



North Carolina Department of Health and Human Services  
Division of Mental Health, Developmental Disabilities and Substance Abuse Services

Pat McCrory  
Governor

Aldona Z. Wos, M.D.  
Ambassador (Ret.)  
Secretary DHHS

Jim Jarrard  
Acting Division Director

February 8, 2013

**To:** Joint Legislative Oversight Committee Members on HHS  
 Commission for MH/DD/SAS  
 Consumer/Family Advisory Committee Chairs  
 State CFAC  
 Advocacy Organizations and Groups  
 NC Association of County Commissioners  
 County Managers  
 County Board Chairs  
 NC Council of Community Programs

State Facility Directors  
 LME/MCO Directors  
 LME/MCO Board Chairs  
 DHHS Division Directors  
 Provider Organizations  
 MH/DD/SAS Professional Organizations and Groups  
 MH/DD/SAS Stakeholder Organizations and Groups  
 NC Association of County DSS Directors

**From:** Jim Jarrard

**Re: Communication Bulletin #128  
 New CPT codes in IPRS and Addition of Medical  
 Evaluation and Management Codes for Use by  
 Psychiatric Nurse Practitioners in IPRS**



The Division of Mental Health, Developmental Disabilities, and Substance Abuse Services (DMH/DD/SAS) is adopting the new CPT code changes effective January 1, 2013 as described in the Division of Medical Assistance (DMA) January Special Bulletin found at [http://www.ncdhhs.gov/dma/bulletin/pdfbulletin/0113\\_BHCode\\_Special\\_Bulletin.pdf](http://www.ncdhhs.gov/dma/bulletin/pdfbulletin/0113_BHCode_Special_Bulletin.pdf), with the following exceptions:

- The only modifier the Integrated Payment and Reporting System (IPRS) will recognize is GT for Telepsychiatry Services.
- IPRS will not implement "incident-to" billing.

The IPRS rates will be in accordance with the DMA Fee Schedule.

The new Psychotherapy for Crisis Services codes will provide local management entities-managed care organizations (LME-MCOs) and DMH/DD/SAS the ability to monitor the frequency of emergent evaluations in walk-in crisis centers and other outpatient settings. The addition of these two codes should provide valuable information regarding the utilization of the crisis service array.

DMH/DD/SAS also plans to be in alignment with DMA policies on nurse practitioner utilization of evaluation and management (E/M) codes as outlined in the January Special Medicaid Bulletin found at, [http://www.ncdhhs.gov/dma/bulletin/pdfbulletin/0113\\_Special\\_Bulletin\\_EMCodes.pdf](http://www.ncdhhs.gov/dma/bulletin/pdfbulletin/0113_Special_Bulletin_EMCodes.pdf).

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These changes are effective January 2013; however, system codes and audits are still in the process of being developed. When system changes have been made to accommodate reimbursement of these services, HP will issue an IPRS User Alert to the LME-MCO community and an updated IPRS Service Array will be posted to the DMH/DD/SAS website.

Cc: Secretary Aldona Vos, M.D.  
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