

What are Food and Nutrition Services?

Food and Nutrition Services help households buy eligible food in authorized retail food stores. This will increase low-income household's food buying power so they can have more nutritious meals.

How Do I Apply for Food and Nutrition Services?

Step 1. Fill out this application: If you can't fill out the whole application today, please fill in the bottom of this page with your name, address, and signature. If you need assistance in completing this form, please let us know so that we can assist you.

Step 2. Turn in the application to your local DSS as soon as possible: You can mail, fax, or bring the application to your local DSS office. The date we get your application with your name, address, and signature on it, is also the start date of your Food and Nutrition Services application. If you are eligible for Food and Nutrition Services in the month you apply, the amount of Food and Nutrition Services you will get for that month depends on the date you turn in your application. The sooner you give us this application, the quicker you will know if you are able to get Food and Nutrition Services.

Step 3. Talk with us: A caseworker must interview you or someone you choose to represent you. This is to see if you can get Food and Nutrition Services. If you are unable to stay for your interview today, please tell the receptionist or a caseworker so that we can schedule an interview for you.

Information About Social Security Numbers, US Citizenship and Immigration Status

You can choose not to apply for yourself or members of your household and are not required to answer questions about Social Security Numbers (SSNs) and citizenship/immigration information for those you choose not to apply for. For each individual that you are applying for you must provide information about SSNs and citizenship/immigration status. Providing a SSN is required by the Food and Nutrition Act for applicants seeking benefits. We will only use the SSNs you give us to do computer matches and check what you told us with State and Federal Agencies. You must be a United States (U.S.) citizen or an eligible alien and also meet other Food and Nutrition Services rules to get Food and Nutrition Services benefits. We will only contact USCIS to check the immigration status on the household members who give us their immigrant documents. If an applicant does not provide this information, they will be ineligible for benefits.

Household members must provide their financial information because it is needed to determine eligibility for individuals who are applying. Eligible household members who apply will be able to get benefits even though some people in the household are not applying for benefits. The amount of benefits will depend on the number of people requesting benefits.

Do You Need Assistance in Completing This Form?

If you need special assistance in completing this application in order to apply for Food and Nutrition Services, please let us know so that we can assist you. Do you need special assistance in completing this application? \Box Yes \Box No

Do You Need An Interpreter To Help You Apply For Food and Nutrition Services?

An interpreter can be provided, free of charge, if you need assistance in applying for Food and Nutrition Services.	
Would you like an interpreter to assist you?	
Si usted necesita ayuda al solicitar los beneficios de Cupones de Alimentos, se le puede otorgar los servicios gratuitos de	
un intérprete, ¿ Quisiera que un intérprete lo ayude? 🛛 🗌 Sí 🗌 No	

Tell Us About Your Household

Name.				
First Name	Middle Initial	Last Nar	me	Alias
Address of where you live:	When did you start living	at this address?		
Street Mailing address if different tha	n above:	City	State	Zip Code
Street		City	State	Zip Code
Language you speak? How can we reach you?				
Home phone number	Cell phone number	Work phone	e number	Other phone number
Signature		Date	Witness Signatu	re (if signature is an X)

Do You Need Someone To Apply For Or Use Your Food and Nutrition Services?

If you want someone other than yourself to apply for, use, or obtain information about your benefits, please check yes below. If you check **Yes**, we will give or mail you a form. You and the person you want to help can complete the form and return it to our office. If you choose, this person will receive an EBT card and will have access to your Food and Nutrition Services. An Electronic Benefit Transfer Card (EBT) is a plastic card you use at the store to buy food. Do you need someone (Authorized Representative) to help you get and/or use your Food and Nutrition Services? Yes No

When Will I Get My Food and Nutrition Services?

If you are able to get Food and Nutrition Services, you will get them within **30 calendar days** from the date you turn in the application with your name, address, and signature. You may be able to get Food and Nutrition Services within **7 calendar days** if you qualify for expedited benefits. In order to evaluate you for expedited benefits make sure that you have provided us the needed information by answering the questions regarding your household's income, assets and expenses and if anyone is a migrant/seasonal farm worker. Your household may be in an emergency situation if:

- Your household's gross monthly income is less than \$150 and your household's cash or money in the bank is \$100 or less, or
- Your household's rent, mortgage and utilities are more than your household's gross monthly income and cash or money in the bank, or
- You or a member of your household is a migrant/seasonal farm worker.

Expedited Benefits

The follow information will help us determine whether the applicant and the people in their home may be					
eligible for Faster Service for Food Assistance.	Amount				
What is the household's total countable monthly gross income?					
What is the amount of the monthly legally obligated child support payment?					
What is the total household cash/savings?					
What are the total monthly shelter costs (rent or mortgage) that the household pays?					
What, if applicable, is the appropriate utility standard (SUA/BUA/TUA)?					
Is anyone in the home a migrant or seasonal farm worker? 🗌 Yes 🗌 No If Yes, complete a – d If no, go to next s	ection				
a. Did his/her job end recently? 🗌 Yes 🗌 No					
b. Did the only income received for the month of application end before today? 🗌 Yes 🗌 No					
c. 🛛 Will he/she receive \$25 or less from a new employer within 10 days? 🗌 Yes 🗌 No					
d. Will his/her liquid resources such as cash, checking/savings be \$100 or less? Yes No					

Tell Us About the People in Your Household

Your household is you and everyone who lives with you, even if they are not relatives. Fill in the chart below for all the people in your household and indicate if you are applying for them. Attach a piece of paper if you need more space to complete this section. We will determine who must be included in your Food and Nutrition Services case.

Name (First, Middle Initial, & Last)	Relation- ship to You	Date Relation- ship Started?	Marital Status	Birth Date	Sex	Applying? (Yes/No)	*Social Security Number	*Optional U.S. Citizen? (Yes/No)	Optional Hispanic or Latino (Yes/No)	Optional Race (see below)
	Self									

*Social Security Numbers and Citizenship Information are not needed for those not applying for benefits.

 RACE:
 Choose one or more numbers that apply and enter above for Race:
 1 - American Indian/Alaskan Native

 2 - Asian
 3 - Black/African American
 4 - Native Hawaiian/Other Pacific Island
 5 - White

Are you a resident of this state? Yes No If yes, when did you start living in NC?								
Do you live here: permanently or temporarily?								
Please check the type of living situation that best describes your household. We/I live in Adult Care Home, Alcohol and/or Drug Treatment Center, Group Home, H Institution, Residential Treatment Facility, Shelter for Battered Women and Ch Other What date did your living situation begin	lalfway House,							
Does everyone in your home buy food and cook meals together? Yes No If no , whether the second seco	no buys separately?							
Name of Separate Person(s)								
Does anyone in your household have an EBT card? Yes No Who? What State issued this card ? If yes, when was it last used?								
Does anyone get Food and Nutrition Services, Food Stamps, or SNAP in this or another If yes, who? What County or State? When did the benefits Start? When did they End?								
Does anyone participate in a Food Distribution Program on an Indian Reservation?	es 🗌 No							
Does anyone in your household fit a situation below?								
Please check any that apply.								
Someone in my household is:								
A foster child Do you want to include this child on the case?	Who?							
Pregnant Due Date	Who?							
In a drug/alcohol treatment program	Who?							
A live-in person (attendant) who takes care of someone in your household	Who?							
Renting a room from you	Who?							
Paying for food and a place to stay	Who?							
Disqualified from Food and Nutrition Services in North Carolina or another state	Who?							
Trying to avoid a felony prosecution or fleeing from law enforcement	Who?							
Trying to avoid jail after conviction of a felony	Who?							
Violating conditions of probation or parole	Who?							
A person convicted of a drug related felony committed after August 22, 1996	Who?							
A person who filed for bankruptcy When	Who?							
In college or trade/vocational/technical school at least half-time	Who?							
Name of School								

What Assets Do People in Your Household Have?

Assets are valuable items that you own such as cash or bank accounts. We need to know the value of your household's assets. Please check all the assets you or someone else in your household owns. For all items checked above, fill in the boxes below:

Type of Asset	Who Does This Belong To?	Value or Worth	Business Name and Account Number
Cash			
Checking and/or Savings Acct			
Retirement Accounts			
Mutual Funds or Trust Funds			
Prepaid Burial Contracts			
Certificates of Deposit (CD's)			
Stocks or Bonds			

My household does not own any of the assets listed

Has anyone in your household transferred assets in the last 3 months in order to receive Food and Nutrition Services?

What Money Do People in Your Household Get from Work?

Include Full-Time, Part-Time, Day Work, Temporary Work, Work Study for College, and Working for Tips.

Does anyone in your household work? Yes No

Name	Employer (Name, address, phone number if available)	Start Date	Gross Pay (Pay Before Taxes)	How Often Is Pay Received?	Last date pay received?	Day of Week Pay received?	Days worked per week?

Please provide verification for the previous month. Example: if it is now the month of June we will need verification of ALL pays received in the month of May. Don't delay turning in your application if you don't have the verification because you can turn it in later.

Is anyone in your household self-employed? Yes No If yes, complete below. Examples are babysitting, selling Avon or other products, farming, doing hair, renting houses, doing yard work for other people or odd jobs.

Name	Start Date	Business Name	Type of Business	Gross Monthly Income	Monthly Expenses

Please provide verification of the previous year's tax records. If tax records are not available provide verification of income and receipts for business expenses for the past 12 months. Don't delay turning in your application if you don't have the verification because you can turn it in later.

Is anyone getting ready to start a new job?		Yes		No If yes,	complete below.
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Name	Employer (Name, address, phone number if available)	Start Date	Gross Pay (Pay Before Taxes)	How Often Is Pay Received?	Date 1st pay received?	Day of Week Pay received?	Hours	Days worked per week?

Has anyone stopped working in the past 30 days?	Yes	L N	No If yes, please complete below.
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Name		O yer dress, phone f available)	End date	Date last pay received or will be received?	(((((((((((((((((((amount of st pay	Reason stopped working?			
Is anyone a migrant or seasonal farm worker? Yes No If yes, who? Date started working? Place working & phone number?										
Is anyone on stril	Is anyone on strike? Yes No If yes, who? Last date worked? Place worked & phone number?									
What Money Do	People in Your	Household Get	from Other P	laces?						
				vork. Please check	off all of the	e following	ways you get			
Adoption, For	ster Care, or Gua	ardianship Payme	ents	Social So	ecurity					
Annuities, Pe	nsions, or Retire	ment		·	Assistance	• •				
Alimony					ental Secu		e (SSI)			
—		Child Support	t from the Cou		yment Ben	efits				
Educational S	•				Benefits					
Military Allotn		- 44		Work Fir		-l				
have to pay b		s that is not a loa	an and you dor		and Dividen					
		sset (such as a c	ar boat mobil		Compensa					
home or hous							y other money			
Private Disab	ility					not get an	y other money			
For all items chee	cked above, fill ir	the boxes below	v:							
				Number and						
	Who Gets	Who Gives	Address of /es person/organization that How How							
Type of Money	the Money?	the Money?		you money?	Much?	Often?	Date last received?			
	-			2						

Is any of the income listed above child support?
Yes No If yes, Is the child support court ordered?
Yes No If yes, what is the Court Order Number Date Established
Obligated Amount

Please Tell Us About Your Household Bills

Please complete this section for all expenses your household is responsible for paying.

Expense Type	Name, Address, Phone number to whom you pay the bill	Amount Billed	How often paid?	Who pays the bill?
Rent or Mortgage				
Lot Rent				
Property Taxes (If not included in mortgage)				
Homeowners Insurance (If not included in mortgage)				
Homeowners Dues				
 Electricity Water/Sewage 	ility cost your household is responsible for LP/Natural Gas Garbage/Trash	paying.	Utility Excess	(Public Housing)
	Iame of phone company? for heating or cooling your home?	□ No		
Electricity	Natural Kerosene	Wood		
LP Gas	Gas Oil Coal	Other		
Were you a member of a hous current address within the past	ehold that received a Low Income Energy / t 12 months?	Assistance Prog	ram (LIEAP) cł	neck at your
Do you receive Section 8 or HI	JD Assistance? 🗌 Yes 🗌 No			
Help Paying Bills				

Does any agency, organization, or person (Including Section 8) outside your household help pay any of your rent or utilities? Yes No If yes, complete questions below.

Which bill is paid?	Name, Address, Phone Number of the person that pays the bill?	Was the money given to you?	Amount paid?	How often paid?	Date of Last Payment?
		🗌 Yes 🗌 No			
		🗌 Yes 🗌 No			
		🗌 Yes 🗌 No			
		🗌 Yes 🗌 No			

Please Tell Us About Your Other Bills

Do you or anyone in your household pay for child or disabled adult care? Yes No If yes, complete questions below.

Who gets care?	Who pays for the care?	Name, address and phone number of care provider/babysitter	Amount paid?	How often?	Start date?	Why needed?	Date last payment?	Number of hours per week

Does any agency, organization or person (Including Social Services) outside your household help pay any of your childcare? Yes No If yes, complete questions below.

Which bill is paid?	Name, address and phone number of person that pays the bill?	Amount paid?	ow often paid?	Date of Last Payment?

Court Ordered Child Support

Does your household pay court ordered child support for children outside your home? Include court ordered health insurance payments Yes No If yes, complete questions below.

Who pays the child support?	Name of Child?	Name, address and phone number of person that pays the child support?	Amount paid?	Start date?	How often paid?	Date of Last payment?

Medical Bills for Disabled or Age 60 or Over

(A disabled person usually gets disability payments from a government agency such as Social Security, SSI, Veterans Benefits for 100% Disability, or Medicaid for disabled persons.)

Is anyone age 60 or	r over or disabled? 🗌 Yes 🗌 No If yes, who?	When did the disability
begin?	Who made the disability determination?	· · · · · · · · · · · · · · · · · · ·
If yoo we need to ke	now the medical hills you have an are reapenable for paying	Madical hills include, but are not limited to:

If yes, we need to know the medical bills you have or are responsible for paying. Medical bills include, but are not limited to:

Health and hospital insurance premiums or co-payments

Food and/or veterinary care for a trained service animal Transportation and lodging to get medical treatment Prescription and over-the-counter medications and medical supplies such as aspirin, diabetic supplies and eye glasses

Rental and purchase of medical equipment and supplies Prescribed eye glasses and contact lenses

Medicare Premiums Doctor and hospital bills Medical and dental care Dentures, hearing aids, and prostheses Payments for aides, attendants, and nurses

Type of expense?	When did the expense start?	Name, Address, Phone number of medical provider?	Amount paid?	How often paid?	Date of last payment?

Does any agency, organization or perso	on (Including Social Services) outs	side your household help pay any of your
medical bills? Yes No If yes,	complete below.	
Who Pays the Bill?	Which Bill Is Paid?	Amount per month?
Who Pays the Bill?	Which Bill Is Paid?	Amount per month?

By signing this application I am saying that:

- 1. I have told the truth on this form.
- 2. I know Food and Nutrition Services rules and what I must do to get Food and Nutrition Services.
- 3. I agree to give information about what I have said so that my application can be processed.
- 4. I give permission to social services to get proof of what I have said from any person, agency, or business. Other persons, agencies, or businesses include, but are not limited to: employers, banks, savings and loans, landlords, etc.
- 5. I have given correct information on the citizenship/immigration status of all individuals applied for.
- 6. I understand my expenses may be used to figure my Food and Nutrition Services amount. If I do not tell you about some of my expenses and/or verify them, they may not be used in the budget to calculate the amount of my benefits.
- 7. I have read, understand, and received the Program Information and Rights and Responsibilities form.

Signature	Date
Witness Signature (if signature above is an "X")	Date
Caseworker's Signature & District Number	Date