

NCDHHS Division of Aging: CAREGIVER SUPPORTS

	Project C.A.R.E. (State Appropriation)	Family Caregiver Support Program (OAA – Title III E)	Lifespan Respite Vouchers (Time-limited federal grant)
Eligibility	Unpaid adult individuals caring for someone diagnosed with Alzheimer’s or related dementias who are not receiving care consultation from another funding source.	<ol style="list-style-type: none"> 1) Unpaid caregiver of any age providing care for an older adult age 60 or older or providing care for a person with Alzheimer’s disease or related brain disorder; or, 2) a caregiver (who is not the birth or adoptive parent), age 55 or older, raising a related child age 18 and under or an adult with a disability. 3) a caregiver who is the birth or adoptive parent, age 55 or older, caring for an adult with a disability.³ 	Unpaid adult caregivers of children and adults with a chronic condition, disability, or other special need. Caregivers may not/do not apply directly to the program. Applications must be submitted by a local community services agency or human services professional.
Services Offered	<ul style="list-style-type: none"> • Dementia-specific outreach and education • Information and referral/assistance • Care consultation 	<ul style="list-style-type: none"> • Delivery approaches vary by county • Outreach and caregiver education • Information and referral/assistance • Supplemental services (care recipient must meet OAA frail definition) 	Caregivers can purchase adult day care, summer camp, overnight respite in a facility or their own home, a licensed home care agency, a private individual, or a variety of other options and be reimbursed for services up to \$750 per calendar year.
Respite	Respite vouchers are available to care consultation participants, who need respite and are in need of financial assistance to pay for the respite. Up to three \$500 vouchers per state fiscal year. Caregiver is reimbursed for services received. There is a respite limit of \$2500 when combined with FCSP services per fiscal year. ²	Type(s) and amount of respite service vary by county; care recipient must meet OAA frail definition. ¹ There is a respite limit of \$2500 alone or combined with Project C.A.R.E. services per fiscal year. ²	Caregivers can receive a \$750 voucher once per calendar year. Priority is given to those who have not received publicly funded respite in the previous six months. Caregiver is reimbursed for services received.
How to Access	Project C.A.R.E. family consultants at www.ncdhhs.gov/assistance/adult-services/project-care	Area Agency on Aging (AAA) and contracted providers at www.ncdhhs.gov/divisions/aging-and-adult-services/adult-day-services/daas-area-agencies-aging	Applications submitted at www.highcountryaging.org/services/lifespan-respite-project by a human services professional.

¹ The Older Americans’ Act, Reauthorization of 2006, defines “frail” as a person aged 60 or over who is: a) unable to perform at least two (2) activities of daily living (ADL) without substantial human assistance, including verbal reminding, physical cueing or supervision, or, b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or another individual.

² NCDHHS DAAS Administrative Letter 12-07

³ NCDHHS DAAS Administrative Letter 19-05



Which program is the appropriate INITIAL referral for the family caregiver?

Does the care recipient have a diagnosis of Alzheimer's or other dementia(s)?

YES

NO

Would the unpaid adult caregiver benefit from receiving care consultation (coaching) to assist with challenging behaviors, coping strategies, dementia education, and information about community services and resources?

YES

NO

Refer to a **NC Project C.A.R.E.** family consultant at one of the six offices.

Is the care recipient at least 60 years of age or have a diagnosis of dementia but the caregiver does not want Project C.A.R.E.'s consultation services?

YES

NO

Refer to the **Family Caregiver Support Program** in one of the 16 Area Agency on Aging (AAA) Regions. Supports for the family caregiver will be dependent upon their needs, and available resources and supports in the area.

If the care recipient is neither at least age 60 or a person with dementia, **continue screening for appropriate referral**. If the unpaid caregiver is in need of respite and cannot pay privately, complete and submit the electronic **NC Lifespan Respite Voucher Application** to the High Country AAA.

