

# Inclusion Connects: Community Living Guide Resource Directory



Resource Directory providing information on Housing, Funding, and Supports for people with Intellectual and Developmental Disabilities (I/DD) looking to live in the community.

**North Carolina Department of Health and Human Services (NCDHHS)**

**Division of Mental Health, Developmental Disabilities, and Substance Use Services**

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## Purpose of the Resource Directory

This guide connects people with I/DD to resources across North Carolina by offering contact information for housing, funding, and support, all in one place.

Highlights of the guide include:

- **Housing:** Contacts for immediate shelter, affordable and accessible housing, community housing options, and homeownership support.
- **Funding:** Information on financial help, NC Medicaid services, and area-specific funding, as well as support for housing expenses and legal services.
- **Supports:** 24/7 crisis services, home modifications, and resources related to food, transportation, employment, peer support, and caregiver assistance.

# User Guide

This guide is divided into three sections based on the type of resource offered. These include **1) housing**, **2) funding**, and **3) supports**.

To use this guide, read through the resources in each section, or use the table of contents on page 2 to go directly to the resource category you are most interested in. Each resource contains an image of that organization, contact information (website, email, contact form, and/or phone number),

**Users are encouraged to reach out to any resource they want to learn more about.**

Please use the contact information provided to do so. Also, visit the [Inclusion Connects website](#) to find webpage links to all the resources listed in this booklet.

# Housing Resources

## About this Section

In this section, users can find resources related to accessible and inclusive community-based housing options across North Carolina.

Types of resources include:

- Immediate shelter contacts
- Federal housing resources
- Affordable apartment communities
- Housing-related nonprofit organizations
- Housing search tools
- Community models in North Carolina specific to the I/DD population\*
- Housing term glossary and county profiles
- Homeownership resources and support
- Housing counselor contacts
- LME/MCO contacts

*\*Not state endorsed*



# NCDHHS

## NCDHHS Emergency Solutions Grant

Email: [chris.battle@dhhs.nc.gov](mailto:chris.battle@dhhs.nc.gov);  
[Lisa.Worth@dhhs.nc.gov](mailto:Lisa.Worth@dhhs.nc.gov); [alissa.pritchett@dhhs.nc.gov](mailto:alissa.pritchett@dhhs.nc.gov)

Priority Resources Provided: Housing, Supports,  
Funding

About: The North Carolina Emergency Solutions Grant Office is a grant funder for local government entities and non-profit organizations located across the state.

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NC COALITION <sup>to</sup> end  
HOMELESSNESS

## North Carolina Coalition to End Homelessness

Phone Number: 919-755-4393

Contact Form: [ncceh.org](http://ncceh.org)

Priority Resources Provided: Housing, Supports

About: NCCEH works at the local, state, and federal levels to ensure resources are available and accessible for North Carolinians who are most in need.

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## United States Department of Housing and Urban Development (HUD)

Website: <https://www.hud.gov>

Phone Number: 202-708-1112

Priority Resources Provided: Housing, Funding

About: HUD provides housing supports and uplifts communities through housing resources and assistance.



## DHIC

Phone Number: 919-832-4345

Email: [info@dhic.org](mailto:info@dhic.org)

Priority Resources Provided: Housing, Community Living Options, Supports

About: DHIC demonstrates the importance of connecting people with safe, affordable, and desirable homes in the Triangle region of North Carolina. DHIC provides homebuyer support and develops rental communities for families and individuals with limited incomes.



## United Way of North Carolina

Website: <https://nc211.org/>

Phone Number: 2-1-1

Priority Resources Provided: Housing, Community Living Options

About: United Way takes a comprehensive approach including but not limited to, strengthening local resilience and advancing health, youth opportunity, and financial security in our state. UWNC bridges and mobilizes people, local United Ways, and resources so individuals, families, and communities thrive in North Carolina.

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## DHSR Licensed Facilities

Website: <https://info.ncdhhs.gov/dhsr/>

Phone Number: 919-855- 3750

Priority Resources Provided: Housing, Community Living Options

About: NC Division of Health Service Regulation offers a list of licensed facilities by the type of service they provide their clients. This list may be updated at different times.

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### North Carolina Housing Search Tool

Website: <http://www.nchousingsearch.org/>

Phone Number: 1-877-428-8844

Priority Resources Provided: Housing, Community Living Options, Supportive Living Options, Independent Living Options, Supports

About: List and search North Carolina housing to fit your needs and budget, from market-rate to affordable rentals, accessible units, housing for seniors and veterans, and more! This service is free and easy to use.

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### Affordable Housing Online

Website: <https://affordablehousingonline.com/housing-search/North-Carolina>

Priority Resources Provided: Housing

About: Low-income apartments and rental assistance options in North Carolina – including subsidized, public, senior, HUD, and other government housing programs.

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## Multifamily Housing Property Search Page

Website:

[https://www.hud.gov/program\\_offices/housing/mfh/hsgrent/mfhpropertysearch](https://www.hud.gov/program_offices/housing/mfh/hsgrent/mfhpropertysearch)

Phone Number: 202-708-1112

Priority Resources Provided: Housing

About: If you are looking for an apartment, you can search here for FHA-insured or Multifamily Assisted properties.

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## HOPE North Carolina

Website: <https://www.hopenorthcarolina.org/>

Phone Number: 919-883-9290

Priority Resources Provided: Housing, Grassroots Housing Options, Community Living Options, Supports

About: HOPE creates communities where neighbors support one another and where there are integrated support systems allows for more effective connection.

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# PEACEHAVEN

*Let's Be Different Together.*

## Peacehaven Community Farm

Phone Number: 336-449-9900

Email: [hello@peacehavenfarm.org](mailto:hello@peacehavenfarm.org)

Priority Resources Provided: Housing, Grassroots Housing Options, Supportive Living Options, Supports

About: Founded in 2007 to serve adults with intellectual and/or developmental disabilities (I/DD), today Peacehaven reaches people of all ages and abilities with programs and resources for anyone who believes in the dignity and perspective of everyone.

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## My Forever Home

Email: [myforeverhomenc@gmail.com](mailto:myforeverhomenc@gmail.com)

Priority Resources Provided: Housing, Grassroots Housing Options, Independent Living Options, Supports

About: My Forever Home facilitates adults with disabilities in transitioning to independent living by collaborating with housing developers to establish homes in new or existing neighborhoods

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## The G House

Email: [home@theghouse.org](mailto:home@theghouse.org)

Phone Number(s): 910-528-8116 or 910-528-1851

Priority Resources Provided: Housing, Grassroots Housing Options, Supportive Living Options, Supports

About: A private home in Chapel Hill, NC, with spaces for shared gatherings, recreation, relaxation, and indoor & outdoor enjoyment for young adults with seeking more independence.

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## The Arc of North Carolina

Website: <https://www.arcnc.org/>

Phone Number: 336-373-4404

Priority Resources Provided: Funding, Housing, Community Living Options, Supports

About: The Arc of North Carolina is committed to securing for all people with I/DD the opportunity to choose and realize their goals of where and how they learn, live, work and play.

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## Julia's Community- Julia's Friendship House

Email: [join@julias.community](mailto:join@julias.community)

Phone Number: 704-241-6882

Priority Resources Provided: Housing, Grassroots Housing Options, Supportive Living Options

About: Julia's Friendship House provides adults with IDD an opportunity to live interdependently in a community that houses both able and disabled residents. The Friendship House residents are comprised equally of one-third IDD adults, one-third graduate students, and one-third senior citizens.

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Midtown Housing Coalition  
Creating an Intentional Community

## Midtown Housing Coalition

Email: [info@MidtownHousingCoalition.org](mailto:info@MidtownHousingCoalition.org)

Priority Resources Provided: Housing, Grassroots Housing Options, Independent Living Options

About: Midtown works to build an affordable, inclusive community of tiny homes where people with disabilities can live in a safe and supportive environment.

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## L'Arche North Carolina

Phone Number: 919-451-3181

Email: [info@larchenc.org](mailto:info@larchenc.org)

Priority Resources Provided: Housing, Grassroots Housing Options, Community Living Options, Supports

About: L'Arche North Carolina is an inclusive community in formation where adults with and without intellectual disabilities share life and friendships. L'Arche seeks to transform lives and model a more human society where everyone is of equal value.

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## **Indie Tree**

Phone Number: 803-917-6863

Priority Resources Provided: Housing, Grassroots Housing Options, Community Living Options, Supports

About: At IndieTree, residents will live independently yet connected to each other in a truly remarkable setting. All within the greater Charlotte community of which they are an integral part of the whole.

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## Amongst Friends

Contact Form:

<https://www.amongstfriendscharlottenc.org/contact>

Priority Resources Provided: Housing, Grassroots Housing Options, Community Living Options, Supports

About: Amongst Friends is committed to empowering individuals with intellectual disabilities, mental health challenges, homelessness, and other barriers to lead self-determined lives and reach their fullest potential.

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## WeBUILT Community

Website: <https://www.webuilt.live/>

Contact Form: <https://webuilt.info/contact/>

Priority Resources Provided: Housing, Grassroots Housing Options, Independent Living Options, Supports

About: WeBUILT believes that every person deserves to live at their highest level of independence within a community setting. To achieve this WeBUILT focuses on meeting sensory and individual specific needs.

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## Grosvenor Gardens

Phone Number: 919-754-9960

Priority Resources Provided: Housing, Grassroots Housing Options, Independent Living Options

About: Downtown Raleigh apartments acquired by CASA as affordable, accessible, and long-term housing.



# NCDHHS

## Permanent Supportive Housing: The Targeting Program

Email: [SVC.NCHousingQA@dhhs.nc.gov](mailto:SVC.NCHousingQA@dhhs.nc.gov)

Priority Resources Provided: Supports, Funding, Housing, Supportive Living Options, Independent Living Options

About: The Targeting Program serves to support these individuals by providing access to affordable housing and helping to maintain affordable housing.

Targeted Units are integrated in newly constructed or rehabilitated Low Income Housing Tax Credits rental properties across the State.



## DIOCESE OF CHARLOTTE

### Housing Ministry – Diocese of Charlotte

Website: <https://charlottediocese.org/offices/housing-ministry/>

Phone Number: 704-370-6299

Priority Resources Provided: Housing

About: The Catholic Diocese of Charlotte Housing Ministry is an outreach of the diocese that has provided affordable housing for people and individuals with I/DD in need in the Charlotte area.



### North Carolina Housing Coalition County Profiles

Website: <https://nchousing.org/county-fact-sheets/>

Priority Resources Provided: Housing

About: The NC Housing Coalition's County Profiles provide a snapshot of housing needs for each of North Carolina's 100 counties.





## Acute and Home Care Licensure and Certification Section

Website: <https://info.ncdhhs.gov/dhsr/ahc/homecare.html>

Priority Resources Provided: Housing

About: Resources on this page provides links to applicable rules and regulations, relevant forms for licensees and applicants and steps that must be followed to obtain a license for a home care agency in North Carolina.

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## Housing for Seniors and Persons with Disabilities

Website:

[https://www.hud.gov/program\\_offices/housing/mfh/housing\\_for\\_seniors\\_and\\_persons\\_with\\_disabilities](https://www.hud.gov/program_offices/housing/mfh/housing_for_seniors_and_persons_with_disabilities)

Priority Resources Provided: Housing

About: The Section 811 Supportive Housing for Persons with Disabilities, and Section 202 Supportive Housing for the Elderly programs provide funding to develop and subsidize rental housing for low-income adults with disabilities and residents 62 years of age or older.

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## HUD Homeownership Resources

Website:

[https://www.hud.gov/states/north\\_carolina/homeownership](https://www.hud.gov/states/north_carolina/homeownership)

Priority Resources Provided: Housing

About: Are you having trouble keeping up with your mortgage payments? Have you received a notice from your lender asking you to contact them? There are steps you can take which may help you keep your home.

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## Find a Housing Counselor

Website: <https://www.nchfa.com/home-buyers/find-housing-counselor>

Priority Resources Provided: Housing

About: If you are buying a home, a housing counselor can be invaluable in helping you navigate the home buying process and avoid making mistakes, particularly if you are a first-time buyer.

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## Homeownership Programs for Individuals with I/DD

Website: <https://www.moneygeek.com>

Priority Resources Provided: Housing, Supports

About: Having a safe and accessible place to live has benefits that extend to all areas of a person's life. Programs are available to help people with disabilities achieve the dream of homeownership.

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## Glossary of Housing Terms

Website: <https://www.ncceh.org/>

Priority Resources Provided: Housing

About: The purpose of this Glossary is to facilitate a common language within HUD and the larger community of urban planners and developers, housing advocates, architects, builders, government officials, researchers, and students.

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# Funding Resources

## About this Section

In this section, users can find resources related to funding and financial assistance options available for people with I/DD.

Types of resources include:

- Funding specific to Tailored Plans
- Financial Assistance Options
- Voucher programs
- NC Medicaid programs
- Community housing grants
- Resources for Housing Developers



### Vaya Health Housing Initiatives

Website: <https://www.vayahealth.com/benefits-services/housing-initiatives/>

Phone Number: 1-800-893-6246, ext. 4560

Priority Resources Provided: Housing, Community Living Options, Independent Living Options, Funding, Rent and/or Utilities Assistance

About: Vaya Health's Housing Team focuses on improving quality of life for eligible individuals who qualify for specialty programs.



### Vaya Health Permanent Supportive Housing Rental Assistance Program

Phone Number: 2-1-1 or 1-800-962-9003, ext. 4560

Email: [housingteam@vayahealth.com](mailto:housingteam@vayahealth.com)

Priority Resources Provided: Funding, Rent and/or Utilities Assistance, Housing, Supportive Living Options

About: Vaya Health's Permanent Supportive Housing (PSH) finds housing for people with a disability who are experiencing homelessness. PSH pays your rent and helps you stay in your home for good.



### Alliance Health Independent Living Initiative Program

Website:

<https://www.alliancehealthplan.org/programs/housing/independent-living-initiative/>

Phone Number: 800-510-9132

Priority Resources Provided: Funding, Housing, Independent Living Options

About: This program is a short-term and one-time assistance program for adult consumers and children receiving enhanced benefits services through Alliance Health.



### Trillium Health Housing Advocacy

Phone Number: 1-877-685-2415

Priority Resources Provided: Funding, Rent and/or Utilities Assistance, Housing, Community Living Options

About: Trillium believes safe and affordable housing, is important to health and well-being. We work in our communities in North Carolina to link people to the services and supports they need to support their health, independent living, and recovery goals.



## Trillium Health Choose Independence Program

Phone Number: 1-877-685-2415

Email: [ChooseIndependence@TrilliumNC.org](mailto:ChooseIndependence@TrilliumNC.org)

Priority Resources Provided: Funding, Supports, Housing

About: Trillium Choose Independence program offers eligible individuals and families the chance to buy equipment, supplies, and services that support living at home, decrease the need for constant supervision, and increase long-term success in living as independently as possible.

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## Partners Health Management Housing Resources

Email: [housing@partnersbhm.org](mailto:housing@partnersbhm.org)

Priority Resources Provided: Housing, Community Living Options, Supports, Funding

About: Partners' Housing Coordinators serve on, facilitate, and support community groups, boards, councils and organizations that share Partners' goal of welcoming people with disabilities into the community.

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## Mainstream Voucher Program

Contact your LME/MCO or Public Housing Authority

Priority Resources Provided: Funding, Voucher Program

About: Mainstream vouchers assist non-elderly persons with disabilities. Aside from serving a special population, Mainstream vouchers are administered using the same rules as other housing choice vouchers.



## Section 8 Housing Choice Voucher Program

Contact your LME/MCO or Public Housing Authority

Priority Resources Provided: Funding, Voucher Program

About: The housing choice voucher program is the federal government's major program for assisting very low-income families, the elderly, and the disabled to afford decent, safe, and sanitary housing in the private market.





## Emergency Housing Voucher Program

Contact your LME/MCO or Public Housing Authority

Priority Resources Provided: Funding, Voucher Program

About: The Emergency Housing Voucher (EHV) program is available through the American Rescue Plan and assists individuals and families who are homeless, at-risk of homelessness, fleeing, or attempting to flee, domestic violence, dating violence, sexual assault, stalking, or human trafficking, or were recently homeless or have a high risk of housing instability.

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## Public Housing Authority (PHA) Contacts by County

Website:

[https://www.hud.gov/sites/dfiles/PIH/documents/PHA\\_Contact\\_Report\\_NC.pdf](https://www.hud.gov/sites/dfiles/PIH/documents/PHA_Contact_Report_NC.pdf)

Priority Resources Provided: Funding, Housing

About: Find Public Housing Authority contact information by city and type of funding assistance available.

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## NC Medicaid's 1915(i) Services

Website: <https://medicaid.ncdhhs.gov/beneficiaries/1915i>

Phone Number: Contact your LME/MCO or call 1-833-870-5500

Priority Resources Provided: Funding, Supports

About: 1915(i) services are for people with serious mental illness, severe substance use disorders, traumatic brain injuries or intellectual/developmental disabilities. 1915(i) can help you or a loved one live at home, find a job, learn skills to participate in the community, recover from substance use disorder and more.

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## NC Innovations Waiver

Website:

<https://medicaid.ncdhhs.gov/providers/programs-and-services/behavioral-health-idd/nc-innovations-waiver>

Phone Number: Contact your LME/MCO or 919-855-4000

Priority Resources Provided: Funding, Supports

About: The NC Innovations Waiver is a federally approved 1915(c) Medicaid Home and Community-Based Services (HCBS) Waiver designed to meet the needs of individuals with I/DD who prefer to get long term care services and supports in their home or community, rather than in an institutional setting.

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# NCDHHS

## NC Medicaid

### Division of Health Benefits

#### North Carolina Medicaid

Website: <https://medicaid.ncdhhs.gov>

Phone Number: 888-245-0179

Priority Resources Provided: Funding

About: NC Medicaid pays for doctor visits, yearly check-ups, emergency care, dental care, mental health and more – at little or no cost to you. Please check the website for eligibility information.



#### North Carolina Housing Opportunities and Prevention of Evictions (HOPE)

Phone Number: 833-275-7262

Email: [Ask-RBNC@rebuild.nc.gov](mailto:Ask-RBNC@rebuild.nc.gov)

Priority Resources Provided: Funding, Rent and/or Utilities Assistance

About: The HOPE Program will pay the monthly rent you owe to your landlord, up to 130% of the fair market rent for a two-bedroom unit in your county. Please contact HOPE for eligibility information.



## North Carolina Housing Finance Agency

Website: <https://www.nchfa.com/>

Phone Number: 919-877-5700

Priority Resources Provided: Funding, Housing, Supports, Social Determinants of Health

About: The North Carolina Housing Finance Agency is a self-supporting public agency that provides safe, affordable housing opportunities to enhance the quality of life of North Carolinians.



## Housing Grants for People with Disabilities

Website: <https://themortgagereports.com/>

Priority Resources Provided: Funding, Supports

About: Mortgage lenders can connect you with home loans for people on disability and home grants for disabled which can help you become a homeowner.



## Low Income Housing Tax Credit – For Developers

Phone Number: 919-877-5700

Priority Resources Provided: Funding

About: Developers seeking an allocation of federal Low-Income Housing Tax Credits must apply for each rental property to be considered during the single competitive annual cycle. To be eligible for the tax credits, owners agree to keep rents affordable for a period between 15 and 30 years for families and individuals with incomes at or below 80% of the local median income.



## Becoming a Section 8 Landlord

Website:

[https://www.hud.gov/program\\_offices/public\\_indian\\_housing/programs/hcv/landlord](https://www.hud.gov/program_offices/public_indian_housing/programs/hcv/landlord)

Email: [HCVLandlordSupport@hud.gov](mailto:HCVLandlordSupport@hud.gov)

Priority Resources Provided: Funding, Housing

About: By partnering with the Housing Choice Voucher (HCV) program, landlords enable over 2.3 million American families to access affordable housing opportunities nationwide.



### [North Carolina Housing Finance Agency- Rental Developers Site](#)

Phone Number: 919-877-5700

Priority Resources Provided: Funding, Housing

About: The North Carolina Housing Finance Agency offers financial programs that help you develop affordable rental housing projects across the state of North Carolina. Federal housing tax credits, low-interest loans and tax-exempt bond allocations are awarded annually through a competitive application process.

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### [North Carolina Housing Finance Agency - Supportive Housing Development](#)

Email: [SHDevelopment@nchfa.com](mailto:SHDevelopment@nchfa.com)

Priority Resources Provided: Funding

About: Financing is only available for acquisition, rehabilitation, and/or new construction of developments serving populations of homeless or non-homeless households with special needs, including people with mental, physical or developmental disabilities.

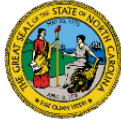
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## About this Section

In this section, users can find resources and supports related to successful and healthy community living.

Types of resources include:

- Crisis services available 24/7
- Hurricane and natural disaster services and resources
- Accessibility modifications and technologies
- Food and nutrition support
- Transportation support
- Caregiver and social/peer support
- Employment support
- Non-profits and resource lists
- Housing education
- Member and provider portals for Tailored Plans
- Legal services and advocacy



# NCDHHS

## Weathering the Storm NCDHHS

Website: <https://www.ncdhhs.gov/>

Priority Resources Provided: Supports

About: In a disaster, there is no right or wrong way to feel. Having the resources to prepare, respond, and recover from a disaster is important. It is important to find healthy ways to help weather the storm and cope during these difficult situations.

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## DisasterAssistance.gov

### FEMA Disaster Assistance

Website: <https://www.disasterassistance.gov/>

Phone Number: 1-800-621-3362

Priority Resources Provided: Supports

About: The Disaster Assistance Improvement Program's (DAIP) mission is to provide disaster survivors with information, support, services, and a means to access and apply for disaster assistance through joint data-sharing efforts between federal, tribal, state, local, and private sector partners.

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## **Disability and Disaster Hotline**

Phone Number: 800-626-4959

Email: [hotline@disasterstrategies.org](mailto:hotline@disasterstrategies.org)

Priority Resources Provided: Supports

About: If you are impacted by Hurricane Helene and need help, call or text The Disability and Disaster Hotline at the above number.

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## **ReadyNC**

Phone Number: 919-825-2500

Priority Resources Provided: Supports

About: ReadyNC provides emergency information related to current weather conditions, evacuation orders, evacuation routes, road conditions, power outages, shelters, disaster assistance, nuclear emergencies, and hurricane guides.

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## North Carolina Department of Public Safety

Phone Number: 919-710-8885

Email Form: <https://www.ncdps.gov/contact/send-email>

Priority Resources Provided: Supports

About: The purpose of this site is to provide information and resources to North Carolina residents and visitors who were impacted by Hurricane Helene. Additional information will be posted as it becomes available.

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## Vaya Health Hurricane Helene Resources

Website: <https://www.vayahealth.com/helene-recovery/>

Phone Number: 1-800-849-6127 (crisis line)

Priority Resources Provided: Supports

About: Vaya Health offers multiple behavioral health resources for members with mental health, substance use, intellectual/developmental disability, and traumatic brain injury needs

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## Partners Health Hurricane Helene Resources

Website: <https://www.partnersbhm.org/hurricane-helene/>

Phone Number: 1-888-235-4673

Priority Resources Provided: Supports

About: Partners staff members live and work in the communities we serve and some that were the most affected by the storm. We are staffed and ready to provide support to our members and residents in our counties. We have established this page as an ongoing site for resources for people who need help and those who want to help others.



# NCDHHS

## **Peer Warmline**

Phone Number: 1-855-PEERS NC (1-855-733-7762)

Priority Resources Provided: Supports

About: The North Carolina Department of Health and Human Services is launching a new Statewide Peer Warmline on Feb. 20, 2024. The new Peer Warmline will work in tandem with the North Carolina 988 Suicide and Crisis Lifeline by giving callers the option to speak with a Peer Support Specialist.



## Promise Resource Network

Phone Number: 704-390-7709

Priority Resources Provided: Supports

About: Promise Resource Network offers trauma-informed peer support, recovery education, supported employment, housing support, integrated care, criminal justice, and several other supportive resources and services.

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## WNC Recovery

Website: <https://www.wncrecovery.nc.gov/>

Phone Number: 844-746-2326

Email: [wncrecovery@nc.gov](mailto:wncrecovery@nc.gov)

Priority Resources Provided: Supports

About: Our office is committed to continuing to push forward on progress and advocating for funding to bring relief to people in western North Carolina. We recommit efforts to never forget the 106 lives lost and extend gratitude to the many people whose contributions have helped North Carolina achieve important recovery milestones.

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## North Carolina Housing Finance Agency- Home Modifications

Phone Number: 919-877-5700

Priority Resources Provided: Supports, Technology

About: If you are elderly or have special needs and your income is low, you may be eligible for urgent repairs, comprehensive rehabilitation or accessibility modifications on your home. The North Carolina Housing Finance Agency provides financing to local government and nonprofit partners that may help you.



# NCDHHS

## Independent Living and Rehabilitation Program

Phone Number: 919-855-3500

Priority Resources Provided: Supports, Housing, Independent Living Options

About: Independent living programs support community living and independence for people with disabilities based on the belief that all people can live with dignity, make their own choices, and participate fully in society. The IL program provides person-centered services, tools, resources, and supports that help eligible individuals achieve their goals for more independent living.



# NCDHHS

## North Carolina Assistive Technology Program

Website: <https://www.ncdhhs.gov/divisions/eipd/north-carolina-assistive-technology-program>

Phone Number: 919-855-3500

Priority Resources Provided: Supports, Technology

About: The North Carolina Assistive Technology Program (NCATP) is a state and federally funded program that provides assistive technology services statewide to people of all ages and abilities.



## LME/MCO Directory

Website: <https://www.ncdhhs.gov/providers/lme-mco-directory>

Priority Resources Provided: Supports, Housing, Funding

About: LME/MCOs, or Local Management Entity/Managed Care Organizations, are companies that manage NC Medicaid Tailored Plans, coordinate certain services for NC Medicaid Direct beneficiaries, and coordinate certain services for EBCI Tribal Option members.



## Meals on Wheels North Carolina

Website: [mowanc.org](http://mowanc.org)

Phone Number: 704-932-3412

Priority Resources Provided: Supports

About: Meals On Wheels North Carolina (MOWNC) is a non-profit statewide network of senior nutrition providers allied in passion to end senior hunger, in partnership with Meals On Wheels America. (MOWA)



# NCDHHS

## Food and Nutrition Services

Website: <https://www.ncdhhs.gov/divisions/child-and-family-well-being/food-and-nutrition-services-food-stamps>

Phone Number: 1-866-719-0141

Priority Resources Provided: Supports

About: Food and Nutrition Services (FNS, also known as Food Stamps) is a program that helps eligible people with limited incomes supplement their budgets so they can purchase food. Check with website for eligibility information.



# NCDHHS

## NCDHHS Transportation Services

Website:

<https://www.ncdhhs.gov/divisions/aging/transportation-services>

Phone Number: 919-855-3400

Priority Resources Provided: Supports

About: Transportation services provide travel to and/or from community resources providing needed services or carrying out activities of daily living. There are two categories of transportation services: general and medical. An agency may provide general or medical or both. Eligibility: Individuals who are 60 years of age or older.

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## findhelp

## FindHelp

Website: <https://findhelp.org/>

Priority Resources Provided: Supports

About: Search and connect to support. Financial assistance, food pantries, medical care, and other free or reduced-cost help starts here.

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## NORTH CAROLINA Department of Transportation

### [NCDOT On-Demand Microtransit Services](#)

Website: <https://www.ncdot.gov/divisions/integrated-mobility/public-transit-services/on-demand-microtransit/Pages/default.aspx>

Priority Resources Provided: Supports

About: On-demand microtransit is an emerging service option for public transit agencies utilizing an on-demand transportation solution that is flexible and responsive to the real-time needs of transit riders.



### **ADA Paratransit Services**

Priority Resources Provided: Supports

Available in cities across North Carolina

Charlotte: <https://www.charlottenc.gov/CATS/Ride/STS>

Greensboro: <https://www.greensboro-nc.gov/departments/transit/access-gso-and-i-ride-paratransit-services>

Raleigh: <https://raleighnc.gov/go-raleigh-access>

Wilmington: <https://www.wavetransit.com/dart/>

Winston-Salem: <https://www.wstransit.com/transaid>

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## Community Bridges I/DD Peer Mentoring

Email: [Connect@communitybridges.com](mailto:Connect@communitybridges.com)

Priority Resources Provided: Supports

About: At Community Bridges, we believe in the potential of the transformative power of peer support for individuals with intellectual and developmental disabilities (IDD). I/DD Peer Mentors can help empower, support, and inspire individuals with IDD to lead fulfilling, self-determined lives within their communities.

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## L'Arche North Carolina

Phone Number: 919-451-3181

Email: [info@larchenc.org](mailto:info@larchenc.org)

Priority Resources Provided: Housing, Grassroots Housing Options, Community Living Options, Supports

About: L'Arche North Carolina is an inclusive community in formation where adults with and without intellectual disabilities share life and friendships. L'Arche seeks to transform lives and model a more human society where everyone is of equal value.

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## The Arc of North Carolina

Website: <https://www.arcnc.org/>

Phone Number: 336-373-4404

Priority Resources Provided: Funding, Housing, Community Living Options, Supports

About: The Arc of North Carolina is committed to securing for all people with intellectual and developmental disabilities the opportunity to choose and realize their goals of where and how they learn, live, work and play.



# NCDHHS

## Family Caregiver Support Program

Website: <https://www.ncdhhs.gov/divisions/aging/family-caregiver-support-program>

Phone Number: 919-855-3400

Priority Resources Provided: Supports

About: This program offers a range of services to support family and informal caregivers to care for their loved ones at home for as long as possible. This program does not pay caregivers to provide continuous care for their loved ones.



## Centers for Independent Living

Website: <https://nc-silc.org/>

Phone Number: 919-833-1117 984-480-6328

Priority Resources Provided: Supports, Social Determinants of Health, Housing, Independent Living Options

About: Centers for Independent Living are non-residential, community-based organizations, governed and staffed by people with disabilities, that offer a wide variety of services to consumers with disabilities and those who support them.



## First in Families North Carolina

Phone Number: 919-251-8368

Email: [info@fifnc.org](mailto:info@fifnc.org)

Priority Resources Provided: Supports

About: We are a catalyst for individuals and families in North Carolina to meet self-determined wellness goals, by leveraging relationships and resources, and encouraging reciprocity in their communities.

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# NCCARE360

## NCCARE 360

Email: [connect@nccare360.org](mailto:connect@nccare360.org)

Contact Form: <https://nccare360.org/request-assistance/>

Priority Resource Provided: Funding, Supports

About: NCCARE360 is the first statewide coordinated care network that better connects individuals to local services and resources. NCCARE360 provides a solution to a fragmented health and human services system by connecting providers and organizations across sectors in a shared technology network.



## Brain Injury Association of North Carolina

Website: <https://www.bianc.net/>

Phone Number: 919-833-9634 or 800-377-1464

Email: [bianc@bianc.org](mailto:bianc@bianc.org)

Priority Resources Provided: Supports

About: The Brain Injury Association of North Carolina's mission is to offer help, hope, and a voice for persons living with brain injury and their families.



## Autism Society of North Carolina

Website: <https://www.autismsociety-nc.org/>

Phone Number: 800-442-2762

Priority Resources Provided: Supports

About: The Autism Society of North Carolina improves the lives of individuals with autism, supports their families, and educates communities.

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## UNC TEACCH Autism Program

Website: <https://teacch.com/>

Phone Number: 919-966-2174

Priority Resources Provided: Supports

About: The University of North Carolina TEACCH Autism Program is a University-based system of community regional centers that offer a set of core services along with unique demonstration programs meeting the clinical, training, and research needs of autistic individuals, their families, and professionals across North Carolina.

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# NCDHHS

## Inclusion Works

Website: <https://www.ncdhhs.gov/about/department-initiatives/inclusion-works>

Phone Number: 1-800-662-7030

Priority Resources Provided: Supports

About: Everyone has a right to work in an integrated setting for fair pay if that is their choice. **Inclusion Works** offers services and support to help individuals with I/DD find and maintain jobs in the community at competitive wages.

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## NCWorks

Website: <https://www.ncworks.gov/>

Phone Number: 1-855-629-6757

Priority Resources Provided: Supports

About: Search for jobs in your area, find a career center near you, access job search and resume resources, and find job fairs information.

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## Work Together NC

*Possibility to Opportunity*

### Work Together NC

Website: <https://worktogethernc.com/>

Priority Resources Provided: Supports

About: The goal of Work Together NC is to help individuals find the community supports they need to transition and thrive as adults. This might include finding a job or a place to volunteer, postsecondary education, housing, social and recreational opportunities, and more.



### Wilkes ADAP Program, Inc.

Website: <http://www.wilkesadap.org/>

Priority Resources Provided: Supports

About: The Wilkes Adult Developmental Activity Program (ADAP) provides adults with developmental disabilities opportunities to work via mobile work crews and supported employment; opportunities to access community services like banks, stores and health facilities; opportunities to participate in recreational outings, events and vacations. ADAP also provides Basic Skills classes and counseling.





## National Coalition for Homeless Veterans

Phone Number: 202- 546-1969

Email: [info@nchv.org](mailto:info@nchv.org)

Priority Resources Provided: Supports, Housing

About: The National Coalition for Homeless Veterans (NCHV) will end homelessness among veterans by shaping public policy, promoting collaboration, and building the capacity of service providers.



## Supportive Services for Veteran Families

Website: <https://www.va.gov/homeless/ssvf/index.html>

Priority Resources Provided: Supports, Housing

About: For very low-income Veterans, SSVF provides case management and supportive services to prevent the imminent loss of a Veteran's home or identify a new, more suitable housing situation for the individual and his or her family; or to rapidly re-house Veterans and their families who are homeless and might remain homeless without this assistance.



## NC MedAssist

Website: <https://medassist.org/>

Phone Number: 866-331-1348

Email: [info@medassist.org](mailto:info@medassist.org)

Priority Resources Provided: Supports

About: The Free Pharmacy Program provides free prescription medications to North Carolina residents who are uninsured and fall at or below 300% of the Federal Poverty Level.



# NCDHHS

## Medication Assistance Program

Website: <https://www.ncdhhs.gov/divisions/office-rural-health/office-rural-health-programs/medication-assistance-program>

Phone Number(s): 919-527-6440 and 919-527-6457

Priority Resources Provided: Supports

About: Participating health centers, such as free and charitable clinics, rural and community health centers, provide Medication Assistance Programs for low income, uninsured patients who need access to prescription drugs and who cannot afford them.



### Legal Aid of North Carolina

Phone Number: 1-866-219-5262

Priority Resources Provided: Supports

About: Legal Aid helps thousands of victims of abuse, families on the brink of homelessness and others in crisis get the justice that they deserve, with access to housing, education, healthcare, employment, safety from abuse and other life-changing benefits. Legal Aid helps every North Carolina resident, especially those in deep poverty, access government assistance, healthcare, housing and safe employment.

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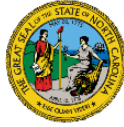
### Disability Rights North Carolina

Phone Number: 919-856-2195

Priority Resources Provided: Supports

About: Disability Rights North Carolina is a legal advocacy agency that fights for the rights of people with disabilities in North Carolina. We handle cases involving discrimination, abuse and other rights violations. All of our services are at no cost to North Carolinians with disabilities.

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# NCDHHS

## Developing Roommate Agreements under the NC Innovations Waiver

Website:

<https://medicaid.ncdhhs.gov/documents/medicaid/innovations/developing-roommate-agreements/open>

Email: philip.c.woodward@dhhs.nc.gov

Priority Resources Provided: Supports

**About:** Person-centered roommate agreements are thoughtfully developed between the people living together and those who support them to do so, including the organizations that provide Supported Living services.



## Community Workforce Solutions

Website: <https://communityworkforcesolutions.com/>

Priority Resources Provided: Supports

**About:** For almost 60 years, CWS, a 501(c)(3) non-profit organization, has been helping to build a better tomorrow for individuals with disabilities. Our programs and services offer opportunities for individuals living with disabilities, including transition-age youth, individuals with brain injuries, those seeking day program services and for individuals seeking vocational services.



## RHA Health Services

Website: <https://rhahealthservices.org/>

Phone Number: 1-800-848-0180

Priority Resources Provided: Supports

About: Over the years, we have expanded to include a broad range of disability services and continue to add other types of services across multiple states to meet our communities' needs. Today, RHA provides disability services in Georgia, New Jersey, North Carolina, Pennsylvania, and Tennessee.

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## **NCDHHS** Division of Public Health

## Oral Health NCDHHS Division of Public Health

Website: <https://www.dph.ncdhhs.gov/programs/oral-health>

Phone Number: 919-707-5000

Priority Resources Provided: Supports

About: To promote conditions in which all North Carolinians can achieve oral health as part of overall health. To work toward eliminating disparities in oral health by using best practices to: Reduce oral diseases through preventive services, Monitor the public's oral health, Promote access to dental care, and Provide professional education.

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## NCCDD A-Z Resource List

Website: <https://nccdd.org/resources/a-z-resources-list>

Priority Resources Provided: Supports

About: The A-Z Resources List provides state agencies, organizations and nonprofits across North Carolina that work with people with intellectual and developmental disabilities (I/DD), their families and caregivers to provide services and supports in line with the Developmental Disabilities Assistance and Bill of Rights Act (DD Act).

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## NC ABLE PROGRAM

### NC ABLE

Website: <https://ncable.nc.gov/>

Email: [nc.clientservice@savewithable.com](mailto:nc.clientservice@savewithable.com)

Priority Resources Provided: Supports

About: Achieving a Better Life Experience (ABLE) accounts are designed for people of all ages with the occurrence of disability before the age of 26. The NC ABLE Program allows eligible individuals the opportunity to save and fund a variety of qualified disability expenses while maintaining Medicaid, SSI and other public supports.

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## Trillium Play Together Initiative

Website: <https://www.trilliumhealthresources.org/health-related-resources-needs/inclusive-playgrounds>

Priority Resources Provided: Supports

About: Trillium's Inclusive Playground grants (also known as the Play Together Accessible Playground Grants) have provided the opportunity to build over 30 inclusive playgrounds for individuals with special needs and physical disabilities across communities throughout North Carolina.



## NCCDD Supported Living 2 & 3 Guidebook

Website: <https://firstwnc.org/slnc4-me/>

Email: [info@firstwnc.org](mailto:info@firstwnc.org)

Priority Resources Provided: Supports, Funding, Housing, Supportive Living Options

About: Guidebook detailing service descriptions, requirements, and qualifications for Medicaid Waiver Supported Living Levels 2 and 3. Link provided is to draft guidebook presented in September 2023. Team will provide updated link when final version is published.



## North Carolina Healthy Homes

Website: <https://nchealthyhomes.com/>

Phone Number: 919-966-3746

Priority Resources Provided: Supports

About: This site provides general information to the public on healthy homes issues and is designed to provide health, housing, and community organization professionals access to resources for their work in educating North Carolina residents about maintaining a healthy home and in improving health outcomes.

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# NCDHHS

## In-Home Aid Services

Website: <https://www.ncdhhs.gov/divisions/aging/home-aid>

Email: [lorrie.roth@dhhs.nc.gov](mailto:lorrie.roth@dhhs.nc.gov)

Priority Resources Provided: Supports

About: In-home aide services help individuals who have functional, physical or mental impairments accomplish their daily activities. Individuals may require both personal care (e.g. bathing, dressing, feeding) and home management (e.g. cooking, cleaning) assistance to be able to remain safely in their home settings. Check the website for eligibility.

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### Alliance Health Provider Directory

Website: [alliancehealthplan.org](http://alliancehealthplan.org)

Phone Number: 800-510-9132

Priority Resources Provided: Supports

About: Online provider directory for Alliance Health Tailored Plan network, allowing users to search for in-network providers.



### Vaya Health Member Portal

Website: <https://www.vayahealth.com>

Phone Number: 1-800-962-9003

Priority Resources Provided: Supports

About: Vaya Health's online member portal, providing information on Medicaid and state-funded services, benefits, care management information, and housing initiatives.



### Vaya Health Provider Portal

Website: <https://www.vayahealth.com>

Phone Number: 1-800-962-9003

Priority Resources Provided: Supports

About: Online provider directory for Vaya Health Tailored Plan network, allowing users to search for in-network providers.

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### Vaya Health Local Resources

Website: <https://www.vayahealth.com>

Priority Resources Provided: Supports

About: Vaya Health knows that health needs go beyond the doctor's office. Our physical and mental health care are only part of what makes us thrive. Help finding housing, work, transportation, food, or other social supports is only a search or phone call away.

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### Trillium Provider Directory

Website: <https://www.trilliumhealthresources.org/providers/network-provider-directory>

Phone Number: 1-866-998-2597

Priority Resources Provided: Supports

About: Online provider directory for Trillium Health Tailored Plan network, allowing users to search for in-network providers.

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### Partners Health Member Education

Website: <https://www.partnersbhm.org/member-education/>

Phone Number: 1-888-235-4673

Email: [memberquestions@partnersbhm.org](mailto:memberquestions@partnersbhm.org)

Priority Resources Provided: Supports

About: Partners manages Medicaid, state and local funds for mental health, intellectual/developmental disabilities, substance use disorder and traumatic brain injury services. The system of care we manage is shaped by the choices of our members and their families and designed to meet the unique needs of each of the communities we serve.

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# NCDHHS

## NCSTART

NCSTART West Phone Number: 888-974-2937

NCSTART Central Phone Number: 919-865-8730; 800-662-7119, ext. 8730

NCSTART East Phone Number: 888-962-3782

Priority Resources Provided: Supports

About: North Carolina Systemic, Therapeutic, Assessment, Resources and Treatment (NC START) is a statewide community crisis prevention and intervention program for individuals aged six and above with intellectual/developmental disability and co-occurring complex behavioral and/or mental health needs.

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# INREACH

## InReach NC

Website: <https://www.inreachnc.org>

Phone Number: 704-536-6661

Email: [information@inreachnc.org](mailto:information@inreachnc.org)

Priority Resources Provided: Supports, Housing

About: InReach is an established leader in providing housing, jobs and community support to individuals with intellectual and developmental disabilities in Charlotte/Mecklenburg and surrounding counties

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## H&S Therapeutic Services

Website: <https://www.hstservicesnc.com/>

Priority Resources Provided: Housing, Supports

About: We are a team of dedicated healthcare professionals, licensed nurses, therapists, and compassionate caregivers who believe in delivering personalized, patient-centered care. From private-duty nursing and assisted living support to skilled home health and transportation services, we are here to help families navigate their healthcare needs with trust and confidence.



**NCDHHS**

NC Medicaid  
Division of Health Benefits

## NC Medicaid Ombudsman

Website: <https://ncmedicaidombudsman.org/>

Phone Number: 1-877-201-3750

Priority Resources Provided: Supports, Funding,  
Housing

About: The NC Medicaid Ombudsman advocates for people with NC Medicaid to get the care they need and to help them navigate the new environment by providing free, confidential services. You can contact the NC Medicaid Ombudsman with any questions or issues you have been unable to resolve with your health plan or provider.



## Healthy Opportunities Pilots

Website: <https://www.ncdhhs.gov/about/department-initiatives/healthy-opportunities/healthy-opportunities-pilots>

Phone Number: 1-800-662-7030

Priority Resources Provided: Supports, Funding, Housing

About: The Healthy Opportunities Pilots (HOP) is the nation's first comprehensive program to test and evaluate the impact of providing select evidence-based, non-medical interventions related to housing, food, transportation and interpersonal safety and toxic stress to high-needs Medicaid enrollees. The federal government has authorized up to \$650 million in Medicaid funding for the Pilots over five years.

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## Made4Me

Request Form: [Request Adaptation – Made4Me](#)

Priority Resources Provided: Supports

About: Made4Me partners with families to design custom pieces from industrial strength cardboard that make day-to-day life full of possibilities at NO cost to families.

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If you have any questions or feedback, please reach out to [DMHIDDCONTACT@dhhs.nc.gov](mailto:DMHIDDCONTACT@dhhs.nc.gov).

And visit **Inclusion Connects'** website (<https://www.ncdhhs.gov/about/department-initiatives/inclusion-connects>) to find information on accessing I/DD services, direct support professional initiatives, Inclusion Connects advisory committee, and LME/MCO contact information. Stay tuned for more updates coming soon!



*The Community Living Guide Booklet will be updated yearly.*