## WHAT IS Homebuilders

HOMEBUILDERS is a family support program aimed at helping children stay with their families by providing intensive services in the family's home and community. The goal is to lessen the issues that lead to child welfare involvement, offering families the support they need to help themselves.

HOMEBUILDERS services and teaching strategies are tailored to your family's needs, goals, values, learning styles and specific circumstances. Specialists work with the family to set goals and create a plan to reduce the risk of out of home placement so children can remain safely in the home.



NC DEPARTMENT OF HEALTH AND HUMAN SERVICES Division of Social Services Child Welfare Services

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## HOMEBUILDERS







## **HOMEBUILDERS STRATEGIES**

HOMEBUILDERS specialists focus on teaching new skills and promoting positive change. Specialists also provide practical support like helping with community resources and teaching families how to advocate for themselves. Specialists support families in learning to:

- Improve problem solving and decision making skills
- Use conflict resolution skills
- Budgeting
- Apply relapse prevention skills
- Apply life skills

## WHAT TO EXPECT

HOMEBUILDERS services are offered within an intensive four to six weeks.

- A specialist will want to meet with you within 24 hours of referral
- HOMEBUILDERS specialists are available 24 hours a day, seven days a week
- Sessions are three to five times a week
- Each session can run from one to three hours
- Families can expect up to 10 hours of support each week
- Services take place in the family's home or at other locations like schools or medical appointments

- Specialists work with the entire family, but their main focus is on helping the caregiver responsible for the safety of the child(ren). Sessions require active participation by the caregiver in setting goals with the HOMEBUILDERS specialist
- Program requires regular attendance
- If an emergency calls for cancellation of a session, notify the HOMEBUILDERS specialist immediately; otherwise, a 24-hour notice is required
- Multiple cancellations may result in services ending



