



North Carolina Department of Health and Human Services

Roy Cooper
Governor

Mandy Cohen, MD, MPH
Secretary

Division of Mental Health, Developmental
Disabilities and Substance Abuse Services
3001 Mail Services Center
Raleigh, North Carolina 27699-3001
Tel 919-733-7011 Fax 919-508-0951
Jason E. Vogler, Ph.D.
Interim Senior Director

Division of Medical Assistance
2501 Mail Services Center
Raleigh, North Carolina 27699-2501
Tel 919-855-4100 Fax 919-733-6608
Dave Richard
Deputy Secretary for Medical Assistance

LME-MCO Communication Bulletin #J248

Date: May 16, 2017

To: LME-MCOs

From: Deb Goda, Behavioral Health Unit Manager, Community Based Services, DMA and Mabel McGlothlen, Team Leader for System Performance and Project Management, DMH/DD/SAS

Subject: Critical Access Behavioral Health Agencies (CABHAs) Sunsetting

The purpose of this article is to notify providers and other stakeholders that the Division of Medical Assistance (DMA) in collaboration with the Division of Mental Health, Developmental Disabilities, and Substance Abuse Services (DMH) will sunset the requirements for the Critical Assess Behavioral Health Agencies (CABHA). The CABHA designation will be removed from statute, the State Plan, and from policy.

Guided by temporary administrative rules, CABHAs were established in 2009 with 209 participating agencies. These rules which have since expired governed how CABHAs were certified and decertified; the roles of the medical director, clinical director, training director, and QA director; as well as guidelines on the detailed operation of CABHAs. As of March 2016, there were 137 CABHAs. Under a managed care environment, CABHAs are no longer a necessary part of the service delivery system as the LME-MCOs manage behavioral health services and can work with network providers to assure the quality of services and clinical oversight, without the structure of the CABHA.

The four services offered by a CABHA are Community Support Team, Intensive In-Home, Child and Adolescent Day Treatment, and Mental Health and Substance Abuse Targeted Case Management.

The policy and state plan for these four services will be revised to ensure strong medical and clinical oversight and to strengthen services utilizing evidence-based practices.

If you have any questions, please contact Bert Bennett at 919-855-4299 or bert.bennett@dhhs.nc.gov or Beverly Bell at 919-855-4231 or Beverly.bell@dhhs.nc.gov.

Previous bulletins can be accessed at:

<http://www.ncdhhs.gov/divisions/mhddsas/joint-communication-bulletins>

Cc: Dave Richard, DMA
Jason Vogler, Ph.D., DMH/DD/SAS
Stephanie Gilliam, DHSR
Dale Armstrong, DHHS
DMA Leadership Team
DMH/DD/SAS Leadership Team
Mary Hooper, NCCCP