

BUILDING A DEMENTIA CAPABLE NORTH CAROLINA

- Elevating brain health as a public priority,
- Building prepared and coordinated systems, and
- Ensuring caregivers are supported.

FIVE CRITICAL SHIFTS FOR THE FUTURE

Modernize Dementia Policy

- **Now:** Policy stagnation and system-policy mismatch
- **Future:** New policies and systems alignment

Unify Strategy & Metrics

- **Now:** Siloed state plans, limited data, and informal support
- **Future:** Aligned state plans, data dashboard, and public health focus

Normalize Early Detection

- **Now:** Gaps in education, diagnosis, and outreach
- **Future:** Baseline screenings, statewide awareness, and risk education

Support Workforce Growth

- **Now:** Uneven training, high turnover, and workforce shortages
- **Future:** Standardized training, career pathways, and diversified funds

Prioritize Caregiver Well-Being

- **Now:** Burnout, rural access gaps, limited respite
- **Future:** Stress screenings, expanded supports, tele-mental health



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**
Division of Aging

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DEMENTIA CAPABLE NC

OUR WORK IS GUIDED BY FOUR CORE VALUES & GUIDING PRINCIPLES.

Dignity

We honor the inherent worth, voice, and lived experience of every person living with dementia, along with their caregivers, families, and communities. We treat all with respect, empathy, patience, compassion, and kindness.



Inclusion



We collaborate across sectors, build on existing efforts, and engage partners. We ensure people living with dementia - and their caregivers and family - are seen, heard, represented, and equitably supported.

Integrity

We act with honesty, transparency, and accountability in all decisions and partnerships, ensuring our work is intentional, ethical, and grounded in shared purpose.



Innovation



We embrace bold thinking, adaptive action, and continuous improvement to advance a dementia-capable North Carolina, setting measurable goals and using data-informed strategies.



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