

**North Carolina,  
Division of Mental Health, Developmental Disabilities,  
and Substance Use Services**

**State-Funded Enhanced Mental Health and Substance Use  
Service, Clinically Managed Residential Withdrawal Management**

**Date of Amendment- January 1, 2026**



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### Related Clinical Coverage Policies

Refer to [NC DHHS: Service Definitions](#) for the related coverage policies listed below:

- State-funded Enhanced Behavioral Health Services
- State-funded Assertive Community Treatment (ACT)
- State-funded Diagnostic Assessment
- State-funded Community Support Team (CST)
- State-funded Inpatient Behavioral Health Services
- State-funded Outpatient Behavioral Health Services Provided by Direct Enrolled Providers
- State-funded Residential Treatment Services
- State-funded Peer Support Services

## 1.0 Description of the Service

Clinically Managed Residential Withdrawal Management Service is an organized facility-based service that is delivered by trained staff who provide 24-hour supervision, observation, and support for an individual who is intoxicated or experiencing withdrawal. This is an American Society of Addiction Medicine (ASAM) Criteria, Third Edition, Level 3.2 WM service intended for an individual who is not at risk of severe withdrawal symptoms or severe physical and psychiatric complications. Moderate withdrawal symptoms can be safely managed at this level of care.

This service emphasizes the utilization of peer and social supports to safely assist an individual through withdrawal. Programs must have established clinical protocols developed and supported by a physician who is available 24 hours a day. Support systems must include direct coordination with other levels of care. This service is designed to achieve safe and comfortable withdrawal from alcohol and other substances to effectively facilitate the individual's transition into ongoing treatment and recovery.

### 1.1 Definitions

**Clinical Institute Withdrawal Assessment of Alcohol Scale (CIWA-Ar):** Defined as a tool used to assess an individual's alcohol withdrawal.

### The ASAM Criteria, Third Edition<sup>1</sup>

The American Society of Addiction Medicine Criteria is a comprehensive set of treatment standards for addictive, substance-related, and co-occurring conditions. The ASAM Criteria, Third Edition uses six dimensions to create a holistic, biopsychosocial assessment to be used for service planning and treatment. The six dimensions are:

1. Acute Intoxication and Withdrawal Potential;
2. Biomedical Conditions and Complications;

<sup>1</sup> CPT codes, descriptors, and other data only are copyright 2024 American Medical Association. All rights reserved. Applicable FARS/DFARS apply.

3. Emotional, Behavioral, or Cognitive Conditions and Complications;
4. Readiness to Change;
5. Relapse, Continued Use, or Continued Problem Potential; and
6. Recovery and Living Environment.

#### 1.4- Service Type and Setting

Clinically Managed Residential Withdrawal Management services are provided in a facility licensed under 10A NCAC 27G .3200.

## 2.0 Eligibility Criteria

### 2.1 Provisions

#### 2.1.1 General

An eligible recipient shall be enrolled with the Local Management Entity-Managed Care Organization (LME/MCO) on or prior to the date of service, meet the criteria for SED, or moderate or severe SUD or I/DD state-funded Benefit Plans and shall meet the criteria in Section 3.0 of this policy.

#### 2.1.2 Specific

State funds may cover Clinically Managed Residential Withdrawal Management Services for an eligible individual who is 18 years of age and older and meets the criteria in Section 3.0 of this policy.

## 3.0 When the Service is Covered

### 3.1 General Criteria Covered

State funds shall cover the service related to this policy when medically necessary, and

- a. the service is individualized, specific, and consistent with the symptoms or confirmed diagnosis under treatment, and not in excess of the recipient's needs;
- b. the service can be safely furnished, and no equally effective and more conservative or less costly treatment is available statewide; and
- c. the service is furnished in a manner not primarily intended for the convenience of the recipient, the recipient's caretaker, or the provider.

### 3.2 Specific Criteria Covered

#### 3.2.1 Specific criteria covered by State Funds

State funds may cover Clinically Managed Residential Withdrawal Management services when ALL of the following criteria are met:

- a. has a substance use disorder (SUD) diagnosis as defined by the current Diagnostic and Statistical Manual of Mental Disorders (DSM-5), or any subsequent editions of this reference material; and
- b. meets American Society of Addiction Medicine (ASAM) Level 3.2 WM Clinically Managed Residential Withdrawal Management Services admission criteria as defined in The ASAM Criteria, Third Edition, 2013.

#### 3.2.2 Admission Criteria

State funds shall cover Clinically Managed Residential Withdrawal Management services when the following Admission Criteria are met:

A comprehensive clinical assessment (CCA) or diagnostic assessment (DA) is not required before admission to Clinically Managed Residential Withdrawal Management Services.

An initial abbreviated assessment must be completed by clinical staff and protocols must be developed and in place to determine when a physical exam must be conducted by a physician or physician extender.

The initial abbreviated assessment must be used to establish medical necessity for this service and develop a service plan as a part of the admission process. If an individual is not able to fully cooperate with all elements of the initial abbreviated assessment upon admission, the provider may take up to 24 hours to fully complete all elements. At admission, the provider must ensure and document that the individual is medically appropriate to remain at this level of care or determine if a higher level of care is necessary.

The initial abbreviated assessment must contain the following documentation in the service record:

- a. individual's presenting problem;
- b. individual's needs and strengths;
- c. a substance-related disorder diagnosis when the assessment is completed by a licensed clinician;
- d. an ASAM level of care determination;
- e. a physical examination including pregnancy testing, as indicated, performed by a physician or physician extender, if self-administered withdrawal management medications are to be used;
- f. an addiction-focused history; and
- g. other evaluations or assessments.

Within three (3) calendar days of admission, a CCA or DA must be completed by a licensed clinician to determine an ASAM level of care for discharge planning. The ASAM level of care determination must provide information on how this score is supported under each of the six ASAM dimensions. Information from the abbreviated assessment may be utilized as a part of the current comprehensive clinical assessment. Relevant diagnostic information must be obtained and be included in the treatment or service plan.

The licensed clinician can bill separately for the completion of the CCA or DA. Any laboratory or toxicology tests completed for the CCA or DA can be billed separately.

The recipient meets the Specific Criteria for this service as outlined in **Subsection 3.2.1.**

### 3.2.3 Continued Stay Criteria

- a. The individual meets the criteria for continued stay if any ONE of the following applies:
  1. The individual's withdrawal symptoms have not been sufficiently resolved to allow either discharge to a lower level of care or safe management in a less intensive environment; or

2. The individual's CIWA-Ar score (or other comparable standardized scoring system) has not increased or decreased.

### 3.2.4 Transition and Discharge Criteria

- a. The individual meets the criteria for discharge if any ONE of the following applies:
  1. The individual's withdrawal signs and symptoms are sufficiently resolved so that he or she can participate in self-directed recovery or ongoing treatment without the need for further medical withdrawal management monitoring;
  2. The individual's signs and symptoms of withdrawal have failed to respond to treatment, and have intensified (as confirmed by higher scores on the CIWA-Ar or other comparable standardized scoring system) indicating a transfer to a more intensive level of withdrawal management services is indicated;
  3. The individual is unable to complete withdrawal management in Clinically Managed Residential Withdrawal Management service indicating a need for more intensive services; or
  4. The individual or person legally responsible for the individual requests a discharge from the service.

Note: Each of the six dimensions of the ASAM criteria (refer to section 1.1) must be reviewed and documented in the individual's service record to document the determination for continued stay, discharge, or transfer to another level of care.

## 4.0 When the Service is Not Covered

### 4.1 General Criteria Not Covered

State funds shall not cover the service related to this policy when:

- a. the recipient does not meet the eligibility requirements listed in Section 2.0;
- b. the recipient does not meet the criteria listed in Section 3.0;
- c. the service duplicates another provider's service; or
- d. the service is experimental, investigational, or part of a clinical trial.

### 4.2 Specific Criteria Not Covered

#### 4.2.1 Specific Criteria Not Covered by State funds

State funds shall not cover these activities:

- a. Transportation for the individual or family members;
- b. Any habilitation activities;
- c. Time spent attending or participating in recreational activities unless tied to specific planned social skill assistance;
- d. Clinical and administrative supervision of Clinically Managed Residential Withdrawal Management Services staff, which is covered as an indirect cost and part of the rate;
- e. Covered services that have not been rendered;
- f. Childcare services or services provided as a substitute for the parent or other individuals responsible for providing care and supervision;
- g. Services provided to teach academic subjects or as a substitute for education personnel;

- h. Interventions not identified on the individual's service plan;
- i. Services provided to children, spouse, parents, or siblings of the individual under treatment or others in the individual's life to address problems not directly related to the individual's needs and not listed on the service plan;
- j. Payment for room and board; and

## **5.0 Requirements for and Limitations on Coverage**

### **5.1 Prior Approval**

Prior approval is not required for Clinically Managed Residential Withdrawal Management Services.

### **5.2 Prior Approval Requirements**

#### **5.2.1 General**

None Apply.

#### **5.2.2 Specific**

None Apply.

### **5.3 Limitations or Requirements**

An individual shall receive the Clinically Managed Residential Withdrawal Management Service from only one provider organization during any active episode of care. Clinically Managed Residential Withdrawal Management Services must not be billed on the same day (except day of admission or discharge) as:

- a. Residential levels of care;

- a. Other withdrawal management services;
- b. Outpatient treatment services;
- c. Substance Abuse Intensive Outpatient Program (SAIOP);
- d. Substance Abuse Comprehensive Outpatient Treatment (SACOT);
- e. Assertive Community Treatment (ACT);
- f. Community Support Team (CST);
- g. Supported Employment;
- h. Psychiatric Rehabilitation;
- i. Peer Support Services;
- j. Mobile Crisis Management (MCM);
- k. Partial Hospitalization; and
- l. Facility Based Crisis (Adult)

### **5.4 Service Orders**

A service order is a mechanism to demonstrate medical necessity for a service and is based upon an assessment of the individual's needs. A signed service order must be completed by a physician or physician extender, consistent with their scope of practice. Service orders are valid for the episode of care. Medical necessity must be revisited, and service must be ordered based on current episode of care if multiple episodes of care are required within a twelve (12) month period.

If an urgent or emergent situation presents the need for a verbal service order, basic procedures must be followed for the verbal service order to be valid. Treatment may proceed based on a verbal service order by the appropriate professional as long as the verbal service order is documented in the individual's service record on the date that the verbal service order is given.

If an urgent or emergent situation presents the need for a verbal order, standard procedures must be followed for the verbal order to be valid. Treatment may proceed based on a verbal order by the appropriate professional as long as the verbal order is documented in the recipient's service record on the date that the verbal order is given. The documentation must specify the following:

- a. Date of the order;
- b. Who gave the order;
- c. Who received the order;
- d. Identify the service that was ordered;
- e. The documentation should reflect why a verbal order was obtained in lieu of a written order;
- f. The appropriate professional must countersign the order with a dated signature within seventy-two (72) hours of the date of the verbal order.

## 5.5 Documentation Requirements

Documentation is required as specified in the Records Management and Documentation Manual and service definition.

The service record documents the nature and course of a recipient's progress in treatment. To bill state funds, providers must ensure that their documentation is consistent with the requirements contained in this policy. The staff member who provides the service is responsible for documenting the services billed to and reimbursed with state funds. The staff person who provides the service shall sign and date the written entry. The staff member who provides the service is responsible for accurately documenting the services billed to and reimbursed through State funds. Service notes must meet the requirements of the Department of Health and Human Services (DHHS) Records Management and Documentation Manual. Medication administration records (MAR) or electronic MARs must meet the requirements of 10A NCAC 27G .0209 (c)(4) or federal regulations.

### 5.5.1 Contents of a Service Record

For this service, a full service note or grid for each date of service, written and signed by the person who provided the service is required. More than one intervention, activity, or goal may be reported in a service note, if applicable. The minimum requirements must include ALL of the following elements:

- a. Name of the recipient on each page;
- b. The service record number or unique identifier on each page;
- c. Date [month/day/year] that the service was provided;
- d. Name of the service being provided on each page [e.g., XXX];
- e. Intervention, activity, or goal addressed;
- f. A number or letter as specified in the appropriate key that reflects the intervention, activities, and/or tasks performed;

- g. A number/letter/symbol as specified in the appropriate key that reflects the assessment of the recipient's progress toward activities and/or tasks;
- h. Duration;
- i. Initials of the recipient receiving the service – the initials shall correspond to a full signature and initials on the signature log section of the note/grid; and
- j. A comment section for entering additional or clarifying information, e.g., to further explain the interventions/activities provided, or to further describe the recipient's response to the intervention's activities or goals. Each entry in the comment section must be dated.

## **6.0 Provider(s) Eligible to Bill for the Service**

To be eligible to bill for the service related to this policy, the provider(s) shall:

- a. meet LME/MCO qualifications for participation; and
- b. have a current and signed Department of Health and Human Services (DHHS) Provider Administrative Participation Agreement; and
- c. bill only for services that are within the scope of their clinical practice, as defined by the appropriate licensing entity, as applicable.

### **6.1 Provider Qualifications and Occupational Licensing Entity Regulations**

Clinically Managed Residential Withdrawal Management Services must be delivered by qualified professionals employed by a substance use treatment organization that:

- a. meet the provider qualification policies, procedures, and standards established by the NC Division of MH/DD/SUS;
- b. meets the requirements of 10A NCAC 27G Rules for Mental Health, Developmental Disabilities, and Substance Abuse Facilities and Services or federal regulations;
- c. demonstrates that they meet these standards by being credentialed and contracted by the DHHS designated contractor;
- d. adheres to the service-specific checklist which includes the following:
  1. Rules for Mental Health, Developmental Disability, and Substance Use Facilities and Services
  2. Confidentiality Rules
  3. Client Rights Rules in Community MH/DD/SU Services
  4. *Records Management and Documentation Manual*
  5. DMH/DD/SUS Communication Bulletins
  6. Implementation Updates to rules, revisions, and policy guidance
  7. *Person-Centered Planning Instruction Manual*DMH/DD/SUS NC Tracks Benefit Plan Criteria
- e. within one calendar year of enrollment as a provider with an LME/MCO, achieves national accreditation with at least one of the designated accrediting agencies; and
- f. becomes established as a legally constituted entity capable of meeting all the requirements of the Provider Certification Medicaid Enrollment Agreement, Medicaid Bulletins and service implementation standards.

This service must be provided in a facility licensed by the NC Division of Health Service Regulation Mental Health Licensure and Certification Section under 10A NCAC 27G Section .3200 Social Setting Detoxification for Substance Abuse waiver rules.

## 6.2 Provider Certifications

Clinically Managed Residential Withdrawal Management services must be provided by a legally constituted entity that meets all of the requirements of the LME-MCO and is contracted with the LME-MCO to serve individuals with SED, moderate or severe SUD or I/DD or TBI.

### 6.2.1 Staffing Requirements

Agency staff that work with recipients:

- a. Are at least 18 years of age
- b. If providing transportation, have a valid North Carolina driver's license or other valid driver's license and a safe driving record and has an acceptable level of automobile liability insurance
- c. Criminal background check presents no health and safety risk to person/s
- d. Not listed in the North Carolina Health Care Personnel Registry
- e. Qualified in CPR and First Aid
- f. Staff that work with person/s must be qualified in the customized needs of the individual as described in the PCP or ISP
- g. Staff that work with recipients who are responsible for medication administration must be trained in medication administration in accordance with 10A NCAC 27G .0209, as applicable.
- h. Staff that work with recipients must be trained in alternatives to restrictive intervention and restrictive intervention training (as appropriate)
- i. High school diploma or high school equivalency (GED).

Required Position	Minimum Qualifications	Responsibilities
<b>Medical Director</b>	<p><b>Medical Director</b> shall be a licensed physician in good standing with the NC Medical Board.</p> <p>Medical Director shall have at least one year of experience working with an individual with SUD.</p>	<p>The <b>Medical Director</b> is responsible for ensuring the provision of medical services, including supervision of the physician extender staff, according to the physician approved policies and protocols of the Clinically Managed Residential Withdrawal Management Program. The Medical Director shall ensure the evaluation, prescription, and monitoring of all medications currently being taken by the individual, including coordination with other prescribers. In addition, the Medical Director is responsible for ensuring the monitoring of the Controlled Substance Reporting System (CSRS). The Medical Director shall be</p>

		available for emergency medical consultation services 24 hours a day, seven days a week, either for direct consultation or for consultation
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Required Position	Minimum Qualifications	Responsibilities
		with the physician extender, in-person, via telehealth or telephonically
<b>Physician Extender</b>	<p><b>Physician Assistant (PA) or Nurse Practitioner (NP)</b></p> <p>Licensed Physician Assistant or Nurse Practitioner in good standing with the NC Medical Board or NC Nursing Board, respectively.</p>	<p>The <b>Physician Extender</b> is responsible for providing medical services according to the physician approved policies and protocols of the Clinically Managed Residential Withdrawal Management program. The Physician Extender shall evaluate, prescribe, and monitor all medications currently being taken by the individual including coordination with other prescribers. The physician extender may provide coverage for emergency medical consultation services 24 hours a day, seven days a week, in-person, via telehealth or telephonically. The Medical Director shall fulfill these responsibilities if a Physician Extender is not included in the staffing for this program.</p>
<b>Program Manager</b>	<p><b>Qualified Professional in Substance Abuse (QP)</b> according to 10A NCAC 27G .0104 federal regulations.</p> <p>This position may be filled by a Paraprofessional or Associate Professional (AP) if the Program Manager held the position as of the original effective date of this policy. <b>Refer to Section 8.0 of this policy.</b></p>	<p>The <b>Program Manager</b> shall be responsible for general oversight of the program, to include ensuring staffing and supervision is in place, managing admission and discharges, and ensuring the program is adhering to the policy, rules, and statutes. The Program Manager shall be available for emergency program oversight responsibilities 24 hours a day, seven days a week, in-person, via telehealth, or telephonically.</p>

<b>Licensed Clinical Staff</b>	<b>Licensed Clinical Addictions Specialist (LCAS) or Licensed Clinical Addictions Specialist-Associate (LCAS-A)</b>	The <b>Licensed Clinical Addictions Specialist or Licensed Clinical Addictions Specialist-Associate</b> is responsible for providing substance use focused and co-occurring assessment services, developing an ASAM Level of Care determination and providing referral and coordination to substance use disorder treatment and recovery resources. The LCAS or LCAS-A provides clinical program
<b>Required Position</b>	<b>Minimum Qualifications</b>	<b>Responsibilities</b>
	Must be licensed and in good standing with the NC Addictions Specialist Professional Practice Board.	supervision to the Certified Alcohol and Drug Counselors (CADC).
<b>Certified Clinical Staff</b>	<b>Certified Alcohol and Drug Counselor (CADC)</b>  Must be certified and in good standing with the NC Addictions Specialist Professional Practice Board.	The <b>Certified Alcohol and Drug Counselor (CADC)</b> coordinates with the LCAS or LCAS-A and Program Manager to ensure that the individual has access to counseling supports, psychoeducation, and crisis interventions. The certified clinical staff play a lead role in case management and coordination of care functions. Licensed clinical staff shall fulfill these responsibilities if CADCs are not included in the staffing for this program. All responsibilities of the Certified Clinical Staff must be covered by the Licensed Clinical Staff when Certified Clinical Staff are not included in the staffing for this program.
<b>Recovery Supports</b>	<b>Certified Peer Support Specialist (CPSS)</b>  Must be certified as a peer support specialist in NC.  Shall have similar lived experience as the population being served.	<b>Certified Peer Support Specialist (CPSS)</b> provides structured, scheduled services that promote recovery, self-determination, self-advocacy, engagement in self-care and wellness and enhancement of community living skills of individuals.

<b>Support Staff</b>	<b>Paraprofessional, Associate Professional (AP), or Qualified Professional in Substance Abuse (QP)</b> according to 10A NCAC 27G .0104 or equivalent or federal regulations.	<b>Support Staff</b> are responsible for tasks that ensure the individual is clinically able to receive support at this level of care. Support Staff work closely with clinical staff to ensure monitoring is completed and recorded, and with clinical staff to support the provision of recovery-oriented interventions.
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Clinical staff (LCAS, LCAS-A, or CADC) shall be available seven (7) days a week for clinical interventions. Certified Peer Support Specialist services shall be available seven (7) days a week to support recovery-related activities.

A minimum of two (2) staff shall be on-site at all times and the staffing ratio must be at least one (1) staff to nine (9) individuals.

#### 6.2.2 Staff Training Requirements

The provider shall ensure that staff who are providing Clinically Managed Residential Withdrawal Management have completed and documented the following staff training requirements prior to working with recipients and updated as recipients' needs change:

Time Frame	Training Required	Who
<b>Prior to service delivery</b>	<ul style="list-style-type: none"> <li>▪ Opioid Antagonist administration (Administering Naloxone or other Federal Food and Drug Administration approved opioid antagonist for drug overdose)</li> <li>▪ Crisis Response</li> <li>▪ Harm Reduction</li> <li>▪ Clinically Managed Residential Withdrawal</li> </ul> <p>Management Service Definition Required Components</p>	All Staff
Within <b>90 calendar days</b> of hire to provide service	<ul style="list-style-type: none"> <li>▪ Medically supervised withdrawal management including assessing and managing intoxication and withdrawal states</li> <li>▪ Pregnancy, Substance Use Disorder and Withdrawal Management</li> </ul>	Physician, Physician Extender
	<ul style="list-style-type: none"> <li>▪ Signs and Symptoms of Alcohol and Other Drug Intoxication and Withdrawal, Treatment and Monitoring of the Condition and Facilitation into Ongoing Care</li> <li>▪ Pregnancy, Substance Use Disorder and Withdrawal Management</li> </ul>	Program Manager, LCAS, LCAS-A, CADC, CPSS, Support Staff
	<ul style="list-style-type: none"> <li>▪ ASAM Criteria</li> </ul>	Program Manager, LCAS, LCAS-A, CADC
	<ul style="list-style-type: none"> <li>▪ Measuring Vital Signs (to include how to effectively and accurately obtain, record, and report the vital signs of temperature, heart rate, respiratory rate, blood pressure, pulse oximetry, and pain.)</li> <li>▪ Medication Administration</li> </ul>	Program Manager, LCAS, LCAS-A, CADC, Support Staff
Within <b>180 calendar days</b> of hire to provide this service	<ul style="list-style-type: none"> <li>▪ Introductory Motivational Interviewing* (MI)</li> </ul>	Program Manager, LCAS, LCAS-A, CADC,
	<ul style="list-style-type: none"> <li>▪ Trauma informed care*</li> <li>▪ Co-occurring conditions*</li> </ul>	Program Manager, LCAS, LCAS-A, CADC, CPSS, Support Staff

<b>Annually</b>	<ul style="list-style-type: none"><li>Continuing education in evidence-based treatment practices, which must include crisis response training and cultural competency*</li></ul>	All Staff
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The initial training requirements may be waived by the hiring agency if the staff can produce documentation certifying that training for the population being served was completed no more than 48 months prior to hire date.

Staff hired prior to the effective date of this policy shall complete the required training identified in the above Staff Training Requirements chart. Training must be completed within one (1) year of the original effective date of this policy. Refer to Section 8.0 of this policy for original effective date.

Training identified with an asterisk (\*) must be reviewed and approved by a NC DHHS recognized accreditation entity (e.g., Commission on Accreditation of Rehabilitation Facilities), or must be approved and certified by a nationally recognized program that issues continuing education for licensed or clinical professionals. Some examples of approved programs include North Carolina Addictions Specialist Professional Practice Board (NCASPPB), National Association for Addiction Professionals (NAADAC), National Board for Certified Counselors (NBCC), Approved Continuing Education Provider (ACEP), National Association of Social Work (NASW), North Carolina Social Work Certification and Licensure Board (NCSWCLB), American Psychological Association (APA), and Motivational Interviewing Network of Trainers (MINT).

Documentation of training activities must be maintained by the program

### **6.3 Program Requirements**

a. Clinically Managed Residential Withdrawal Management Service is an organized facility-based service that is provided by trained clinicians who provide clinically supervised evaluations, and certified staff and paraprofessionals who provide withdrawal management and referral services. Staff refer for medical evaluation if clinically necessary. An individual eligible for this service is experiencing signs of intoxication and withdrawal and the symptoms are sufficiently severe to require 24-hour structure and support, but do not require extensive medical or nursing care. This service is designed to safely assist the individual through withdrawal without the need for immediate on-site access to medical personnel.

b. Protocols, developed and supported by a Medical Director knowledgeable in addiction medicine, must be in place to determine the nature of the medical interventions that may be required. Protocols must include under what conditions physician care is warranted and when transfer to a medically monitored facility or an acute care hospital is necessary.

c. Clinically Managed Residential Withdrawal Management Service providers shall have staff to screen and accept admissions a minimum of twelve (12) hours a day, seven (7) days a week. At least five (5) of these twelve (12)

hours must occur during second shift. The Clinically Managed Residential Withdrawal Management Services Medical Director shall develop agency specific policies and procedures that address admission expectations, how the intake process must be handled, and staffing expectations to include back-up and consultation coverage.

d. Clinically Managed Residential Withdrawal Management Service providers shall provide access to all approved Federal Drug Administration (FDA) medications for Medication Assisted Treatment (MAT) covered by the Medicaid formulary for the individual that meets medical necessity for that service. MAT may be administered by the provider, or through a Memorandum of Agreement (MOA) or Memorandum of Understanding (MOU) with another provider that is no further than 60 minutes from the facility.

e. Clinically Managed Residential Withdrawal Management Service providers shall ensure that all programs have access to naloxone or other Federal Food and Drug Administration approved opioid antagonist for drug overdose on site, and that all staff have training and education on the use of naloxone in suspected opioid overdoses. Programs shall develop policies that detail the use, storage and education provided to staff regarding naloxone.

f. Components of this service include the following:

1. A CCA or DA within three (3) calendar days of admission;
2. An initial abbreviated assessment at admission;
3. A physical examination, to be completed by a physician or physician extender, when clinically indicated;
4. Assessment for co-occurring medical and psychiatric disorders;
5. Individualized service plan, including problem identification in ASAM, Third Edition dimensions two through six, development of treatment goals, measurable treatment objectives, and activities designed to meet those objectives;
6. Daily assessment of progress during withdrawal management and any treatment changes;
7. Provide monitoring of the individual, to include the individual's general condition and vital signs (pulse rate, blood pressure and temperature) based on documented severity of signs and symptoms of withdrawal;
8. Provide 24-hour access to emergency medical consultation services;
9. Provide behavioral health crisis interventions, when clinically necessary;
10. Ability to arrange for laboratory and toxicology tests, which can be point-of-care testing;
11. Staff supervision of self-administered medications for the management of withdrawal, as needed;

12. Provide education to individual regarding prescribed medications, potential drug interactions and side effects;
13. Health education services, based on the needs of the individual;
14. Reproductive health planning education, and referral to external partners based on the needs of the individual;
15. Provide clinical services, including individual and group counseling, to enhance the individual's understanding of addiction, the completion of the withdrawal management process, and referral to a level of care for continuing treatment;
16. Peer support services that focus on mutual aid, recovery, wellness, and self-advocacy;
17. Arrange involvement of family members or others to provide education on and engagement in the withdrawal management process, based on the needs of the individual, with informed consent;
18. Ability to assist in accessing transportation services for an individual who lacks safe transportation;
19. Coordination with psychiatric or psychological consultation and supervision, as indicated, to ensure appropriate management of biomedical, emotional, behavioral, and cognitive problems that can be safely managed in this level of care;
20. Linkage and coordination with care management services and supports;
21. Inform the individual about benefits, community resources, and services; this can be done directly or by linkage to organizations which can directly provide this information;
22. Affiliation with other ASAM levels of care and behavioral health providers for linkage and referrals for counseling, medical, psychiatric, and continuing care; and
23. Discharge and transfer planning, beginning at admission.

g. This facility must be in operation 24 hours a day, seven (7) days a week. The facility must have a physician available to provide medical evaluations and consultation 24 hours a day, according to treatment and transfer practice protocols and guidelines. The physician and physician extender shall have the availability to schedule and provide medical evaluations per policy requirements. This service must be available for admission seven (7) days per week. Program medical staff shall be available to provide 24-hour access for emergency medical consultation services. Staffing ratios must not exceed 1:9, one direct care staff to nine individuals.

## **6.5 Expected Outcomes**

The expected clinical outcomes for this service are specific to recommendations resulting from clinical assessments, medical evaluation and meeting the identified goals in the individual's service plan. The expected outcomes are the following:

- a. Reduction or elimination of withdrawal signs and symptomatology;

- b. Increased use of peer support services to support withdrawal management, facilitate recovery and link the individual to community-based peer support and mutual aid groups;
- c. Linkage to treatment services post discharge;
- d. Increased links to community-based resources to address unmet social determinants of health; or

Reduction or elimination of psychiatric symptoms, if applicable.

## **7.0 Additional Requirements**

### **7.1 Compliance**

Provider(s) shall comply with the following in effect at the time the service is rendered:

- a. All applicable agreements, federal, state and local laws and regulations including the Health Insurance Portability and Accountability Act (HIPAA), 42 CFR Part 2 and record retention requirements; and
- b. All NC Division of MH/DD/SUS's service definitions, guidelines, policies, provider manuals, implementation updates, and bulletins, DHHS, DHSS division(s) or fiscal contractor(s).

### **7.2 Audits and Compliance Reviews**

LME-MCOs are responsible for the management and oversight of the public system of mental health, developmental disabilities, and substance use services at the community level. An LME-MCO shall plan, develop, implement, and monitor services within a specified geographic area to ensure expected outcomes for individuals eligible for state funded services within available resources, per NC GS § 122C-115.4(a).

The LME-MCOs shall monitor the provision of mental health, developmental disabilities, or substance use services for compliance with law, which monitoring, and management shall not supersede or duplicate the regulatory authority or functions of agencies of the Department, per NC GS § 122C-111.

DMH/DD/SUS conducts annual monitoring of a sample of mental health and substance use disorder services funded with SUPTRS, CMHBG and state funds. The purpose of the monitoring is to ensure that these services are provided to individuals in accordance with federal & state regulations and requirements. The LME- MCO shall also conduct compliance reviews and monitor provider organizations under the authority of DMH/DD/SUS to ensure compliance with state funds and federal block grant regulations and requirements.

### **7.3 Audits and Compliance Reviews**

The following resources, and the rules, manuals, and statutes referenced in them, give the Division of MH/DD/SUS the authority to set the requirements included in this policy:

- a. Rules for Mental Health, Developmental Disabilities and Substance Abuse Facilities and Services, Administrative Publication System Manuals (APSM)30-1
- b. DMHDDSUS Records Management and Documentation Manual, APSM 45-2

- c. DMHDDSS Person-Centered Planning Instruction Manual
- d. N.C. Mental Health, Developmental Disabilities, and Substance Abuse Laws, 2001 (G.S. 122-C)

## **8.0 Policy Implementation and History**

**Original Effective Date:** January 1, 2026

### **History:**

<b>Date</b>	<b>Section or Subsection Amended</b>	<b>Change</b>
01/01/2026	All Sections and Attachment(s)	New Clinical Coverage Policy for Clinically Managed Residential Withdrawal Management Services

### Attachment A: Claims-Related Information

Provider(s) shall comply with the, NCTRACKS Provider Claims and Billing Assistance Guide, DMH/DD/SUS bulletins, fee schedules, NC Division of MH/DD/SUS service definitions and any other relevant documents for specific coverage and reimbursement for state funds:

- A. Claim Type
- B. International Classification of Diseases and Related Health Problems, Tenth Revisions, Clinical Modification (ICD-10-CM) and Procedure Coding System (PCS)  
Provider(s) shall report the ICD-10-CM and Procedure Coding System (PCS) to the highest level of specificity that supports medical necessity. Provider(s) shall use the current ICD-10 edition and any subsequent editions in effect at the time of service. Provider(s) shall refer to the applicable edition for code description, as it is no longer documented in the policy.
- C. Code(s)  
Provider(s) shall report the most specific billing code that accurately and completely describes the procedure, product or service provided. Provider(s) shall use the Current Procedural Terminology (CPT), Healthcare Common Procedure Coding System (HCPCS), and UB-04 Data Specifications Manual (for a complete listing of valid revenue codes) and any subsequent editions in effect at the time of service. Provider(s) shall refer to the applicable edition for the code description, as it is no longer documented in the policy. If no such specific CPT or HCPCS code exists, then the provider(s) shall report the procedure, product or service using the appropriate unlisted procedure or service code.

HCPCS Code(s)	Billing Units
H0011	1 Unit = 1 Day

#### Unlisted Procedure or Service

**CPT:** The provider(s) shall refer to and comply with the Instructions for Use of the CPT Codebook, Unlisted Procedure or Service, and Special Report as documented in the current CPT in effect at the time of service.

**HCPCS:** The provider(s) shall refer to and comply with the Instructions for Use of HCPCS National Level II codes, Unlisted Procedure or Service and Special Report as documented in the current HCPCS edition in effect at the time of service.

- D. Modifiers  
Provider(s) shall follow the applicable modifiers.
- E. Billing Units  
Provider(s) shall report the appropriate code(s) used which determines the billing unit(s).

Units are billed as 1 Unit per day.

LME/MCOs and provider agencies shall monitor utilization of service by conducting record reviews and internal audits of units of service billed. LME/MCOs shall assess their Withdrawal Management network providers' adherence to service guidelines to assure quality services for recipients served.

F. Place of Service

This is a facility-based service

G. Co-payments

Not applicable

H. Reimbursement

Provider(s) shall bill their usual and customary charge.

Note: DMH/DD/SUS will not reimburse for conversion therapy.