Accessing Intellectual and Developmental Disabilities services in NC

What do I need to know?

- You MUST have established residency in NC
- Documentation regarding I/DD or TBI diagnosis is REQUIRED (i.e., psychological)
- Individuals diagnosed with a brain injury by the age of 21 may be eligible for I/DD services
- NC has a Registry of Unmet Needs for the Innovations Waiver

Who do I contact?

- To check for I/DD services available in your area, find and contact your respective LME-MCO
- For Disability Benefits (i.e. SSI), find and contact your county's Social Security Administration and/or Apply for Disability Benefits through SSA online
- For other benefits (NC Medicaid, assistance programs, etc.) find and contact your <u>county's</u>
 Department of Social Services or Apply Online

Where can I find more information?

- Ages 0-5 Children's Developmental Services Agencies
- Ages 0-20 Children and Youth with Special Health Care Needs or 1-800-737-3028
- Ages 0-21 with Medicaid Early Periodic Screening Diagnostic and Treatment (EPSDT)
- Medicaid Programs and Services
- Services for People who do not have Medicaid

What do I do if I have more questions?

- <u>Contact your respective LME-MCO</u> for questions about I/DD Services
- For <u>State Operated Healthcare Facilities</u> contact <u>monica.harrelson@dhhs.nc.gov</u>
- For all other community services and/or trouble contacting an LME-MCO, contact the Customer Service and Community Rights Team at 984-236-5300 or email dmh.advocacy@dhhs.nc.gov.

Additional Resources

Ages 0-21 with Medicaid

- Early Periodic Screening Diagnostic and Treatment (EPSDT)
 - ➤ <u>Personal Care Services</u> can be requested under EPSDT for those with Medicaid aged 21 and under with a physician's referral
- Community Alternatives Program for Children (CAP/C)
- ➤ Ages 0-20
- For Research Based-Behavioral Health Treatment eligibility, <u>Contact your respective</u>
 Local Management Entity-Managed Care Organization (LME-MCO)

Additional Medicaid Programs and Services

- Behavioral Health Services
- Community Alternatives Program for Disabled Adults (CAP/DA)
- Home Health Services
- Personal Care Services (PCS)
- Private Duty Nursing
- For additional Medicaid services eligibility (B3 Services, In Lieu of Services, ICF-IID),
 Contact your respective LME-MCO

Additional Resources

- Contact your respective LME-MCO for services available in you area
- Autism Society of North Carolina
- The Arc of North Carolina
- First in Families of North Carolina
- Brain Injury Association of North Carolina
- Disability Rights North Carolina
- Community Empowerment and Engagement
- Contact **Hope4NC** for emotional support and additional community resources.