



State Consumer and Family Advisory Committee
Meeting Minutes June 14, 2023
Hybrid Meeting

| Committee Members Attendance: | | | | Total Attendance: | | | |
|-------------------------------|-----------|---------|-------------|----------------------|-----------|---------|-------------|
| Name | In-Person | Virtual | Absent | Name | In-Person | Virtual | Absent |
| April DeSelms | X | | | Brandon Wilson | X | | |
| Bob Crayton | X | | | Heather Johnson | X | | |
| Crystal Foster | | X | | Jean Andersen | X | | |
| Susan Monroe | | | X | Jessica Aguilar | X | | |
| Lorraine Washington | X | | | Johnnie Thomas | X | | |
| Patty Schaeffer | | X | | Kenneth Brown | | X | |
| Ricky Johnson | | X | | Janet Breeding | | X | |
| Attendance: | | | | Total Attendance: | | | |
| Name | Staff | Guest | Affiliation | Name | Staff | Guest | Affiliation |
| Ann Marie Webb | X | | DMH/DD/SUS | Wes Rider | X | | DMH/DD/SUS |
| Badia Henderson | X | | DMH/DD/SUS | Suzanne Thompson | X | | DMH/DD/SUS |
| Dan Guy | X | | DMH/DD/SUS | Jennifer Meade | X | | DMH/DD/SUS |
| Crystal Dorsey | X | | DMH/DD/SUS | Brandon Rollings | X | | DMH/DD/SUS |
| Stacey Harward | X | | DMH/DD/SUS | Victoria Burns | X | | DMH/DD/SUS |
| Maria Ramirez Perez | X | | DMH/DD/SUS | Ericka Johnson | X | | DMH/DD/SUS |
| Latwanna Floyd | X | | DMH/DD/SUS | Lisa Jackson | X | | DMH/DD/SUS |
| Michael Equi | X | | DMH/DD/SUS | Yvonne French | X | | DMH/DD/SUS |
| Kristin Jerger | X | | DMH/DD/SUS | Charles Rousseau | X | | DMH/DD/SUS |
| Daniel Moreadith | | X | Trillium | Pat McGinnis | | X | Vaya |
| Donna Cagler | | X | | Julie Cameron | | X | |
| David Owens | | X | Vaya | Briana Thompson | | X | |
| Cindy Trobaugh | | X | Partners | Manuel Hyman | | X | Alliance |
| Sana Siddiqui | | X | | Emily Whitmire | | X | Vaya |
| Sarah Potter | | X | Partners | Ruth Craig | | X | |
| Mamie Hutnick | | X | Trillium | Gretchen Smith | | X | |
| Alessandra Fabrello | | X | | Annette Smith | | X | Alliance |
| Brooke Mickelson | | X | Eastpointe | Nely Guidici | | X | Vaya |
| Janet Sowers | | X | Vaya | Donna Cagler | | X | |
| Stacy Watson | | X | | Debbie Chapman | | X | |
| Chelsea Allen | | X | Vaya | Danielle Brown | | X | |
| Ron Rau | | X | | Tracy Snowdon-Muller | | X | Eastpointe |
| Stacy Sorrells | | X | Vaya | Sarah Gregosky | | X | |



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| Mission: Nothing About Us, Without Us | | Vision: A mental health system that works for everyone. | |
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| Agenda Item/Presenter | Main Topic/Goals: | Action Needed: | |
| 1. | Meeting Convened- Roll Call Completed | Convened by chair April DeSelms at 9:02 a.m. | N/A |
| 2. | Approval of Minutes/Review of Agenda | Agenda Approved – 1 st - Bob Crayton 2 nd – Johnnie Thomas Minutes Approved – 1 st – Lorraine Washington 2 nd – Jean Andersen | <ul style="list-style-type: none"> • May minutes will be posted on the website |
| 3. | Public Comment April DeSelms & Bob Crayton | Three public comments- two were read: <ul style="list-style-type: none"> • Ashley Harrington- In regard to the new cap/c waiver, although it does give more flexibility to families, it also limits the amount of resources available to families. If coordinated caregiving is chosen, a single person is responsible for 24/7 care of a child with special medical needs. Coordinated caregiving is now an option for nurse level kids, which is reimbursed at a rate less than the cost of living. Other states are doing a much better job at providing care and resources to their medically complex pediatric population. Please consider approving any changes that will benefit the lives of these children. • Katherine Moore - I want to specifically comment on cap/c. I am a mom of a cap/c recipient and I don't feel like the leaders of cap/c understand the struggles families face when it comes to caregivers for their children. There needs to be a robust selection of options, ability to combine options and parents who choose to be paid caregivers be paid a living wage. The thought of an agency supervising me is shocking and actually takes away from my pay. I have been taking care of my son on my own with no caregivers since 2020. His care team has no concerns about my ability to care for him and support | <ul style="list-style-type: none"> • Comments were discussed among the SCFAC members. It was stated they would have liked the CAP/C presenter to have been there to discuss these comments further. • SCFAC decided they will be putting public comments with the Gaps & Needs Subcommittee for any follow-up needed for the 2023-2024 year |



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| | | <p>me being his paid caregiver. However, getting an agency involved could actually change this since he is very complex. I have never had a good experience with an agency and being required to go with an agency gives me pause as to continue doing paid caregiving as I am currently doing under cd/lite. I am asking the leaders among other members to please look at the caregiver situation and the lack of caregivers and help make meaningful changes to support parents as paid caregivers at a living wage. Cap/c leaders should have made cd/lite permanent and no change's especially since they know there's a critical shortage of caregivers in all areas.</p> <ul style="list-style-type: none">• Alessandra Fabrello – provided a written comment and also spoke about her comment- Hundreds of medically fragile children in North Carolina under the NC Medicaid dual CAP/C-PDN waiver program are in dire crisis The current NC Medicaid dual CAP/C-PDN program is both seriously flawed and critically failing. This has been escalated to the highest levels at NC Medicaid as well as the NCGA for years; well before Covid. The refusal by NC Medicaid to take action has resulted in a crisis situation with the following consequences — 1. continued delayed hospital discharges taking valuable acute care beds which is costing NC Medicaid millions of dollars 2. children being admitted to long term care facilities against the families will due to lack of nurse level caregivers in the home setting which is not cost neutral and costing NC millions of dollars 3 frequent admissions and ER visits due to lack of consistent skilled and/or unskilled care — countless studies cite consistent care is the key to better outcomes, regardless of licensure 4. parents going into poverty — using up all savings and retirement 5. parents losing homes 6. parents no longer able to generate income and unable to work and having to care for their children 24/7 7. deaths of several children have occurred as a direct result of this crisis 8. some children are being held in hospitals for months and even years due to no in home nurse level care 9. parents being completely housebound 24/7 caring for their children alone 10. inability for children to attend school 11. parents being | |
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| | | <p>threatened to have their children removed from their care if parents openly claim their children are unsafe in home due to the system failing to provide in home nurse level care 12. mental and physical health of parents on a dangerous decline due to the imposed stress of all the above.</p> | |
| <p>4.</p> | <p>Healthy Opportunities</p> <p>Andrea Price- Stogsdill, Program Manager, NC Medicaid, Healthy Opportunities Pilot</p> <p>Maria Perez</p> | <p>Andrea and Maria provided a presentation on Healthy Opportunities.</p> <ul style="list-style-type: none"> • Currently a pilot program in a few counties and they are adding more services in each county as they can • Discussed the items that it can help individuals obtain • Fruit and Vegetable boxes, home remediation services, housing assistance, and transportation assistance (all services, but not available in all pilot programs yet) • Can be referred to the service by any provider for more information a person can call their NC Medicaid Center • Information for the current areas served is posted on their website and they can also be found on Facebook • In regards to how the pilot is doing- Food is going very well. Transportation launched in April and is also doing very well. The number of individuals enrolling keeps going up each month. • It is meant to be a temporary assistance such as a food box is for about a 9 month period. | <ul style="list-style-type: none"> • SCFAC had no follow-up for this presentation. |
| <p>5.</p> | <p>Division Updates and Behavioral Health Statewide Central Availability Navigator</p> <p>Renee Rader, Deputy Director, DMH/DD/SUS</p> | <p>Deputy Director Rader gave an update on DMH/DD/SUS:</p> <ul style="list-style-type: none"> • Announced new Director of Strategic Planning Charles Rosseau • Putting 988, BH SCAN, Crisi Services, and Disaster Services under a new team lead which is Lisa DeCiantis • Hired an Opioid Team Lead, Alyssa Kitless, she works for Vital Strategies but will be only handling DMH/DD/SUS duties. She will handle data coordination for opioid and | <ul style="list-style-type: none"> • No follow-up needed |



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| | | <p>substance use across North Carolina. Alyssa will be starting in mid-July.</p> <ul style="list-style-type: none"> • Still working on the contract execution for the Plain Language Campaign • Received Certified Behavioral Health Clinic Grants – It will help open several behavioral health clinics that also have physical services included. Services will include physicals, Mental health, 24/7 crisis, veteran/military services, rehabilitation services, screening and assessment services and many more. <p>Behavioral Health SCAN:</p> <ul style="list-style-type: none"> • Online centralized bed registry that allows for emergency departments and hospitals to search for appropriate bed availabilities throughout the state. • Includes 83 emergency departments, 3 State Psychiatric Hospitals, 2 Alcohol and Drug Treatment Centers, 49 Community Inpatient psychiatric Units/Hospitals, 3 Youth Facility Based Crisis, 9 Adult Facility Based Crisis, and 2 Non-Hospital Detox & Medically Managed Intensive Inpatient & Withdrawal Management Programs. • Continued efforts to onboard additional programs are occurring to include Psychiatric Residential Treatment Facilities, Child Residential Services Levels I/II-Family Type, Child Residential Services Levels II, and IDD Residential Facilities. • 75% of facilities report out on a daily basis | |
| <p>6.</p> | <p>Presentation of SCFAC Yearly Plan to Deputy Director Rader</p> <p>Brandon Wilson and SCFAC Members</p> | <p>Brandon presented the SCFAC Annual Report for the 2022-2023 year to Deputy Director Rader.</p> <ul style="list-style-type: none"> • Reviewed the Annual Report and the goals that SCFAC is requesting the State to achieve for the year. | <ul style="list-style-type: none"> • Annual Report can be found on the SCFAC Website. • Report responses from the Department will be received at the July meeting. |
| <p>7.</p> | <p>Tailored Plan Update</p> <p>Sarah Gregosky, MSPH Chief of Managed Care, NC Medicaid</p> | <p>Sarah provided a Tailored Plan Update.</p> <ul style="list-style-type: none"> • Provided a timeline of how the notifications and sign-up periods of Tailored Plan are set to go. | <ul style="list-style-type: none"> • See the provided slides for more information. • For follow-up questions see the meeting recording. |



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| | | <ul style="list-style-type: none"> • 1915(i) is still heading towards a 7/1/2023 start date. All individuals on (b)(3) services will be priority for transitioning to the 1915(i) services. • Recertification/renewal of all Medicaid beneficiaries started on April 1, 2023. Need to make sure that all contact information at their DSS is correct so they can be reached. • Medicaid Expansion was signed into law on March 27, 2023. It will provide health insurance to more than 600,000 people in North Carolina. | |
| 8. | <p>2023-2024 Yearly Elections</p> <p>SCFAC Members</p> | <p>SCFAC Members voted on the 2023-2024 Chair and Vice-Chair Seats.</p> <p>Chair Seat: Brandon Wilson, Jean Andersen Vice- Chair Seat: Bob Crayton, Crystal Foster</p> <p>SCFAC Members held a private vote. SCFAC Liaison Ann Marie counted the votes.</p> <p>2023-2024 Elected Officers will be: Chair- Brandon Wilson Vice-Chair- Bob Crayton</p> | <ul style="list-style-type: none"> • No follow-up needed at this time. |
| 9. | <p>SCFAC Work for 2023-2024 year</p> <p>SCFAC Members</p> | <p>SCFAC Members worked on items for the 2023-2024 year.</p> <ul style="list-style-type: none"> • Proposed four new standing subcommittees to be Legislative and State Budget, Contract Deliverables (Standard & Tailored Plans), Community Collaboration (MAC's & LCFACs), Gaps & Needs/Optimization • By-laws were updated and approved by the SCFAC- 1st motion- Johnnie Thomas; 2nd motion- Lorraine Washington • Discussed producing work each month but decided that work does not have to come from SCFAC but can also come from the subcommittees | <ul style="list-style-type: none"> • Subcommittees will be made final at the August meeting. • For more information about the full SCFAC work completed see the meeting recording. |
| 10. | <p>Meeting Closing and Adjourned: Chair thanked members and moved to adjourn</p> | <ul style="list-style-type: none"> • Meeting was adjourned at 2:30 pm. Motion made 1st by Brandon Wilson & 2nd Bob Crayton | |

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2023 Meeting Dates: Second Wednesday of Every Month

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|-------------------------|-------------------------|---------------------------|
| July 12, 2023 | August 9, 2023 | September 13, 2023 |
| October 11, 2023 | November 8, 2023 | December 13, 2023 |

Meeting Link: <https://www.zoomgov.com/meeting/register/vJltdeCvqzggHjnU0fZtd1KAyUVavCmeATs>

Participants must register for the meeting prior to the meeting.