

2026 Free Continuing Professional Development Opportunities

The North Carolina Infant-Toddler Program (NC ITP) **Policy and Procedures for Personnel Certification** applies to early intervention service coordination and special instruction service providers. Under this policy, continuing professional development is required for all Infant, Toddler, and Family Certificate holders. The annual continuing professional development requirement is 10 contact hours (1.0 CEU) per year, to be obtained between January 1 and December 31 of any given calendar year. Contact hours/CEU credits must focus on infants and toddlers with or without disabilities, and their families. Contact hours must be obtained from an NC ITP-approved entity from the NC ITP Continuing Professional Development Approved Entities list.

The NC ITP does not control, monitor, or guarantee the information contained in any of the sites, nor does the NC ITP control, monitor, or guarantee information contained in links from the below sites to other external websites. The NC ITP does not endorse any views expressed in these sites, or products or services offered therein. The information provided herein is merely to assist with access to continuing professional development to maintain the NC ITP Certification.

Things to Remember:

1. When the NC ITP requires a training, taking an identical or similar training prior does not exempt you from taking the required training.
2. When viewing trainings from similar programs, keep in mind the differences in implementation of policies and procedures (e.g., other Part C Programs and Maternal, Infant, and Early Childhood Home Visiting Program).
3. Sessions taken from approved conferences must be related to infants and toddlers with or without disabilities, and their families.
4. Print out your certificate; do not rely on a site's database to store it.
5. If the approved source does not offer a certificate upon completion, the individual should attach the following to their **NC ITP Documentation of Continuing Professional Development form**:
 - a. Available slides, handouts, documents, and other training materials associated with the training;
 - b. A statement about how the training supports evidence-based practices for infants and toddlers; and
 - c. A write-up of how the learner will apply the information learned from the training in their work.

The following is a list of free NC ITP approved trainings. This document is posted on the NC ITP website on the [NC ITP Certification and Maintenance webpage](#) and updated twice yearly.

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Name of Sponsor/Training	Registration/Obtaining ITP Credit	Contact hours
Autism Society of NC Free library of webinars	No certificate offered. Follow NC ITP protocol for credit (See Page 1-#5)	Varies
CADRE Supporting Families to Engage in the IEP/IFSP Process and Resolve Conflict	No certificate offered. Follow NC ITP protocol for credit (See Page 1-#5)	1.0-2.0
California Training Institute April 2026 Child Abuse Prevention Webinar Series	No certificate offered. Follow NC ITP protocol for credit (See Page 1-#5)	Varies
Center on the Developing Child, Harvard University Why Sleep Matters in Early Childhood Development Webinar	No certificate offered. Follow NC ITP protocol for credit (See Page 1-#5)	Varies
Early Years On Demand Training	Registration required for certificate.	Varies
Perinatal-Infant Mental Health (PIM) Network Webinars, Videos, & Podcasts	No certificate offered. Follow NC ITP protocol for credit (See Page 1-#5)	Varies
University of NC Behavioral Health Springboard STEMIE Family Hotline Podcast STEMIE Presentations and Webinars	Registration required for certificate. No certificate offered; Follow NC ITP protocol for credit (See Page 1-#5)	Varies
University of California, Los Angeles (UCLA) A Novel Approach to Toddler Sleep: Supporting Responsive Parenting and Helping Children to Feel Secure at Night Various Birht-5 Resources	No certificate offered. Follow NC ITP protocol for credit (See Page 1-#5)	Varies