

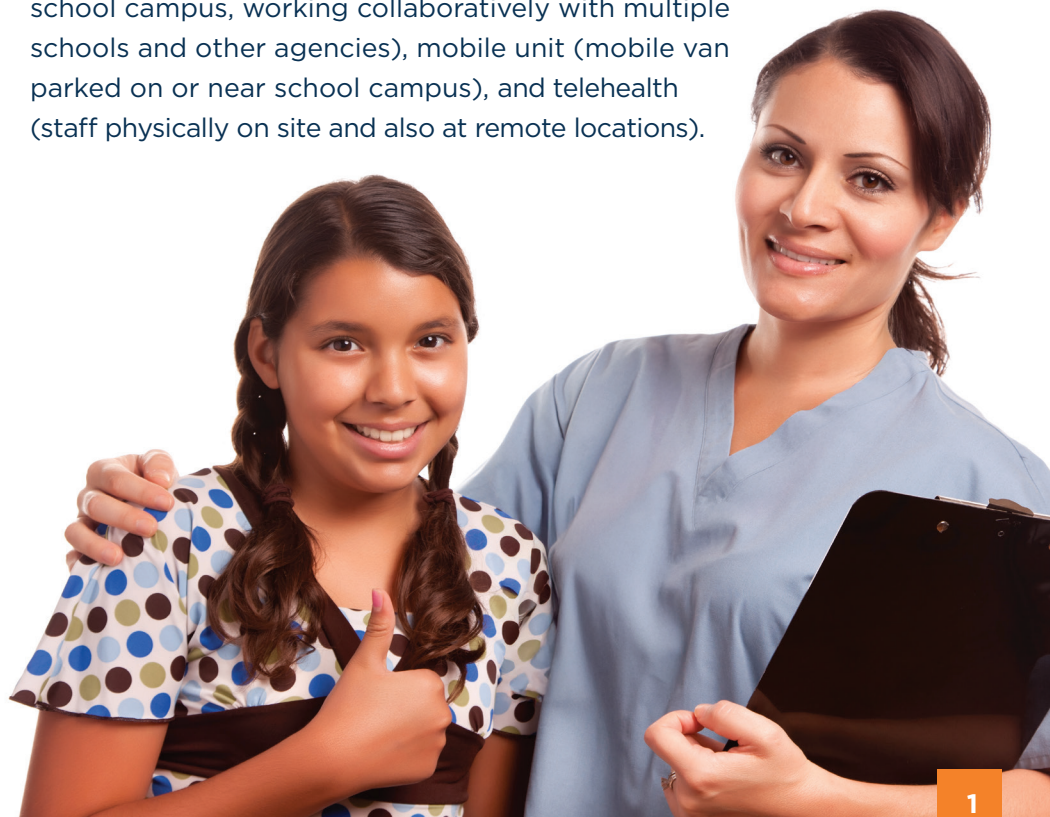


The NC School Health Center (SHC) Program Annual Report displays data collected from state-funded sponsor agencies that operate school health centers each Fiscal Year (FY). Through a competitive Request for Application (RFA) process, sponsored agencies (public or private nonprofit institutions) from underserved and high-risk communities are awarded funding support for SHCs that provide health care services (preventive, medical, nutrition, behavioral health) for older children and adolescents, ages 10 to 19 years old. Services are provided in collaboration with individual schools, school districts, health care providers, medical homes, local health departments, and other community-based agencies. This multi-year report represents aggregate/cumulative data for/per fiscal years 2021 to 2025 from each state-funded school health center. The report is posted on the [School Health Center Consultation and Support](#) webpage of the NCDHHS Division of Child and Family Well-Being website. It provides the following information:

- The names and number of counties and types of schools (middle, high school, middle and high school) that have school health centers in NC.
- The unduplicated number of students that are served at the SHCs.
- The percent of students with a medical and dental home that are served at the SHCs.
- The number of and types of referrals made by SHC staff for students to receive services outside of the SHCs.
- The number and type of visits by students at the SHCs (medical, preventive, behavioral health, nutrition).
- The percent of students served by their type of insurance.
- The number of students served at the SHCs with public insurance or no insurance.

- The number of visits by students to SHCs addressing five national standardized performance measures.
- The SHC's that offer telehealth services.
- The top 10 reasons that students were seen at the SHCs.
- The names of the sponsor agencies and the RFA number and fiscal years they received state funding support for their SHCs.
- A map of the North Carolina State-Funded School Health Centers (FY2024 - FY2025).

The program funds multiple models of school health centers: traditional school-based (located on a school campus), school-linked (located off school campus, working collaboratively with multiple schools and other agencies), mobile unit (mobile van parked on or near school campus), and telehealth (staff physically on site and also at remote locations).



## NUMBER OF STATE-FUNDED SCHOOL HEALTH CENTERS (SHC) FY 25 BY COUNTY (30 TOTAL SHCs):



NOTE: There are 30 state-funded SHCs.

## HEALTH SERVICES PROVIDED BY SCHOOL HEALTH CENTERS:



**Preventive Health Services**

Immunizations, risk assessments, physical exams, nursing services



**Nutrition Services**

Assessments, referral, counseling & treatment



**Medical Services**

Chronic disease and acute disease diagnosis & treatment



**Behavioral Health Services**

Referral, counseling & treatment

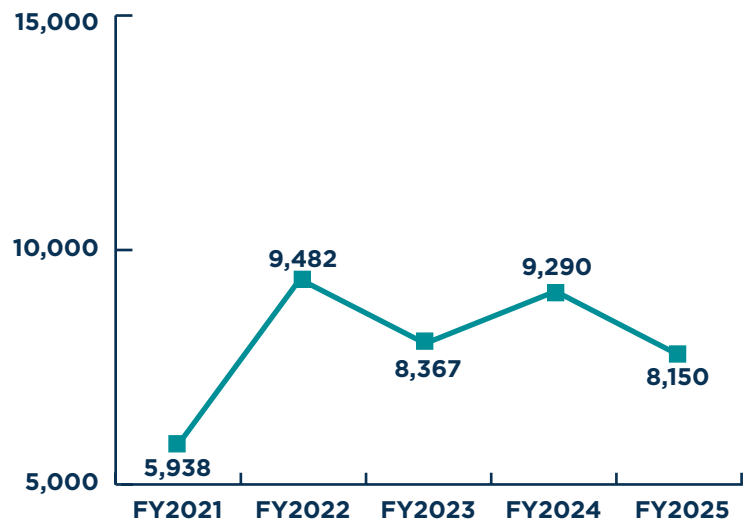
## STATE-FUNDED SPONSOR AGENCIES WITH SHCs

	Total Agencies	Total SHCs
FY 2021	14	31
FY 2022	14	31
FY 2023	14	31
FY 2024	13	30
FY 2025	13	30

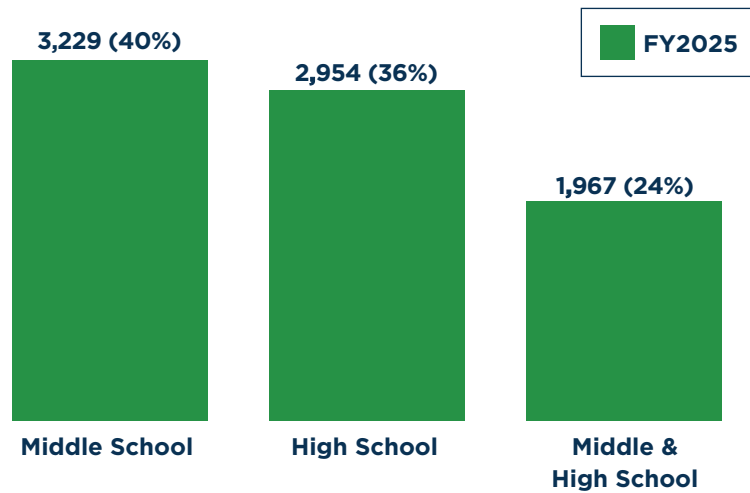
NOTE: Funded agencies consist of Hospitals, Nonprofit Organizations, Local Health Departments, and Federally Qualified Health Centers. See Appendix A for a full list of funded agencies per reporting period.



UNDUPLICATED STUDENTS SERVED • FY2021 - FY2025

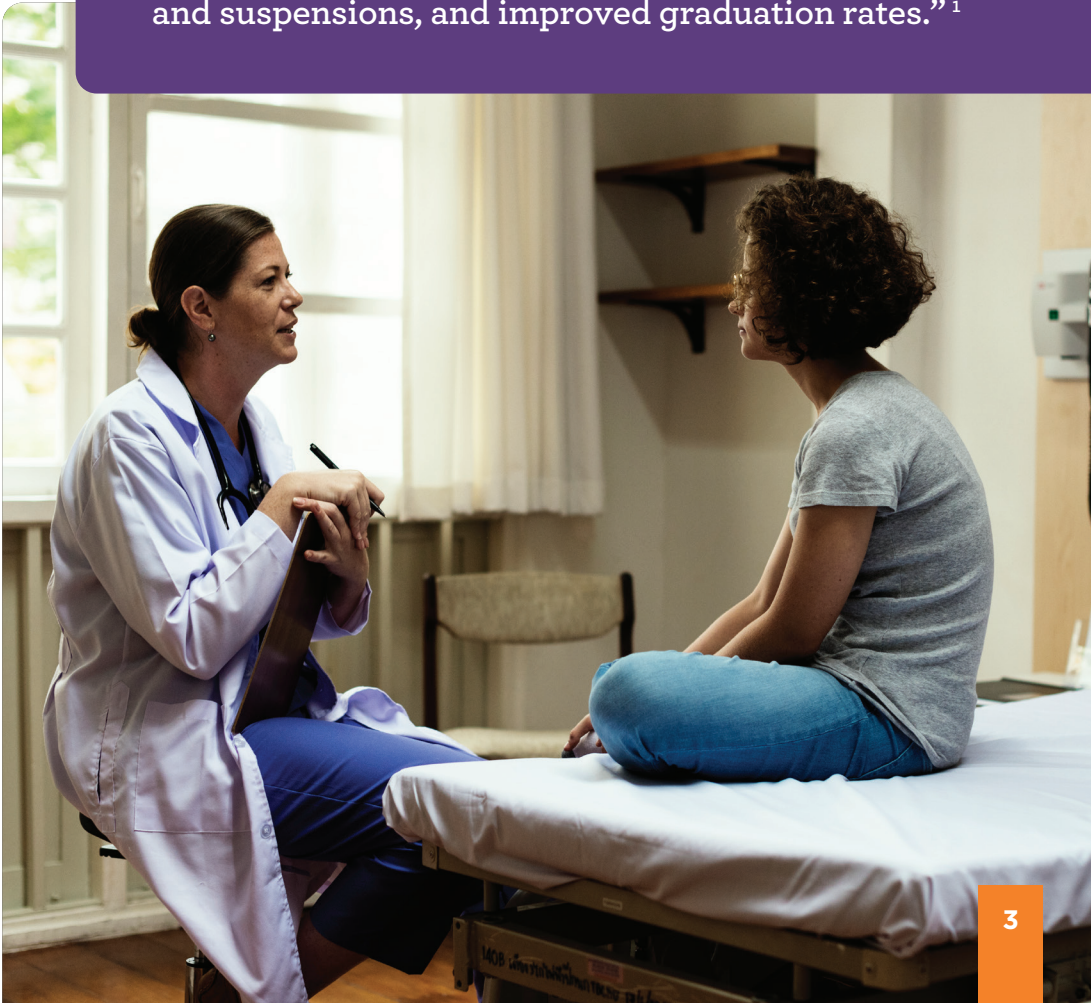


NUMBER OF UNDULICATED STUDENTS AGES 10-19 SERVED BY SCHOOL TYPE • FY2025



NOTE\*: Some schools serve both middle and high school students. These schools are categorized as Middle & High School in the two graphs above. In the 24-25 School Year, there were 12 middle schools, 13 high schools and five schools serving both middle and high school students.

“ Schools and community health care organizations form partnerships and their staffs collaborate to open and sustain School-based Health Centers (SBHCs). The care provided in SBHCs complements but does not replace or duplicate existing school health services. It results in improved health outcomes and health literacy for students, school staff, and the community, and contributes to positive education outcomes, including reduced absenteeism, decreased disciplinary actions and suspensions, and improved graduation rates.”<sup>1</sup>

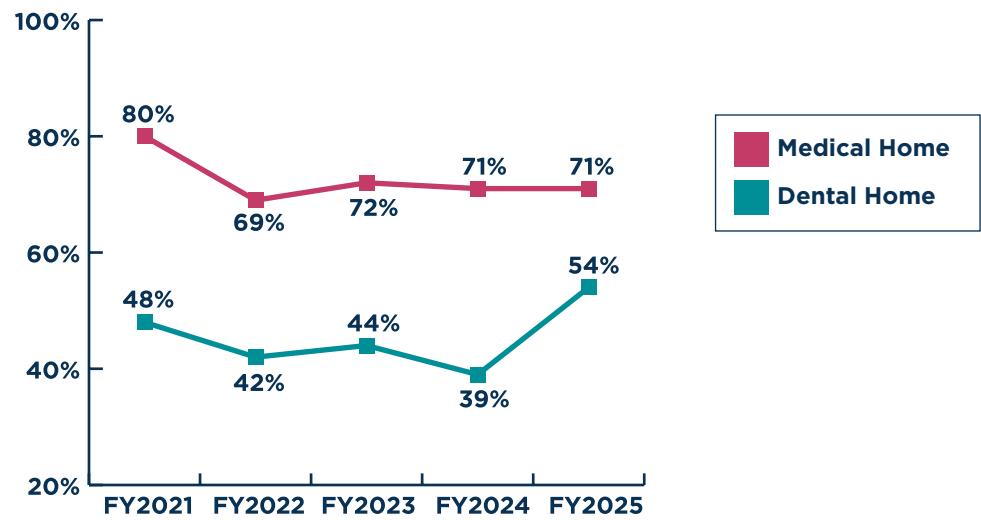




## Medical/Dental Home

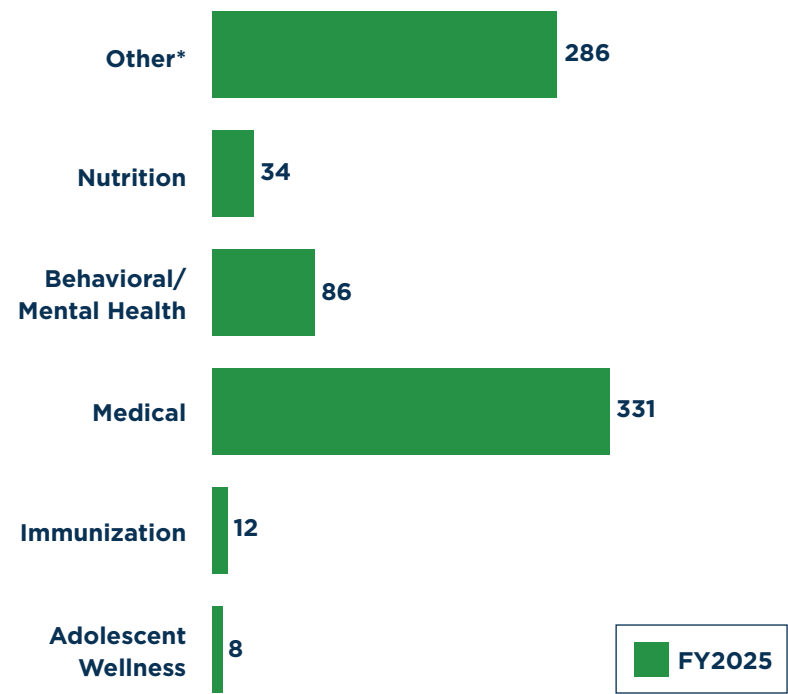
Students enrolled in SHCs are encouraged and assisted in establishing medical and/or dental homes. This translates into improved coordinated and comprehensive care, as well as better outcomes in terms of addressing medical, preventive, behavioral, nutrition, and oral health issues.

PERCENT OF SHC STUDENTS WITH A MEDICAL & DENTAL HOME BY FISCAL YEAR (FY2021 - FY2025)



## NUMBER OF REFERRALS IN FY2025

NOTE: Type of referrals made by SHC's.



NOTE: Other referrals included Dental, Vision, Dermatology, Orthopedics, ER, etc...



“School-Based Health Centers provide comprehensive, integrated health care to children and adolescents in a setting that is trusted and immediately accessible: their school. This model of care eliminates barriers to accessing primary health care, mental health care, oral health care, and nutrition counseling. Evidence shows that SBHCs increase adolescent access to health care, reduce health and educational disparities, increase graduation rates, boost academic success, and reduce health care costs.”<sup>2</sup>

NUMBER OF VISITS BY FISCAL YEAR AND TYPE

SERVICE	FY2021		FY2022		FY2023		FY2024		FY2024	
	N	%	N	%	N	%	N	%	N	%
Medical	19,032	42%	7,761	29%	17,288	40%	23,269	46%	22,398	42%
Preventative	4,928	19%	9,047	21%	8,220	16%	9,673	18%	10,117	19%
Behavioral Health	13,175	50%	14,820	35%	17,006	34%	17,291	33%	19,224	36%
Nutrition	604	2%	1,778	4%	1,968	4%	1,996	4%	1,826	3%
Total	26,468	--	42,933	--	50,463	--	53,013	--	53,565	--

The table above shows the number and percentage of medical, preventative, behavioral health and nutritional services for each fiscal year. Across five fiscal years, the average number of Medical services was 17,950; the average number of Preventative services was 8,397; the average number of Behavioral Health services was 16,303; the average number of Nutrition services was 1,634.

The table to the right, as well as the pie charts below, outline the number and percentage of students ages 10-19 that were served at SHCs from FY2021 to FY2025 by insurance type.

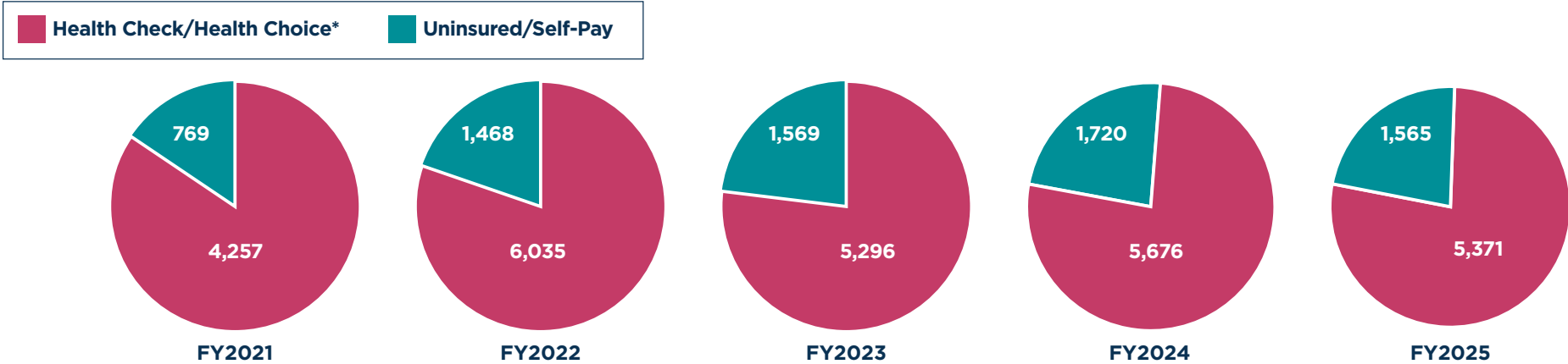
NUMBER OF STUDENTS SERVED BY TYPE OF INSURANCE

	FY2021	FY2022	FY2023	FY2024	FY2025
Health Check/Medicaid	3,627	4,060	4,360	4,130	3,814
Medicaid/Other	26	1,373	851	1,527	1,389
Healthchoice/CHIP	366	602	85	19	168
Private Insurance	1,715	2,844	1,598	2,338	1,870
Medicare	25	23	3	2	5
TriCare	46	58	36	53	55
Uninsured/Self Pay	769	1,468	1,569	1,720	1,565
Totals	6,574	10,428	8,502	9,789	8,866

NOTE\*: FY2025 total represents duplicated students

NUMBER OF STUDENTS SERVED BY PUBLIC INSURANCE OR NO INSURANCE BY FISCAL YEAR

NOTE\*: Health Check/Health Choice includes 3 categories: Health Check (Medicaid for Children), Medicaid/Other and Health Choice/CHIP



“Youth living in impoverished communities have higher rates of asthma, substance use, anxiety, depression, and obesity and are at elevated risk of not having regular health maintenance visits.”<sup>3</sup>



Students enrolled in School Health Centers:

- Are less likely to report an emergency room visit
- Are more likely to have visited a doctor or dentist in the last year
- Are more likely to receive required and recommended immunizations
- Are more likely to increase “seat time” (miss fewer classes)

School Health Centers:

- Increase access to high-quality health care
- Strengthen prevention and population health
- Serve highest need students
- Integrate students into health care systems
- Improve academic achievement
- Increase time spent in the classroom <sup>4</sup>

The graph below displays visits reported for Five National Standardized Performance Measures. These include: chlamydia screenings; Body Mass Index (BMI) screenings, and nutrition/physical activity counseling; annual risk assessments, depression screenings and follow-up, and annual well-child/adolescent visits. These visits are reported separately from the number of visits displayed on page 5 for the chart, Number of Visits by Fiscal Year & Type (FY2021-FY2025). The total number of visits addressing the Five National Standardized Performance Measures for FY2025 was 19,860.

NATIONAL STANDARDIZED PERFORMANCE MEASURES FOR SBHCS FY2025

Total number of Well Child/Adolescent Visits



Total number of Depression Screenings



Total number of Annual Risk Assessments



Total number of BMI Assessments/Nutrition and Physical Activity Counseling Sessions



Total number of Chlamydia Screenings



FY2025



APPENDIX A. AGENCIES FUNDED BY RFA

State Funded Agency Name	RFA A-376			NC SHCP - DCFW2025-2026WCH
	FY2021-22	FY2022-23	FY2023-24	
Appalachian District Health Department	X	X	X	X
Blue Ridge Community Health	X	X	X	X
Cherokee County Health Department	X	X	X	X
Duke University Health Systems, Inc	X	X	X	X
First Health of the Carolinas Inc.	X	X	X	X
Greene County Healthcare, Inc.	X	X		
UNC Rockingham Health Care Inc.	X	X	X	X
Pender Alliance for Total Health	X	X	X	X
Pender County Health Department				
Toe River Health District	X			
Wake Forest University Health Sciences	X	X	X	X
Wayne Initiative for School Health Inc. (WISH)	X	X	X	X
Wilkes County Health Department	X	X	X	X
Wilson County Health Department	X	X	X	X
Wilmington Health Access for Teens, (WHAT) of Coastal Horizons	X	X	X	X
Yancey County Health Department		X	X	
Mountain Community Health Partnership				X
Total Agencies	14	14	13	13

Top 10 Reasons Students Were Seen in FY2025

- 1. Mental Health/Behavioral Health
- 2. Medication
- 3. Nutrition, Physical Activity
- 4. Headache
- 5. Immunizations
- 6. Other Health Counseling
- 7. Throat Pain
- 8. Health Exam (Routine, Special, Sports)
- 9. Dysmenorrhea
- 10. Ear Pain

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References:

- 1. [National School-Based Health Alliance](#)
- 2. [NC School Based Health Alliance](#)

# North Carolina State-Funded School Health Centers (FY 2024-2025)

## Appalachian District Health Department

- FQHC
- Ashe County Middle School Top Dog Clinic

## Wake Forest University Health Sciences

- FQHC
- Winston-Salem Prep Academy HS/MS & Mental Health Consultation Clinic
  - Mineral Springs Elementary/MS

## UNC Rockingham Health Care, Inc.

- McMichael HS\*
- Morehead HS\*
- Reidsville HS\*
- Rockingham County HS\*

## Wilson County Health Department

- WASH @ Forest Hills MS\*
- WASH @ Beddingfield HS\*

## Wayne Initiative for School Health (WISH)

- Brogden MS
- Goldsboro HS
- Southern Wayne HS
- Dillard MS
- Mt. Olive MS
- Wayne Middle/High Academy

## Wilkes County Health Department

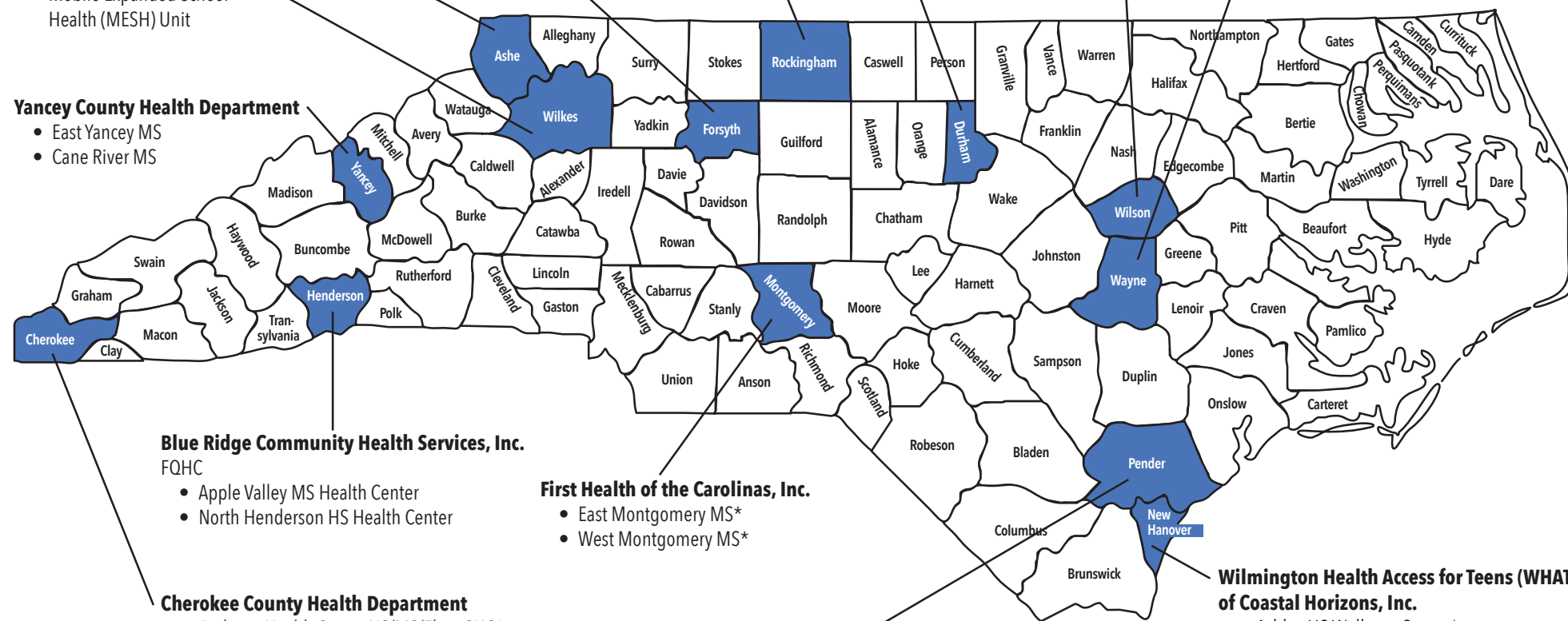
- Mobile Expanded School Health (MESH) Unit

## Yancey County Health Department

- East Yancey MS
- Cane River MS

## Duke University Health System, Inc.

- Southern HS Wellness Center



\*use Telemedicine



NC Department of Health and Human Services • Division of Child and Family Well-Being • Whole Child Health Section • School Adolescent & Child Health Unit  
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