

# DEPARTMENT OF HEALTH AND HUMAN SERVICES DIVISION OF AGING AND ADULT SERVICES

ROY COOPER GOVERNOR MANDY COHEN, MD, MPH SECRETARY

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DIRECTOR

### **MEMORANDUM**

TO: Persons Requesting North Carolina Adult Day Care and Day Health

Services Standards for Certification

FROM: Glenda Artis, Adult Day Services Consultant

SUBJECT: Certification of Adult Day Services

Thank you for your recent inquiry regarding opening an Adult Day Service program. Enclosed you will find the following:

- An Information Fact Sheet providing a step-by-step guide.
- A brief description of the difference between Adult Day Care Homes, Day Care Centers, Day Health Centers, and Combination Centers
- Information about the North Carolina Adult Day Services Association
- A listing of Adult Day Services currently certified in North Carolina
- Information about the Child and Adult Care Food Program; and
- A funding fact sheet
- A copy of the NC Adult Day Care and Adult Day Health Services Standards for Certification

Please be aware that in the past few years our office has seen several adult day programs closing due to financial difficulties. There has been no increase in the overall amount of funding available in the State Adult Day Care or Home and Community Care Block Grant funds in order to serve additional clients. In most cases, what money is available has been allocated to serve existing clients.

We strongly advise individuals and organizations to consider their ability to operate an adult day care program without State or Federal funding. Many individuals who can afford to pay for this service out-of-pocket are choosing to hire in-home help or enter an assisted living facility. Although there is a need for services to keep our elderly and citizens with disabilities in their homes, there is unfortunately little funding to support this goal.

Consultation, as well as monitoring and initial preparation for certification of adult day care or day health care programs is done through the local county Department of Social Services. Click the link below to access each agency's contact information.

https://www.ncdhhs.gov/divisions/dss/local-county-social-services-offices

If you have any additional questions of this office, please visit our website at <a href="http://www.ncdhhs.gov/aging/">http://www.ncdhhs.gov/aging/</a> or contact me at (919)855-3400.

#### ADULT DAY SERVICES FUNDING FACT SHEET

The following is a list of possible funding sources for certified programs. This is a general list and all funding sources listed may not apply to your program or be available in your area. Adult day care/day health certification is not a guarantee that a certified program will receive any of the funding sources outlined below.

### NORTH CAROLINA HOME & COMMUNITY CARE BLOCK GRANT (HCCBG)

- Older Americans Act funding and other state and local funds are combined into this block grant to support home and community-based services;
- Funding can be used only for participants age 60 and older who meet service specific eligibility requirements
- Administered through the Area Agencies on Aging (AAA);
- Contact the AAA in your region to find out the lead agency for HCCBG in your county.

### NORTH CAROLINA STATE ADULT DAY CARE FUND

- Funds allocated to counties by the North Carolina Division of Aging & Adult Services;
- Administered via a vendor agreement through county Departments of Social Services to purchase Adult Day Services for eligible participants;
- Contact your local Department of Social Services for more information.

### CHILD AND ADULT CARE FOOD PROGRAM (CACFP)

- This program reimburses non-residential adult day programs designed to meet the needs of the frail elderly and functionally impaired adults for nutritious meals and snacks;
- Facilities can be public or private non-profit organizations;
- The meals and snacks provided must follow to CACFP meal plans
- Program payments are based on individual enrollee eligibility as determined by USDA quidelines;
- Certified Adult Day Programs participating in the CACFP program must also meet the nutrition requirements outlined in the North Carolina Adult Day Care/Day Health Standards for Certification manual in addition to the CACFP program requirements. The two programs are not equivalent.
- Administered by the North Carolina Division of Women's and Children's Health;
- Contact the Special Nutrition Programs Unit at the NC Division of Public Health, 919-707-5799, for more information.

### PRIVATE PAY/OUT OF POCKET PAYMENTS

- Set the top fee equal to or greater than the cost of the services;
- Give everyone the opportunity to pay what the service actually costs, allowing for discounts on a case-by-case basis.

### **MEDICAID - COMMUNITY ALTERNATIVES PROGRAM (CAP)**

- Certified Adult Day Programs with the Day HEALTH component are potentially eligible for reimbursement under CAP for Disabled Adults (CAP/DA),
- Administered by the North Carolina Division of Medical Assistance (DMA);
- Contact DMA at 919-855-4100 to find out the local CAP coordinator in your region.

### **MEDICAID - NC INNOVATIONS WAIVER**

- Certified Adult Day Programs are potentially eligible for reimbursement under the Innovations Waiver that serve persons with intellectual developmental disabilities
- Administered by North Carolina Division of Mental Health, Developmental Disabilities and Substance Abuse Services (MH/DD/SAS) and DMA through regional Local Management Entities/Managed Care Organizations (LME/MCO)

Contact MH/DD/SAS at 919-855-4800 or DMA at 919-855-4100 to find out which LME/MCO coordinates care in your region.

### **VETERANS ADMINISTRATION (VA)**

- Certified Adult Day Programs with the Day HEALTH component are potentially eligible for funding through the VA;
- Administered through area Veterans Administration Hospitals and/or outpatient clinics;
- Contracted reimbursement for qualifying veterans;
- Contact your area VA for more information.

#### MEDICARE PART B

- Does NOT cover the cost of daily care, but may cover the cost of the following services provided in the day care environment:
  - Out-patient or partial hospitalization mental health services by licensed clinic social workers or psychologists for assessment and psychotherapeutic treatment;
  - Out-patient restorative and functional maintenance rehabilitation by licensed physical therapists, occupational therapists, and/or speech therapists or approved personnel;
  - Psychiatrist and physician visits.

### **UNITED WAY**

 Contact the local agency for specific requirements for obtaining funds and/or becoming a member agency.

### TITLE V (SR. COMMUNITY SERVICE EMPLOYMENT PROGRAM, SCSEP)

- This program is designed to address the income and employment needs of economically disadvantaged individuals age 55 and older;
- Title V workers can be employed in an adult day service program as long as the program is not-for-profit;
- Administered by various agencies contact your regional AAA for more information.

### **GRANTS AND FOUNDATION FUNDING**

- Start up, operating, capital and special projects funding may be obtained through grants and foundation funding:
- For more information, contact The Foundation Center, 79 Fifth Avenue, Dept. MF, New York, NY 10003-3076, (800) 424-9836 -- this organization publishes the National Guide to Funding in Aging:
- Check for a local foundation center or library that may carry other publications on funding opportunities.

### **COMMUNITY DEVELOPMENT BLOCK GRANTS**

- Administered through city governments;
- The Housing and Community Development Act of 1974 authorizes some funding for the construction and improvement of facilities;
- Contact the area field office of the US Department of Housing and Urban Development for more information (www.hud.gov).

### LOCAL MANAGEMENT ENTITIES/MANAGED CARE ORGANIZATIONS (LME/MCOs)

- Adult Day programs can possibly contract with LME/MCOs to receive reimbursement to provide adult day services for persons with Intellectual and Developmental Disabilities;
- See https://www.ncdhhs.gov/providers/Ime-mco-directory for local listings

### **CITY/COUNTY GENERAL FUNDS**

Many localities use discretionary money to fund human service agencies;

• Call your local government office for more information.

## **FAITH BASED/CIVIC ORGANIZATIONS**

• These organizations may offer sponsorship, space or scholarships for clients.

# Adult Day Services Information Fact Sheet A Step-by-Step Guide

### **STEP ONE:** Conduct a Needs Assessment

This fact-finding exercise is essential to determine if the need and resources are available to support an adult day service program in the area you have in mind. Your local library or Internet can direct you to some excellent resources on the steps to consider when developing a plan to conduct a needs assessment. As a part of your needs assessment, you will want to contact other day care programs in the vicinity, the local department of social services, local aging programs (such as those operating senior centers and meals on wheels services), churches, hospital discharge planners, and home care agencies. Keep in mind that in order for your business to succeed finding participants who are private-pay is crucial.

### **STEP TWO:** Consider the Finances Involved

Consult your local library for tips on financing a small business, or go on line and look at resources on the web. For instance, the Small Business Association has an on line library (http://www.sba.gov/library/pubs.html#fm-14) that provides a useful small business management series.

If you are considering a for profit venture, it is important to realize that studies show that small business start-ups take three years before they turn a profit. Most successful non-profits operate under an umbrella organization that helps provide financial support to sustain the program. The North Carolina Adult Day Services Association estimates an average annual operating budget (excluding start-up costs) to be a minimum of \$150,000 for a center serving between 20 and 25 participants. Start up costs will vary depending on the size of your program, but average between \$80,000 to \$150,000. The enclosed funding fact sheet for certified programs outlines different funding possibilities for adult day care, but none of these are guaranteed. Furthermore, studies conducted by the North Carolina Adult Day Care Association have revealed that the reimbursement amount of most of these funding sources is less than actual program costs.

### **STEP THREE:** Review the Standards

The North Carolina Adult Day Care and Day Health Standards for Certification provides detailed information about the requirements necessary to open and operate your program. Once a location has been secured and furnished, a number of forms and materials are necessary for the initial certification package. A full listing of these is in the Standards, on Page 27-39. This list includes, but is not limited to, the following: program policy statement, organizational diagram, job descriptions, documentation showing planned expenditures and resources available to carry out the program of service for a 12 month period; a floor plan of the facility showing measurements, restrooms, and planned use of space. Building, fire, and sanitation inspection reports are also required, however, these inspections are to be completed no more than 30 days prior to the submission of the certification package. Once, you have the necessary information together, the Adult Day Care Coordinator at the local Department of Social Services reviews the information and completes either an Adult Day Care Certification Report or and Adult Day Care/Day Health Report. If during the study it appears that all standards can be met, the application will be completed and submitted to the Division of Aging and Adult Services. Following the State review of the certification package, a pre-certification visit is made by staff from the Division of Aging and Adult Services. If all Standards are met, the program is issued an annual certification and can begin operation.

# **ADULT DAY SERVICES - -**

Day Care Homes, Day Health Homes, Day Care Centers, Day Health Centers, Combination Centers:

# What's the Difference?

Adult Day Care services delivered in North Carolina are certified by the North Carolina Division of Aging and Adult Services. As defined by law, all the services must include a variety of program activities, a nutritious meal and snacks, transportation and referral to and assistance in using appropriate community resources. Medical examinations are also required for all persons participating in any type of adult day service.

Reviewing a brief comparison of the choices of certification types will assist in selecting the appropriate setting for the delivery of adult day services. The comparisons that follow are only intended as a guide for persons interested in opening an adult day center in North Carolina. Although it is based on the North Carolina Adult Day Care and Day Health Standards for Certification, it is not comprehensive of those Standards. Refer to the Standards for more specific information.

|   | Adult Day<br>Care Home  | Adult Day<br>Health Home  | Adult Day Care<br>(Social) Center | Adult Day Health<br>Center | Adult Day<br>Care/Day Health<br>(Combination)<br>Center |
|---|---|---|-----------------------------------|----------------------------|---|
| Certified by DAAS   | <b>V</b>  | √   | √                                 | $\sqrt{}$                  | √   |
| Must comply with ADA requirements for handicap accessibility                  | V   | V   | V                                 | V                          | V   |
| Must comply with Fire Code  | $\sqrt{}$   | √   | V                                 | $\sqrt{}$                  |   |
| Must comply with Sanitation Code  | $\sqrt{}$   | √   | V                                 |                            |   |
| Must comply with <b>Building Code</b>   | $\sqrt{}$   |   | V                                 | $\sqrt{}$                  |   |
| Must comply with <b>Zoning Laws</b>   | <b>V</b>  | √   | √                                 | $\sqrt{}$                  | √   |
| Staff to Participant Ratio  | 1:6   | 1:5   | 1:8                               | 1:5                        | 1:6   |
| Must employ Full-Time Director  | <b>V</b>  | √   | √                                 | $\sqrt{}$                  | √   |
| Must employ <b>Health Care</b> Coordinator at least 4 hrs per day             |   | √*  |                                   | √*                         | <b>V</b>  |
| Minimum Square Footage per participant excluding hallways, offices, restrooms | 40  | 60  | 40                                | 60                         | 50  |
| Treatment Room  |   | √   |                                   | V                          | V   |
| Quiet space for resting   | V   | √   | V                                 | $\sqrt{}$                  | V   |
| Must offer health and personal care services                                  |   | √   |                                   | $\sqrt{}$                  | $\sqrt{}$   |
| Notes   | Operated in a single family dwelling limited to up to 16 adults | Operated in a single family dwelling limited to up to 16 adults |                                   |                            |   |

<sup>\*</sup>The Health Care Coordinator of adult day health centers or combination programs with a capacity of  $\leq 10$  may assume the responsibility of the director provided that the individual meets all the requirements for the director's position.

Original Date: 3/99 North Carolina Adult Day Services Association

Revised Date: 1/10

| REC<br>NUM | COUNTY     | CENTER  | DIRECTOR  | ADDRESS   | CITY           | ST | ZIP                                     | CAPACITY | PHONE          | EMAIL ADDRESS/WEBSITE   | TYPE            |
|------------|------------|---|---|---|----------------|----|---|----------|----------------|---|-----------------|
| 1          | Alamance   | Friendship Adult Day<br>Services, Inc.                                  | Connie Morse  | Mailing: PO Box 3303<br>Physical:1946 B Martin Street | Burlington     | NC | Mailing:<br>27215<br>Physical:<br>27217 | 36       | (336) 222-7797 | http://friendshipadultday.com                                 | ADC             |
| 2          | Alamance   | Piedmont Health<br>SeniorCare   | Marianne Ratcliffe                                      | 1214 Vaughn Road                                      | Burlington     | NC | 27217                                   | 110      | (336) 532-0000 |   | ADH             |
| 3          | Alamance   | The Harbor at Twin<br>Lakes Community                                   | Karen Evans   | 3810 Heritage Drive                                   | Burlington     | NC | 27215                                   | 12       | (336) 585-2393 |   | ADC             |
| 4          | Ashe       | Ashe Services for<br>Aging, Inc. Generations<br>Adult Day Health Center | Jessica Carter  | 180 ChattyRob Lane                                    | West Jefferson | NC | 28694                                   | 40       | (336) 246-2461 | www.asheaging.org   | ADC/ADH         |
| 5          | Brunswick  | Woodard's Adult Day<br>Health Center                                    | Sharon Crawford   | P.O. Box 1279   | Shallotte      | NC | 28470                                   | 49       | (910) 754-9409 |   | ADC/ADH         |
| 6          | Buncombe   | DayStay Adult Day<br>Services   | Rachel Miller   | 135 Candler School Road                               | Candler        | NC | 28715                                   | 36       | (828) 667-4541 |   | ADC             |
| 7          | Buncombe   | Irene Wortham Center, Inc.  | Vickie Hammond  | 916 W. Chapel Rd.                                     | Asheville      | NC | 28803-2844                              | 47       | (828) 274-7518 | www.iwcnc.org   | ADC, DD         |
| 8          | Buncombe   | CarePartners Adult Day<br>Services                                      | Elizabeth Williams                                      | 68-A Sweeten Creek Rd.                                | Asheville      | NC | 28803                                   | 82       | (828) 277-3399 |   | ADC/ADH         |
| 9          | Buncombe   | CarePartners PACE   | Dave Beijer   | 268 Overlook Road                                     | Asheville      | NC | 28803                                   | 106      | (828) 213-8442 |   | ADH             |
| 10         | Burke      | Quaker Meadows<br>Generations Adult Day<br>Services                     | Kathy Kincaid   | 800 North Green St.                                   | Morganton      | NC | 28655                                   | 32       | (828) 438-6255 | www.brcainc.org<br>kkincaid_us@yahoo.com                      | ADC/ADH         |
| 11         | Cabarrus   | Coltrane L.I.F.E. Center, Inc.  | Susan Caudle  | 321 Corban Ave. SE                                    | Concord        | NC | 28025                                   | 94       | (704) 788-1215 | www.coltranelifecenter.org<br>info@coltranelifecenter.org     | ADC/ADH,<br>ALZ |
| 12         | Catawba    | Adult Life Programs, Inc Conover Center                                 | Melissa Coffey  | 211 2nd Ave. Pl., N.E.                                | Conover        | NC | 28613                                   | 36       | (828) 464-0078 | www.adultlifeprograms.com<br>info@adultlifeprograms.com       | ADC             |
| 13         | Catawba    | Adult Life Programs, Inc Hickory Center                                 | Tabetha Ferguson  | 1265-A 21st Street NE                                 | Hickory        | NC | 28601                                   | 60       | (828) 324-1313 | www.adultlifeprograms.com<br>info@adultlifeprograms.com       | ADC/ADH         |
| 14         | Catawba    | Adult Life Programs, IncMaiden Site                                     | Barbi White   | 3390 Shepherd Road                                    | Maiden         | NC | 28656                                   | 24       | (828) 326-9120 | www.adultlifeprograms.com<br>info@adultlifeprograms.com       | ADC             |
| 15         | Catawba    | PACE@Home   | Emily Jones   | 1915 Fairgrove Church Road                            | Newton         | NC | 28658                                   | 80       | (828) 468-3980 | mroseman@pchcv.org  | ADH             |
| 16         | Chatham    | Piedmont Health<br>SeniorCare at Pittsboro                              | Jeffrey Sumpter   | 163 Chatham Business Drive                            | Pittsboro      | NC | 27312                                   | 90       | (919) 545-7337 |   | ADH             |
| 17         | Cleveland  | Life Enrichment Center<br>of Cleveland County,<br>Inc. Shelby Site      | Suzi Kennedy  | 110 Life Enrichment Blvd.                             | Shelby         | NC | 28150                                   | 178      | (704) 484-0405 | www.lifeenrichmentcenter.org<br>toni@lifeenrichmentcenter.org | ADC/ADH         |
| 18         | Cleveland  | Life Enrichment Center of Cleveland County, Inc. Kings Mtn. Site        | Suzi Kennedy  | 222 Kings Mtn. Blvd.                                  | Kings Mountain | NC | 28086                                   | 100      | (704) 739-4858 |   | ADC/ADH         |
| 19         | Columbus   | Abundance of Love<br>Adult Day Health Center                            | Dr. Eugene<br>Sturdivant and<br>Betty Sturdivant,<br>RN | 212 East Columbus St.                                 | Whiteville     | NC | 28472                                   | 12       | (910) 914-0711 |   | ADC/ADH         |
| 20         | Craven     | Seniors Choosing to Live at Home  | Valerie Phillips  | P.O. Box 131186                                       | New Bern       | NC | 28561                                   | 21       |                |   | ADC             |
| 21         | Cumberland | Cape Fear Adult Day<br>Health Center                                    | Marion Wall &<br>Gilda Harris                           | 920 Stamper Road                                      | Fayetteville   | NC | 28303                                   | 29       | (910) 323-4424 |   | ADC/ADH         |
| 22         | Cumberland | LIFE St. Joseph of the Pines, Inc.                                      | Debra Bateman   | 4900 Raeford Road                                     | Fayetteville   | NC | 28309                                   | 196      | 910-483-4911   | dbateman@sjp.org  | ADH             |

| 23 | 3 Cumberland | RDL Senior Care of Fayetteville | ikevin vvalker | 3224 Notting Hill Road (mailing)<br>6007 Morganton Road (physical) | Fayetteville | NC | 28311<br>(mailing)<br>28314<br>(physical) | 20 | 910-868-2002 |  | ADC/ADH |
|----|--------------|---------------------------------|----------------|--|--------------|----|---|----|--------------|--|---------|
|----|--------------|---------------------------------|----------------|--|--------------|----|---|----|--------------|--|---------|

| 24 | Davidson  | The Life Center of Davidson County, Inc.                                      | Elizabeth<br>Rummage                            | 601 West Center Street  | Lexington               | NC | 27292                                     | 65  | (336) 249-2155                               | www.lifecenterdavidson.com<br>lifecenter@lexcominc.net  | ADC/ADH             |
|----|-----------|---|---|---|-------------------------|----|---|-----|--|---|---------------------|
| 25 | Davidson  | Carolina SeniorCare   | Thomas Chang                                    | 802 East Center Street  | Lexington               | NC | 27292                                     | 150 | 336-746-3500                                 | areimann@uchas.org                                      | ADH                 |
| 26 | Durham    | Durham Center for<br>Senior Life Adult Day<br>Health Center                   | Alvonia Baldwin                                 | 406 Rigsbee Ave.  | Durham                  | NC | 27701                                     | 60  | (919) 682-0215                               |   | ADC/ADH             |
| 27 | Durham    | Golden Horizons Adult<br>Day Care, LLC  | Jacqueline Brown,<br>Mr. Van Coleman<br>(Owner) | 1106 Hillandale Road  | Durham                  | NC | 27705                                     | 28  |  | dvancoleman@gmail.com, www.goldenhorizons.net           | ADC                 |
| 28 | Durham    | VOANS Senior<br>CommUnity Care of<br>North Carolina                           | Michael Howard                                  | 4022 Stirrup Creek Drive<br>Suite 315                               | Durham                  | NC | 27703                                     | 150 | (919) 425-3000                               | koldham@voa.org   | ADH                 |
| 29 | Edgecombe | Adult Day Health<br>Activity Center, Inc.                                     | Mary Barnhill                                   | 1107 Fairview Road (physical)<br>PO Box 909 (mailing)               | Rocky Mount             | NC | 27801<br>(physical)<br>27802<br>(mailing) | 52  | (252) 972-4080                               |   | ADC/ADH,<br>ALZ, DD |
| 30 | Edgecombe | The MJ Allen Adult Center, Inc.   | Phyllis Johnson                                 | 305 St. David Street  | Tarboro                 | NC | 27886                                     | 20  | (252) 824-0089                               |   | ADC                 |
| 31 | Forsyth   | Elizabeth and Tab<br>Williams Adult Day<br>Center of Senior<br>Services, Inc. | Kathy Long                                      | 231 Melrose Street  | Winston-Salem           | NC | 27103                                     | 95  | (336) 724-2155                               |   | ADC/ADH             |
| 32 | Forsyth   | Mount Zion Senior Life<br>Enrichment Center                                   | Vivian Parnell                                  | 950 File St.  | Winston-Salem           | NC | 27101                                     | 40  | (336) 721-1842                               |   | ADC                 |
| 33 | Franklin  | Franklin County Adult<br>Day Program  | Wendy Watkins                                   | 127 Shannon Village   | Louisburg               | NC | 27549                                     | 24  | (919) 496-1131                               |   | ADC/ADH             |
| 34 | Gaston    | Gastonia Adult Day<br>Care  | Betsy Goins                                     | 900 Roberts Dr. (street)<br>330 N. Marietta St. (mailing)           | Gastonia                | NC | 28054/2805<br>2                           | 33  | (704) 862-7667                               |   | ADC                 |
| 35 | Gaston    | East Gaston Adult Day<br>Center   | Betsy Goins                                     | 1122 South Main Street (street)<br>330 N. Marietta St. (mailing)    | Mount Holly<br>Gastonia | NC | 28120<br>28052                            | 29  | (704) 827-9186                               |   | ADC                 |
| 36 | Gaston    | Senior Total Life Care  | Catherine Kenzig                                | 1875 Remount Road   | Gastonia                | NC | 28054                                     | 137 | (704) 874-0600                               | seniortlc.org<br>rrichards@seniortlc.org                | ADH                 |
| 37 | Granville | Harold Sherman Adult<br>Day Center  | Melissa Starr                                   | 1038 College Street,<br>PO Box 1006                                 | Oxford                  | NC | 27565                                     | 26  | (919) 690-3273                               | www.granvillemedical.com<br>mstarr@granvillemedical.com | ADC/ADH             |
| 38 | Guilford  | Adult Center for<br>Enrichment  | Anita Brock-Carter                              | 4100 Well Spring Drive<br>(mailing)<br>2701 Henry Street (physical) | Greensboro              | NC | 27410<br>(mailing)<br>27405<br>(physical) | 108 | (336) 906-2783<br>(336) 373-4301<br>(center) | www.ACEcare.org<br>info@ACEcare.org                     | ADC/ADH             |
| 39 | Guilford  | Adult Day and Respite<br>Care Center  | Chandra Cagle                                   | 3107 Groometown Road  | Greensboro              | NC | 27407                                     | 21  | (336) 852-8338                               |   | ADC                 |
| 40 | Guilford  | Emmanuel Senior<br>Enrichment Center  | Kimberly Miller-<br>McDowell                    | 1401 Heathcliff Road  | High Point              | NC | 27262                                     | 40  | (336) 882-6613                               | www.adultdaycarehighpoint.org                           | ADC/ADH             |
| 41 | Guilford  | After Gateway, Inc.   | Scott Logan                                     | 501 South Mendenhall Street   | Greensboro              | NC | 27403                                     | 48  | (336) 379-7670                               | aftergateway.org<br>aftergateway@gmail.com              | ADH, DD             |
| 42 | Guilford  | PACE of Guilford and Rockingham Counties, Inc.                                | Ursula Robinson                                 | 1471 E. Cone Blvd.  | Greensboro              | NC | 27405                                     | 98  | (336) 550-4040                               | ursula.robinson@pacetriad.org                           | ADH                 |
| 43 | Halifax   | Roanoke Valley Adult<br>Day Care Center                                       | Roger Edwards                                   | 108 E. First Street<br>PO Box 127                                   | Weldon                  | NC | 27890                                     | 58  | (252) 536-2070                               | rogerrvadc@live.com                                     | ADC/ADH             |
| 44 | Harnett   | Walk By Faith Adult<br>Health and Day Care*                                   | Marilyn Jackson                                 | 1004 West Broad Street  | Dunn                    | NC | 28334                                     | 24  | (910) 891-2770                               |   | ADC/ADH             |
| 45 | Haywood   | Maple Leaf Adult<br>Respite   | Misti Carver                                    | 63 Elmwood Way Suite C100   | Waynesville             | NC | 28786                                     | 51  | (828) 456-9488                               |   | ADC/ADH             |
| 46 | Henderson | CarePartners Adult Day<br>Services at Pardee                                  | Ann Nichols                                     | 114 College Drive   | Hendersonville          | NC | 28731                                     | 50  | (828) 697-7070                               |   | ADC/ADH             |

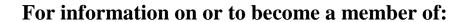
| 47 | Iredell     | ElderCenter, Inc.                                   | Tammie Money                                | P.O. Box 1162 (Mailing)<br>502 Brevard St. (Phys.)                      | Statesville  | NC | 28687                                     | 32  | (704) 873-0720  | eldercenterNC@gmail.com   | ADC   |
|----|-------------|---|---|---|--------------|----|---|-----|---|---|---|
| 48 | Iredell     | LIFESPAN, Inc.<br>Enrichment Center-<br>Troutman    | Tonya Watts                                 | 147 Iredell Ave   | Troutman     | NC | 28166                                     | 45  | (704) 872-1321  |   | ADC/ADH,<br>DD                                      |
| 49 | Jackson     | Jackson County Adult<br>Day Program                 | Gail Cagle                                  | 100 County Services Park  | Sylva        | NC | 28779                                     | 29  | (828) 586-5441  |   | ADC   |
| 50 | Johnston    | Divine Destiny Adult Care, Inc.                     | Katrina Boylan                              | 612 Powell Street   | Smithfield   | NC | 27577                                     | 20  | 919-934-7144  | katrina@divine-destiny.org<br>www.divine-destiny.org              | ADC/ADH   |
| 51 | Lee         | Christian Healthcare<br>Adult Day Care              | Wanda Marsh                                 | 507 N. Steele Street  | Sanford      | NC | 27330                                     | 40  | (919) 774-8788<br>(dir.)<br>(919) 775-5610<br>(site)                                      |   | ADC   |
| 52 | Macon       | Care Connection Adult<br>Day Care                   | Misty Day                                   | 108 Wayah Street  | Franklin     | NC | 28734                                     | 36  | (828) 349-2236  | www.maconcountync.org<br>mday@maconnc.org                         | ADC, ALZ  |
| 53 | Mecklenburg | The Ivey  | Janet LeClair                               | 6030 Park South Drive   | Charlotte    | NC | 28210                                     | 100 | (704) 909-2070  | www.theivey.com   | ADC/ADH/A<br>LZ/Dementi<br>a/Parkinson'<br>s/Stroke |
| 54 | Mecklenburg | Adult Care and Share Center, Inc.                   | Beth Sharpe                                 | 6709 Idlewild Rd.   | Charlotte    | NC | 28212                                     | 36  | (704) 567-2700  | www.adultcareandshare.com<br>careandshare@bellsouth.net           | ADC/ADH   |
| 55 | Mecklenburg | Blessed Assurance<br>Adult Day and Health<br>Care   | Navondria Huggins                           | 13001 Idlewild Road   | Matthews     | NC | 28105                                     | 48  | (704) 576-4754  |   | ADC/ADH   |
| 56 | Mecklenburg | Mount Olive Adult Day<br>Care/Day Health            | Loretta Wallace                             | 10016 Garthwood Road  | Charlotte    | NC | 28273                                     | 10  | (704) 527-7342  |   | ADC/ADH   |
| 57 | Mecklenburg | University Adult Care                               | Ruby Kumar                                  | 1324 John Kirk Drive  | Charlotte    | NC | 28262                                     | 61  | (704) 510-0030  |   | ADC/ADH   |
| 58 | Mecklenburg | Loving Touch Adult Day<br>Health Care Center, Inc.  | Joyce Freeman                               | PO Box 16322 (mailing)<br>1302 Beatties Ford Road<br>(physical)         | Charlotte    | NC | 28297<br>(mailing)                        | 45  | (704) 331-0015  | www.lovingtouchadultdayhealthcare.com<br>joycedfreeman@aol.com    | ADC/ADH,<br>ALZ                                     |
| 59 | Mecklenburg | Rae's Playze Adult Day<br>Center                    | Ruby Works                                  | 6800 Democracy Drive(physical)<br>PO Box 690387 (mailing)               | Charlotte    | NC | 28212<br>(physical)<br>28227<br>(mailing) | 40  | (704) 563-3334<br>(Main Number)<br>(980) 200-1186<br>(After-hours<br>Emergency<br>Number) | raesplayzeadultday.com<br>rworks@raesplayze.com                   | ADC/ADH   |
| 60 | Mecklenburg | PACE of the Southern<br>Piedmont                    | Renee Rizzuti                               | 6133 The Plaza  | Charlotte    | NC | 28215                                     | 123 | (704) 887-3857  |   | ADH   |
| 61 | Mecklenburg | Gracious Living ADHCC Corporation                   | Cynthia Anderson<br>and Michelle<br>Allgood | 17220 Northcross Drive<br>Suite 120 (physical)<br>PO Box 2425 (mailing) | Huntersville | NC | 28078                                     | 19  | (704) 997-5032  | graciouslivingadhcc.com<br>graciousliving@live.com                | ADC/ADH   |
| 62 | Nash        | The Wright's Center                                 | Doris Howington                             | 513 W Raleigh Blvd.   | Rocky Mount  |    | 27803                                     | 42  | (252) 442-8363  |   | ADC/ADH   |
| 63 | New Hanover | Elderhaus PACE*                                     | Adam Hyatt                                  | 2222 S 17th Street  | Wilmington   |    | 28401                                     | 119 | (910) 343-8209  |   | ADH   |
| 64 | New Hanover | Elderhaus at the Lake*                              | Roberta Fox                                 | 1950 Amphitheater Dr.   | Wilmington   | NC | 28401                                     | 60  | (910) 251-0660  |   | ADC/ADH   |
| 65 | Onslow      | New Life Enrichment<br>Center                       | Norma Provost                               | 4024 Richlands Hwy  | Jacksonville | NC | 28540                                     | 24  | (910) 989-3007  | www.onslowcountync.gov/seniors<br>Ada_Anderson@onslowcountync.gov | ADC   |
| 66 | Orange      | Charles House<br>Association                        | Paul Klever                                 | 7511 Sunrise Rd.  | Chapel Hill  | NC | 27514                                     | 22  | (919) 967-7570  | www.CharlesHouse.org  | ADC   |
| 67 | Orange      | Florence Gray Soltys<br>Adult Day Health<br>Program | Swayzene<br>Riggsbee                        | 105 Meadowlands Drive<br>(physical)<br>PO Box 8181 (mailing)            | Hillsborough | NC | 27278                                     | 29  | (919) 245-2017  | www.soltysdayhealth.org   | ADC/ADH   |

| 68 |            | Day Break Adult Day /<br>Health Care Center |               | 1407 Parkview Dr.,<br>PO Box 189 | Elizabeth City | NC | 27907-0189 | 36 | (252) 338-4375 | svankeuren@arhs-nc.org<br>www.ahc.nc.org | ADC/ADH |
|----|------------|---|---------------|----------------------------------|----------------|----|------------|----|----------------|--|---------|
| 69 | Pasquotank | Lonnie's Heart of Hope                      | Annie Spruill | 122 Harding Street               | Elizabeth City | NC | 27909      | 73 | (252) 339-5421 | spruillannie@yahoo.com                   | ADC     |

| 70 | Pender       | Serenity Adult Care   | Laverne Johnson   | 334 Old Thomas Ave.   | Watha      | NC | 28471                                   | 6   | (910) 285-0300 |   | ADC     |
|----|--------------|---|-------------------|---|------------|----|---|-----|----------------|---|---------|
| 71 | Person       | Generations Adult Day<br>Services                               | Melissa Day       | 607 Henry St.<br>Mailing address:<br>PO Box 721             | Roxboro    | NC | 27573                                   | 20  | (336) 599-8870 | pcghinc@gmail.com   | ADC     |
| 72 | Person       | Generations Adult Day<br>Services Main Street                   | Melissa Day       | 112 North Main Street<br>Mailing address:<br>PO Box 721     | Roxboro    | NC | 27573                                   | 24  | (336) 599-0930 | pcghinc@gmail.com   | ADC     |
| 73 | Pitt         | Creative Living Center  | Lisa McLawhorn    | Mailing: 901 Staton Road<br>Physical: 4748 Stantonsburg Rd. | Greenville | NC | Mailing:<br>27834<br>Physical:<br>27834 | 36  | (252) 757-3344 | www.creativelivingnc.org<br>creativelivingcenter@yahoo.com            | ADC/ADH |
| 74 | Randolph     | Our Place Adult Day<br>Care Center                              | Joy Branning      | 714 Farr St.,<br>PO Box 1852                                | Asheboro   | NC | 27204-1852                              | 20  | (336) 629-3787 | www.senioradults.org<br>adultdaycare@asheboro.com                     | ADC     |
| 75 | Randolph     | StayWell Senior Care  | Karen Martin      | 809 Curry Drive   | Asheboro   | NC | 27204                                   | 105 | (336) 628-4200 | kmartin@staywellseniorcare.org  | ADH     |
| 76 | Rockingham   | LEAF Center   | Asheley Cooper    | 104 North Washington Avenue                                 | Reidsville | NC | 27320                                   | 55  | (336) 347-2328 | acooper@adtsrc.org  | ADC/ADH |
| 77 | Rowan        | Trinity Living Center   | Christina Joyce   | mailing: PO Box 947 Physical:                               | Salisbury  | NC | 28145<br>28144                          | 60  | (704) 637-3940 | www.lsanc.net   | ADC/ADH |
| 78 | Rutherford   | Rutherford LIFECare   | Travis Smith      | 859 Thunder Road  | Spindale   | NC | 28160                                   | 60  | (828) 288-1697 | www.rutherfordlifeservices.com<br>jjarrett@rutherfordlifeservices.com | ADC/ADH |
| 79 | Sampson      | Sampson County Adult<br>Day Health Care Center                  | Cindy Sessoms     | 210 Fisher Drive  | Clinton    | NC | 28328                                   | 42  | (910) 592-7787 | cssessoms@sampsonnc.com   | ADC/ADH |
| 80 | Scotland     | Scotland County Adult<br>Day Services                           | Vickie Lynn Jones | 425 E. Church St.   | Laurinburg | NC | 28352                                   | 30  | (910) 276-4554 | vlj06@bellsouth.net   | ADC/ADH |
| 81 | Transylvania | CarePartners Adult Day Services                                 | Nicole Petit      | 23 Medical Park Circle<br>PO Box 1116                       | Brevard    | NC | 28712                                   | 45  | (828) 884-2980 | www.trhospital.org  | ADC/ADH |
| 82 | Transylvania | TVS Life Skills Adult<br>Day Care                               | Carla Hill        | 11 Mt. Industrial Drive;<br>PO Box 1115                     | Brevard    | NC | 28712                                   | 21  | (828) 884-3195 |   | ADC, DD |
| 84 | Union        | New Testament Adult<br>Day Center                               | Cindy Owen        | 2603 Goldmine Rd.   | Monroe     | NC | 28110                                   | 41  | (704) 283-5606 |   | ADC     |
| 85 | Wake         | Evergreen Adult Day<br>Services                                 | Linda Kim         | 3434 Kildaire Farm Road, Suite 129                          | Cary       | NC | 27518                                   | 35  | (919) 267-9608 |   | ADC/ADH |
| 86 | Wake         | Resources For Seniors<br>Total Life Center -<br>Departure Drive | Stella Ray        | 5124 Departure Drive<br>Suite 101                           | Raleigh    | NC | 27616                                   | 91  | (919) 873-1870 | dtlc@rfsnc.org<br>resourcesforseniors.com                             | ADC/ADH |
| 87 | Wake         | Resources For Seniors<br>Total Life Center -<br>Eastern Wake    | James Ray         | 323 Lake Dr.  | Wendell    | NC | 27591                                   | 25  | (919) 713-1534 | ewtlc@rfsnc.org<br>resourcesforseniors.com                            | ADC/ADH |
| 88 | Wake         | Resources for Seniors<br>Total Life Center - Bond<br>Park       | Joan Kelly        | 110 Maury O'Dell Place                                      | Cary       | NC | 27513                                   | 29  | (919) 460-9008 | bondpark@rfsnc.org<br>resourcesforsesniors.com                        | ADC/ADH |
| 89 | Wake         | Resources for Seniors<br>Total Life Center -<br>Garner          | Jennifer Murray   | 201 Methodist Drive   | Garner     | NC | 27529-5420                              | 41  | (919)773-3790  | garnertlc@rfsnc.org<br>resourcesforseniors.com                        | ADC     |
| 90 | Wake         | Ruth Sheets Adult Day<br>Care Center                            | Matt Frazier      | 228 W. Edenton St.  | Raleigh    | NC | 27603                                   | 32  | (919) 832-7227 | mfrazier@esumc.org  | ADC/ADH |
| 91 | Wake         | Southeastern Wake<br>Adult Care Center                          | Karen Pharr       | 3401 Carl Sandburg Ct.                                      | Raleigh    | NC | 27620                                   | 55  | (919) 212-8580 | kdpharr22@yahoo.com   | ADC/ADH |
| 92 | Wake         | Family Circle Elder Care  | Olu Adebiyi       | 820 W Garner Road   | Garner     | NC | 27529                                   | 16  | (919) 773-1115 | www.familycircleeldercare.com<br>olufamilycircle1@bellsouth.net       | ADC/ADH |
| 93 | Wake         | SarahCare at Lake<br>Boone Trail                                | Marcia Jarrell    | 2245 Gateway Access Point<br>Suite 101                      | Raleigh    | NC | 27607                                   | 51  | (919) 746-7050 |   | ADC/ADH |

| 94 |        | The Glade Adult Day<br>Care at Glenaire  | Karen Walker  | 5000 Glenhope Ct.                               | Cary             | NC | 27511 | 21 | (919) 447-4494 | kwalker@glenaire.org   | ADC               |
|----|--------|--|---|---|------------------|----|-------|----|----------------|--|-------------------|
| 95 | Wake   | Wake Forest Adult Day<br>Health  | Helen Adewunmi  | 3309 Rogers Road Suite 117                      | Wake Forest      | NC | 27587 | 11 | (984)235-1167  | hisijola@yahoo.com   | ADC/ADH           |
| 96 | Wilkes | The Ruby Pardue<br>Blackburn Adult Day<br>Health Care Center                                 | Jennifer Snider   | 1915 West Park Drive<br>Suite 200<br>PO Box 984 | North Wilkesboro | NC | 28659 | 65 | (336) 667-2541 | www.wilkesadultdaycare.org<br>executivedirector@wilkesadultdaycare.org | ADC/ADH           |
| 97 |        | Heritage Adult Day<br>Retreat  | Lydia J. Widawski   | PO Box 546                                      | Burnsville       | NC | 28714 | 20 | (828) 682-1556 | heritageadultdayretreat@yahoo.com                                      | ADC/ADH<br>ALZ/DD |
|    |        | A Provisional Certificatio   | ndicates a Provisional Certification.  Provisional Certification is issued because a program is out of compliance with the Standards for Certificatior  e Provisional Certification allows a program to operate until the compliance issue is resolved. |   |                  |    |       |    |                |  |                   |
|    |        | Adult Day Care Programs 2 of these serve Adults with Intellectual Developmental Disabilities |   |   |                  |    |       |    | 28             |  |                   |

| ADC/ADH | Combination Adult Day<br>1 of these is an ADC/ADI<br>3 of these serves Adults<br>5 of these serve persons | with Intellectual Deve                     | y Health Care Programs<br>elopmental Disabilities<br>sease or Dementia |       |  | 54   |  |
|---------|---|--|--|-------|--|------|--|
| ADH     | Adult Day Health Progr.<br>1 of these serve Adults w<br>12 of these are a PACE p                          | ams,<br>vith Intellectual Devel<br>program | lopmental Disabilities   |       |  | 13   |  |
|         |   | т  | otal Number of Counties with P   | 50    |  |      |  |
|         |   | To   | otal Number of Centers in North  | 97    |  |      |  |
|         |   |  | Total Number of Certified S  | lots: |  | 5043 |  |
|         |   |  |  |       |  |      |  |
|         |   |  |  |       |  |      |  |
|         |   |  |  |       |  |      |  |
|         |   |  |  |       |  |      |  |
|         |   |  |  |       |  |      |  |



The North Carolina Association for Adult Day Services <a href="https://www.NCADSA.org">www.NCADSA.org</a>

For information on:

The Child and Adult Care Food Program <a href="http://www.nutritionnc.com/snp/cacfp.htm">http://www.nutritionnc.com/snp/cacfp.htm</a>