

Your NC WIC FMNP Benefits

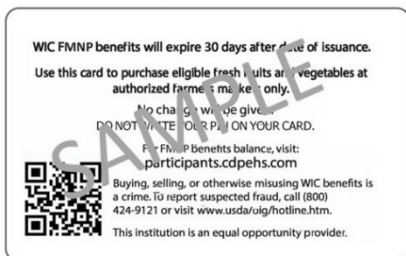
The Farmers' Market Nutrition Program provides a one-time benefit you can use to purchase fresh fruits and vegetables at farmers markets authorized by the North Carolina WIC program.

- Once issued, your FMNP benefits **expire 30 days** after the issuance date. You cannot use your benefits after they have expired.
- There is no Customer Service telephone number for you to call with questions about your FMNP benefits or card. You **must** use the Participant Portal website to obtain your balance.
- You should **NOT** call CDP and ask for a replacement card if lost or damaged, this should be done at the **local WIC agency ONLY**

Your NC WIC FMNP Card

FMNP benefits are issued on an EBT card.

- Your FMNP card contains only FMNP benefits.
- Benefits will be issued to the same card for all eligible family members
- The PIN for your FMNP card is your **Date of birth** (mm/yy)
 - For Non foster participant, make sure to use the Parent Guardian Caretake Date of Birth (DOB).
 - For Foster participant, make sure to use the Foster Child DOB.
- You cannot change the PIN for your FMNP card.
- If your card is lost or damaged, you should contact your local WIC agency .



Access the Participant Portal

You can access your FMNP benefits by using the Participant Portal here: <https://participants.cdpehs.com>

You must register for an account to see your benefit balance and access your QR code (that can be used in place of your FMNP card at the Farmers Market).

Follow these steps to register:

1. Open the Participant Portal website and select the **Don't have an account? Register Here** link on the Login page.

2. Complete the required fields, with the asterisk (*), **Card Number, Birth Date and Zip Code**: then click **Next**

3. Complete the required fields, with the asterisk (*), **Username, Email, Password, Confirm Password**

4. Click Register to save your user profile.
5. When you have successfully completed registration, you will see the message "You have successfully registered a participant account! Click here to continue!"

Already have a Participant Portal Account?

If you already have a Participant Portal account, use your **Username and Password** to access your benefit balance and QR code.

1. Access the Participant Portal here:
<https://participants.cdpehs.com>
2. Enter **Username** and **Password**
 - If you forgot your Password, click on the **Forgot Password** to reset your password.

Login

Enter your local login credentials.

Logging in to: WIC Direct Participant Portal

Username *

Password *

Remember my login

[Forgot password?](#)

[Don't have an account? Register here!](#)


View Your WIC FMNP Balance

Once you have registered your card, you can view your account balance and access your QR code, which can be used in place of your FMNP card at the Farmers Market.

Participant Portal Profile Elizabeth Earth

Mobile identity

Scan the QR Code below anywhere your mobile identity is accepted.



Profile details

Below are the profile details for this account. Manage your profile details [here](#).

Field	Value

Current benefits

Category	Subcategory	Quantity
97 - Farmers Market	000 - Farmers Market	25.00 \$\$\$

Account de

Card Number:
Earliest benefit
Current ben

Category	Subcategory	Quantity
97 - Farmers Market	000 - Farmers Market	25.00 \$\$\$

WIC FMNP Approved/ Eligible Foods

1. Any fresh, locally grown fruits or vegetables
2. Locally grown is defined as within NC borders.
3. No processed, heated, or cooked foods

NO herbs, nuts, seeds, honey, maple syrup, cider, jelly, jam, eggs, meat, cheese, seafood, baked goods, plants, flowers, other non-food items, or items not grown by local farmers.



Farmers' Market Nutrition Program (FMNP) Participant Portal Guide

North Carolina WIC
Farmers' Market
Nutrition Program



N.C. Department of Health and Human Services •
Division of Child and Family Well-Being •
Community Nutrition Services Section • www.ncdhhs.gov •
www.ncdhhs.gov/nc-wic-cacfp •
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