

# DEPARTMENT OF HEALTH AND HUMAN SERVICES DIVISION OF PUBLIC HEALTH

ROY COOPER GOVERNOR MANDY COHEN, MD, MPH Secretary

> DANIEL STALEY DIRECTOR CACFP 18-06

March 12, 2018

## Memorandum

To: Institutions Participating in the Child and Adult Care Food Program

From: Mary Anne Burghardt, MS, RD, LDN Nutrition Services Branch Head State Director, Special Supplemental Nutrition Program for Women, Infants and Children (WIC) State Director, Child and Adult Care Food Program (CACFP)

Subject: New Standardized Recipes for CACFP Operators

The Food and Nutrition's Team Nutrition initiative has released a total of 40 recipes for use in the Child and Adult Care Food Program (CACFP). Team Nutrition developed these recipes in response to requests from State agencies, CACFP sponsoring organizations, and partners for recipes that reflect a variety of cultures. The set of globally-inspired recipes are standardized to yield 6, 25, and 50 servings and include information on how the recipes credit towards CACFP meal pattern requirements. The recipes are available at: <a href="https://www.fns.usda.gov/cacfp-recipes.">https://www.fns.usda.gov/cacfp-recipes.</a>

### **Recipes available include:**

Central and South America (Including Mexico and the Caribbean)

Arroz Con Pollo Baked Batatas and Apples Baked Trout Olé Beef Picadillo Black Beans with Plantains Red Beans and Rice Quick Quesadilla Red Pozole Tropical Bean Salad

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#### North America (Native Tribes and Southern Cuisine)

Collard Greens Corn, Zucchini, and Tomato Pie Creamy Wild Rice Great Garden Soup Mini Salmon Loaves Southern Black-Eyed Peas Squash Casserole Whipped Sweet Potatoes

#### Africa

Chicken and Veggie Couscous Chickpeas and Tomatoes Greens and Beans Soup Veggie Mash-Up

#### Europe (Includes Italy, France, Hungary, and the Mediterranean)

Beef Goulash Chicken Ratatouille Easy Zucchini Lasagna Italian Vegetable Medley Mediterranean Tuna Salad Spinach Egg Bake Turkey Burger with Tzatziki Sauce

## Asia and Pacific Islands (Includes India and the Middle East)

Baked Egg Rolls Chicken Flatbread Pizza Curry Vegetables Easy Chicken and Egg Noodle Soup Gingered Carrots Noodles with Peanut Butter Sauce Pineapple Chicken Sautéed Tofu and Broccoli Savory Rice Pilaf Stir-Fry Pork Tabbouleh Vegetable Stir-Fry with Ginger

Please contact your Regional Consultant with any questions.