

NC Department of Health and Human Services

# Managed Care Transformation Update

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### North Carolina is an Employment First State

"Competitive, integrated employment is the preferred mode of employment for all North Carolinians with disabilities, regardless of the level of disability" –Gov. Cooper, EO 92

- In March, Governor Cooper signed <u>Executive Order 92</u>, making North Carolina an Employment First state
- EO 92 directs the Office of State Human Resources, in consultation with NC DHHS, to issue guidance to all State Agencies covered under the State Human Resources Act, in order to make recruitment, hiring, and retaining North Carolinians with disabilities more accessible, inclusive, and welcoming
  - NC DHHS and OSHR are meeting and actively working together to implement the EO
- Matt Herr, Assistant Director for System Performance at DMHDDSAS, is a person with a disability and took lead for the Department in drafting and finalizing EO 92 with the Governor's Office
  - He, and two other DHHS employees, shared their experiences at Gov. Cooper's EO signing

## **Vision for NC Managed Care**

"Improving the health and well-being of North Carolinians through an innovative, whole-person centered and well-coordinated system of care that addresses both medical and non-medical drivers of health."

## **Overview of Medicaid Managed Care**

- NC Medicaid providers will contract with and be reimbursed by prepaid health plans (PHPs) rather than the State directly
  - There will be two types of PHP products:
    - Standard Plans for most Medicaid and NC Health Choice beneficiaries; scheduled to launch in February 2020
    - BH I/DD Tailored Plans for qualifying high-need populations with a serious mental illness, serious emotional disturbance, substance use disorder, I/DD, or traumatic brain injury; tentatively scheduled to launch in July 2021
    - Both products will offer a robust set of behavioral health benefits; however, certain, more intensive, behavioral health benefits will only be available through BH I/DD Tailored Plans
    - There will be a continue focus on high-quality, local care management

**Note:** Certain populations will **continue to receive fee-for-service (FFS) coverage, also known as NC Medicaid Direct,** on an ongoing basis. In addition, certain benefits, such as those provided by Children's Developmental Services Agencies (CDSAs), will be carved out of managed care.

### **Standard Plans for NC Managed Care**

### **Statewide Contracts:**

- AmeriHealth Caritas North Carolina, Inc.
- Blue Cross and Blue Shield of North Carolina, Inc.
- UnitedHealthcare of North Carolina, Inc.
- WellCare of North Carolina, Inc.

### Regional Contracts: Regions 3, 4\*& 5

Carolina Complete Health, Inc.

### **Standard Plan Open Enrollment**



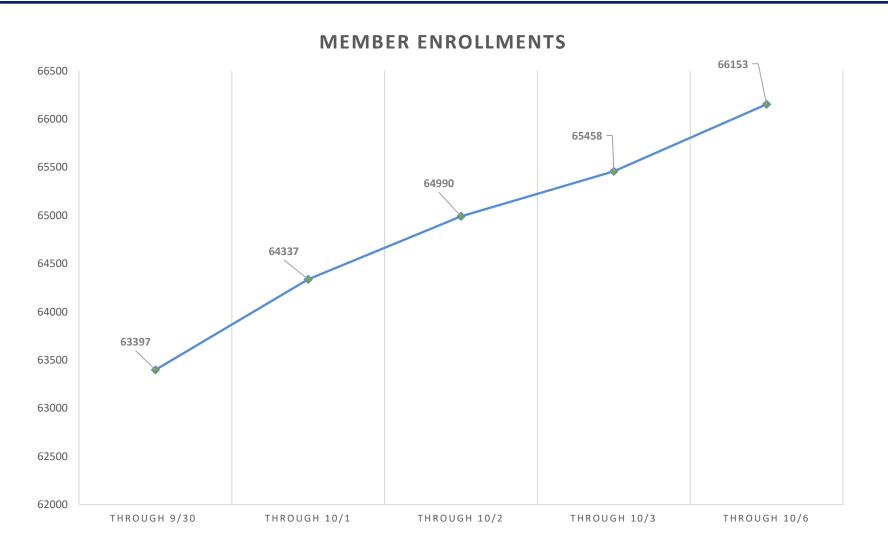


<sup>\*\*</sup>See Appendix for breakdown of regions by county

## **Notices for Final Open Enrollment (OE) Period**

- Notice about beginning of OE to all mandatory and exempt individuals in 73 counties
- Mailing of notices began 9-30-19
- Estimate ~50,000 packets will be sent per day
- Enrollment packet mailings will continue through October 11th

## **Managed Care Member Enrollments**



### **Notices Regarding Managed Care Transition**

In late June, DHHS sent notices to individuals in Regions 2 & 4 regarding Feb. 2020 managed care enrollment. DHHS began sending a similar set of notices to individuals in the remaining regions on September 30<sup>th</sup>.

There are different notices for beneficiaries who will be required to enroll in a Standard Plans v. those eligible for a BH I/DD Tailored Plan who will by default remain in Medicaid FFS/LME-MCOs. DHHS anticipates that beneficiaries may reach out to providers with questions about these notices, and as a result, will provide more detailed information to providers in the coming months.

## Notices for beneficiaries slated to enroll in Standard Plans include information about:

- Timeline that the beneficiary will enroll in managed care
- Process for selecting a primary care provider and a health plan
- Steps to take for beneficiaries who believe they need certain services to address needs related to developmental disability, mental illness, TBI, or substance use disorder
- Contact information for enrollment broker for choice counseling

# Notices for beneficiaries who are eligible for a BH I/DD Tailored Plan and will remain in FFS/LME-MCOs include information about:

- Beneficiary's continued enrollment in FFS/LME-MCO
- Option to enroll in a Standard Plan with explanation that Standard Plans will offer a more limited set of benefits for developmental disability, mental illness, TBI, or substance use disorder
- Contact information for enrollment broker for choice counseling

## **Beneficiary Experience Auto-Assignment for SPs**

Beneficiaries who don't choose a health plan will be assigned one automatically, consistent with the following components in this order:

- 1. If the beneficiary has a historic relationship with a particular PCP/Advanced Medical Home
- 2. Where the beneficiary lives
- 3. Plan assignments of other family members
- 4. If the beneficiary has a historic relationship with a particular SP in the previous twelve (12) months (e.g., "churned" off/into Medicaid Managed Care)

# Timeline for Standard Plan Rollout & Launch

2019

Jun
• Enrollment Welcome Packet Mailed to Regions 2 and 4

•Open Enrollment Began for SP-Eligible People in Regions 2 and 4

Aug

• Enrollment Welcome Packet Mailed to Regions 1,3,5 and 6

• Open Enrollment Began for SP-Eligible People in Regions 1,3,5 and 6

Nov

Dec 13<sup>th</sup> ·Open Enrollment Ends

2020



Jan • Member ID cards

Member Handbooks

Feb 1<sup>st</sup> • Standard Plan Launch

Mar \*Member feedback

Evaluation of materials, process



**Outreach Activities Ongoing** 



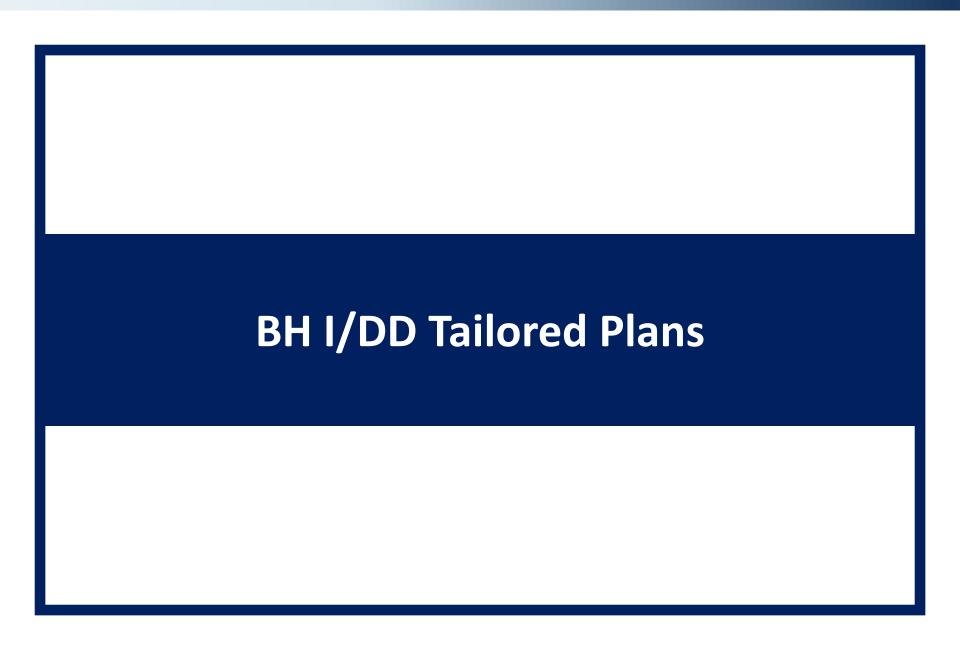






### **Tentative Timeline for Tailored Plan Rollout & Launch**





## Overview of BH I/DD Tailored Plan Eligibility

Certain beneficiaries with more intensive behavioral health needs, I/DDs, and TBI will be eligible to enroll in a BH I/DD Tailored Plan. Starting in 2021, DHHS will conduct regular data reviews to identify eligible beneficiaries. These beneficiaries will remain in NC Medicaid Direct\*/LME-MCOs at Standard Plan launch unless they choose to opt into a Standard Plan.\*\*

### BH I/DD TP Eligibility Criteria Identified via Data Reviews

Y	Enrolled in the Innovations or TBI Waivers, or on the waiting lists <sup>†</sup>
Ò	Enrolled in the Transition to Community Living Initiative (TCLI)
Ó	Have used a Medicaid service that will only be available through a BH I/DD Tailored Plan
Ó	Have used a behavioral health, I/DD, or TBI service funded with state, local, federal or other non-Medicaid funds
Ò	Children with complex needs, as defined in the 2016 settlement agreement
Ó	Have a qualifying I/DD diagnosis code
0	Have a qualifying mental illness or SUD diagnosis code, and used a Medicaid-covered enhanced behavioral health service during the lookback period, such as enhanced crisis services
0	Have had an admission to a state psychiatric hospital or Alcohol and Drug Abuse Treatment Center (ADATC), including but not limited to, individuals who have had one or more involuntary treatment episodes in a State-owned facility
Ó	Have had two or more visits to the emergency department for a psychiatric problem; two or more psychiatric

hospitalizations or readmissions; or two or more episodes using behavioral health crisis services within 18 months

<sup>\*</sup>NC Medicaid Direct is Medicaid Fee-for-Service

<sup>\*\*</sup>Populations excluded from LME-MCOs today will continue to obtain behavioral health services through NC Medicaid Direct

## **BH I/DD Tailored Plan Benefits**

BH I/DD Tailored Plans will cover a more robust behavioral health, I/DD, and TBI benefit package than SPs.

### BH I/DD Tailored Plan Benefits Include:

Y	Physical health services
Ó	Pharmacy services
0	State plan long-term services and supports (LTSS), such as personal care, private duty nursing, or home health services
0	Full range of behavioral health services ranging from outpatient therapy to residential and inpatient treatment
Ó	New SUD residential treatment and withdrawal services
Ó	Intermediate care facilities for individuals with intellectual disabilities (ICF/IID)*
Ó	Current 1915(b)(3) waiver services*
Ó	Innovations waiver services for waiver enrollees*
Ó	TBI waiver services for waiver enrollees*
0	State-funded behavioral health, I/DD, and TBI services for the uninsured and
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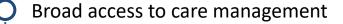
Note: Dual eligible enrollees will receive behavioral health, I/DD, and TBI services through a BH I/DD Tailored Plan and other Medicaid services through NC Medicaid Direct.

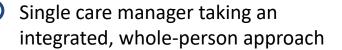
\*Services will only be offered through BH I/DD Tailored Plans; in addition, certain high-intensity behavioral health services, including some of the new SUD services, will only be offered through BH I/DD Tailored Plans.

### **Tailored Care Management Model**

The care management model in BH I/DD Tailored Plans will be known as "Tailored Care Management."

#### **Overarching Principles**





Person- and family-centered planning

Provider-based care management

Community-based care management

Community inclusion

Choice of care managers

Consistency across the state

Harness existing resources

# **Care Management Will Be Delivered By:**

- Advanced Medical Home Plus (AMH+) Primary Care Practices
- Care Management Agencies (CMAs)
- BH I/DD Tailored
   Plan-Employed
   Care Managers

## Roles and Responsibilities of Care Managers

- Completion of care management assessments/care plans
- Coordination of services, including those addressing unmet health-related resource needs
- Management of beneficiary needs during transitions of care
- High-risk care management
- Chronic care management
- Management of rare diseases and high-cost procedures
- Management of high-risk social environments



### **Impact of Managed Care on Beneficiaries**



#### What's New

- Beneficiaries eligible for Standard Plans will be able to choose their own health care plan\*
- Most, but not all, people will be in Medicaid Managed Care
- An enrollment broker will assist with choice

### What's Staying the Same

- Eligibility rules will stay the same
- Same health services/treatments/supplies will be covered



- The beneficiary Medicaid co-pays, if any, will stay the same
- Beneficiaries report changes to local DSS

<sup>\*</sup>Beneficiaries eligible for TPs will be assigned to the TP in their region and have the option to switch to an SP



### **Provider Experience in Managed Care**

### **Addressing Administrative Burden:**

- A centralized and streamlined provider enrollment and credentialing process
- Transparent, timely and fair payments for providers
- A single statewide drug formulary that all SPs will be required to utilize
- Same services covered in Medicaid Managed Care and fee-for-service (with exception of services carved out of Medicaid Managed Care and services only covered by TPs)
- Department's definition of "medical necessity" used by SPs when making coverage decisions
- Providers offered some contracting "guardrails", standard SP contract language

### **Impact of Managed Care on Providers**

### **Contract/Payment**

- Potential contract with multiple SPs, CINs
- Opportunity to negotiate rates\*
- Understanding contract terms, conditions, payment and reimbursement methodologies
- Network adequacy and out of networks standards

To be discussed in more detail

AMH program/tiered payments

### Information/Problem-Solving

- Build relationships with health plans
- SP provider assistance line
- Provider appeals procedures specified in SP provider manual
- DHHS provider ombudsman to assist with problem solving
- Opportunities to provide feedback i.e.
   AMH TAG

<sup>\*</sup>rate floors apply

## The Advanced Medical Home (AMH) Model in SPs

The AMH program will serve as the primary vehicle for delivery of local care management under Medicaid Managed Care.

#### Tiers 1 and 2

- SP retains primary responsibility for care management
- Practice requirements are the same as for Carolina ACCESS
- Providers will need to coordinate across multiple plans: practices will need to interface with multiple SPs, which will retain primary care management responsibility; SPs may employ different approaches to care management

#### **AMH Payments**

- PMPM Medical Home Fees
  - Same as Carolina Access
  - Minimum payment floors

#### Tier 3

- Practice must meet all Tier 1 and 2 requirements, plus additional Tier 3 care management responsibilities
- SP delegates primary responsibility for delivering care management to the practice level (see next slide)
- Practices will have the option to provide care management in-house or through a single Clinically Integrated Network (CIN)/other partner across all Tier 3 SP contracts
- Initial attestation process closed 1/31: based on attestation data, majority of SP beneficiaries are expected to be attributed to Tier 3 practices

#### **AMH Payments**

- PMPM Medical Home Fees
- PMPM Care
   Management Fees
- Performance
   Incentive Payments

### **Deep Dive on Tier 3 AMHs**

Tier 3 AMHs are responsible for delivering care management at the practice level, including:

#### **Tier 3 Responsibilities**

- Risk stratify all empaneled patients
- Provide care management to high-need patients, which includes (but is not limited to):
  - Conducting a comprehensive assessment of enrollees' needs
  - Establishing a multi-disciplinary care team for each enrollee
  - Developing a care plan for each enrollee
  - Coordinating all needed services (physical health, behavioral health, social services, etc.)
  - Providing in-person assistance securing unmet resource needs (e.g. nutrition services, income supports, etc.)
  - Conducting medication management, including regular medication reconciliation and support of medication adherence
  - Providing transitional care management as enrollees change clinical settings
- Receive claims data feeds (directly or via a CIN/other partner) and meet statedesignated security standards for their storage and use

### **Next Steps- Actions providers can take**

- Contract with PHPs November 15<sup>th</sup> deadline
- Inform DHHS of new issues with managed care implementation
- Update information in NCTRACKS
- Share resources with beneficiaries
- Run managed care video in waiting room office
- Direct beneficiaries to right resource
- If requested assist members with completion of Tailored Plan Exemption form

### Inform DHHS of new issues

- We want to hear from you. What is working? What is not?
- START HERE FIRST
  - Providers: NCTracks: 800-688-6696
  - Beneficiaries: Medicaid Contact Center: 833-870-5500
  - Counties: NC FAST: 919-813-5400
- Staff can escalate issues to internal SWAT team focused on problem identification and resolution
- When needed, issues can be escalated to our SWAT team by calling (919) 527-7460 or emailing <a href="MedicaidSWAT@dhhs.nc.gov">MedicaidSWAT@dhhs.nc.gov</a>

### **Share Outreach Materials**

#### **POSTER**



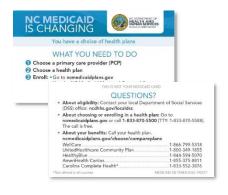
#### **FACT SHEETS**



#### Q&A



#### PALM CARD



#### **FLYER**



Download at medicaid.ncdhhs.gov/county-playbook-Medicaid-managed-care

## **Direct Beneficiaries to Right Resource**



ABOUT ELIGIBILITY

Continue to come to local DSS

Find contact information at ncdhhs.gov/localdss



ABOUT
NC MEDICAID
DIRECT BENEFITS
AND CLAIMS

Call the Medicaid Contact Center toll free:

1-888-245-0179



ABOUT
CHOOSING
A PLAN OR PCP
AND ENROLLING

Go to ncmedicaidplans.gov (chat available)

Use the NC Medicaid Managed Care mobile app

Call 1-833-870-5500 (the call is free)

TTY: 1-833-870-5588



ABOUT
NC MEDICAID
MANAGED CARE
PLAN OR BENEFITS

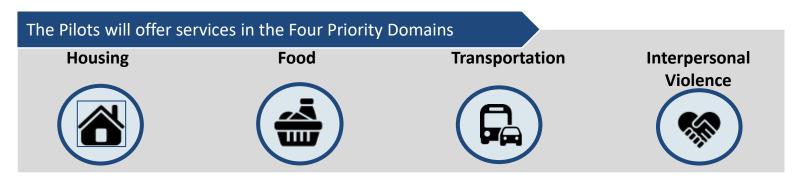
Call their Health Plan



### What Are the Healthy Opportunities Pilots?

The federal government authorized up to \$650 million in state and federal Medicaid funding to test evidence-based, non-medical interventions designed to improve health outcomes and reduce healthcare costs for a subset of Medicaid enrollees.

- PHPs in two to four geographic areas of the state will work with their communities to implement the "Healthy
  Opportunities Pilots," as approved through North Carolina's 1115 waiver
- Pilot funds will be used over the five-year demonstration period to:
  - Cover the cost of federally-approved Pilot services
  - Support capacity building to establish "Lead Pilot Entities" that will develop and manage a network of human service organizations (HSOs), and strengthen the ability of HSOs to deliver Pilot services
    - DHHS will procure Lead Pilot Entities with deep roots in their community that can facilitate collaboration across the healthcare and human service providers



### Who Qualifies for Pilot Services?

#### To qualify for pilot services, Medicaid managed care enrollees must have:



# At least one Needs-Based Criteria:

Physical/behavioral health condition criteria vary by population:

- Adults (e.g., 2 or more chronic conditions)
- Pregnant Women (e.g., multifetal gestation)
- Children, ages 0-3 (e.g., Neonatal intensive care unit graduate)
- Children, ages 0-21 (e.g., Experiencing three or more categories of adverse childhood experiences)



# At least one Social Risk Factor:



- Homeless and/or housing insecure
- Food insecure
- Transportation insecure
- At risk of, witnessing or experiencing interpersonal violence

## **Overview of Approved Pilot Services**

North Carolina's 1115 waiver specifies services that can be covered by the Pilot. Pilots will address priority domains for unmet social needs.



#### Housing

- Tenancy support and sustaining services
- Housing quality and safety improvements
- One-time securing house payments (e.g., first month's rent and security deposit)
- Short-term post hospitalization housing



#### **Food**

- Linkages to community-based food services (e.g., SNAP/WIC application support, food bank referrals)
- Nutrition and cooking coaching/counseling
- Healthy food boxes
- Medically tailored meal delivery



#### **Transportation**

- Linkages to existing public transit
- Payment for transit to support access to pilot services, including:
  - Public transit
  - Taxis, in areas with limited public transit infrastructure



# Interpersonal Violence

- Linkages to legal services for IPV related issues
- Evidence-based parenting support programs
- Evidence-based home visiting services

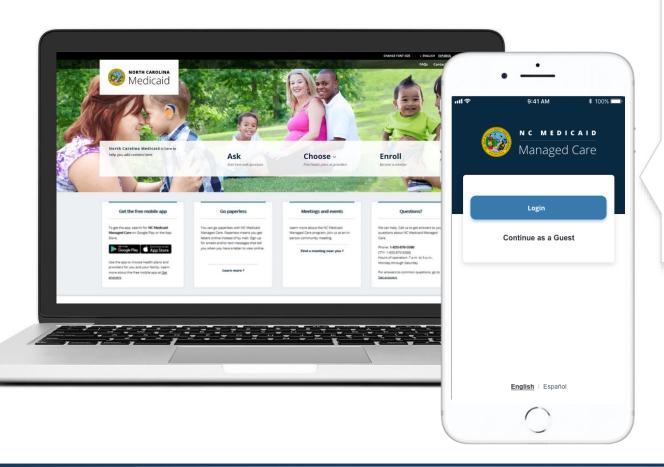


### **Digital Solutions and Analytics**

Gaining a window into consumer/member engagement

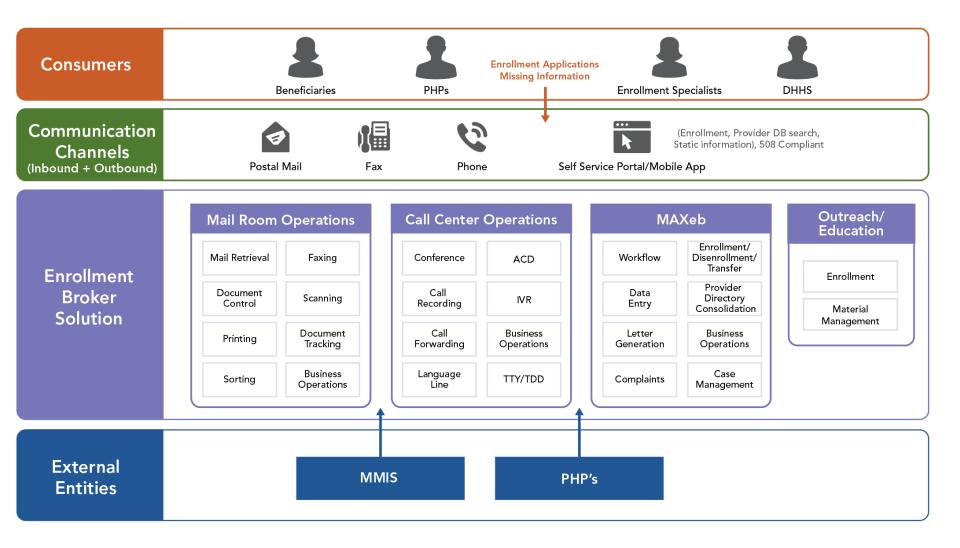
• Simplify the application and enrollment process for consumers, while

satisfying program requirements



- Enrollments by channel
- Mobile enrollments
- Mobile sessions
- Weekly app updates
- Member views/ updates of case information

### **NC Enrollment Broker: Process Flow**



## Questions

NC MEDICAID TRANSFORMATION WEBSITE www.ncdhhs.gov/medicaid-transformation



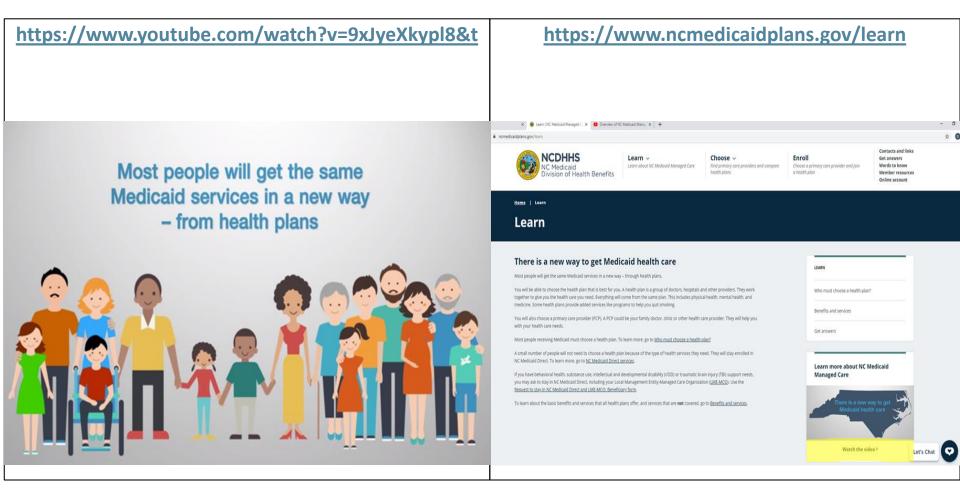
**Standard Plan Regions** 

		Meg.				
Region 1	Region 2	Region 3	Region 4	Region 5	Region 6	
Avery Buncombe Burke Caldwell Cherokee Clay Graham Haywood Henderson Jackson Macon Madison McDowell Mitchell Polk Rutherford Swain Transylvania Yancey	Alleghany Ashe Davidson Davie Forsyth Guilford Randolph Rockingham Stokes Surry Watauga Wilkes Yadkin	Alexander Anson Cabarrus Catawba Cleveland Gaston Iredell Lincoln Mecklenburg Rowan Stanly Union	Alamance Caswell Chatham Durham Franklin Granville Johnston Nash Orange Person Vance Wake Warren Wilson	Bladen Brunswick Columbus Cumberland Harnett Hoke Lee Montgomery Moore New Hanover Pender Richmond Robeson Sampson Scotland	Beaufort Bertie Camden Carteret Chowan Craven Currituck Dare Duplin Edgecombe Gates Greene Halifax Hertford Hyde	Jones Lenoir Martin Northampton Onslow Pamlico Pasquotank Perquimans Pitt Tyrrell Washington Wayne

### Run video in office waiting rooms

### **You Tube**

### **EB Link**



### **Options for Beneficiaries**

- 1. Direct them to <u>ncmedicaidplans.gov</u> to learn more
- 2. Direct them to <u>ncmedicaidplans.gov</u> to chat with an Enrollment Specialist
- 3. Direct them to download and use the NC Medicaid Managed Care mobile app
- 4. Tell them to call 1-833-870-5500 to speak with an Enrollment Specialist. The call is free.
- 5. Individuals with hearing impairments may contact an Enrollment Specialist via the TTY line 1-833-870-5588.
- 6. Beneficiaries can also enroll by mailing or faxing their completed enrollment form

### CHANNELS FOR ENROLLMENT

