ADH
46	Haywood	Maple Leaf Adult Respite	Jenny Waite	63 Elmwood Way Suite C100	Waynesville	NC	28786	51	(828) 456-9488	jenny.waite@haywoodcountync.gov	ADC/ADH
47	Henderson	Mountain Aging Partners, Inc. - Henderson	Lauren Allison	55 N. Hillside Drive	Hendersonville	NC	28791	35	(828) 697-7070	mountaincareservices.org lauraa@mapnc.org	ADC/ADH
48	Iredell	ElderCenter, Inc. dba Iredell Adult Day Services	Deborah Howell	P.O. Box 1162 (Mailing) 502 Brevard St. (Phys.)	Statesville	NC	28687	36	(704) 873-0720	dhowell@everyage.org eldercenterNC@gmail.com	ADC/ADH
49	Iredell	The Senior Care Place, Inc.	Helen Richardson-Davis	107 A Commons Place	Mooreville	NC	28117	22	980-444-6319	helen@theseniorcareplace.com	ADC/ADH

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50	Jackson	Jackson County Adult Day Program	Jessica Hensley	100 County Services Park	Sylva	NC	28779	29	(828) 586-5441	jessicahensley@jacksonnc.org	ADC
51	Johnston	Divine Destiny Adult Care, Inc.	Katrina Boylan	612 Powell Street	Smithfield	NC	27577	20	919-934-7144	katrina@divine-destiny.org www.divine-destiny.org	ADC/ADH
52	Lee	Christian Healthcare Adult Day Care	Wanda Marsh	507 N. Steele Street	Sanford	NC	27330	40	(919) 774-8788 (dir.) (919) 775-5610 (site)	wmarsh55@gmail.com	ADC
53	Lenoir	Living Legacy Adult Day Health Program	Lateefah Irvine	1001 E. King Street	Kinston	NC	28501	26	(252) 408-8330/ (252) 561-5066	memorycare@gmail.com and coperate@livinglegacymdc.com https://www.livinglegacyadultdayhealthprogram.com/	ADC/ADH, ALZ
54	Macon	Care Connection Adult Day Care	Nikki Hall	108 Wayah Street	Franklin	NC	28734	36	(828) 349-2236	www.maconcountync.org nhall@maconnnc.org	ADC, ALZ
55	Mecklenburg	Blessed Assurance Adult Day and Health Care Services, Inc.	Navondria Huggins	13001 Idlewild Road	Matthews	NC	28105	98	(704) 576-4754	Navondria@blessedadultcare.org	ADC/ADH
56	Mecklenburg	Shridayal LLC dba University Adult Care	Chigozie Stephens	1324 John Kirk Drive	Charlotte	NC	28262	61	(704) 510-0030	chigozie.stephens@gmail.com WHELP07@yahoo.com	ADC/ADH
57	Mecklenburg	Loving Touch Adult Day Health Care Center, Inc.	Joyce Freeman	PO Box 16322 (mailing) 1302 Beatties Ford Road (physical)	Charlotte	NC	28297 (mailing) 28216 (physical)	45	(704) 331-0015	www.lovingtouchadultdayhealthcare.com joycedfreeman@aol.com	ADC/ADH, ALZ
58	Mecklenburg	Rae's Playze Adult Day Center	Ruby Works	7516 East Independence Blvd, Suite 115	Charlotte	NC	28227	70	(704) 563-3334 (Main Number) (980) 200-1186 (After-hours Emergency Number)	raeplayzeadultday.com rworks@raeplayze.com	ADC/ADH, ALZ, Dementia, DD

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59	Mecklenburg	PACE of the Southern Piedmont Inc. dba Senior Total Life Care	Lisa Nesbitt	6133 The Plaza	Charlotte	NC	28215	158	(704) 887-3857	nesbitt@seniortlc.org	ADH
60	Mecklenburg	Gracious Living ADHCC Corporation	Michele Allgood	9920 Kinsey Avenue Suite 110 (physical) PO Box 2425 (mailing)	Huntersville	NC	28078	81	(704) 997-5032	graciouslivingadhcc.com graciousliving@live.com	ADC/ADH
61	Mecklenburg	Gracious Living ADHCC Corporation dba Gracious Living-South Charlotte	Executive Director: Michele Allgood Program Director: Deborah Archie	(mailing) PO Box 2425 (physical) 7950 Nations Ford Road	Huntersville Charlotte	NC	Mailing 28078 Physical 28217	93	(704) 997-5032	Graciousliving@live.com www.graciouslivingadhcc.com	ADC/ADH
62	Mecklenburg	Gracious Living ADHCC Corporation dba Gracious Living-Pineville	Executive Director: Michele Allgood Program Director: Lisa Sphabmixay	(mailing) PO Box 2425 (physical) 10635 Park Road	Huntersville Charlotte	NC	Mailing 28078 Physical 28210	108	(704) 997-5032	Graciousliving@live.com www.graciouslivingadhcc.com	ADC/ADH
63	Mecklenburg	Cora's Intergenerational Center	Courtney Jones	3301 Beatties Ford Road	Charlotte	NC	28216	18	(704)391-6670	www.corasigcenter.org	ADC/ADH, Alz, Dementia, Parkinsons
64	Nash	The Wright Center, Inc.	Doris Howington	513 W Raleigh Blvd.	Rocky Mount	NC	27803	42	(252) 442-8363	wrightsboard@gmail.com	ADC/ADH
65	New Hanover	Elderhaus PACE	Ruth Finch	1320 N. College Road	Wilmington	NC	28405	120	(910) 343-8209	rfinch@EveryAge.org	ADH
66	New Hanover	Elderhaus at the Lake	Cindy Cooper	1950 Amphitheater Dr.	Wilmington	NC	28401	60	(910) 251-0660	ccooper@EveryAge.orgdou	ADC/ADH
67	Orange	Charles House Center for Community Eldercare	Dean Fox	7511 Sunrise Rd.	Chapel Hill	NC	27514	40	(919) 967-7570	www.CharlesHouse.org dean@charleshouse.org	ADC
68	Orange	Senior Care of Orange County, Inc. dba Soltys Place	Tanisha Massey	105 Meadowlands Drive (physical) PO Box 8181 (mailing)	Hillsborough	NC	27278	29	(919) 245-2017	www.soltysdayhealth.org director@soltysplace.org	ADC/ADH

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69	Pasquotank	Lonnie's Heart of Hope	Annie Spruill	122 Harding Street	Elizabeth City	NC	27909	73	(252) 339-5421	spruillannie@yahoo.com	ADC
70	Pender	Serenity Adult Care	Laverne Johnson	334 Old Thomas Ave.	Watha	NC	28471	6	(910) 285-0300	douglasejohnsonsr@yahoo.com	ADC
71	Person	Generations Adult Day Services	Benita Purcell	607 Henry St. Mailing address: PO Box 721	Roxboro	NC	27573	20	(336) 599-8870	pcghinc@gmail.com	ADC
72	Person	Generations Adult Day Services Main Street	Benita Purcell	112 North Main Street Mailing address: PO Box 721	Roxboro	NC	27573	24	(336) 599-0930	pcghinc@gmail.com	ADC
73	Pitt	Creative Living Center	Lisa McLawhorn	4748 Stantonsburg Rd.	Greenville	NC	27834	36	(252) 757-0147	www.creativelivingnc.org creativelivingcenter@yahoo.com	ADC/ADH
74	Randolph	Our Place Adult Day Care Center	Amber York	714 Farr St., PO Box 1852	Asheboro	NC	27204-1852	20	(336) 629-3787	www.senioradults.org adultdaycare@asheboro.com	ADC
75	Randolph	StayWell Senior Care	Karen Martin	809 Curry Drive	Asheboro	NC	27205	105	(336) 628-4200	kmartin@staywellseniorcare.org	ADH
76	Rockingham	LEAF Center	Jody Brande	104 North Washington Avenue	Reidsville	NC	27320	75	(336) 347-2328	jbrande@adtsrc.org	ADC/ADH
77	Rowan	Trinity Living Center	Beth Huber	1416-A S. Martin Luther King Jr. Ave.	Salisbury	NC	28144	60	(704) 637-3940	www.lsanc.net bhuber@trinitylivingcenter.net	ADC/ADH
78	Rutherford	Rutherford LIFEcare	Glenda Duncan	859 Thunder Road	Spindale	NC	28160	60	(828) 288-1697	www.rutherfordlifeservices.com gduncan@rutherfordlifeservices.com	ADC/ADH

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79	Sampson	Sampson County Adult Day Health Care Center	Tiffany Johnson	210 Fisher Drive	Clinton	NC	28328	42	(910) 592-7787	tiffany.johnson@sampsoncountync.gov	ADC/ADH
80	Stanly	Stanly Adult Care Center, Inc.	Sandy Carelock	204 Anderson Road	Albemarle	NC	28001	45	(980) 323-9327	sandy.carelock@stanlyadultcarecenter.org https://stanlyadultcarecenter.org/	ADC/ADH
81	Transylvania	TVS Life Skills Adult Day Care	Carla Hill	(physical) 11 Mt. Industrial Drive (mailing) PO Box 1115	Brevard	NC	28712	21	(828) 435-2850	carla@tvsinc.org	ADC, DD
82	Union	KindCare Adult Day and Health Center	Hanna Seyoum	1424 E. Franklin Street	Monroe	NC	28112	42	(704) 290-3846	www.monroeadultday.com info@monroeadultday.com	ADC/ADH
83	Wake	Total Life Center-Raleigh	Stella Ray	5124 Departure Drive Suite 101	Raleigh	NC	27616	88	(919) 873-1870	dtlc@rfsnc.org resourcesforseniors.com	ADC/ADH
84	Wake	Resources For Seniors - Total Life Center - Eastern Wake	James Ray	323 Lake Dr.	Wendell	NC	27591	25	(919) 713-1534	ewtlc@rfsnc.org resourcesforseniors.com	ADC/ADH
85	Wake	Total Life Center at Bond Park	Fredericka Phelps	110 Maury O'Dell Place	Cary	NC	27513	29	(919) 460-9008	bondpark@rfsnc.org resourcesforseniors.com	ADC/ADH
86	Wake	Total Life Center at Garner	Jennifer Best	201 Methodist Drive	Garner	NC	27529-5420	41	(919)773-3790	garnertlc@rfsnc.org resourcesforseniors.com	ADC
87	Wake	Ruth Sheets Adult Day Care Center	Matt Frazier	228 W. Edenton St.	Raleigh	NC	27603	32	(919) 832-7227	mfrazier@esumc.org	ADC/ADH
88	Wake	Southeastern Wake Adult Day Health Center	Dr. Marion Yvonne Miller	3401 Carl Sandburg Ct.	Raleigh	NC	27610	48	(919) 212-8580	kdpharr22@yahoo.com	ADC/ADH

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89	Wake	JKR Eldercare Enterprises, LLC dba SarahCare Adult Day Care Center	Marcia Jarrell	2245 Gateway Access Point Suite 101	Raleigh	NC	27607	51	(919) 746-7050	marcia@sarahcarelbt.com	ADC/ADH
90	Wake	SS Adult Day Care	Yesha Patel	200 Morrisville Square Way Suite 105	Morrisville	NC	27560	71	919-525-6464	yeshapatel001@gmail.com	ADC/ADH
91	Wake	The Glade Adult Day Center	Mary Arthur	6150 Glenview Garden Place	Cary	NC	27511	50	(919) 447-4494	marthur@glenaire.org	ADC/ADH
92	Wake	Aging Matters, LLC dba Aging Care Adult Day Center	Carla Payne	3309 Rogers Road, Suite 117	Wake Forest	NC	27587	14	(919) 525-6464	http://agingcarematters.com Carla@AgingCareMatters.com	ADC
93	Wilkes	The Ruby Pardue Blackburn Adult Day Health Care Center	Jennifer Snider	1915 West Park Drive Suite 200 PO Box 984	North Wilkesboro	NC	28659	65	(336) 667-2541	www.wilkesadulthoodcare.org executivedirector@wilkesadulthoodcare.org	ADC/ADH
4371		* Indicates a Provisional Certification. A Provisional Certification is issued because a program is out of compliance with the Standards for Certification. The Provisional Certification allows a program to operate until the compliance issue is resolved. Please contact Glenda Artis or Terrie Deal should you have any questions regarding Provisional Certification at 919-855-3400 or by email at glenda.artis@dhhs.nc.gov or terrie.deal@dhhs.nc.gov .						5850			
	ADC	Adult Day Care Programs 2 of these serve Adults with Intellectual Developmental Disabilities							22		
	ADC/ADH	Combination Adult Day Care and Adult Day Health Care Programs 1 of these is an ADC/ADH home 2 of these serves Adults with Intellectual Developmental Disabilities 7 of these serve persons with Alzheimer's Disease or Dementia							55		
	ADH	Adult Day Health Programs, 1 of these serve Adults with Intellectual Developmental Disabilities 15 of these are a PACE program							16		
		Total Number of Counties with Programs:							47		

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		Total Number of Centers in North Carolina:							93		
		Total Number of Certified Slots:							5850		