Inclusion Connects: Data Summary

Summary views of key metrics from the <u>Inclusion Connects Quarterly Report</u> are available in the following sections.



- In May 2024, DHHS and DRNC agreed to improve services for people with I/DD, helping them transition from institutions to community-based care.
- This report highlights the progress made toward this goal and DHHS's commitment to better supporting the I/DD community.



- The Inclusion Connects Quarterly Report uses data collected from LME/MCOs reporting requirements
- NCDHHS reviews reports from LME/MCOs and collaborates with them to address any gaps
- Read the <u>full Quarterly Report</u>

Last updated July 15, 2025

Key Metrics: Transition & Housing

Please note metrics may fluctuate as data quality improves, reflecting more accurate populations and cleaner, reliable data. Current data is sourced from LME/MCO reporting.



- Member population reported to be living in an institutional setting increased due to regular TA calls with LME/MCOs clarifying institutional settings
- In-Reach efforts reflect internal policies of each LME/MCO

- Percentages are calculated using the number of people eligible for In-Reach each reporting period as reported by each LME/MCO
- DHHS continues to work with the LME/MCOs to ensure people eligible for diversion are included.
- Diversion and transition data from Transitions to Community Living and the Money Follows the Person program have been added.

Transition & Housing



In-Reach

- Educating people with disabilities in institutional settings on the benefits of community-based services.
- Facilitating visits in community-based settings and offering opportunities to meet other people with disabilities who are living, working and receiving services in integrated settings.
- Involves different methods of communication including face-to-face interaction to establish rapport and build successful relationships.

Transition & Housing



Transition Planning

- The education provided through In-Reach enables people with disabilities to make an informed decision about where they want to live and receive services.
- People who express an interest in living in a community-based setting are supported through transition planning with their local LME/MCO.
- The goal of transition planning is for the person to have the supports needed to move into the community living option of their choice, if appropriate.

Transition & Housing



Diversion

- Proactive process of identifying individuals with I/DD who are at risk of requiring institutional care and providing them with intensive support and services to help them stay in their own community-based settings
- Diversion involves arranging access to essential services like Medicaid HCBS (Innovations Waiver, 1915(i), In-Lieu of Services) or state-funded supports, to maintain their independence and prevent institutionalization.

Key Metrics: Services



 The Innovations Waiver Waitlist continues to grow, reflecting increasing awareness and need for services among the I/DD community Individuals receiving I/DD services continues to grow relative to growth of the Innovations Waiver indicating that while the demand for services continues to grow, access is also expanding. People with approved 1915(i) assessments are new each reporting period, but those receiving 1915(i) services may overlap across periods.

Services



Innovations Waiver

- Provides largest number of services and supports in one's home, community, and workplace to help people with I/DD live and succeed in the community. The waiver offers person-centered plans tailored to each individual's needs.
- Unfortunately, there are not enough total slots to allow for everyone, which leads to a growing waitlist.

Key Metrics: Innovations Waiver



Active Slots	14,420
Remaining Reserve Slots	25
Inactive Assigned Slots	291
Total Waiver Slots	14,736

Inactive Assigned Slots - Some Reasons Slots May be Assigned to Member but Inactive:



At Beginning of Slot Assignment Process

(Can last up to 90 days)



Disability Determination In Progress



Deceased (Slot Not Yet Reassigned)



In Institutional Setting (Assigned Slot Temporarily Held at Member's Request)



Inpatient and Transitioning

Services



I/DD Services

- Like the Innovations Waiver, I/DD services in North Carolina provide for people with I/DD to help them live as independently and fully as possible in their communities improving quality of life and reducing reliance on institutional care.
- Approximately one third of people on the waitlist are currently receiving I/DD services outside of the Innovations Waiver while they wait on a slot.

Services



1915(i) Services

- 1915(i) is a Medicaid program in North Carolina that offers in-home and community-based services for people with I/DD, mental health needs, substance use disorders, or traumatic brain injuries.
- Individuals contact their LME/MCO to request an assessment, which is completed within 90 days, followed by a personalized support plan.
- Provides access to essential services that may meet all needs, while providing supports individuals who may have more extensive needs while they wait on a waiver waitlist.

Key Metrics: Direct Support Professional (DSP) Workforce





- Currently all LME/MCOs meet the target service utilization of 82%
- Department is looking into utilization rate discrepancies and taking necessary steps to ensure consistency in data reporting across LME/MCOs.

 Across the three LME/MCOs for which we have data, about 25% of authorized but unused units were not provided due to lack of staffing (as represented in dark blue).

Direct Support Professional (DSP) Workforce



Direct Support Professionals

- DSPs provide hands-on support to people with I/DD by assisting with personal care, daily living skills, medication reminders, and community participation to promote independence and quality of life
- Authorized units refer to the specific amount of service time, measured in 15minute billing increments, that has been approved in an individual's Person-Centered Plan (PCP)
- Each service provided by a DSP is billed in units (also in 15-minute increments)

Direct Support Professional (DSP) Workforce



CLS Staffing

- North Carolina is currently facing a crucial shortage of DSPs, which is significantly affecting the availability and quality of home and community-based services for individuals with I/DD
- Strong Community Living and Support (CLS) services depend on well-trained, supported Direct Support Professionals (DSPs) with clear career paths to ensure consistent, high-quality care for individuals with I/DD