NC ITP Coaching and Natural Learning Environment Practices Toolkit

Summer 2021



North Carolina Infant-Toddler Program State Implementation Team (NC ITP SIT)



North Carolina Infant Toddler Program

Early Intervention Section Division of Child and Family Well-Being North Carolina Department of Health and Human Services 1916 Mail Service Center Raleigh, North Carolina 27699-1916

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Electronic versions of this tool kit are available from the following website: <u>https://beearly.nc.gov/index.php/providers/training</u>

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Preface (English)

Working Together to Support Children's Learning and Development

As a parent, you are the expert about your child and have the most impact on his/ her development. That is the foundation of the work we do in the

N.C. Infant-Toddler Program (ITP).

We provide services for your child in places and in ways that

your child and family typically spend time, such as in your home, at a childcare center or during mealtimes.

Professionals who work with the ITP through the Children's Developmental Services Agency (CDSA) will guide you on how

to use your family's everyday activities to help your child learn and develop through your interactions.

The CDSA staff and its providers use coaching to help you and other caregivers support your child's learning and development.

Æ Plan

At the beginning of each visit, you and your provider will talk about what has happened between visits. Let your provider know what you've tried and what has and hasn't worked for your family. Share anything that's new or that's changed with your child or your family's situation. On your first visit, you will develop a plan with your provider. You will review that plan and your family's progress during future visits.

🔊 Observe

Your provider may ask to watch how you and your child play and interact. Through this observation, the provider may ask to show you a new strategy to help support your child's development.

📌 Practice

Then it's your turn. Your provider may ask you to practice the strategies you've been shown. Together, you'll practice new ways to achieve the results you want for your child and your family using everyday routines and activities.

📌 Reflect

You and your provider will talk about the strategies you've tried during this visit. You'll discuss why you think the strategies did or didn't work. Together you'll build on this knowledge to achieve the outcomes you've set for your child and family.

🜔 Feedback

You'll receive feedback and information from your provider as you work together to identify the best strategies for your family.

🚝 Plan

At the end of your visit, your provider will help you develop your plan of what you'll try between visits. Then you'll schedule your next time together and talk about what you'll work on during that visit.



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Preface (Spanish)

Trabajamos juntos para fomentar el aprendizaje y el desarrollo de los niños

Usted, como madre o padre, es quien más conoce a su hijo/a y quien ejerce el mayor impacto en su desarrollo. Esta premisa es la base sobre la que se apoya nuestro trabajo en el Programa de Infantes-Niños Menores de Tres Años (ITP, por sus siglas en inglés) de Carolina del Norte.

Proporcionamos servicios que se adaptan a los lugares donde su hijo/a y su familia suelen pasar más tiempo, como en la casa o en la guardería, y que se ajustan a las rutinas, por ejemplo, durante las comidas.

Los profesionales que trabajan en el programa ITP a través de la Agencia de Servicios para el Desarrollo del Niño (CDSA, por sus siglas en inglés) le enseñarán a usar las actividades cotidianas de la familia para fomentar el aprendizaje y el desarrollo de su hijo/a a través de las

El personal de CDSA y sus proveedores dan orientación para ayudarle a usted y a otros cuidadores a fomentar el aprendizaje y el desarrollo de su hijo/a.

> NC DEPARTMENT OF HEALTH AND HUMAN SERVICES

듣 Planificación

Al comienzo de cada consulta, usted y su proveedor hablarán sobre las situaciones que se han presentado entre una consulta y otra. Hágale saber al proveedor qué estrategias ha intentado implementar, cuáles han funcionado y cuáles no con su familia. Comparta cualquier situación nueva o que haya cambiado con su hijo/a o su familia. En su primera consulta, desarrollará un plan con la ayuda del proveedor. Usted revisará ese plan y el progreso de su familia en las consultas posteriores.

🤌 Observación

Es posible que el proveedor le solicite que observe la forma en que usted y su hijo/a juegan e interactúan. A través de esta observación, el proveedor podrá mostrarle una nueva estrategia que contribuya al desarrollo de su hijo/a.

🧬 Práctica

Ahora es su turno. El proveedor le pedirá que practique las estrategias que le ha expuesto. Juntos practicarán otros métodos para lograr los resultados que desea para su hijo/a y su familia usando rutinas y actividades cotidianas.

🥐 Reflexión

Durante esta consulta, usted y el proveedor discutirán las estrategias que ha utilizado. Analizará por qué cree que las estrategias sirvieron o no. Juntos utilizarán esta información para hacer las modificaciones necesarias y alcanzar los resultados que ha establecido para su hijo/a y su familia.

🗘 Retroalimentación

Recibirá comentarios e información del proveedor durante el tiempo que trabajen juntos para identificar las mejores estrategias para su familia.

🚝 Planificación

Al final de la consulta, el proveedor le ayudará a desarrollar un plan de estrategias que usted deberá implementar entre una consulta y otra. Luego, programarán una próxima consulta y decidirán sobre los temas que tratarán en ella.



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CDSA Staff Instructions:

Using the NC ITP Coaching & NLEP Toolkit

CDSA Staff Coaching Training Process: Use this as a guide with your supervisor to identify your pathway to proficiency.

REQUIREMENTS FOR CDSA Staff

- 1. Initial Coaching Training (choose one):
 - a. **Complete all 3 FIPP webinars** (Sexton, Hansen, Shelden, & Rush, 2016a, b, c) with at least 80% proficiency (\$79.95 for access for one person for one full year) **OR**
 - b. **Read** *The Early Childhood Coaching Handbook, 2nd. Ed.* (Rush & Sheldon, 2020) (approximately \$34 on Amazon) and score at least 80% on quiz.
- 2. Putting It into Practice training: A 6-hour training that will build on the skills obtained from the webinars (Sexton, Hansen, Shelden, & Rush, 2016a, b, c) or from reading *The Early Childhood Coaching Handbook, 2nd Ed.* (Rush & Sheldon, 2020). This training will provide you the opportunity to practice coaching and receive valuable feedback. The training will also explore and discuss natural learning environment practices. This training will be offered at least quarterly in various locations throughout the state.
- 3. *Proficiency Tools:* Choose one or more of the following to achieve proficiency:
 - a. **Coaching Logs:** The Coaching Log is a tool that may be used to analyze a single coaching conversation by a person who is learning the coaching process and someone who has more experience coaching (i.e., a supervisor, mentor, or colleague) (Rush & Shelden, 2011).

AND/OR

- b. *Self-Assessment/ Observation Tools:* There are multiple tools to select from in order to complete either Self- Assessment or to use as an Observation Tool by an Approved Observer (see training process).
 - i. Coaching Proficiency Checklist
 - ii. Routines Based Intervention Action Checklist
 - iii. Self-Reflection Tool for Service Coordinators
 - iv. Fidelity in Practice for Early Intervention (FIPEI) (FIPP Training required for use)
 - v. Fidelity in Practice Mentor Coaching Tool (FIPP Training required for use)
- 4. *Handouts, Coaching Group Guides, and Video Resources:* This identifies helpful handouts and videos that can be used to familiarize staff with self- assessment/observation tools, along with the practices.

CDSA Community Provider Instructions: Using the NC ITP Coaching & NLEP Toolkit

CDSA Community Provider Coaching Training Process: Use this as a guide to identify your pathway to proficiency.

REQUIREMENTS FOR PROVIDERS

- 1. Initial Coaching Training (choose one):
 - a. **Complete all 3 FIPP webinars** (Sexton, Hansen, Shelden, & Rush, 2016a, b, c) with at least 80% proficiency (\$79.95 for access for one person for one full year)

OR

- b. **Read** *The Early Childhood Coaching Handbook, 2nd. Ed.* (Rush & Sheldon, 2020) (approximately \$34 on Amazon) and score at least 80% on quiz.
- c. Putting it into Practice training (No Cost): A 6-hour training that will build on the skills obtained from the webinars (Sexton, Hansen, Shelden, & Rush, 2016a, b, c) or from reading The Early Childhood Coaching Handbook, 2nd Ed. (Rush & Shelden, 2020). This training will provide you the opportunity to practice coaching and receive valuable feedback. The training will also explore and discuss natural learning environment practices. This training will be offered at least quarterly in various locations throughout the state.

OPTIONAL FOR PROVIDERS

- 2. Proficiency Tools
 - d. **Coaching Logs:** The Coaching Log is a tool that may be used to analyze a single coaching conversation by a person who is learning the coaching process and someone who has more experience coaching (i.e., a supervisor, mentor, or colleague) (Rush & Shelden, 2011).

AND/OR

- e. *Self- Assessment/ Observation Tools:* There are multiple tools to select from to complete either Self- Assessment or to use as an Observation Tool by an Approved Observer (see training process).
 - i. Coaching Proficiency Checklist
 - ii. Routines Based Intervention Action Checklist
 - iii. Self-Reflection Tool for Service Coordinators
 - iv. Fidelity in Practice for Early Intervention (FIPEI) (FIPP Training required for use)
 - v. Fidelity in Practice Mentor Coaching Tool (FIPP Training required for use)
- 3. *Handouts, Coaching Group Guides, and Video Resources:* This identifies helpful handouts and videos that can be used to familiarize staff with self- assessment/observation tools, along with the practices.

The Early Childhood Coaching Handbook, 2nd. Ed.

(Rush & Sheldon, 2020)

To complete **option 1b** on the Coaching Proficiency Checklist (see pages 1 & 2 of this Toolkit), please contact your CDSA Director for access to the Handbook. You may also choose to purchase your own copy, sold for approximately \$34 on Amazon.com.

To complete the Quiz, based on the Handbook, you may access the quiz at either the link or QR code below. You must score at least 80% on quiz.

Complete the Handbook Quiz:

https://earlyintervention.az1.qualtrics.com/jfe/form/SV_cvWIrq4Fk3bpRps



NC ITP Coaching & NLEP Toolkit Instructions References

- Rush, D. D. & Shelden, M. L. (2006). *Coaching practices rating scale for assessing adherence to evidencebased early childhood intervention practices. CASEtools 2(2), 1-7.* Available at https://fipp.ncdhhs.gov/wp-content/uploads/casetools_vol2_no2.pdf
- Rush, D. D. & Shelden, M. L. (2011). *The early childhood coaching handbook*. Baltimore, MD: Paul H. Brookes Publishing.
- Rush, D. D. & Shelden, M. L. (2020). *The* early *childhood coaching handbook, 2nd Ed.* Baltimore, MD: Paul H. Brookes Publishing.
- Sexton, S., Hansen, L., Shelden, M., & Rush, D. (2016a). *Coaching in early intervention*. Retrieved from <u>http://fippcase.learnpointlms.com</u>
- Sexton, S., Hansen, L, Shelden, M., & Rush, D. (2016b). *Natural learning environment practices*. Retrieved from <u>http://fippcase.learnpointlms.com</u>
- Sexton, S., Hansen, L., Shelden, M., & Rush, D. (2016c). *Family-centered practices*. Retrieved from http://fippcase.learnpointlms.com

North Carolina Infant Toddler Program

Coaching & Natural Learning Environments Practices: CDSA Staff Training Process



- When at least six logs are completed over six months staff will be eligible to pursue Master Coach Training.
- After one year, engage in ongoing coaching supports (see attached definition).

CDSA Staff

If completing the webinars, please submit the certificates of completion. If reading the handbook, please submit the completed quiz, found here: https://beearly.nc.gov/index.php/providers/training.

Putting it into Practice Training

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• All staff will take the basic 6-hour Putting It into Practice training. EISCs will also attend Resource Based Coaching Training.

Need Extra Support Beyond the Established Training Process?

- Contact AO to schedule coaching observations
- Meet one-on-one with an AO
- Observations of your coaching by AO with Proficiency tool and meet for feedback sessions

Ongoing Coach Supports

After the first year of proficiency, CDSAs and their Local Implementation Teams (LITs) will set guidelines for annual observation/ self- assessment. If at any time there are questions about overall quality of interactions, a staff member's supervisor and AO should work together with CDSA staff member to devise an individual plan.

Materials contained in the North Carolina Infant-Toddler Program Coaching/NLEP Toolkit Handouts, Coaching Group Guides, and Video Resources list should be used with coaching groups.

SAT = Self-Assessment Tool

AO = Approved Observer, please see attached definition

To qualify as an **Approved Observer**, you must be one of the following:

- 1. A Fidelity Coach
- 2. A Master Coach
- 3. A CDSA staff member or NCITP contracted provider who has completed:
 - Six logs or other self-assessment tools, and
 - At least one observation by an approved observer, and
 - Approval by CDSA Director or Designee

To maintain AO status, you must participate in ongoing meetings with peers, training to assure inter-rater reliability for proficiency tool, at least annual observation by peer AO utilizing proficiency tool with a staff member, and two to four self-assessment reviews per year.

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North Carolina Infant Toddler Program

Coaching & Natural Learning Environments Practices: Community Provider Training Process



- When at least six logs are completed over six months staff will be eligible to pursue Master Coach Training.
- After one year, engage in ongoing coaching supports (see attached definition).

Community Providers

Steps in **RED** are required of all individuals who are providing direct services to children enrolled in the NCITP. *If completing the webinars, please submit the certificates of completion. If reading the handbook, please submit the completed quiz (found here: https://beearly.nc.gov/index.php/providers/training) and let the CDSA know if ITF Certification credit is being requested.

Need Extra Support Beyond the Established Training Process?

- Contact AO to schedule coaching observations w/AO or other staff
- Meet one-on-one with an AO
- Observations of your coaching by AO with proficiency tool and meet for feedback sessions

Ongoing Coach Supports

After the first year of proficiency, CDSAs and their Local Implementation Teams (LITs) will set guidelines for annual observation/ self- assessment. If at any time there are questions about overall quality of interactions, the AO/Supervisor will work together with the direct service provider to devise an individual plan.

Materials contained in the North Carolina Infant-Toddler Program Coaching/NLEP Toolkit Handouts, Coaching Group Guides, and Video Resources list should be used with coaching groups.

SAT = Self-Assessment Tool

AO = Approved Observer, please see attached definition

To qualify as an Approved Observer, you must be one of the following:

- 1. A Fidelity Coach
- 2. A Master Coach
- 3. A CDSA staff member or NCITP contracted provider who has completed:
 - Six logs or other self-assessment tools, and
 - At least one observation by an approved observer, and
 - Approval by CDSA Director or Designee.

To maintain AO status, you must participate in ongoing meetings with peers, training to assure inter-rater reliability for fidelity tool, at least annual observation by peer AO utilizing fidelity tool with a staff member, and two to four self-assessment reviews per year.

Webinar Descriptions

Each module has been approved for **one credit hour toward NC Infant Toddler Family Certification**. To earn credit for completing each module, participants must pass a post-test with a score of **80%** or higher. If you are *unable to pass any posttest with two attempts*, contact your local CDSA Director for further instruction. A certificate of completion is accessible to the participation after successfully completing each module.

*Please contact FIPP technical support for any issues you may have while attempting to complete the FIPP webinars:

Amber Halliburton, Ed.D. FIPP.CASELMS@dhhs.nc.gov (828) 430-1197

Family, Infant and Preschool Program (FIPP) Webinar: Coaching in Early Intervention (Sexton, Hansen, Shelden, & Rush, 2016a)

You must complete the pre-test before launching this course.

This module is part of a series that has been developed to introduce you to the federal and state regulations that govern early intervention services as well as the evidence-based approach the Early Intervention Program uses to support children and families. In this module, you will examine the characteristics of coaching in natural learning environments. You will learn how to support understanding and use of a coaching interaction style.

Family, Infant and Preschool Program (FIPP) Webinar: Natural Learning Environment Practices (Sexton, Hansen, Shelden, & Rush, 2016b)

This course will examine the characteristics of providing early intervention in natural learning environments. The information and practitioners featured in this module also use a coaching interaction style. Natural learning environment practices along with a coaching interaction style provide the most effective early intervention experience to families. Throughout this module, you will explore ways to support the use of natural learning environment practices.

Family, Infant and Preschool Program (FIPP) Webinar: Family Centered Practices (Sexton, Hansen, Shelden, & Rush, 2016c)

In this module, you will examine the characteristics of family-centered help giving practices. Throughout this module, you will investigate ways to support team understanding and use of family-centered practices.

Coaching Proficiency Checklist

Provider's Name:	Observer's Name:	Date:	
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All the steps can occur multiple times during the session and do not need to occur in the same order.

I. Joint Planning

0: Not observed 1: Needs support 2: Yes	0	1	2	N/A
1. Did the provider ask the parent/caregiver to reflect on what happened related to the joint plan since the last visit (successes/				
challenges)?				
2. Did the provider confirm the planned activity for the session and proceed with that activity unless parent/ caregiver's priorities				
changed?				
3. Did the provider communicate respect by listening fully and supporting the family's priorities/decisions rather than telling them				
what to do?				
Comments:				

II. Observation

	0: Not observed 1: Needs support 2: Yes	0	1	2	N/A
4.	Did the provider observe the parent using strategies discussed in previous sessions, before helping the parent/caregiver generate				
	new strategies or providing feedback?				
5.	If needed, did the provider, with the parent/caregiver's permission, intentionally model a behavior or activity to determine what				
	might work or to help the parent/caregiver see what the provider is talking about?				
Сс	omments:		<u> </u>	I	

III. Action/Practice

	0: Not observed 1: Needs support 2: Yes	0	1	2	N/A
6. Di	id the provider use an agreed upon activity that is part of the family/caregiver's daily routines?				
7. Di	d the provider support the parent/caregiver in practicing, refining, and analyzing new or existing skills that occur during/				
be	etween sessions?				
8. Di	d the provider ask probing questions to examine the parent/caregiver's knowledge and abilities?				
9. Di	id the provider use toys and materials found in the home or community setting (with the exception of assistive technology)?				
10. Di	id the provider promote multiple opportunities for the parent/caregiver to practice strategies?				
11. Di	id the provider explore multiple activities (in addition to playtime on the floor) to engage the child and family?				
12. Di	id the provider help the parent/caregiver identify other routines/settings in which strategies could be practiced?				
Comm	nents:				

Which strategies did the provider use? (Mark all that apply)			
Modeling: Explanation or "talking through": Other:			
0: Not observed 1: Needs support 2: Yes	0	1	2 N/A
If the provider used intentional modeling, did he/she use all the steps for intentional modeling:			
13. After receiving parent permission to model, explained what would be modeled and why.			
14. Gave the parent/caregiver a job to do (watch for something specific, collect data, write down questions).			
15. Modeled the strategy/technique.			
16. Helped the parent/caregiver reflect on what worked, did not work, and how it matched what they might do.			
17. Invited the parent/caregiver to try the strategy/technique.			
18. Helped the parent/caregiver reflect on how it worked for them.			
19. Developed a plan with parent/caregiver on how to use the strategy/technique on own and explored times during the day that			
would work.			
For all strategies:			
If the parent/caregiver seemed reluctant to practice the strategy in front of the provider, did the provider:			
20. Offer encouragement?			
21. Offer alternative ways to practice the suggestion and still receive feedback (e.g., videotape or practice at the next visit)?			
Comments:			

IV. Feedback

0: Not observed 1: Needs support 2: Yes	0	1	2	N/A
22. Did the provider give a variety of feedback that affirmed the family's strengths and capacity to support their child's learning and				
development?				
23. Did the provider interact with the parent/caregiver in a nonjudgmental and constructive manner during the visit?				
24. If needed, did the provider share or prompt access to new information and resources discussed in today's visit?				
Comments:				

V. Reflection

0: Not observed 1: Needs support 2: Yes	0	1	2	N/A
25. Did the provider use a variety of open-ended questions with the parent/caregiver to encourage reflection on the strategy(s)				
discussed today?				
26. Did the provider check with family on how confident/comfortable they felt in implementing the strategy(s)?				
Comments:		· · · · ·		

VI. Joint Planning

0: Not observed 1: Needs support 2: Yes	0	1	2	N/A
27. Did the provider develop a plan with the parent/caregiver on what would happen until the next session, based on actions/ ideas				
discussed?			L	
28. Did the provider engage the parent/caregiver in planning the routine/activity setting to be addressed at the next session?				
Comments:				

Retrieved and Adapted from: <u>http://admin.abcsignup.com/files/%7B07D0901F-86B6-4CD0-B7A2-908BF5F49EB0%7D_59/Final_Coaching_Fidelity_Tool.pdf</u>

EISC Self-Reflection Tool

Person Completing the Checklist: I	Family Initials:	— Service Setting:			Date:
			YES	NO	Self-Reflection Notes
 SETTING THE STAGE FOR EARLY INTERVENTION: Gathers updates on child and family; listens and encourages caregiver feedback, reflection, and intervention 	 ✓ Reviewed the family's and follows up on refe 	priorities for early intervention rrals?			
 Shares information related to development and family interests—connects learning targets to functional outcomes and IFSP priorities to increase caregiver knowledge and resources. 	 ✓ Gathered updates on appointments, private 	outside services (e.g., doctor's therapy, etc.)?			
JOINT PLANNING:	✓ Referenced joint plan	from last session and used to			
Review previous plan.	check in/begin?				
 Plan for what you will do at the next visit. Agreement by the coach and caregiver on the actions they will take or the opportunities to practice between coaching visits. 	-	new concerns or questions cources, or family needs?			
	✓ Made a between-visit:	s joint plan with parent?			
OBSERVATION AND OPPORTUNITIES TO SUPPORT EARLY INTERVENTION PRACTICES: • Observes caregiver child interaction in routines – provides	-	v the provider supports his/her ponses, and encourages n solving?			
feedback and builds on the caregiver strengths and the child's development and learning related to EI.	✓ Assisted the family with	h identifying informal supports?			
 Asks the caregiver to describe how early intervention services are supporting their child's participation in family routines and activities and supports El plan. 	✓ Assisted the family with	h identifying formal supports?			
 PROBLEM SOLVING, REFLECTION, AND PLANNING: Follows up on family concerns by engaging in problem-solving discussions to build caregiver capacity and encourage decision-making. 	intervention strategie	ne caregiver about appropriate s to embed – coaches the -based interventions for routines?			
 Offers the caregiver a chance to ask questions about early intervention services, funding for services, and their rights. Helps families understand El funding, the role of Medicaid, private insurance, and any costs to the family. 	referrals, and transition	ssessments, IFSP reviews, on meetings as needed? on among team members?			
 Asks the caregiver what they are learning to do with their child, listens to response and encourages reflection and problem solving to build capacity. 	 Did the parent learn n confidence in accessir their child in everyday 	g resources and/or supporting			

Adapted from: Virginia Early Intervention Program N.C. ITP Coaching & NLEP Toolkit | 2021

Routines-Based Intervention Checklist

		YES	NO	Notes Date:
✓ Referenced joint plan f	rom last session and used to check in/begin?			
•				
 ✓ Observed the caregive session? 	r using strategies discussed at previous			
	-			
 ✓ Promoted multiple opp strategies. 	portunities for the caregiver to practice			
 ✓ Asked caregiver what of current practice)? 	lifferences they noted (previous practice vs.			
✓ Asked caregiver how the value of the v	ney felt implementing the strategy?			
	aregiver while practicing, by providing			
to support their child's				
	 Confirmed the planned that activity unless part that activity unless part of the caregiver session? If needed, and with perform activity for caregiver performs skills that occur during Helped the caregiver performs skills that occur during Used toys and material setting (except for assisting (except for assisting except for assisting	 Confirmed the planned activity for the session and proceeded with that activity unless parent/caregiver's priorities changed? Observed the caregiver using strategies discussed at previous session? If needed, and with permission, intentionally modeled a behavior or activity for caregiver? Helped the caregiver practice, refine, and analyze new or existing skills that occur during and between sessions. Used toys and materials in the caregiver home or community setting (except for assistive technology). Promoted multiple opportunities for the caregiver to practice strategies. Used open-ended questions to help the caregiver reflect on past and/or new strategies? Asked caregiver how they felt implementing the strategy? Verbally coached the caregiver while practicing, by providing informative feedback? Provided feedback that affirms the family's strengths and capacity to support their child's learning and development? 	 Confirmed the planned activity for the session and proceeded with that activity unless parent/caregiver's priorities changed? Observed the caregiver using strategies discussed at previous session? If needed, and with permission, intentionally modeled a behavior or activity for caregiver? Helped the caregiver practice, refine, and analyze new or existing skills that occur during and between sessions. Used toys and materials in the caregiver home or community setting (except for assistive technology). Promoted multiple opportunities for the caregiver to practice strategies. Used open-ended questions to help the caregiver reflect on past and/or new strategies? Asked caregiver what differences they noted (previous practice vs. current practice)? Asked caregiver how they felt implementing the strategy? Verbally coached the caregiver while practicing, by providing informative feedback? Provided feedback that affirms the family's strengths and capacity to support their child's learning and development? Made a plan for caregiver using strategies between visits? 	 Confirmed the planned activity for the session and proceeded with that activity unless parent/caregiver's priorities changed? Observed the caregiver using strategies discussed at previous session? If needed, and with permission, intentionally modeled a behavior or activity for caregiver practice, refine, and analyze new or existing skills that occur during and between sessions. Helped the caregiver practice, refine, and analyze new or existing skills that occur during and between sessions. Used toys and materials in the caregiver home or community setting (except for assistive technology). Promoted multiple opportunities for the caregiver to practice strategies. Used open-ended questions to help the caregiver reflect on past and/or new strategies? Asked caregiver what differences they noted (previous practice vs. current practice)? Asked caregiver how they felt implementing the strategy? Verbally coached the caregiver while practicing, by providing informative feedback? Provided feedback that affirms the family's strengths and capacity to support their child's learning and development? Made a plan for caregiver using strategies between visits?

Handouts, Coaching Group Guides, and Video Resources

- Agreed upon Mission and Key Principles for El Services in Natural Learning Environments: <u>https://ectacenter.org/~pdfs/topics/families/Finalmissionandprinciples3_11_08.pdf</u>
- Seven Key Principles--Looks Like/Doesn't Look Like: <u>https://ectacenter.org/~pdfs/topics/families/Principles_LooksLike_DoesntLookLike3_11_08.pdf</u>

FIPP Resources:

- Common Misperceptions about Coaching- Rush and Shelden <u>https://fipp.ncdhhs.gov/wp-</u> <u>content/uploads/caseinpoint_vol4_no1.pdf</u>
- Coaching Quick Reference Guide- Rush and Shelden <u>https://fipp.ncdhhs.gov/wp-content/uploads/briefcase vol1 no1.pdf</u>
- Tips and Techniques for Effective Coaching interactions <u>https://fipp.ncdhhs.gov/wp-content/uploads/briefcase_vol1_no2.pdf</u>
- Script for Explaining an Evidence Based EI Model <u>https://fipp.ncdhhs.gov/wp-content/uploads/briefcase_vol1_no3.pdf</u>
- A Framework for Reflective Questioning When Using a Coaching Interaction Style- Rush and Shelden https://fipp.ncdhhs.gov/wp-content/uploads/casetools_vol4_no1.pdf

The *Fidelity in Practice—Early Intervention* (FIP-EI) is a set of practice checklists along with guidance for determining the presence or absence of the practice indicators on each checklist. The *FIP-EI* includes practice indicators of key characteristics of multiple evidence-based practices including: (a) Coaching Practices, (b) Natural Learning Environment Practices, and (c) Family-Centered Practices. Each checklist includes 5-10 individual indicators that describe key aspects of each evidence-based practice area. This course consists of 12 asynchronous sessions that provide an overview of the tool and 10 practice opportunities to use the FIP-EI to evaluate a video observation of an early intervention visit. This course is intended for supervisors, team leaders, and technical assistance consultants. Certification in the FIP-EI qualifies the holder to use the FIP-EI to support the ongoing professional development of other early intervention practitioners. This course can be accessed at https://fippcase.learnpointlms.com/.

Head Start/ Early Head Start Coaching Corner series:

Early Childhood Learning and Knowledge Center (ECLKL) <u>https://eclkc.ohs.acf.hhs.gov/professional-</u> <u>development/article/coaching-corner-series</u>

VA El Professional Development Center:

Virginia's Coaching Facilitation Guide <u>https://www.veipd.org/main/pdf/coaching_fac_guide.pdf</u> Ongoing Support for Coaching & Natural Learning Environment Practices <u>https://www.veipd.org/main/pdf/guidance_fac_reflect_10.3.18.pdf</u>

Hartford Foundation Videos:

- Foundations of Coaching in Early Childhood: Partnering with Parents and Professionals <u>https://www.hfpg.org/our-approach/learning/early-childhood-investments/statewide-</u> collaborations/foundations-of-coaching-early-childhood
- Florida State University- Family Guided Routines Based Intervention Videos:

http://fgrbi.fsu.edu/video.html

- FSU & KU FACETS- 10 Step Program to Decrease Toy Bag Dependence http://www2.ku.edu/~facets/pdf/10stepprogram.pdf
- El Excellence Videos: <u>http://www.eiexcellence.org/resources/video-library/</u>
- El Excellence Discipline-Specific Resources:

Speech-Language Pathology:

- From Couching to Coaching The ASHA Leader
- Providing Early Intervention Services in Natural Environments The ASHA Leader
- <u>Roles and Responsibilities of Speech-Language Pathologist in Early Intervention: Position</u>
 <u>Statement</u> American Speech-Language-Hearing Association (ASHA)
- <u>Roles and Responsibilities of Speech-Language Pathologist in Early Intervention: Guidelines</u> American Speech-Language-Hearing Association (ASHA)

Occupational Therapy:

- <u>Coaching Model in Early Intervention: An Introduction American</u> Occupational Therapy Association (AOTA)
- <u>Key Principles in Early Intervention Practices in Natural Environments: A Crosswalk with</u> <u>Occupational Therapy Literature</u>
- <u>Supporting Children to Participate Successfully in Everyday Life by Using Sensory Processing</u> <u>Knowledge</u> Winnie Dunn, PhD, OTR, FAOTA

Physical Therapy:

- Early Intervention Physical Therapy: IDEA Part C American Physical Therapy Association (APTA)
- <u>Team-based Service Delivery Approaches in Pediatric Practice</u> American Physical Therapy Association (APTA)
- <u>Natural Environments in Early Intervention Services</u> American Physical Therapy Association (APTA)