

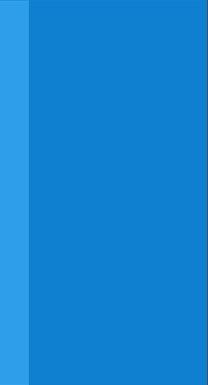


# Welcome to NC CACFP Monthly Institution Call

All information presented on this call is true and accurate as of the date of the call (August 6, 2021).



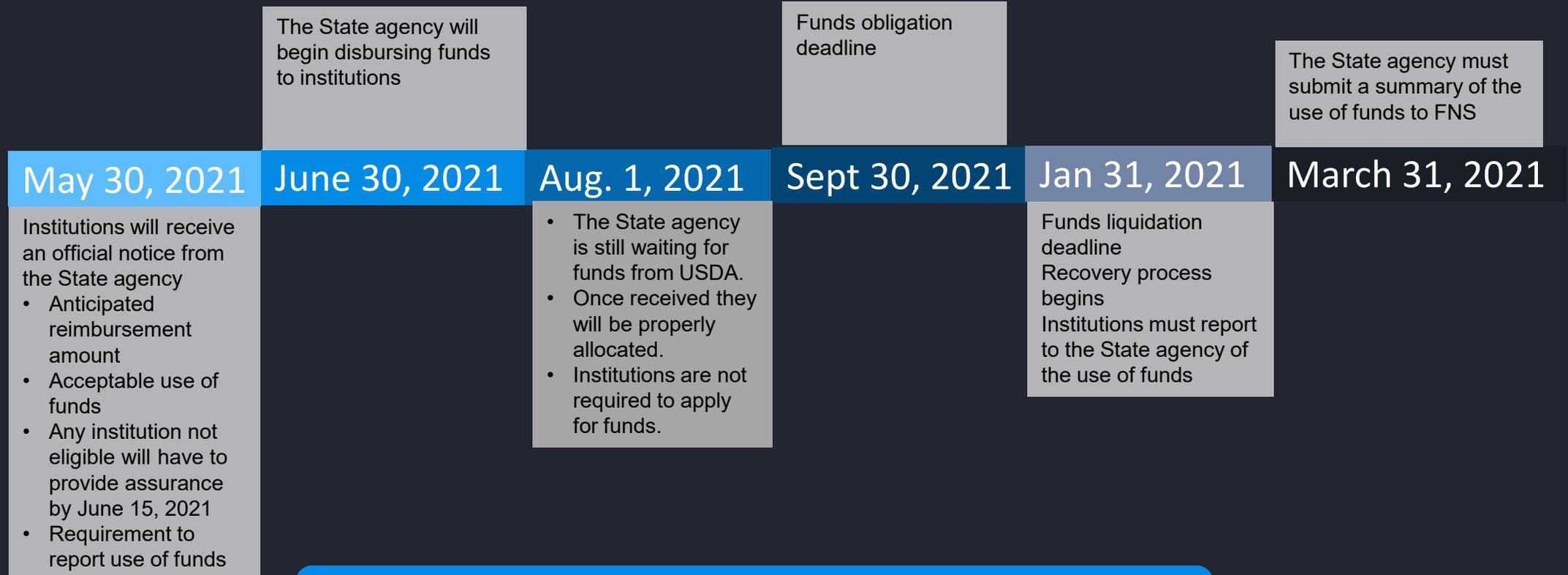
- 1) Emergency Cost Information Update
- 2) Policy Memos
- 3) Breastfeeding-Friendly Child Care Designation
- 4) FNS Management Evaluation
- 5) Application Update
- 6) Upcoming SA Trainings
- 7) Resources
- 8) Q&A



# Emergency Cost Reimbursement

Child and Adult Care Food Program

# Emergency Cost Reimbursement Benefits Timeline



*All institutions receiving Emergency Cost Reimbursement must report back to the State agency how the funds were used.*

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**What questions do  
you have?**



# Policy Memos

Child and Adult Care Food Program

# CACFP 11-2021

## New Policy Memo



United States Department of Agriculture

Food and  
Nutrition  
Service

Braddock  
Metro Center

1320  
Braddock  
Place  
Alexandria  
VA 22314

**DATE:** May 17, 2021

**MEMO CODE:** CACFP 11-2021, SFSP 07-2021

**SUBJECT:** Collection of Race and Ethnicity Data by Visual Observation and Identification in the Child and Adult Care Food Program and Summer Food Service Program – Policy Rescission

**TO:** Regional Directors  
Special Nutrition Programs  
All Regions

State Directors  
Child Nutrition Programs  
All States

<b>Issuing Agency/Office:</b>	FNS/Child Nutrition Programs
<b>Title of Document:</b>	Collection of Race and Ethnicity Data by Visual Observation and Identification in the Child and Adult Care Food Program and Summer Food Service Program – Policy Rescission
<b>Document ID:</b>	Not Applicable
<b>Z-RIN:</b>	Not Applicable
<b>Date of Issuance:</b>	May 17, 2021
<b>Replaces:</b>	Not Applicable
<b>Summary:</b>	This memorandum states visual observation and identification by Child and Adult Food Care Program (CACFP) institutions and facilities and Summer Food Service Program (SFSP) sponsors is no longer an allowable practice for program operators to use during the collection of race or ethnicity data.  USDA will update CACFP and SFSP policy guidance.
<b>Disclaimer:</b>	The contents of this guidance document do not have the force and effect of law and are not meant to bind the public in any way. This document is intended only to provide clarity to the public regarding existing requirements under the law or agency policies.

# Policy Memo CACFP 11-2021

Visual observation and identification is no longer an allowable practice

## PLEASE POST

### NOTICE OF ANNUAL COLLECTION OF ETHNIC AND RACIAL DATA

To Participants, Parents and Guardians:

[REDACTED] participates in the USDA Child and Adult Care Food Program. One of the requirements of this program is to collect ethnic and racial data on participants once a year.

This information is required for the [REDACTED] of determining the institution's compliance [REDACTED]. Collection of this information helps to ensure [REDACTED] administered in a nondiscriminatory manner.

[REDACTED] will collect [REDACTED] identification of each enrolled participant on a yearly basis [REDACTED] in numbers only for statistical use. Individual [REDACTED] in the statistical summary.

If you have any questions [REDACTED] the annual [REDACTED] of ethnic and racial data, please contact:

[REDACTED]  
Name of Authorized Representative and Title

[REDACTED]  
Name of Center/Program

[REDACTED]  
Contact Number

Date: [REDACTED]

Requirement located in FNS Instruction 113-1, Civil Rights Compliance and Enforcement- Nutrition Programs and Activities, XII Data Collection and Reporting

# Policy Memo CACFP 11-2021



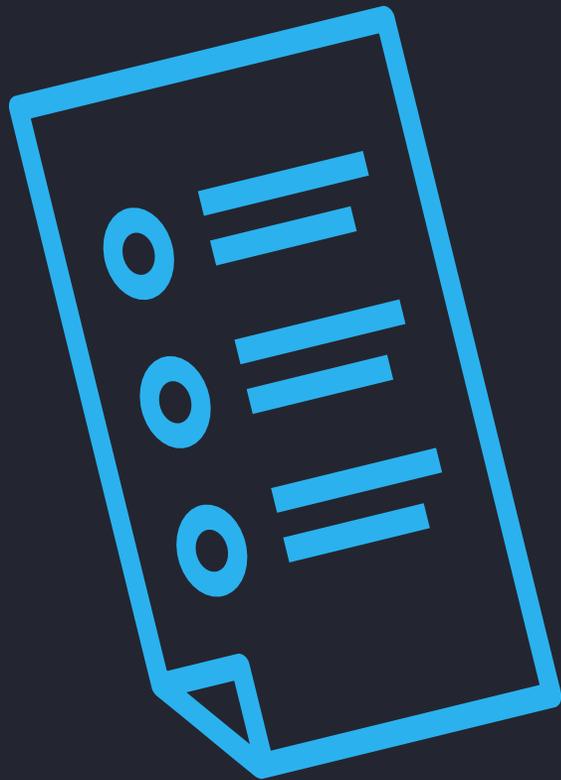
Preferred method for collection of Ethnic and Racial data:

- ✓ Self-identify
- ✓ Self-report

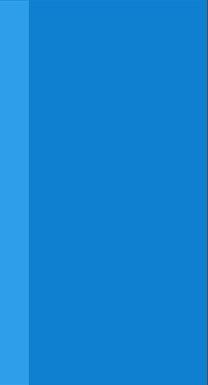
Alternative means of obtaining information:

- ✓ Utilizing data from other sources  
(School databases)

# Other Recent CACFP Policy Memos



- ✓ CACFP 12-2021 – Reimbursement for Meals and Snacks Served to Young Adults in the CACFP – Questions and Answers
- ✓ CACFP 13-2021 – Questions and Answers for Child Nutrition Program Operations in School Year 2021-2022
- ✓ CACFP 14-2021 – Previously Issued Questions and Answers Relation to Operation of the Child Nutrition Programs: Updated for School Year 2021-2022



# Breastfeeding-Friendly Child Care Designation

Child and Adult Care Food Program

# Breastfeeding-Friendly Child Care Designation

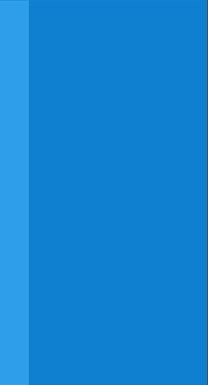
The *NC Breastfeeding-Friendly Child Care Designation* recognizes licensed childcare programs that implement practices that promote, protect, and support breastfeeding.



## Nutrition Services Branch Supports This Program

1. Serving on the DPH Breastfeeding Coordination Team.
2. Participation in the revision of DHP's Breastfeeding-Friendly Child Care Designation.
3. Future promotion of this designation to all institutions serving young children.

For more information: <https://www.nutritionnc.com/breastfeeding/bf-childcare.htm>



# FNS Management Evaluation

Child and Adult Care Food Program

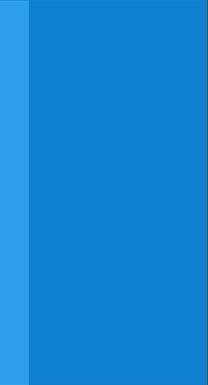
# FNS Management Evaluation



1. Overall a very positive evaluation
2. State agency wrapping up corrective actions
3. On our next call we will discuss:
  - ✓ New procedures regarding amending applications
  - ✓ Updated contracts (FNS and Agreements)

The background is a vibrant, abstract collage of various colored rectangular shapes, resembling sticky notes or paper scraps. The colors include yellow, red, green, blue, purple, and pink. Many of these shapes feature a large, black, stylized question mark. The overall composition is busy and colorful, suggesting a state of inquiry or brainstorming.

**What questions do  
you have?**



# Application Update 2022

Child and Adult Care Food Program



# Application Update 2022

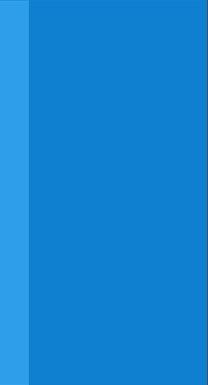
- 1) Sponsoring Organizations of Unaffiliated Centers will be required to submit a sponsored center budget for all their sponsored facilities.
- 2) State Forms added to application update 2022
  - ✓ IRS Tax Exemption Verification (Non-Profits Only)
  - ✓ Conflict of Interest Acknowledgement and Policy-all institutions
- 3) SAM Registration (Required for ALL Institutions)

*For information regarding SAM Registration go to:*

<https://www.sam.gov/SAM/>

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# Upcoming State Agency Trainings

Child and Adult Care Food Program



# Upcoming NC CACFP Live Training Webinars

## Grain Ounce Equivalents

Serving Grains Using Ounce Equivalents	Monday, Aug. 16	9:00 – 10:45 AM
	Tuesday, Aug. 24	10:00 – 11:45 AM
Practice Session on Using Ounce Eq.	Wednesday, Aug. 18	2:00 – 3:45 PM
	Friday, Aug. 20	9:00 – 10:45 AM
	Tuesday, Aug. 24	1:00 – 2:45 PM
	Thursday, Aug. 26	10:00 – 11:45 AM



# Application Update Training

- **Live webinar for School Food Authority - At-Risk After School Meals (SFA-ARAM)**
  - ✓ Wednesday, August 11, at 10:00AM
  - ✓ Register at <https://www.nutritionnc.com/snp/training.htm> (“Live Webinars”)
- **On-demand training course for Independent Centers & Sponsoring Organizations**
  - ✓ Find at <https://www.nutritionnc.com/snp/training.htm> (“Prerecorded Programmatic Training”)



# Upcoming NC CACFP Live Training Webinars

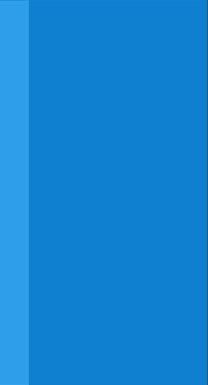
Duties and Documents		
Independent Centers	Tuesday, September 14	[9-12]
Sponsoring Organizations	Thursday, September 16	[9-12]

**Website:** <https://www.nutritionnc.com/snp/training.htm>

**Training Team Email:** [CACFPtraining@dhhs.nc.gov](mailto:CACFPtraining@dhhs.nc.gov)

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# Resources

Child and Adult Care Food Program

# USDA Team Nutrition Training Worksheets

Available to download for free in English and Spanish

- ✓ Serving Adult Participants in the USDA CACFP
- ✓ Serving Meats and Meat Alternates for Lunch and Supper in the USDA CACFP
- ✓ Offering Water in the USDA CACFP

**USDA Food and Nutrition Service**  
U.S. DEPARTMENT OF AGRICULTURE

## Serving Adult Participants in the USDA Child and Adult Care Food Program

Child and Adult Care Food Program (CACFP) sites serve adult participants who are 18 years or older living with a disability, as well as those who are 60 or older. Not all adults have the same nutrition needs. Health and social changes and lower amounts of physical activity may affect the dietary needs of older adults. The CACFP meal pattern for adults provides flexibility to allow you to plan meals that best meet the needs of adults in your care. This approach relies on good communication between you, the program operator, and the adult participant (and/or their caregiver).

The information below shows the requirements for meals and snacks in the CACFP.



### CACFP Meal Pattern Requirements for Adult Participants\*

Breakfast	Lunch/Supper	Snack
 Milk Milk (8 fl oz, 1 cup) Vegetables, Fruits, or Both (1/2 cup) Grains (2 oz eq)	 Milk  Vegetables  Fruits  Grains  Meat/Meat Alternates	 Milk  Vegetables  Fruits  Grains  Meat/Meat Alternates

**USDA Food and Nutrition Service**  
U.S. DEPARTMENT OF AGRICULTURE

## Serving Meats and Meat Alternates at Lunch and Supper in the USDA Child and Adult Care Food Program

Meats and meat alternates provide protein, B vitamins, and minerals such as iron, zinc, and magnesium. Protein supports growing muscles in children and helps muscles stay strong in adults. The iron in many meats and meat alternates helps the body carry oxygen within the blood. Some meats and meat alternates, such as nuts, fish, and seafood, also have healthy fats that help support heart and brain health.



### Meats and Meat Alternates at Lunch and Supper

In the Child and Adult Care Food Program (CACFP), meats and/or meat alternates are a required meal component at lunch and supper for child and adult participants. The following examples show how meats and/or meat alternates may be part of lunch and supper menus\*.

**Example 1**  
Baked Tilapia Fish Fillets, whole grain-rich roll, whipped sweet potatoes, sliced plums, and fat-free (skim) milk

**Example 2**  
Taco-Seasoned Stuffed Peppers (with meat and beans), salsa, corn muffin, sliced strawberries, and low-fat (1%) milk

**Example 3**  
Baked Tofu Bites, brown rice, gingered carrots, melon, and low-fat (1%) milk

**USDA Food and Nutrition Service**  
U.S. DEPARTMENT OF AGRICULTURE

## Offering Water in the USDA Child and Adult Care Food Program

In the Child and Adult Care Food Program (CACFP), centers and homes are required to offer water to children throughout the day. As a best practice, sites are encouraged to make water available to adult participants as well. Water is not a meal component in the CACFP. There is no minimum serving amount for water. However, water may be served:

- Together with meals and snacks
- In between meals and snack
- As requested by the adult or child.



### Water and Health

Drinking enough water is important for good health. Drinking water can prevent dehydration, a condition that can cause the body to overheat. It can also help prevent constipation. If fluoridated, drinking water can help prevent dental caries (cavities).

There is no recommendation from the *Dietary Guidelines for Americans* on the amount of plain water children and adults need each day. Children and adults can meet their needs for water through foods and drinks. People may need to drink more water during hot or cold weather and when exercising.



<https://www.fns.usda.gov/tn/meal-pattern-training-worksheets-cacfp>

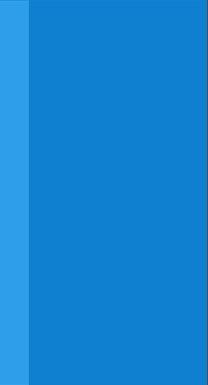
# Sept/Oct NC CACFP Messenger E-Newsletter



- ✓ Coming Friday, September 3
- ✓ Sept. is National Fruit and Vegetable Month
- ✓ October is National Farm to School Month
- ✓ Information on the NC Crunch – October 20, 2021
- ✓ Oz. Eq. resources and more!

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**What questions do  
you have?**



# In Closing

Child and Adult Care Food Program

# Monthly Institution Calls

The PowerPoints for the institution calls can now be found on our website [www.nutritionnc.com](http://www.nutritionnc.com)

- 1) Click on Child and Adult Care Food Program
- 2) Click on Program Resources
- 3) Click on Monthly Institution Calls



The screenshot shows the NCDHHS website interface. At the top, there is a dark blue header with the NCDHHS logo and the text 'NCDHHS Division of Public Health'. To the right of the logo is a search bar with the word 'Search' and a magnifying glass icon. Further right, there are links for 'NC.DHHS', 'NC.GOV', 'AGENCIES', 'JOBS', and 'SERVICES'. Below the header is a light blue navigation bar with links for 'Home', 'About', 'Breastfeeding Promotion And Support', 'Child And Adult Care Food Program', 'WIC Program', and 'Contacts'. The main content area has a breadcrumb trail: 'DHHS > DPH > NISB > Child and Adult Care Food Program > Resources'. The title 'Program Resources' is displayed in a large, dark blue font. Below the title are two links: '(+) Expand Items Below' and '(-) Collapse Items Below'. A list of resource links follows, each preceded by a plus sign: '+ NC CACFP Newsletter', '+ Monthly Institutions Call', '+ Ethnic and Racial Data', '+ Policies and Procedures', '+ School Data - Free and Reduced Meals', '+ Regulations', and '+ Reimbursement Rates'. A large red arrow points from the right side of the page towards the 'Monthly Institutions Call' link.

# Q&A Session

- 1) Please use the chat function to submit your questions.
- 2) We will review what we have time for that pertains to the good of the group.
- 3) Questions that apply to one specific institution will be handled offline.



Just Want to Say.....

