

# EARLY INTERVENTION: NC INFANT-TODDLER PROGRAM

## DIVISION OF CHILD AND FAMILY WELL-BEING

*Serving Children and Families with Developmental Needs*



The NC Infant-Toddler Program (NC ITP) provides early support to children ages birth to three with developmental delays or disabilities. We help children and families by offering services that promote growth, learning, and overall well-being such as physical, speech, and occupational therapies.

### OUR SERVICES INCLUDE:

The NC ITP offers a variety of services to help children grow including:



Assistive Technology



Speech-Language Pathology



Physical Therapy



Occupational Therapy



Special Instruction



Service Coordination



Family Training and Counseling

### WHO WE SERVE:



**BIRTH  
TO AGE 3**

The NC ITP serves children from **birth to age three** who have developmental delays or established conditions



**ALL  
100 NC COUNTIES**

Children and families across **all 100 North Carolina counties** are supported by 16 Children's Developmental Services Agencies (CDSAs) that help children reach their full potential



**20,869  
CHILDREN  
AND THEIR  
FAMILIES**

In total, during the 2023-2024 year, **20,869 children and their families** were enrolled in the program

### WHY IT MATTERS:



Research shows that **the first three years of a child's life are crucial for brain development** and setting the foundation for lifelong success



Early intervention **helps children build skills, improve development, and thrive in life**

### WHAT WE'RE ACHIEVING:



#### Child Outcomes

Children in the program show positive results in areas such as:

- **Social-emotional skills**
- **Acquiring knowledge and skills**
- **Taking action to meet their needs**



#### Family Outcomes

Families report feeling more confident in:

- **Understanding their rights**
- **Communicating their child's needs**
- **Supporting their child's development**



#### Serving Children in their Natural Environment

- **99.5% of children receive services at home or in community-based settings, ensuring that support is provided where children live and play**

## REFERRALS AND ENROLLMENT TRENDS:

### Monthly Referrals:

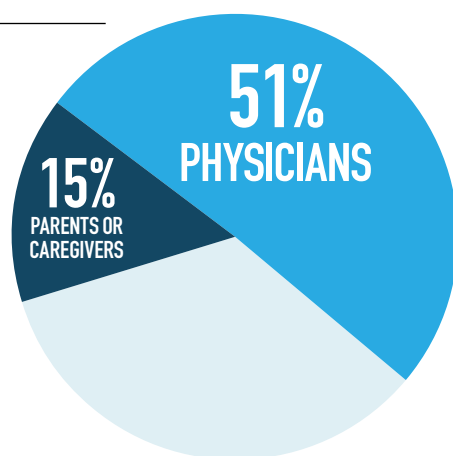
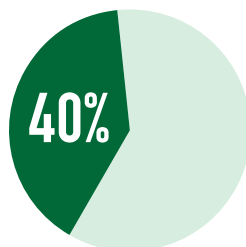
On average, the CDSAs receive **2,296 referrals to NC ITP each month**

**51% of referrals** come from physicians

**15% of referrals** come from parents or caregivers

### Enrollment Conversion:

**About 40% of referrals** result in children being enrolled in the NC ITP



## SERVING NORTH CAROLINA'S FUTURE:



Early intervention is essential for helping children develop skills that will set them up for success in life



Through the NC Infant-Toddler Program, we empower and equip families with the tools and knowledge they need to support their children's needs and growth and develop healthy and secure relationships

## CONTACT INFORMATION:

To learn more about Early Intervention and how the Division of Child and Family Well-Being supports North Carolina's children and families, visit [ncdhhs.gov/DCFW](https://ncdhhs.gov/DCFW)



*The North Carolina Department of Health and Human Services (NCDHHS) Division of Child and Family Well-Being (DCFV) consists of 1000 employees dedicated to delivering services and resources to more than 2 million children and their families in the areas of nutrition, early development, behavioral and physical health.*

*Our teams serve children and families in all 100 counties and contribute significant financial benefits to the state. North Carolina allocates \$55 million in state funds to support DCFV programs, which leverage an additional \$5 billion in federal funding, the majority of which goes directly to children and families while stimulating the state's retail economy. Recently, in response to Hurricane Helene, DCFV provided Disaster SNAP and Food and Nutrition Services benefits to 380,000 individuals in western North Carolina, injecting \$85 million in federal funds into the local economy.*

*In just three years since its establishment, DCFV has already achieved notable early wins such as implementing the SUN Bucks program, which provided over 1 million students with \$120 each for summer food purchases, contributing \$129 million to the state's economy. Investments in early development, nutrition security, and physical and behavioral health are vital for enhancing the lives of children and families and the broader economy. At DCFV, we are guided by that mission: to ensure North Carolina's children are healthy and thriving in safe, stable and nurturing families, schools and communities.*



NC DEPARTMENT OF  
**HEALTH AND  
HUMAN SERVICES**  
Division of Child and Family Well-Being