# 2002-2003

Adult Services Training Schedule

**Building Excellence in Adult Services** 

Adult Services Branch North Carolina Division of Social Services

# **Table of Contents**

## **Staff Directory**

# Adult Services Branch (919) 733-3818

Suzanne Merrill Geoff Santoliquido Vicki Kryk Rosalyn Pettyford John Margolis Kathy Schindler Monica Nealous Branch Head Adult Services Program Coordinator Adult Protective Services/Guardianship Program Coordinator Guardianship Consultant Adult Protective Services Consultant Office Assistant Office Assistant

#### **Adult Programs Representatives**

Sam Hubbard, Team 1
LaVerne Blue, Team 2
Sam Robertson, Team 3
Joyce Massey-Smith, Team 4
John Castro, Team 5
Barbara Gillespie, Team 6
Nancy Warren, Team 7
Emily Hale, Team 8
Terry Brubaker, Team 9
Shannon Wilson, Team 10

# (828) 684-3248 (704) 569-4391 (828) 664-0366 (336) 591-4205 (704) 639-7729 (919) 484-1458 (919) 639-6711 (252) 536-4586 (252) 637-3279 (252) 637-4498

# Center for Aging Research and Educational Services (CARES) (919) 962-0650 http://ssw.unc.edu/cares/cares.htm

Gary Nelson Linda Rahija Jane Armstrong Robin Gault-Winton Mary Anne Salmon Margaret Morse Libby Phillips Center Director Center Coordinator/Education Specialist Education Specialist Education Specialist Research Specialist Publications Specialist Office Assistant

# Adult Care Home Case Management Basic Training

## Description

This one-day workshop is designed to enhance knowledge and skills to carry out the responsibilities for Adult Care Home Case Management Services. Using the Adult Care Home Case Management Services Manual (Volume V, Chapter IX), participants will concentrate on basic case management principles and program policies and guidelines. Training methods include lecture, large group discussion, small group exercises, and a question and answer session.

# Objectives

At the conclusion of this training, participants will be able to:

- 1. provide Adult Care Home Case Management Services consistent with Medicaid and DSS policies and procedures;
- 2. locate information in the Adult Care Home Case Management Services Manual to carry out program responsibilities; and
- 3. list the program requirements for eligibility.

# Audience

Adult care home case managers and their supervisors from county departments of social services and area mental health/developmental disabilities programs.

**Contact Person:** Geoff Santoliquido

Dates:	Locations:
March 25, 2003	Gaston County Human Services 330 N. Marietta Street Gastonia, NC
April 2, 2003	Edgecombe County Department of Social Services 301 South Fairview Road Rocky Mount, NC

# Adult Day Care Coordinator Basic Training

# Description

This one-day training is designed to assist county DSS staff in developing monitoring skills and knowledge of Adult Day Care Policies and Procedures. Emphasis is given to the North Carolina Adult Day Care and Day Health Services Standards for Certification and the role of county DSS staff in assuring compliance with standards. Training will focus on key points of certification, monitoring and certification renewal. Training methods include lectures, skills practice, and large and small group discussions. In addition, the training familiarizes participants with sources of additional information and assistance through a comprehensive training/resource notebook that is given to each participant to use in his/her work.

# Objectives

At the conclusion of this training, participants will be able to:

- 1. understand the role and responsibilities carried out by county departments of social services related to adult day care, particularly those of the Adult Day Care Coordinator;
- 2. understand the statutory requirements, state policies, and procedures for adult day care and adult day health;
- 4. understand current standards for adult day care and adult day health services and gain basic skills in the monitoring and enforcement of standards; and
- 5. understand policies and procedures for the initial certification and recertification of adult day care and day health programs.

# Audience

The Adult Day Care Coordinator Basic Training is designed for social workers who have responsibility for monitoring adult day care and day health programs.

Contact Person: Glenda Artis, NC Division of Aging, (919) 733-0440

Dates:

Locations:

Dates and locations to be announced.

# **Adult Home Specialist Basic Orientation**

# Description

This one-week workshop is designed to provide new Adult Home Specialists (AHSs) and new Supervisors of AHSs a beginning level of knowledge and skills in monitoring and reporting compliance with the Adult Care Homes Rules (10 NCAC 42C and 10 NCAC 42D). Training methods include lecture, large and small group discussion, exercises and opportunity for questions and answers.

# **Objectives**

At the conclusion of this training, participants will be able to:

- 1. understand the role and responsibilities carried out by county departments of social services related to adult care homes, particularly those of the Adult Home Specialist;
- 2. understand the statutory requirements, state policies, and procedures pertaining to adult care homes;
- 3. understand current standards for adult care homes and gain basic skills in the monitoring and enforcement of standards; and
- 4. understand policies and procedures for the initial licensure and license renewal of adult care homes.

#### Audience

New Adult Home Specialists (AHSs) and new AHS supervisors

**Contact Person:** Ann Barefoot, Training Coordinator, Adult Care Licensure Section, Division of Facility Services, at (919) 855-3768

Dates:

Location:

Dates and locations to be announced.

# **Adult Home Specialist Medication Management Training**

# **Description:**

During the months of September and October the Division of Facility Services will be offering statewide training (12 sites) for administrators of adult care facilities or designee and staff of county department of social services who are involved in the monitoring of the facilities. The primary goal of this workshop is to promote a higher degree of understanding between providers and regulators and to reduce inconsistencies in the survey process. The primary focus of this one-day workshop will be in the area of management of medication.

# **Objectives:**

At the conclusion of this training participants will demonstrate an understanding of:

- 1. The importance of policies and procedures for medication administration
- 2. Rules related to medication administration
- 3. Consequences of non-compliance for facility and the impact on residents
- 4. How to monitor for compliance
- 5. Role of licensed health professional in adult care facilities

# Audience:

Staff of county departments of social services who are involved in the monitoring of adult care facilities as well as administrators of adult care facilities.

**Contact Person:** Ann Barefoot, Training Coordinator, Adult Care Licensure Section, Division of Facility Services, at (919) 855-3768

September 11, 2002	September 12, 2002	September 18, 2002	September 19, 2002
Haywood Community College Auditorium Clyde, NC	Western Piedmont Community College Moore Hall Leviton Auditorium Morganton, NC	Caldwell Co. DSS Auditorium Lenoir, NC	Rowan-Cabarrus County Community College Room 251 Salisbury, NC
September 26, 2002	September 27, 2002	October 2, 2002	October 3, 2002
Centerpointe Auditorium Winston-Salem, N.C.	Randolph County Community College Auditorium Asheboro, NC	Wilson County Community College Auditorium Wilson, NC	Piedmont Community College Auditorium Roxboro, NC
<b>October 8, 2002</b>	October 9, 2002	October 15, 2002	October 16, 2002
Cumberland Co. DSS Fayetteville, N.C.	Brunswick Community College Teaching Auditorium A Supply, N.C.	Martin Co. Community College Bldg. #2 Auditorium Williamston, NC	Craven Co. Community College Orringir Hall New Bern, N.C.

# Dates and Locations:

# Adult Protective Services Basic Skills Training

## Description

The Adult Protective Services Basic Skills Training provides county DSS staff with a working knowledge of law, policy, and practice issues which will enhance their basic skills in receiving and evaluating reports and in planning services for abused, neglected or exploited disabled adults who are found to be in need of protective services. Training methods include lecture, group discussions, skills practice, and work with case studies. The training consists of two Modules. Module I will be offered as an independent session at all of the sites across the state, and as something new this year, we will be offering Modules I and II over five consecutive days at three of the sites.

Module I is two days in length and introduces participants to the field of Adult Protective Services and the requirements for receiving and screening reports.

Module II is three days in length and introduces participants to the knowledge and skills necessary for completing evaluations, making case decisions, obtaining authorization, and planning services to protect disabled adults.

Module I is a prerequisite for attending Module II, with one exception. Anyone who has previously attended the APS Basic Skills Training in its entirety may register for either Module I or Module II.

#### **Objectives**

At the conclusion of both modules of this training, participants will be able to:

- 1. understand and use the statutory requirements, state policies, and social work practice guidelines in APS;
- 2. understand the reason for consistent implementation of these statutory requirements and policies and guidelines from county to county;
- 3. improve service delivery to APS clients through the use of knowledge, skills, and values covered in this training;
- 4. demonstrate basic skills in APS report screening; assessment and evaluation; case decisionmaking; assessment of capacity to consent; service authorization, planning and provision; special issues related to APS in facilities; and case documentation;
- 5. understand the philosophical framework which emphasizes social work values critical to APS practice; and
- 6. be able to operate with confidence in a complex program area.

# Audience

Social workers who have responsibility for evaluating and planning services for Adult Protective Services cases and line supervisors who have management responsibility for this program area. Social workers who provide back-up or after-hours coverage for Adult Protective Services, or have responsibility for adult services intake will also find this training beneficial.

Contact Persons: Vicki Kryk, John Margolis

#### **Dates and Locations:**

#### **MODULE I**

September 24-25, 2002 NC Zoological Park 4401 Zoo Parkway Asheboro, NC

October 14-15, 2002 Bladen County Library 111 N. Cypress Street Elizabethtown, NC

November 6-7, 2002 Gaston County Human Services 330 N. Marietta Street Gastonia, NC

**February 10-11, 2003** Watauga County DSS 132 Poplar Grove Connector, Suite C Boone, NC

March 10-11, 2003 Martin Community College 1161 Kehukee Road Williamston, NC

#### **MODULE II**

October 8-10, 2002 NC Zoological Park 4401 Zoo Parkway Asheboro, NC

October 16-18, 2002 Bladen County Library 111 N. Cypress Street Elizabethtown, NC

November 19-21, 2002 Gaston County Human Services 330 N. Marietta Street Gastonia, NC

**February 12-14, 2003** Watauga County DSS 132 Poplar Grove Connector, Suite C Boone, NC

March 12-14, 2003 Martin Community College 1161 Kehukee Road Williamston, NC

# Adult Protective Services: Assessing An Adult's Capacity To Consent

# Description

This new one-day workshop entitled "Assessing An Adult's Capacity To Consent" was developed by the Division of Social Services and successfully piloted in two locations last year. The workshop provides participants an excellent opportunity to learn about and discuss mental capacity as it relates to Adult Protective Services. Mental capacity is defined and the differences and similarities between mental capacity and mental competence are discussed. Lecture and small group discussion is used to break mental capacity down into its very basic degrees and components, to help participants better understand the concept of mental capacity. Principles for determining whether an adult has or lacks capacity to consent to protective services are explored, including using APS evaluation data to assist with making a decision about capacity to consent. Participants learn the importance of obtaining help, when necessary, in making a capacity decision, and the importance of accurately and thoroughly documenting how the decision was reached.

#### Objectives

At the conclusion of this training, participants will:

- 1. Be able to identify indicators of capacity.
- 2. Be familiar with tools used to assist in assessing capacity.
- 3. Be familiar with mental disorders and acute illness and how these impact capacity.
- 4. Be empowered to make the capacity decision.
- 5. Understand that a social worker's judgement and skills are a valuable resource in determining an adult's capacity.
- 6. Be able to access the area mental health program's assistance with gathering information to make a capacity decision.

#### Audience

Social workers and supervisors with responsibility for evaluating and planning service interventions in APS cases. The workshop is being offered as an advanced level training (beyond the Basic Skills Training) for APS staff. Completion of both Modules I and II of the Adult Protective Services Basic Skills Training is a prerequisite for attending this workshop.

Contact Persons: Vicki Kryk, John Margolis

Dates:	Locations:
October 4, 2002	Cumberland County Department of Social Services 1225 Ramsey Street Fayetteville, NC
October 25, 2002	New Hanover County Department of Social Services 1650 Greenfield Street Wilmington, NC
January 21, 2003	Forsyth Public Health 799 Highland Avenue Winston-Salem, NC
February 28, 2003	McDowell County Department of Social Services 145 E. Court Street Marion, NC
April 25, 2003	Edgecombe County Department of Social Services 301 N. Fairview Road Rocky Mount, NC

# Adult Protective Services: Dynamics of Mistreatment Among Elderly and Disabled Adults

# Description

This one-day workshop is designed for Adult Protective Services staff. The curriculum introduces participants to the mental and emotional aspects of violent and abusive relationships. Participants will learn to recognize and begin to deal with the contributing factors and psychological dynamics of mistreatment. This workshop uses domestic violence theories as its basis, but applies these theories to the types of relationships seen in APS cases.

# Objectives

At the conclusion of this training, participants will:

- 1. Have knowledge of basic domestic violence theories and how they relate to APS situations.
- 2. Be able to identify and assess situations where family abuse dynamics are present.
- 3. Be able to integrate the knowledge of domestic violence theories and solutions of domestic violence cases to APS cases.

# Audience

Social workers who have responsibility for evaluating and planning services for Adult Protective Services cases and their supervisors. The workshop is being offered as an advanced level training (beyond the Basic Skills Training) for APS staff. Completion of both Modules I and II of the Adult Protective Services Basic Skills Training is a prerequisite for attending this workshop.

Dates:	Locations:
January 17, 2003	Buncombe County Department of Social Services 40 Coxe Avenue Asheville, NC
March 21, 2003	Randolph County Department of Social Services 1512 N. Fayetteville Street Asheboro, NC
April 11, 2003	Wayne Community College 3000 Wayne Memorial Drive Goldsboro, NC

Contact Persons: Vicki Kryk, John Margolis

# Adult Protective Services: Protecting Facility Residents and Patients

#### Description

This training is new and will be conducted 3 times in the Spring of 2003. It is an advanced and specialized training covering the topic of APS evaluations and service planning in facilities. Participants will have already attended the Basic Skills training. This training session will offer more in-depth knowledge and skills pertaining to APS in facility settings.

# Objectives

At the conclusion of this training, participants will:

1. Understand the role of APS in a facility and how APS collaborates with other agencies and disciplines to protect disabled adults.

2. Be knowledgeable of the variety of records kept by facilities that pertain to patient or resident care.

3. Gain skills and knowledge in selecting persons to interview and other resources to use in a facility based APS evaluation.

4. Learn about different approaches to protective plans when the disabled adult is a resident or patient of a facility.

## Audience

Social workers and supervisors with responsibility for evaluating and planning service interventions in APS cases involving facility settings. The workshop is being offered as an advanced level training (beyond the Basic Skills Training) for APS staff. Completion of both Modules I and II of the Adult Protective Services Basic Skills Training is a prerequisite for attending this workshop.

**Contact Persons:** Vicki Kryk

**Dates:** 

**Locations:** 

Dates and locations to be announced. Tentatively planned for Spring of 2003.

# An Introduction to Aging: Knowledge and Skills for Working with Older Adults and Their Families

# Description

This is a two-day foundation course in aging for health and human services professionals from diverse settings. It is designed to provide basic information and skills needed to work effectively with older adults and their families. The training is divided into four modules: Aging Processes, Group and Individual Differences, Changes and Losses, and Practice Challenges. Training methods include lecturettes, large and small group discussions, skills practice, work with case studies, and opportunities for discussion among participants about topics such as practice challenges, ethics and values, and end-of-life issues.

# Objectives

At the conclusion of this training, participants will be able to:

- 1. distinguish differences between normal aging and pathology;
- 2. understand the common threads of aging while appreciating the diversity of older people;
- 3. describe life course transitions and their impact on older people and their families;
- 4. understand the challenges older adults and their families face; and
- 5. respect and advocate for the older person's autonomy, dignity, and right to make choices.

## Audience

Health and human services professionals who want a basic knowledge of aging as it relates to working with older adults and their families.

**Contact Persons:** Suzanne Merrill or for registration information, contact Libby Phillips of CARES at (919) 962-0650 or visit the CARES training event web site (<u>http://ssw.unc.edu/cares/trnall.htm</u>).

<b>Dates:</b> September 26-27, 2002	<b>Locations:</b> Cumberland County Department of Social Services 1225 Ramsey Street Fayetteville, NC
October 8-9, 2002	Catawba County Department of Social Services 3030 11th Avenue Drive, SE Hickory, NC
January 15-16, 2003	Charlotte-Mecklenberg Senior Center 2225 Tyvola Road Charlotte, NC

# At-Risk Case Management Services Basic Training

## Description

At-Risk Case Management is a Medicaid funded service that assists adults and children at-risk of abuse, neglect, or exploitation in gaining access to needed services. The program was created in October 1992 as a way of assisting county departments of social services provide required services to adults and children in the face of shrinking SSBG funds. In May 1996, a new criterion for the service was added, allowing the service to be provided to adults and children who are being abused, neglected or exploited and the need for protective services is substantiated.

This one-day training is intended to provide a detailed review of the service, including agency certification requirements, staffing requirements, client criteria for the service, policies governing the provision of the service, and documentation. Some attention is given to fiscal reporting as well.

# Objectives

At the conclusion of this training, participants will be able to:

- 1. Understand the criteria for eligibility for At-Risk Case Management Services
- 2. Correctly identify clients who are eligible for the service
- 3. Identify the required case management steps
- 4. Document service provision in accordance with policy requirements

#### Audience

Adult and Children services social workers who provide direct services and their supervisors. Previous completion of Effective Social Work Practice in Adult Services: A Core Curriculum is helpful, but not required, for participation in this training.

<b>Contact Persons:</b>	Geoff Santoliquido, Adult Services
	Hope Hunt, Children's Services

#### **Dates:**

#### Locations:

Scheduled by Request of Adult or Children's Services Program Representative or Local Business Liaisons

# **Effective Counseling in Adult Services**

## Description

This workshop is an opportunity for adult services social workers to learn and enhance counseling skills in a highly participatory two-day curriculum. This training is intended to teach participants the skills of relationship building, empathic listening, redirection and various counseling approaches, which can be used immediately with adults and their families. Training methods include lecturettes, discussion, and demonstrations. Trainees also participate in pairs in extensive skills practice, with individualized feedback from instructors.

# Objectives

At the conclusion of this training, participants will be able to:

- 1. express the importance of the right to privacy, confidentiality, and self-determination in counseling;
- 2. recognize the importance of nonverbal communication;
- 3. express the value of supporting, enabling, and empowering adults and their families in the Family Assessment and Change Process;
- 4. explain and demonstrate basic relationship-building processes;
- 5. demonstrate empathic listening techniques; and
- 6. demonstrate counseling approaches to help adults increase coping skills and bring about change.

#### Audience

Adult services social workers who provide direct services. Previous completion of Effective Social Work Practice in Adult Services: A Core Curriculum is helpful, but not required, for participation in this training.

**Contact Persons:** Suzanne Merrill or for registration information, contact Libby Phillips of CARES at (919) 962-0650 or visit the CARES training event web site (<u>http://ssw.unc.edu/cares/trnall.htm</u>).

Dates: October 2-3, 2002	<b>Locations:</b> High Point University Madison Park Campus Mercantile Drive Winston-Salem, NC
January 23-24, 2003	Cumberland County Department of Social Services 1225 Ramsey Street Fayetteville, NC
February 3-4, 2003	Catawba County Department of Social Services 3030 11th Avenue Drive, SE Hickory, NC
May 21-22, 2003	Wake County Human Services 220 Swinburne Street Raleigh, NC

# **Effective Social Work Practice in Adult Services: A Core Curriculum**

## Description

This six-day training, offered in two 3-day sessions, is designed to assist DSS adult services social workers in understanding and integrating the concepts of *A Model for Excellence in Adult Services Administration and Social Work Practice* into their practice. This includes an emphasis on family-centered practice, empowerment of adults and their families, and the importance of cultural differences in work with adults and their families. Participants learn and practice basic skills in counseling, functional assessment, helping adults and their families set goals, emergency and crisis intervention, and service planning and monitoring. Participants also have the opportunity to use a set of tools for case recordkeeping to support and document their practice. Teaching methods include brief presentations, videotapes, role-plays, large and small group discussion, and extensive skills practice.

# Objectives

At the conclusion of this training, participants will be able to:

- 1. explain the major concepts of A Model for Excellence;
- 2. explain and demonstrate the steps in the Family Assessment and Change Process;
- 3. describe how awareness of and sensitivity to cultural differences affect social workers' relationships with adults and their families;
- 4. enhance relationships with human services providers in the community; and
- 5. demonstrate the use of recordkeeping tools for each step of the Family Assessment and Change Process.

#### Audience

Adult Services social workers and supervisors.

**Contact Persons:** Suzanne Merrill or for registration information, contact Libby Phillips of CARES at (919) 962-0650 or visit the CARES training event web site (<u>http://ssw.unc.edu/cares/trnall.htm</u>).

Dates: October 15-17 and November 19-21, 2002	<b>Locations:</b> Hampton Inn 6137 Farrington Road Chapel Hill, NC
February 18-20 and March 11-13, 2003	Stanly County Department of Social Services 1000 North First Street, Suite 2 Albemarle, NC
April 1-3, 8-10, 2003	Watauga County Department of Social Services 132 Poplar Grove Connector, Suite C Boone, NC

# **Effective Supervision and Management in Adult Services**

# Description

This is a six-module curriculum designed to enhance knowledge and skills essential for the administrative, supportive, and educational functions of an effective adult services manager. Each twoday module provides participants with the opportunity to examine current professional concepts, practice their application, and share ideas and experiences among peers. Training methods include lecturettes, assessment tools, videos, case studies, skills practice, and large and small group discussions. Participants are given reference materials and tools to apply in their work.

Module I: "The Supervisor's Role in Supporting Excellent Adult Services Social Work Practice" focuses on developing and demonstrating effective leadership in adult services to support excellent familycentered social work practice in county DSSs. Participants will assess critical success factors, leadership characteristics, and communication styles that support their mission. Participants will perform a selfanalysis to address their own strengths and limitations in these areas. Not offered in FY 2002-2003.

Module II: "The Supervisor's Role in Strategic Planning" focuses on the important role of planning and goal setting for adult services programs. Participants will identify how effective plans and goals aid in establishing a mission, budgeting appropriately, and responding to an ever-changing environment.

Module III: "The Supervisor's Role in Developing a Supportive Community Environment" focuses on identifying and practicing effective ways to develop and strengthen support for adult services within the DSS and the community. Project and resource management as well as customer service are examined as ways to increase productivity and collaboration.

Module IV: "The Supervisor's Role in Directing Daily Social Work Activities" focuses on developing a positive approach to supervision which includes coaching, performance management, effective leadership styles, and situational leadership. Additionally, this workshop addresses cultural sensitivity and managing conflict.

Module V: "The Supervisor's Role in Teaching and Motivation" focuses on supporting the recruitment and retention of staff, professional development and continuous self-improvement, creating an adult learning environment, motivating staff, and building teamwork. Not offered in FY 2002-2003.

Module VI: "The Supervisor's Role in Managing Program Performance" focuses on developing performance outcomes, linking program and client outcomes, and tracking, measuring, and reporting the results.

# Objectives

At the conclusion of all modules of this training, participants will be able to:

- 1. articulate a vision of an optimally functioning adult services practice environment;
- 2. use strategic planning and goal setting skills to strengthen adult services programs;
- 3. improve resource development capabilities by developing a supportive environment;
- 4. use effective techniques to direct daily social work activities and manage a productive staff in a supportive environment;
- 5. use skills to create a learning and motivational environment; and
- 6. improve program evaluation and establish a self-evaluative environment.

#### Audience

Adult services supervisors and program managers.

**Contact Persons:** Suzanne Merrill or for registration information, contact Libby Phillips of CARES at (919) 962-0650 or visit the CARES training event web site (<u>http://ssw.unc.edu/cares/trnall.htm</u>).

#### **Dates:**

#### **Locations:**

Note: Four of the six modules will be conducted during FY 02-03

Module VI November 6-7, 2002

Cumberland County Department of Social Services 1225 Ramsey Street Favetteville, NC

Module IV December 4-5, 2002

Module III April 9-10, 2003

**Module II** May 8-9, 2003 High Point University Madison Park Campus Mercantile Drive Winston-Salem, NC

Mecklenberg County Department of Social Services Youth and Family Services Building, Walton Plaza 700 E. Stonewall Street, Training Room 1, 6th floor Charlotte, NC

Wake County Human Services 220 Swinburne Street, Room 2132 Raleigh, NC

# Family Centered Practice with Adults: Next Steps

## Description

This one- day workshop is valuable to all staff who work with older and disabled adults and their families as it further examines the practical applications of the Principles for Family Centered Practice. Through case scenarios, discussion, and group exercises, participants will explore real-life applications of these principles and the accompanying values and ethics that support best practices.

# Objectives

At the conclusion of this training, participants will be able to:

- 1. demonstrate family-centered goal setting and service planning; and
- 2. identify and address challenges to family-centered practice in their current work setting.

#### Audience

Adult services social workers, supervisors, program managers, and other staff providing services to older and disabled adults and their families.

**Contact Persons:** Suzanne Merrill or for registration information, contact Libby Phillips of CARES at (919) 962-0650 or visit the CARES training event web site (<u>http://ssw.unc.edu/cares/trnall.htm</u>).

Dates: October 1, 2002	Locations: Hampton Inn 6137 Farrington Road Chapel Hill, NC
March 25, 2003	Cumberland County Department of Social Services 1225 Ramsey Street Fayetteville, NC
March 27, 2003	Catawba County Department of Social Services 3030 11th Avenue Drive, SE Hickory, NC
April 30, 2003	Haywood Community College Administration Building Jones Cove Road Waynesville, NC

# **Geriatric Mental Health Workshop**

## Description

This four-day training, offered in two 2-day sessions, is designed to enhance knowledge and skills for effective work with older adults with mental disorders and with their families. The curriculum provides an introduction to normal aging and an overview of mental disorders in older adults. It introduces specialized assessment techniques and presents biopsychosocial treatment approaches including modules on psychotropic medications, behavioral approaches to dementia, and counseling older adults and their families. Information on legal issues and ways to plan for potential problems is provided. Participants are introduced to community resources for older adults with mental disorders and their families. Training methods include presentations by experts in the content areas, discussion, videotapes, and skills practice. In addition, the training familiarizes participants with sources of additional information and assistance through a comprehensive resource notebook.

#### **Objectives**

At the conclusion of this training, participants will be able to:

- 1. recognize symptoms of mental disorders in older adults;
- 2. conduct mental health assessments with older people;
- 3. understand the importance of addressing medical, drug, and alcohol issues that cause or exacerbate mental illness;
- 4. incorporate reminiscing and cognitive-behavioral approaches into their counseling with older adults and their families;
- 5. describe how to implement behavioral interventions for older adults with dementia and access resources for them and their families; and
- 6. identify legal issues that may confront older adults with mental disorders and their families, and potential remedies for these problems.

#### Audience

Social workers, nurses, psychologists, allied health professionals, and others who work with older adults with mental disorders.

**Contact Persons:** Suzanne Merrill or for registration information, contact Libby Phillips of CARES at (919) 962-0650 or visit the CARES training event web site (<u>http://ssw.unc.edu/cares/trnall.htm</u>).

**Dates**: December 2 - 3, and 10 - 11, 2002

February 25 - 26 and March 4 - 5, 2003 **Locations**: Mountain AHEC 501 Biltmore Avenue Asheville, NC

Eastern AHEC Edwin W. Monroe AHEC Conference Center Ventura Tower Drive Greenville, NC

# **Guardianship: A Systematic Approach**

# Description

The focus of this training is consistent with the statutory requirement that all disinterested public agent guardians receive training on their roles and responsibilities as guardians. Information on guardianship law, Department of Health and Human Services policy, and practice issues related to guardianship is included. Training methods include lecturettes, small and large group discussion, presentations by experts in content areas, skills practice, and a case study.

#### **Objectives**

At the conclusion of this training, participants will be able to:

Rosalyn Pettyford

- 1. recognize the fundamental purpose of guardianship;
- 2. discuss the statutory requirements set out in North Carolina General Statute 35A and state policies and procedures set out in North Carolina Administrative Code which address the roles and responsibilities of the disinterested public agent guardian;
- 3. describe the jurisdiction of the Clerk of Superior Court and venue for the hearing on the adjudication of incompetence and the appointment of a guardian;
- 4. identify the procedures for petitioning the court for the adjudication of incompetence and the appointment of a guardian;
- 5. explain the types of guardianships and the priority of appointment of a guardian;
- 6. recognize the core activities in the Family Assessment and Change Process that provide a method of engagement and planning with the ward/the ward's family/caregivers; and
- 7. list the ethical principles and guidelines for decision-making on behalf of the ward.

#### Audience

**Contact Person:** 

Directors or assistant directors of county departments of social services, area mental health authorities, and local health departments who serve as disinterested public agent guardians. Social workers who provide case management responsibilities for guardianship will also find this training beneficial.

5	5
<b>Dates:</b> December 12 - 13, 2002	<b>Locations:</b> Randolph County Public Library
	201 Worth Street Asheboro, NC
February 6 - 7, 2003	Northampton County Health Department 1237 N. Church Street Jackson, NC
April 10 - 11, 2003	Environmental Health - Annex 2 1233 N. Main Street Waynesville, NC
April 22 - 23, 2003	Duplin County Department of Social Services 423 N Main Street Kenansville, NC

19

# **Guardianship: Planning Services with Wards and Their Families**

#### Description

The purpose of this training is to provide a framework for organizing work with wards and their families to create positive change and enhance decision-making. This framework includes the following core activities that are central to work with wards and their families: conducting a comprehensive functional assessment, identifying areas for change, establishing goals, planning for interventions and services, implementing services, monitoring, reassessment and case closing. Training methods include lectures, small and large group discussion, skills practice exercises, audiovisuals, and case studies.

# Objectives

At the conclusion of the training, participants will be able to:

- 1. describe a logical way for thinking and organizing work with wards, their families and caregivers to create positive outcomes and enhance the guardian's decision-making,
- 2. discuss the importance of setting goals with wards, their families and caregivers that are specific, measurable, attainable, realistic and time-limited;
- 3. demonstrate how individualized service/treatment plans can be developed from goals;
- 4. discuss the importance of assuring that wards receive appropriate and continuous care through coordination of both formal and informal resources; and
- 5. understand the necessity to work toward limiting or terminating the guardianship.

#### Audience

This training is appropriate for social workers, case managers, public health nurses, and supervisors who provide the day to day responsibility for guardianship services. The workshop is being offered as an advanced level training (beyond the basic training) for staff with guardianship responsibility. Completion of Guardianship: A Systematic Approach is a prerequisite for attending this workshop.

Contact Person: Rosalyn Pettyford

Dates: September 30 - October 1, 2002	<b>Locations:</b> Mountain AHEC 501 Biltmore Avenue Asheville, NC
October 10 - 11, 2002	Beaufort County Department of Social Services 632 W. 5 <sup>th</sup> Street Washington, NC

January 23 - 24, 2003	Harnett County Department of Social Services 311 Cornelius Boulevard Lillington, NC
March 27 - 28, 2003	Forsyth County Health Department 799 N. Highland Avenue Winston-Salem, NC

# Improving the Management and Supervision of In-Home Aide Services

# Description

This six-day workshop, offered in three 2-day modules, is designed to enhance knowledge and skills needed to carry out responsibilities for In-Home Aide Services program management and direct aide supervision. Key concepts that are addressed throughout the training include retention of aides and quality assurance. Training methods include discussion, skills practice exercises, and presentations by experts in the field, including local providers from a variety of settings.

Module I: Covers supervision and management issues from the beginning of recruitment until the aide is allowed to work independently with clients. The sessions focus heavily on recruitment, interviewing/selection, orientation, and competency testing of aides.

Module II: Covers ongoing supervision and management issues from the time the aide begins to work independently until she leaves employment as an aide. The sessions address scheduling, in-service training of aides and aide supervisory skills, including improving work habits, problem-solving and performance evaluation.

Module III: Covers broad agency and management issues related to directly providing or contracting for In-Home Aide Services. The sessions address service planning and fiscal management, contracting, record keeping and documentation requirements, and recognizing and rewarding staff.

# Objectives

At the conclusion of all modules of this training, participants will be able to:

- 1. know and use successful techniques for recruiting, interviewing, and selecting in-home aides;
- 2. identify methods and tools for orienting, training and competency testing aides;
- 3. utilize techniques for assisting an in-home aide to improve work habits;
- 4. determine own strengths and weaknesses based on individual supervisory style;
- 5. know and use a range of training techniques for on-going aide training
- 6. determine the agency's actual unit cost of providing In-Home Aide Services and understand the cost implications of turnover;
- 7. describe supervisory techniques and agency approaches that can reduce turnover of in-home aides;
- 8. describe the pros and cons of contracting for In-Home Aide Services and techniques for improving contracting relationships; and
- 9. understand the importance of agency and community planning for In-Home Aide Services.

# Audience

Staff directly responsible for In-Home Aide Services program management and aide supervision; other staff who have a role in the aide service program, such as: social workers, nurses, case managers, service coordinators, and aide schedulers. Participation will be open to participants from public and private agencies, including local aging, health, and social services programs, and home care agencies. Participants will have an opportunity for sharing knowledge and skills with their peers from a variety of local agency settings.

This training is being co-sponsored by the NC Divisions of Aging, and Public Health, in cooperation with the NC Divisions of Social Services, Facility Services, Services for the Blind, and Mental Health, Developmental Disabilities and Substance Abuse Services, the Association of Home and Hospice Care of North Carolina and a wide range of local provider agencies from all service sectors.

<b>Contact Persons:</b>	Jodi Hernandez	Donna White
	NC Division of Aging	NC Division of Public Health
	(919) 733-0440	(919) 715-3122

**Dates:** 

Locations:

Dates and locations to be announced.

# Working with Clients with Serious Mental Illness: The DSS Perspective

# Description

This two-day training is designed to enhance social workers' knowledge and skills in providing services to adults with serious mental illness. The curriculum familiarizes participants with symptoms and functional problems associated with severe and persistent mental illness; acquaints them with medications and side-effects; helps them understand the emotional impact of these illnesses on adults and their families; empowers them to access mental health services for adults; and helps them prevent or better manage difficult behaviors. The training addresses serious mental illness in general as well as the following specific disorders: Schizophrenia, Major Depressive Disorder, and Bipolar Disorders. Training methods include lecture, discussion, presentations by consumers of mental health services and family members, videotapes, and skills practice with case examples.

# Objectives

At the conclusion of this training, participants will be able to:

- 1. define and describe the major types, signs, symptoms, and phases of severe and persistent mental illness and discuss what is known about causation;
- 2. list the major categories of psychotropic medications, their common use, and the risks and benefits of medication usage;
- 3. express increased empathy for the difficulties mental illness causes adults and their families;
- 4. describe effective ways to access mental health services for adults; and
- 5. identify effective methods of preventing and managing difficult behaviors.

#### Audience

Adult services social workers and supervisors; mental health professionals. The involvement of professionals from both service systems helps promote cross-training and enhances collaboration.

**Contact Persons:** Geoff Santoliquido or for registration information, contact Libby Phillips of CARES at (919) 962-0650 or visit the CARES training event web site (<u>http://ssw.unc.edu/cares/trnall.htm</u>).

Dates:	Locations:
November 6-7, 2002	Pasquotank County Department of Social Services 709 Roanoke Avenue Elizabeth City, NC
April 29-30, 2003	Charlotte-Mecklenberg Senior Center 2225 Tyvola Road Charlotte, NC