



SAIB KUV loj hlob

Hauv qab no yog daim ntawv teev txog yam uas yuav tau tshuaj xyuas kom pom tias seb koj tus me nyuam puas ua tau raws li cov kauj ruam tseem ceeb txog kev loj hlob mus txog thaum muaj peb xyoos ntawm lub neej. Kev cuam tshuam pab uas tau txais txiaj ntsig zoo yog nce rau ntawm kev txheeb xyuas tej kev xav tau thiab kev muab cov kev pab cuam thiab kev txhawb pab THAUM NTXOV.

0-4 LUB HLIS

- Nqa tes los mus noj rau qhov ncauj
- Thaum pw khwb rwg yuav muab caj npab los thiab nqa tus kheej sawv
- Thaum pw ntseev tiaj, yuav ncav tes mus muab cov khoom ua si los tuav saum nws lub hauv siab
- Tig pw ntseev tiaj los pw khwb rwg thiab tig pw khwb rwg mus rau pw ntseev tiaj
- Ua suab thiab luag ntshi
- Tso qhov muab sib tog
- Muaj peev xwm ua kom lub siab txias tau los ntawm kev ntseev mus los

5-8 LUB HLIS

- Siv ko taw ua si
- Zaum (tej zaum yuav siv tes los txheem tus kheej zaum)
- Siv lub suab tsiaj ntawv los tawm suab ua nyuj nyes
- Qhia txog kev nyiam zaub mov
- Nyiam sib tham nrog lwm tus (ua pawv nyos)
- Siv ob txhais tes los kov cov khoom ua si
- Siv qhov muag ntsia raws qab saib tej khoom ub no

9-12 LUB HLIS

- Siv ntiv tes maum xoo thiab cov ntiv tes los khaws cov khoom me-me
- Paub npe neeg
- Siv cov yam ntawv taw qhia yooj yim xws li co taub hau tias "tsis kam"
- Thawb roj thawb tog
- Hais "niam" thiab "txiv" yam paub ntsiab lus meej lawm
- Kev noj ntiv tes

13-18 LUB HLIS

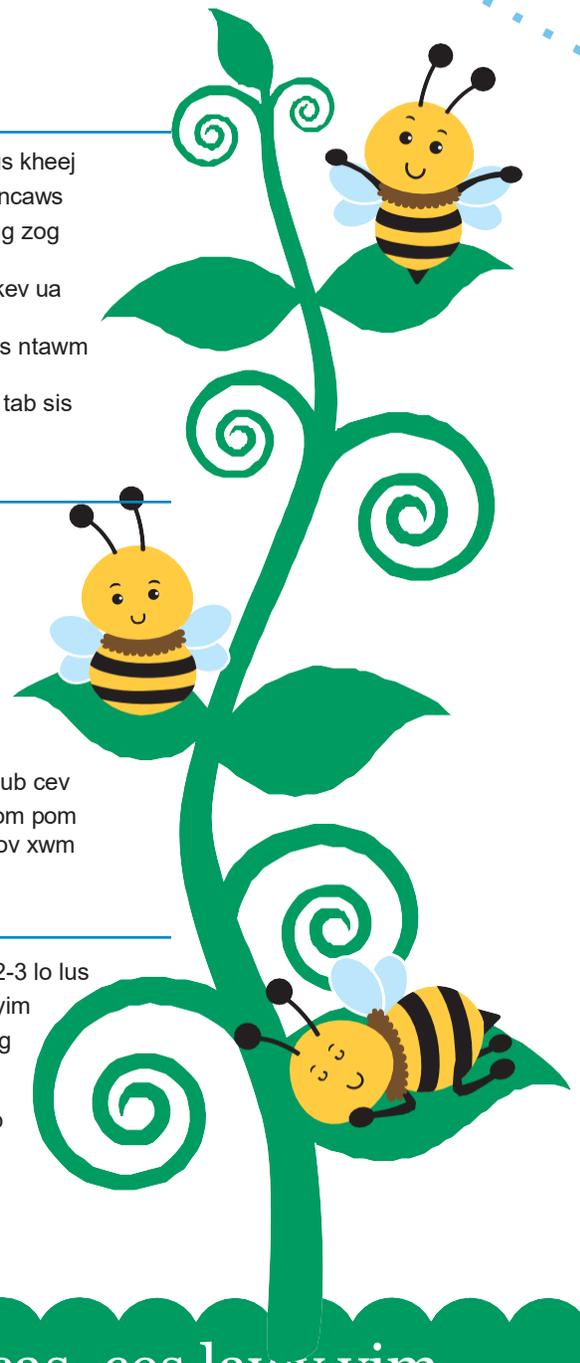
- Taug kev tau los ntawm tus kheej
- Pab txog kev hnav khaub ncaws
- Muaj lub sij hawm pw tsaug zog xwm yeem
- Xyaum qog cov lus thiab kev ua tej yam yooj yim
- Tuav thiab haus dej tau los ntawm kev siv khob
- Txav mus deb ntawm koj, tab sis nco ntsoov nyob kom ze

19-24 LUB HLIS

- Khiav
- Nce roj nce tog
- Ncaws pob
- Siv cov crayon los kos cim ub no rau daim ntawv
- Siv 50 lo lus thaum muaj 24 lub hlis
- Paub qhia 5 feem ntawm lub cev
- Saib koj lub ntsej muag kom pom seb yuav coj li cas rau qhov xwm txheej tshiab

24-36 LUB HLIS

- Siv cov sob lus uas muaj 2-3 lo lus
- To taub cov lus qhia yooj yim
- Muaj peev xwm koom nrog lwm pab pawg me nyuam yaus me
- Muaj peev xwm cuam pob thiab sim txhom pob
- Siv rab diav nkaug



koj yim paub **ntxov** npaum li cas, ces lawv yim
yuav loj hlob **zoo** npaum li ntawd xwb

PEB YOG LEEJ TWG

North Carolina Infant-Toddler Program (Lub Khoos Kas rau Cov Me Nyuam Mos-Cov Me Nyuam Tab Tom Xyaum Mus Kev, ITP) yuav muab kev pab cuam rau kev loj hlob ntawm cov me nyuam mos thiab cov me nyuam tab tom xyaum mus kev uas muaj kev xav tau tshwj xeeb, thiab lawv tsev neeg. Kaum rau lub Children's Developmental Services Agencies (CDSA) muab cov kev pab cuam no hauv cheeb tsam los txhim kho koj tus me nyuam lub peev xwm rau kev loj hlob thiab kev txhim kho.

Tus me nyuam thiab tsev neeg yuav tau txais kev txhawb pab thiab kev pab cuam yog tias tus me nyuam:

- muaj hnuv nyoog txog 3 xyooos, and
- muaj kev loj hlob qeeb los sis muaj tus mob uas twb yeej paub lawm.

Qhov kev loj hlob qeeb tuaj yeem yog nyob rau hauv ib los sis ntau suam hauv qab no:

- kev xav thiab kev kawm
- kev txav mus los, pom kev, hnov lus thiab kev noj qab haus huv
- kev nkag siab thiab siv suab, yam ntxwv thiab cov lus
- kev teb thiab kev txhim kho kev sib raug zoo
- kev saib xyuas tus kheej thaum ua tej yam xws li kev noj mov los sis hnav khaub ncaws

Tus me nyuam uas twb muaj ib qho mob lawm yuav tau txais kev kuaj mob uas yuav ua rau muaj kev loj hlob qeeb. Qhov no yuav suav nrog cov kab mob caj ces, teeb meem kev pom kev, tsis hnov lus los sis mob hlwb taj.

Cov me nyuam yuav tawm hauv ITP mus thaum lawv muaj 3 xyooos los sis tsis xav tau kev pab cuam mus ntxiv lawm. Lawv yuav rhais mus rau hauv tsev kawm ntawv, kev kawm tshwj xeeb los sis lwm yam khoos kas hauv zej zog. Thaum koj paub txog koj tus me nyuam cov kev xav tau fab kev loj hlob ntxov npaum li cas, ces lawv yuav loj hlob mus kawg nws lub peev xwm tag nrho npaum li ntawd xwb.

YAM UAS PEB UA

ITP muaj kev txhawb pab fab kev cob qhia uas tsim los pab cov tsev neeg ua kom tau raws li tej kev xav tau fab kev loj hlob ntawm lawv tus me nyuam mos liab los sis tus me nyuam tab tom xyaum mus kev. ITP cov kev txhawb pab thiab cov kev pab cuam yog muab rau hauv cov chaw hauv zej zog uas txhua tus me nyuam siv thiab hauv tus mebnyuam thiab tsev neeg cov dej num txhua hnuv.

PEB LUB ZEEM MUAG THIAB LUB LUAG HAUJ LWM

Peb lub zeem muag rau cov tsev neeg thiab cov neeg saib xyuas cov me nyuam uas tau teev npe nkag rau hauv NC Lub Khoos Kas Rau Me Nyuam Mos thiab Cov Me Nyuam Tab Tom Xyaum Mus Kev yog yuav pab kom lawv muaj peev xwm pab kom lawv cov me nyuam ncav cuag lawv lub peev xwm siab tshaj plaws.

Peb lub luag hauj lwm yog muab kev txhawb nqa thiab kev pab cuam rau cov tsev neeg thiab cov me nyuam los pab lawv kom muaj kev vam meej hauv lawv lub tsev thiab lub zej zog, los ntawm kev siv lub hwm tsam kev kawm txhua hnuv. Peb yuav hwm qhov sib txawv ntawm cov tsev neeg thiab siv cov kev koj ua raws li pov thawj los coj qhia pab txoj hauj lwm.



YAM UAS PEB MUAB

Nov yog qee cov kev pab cuam uas muaj los pab koj tus me nyuam thiab tsev neeg, yog tias xav tau:

- Kev Ntaus Nqi Xyuas
- Kev dhia dej num kev pab cuam
- Cov Kev Pab Cuam Kev Qhia Ntawv Tshwj Xeeb/Kev Kho Kom Zoo Rov Los Li Qub Hauv Zej Zog (CBRS)
- Kev kho mob fab lub cev, kev kho mob fab kev ua hauj lwm, thiab kev kho mob fab kev hais lus
- Thev naus laus zis txhawb pab
- Kev txhawb pab tsev neeg
- Kev tu neeg mob thiab kev noj tej khoom zoo

Kev ntaus nqi xyuas, kev ntsuam xyuas, thiab kev dhia dej num kev pab cuam ntawm ITP yog muab pub dawb rau koj xwb. Cov nqi rau lwm cov kev pab cuam ITP yog muab raws tus nqi uas txav mus los tau. Medicaid thiab kev tuav pov hwm ntiag tug yog yuav ua ntawv sau nqi nrog koj li kev tso cai. Koj Tus Neeg Dhia Dej Num Kev Pab Cuam yuav xyuas kom koj paub txog cov nqi uas cuam tshuam ua ntej muab cov kev pab cuam ntxiv.



YUAV PIB LI CAS

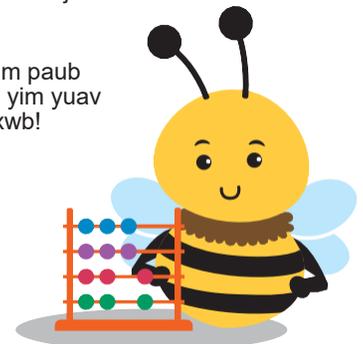
Yog koj muaj kev txhawj xeeb txog koj tus me nyuam txoj kev loj hlob, tsis txhob tos saib xwb.

TIV TAUJ RAU PEB. Hu xov tooj, sau ntawv los sis mus ntsib koj lub CDSA kom lawv xa koj tus me nyuam rau ITP.

COJ MUS NTAUS NQI XYUAS. CDSA yuav ua qhov kev ntaus nqi xyuas kev loj hlob kom pom tias seb koj tus me nyuam puas muaj cai tsim nyog tau txais ITP.

KOOM NROG. Koj tsev neeg yuav raug xaiv ib tus neeg dhia dej num kev pab cuam. Yog koj tus me nyuam tsim nyog tau txais ITP, ces koj yuav pab tsim ib txoj phiaj xwm txog cov kev pab cuam/kev txhawb pab uas xav tau los pab koj tus me nyuam kom ua tiav.

UA KOM NTXOV! Koj yim paub ntxov npaum li cas, ces lawv yim yuav loj hlob zoo npaum li ntawd xwb!



KAV TSIJ

TIV TAUJ UA NTEJ YUAV XA KOJ TUS ME NYUAM MUS



1

Tus neeg dhia dej num kev pab cuam yuav koj qhia koj tsev neeg ua tus txheej txheem kev xa mus.

2

Koj qhia rau peb txog koj tus me nyuam txoj kev noj qab haus huv, yam nws nyiam, yam nws tsis nyiam, yam nws ua tau zoo thiab nws tej teeb meem nvuai.

3

Peb ua qhov kev ntsuam xyuas kev loj hlob los txiav txim siab seb koj tus me nyuam puas tsim nyog tau txais cov kev pab cuam ITP.

4

Yog tias muaj cai tsim nyog, tus neeg dhia dej num kev pab cuam yuav ua hauj lwm nrog koj los tsim Txoj Phiaj Xwm Kev Pab Cuam Tsev Neeg rau Tus Kheej (IFSP).

5

Cov kev pab cuam uas teev nyob rau hauv koj daim IFSP yuav pib nyob rau hauv 30 hnub.

6

Daim IFSP yuav hloov pauv raws li koj tus me nyuam thiab tsev neeg tej kev xav tau. Daim IFSP yuav raug tshuaj xyuas yam tsawg kawg txhua rau lub hlis.

7

Koj tus neeg dhia dej num kev pab cuam yuav pab koj npaj rau cov kauj ruam tom ntej thaum koj tus me nyuam tawm hauv ITP mus lawm.

NRHLAV KOJ LI CDSA

Kaum rau lub CDSA no muab cov kev pab cuam ntawm Lub Khoos Kas rau Cov Me Nyuam Mos-Cov Me Nyuam Tab Tom Xyaum Mus Kev rau cov me nyuam thiab cov tsev neeg hauv tag nrho 100 lub nroog hauv NC.

- 1. **CDSA of Western NC • 828-250-3400**
Buncombe, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, Swain and Transylvania
- 2. **CDSA of the Blue Ridge • 828-278-6470**
Alleghany, Ashe, Avery, Mitchell, Watauga, Wilkes and Yancey
- 3. **CDSA of the Cape Fear • Wilmington Office: 910-945-6021 • Fayetteville Office: 910-912-2200**
Bladen, Brunswick, Columbus, Cumberland, Duplin, New Hanover, Pender, Robeson and Sampson
- 4. **CDSA of the Sandhills • 910-621-6200**
Anson, Harnett, Hoke, Lee, Montgomery, Moore, Richmond and Scotland
- 5. **Concord CDSA • 704-998-5730**
Cabarrus, Iredell, Rowan, Stanly and Union
- 6. **Durham CDSA • 984-250-1580**
Chatham, Durham, Franklin, Granville, Orange, Person, Vance and Warren
- 7. **Greensboro CDSA • 743-902-5400**
Alamance, Caswell, Guilford, Randolph and Rockingham

- 8. **Greenville CDSA • 252-737-1177**
Beaufort, Bertie, Greene, Hyde, Martin, Pitt and Wayne
- 9. **Mecklenburg County CDSA • 704-336-7100**
- 10. **Morganton-Hickory CDSA • 828-433-5171**
Alexander, Burke, Caldwell, Catawba and McDowell
- 11. **New Bern CDSA • 252-497-4175**
Carteret, Craven, Jones, Lenoir, Onslow and Pamlico
- 12. **Elizabeth City CDSA • 252-338-4044** *Camden, Chowan, Currituck, Dare, Gates, Hertford, Pasquotank, Perquimans, Tyrrell and Washington*
- 13. **Raleigh CDSA • 919-664-1800 • Wake**
- 14. **Rocky Mount CDSA • 252-316-4800**
Edgecombe, Halifax, Johnston, Nash, Northampton and Wilson
- 15. **Shelby CDSA • 980-552-4600**
Cleveland, Gaston, Lincoln, Polk and Rutherford
- 16. **Winston-Salem CDSA • 336-713-7412**
Davidson, Davie, Forsyth, Stokes, Surry and Yadkin

Cov Ntaub Ntawv Qhia Pab Ntau Ntxiv:



NC DEPARTMENT OF HEALTH AND HUMAN SERVICES
Division of Child and Family Well-Being
NC Infant-Toddler Program (NC ITP)

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