1		SECTION .0200 - DEFINITION OF TERMS		
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3	10A NCAC 061	R.0201 DEFINITIONS		
4 As used in this Subchapter, unless the context requires otherwise, the following definitions shall apply:				
5 6	(1)	"Activities of Daily Living (ADL)" means eating; dressing; bathing; toileting; bowel and bladder control; transfers; and ambulation.		
7	(2)	"Adaptable space" means space in a facility that can be used for several purposes with little effort		
8		and without sacrificing safety and health standards; for example, an activities room that is used for		
9		crafts in the morning, used to serve lunch and used for exercise activities in the afternoon.		
10	(3)	"Adaptable activity" means an activity where participation can be varied from individual, small		
11		group, or large group, and can occur seated, standing or lying down.		
12	(4)	"Adult" means an individual 18 years of age or older.		
13	(5)	"Adult Day Care Center" means a day care program operated in a structure other than a single family		
14		dwelling.		
15	(6)	"Adult Day Care Home" means a day care program for up to 16 people operated in a single family		
16		dwelling where the owner resides.		
17	(7)	"Adult Day Care Program" means the provision of group care and supervision in a place other than		
18		their usual place of abode on a less than 24-hour basis to adults who may be physically or mentally		
19		disabled. This term is used to refer to adult day care programs, adult day health programs, and adult		
20		day care and combined adult day health programs (i.e., combination programs).		
21	(8)	"Alzheimer's Disease" means a progressive, degenerative disease of the brain resulting in impaired		
22		memory, thinking and behavior. Characteristic symptoms of the disease include gradual memory		
23		loss, impaired judgement, disorientation, personality change, difficulty in learning and loss of		
24		language skills.		
25	(9)	"Ambulatory" means a person who is mobile and does not need the continuing help of a person or		
26		object for support (except a walking cane).		
27	(10)	"Capacity" means the number of participants for which a day care program is certified.		
28	(11)	"Caretaker" (or "Caregiver") means an adult who regularly provides an impaired adult with		
29		continuous supervision, assistance with preparation of meals, assistance with housework and		
30		assistance with personal grooming.		
31	(12)	"Certification" means the process whereby an adult day care program is approved as meeting the		
32		North Carolina Adult Day Care Rules in 10A NCAC 06.		
33	(13)	"Certifying agency" means the Department of Health and Human Services, Division of Aging and		
34		Adult Services.		
35	(14)	"Dementia" means the loss of intellectual functions (such as thinking, remembering, and reasoning)		
36		of sufficient severity to interfere with a person's daily functioning. Dementia is not a disease itself		

1	b	but rather a group of symptoms that may accompany certain diseases or conditions. Symptoms may
2		lso include changes in personality, mood and behavior.
3	<u>(15)</u> "	Direct Participant Care" means the opportunity for employees, volunteer(s) and/or substitute(s) of
4	<u>tl</u>	he facility or individuals with whom the facility contracts either directly or through an agency to
5	p	hysically interact, with, be in the presence of, and/or supervise participants.
6	<u>(16</u>) <u>"</u>	First Aid Kit" means a collection of first aid supplies (such as bandages, tweezers, scissors,
7	<u>d</u>	lisposable nonporous gloves, adhesive tape, antiseptic, micro shield or face mask, liquid soap, cold
8	p	pack) for treatment of minor injuries or stabilization of major injuries.
9	<u>(17)</u> "	Governing Body" means the individual(s), organization, agency, corporation, or other entity that
10	<u>h</u>	as full legal responsibility for policy, management, administration, operation, and financial liability
11	<u>f</u>	or the adult day care or adult day health program.
12	(<u>15)(18)</u> "	Group process" means at least three persons engaged in a common activity.
13	(16)(19) "	Institution" means a facility that is established to serve a particular purpose and is required by state
14	la	aw to be provided and maintained by the state and any facility defined in federal regulations as an
15	in	nstitution. In North Carolina, the list of institutions includes: general hospitals, state psychiatric
16	h	nospitals, state centers for the mentally ill, skilled nursing facilities, and intermediate care facilities.
17	(17) <u>(20)</u> ".	Instrumental Activities of Daily Living (IADL)" means meal preparation, medication intake,
18	h	ousekeeping, money management, phone use, laundering, reading, shopping, communication such
19	a	s speaking, writing, signing, gestures, using communication devices and going to necessary
20	a	ctivities.
21	<u>(18)(21)</u> "	Medication schedule" means a listing of all medications taken by participants with dosages, route
22	0	of administration, and times medications are to be taken.
23	(19)(22) "	Mental health disability" means disorders with psychological or behavioral symptoms or
24	iı	mpairment in functioning due to a social, psychological, genetic, physical, chemical or biological
25	d	listurbance.
26	(20) <u>(23)</u> "	Modifiable activity" means an activity that can be simplified and adapted as a participant's abilities
27	d	lecline or improve.
28	(21) <u>(24)</u> "	Non-ambulatory" means a person who is bedfast.
29	(22) <u>(25)</u> "	Nucleus area" means adult day care programs located in a multi-use building and refers to the area
30	n	tot shared by any other programs located in the building but used only by the adult day care
31	р	program.
32	(23) <u>(26)</u> "	Nursing care" means skilled nursing care or intermediate care.
33	(24) <u>(27)</u> "	On-site" means the area certified for the day care program.
34	(25) <u>(28)</u> "	Owner" means the person, who is responsible for management, operation, and financial liability of
35	a	day care home or day health home.
36	(26) <u>(29)</u> "	Other special needs disease or condition" means a diagnosis, disease or disability, such as
37	A	AIDS/HIV, that benefits from monitoring or oversight in a supervised setting.

1	(27) <u>(30</u>	<u>))</u> "Participant" means a person enrolled in an adult day care program.
2	(28) <u>(31</u>)"Personal care" means tasks that range from assistance with basic personal hygiene and grooming,
3		feeding, and ambulation, to medical monitoring and other health care related tasks.
4	(29) <u>(32</u>	2)"Physical therapy program" means a series of activities prescribed by a licensed physical therapist
5		or activities administered under the supervision of a physical therapist.
6	(30) <u>(33</u>)"Program director" means the person responsible for program planning, development and
7		implementation in a day care program.
8	(31) <u>(34</u>	"Progress notes" means written reports in the participant's file of staff discussions, conferences, or
9		consultation with family or other interested parties, for the purpose of evaluation of a participant's
10		progress and any other information regarding the participant's situation.
11	(32) <u>(35</u>)"Related disorders" means dementia or impaired memory characterized by irreversible memory
12		dysfunction.
13	(33) <u>(36</u>)"Respite care," as a component of adult day care programs, means a service provided to give
14		temporary relief to the family or caregiver. Primarily, respite is provided to families caring for
15		children or adults with disabilities or families caring for frail or disabled older adults.
16	(34) <u>(37</u>	")"Responsible party" means the caretaker with primary day-to-day responsibility for an impaired
17		adult.
18	(35) <u>(38</u>)"Semi-ambulatory" means a person who needs and uses the assistance of objects such as a
19		wheelchair, crutches, walker, or other appliance or the support of another person on a regular and
20		continuing basis to move about.
21	(36) <u>(39</u>)"Senior center" means a community or neighborhood facility for the organization and provision of
22		services including health, social, nutritional and educational services and a facility for recreational
23		and group activities for older persons.
24	(37) <u>(40</u>)"Special care services" means services by a certified adult day care program that promotes itself as
25		providing programming, activities or care specifically designed for persons with Alzheimer's or
26		other dementias, or related disorders, mental health disabilities, or other special needs diseases or
27		conditions.
28	(38) <u>(41</u>	"Supervising agency" means the county department of social services in the county in which the day
29		care program is located. The county department is responsible for seeing that certification standards
30		are met on an on-going basis and for making a recommendation to the Division of Aging and Adult
31		Services regarding certification.
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33	History Note:	Authority G.S. 131D-6; 143B-153; S.L. 1999-334;
34		Eff. January 1, 1981;
35		Amended Eff. July 1, 1990; January 1, 1986; July 1, 1984;
36		Temporary Amendment Eff. September 28, 1999;
37		Amended Eff. July 1, 2007; July 17, 2000. <u>2000;</u>

- 1 <u>Readopted Eff. July 1, 2019.</u> 2
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