

TBI Grant

3 year grant from the Administration for Community Living to improve TBI infrastructure, provide support, training, education, resources and outreach to survivors, families, caregivers, providers and other TBI stakeholders through the Brain Injury Association of NC

TBI Waiver

3 year pilot through Alliance Health (serves Cumberland, Durham, Johnston, and Wake County) with up to 107 slots to provide a variety of services and supports such as personal care, life skills, cognitive rehab, home and vehicle modification, teach supports, job supports, PT,ST and OT.

TBI State Funds Program

Provides services and supports such as personal care, therapy, residential and other services assessed as a need by the LME-MCO.

Data

Ongoing data initiatives to assist in determining the number of individuals living with TBI statewide such as: TBI screenings at six of the seven LME-MCO's and Claims Data Reviews. The TBI Program is working with the Quality Management Section at the Division of Mental Health, Developmental Disabilities and Substance Abuse Services (DMH/DD/SAS) to determine the number of individuals that have accessed publicly funded services such as physical health, mental health and substance use service systems.

Training and Outreach

Training opportunities are available statewide online through the Brain injury Association of NC. . The online training modules include topics such as Identification of TBI among Medical Professionals and the Primary Care Workforce as well as TBI and Public Services in NC. Online trainings can be found at <http://biancteach.net/>

Traumatic Brain injury
Program Division of
Mental
Health, Developmental
Disabilities and Substance
Abuse Services

TBIContact@dhhs.nc.gov
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[https://www.ncdhhs.gov/
assistance/disability-services/
traumatic-brain-injury](https://www.ncdhhs.gov/assistance/disability-services/traumatic-brain-injury)



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**

Traumatic

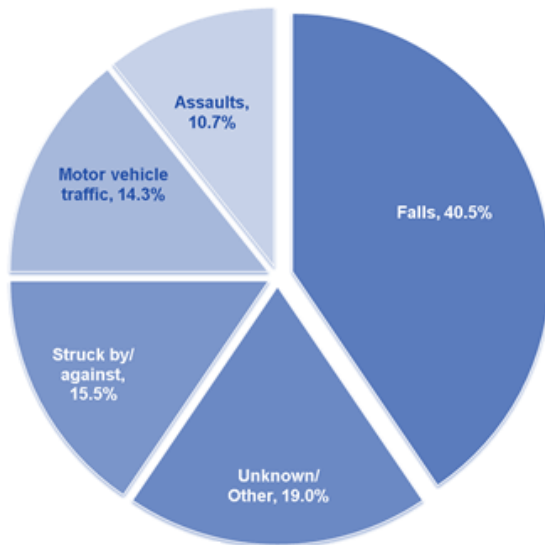
Brain

Injury

Leading Causes of TBI

- Falls - 45.5%
- Unknow/Other - 19%
- Struck by/against- 15.5%
- Motor vehicle - 14.3%
- Assaults- 10.7%

Leading Causes of TBI



What is a Traumatic Brain Injury

- A traumatic brain injury (TBI) is a bump, blow or jolt to the head that disrupts the way the brain normally works. Not all blows or jolts to the head result in a TBI. Most TBI's that occur each year are mild, commonly called concussions.

Statistics

- The CDC reports that 2% of the population has sustained a TBI. In North Carolina that means approximately 208,000 individuals are living with a TBI

The Severity of a TBI

- Mild –also termed concussion; a brief change in mental state or consciousness.
- Moderate– loss of consciousness for any period up to 24 hours.
- Severe—an extended period of unconsciousness or memory loss after the injury greater than 24 hours.

Impact of a TBI*

- Cognitive– feeling down, memory difficulty, difficulty thinking clearly
- Physical– Headache, dizziness, sensitivity to noise or light, nausea
- Emotional– irritability, sadness, increase of emotions, nervousness
- Sleep– changes in sleep pattern/cycle, trouble falling asleep and staying asleep

*Not an exhaustive list of potential impacts

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