

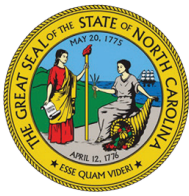
NC RISE Program



Detention Center Capacity Restoration Programming in North Carolina



NC DEPARTMENT OF
HEALTH AND
HUMAN SERVICES



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The North Carolina Department of Health and Human Services (DHHS) is piloting new mental health programs to address the expanding needs of individuals adjudicated to Incapable to Proceed to Trial (ITP). Currently, Capacity Restoration (CR) services are only provided in the three State Psychiatric Hospitals (SPH). There is a need in North Carolina to develop a system that provides forensic evaluations and CR in alternate settings, such as in the community and in detention centers. The first CR program based in a detention center was established on December 7, 2022 at the Mecklenburg County Detention Center, and is operated by Wellpath Recovery Solutions, LLC. The program is called NC RISE (Restoring Individuals Safely and Effectively) and it aims to provide needed mental health and restoration services to ITP defendants awaiting trial.

Additionally, three community-based CR pilot programs are slated to begin in January 2023 in Mecklenburg, Wake, and Cumberland Counties. This will allow for CR to be provided across all levels of care and settings.

About the NC RISE Program

NC RISE operates a 10-bed unit at the Mecklenburg County Detention Center for defendants deemed ITP by the courts. The program provides an array of services, including psychiatric care, individual and group counseling, substance abuse treatment, psychoeducation and targeted case management. It will allow clinical care to be provided in the most responsive setting, reduce unnecessary admissions to state psychiatric hospitals and provide greater access to treatment. It will also result in quicker resolution of criminal charges.

Program Admission Criteria

Patients housed at the Mecklenburg County Detention Center awaiting CR will be considered for admission to NC RISE. Those eligible participants will be able to obtain needed treatment and restoration services in a timely manner. Appropriate candidates include those who do not have an acute psychiatric illness, are behaviorally stable, and voluntarily accept treatment.

Capacity Restoration Program Options

CBCRP	<ul style="list-style-type: none">• Eligible for bond• Motivated/compliant with treatment• Low risk for re-offending• Misdemeanor or non-violent offense• Stable housing
DCCRP	<ul style="list-style-type: none">• Ineligible for bond (certain categories of offenses) or willing to waive• Compliant with treatment• Low suicide risk• Likely restorable within 60-90 days• Awaiting admission to or already discharged from SPH
SPH	<ul style="list-style-type: none">• Acute psychiatric symptoms, including severe psychosis• Refuses treatment• Recent suicidal or self-injurious behavior• Recent or history of severe aggression/violence• High risk of re-offending• Acute medical ailments or disabilities• Substance detox needed

Program Benefits

- Provide greater access to care for ITP defendants in detention.
- Reduce SPH wait times by providing care and restoration in the detention center.
- Get ITP patients into CR more quickly so detention times are shorter, and cases are resolved more quickly.
- Conserve resources by limiting SPH care to those who need it.
- Allow those found capable to proceed at the SPH to maintain their capacity by receiving continued care upon return to detention.



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