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### LME-MCO Communication Bulletin #J260

Date: July 25, 2017  
To: LME-MCOs  
From: Jessa Johnson, Department of Health and Human Services Supportive Housing Policy Director  
Subject: Clarification of Unstable Housing

This bulletin clarifies the definition of unstable housing under the in-reach and transition component set forth by the Transition to Community Living Initiative (TCLI).

In-reach and transition is one of six components under the TCLI. The goal of the in-reach and transition component is to provide or arrange for frequent education efforts and discharge planning targeted to individuals in adult care homes and state psychiatric hospitals.

The definition of unstable housing for the purposes of in-reach under the TCLI includes one or more of the following:

- Frequent moves because of economic reasons;
- Experiencing cost burden due to paying more than 30 percent of their income for housing and having difficulty affording necessities, such as food, clothing, transportation and medical care;
- Living in the home of another because of economic hardship;
- Living in substandard housing or a dwelling not fit for human habitation;
- Threatened with eviction from a private dwelling unit (including housing an individual owns, rents, or lives in with or without paying rent, or are sharing with others);
- Living in a hotel or motel;
- Living in a home where there is abuse, emotional or physical, and/or the threat of violence;
- Living in a home where there is exploitation and/or neglect;
- Living in a home where drug use and/or illegal activities are common;
- Living in severely overcrowded housing;
- Experiencing homelessness, including those in shelter or in transitional housing programs;

- Returning to a home where the caretaker is unable to continue to help, (ie. death of a parent, caretaker disability, etc.); or
- Residing in a location determined to be detrimental to an individual's recovery.

If you have questions regarding this bulletin, please contact Jessa Johnson at [jessa.johnson@dhhs.nc.gov](mailto:jessa.johnson@dhhs.nc.gov) or 919-855-4931.

Previous bulletins can be accessed at: <https://www.ncdhhs.gov/divisions/mhddsas/joint-communication-bulletins>

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