



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**

ROY COOPER • Governor

MANDY COHEN, MD, MPH • Secretary

SUSAN OSBORNE • Assistant Secretary for County Operations for
Human Services

September 02, 2021

Dear County Directors of Social Services

Attention: Food and Nutrition Services Managers and Supervisors

Subject: October Issuance of Food and Nutrition Services (FNS) and
Simplified Nutritional Assistance Program (SNAP)

Priority: Information Only

I. GENERAL INFORMATION

The American Rescue Plan Act of 2021 that was signed to provide a 15% increase will end September 30, 2021 for the FNS and SNAP maximum allotments. On August 16th the United States Department of Agriculture (USDA) [announced](#) that the Thrifty Food Plan, which is used to calculate Supplemental Nutrition Assistance Program (SNAP) benefits, had been re-evaluated. That re-evaluation has led to an historic increase in SNAP benefits for FFY 2022. Effective October 1, 2021 Cost-of-Living Adjustments (COLA) maximum FNS allotment levels will increase by 25%. The benefit increase is a mass change and does not require a notice to implement.

The maximum allotment amounts for SNAP households will be provided as the information becomes available. Until further notice, the SNAP allotments will go back to the current rate of \$105 for the higher allotment and \$60 for the lower allotment on October 1, 2021.

II. POLICY PROCEDURES

A. NC FAST will calculate the new FNS allotment amounts automatically for any benefits issued October 1, 2021 using the increased 25% maximum allotment. Starting October 1, 2021 households will receive the following:

FNS Benefit for October 2021		
FNSU Size	Maximum Allotment	25% of Maximum Allotment
1	\$234	\$250
2	\$430	\$459
3	\$616	\$658
4	\$782	\$835
5	\$929	\$992

NC DEPARTMENT OF HEALTH AND HUMAN SERVICES • DIVISION OF SOCIAL SERVICES • ECONOMIC AND FAMILY SERVICES

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6	\$1,114	\$1190
7	\$1,232	\$1316
8	\$1,408	\$1504
Each Additional Member	\$153	\$188

B. This change is considered a mass change and individual notices will not be issued. A mass notice will be issued to notify FNS households of the change. Attached are notices in both English and Spanish along with a document of the seven languages with information on how the notice can be translated. These notices and document must be displayed in all areas of the agency viewable by the general public and on the agency website from the date received through December 31, 2021.

III. IMPLEMENTATION INSTRUCTIONS

The changes are effective with FNS benefits issued October 1, 2021.

Submit any questions regarding this information to the Operational Support Team (OST) at dss.policy.questions@dhhs.nc.gov.

Sincerely,



Carla West, Senior Director for Economic Security
Economic and Family Services Section

CLW/vd

Attachments (3)

- Notice to Food and Nutrition Services Recipients, English and Spanish Language Notice (seven languages)
- Desk Reference English
- Desk Reference Spanish

EFS-FNSEP-69-2021