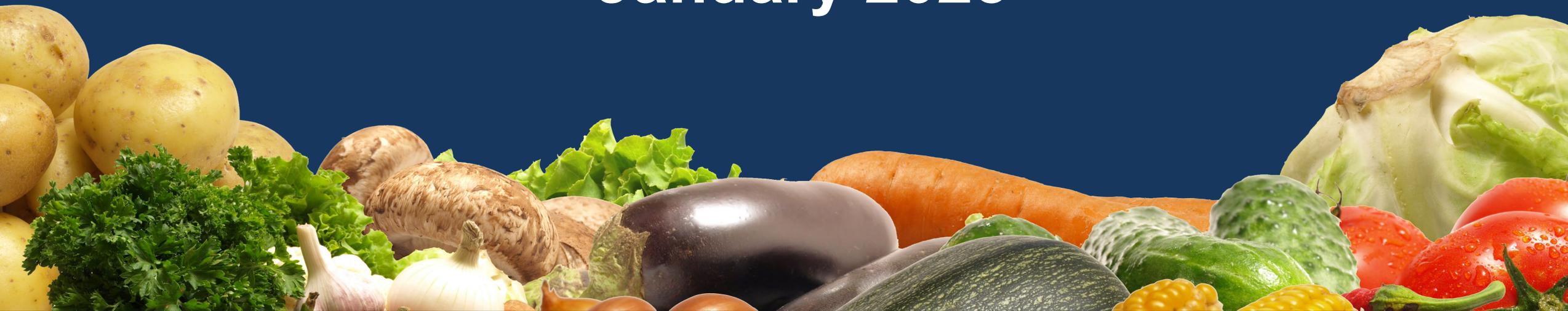




**NC CACFP
Monthly Institution Call
January 2025**



All the information on this call is true and accurate as of January 3, 2025.

TODAY'S AGENDA

- Policy Memos
- Child Nutrition
Recipe Box
- Additional Information
- Q&A



Policy Memos

REGULATIONS

GUIDELINES



Policy Memo

CACFP 05-2025, Grain Requirements in the Child and Adult Care Food Program; Questions and Answers

- Provides updated guidance reflecting the final rule
- Explains grain requirements for CACFP
- 27 page document
- Includes a Q&A section
- Supersedes CACFP 09-2018

Policy Memo

CACFP 07-2025: Requirement to Accept Medical Statements from Registered Dietitians for Schools and Child and Adult Care Institutions and Facilities

- Clarifies the updated regulatory requirement for Program operators to accept medical statements from registered dietitians
- The change must be implemented by October 1, 2025
- It is optional to implement the change now



Child Nutrition Recipe Box

Child Nutrition Recipe Box

Standardized Recipes



- **Child Nutrition Recipe Box**
 - The Child Nutrition Recipe Box provides CACFP operators with recipes to prepare healthy and delicious meals that meet the meal pattern requirements. The recipes are standardized to provide meal pattern crediting information and include dishes made with legumes, whole grains, and a rainbow of vegetables. Adult portions are available as well.
 - [Click here to browse the recipes](#)
- **Multicultural Child Care Recipes***
 - The 40 recipes in this Team Nutrition collection will add the flavors from different cultures and regions to CACFP menus. Available in yields of 6, 25, and 50 servings. Download them in English or Spanish.
 - [Click here to see the multicultural recipes](#)
- **Recipes for Healthy Kids**
 - The recipes in these cookbooks feature foods both children and adults should consume more of: dark green and orange vegetables, dry beans and peas, and whole grains. These healthy recipes are low in total fat, saturated fat, sugar and sodium. With fun names like Porcupine Sliders, Smokin' Powerhouse Chili, and Squish Squash Lasagna, these kid-tested, kid-approved recipes are sure to please children and be an instant hit!
 - Recipes for Healthy Kids: Cookbook for Family Child Care Homes (6 servings)
 - [Explore the recipes](#) in the cookbook

Child Nutrition Recipe Box



Latest Recipes



**Whole Wheat Pancakes -
USDA Recipe for
Schools**



3.25 from 8 votes

[View Recipe](#)



**Taco Salad -
USDA Recipe for
Schools**



3.28 from 11 votes

[View Recipe](#)



**Sweet Potato
Hummus -
USDA Recipe for
Schools**



4 from 6 votes

[View Recipe](#)

[CNRB - Spanish](#)

[Explore our Recipes](#)



**Additional
Information**

North Carolina Farm to ECE Connections Map



NORTH CAROLINA
Farm to ECE Connections

Farm to ECE Connections Map

What is Farm to ECE?

Farm to Preschool Network

ECE Resources

Farmer Resources

CACFP

North Carolina Farm to ECE Connections Map

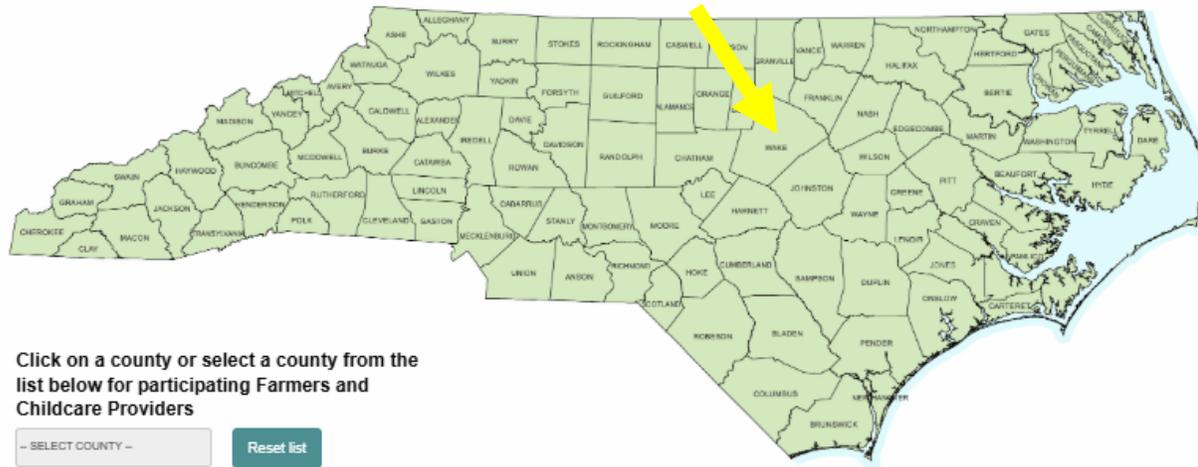
Farm to Preschool or Early Care and Education (ECE) programs are instrumental in nurturing healthy eating habits and fostering a deeper understanding of food origins in young children. By introducing locally sourced foods and hands-on experiences like gardening and farm visits, these initiatives not only promote nutrition but also environmental awareness, support for local economies, and community interconnectedness.

The map below serves as a tool for connecting childcare sites with local farmers, facilitating the use of locally sourced foods, and contributing to healthier communities in North Carolina.

Add Your Farm Organization to the Map

Add Your Childcare Organization to the Map

Remove Your Organization From This Map



Click on a county or select a county from the list below for participating Farmers and Childcare Providers

— SELECT COUNTY —

Reset list

Participating farms in WAKE County

Bravo Steaks, LLC

Address: 379 Yank Road, Summerfield, NC 27358

Email: emily@bravosteaks.com

We served the following counties: Alamance, Cabarrus, Caswell, Chatham, Cumberland, Davidson, Davie, Durham, Forsyth, Guilford, Harnett, Lee, Mecklenburg, Orange, Randolph, Rockingham, Stokes, Wake, Wilkes, Wilson

Phone: (336)908-3728

Contact: Emily Barnes

Website / Social Media: www.bravosteaks.com

Delivery options: We deliver!

Forms of payment accepted: Major credit cards (Visa, Mastercard), Paypal, Venmo, Check, Cash

 **We offer itemized receipts**

Meat Products Offered: Ground Beef, Stew Meat, Beef Roast, Brisket, Whole, half, and quarter Cow, Ground Pork, Sausage, Boston Butt, Whole or half Pig

Farming Production Practices: Agroforestry, Animal Welfare Standards, Water Conservation Practices, Community Engagement, Waste Management, Regenerative Agriculture, Transparent Farming Practices, Pasture-raised

[Farming Production Practices Explanations](#)

CSA Offerings: shopbravosteaks.com/collections/bravo-co-op-meat-delivery

Explore the map: <https://www.communityclinicalconnections.com/farm-to-ece/>

NC Farm to ECE CONNECTIONS Map - Survey

A Special Note about the Farm to ECE Connections Map:

The Farm to ECE Connections Map is a valuable tool for strengthening local food connections. Childcare sites can use the map to connect with nearby farmers and start sourcing fresh, local food. Likewise, farmers can reach out to childcare sites listed on the map to build relationships with new customers. Access the map [here](#).

If you need assistance in making connections, please contact

courtney.ramsey@dhhs.nc.gov.

Please take a moment to complete this [survey](#) about the Farm to ECE Connections Map.

Harvest of the Month



WELCOME TO HARVEST OF THE MONTH



NORTH CAROLINA
Farm to ECE Connections

Name

First Name

Last Name

Email

Is your organization/business a:

- Farm/Farmer
 Early Care and Education (ECE) or childcare site

Which county are you located in?

Have you used the Farm to ECE Connections Map to make connections?

- Yes
 No
 Other

website found at: <https://www.communityclinicalconnections.com/farm-to-ece/>

How many times have you contacted someone using information you obtained from the map on the website?

- 0
 1

Farm to School Grants

FY 2025 Patrick Leahy Farm to School Grant Program

- Multiple grants: Implementation Grant, Turnkey Grants
- Increase the availability of local foods in schools and connect students to the sources of their food
- More information: [Patrick Leahy Farm to School Grant Program website](#)
- **Close Date: January 10, 2025**

National Head Start Association

- GroMoreGood Garden Grants
- Supplement new or existing garden or outdoor greenspace projects
- More Information: [National Head Start Association Grant Information](#)
- **Close Date: January 30, 2025**





IN CLOSING

QUESTIONS & ANSWERS

- Please use the “QUESTIONS” pod to submit your questions.
- We will review what we have time for that pertains to the relevance of the group.
- Questions that apply to one specific Institution will be handled offline.

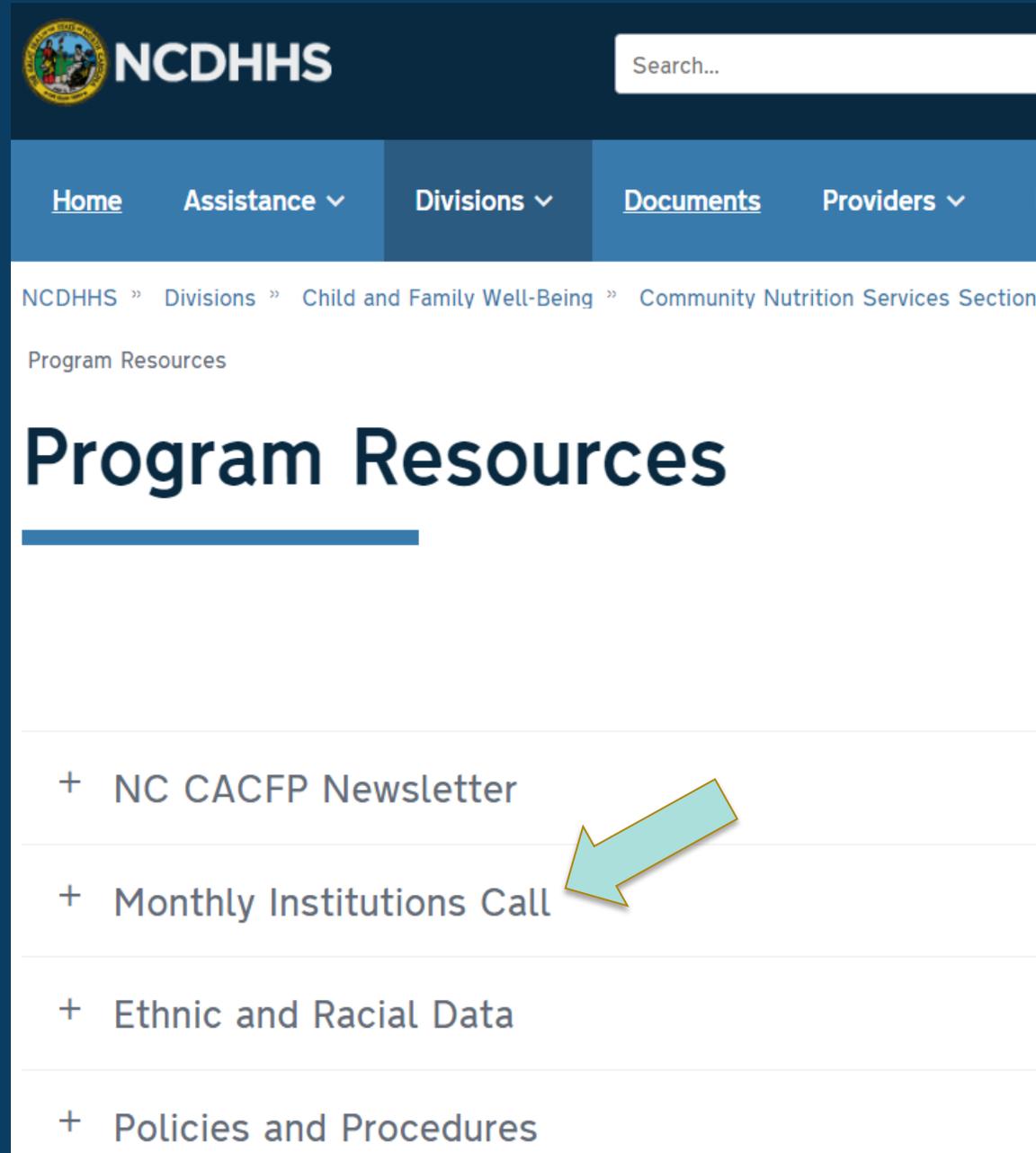


MONTHLY INSTITUTION CALLS

The PowerPoints for the
Institution calls are found on
our website:

[Program Resources Page](#)

Click on “Monthly Institutions
Call”



The screenshot shows the NCDHHS website interface. At the top left is the NCDHHS logo. To its right is a search bar with the text "Search...". Below the logo and search bar is a navigation menu with the following items: "Home", "Assistance" (with a dropdown arrow), "Divisions" (with a dropdown arrow), "Documents", and "Providers" (with a dropdown arrow). Below the navigation menu is a breadcrumb trail: "NCDHHS » Divisions » Child and Family Well-Being » Community Nutrition Services Section". Underneath the breadcrumb trail is the text "Program Resources". The main heading of the page is "Program Resources" in a large, bold, dark blue font, followed by a horizontal blue line. Below the heading is a list of resources, each preceded by a plus sign (+): "NC CACFP Newsletter", "Monthly Institutions Call", "Ethnic and Racial Data", and "Policies and Procedures". A teal arrow with a yellow outline points to the "Monthly Institutions Call" link.

EVALUATION SURVEY

Please complete an evaluation survey to share your feedback with us

1. Click on “EVALUATION SURVEY” below
2. Complete the survey questions
3. Click the blue “Submit” button



North Carolina CACFP Monthly Institution Call Evaluation Survey

Thank you for attending the **Monthly Institution Call** for the North Carolina Child and Adult Care Food Program. Please indicate your responses to the below questions.

We appreciate your feedback.

The objectives of the call were clearly defined. *

- Yes
 No (Please explain)

The objectives were met. *

- Yes
 No (Please explain)

Participation and interaction were encouraged. *

- Yes
 No (Please explain)



Thank you for your time!
Next call is on **Friday, February 7.**