

## We offer support on a range of topics such as:

- Services available under government and community programs;
- Resources to help pay for medications, equipment/supplies, adaptive devices, utilities or food;
- Available health care and dental providers;
- Information on how to find services when relocating to and within North Carolina;
- Health care transitions, guardianship and alternatives to guardianship.

## Additional Resource Information:

- **CDC's FREE Milestone Tracker Mobile App**  
[www.cdc.gov/MilestoneTracker](http://www.cdc.gov/MilestoneTracker)

The use of this app is not a substitute for the use of validated, standardized developmental screening tools as recommended by the American Academy of Pediatrics.

- **NC Health Check (Medicaid) or NC Health Choice**  
<https://dma.ncdhhs.gov/medicaid>

Healthcare coverage for children and teens\* through North Carolina's Medicaid or Health Choice (CHIP) grant program.

*\* NC's children in foster care on their 18th birthday may have Medicaid coverage until age 26.*

- **Got Transition**  
[www.gottransition.org](http://www.gottransition.org)

Explore transition to adulthood at age 14 for children with special health care needs.

## FOR MORE INFORMATION:

**800-737-3028**

**[CYSHCN.Helpline@dhhs.nc.gov](mailto:CYSHCN.Helpline@dhhs.nc.gov)**

**<https://publichealth.nc.gov/wch/families/cyshcn.htm>**



NC DEPARTMENT OF  
HEALTH AND  
HUMAN SERVICES



NC Department of Health and Human Services • Division of Public Health  
Children and Youth Branch • [www.publichealth.nc.gov](http://www.publichealth.nc.gov)  
NCDHHS is an equal opportunity employer and provider. • 4/21

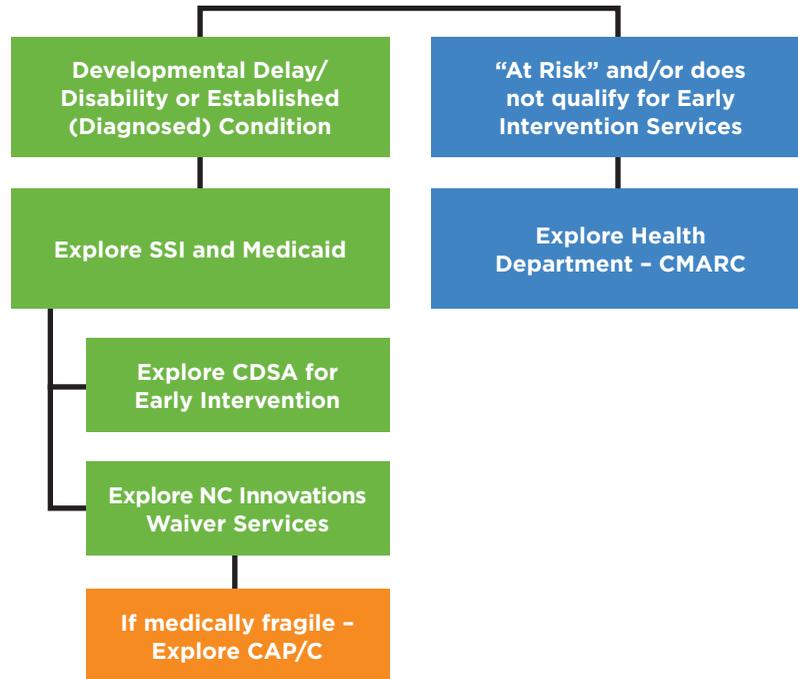
## North Carolina Children & Youth with Special Health Care Needs Help Line Referral Flow Chart Guide



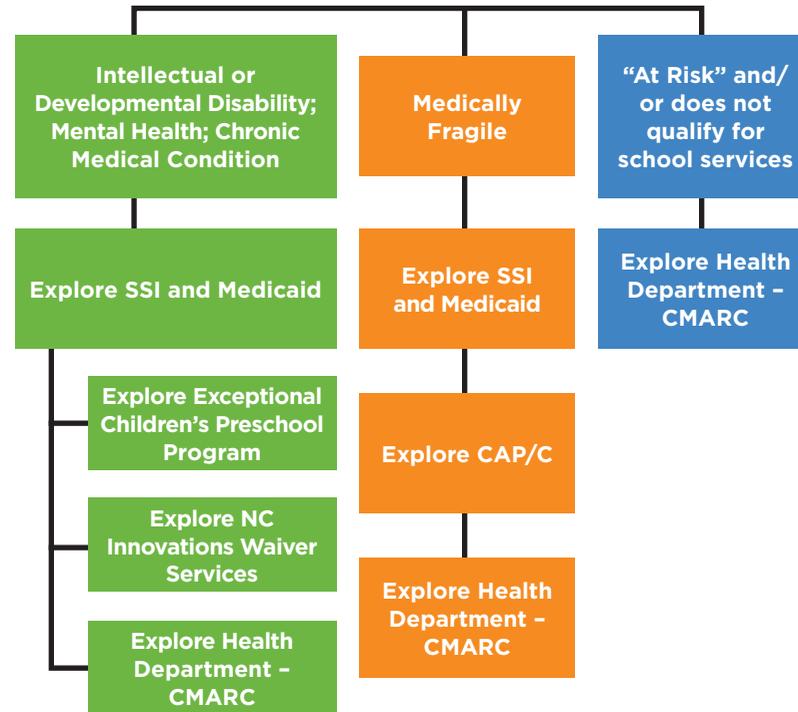
A Help Line for caregivers of and professionals who work with children and youth who have or are at risk for chronic physical, developmental, behavioral or emotional conditions, and who need health related services beyond that required by children generally.

The referral flow chart guide is designed for parents and professionals as an informational brochure when exploring possible resources in their area for children and youth with special health care needs. For additional information call 1-800-737-3028 or email [CYSHCN.Helpline@dhhs.nc.gov](mailto:CYSHCN.Helpline@dhhs.nc.gov).

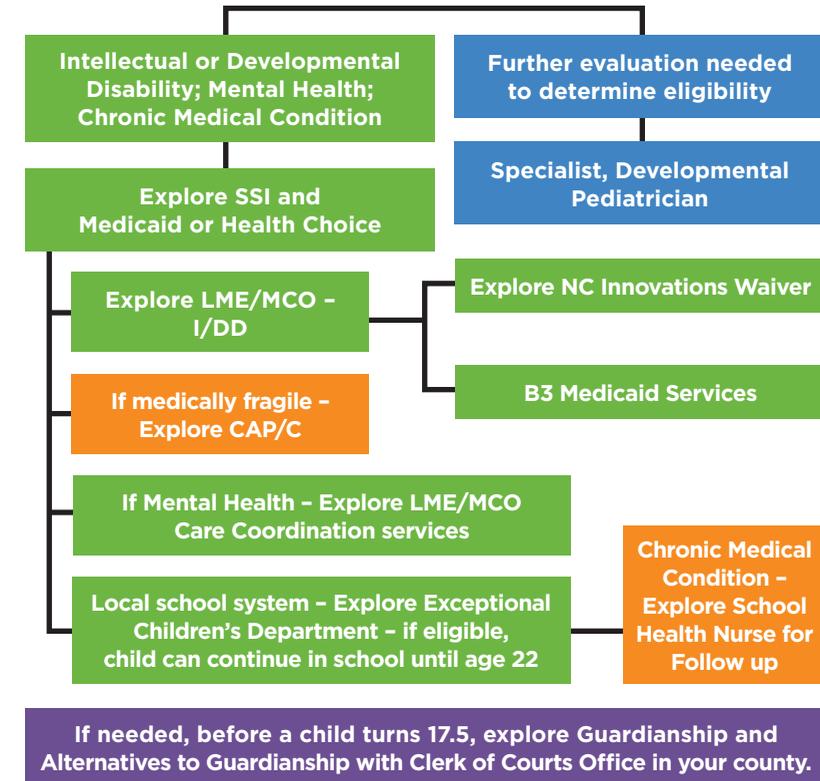
### Possible Referral Sources for Birth to 3



### Possible Referral Sources for Ages 3 to 5 Years



### Possible Referral Sources for Ages 5 to 21 Years



**COLOR KEY:**

Diagnosed Delay or Medical Condition

At risk or suspected delay

Medical Concerns

**ACRONYM KEY:**

**CAP/C:** Community Alternative Program for Children  
**CMARC:** Care Management for At Risk Children (formerly CC4C)  
**CDSA:** Children's Developmental Services Agency

**I/DD:** Intellectual/Developmental Disabilities  
**LME/MCO:** Local Management Entity/Managed Care Organization  
**SSI:** Supplemental Security Income (Disability for Children)