Elwyn
Est. 1852

COMMUNITY-BASED CAPACITY RESTORATION PROGRAM (CBCRP)

5509 Creedmoor Road
Raleigh, NC 27612
Phone: 919-573-6520

The CBCRP contract is initiated through Alliance Health to provide community-based restoration services for individuals who have been deemed incapable of proceeding to trial. CBCRP services include individual and group counseling to address mental health, substance use, and capacity restoration needs. They also include access to psychiatric assessments and medication management services. The program incorporates case management and peer support to facilitate communication with the court system, assertive engagement, and care coordination during treatment, as well as for discharge planning purposes.

Expected clinical outcomes must relate to the identified goals in each individual's treatment plan. The program focuses on addressing current mental health symptoms, substance use, and capacity restoration. The goal is to help individuals regain capacity to proceed to trial within approximately 90 days while addressing other behavioral health needs. The program is currently in a pilot phase and will remain so for at least the 2023-2024 year.

HOURS OF OPERATION: Monday through Friday, 8 AM – 4 PM.

ADMISSION: Referrals come from the Wake County court system for individuals who have been deemed incapable of proceeding to trial after an initial capacity evaluation by a certified local forensic evaluator. All certified local forensic evaluators for Wake County are clinicians on the Elwyn Forensic Team. These individuals are then court-ordered to participate in the community-based restoration program.



SERVICES

Clients will receive a comprehensive clinical assessment, individual and group counseling, psychiatric assessment and medication management (as needed), case management, peer support services, and care coordination.

PROGRAM FACILITY - Programming will occur at in a building that is handicapped accessible. Elements of safety and security are built into all programming. The program building location is also directly on the public bus line.

TREATMENT PLANNING - An initial Elwyn comprehensive clinician assessment is completed based on input from individualized interviews, in addition to other available documentation. The person-centered plan is developed in collaboration with the client.

INDIVIDUAL COUNSELING - Individualized counseling support is available for participants to assist with a wide range of needs, including but not limited to addiction/recovery, depression, anxiety, trauma, psycho-education, disease management, grief and loss issues, crisis contingency planning, relapse prevention, life skills support, cognitive behavioral interventions, and capacity restoration. The counselor providing treatment may be subpoenaed to provide expert testimony in court.

GROUP COUNSELING - Group counseling is available for participants and will focus on education related to capacity restoration. The Florida Competency Kit will be utilized, in conjunction with other educational resources, to help restore competency.

FORENSIC NAVIGATION (CASE MANAGEMENT) SERVICES - The Forensic Navigators act as a liaison with the court. This service also assists with transportation and care coordination.

FORENSIC PEER SUPPORT SERVICES – The certified peer specialist will provide assertive engagement, support, care coordination, and transportation for the individuals receiving capacity restoration. They will provide community outreach and tracking to support program engagement.

FUNDING/FEES - Third-party insurers, Medicaid, and state funding approved by Alliance Health. UCR and non-UCR funds will be accessed for this program.