

# Chronic Condition Prevention and Management in Schools/Behavioral Health

## Tier One: School/District Activities that Benefit All Students

- Environment
  1. General for School Staff – [NC Social and Emotional Learning & Educator Resources](#)  
[Guidance to States and School Systems on Addressing Mental Health and Substance Use Issues in Schools](#)
- Education
  1. General for School Staff – [DPI School Mental Health Model Training Plan](#)  
[University of Maryland School of Medicine/Maryland Behavioral Health](#): *Mental Health to Support Student Learning: Training Modules for Educators and School-based Staff*  
[Classroom WISE](#): *Well-being Information and Strategies for Educators*
  2. Education for School Nurses- [Mental Health First Aid for Schools](#)  
[University of Maryland School of Medicine/Maryland Behavioral Health](#): *Mental Health Training Intervention for Health Providers in Schools*
- Related School Wide Policies/Protocols
  1. [Management of Chronic Conditions in the School Setting](#)
  2. [School Health Program Manual, Section B, Chapter 6](#): *School Health Counseling and Mental Health Support*
  3. [NCDPI/Plan Components](#): *PSU Improvement Plan for SEL and School Mental Health*

## Tier Two: Student Directed Activities with Behavioral Health Concerns

- Follow [School Nurse Case Management Process Model](#)
  1. Case find using physician orders, staff referrals, attendance records, school information forms, and student assessment
  2. Assess/Gather Information using subjective and objective data
  3. Nursing Judgement: Does the student need case management services based on findings? (Emergency Action Plan, Medication Orders, Crisis Response, Crisis Prevention and Intervention Plan, Staff Training, etc.)

## Tier Three: Intensive Student Directed Activities with Behavioral Health Concerns

- Continue with [School Nurse Case Management Process Model](#)
  1. Develop a Plan of Care
    - a. NASN: [Mental Health/NASN Resources](#)
    - b. School Nursing/Chronic Conditions Case Management: [NC Plan of Care/Individualized Healthcare Plan Template](#)
    - c. [NASN: Principles for Practice, The Role of the Individualized Healthcare Plans \(IHPs\) in Care Coordination for Students with Chronic Health Conditions](#)
    - d. [Use of Individualized Healthcare Plans to Support School Health Services](#)
  2. Implement Plan
  3. Evaluate and Revise or Return Student to General School Health Services

## Recommended Resources:

[NASN: The Behavioral Health and Wellness of Students](#) (Position Statement)  
[NC Center for Safer Schools: School Suicide Prevention Toolkit](#)  
[National Alliance on Mental Illness-Kids, Teens and Young Adults](#)

[SAMHSA: Suicide Safe Mobile App](#)  
[MHTTC/South Southwest: School-wide Screening for Mental Health Concerns Screening, Brief Intervention, and Referral to Treatment \(SBIRT\) - SAMHSA](#)