Chronic Condition Prevention and Management in Schools/Behavioral Health

Tier One: School/District Activities that Benefit All Students

- Environment
  1. General for School Staff – NC Social and Emotional Learning & Educator Resources
    Guidance to States and School Systems on Addressing Mental Health and Substance Use Issues in Schools

- Education
  1. General for School Staff – DPI School Mental Health Model Training Plan
  University of Maryland School of Medicine/Maryland Behavioral Health: Mental Health to Support Student Learning: Training
    Modules for Educators and School-based Staff
  Classroom WISE: Well-being Information and Strategies for Educators
  2. Education for School Nurses- Mental Health First Aid for Schools
    University of Maryland School of Medicine/Maryland Behavioral Health: Mental Health Training Intervention for Health
    Providers in Schools

- Related School Wide Policies/Protocols
  1. Management of Chronic Conditions in the School Setting
  2. School Health Program Manual, Section B, Chapter 6: School Health Counseling and Mental Health Support
  3. NCDPI/Plan Components: PSU Improvement Plan for SEL and School Mental Health

Tier Two: Student Directed Activities with Behavioral Health Concerns

- Follow School Nurse Case Management Process Model
  1. Case find using physician orders, staff referrals, attendance records, school information forms, and student assessment
  2. Assess/Gather Information using subjective and objective data
  3. Nursing Judgement: Does the student need case management services based on findings? (Emergency Action Plan, Medication Orders, Crisis Response, Crisis Prevention and Intervention Plan, Staff Training, etc.)

Tier Three: Intensive Student Directed Activities with Behavioral Health Concerns

- Continue with School Nurse Case Management Process Model
  1. Develop a Plan of Care
     a. NASN: Mental Health/NASN Resources
     b. School Nursing/Chronic Conditions Case Management: NC Plan of Care/Individualized Healthcare Plan Template
     c. NASN: Principles for Practice, The Role of the Individualized Healthcare Plans (IHPs) in Care Coordination for Students with Chronic Health Conditions
     d. Use of Individualized Healthcare Plans to Support School Health Services
  2. Implement Plan
  3. Evaluate and Revise or Return Student to General School Health Services

Recommended Resources:

- NASN: The Behavioral Health and Wellness of Students (Position Statement)
- SAMHSA: Suicide Safe Mobile App
- NC Center for Safer Schools: School Suicide Prevention Toolkit
- MHTTC/South Southwest: School-wide Screening for Mental Health Concerns
- National Alliance on Mental Illness-Kids, Teens and Young Adults
- Screening, Brief Intervention, and Referral to Treatment (SBIRT) - SAMHSA