# Supervised Living—Low

"Supervised Living" is typically provided in individual apartments, sometimes clustered in small developments that may, or may not have an apartment manager on site during regularly scheduled hours. This is the least restrictive residential service which includes room and periodic support care. These apartments are the individual's home, and they are not licensed facilities. In limited cases residents may receive an amount of rental assistance from the area program, but no mental health services are attached to the apartment. The individual may receive periodic mental health services such as outpatient treatment, structured day programming, etc., independent of the "supervised living" apartment, and may also be eligible for a subsidy from an additional funding source. Community based mental health services such as ACTT may be provided to the individual in the home, but the service is not programmatically linked to the home.

The costs reimbursed under this service vary according to setting and may include rental assistance on behalf of the tenant, or other operating expenses of the household including the salary of the onsite manager, if applicable, that is paid for out of the area program operating budget.

#### GUIDELINES:

- (1) A service should be considered as Supervised Living when some (or all) of the rent or other household expenses are paid for as part of this service rate. [Supervision of individuals living independently should be reported as the specific type of service provided (i.e. Personal Assistance, Outpatient Treatment as defined, etc.)]
- (2) Supervised Living--Low may include different frequencies of supervision by employed professional or paraprofessional staff whose related expenses are cost found and whose time is reported as *Personal Assistance*.
- (3) Preparation and documentation time are NOT to be reported.
- (4) Documentation in the client record is required.

PAYMENT UNIT: Client bed day. Staff that support a client in this service are to report a bed day for each client who is occupying a bed or for whom a bed is reserved. If a client is temporarily in a respite or other 24-hour placement which will be billed to the Division, staff are to assure that there is no double billing. Therapeutic leave does not apply to this service.

Therapeutic Relationship and Interventions		
N/A		
Structure of Daily Living		
N/A		
Cognitive and Behavioral Skill Acquisition		
Assistance with cognitive and behavioral skills the individuals needs to remain in this independent		

Assistance with cognitive and behavioral skills the individuals needs to remain in this independent living option may be provided by the area program and private providers, but is not required for the individual to reside in a supported living apartment.

#### **Service Type**

Client bed day. Staff who support a client in this service are to report a bed day for each client who is occupying a bed or for whom a bed is reserved. If a client is temporarily in a respite or other 24-hour placement which will be billed to the Division, staff are to assure that there is no double billing. Therapeutic Leave does not apply to this service. This service is not Medicaid billable.

Resiliency/Environmental Intervention		
N/A		
Service Delivery Setting		
N/A		

#### **Medical Necessity**

Must have a mental health or substance use disorder diagnosis or the person has a condition that may be identified as a developmental disability as defined in G.S. 122-C-3(12a).

## **Service Order Requirement**

N/A

## Continuation/Utilization Review Criteria

N/A

## Discharge Criteria

There is no discharge criteria for the service currently defined as "supervised living" service. North Carolina landlord/tenant laws and conditions of the signed lease apply.

## Service Maintenance Criteria

N/A

#### **Provider Requirement and Supervision**

N/A

#### **Documentation Requirements**

Documentation in the service record is required.

## **Appropriate Service Codes**

Medicaid	NC TRACKS
Not Billable	YP710