

North Carolina Department of Health and Human Services Division of Aging and Adult Services

Pat McCrory Governor Aldona Z. Wos, M.D. Ambassador (Ret.) Secretary DHHS

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Administrative Letter DAAS 14-06

To: Adult Day Care/Adult Day Health Providers, Department of Social Services' Directors,

Department of Social Services' Adult Services Supervisors, Adult Day Care Coordinators, Adult

Day Health Specialists, Area Agency on Aging Directors, Adult Program Representatives

From: Suzanne P. Merrill Sugare P. Merrill

Subject: Revised Home and Community Care Block Grant Adult Day Care/Adult Day Heath Service

Standards regarding Adult Day Health Participant Eligibility

Date: June 3, 2014

The Division of Aging and Adult Services staff coordinated the HCCBG Adult Day Care/Adult Day Health (ADC/ADH) Eligibility work group which revised the HCCBG ADC/ADH Service Standards. The revised HCCBG ADC/ADH Service Standards and accompanying Administrative Letter 14-03 were distributed in March 2014 with an effective date of July 1, 2014.

The revised HCCBG ADC/ADH Service Standards distributed in March 2014 included two ADH eligibility criteria tiers.

In order to meet the first ADH eligibility tier, an individual must have met the definition of "frail" as defined in the 2006 Re-Authorization of the Older Americans Act. This section read as follows (italics and quotations added):

"An individual must be:

- 1. aged 60 or over
- 2. Must meet the definition of "frail" as defined by the Older Americans Act, Re-Authorization of 2006:
 - Is unable to perform at least two (2) activities of daily living (ADLs) without substantial human assistance, including verbal reminding, physical cueing or supervision

OR



 Due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or to another individual."

In order to meet the second ADH eligibility tier, an individual must have required one of the additional services listed below while in attendance at the program. This section read as follows (italics and quotations added):

3. "AND require one of the following during hours of attendance at the day health program:

- a. Monitoring of a Medical Condition; or
- b. Provision of Assistance with or supervision of activities with daily living; or
- c. Administration of Medication, special feedings, or provision of other treatment or services related to health care needs."

In April 2014, DAAS staff presented the revised HCCBG ADC/ADH Service Standards distributed in March 2014 to AAA staff.

During this training, AAA staff indicated that item 3.b. of the second ADH eligibility tier ("Provision of assistance with or supervision of activities of daily living; or") was a duplication of the ADL impairment portion of the "frail" definition in the first ADH eligibility tier. The inclusion of item 3.b. in the second ADH eligibility tier appeared to indicate that an individual that met the ADL impairments of the "frail" definition in the first ADH eligibility tier would be an ADH participant as he/she would also meet item 3.b. of the second ADH eligibility tier. When in fact, a participant that met the ADL impairments portion of the "frail" definition in the first ADH eligibility tier would be an ADC participant as provision of assistance with ADLs would be needed if the individual met the ADL impairment portion of the "frail" definition in the first ADH eligibility tier.

Therefore, item 3.b. was removed from the second ADH eligibility tier to provide further clarification to this eligibility criterion.

The second ADH eligibility tier was further clarified and reads as follows in the HCCBG ADC/ADH Service Standards (italics and quotation marks added):

"AND require one of the following during hours of attendance at the day health program coordinated by the Health Care Coordinator:

- a. Monitoring of a medical condition; or
- b. Administration of medication, special feedings, or provision of other treatment or services related to health care needs.

For additional clarification, an endnote was added to the revised HCCBG ADC/ADH Service Standards for the above section and reads as follows (italics and quotation marks added):

"Consistent with the Nurse Practice Act, the Health Care Coordinator practices within his/her scope of practice depending upon his/her license type (LPN or RN). If the Health Care Coordinator is an LPN, an RN provides the required on-site supervision to the LPN at a minimum, every two weeks per 10A NCAC 06S.0204 and the North Carolina Adult Day Care and Day Health Services Standards for Certification."

The revised HCCBG ADC/ADH Service Standards with the "Last Revised: Content:" date listed as May 28, 2014 supersedes the HCCBG ADC/ADH Service Standards distributed in March 2014 and have the "Last Revised: Content:" date listed as March 12, 2014.

The revised HCCBG ADC/ADH Service Standards document that indicates it's last content revision is May 28, 2014 becomes effective July 1, 2014.

Please review the section below from Administrative Letter 14-03 regarding the implementation of the revised ADC/ADH participant eligibility criteria.

Implementation of Revised Participant Eligibility Criteria

We recognize that these changes to eligibility criteria have significant implications. Therefore, any Adult Day Care and Adult Day Health participants currently enrolled and funded to attend Adult Day Care or Adult Day Health through HCCBG will need to be reassessed at their annual reassessment according to the revised eligibility criteria.

Those participants that are no longer eligible for ADC or ADH according to the revised ADC or ADH eligibility criteria at the time of their annual reassessment will need to be made inactive in ARMS and their ADC or ADH service will need to be discontinued.

For further information on discontinuing HCCBG services, please refer to section 7 of the HCCBG Manual on the DAAS web site at: http://www.ncdhhs.gov/aging/manual/hccbg/bgsect7.pdf

For direction on making ineligible HCCBG participants inactive in ARMS, please refer to the forms section on the ARMS web page on the DAAS web site at: http://www.ncdhhs.gov/aging/arms/CRF_Instructions.pdf and http://www.ncdhhs.gov/aging/arms/armsfaq.htm#101

Adult Day Care and Adult Day Health participants enrolled after *July 1, 2014*, and funded to attend Adult Day Care or Adult Day Health through HCCBG must meet the revised eligibility criteria.

Participants not meeting the revised Adult Day Care or Adult Day Health eligibility may not be enrolled to attend Adult Day Care or Adult Day Health funded by HCCBG after **July 1, 2014.**

Please refer to the revised HCCBG ADC/ADH Service Standards that located on the DAAS web site at the following address: http://www.ncdhhs.gov/aging/manual/adcadh/ADCADHServiceStandards.pdf

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