# **Strength-Based Practices Inventory**

### Factor I. Empowerment Approach.

Please check the box that best describes your response to each item.

	1 -	2 –	3 –	4 –	5 –	6 –	7 –
	Strongly	Mostly	Slightly	Neutral	Slightly	Mostly	Strongly
	disagree	disagree	disagree		agree	agree	agree
The program staff help me to see							
strengths in myself I didn't know I	•	•	•	•	•	•	•
had.							
The program staff help me to use my							
own skills and resources to solve	•	•	•	•	•	•	•
problems.							
The program staff work together	•						•
with me to meet my needs.		•	•	•	•	•	•
The program staff help me to see							
that I am a good parent.	•	•	•	•	•	•	•
The program staff encourage me to							
think about my own person goals and	•	•	•	•	•	•	•
dreams.							

## Factor II. Cultural Competency

Please check the box that best describes your response to each item.

	1-	2 –	3 –	4 –	5 –	6 –	7 –
	Strongly	Mostly	Slightly	Neutral	Slightly	Mostly	Strongly
	disagree	disagree	disagree		agree	agree	agree
The program staff encourage me to learn about my culture and history.	•	•	•	•	•	•	•
The program staff respect my family's cultural and/or religious beliefs.	•	•	•	•	•	•	•
The program staff have materials for my child that positively reflect our cultural background.	•	•	•	•	•	•	•

From: Green BL, McAllister CL, Tarte JM. The Strengths-Based Practices Inventory: A Tool for Measuring Strengths-Based Service Delivery in Early Childhood and Family Support Programs. *Families in Society*. 2004;85(3):326-334.

# Factor III. Staff Sensitivity-Knowledge

Please check the box that best describes your response to each item.

	1-	2 –	3 –	4 –	5 –	6 –	7 –
	Strongly	Mostly	Slightly	Neutral	Slightly	Mostly	Strongly
	disagree	disagree	disagree		agree	agree	agree
The program staff know about other programs I can use if I need them.	•	•	•	•	•	•	•
The program staff give me good information about where to go for other services I need.	•	•	•	•	•	•	•
The program staff understand when something is difficult for me.	•	•	•	•	•	•	•
The program staff support me in the decisions I make about myself and my family.	•	•	•	•	•	•	•

### Factor IV. Relationship-Supportive

Please check the box that best describes your response to each item.

	1 -	2 –	3 –	4 –	5 –	6 –	7 –
	Strongly	Mostly	Slightly	Neutral	Slightly	Mostly	Strongly
	disagree	disagree	disagree		agree	agree	agree
The program staff encourage me to							
share my knowledge with other	•	•	•	•	•	•	•
parents.							
The program staff provide							
opportunities for me to get to know	•	•	•	•	•	•	•
other parents in the community.							
The program staff encourage me to							
go to friends and family when I need	•	•	•	•	•	•	•
help or support.							
The program staff encourage me to							
get involved to help improve my	•	•	•	•	•	•	•
community.							