

## North Carolina Department of Health and Human Services Division of Social Services

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Michael F. Easley, Governor H. David Burton, M.D., Acting Secretary E. C. Modlin, ACSW, Director (919) 733-3055

February 2, 2001

Dear County Director of Social Services

**Attention:** Adult Services Social Workers and Supervisors

**Subject:** Effective Counseling in Adult Services

I am pleased to inform you that Effective Counseling in Adult Services will be offered April 23-24, 2001 at the Wilson County Department of Social Services in Wilson. The co-sponsors for this training are the Division of Social Services and the Center for Aging Research and Educational Services (CARES), part of the Jordan Institute of Families at the UNC-Chapel Hill School of Social Work.

The purpose of this two-day training is to enhance the counseling skills of adult services social workers. Effective Counseling in Adult Services is a very participatory, skills-based training. It is intended that participants will be able to immediately use the skills they learn in working with adults and their families. The topics for the training include relationship-building processes, empathic listening techniques, non-verbal communication, cognitive approaches in counseling, and termination.

Registration information is attached. Registration is limited to 20 participants to facilitate group discussion and participation. The registration fee for this two-day training is \$35.00. The deadline for registration is April 9, 2001.

If you need additional information, you are welcome to contact Suzanne Merrill in the Adult Services Branch at (919) 733-3818, your Adult Programs Representative, or Linda Rahija at CARES, (919) 962-5163.

Sincerely,

John T. Tanner, Chief

Adult and Family Services Section

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Attachment

AFS-03-2001