

North Carolina Department of Health and Human Services Division of Social Services

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Michael F. Easley, Governor Carmen Hooker Buell, Secretary Pheon E. Beal, Director (919) 733-3055

September 11, 2001

Dear County Director of Social Services

Attention: Adult Services Social Workers and Supervisors

Subject: Effective Counseling in Adult Services

I am pleased to inform you that Effective Counseling in Adult Services will be offered **October 25-26**, **2001 at the New Hanover County Department of Social Services in Wilmington; February 25-26**, **2002 at the Greensboro AHEC in Greensboro; March 7-8**, **2002 at the Haywood Community College in Waynesville; and May 2-3**, **2002 at the School of Social Work, UNC-Chapel Hill**. The cosponsors for this training are the Division of Social Services and the Center for Aging Research and Educational Services (CARES), part of the Jordan Institute of Families at the UNC-Chapel Hill School of Social Work.

The purpose of this **two-day training** is to enhance the counseling skills of adult services social workers. Effective Counseling in Adult Services is a very participatory, skills-based training. It is intended that participants will be able to immediately use the skills they learn in working with adults and their families. The topics for the training include relationship-building processes, empathic listening techniques, non-verbal communication, cognitive approaches in counseling, and termination.

Registration information for the training is enclosed and is also available through the **CARES website**: <u>http://ssw.unc.edu/cares/trnall.htm</u> Registration is limited to **20** participants to facilitate group discussion and participation. The registration fee for this two-day training is **\$35.00**. The **deadline for registration is (ten) working days before the first day of the event.**

If you need additional information, you are welcome to contact Suzanne Merrill in the Adult Services Branch at (919) 733-3818, your Adult Programs Representative, Libby Phillips at CARES, (919) 962-0650 or Linda Rahija at CARES, (919) 962-5163.

Sincerely, Jourer

John T. Tanner, Chief Adult and Family Services Section

JTT/ks Enclosure AFS-21-2001